



# BIEG SUPER TRAIL - 130 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2023-07-13  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 130 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: OPEN

Punkt pomiarowy: 100,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km
1	<b>NEHRING Karol</b>	<b>2055</b>		Senior I M - 20	01:01:29	03:35:26	05:18:21	07:03:47	08:54:04	11:15:53
2	<b>MAZUR Andrzej</b>	<b>2194</b>	KKS SFORA BOJANO	Masters M - 40	01:01:22	03:47:07	05:47:23	07:42:47	09:36:43	11:51:27
3	<b>ADLER Łukasz</b>	<b>2077</b>	LESZ NO LIMITS RUNNERS	Senior II M - 30	01:08:51	04:05:28	06:00:52	08:00:25	10:00:34	12:19:02
4	<b>KIEROŃSKI Robert</b>	<b>2181</b>	OBOZY GÓRSKIE	Masters M - 40	01:04:06	03:57:32	06:04:19	08:06:08	10:19:47	12:28:04
5	<b>BASISTA Wojciech</b>	<b>2171</b>	WILKI MIEDZYLESIE	Senior II M - 30	01:07:57	04:15:58	06:17:09	08:15:19	10:26:54	12:42:58
6	<b>BUCZKOWSKI Krzysztof</b>	<b>2118</b>		Senior I M - 20	01:11:15	04:08:30	06:11:02	08:10:37	10:23:34	12:58:50
7	<b>KOPEĆ Mateusz</b>	<b>2146</b>		Senior II M - 30	01:10:31	04:15:25	06:17:54	08:21:42	10:33:48	12:59:30
8	<b>KICZIŃSKI Bartosz</b>	<b>2174</b>	CBR BIEGA	Senior II M - 30	01:02:14	03:50:03	06:14:31	08:27:45	10:42:36	13:18:21
9	<b>ŚLEZIAK Jarosław</b>	<b>2163</b>	DANIEL WOSIK TERVEL TEAM	Masters M - 40	01:11:16	04:19:30	06:29:18	08:37:58	10:50:29	13:20:21
10	<b>KASZUBIAK Konrad</b>	<b>2107</b>		Masters M - 40	01:11:46	04:32:20	06:46:36	08:52:54	11:22:00	13:52:48
11	<b>BODANKA Piotr</b>	<b>2133</b>	APAMA ACOUSTIC PROJECT	Masters M - 40	01:13:23	04:25:51	06:33:18	08:48:52	11:29:03	14:03:16
12	<b>EENSAAR Silver</b>	<b>2198</b>	ACE ADVENTURE	Masters M - 40	01:14:20	04:44:31	06:59:19	09:14:29	11:34:08	14:08:16
13	<b>POPIS Tomasz</b>	<b>2155</b>	RUCH IZBICA	Weteran I M - 50	01:08:52	04:43:17	06:58:51	09:18:03	11:40:53	14:15:06
14	<b>GREDEYS Grzegorz</b>	<b>2190</b>		Masters M - 40	01:15:25	04:43:24	06:52:58	09:13:20	11:45:06	14:15:17
15	<b>PIŁKO Marcin</b>	<b>2122</b>	HUSKY TEAM	Masters M - 40	01:09:26	04:28:17	06:42:46	08:58:37	11:33:35	14:15:59
16	<b>WEINERT Artur</b>	<b>2060</b>	RUNNER'S POWER	Masters M - 40	01:09:47	04:35:12	06:50:41	09:03:43	11:27:10	14:19:38
17	<b>GAŁUSZKA Rafał</b>	<b>2219</b>		Weteran I M - 50	01:11:26	04:31:05	06:51:08	09:19:51	11:44:51	14:28:42
18	<b>WARDZYŃSKI Łukasz</b>	<b>2205</b>		Masters M - 40	01:10:18	04:35:46	06:59:39	09:23:38	11:51:22	14:36:14
19	<b>MACIĄG Grzegorz</b>	<b>2193</b>	RZESZÓW	Masters M - 40	01:22:15	05:05:19	07:23:43	09:45:09	12:14:21	14:36:25
20	<b>MAGOCSY Adam</b>	<b>2068</b>		Senior II M - 30	01:27:34	05:22:40	07:37:05	09:42:35	12:16:29	15:00:10
21	<b>MAJCHRZAK Jacek</b>	<b>2192</b>	KOŚCIAN TEAM ULTRA	Masters M - 40	01:17:31	05:02:42	07:23:36	09:34:39	12:21:06	15:03:58
22	<b>SURKÓW Adrian</b>	<b>2128</b>	PARKRUN JEZIORO SWARZĘDZKIE	Senior II M - 30	01:16:57	04:54:15	07:15:50	09:37:13	12:20:36	15:15:39
23	<b>GACA Dominik</b>	<b>2012</b>		Masters M - 40	01:17:14	04:55:13	07:19:41	09:39:04	12:22:14	15:15:52
24	<b>MŁYNARSKI Mateusz</b>	<b>2136</b>	TRITOGO	Senior II M - 30	01:21:47	04:52:31	07:21:39	09:41:05	12:15:23	15:17:53
25	<b>PIWKO Mateusz</b>	<b>2009</b>		Senior II M - 30	01:33:53	05:21:37	07:46:04	10:06:42	12:41:26	15:19:37
26	<b>ŚWIĄTEK Anna</b>	<b>2183</b>	ALPIN SPORT TEAM	Senior II K - 30	01:21:42	04:57:33	07:21:06	09:39:06	12:17:20	15:21:04
27	<b>KLIMEK Mateusz</b>	<b>2090</b>		Masters M - 40	01:33:12	05:22:14	07:51:06	10:10:33	12:44:58	15:22:58
28	<b>PRAŻANOWSKI Sergiusz</b>	<b>2024</b>		Senior II M - 30	01:20:13	05:00:44	07:23:45	09:46:55	12:29:20	15:26:53

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km
29	<b>PARZONKA Sylwester</b>	<b>2050</b>	KS GEPARD KĘPNO	Weteran I M - 50	01:20:46	05:03:48	07:24:47	09:46:39	12:48:26	15:28:56
30	<b>MAGIERA Grzegorz</b>	<b>2144</b>	KGHM ZG RUN HUTA MIEDZI GŁOGÓW	Masters M - 40	01:19:14	04:55:34	07:26:11	10:00:03	12:41:20	15:31:44
31	<b>WARWAS Radosław</b>	<b>2197</b>		Masters M - 40	01:22:09	05:00:49	07:21:31	09:46:57	12:22:34	15:32:33
32	<b>KOZŁOWSKA Iwona</b>	<b>2153</b>	LESZNO LIMITS RUNNERS	Weteran K - 50	01:23:39	05:19:12	07:47:34	10:07:15	12:38:30	15:34:56
33	<b>BIADASZ Andrzej Michał</b>	<b>2123</b>	POLITECHNIKA POZNAŃSKA	Masters M - 40	01:17:16	04:34:53	06:51:45	09:10:07	11:52:40	15:35:13
34	<b>ZIEBARTH Przemysław</b>	<b>2150</b>		Masters M - 40	01:27:31	05:03:51	07:23:58	09:42:37	12:45:40	15:38:11
35	<b>DRAGANEK Ewelina</b>	<b>2161</b>		Masters K - 40	01:19:57	05:03:11	07:39:12	10:03:05	12:41:37	15:40:39
36	<b>KUPCZYK Jacek</b>	<b>2081</b>	MOL RUNERS	Weteran I M - 50	01:32:38	05:35:05	08:05:43	10:27:55	12:56:18	15:43:40
37	<b>KUTRZYK Przemysław</b>	<b>2001</b>	ULTRAENDO78	Masters M - 40	01:18:02	05:00:38	07:26:13	09:53:54	12:47:25	15:49:13
38	<b>MIŚ Mateusz</b>	<b>2030</b>		Masters M - 40	01:25:59	05:27:19	08:03:25	10:38:09	13:05:55	15:54:24
39	<b>WAŃKOWICZ Adrian</b>	<b>2112</b>		Masters M - 40	01:21:31	05:16:41	07:54:56	10:29:58	12:56:40	15:54:35
40	<b>PIOTROWSKI Mateusz</b>	<b>2019</b>	SZOPA NA NARZĘDZIA	Senior II M - 30	01:39:11	05:32:25	07:54:47	10:22:12	13:20:43	16:13:25
41	<b>SŁOCIAK Rafał</b>	<b>2026</b>	PRZEDWOJEWSKI TEAM	Senior II M - 30	01:39:06	05:32:23	07:54:46	10:22:14	13:20:55	16:13:29
42	<b>JANKOWIAK Przemysław</b>	<b>2203</b>		Weteran I M - 50	01:32:26	05:30:41	08:09:17	10:50:33	13:33:30	16:16:45
43	<b>SZPINDA Sebastian</b>	<b>2027</b>	BIŁGORAJ ULTRA TRAIL	Masters M - 40	01:26:08		07:49:35	10:27:45	13:19:18	16:24:35
44	<b>CYLICH Paweł</b>	<b>2079</b>	DJ NIUTON	Masters M - 40	01:32:29	06:39:20	08:53:12	11:05:55	13:51:18	16:24:41
45	<b>LITWIN Michał</b>	<b>2189</b>	LITEWIN	Masters M - 40	01:15:23	04:54:17	07:18:51	09:43:11	12:53:24	16:27:06
46	<b>ŁUKACKI Daniel</b>	<b>2160</b>		Masters M - 40	01:15:45	04:54:17	07:18:50	09:43:12	12:53:25	16:27:09
47	<b>RAMOTOWSKI Marcin</b>	<b>2217</b>		Masters M - 40	01:22:32	05:15:48	07:54:41	10:48:49	13:33:39	16:30:46
48	<b>STRAMOWSKA-JARCZEWSKA Sandra</b>	<b>2172</b>	SPARTA ULTRA TEAM	Senior II K - 30	01:25:08	05:29:17	08:00:01	10:39:06	13:16:56	16:32:57
49	<b>JARMUŻEK Paweł</b>	<b>2210</b>		Masters M - 40	01:14:05	04:56:09	07:17:42	09:39:16	13:03:00	16:33:02
50	<b>WCISŁO Szymon</b>	<b>2140</b>		Masters M - 40	01:42:39	05:36:58	08:00:39	10:37:16	13:18:04	16:35:18
51	<b>BILEK Paweł</b>	<b>2185</b>		Weteran II M - 60	01:14:31	05:07:48	07:34:59	10:08:15	13:31:33	16:35:56
52	<b>PIETRZAK Sławomir</b>	<b>2096</b>		Masters M - 40	01:28:50	05:25:08	08:05:25	10:52:28	13:39:05	16:41:53
53	<b>PUŻNIAK Tomasz</b>	<b>2092</b>		Masters M - 40	01:21:29	05:31:50	08:09:40	10:54:56	13:29:14	16:46:01
54	<b>STANOWSKI Grzegorz</b>	<b>2167</b>	FOREVER YOUNG	Weteran I M - 50	01:19:20	05:10:44	07:54:41	10:32:18	13:19:37	16:47:29
55	<b>STALA-KONDRAKIEWICZ Katarzyna</b>	<b>2108</b>	KB HARCOWNIK JELCZ-LASKOWICE	Masters K - 40	01:28:21	05:38:51	08:27:31	11:05:13	13:44:30	16:51:11
56	<b>ŻARNIEWSKI Wojciech</b>	<b>2154</b>	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	01:33:02	05:24:16	07:52:14	10:21:47	13:14:13	16:55:31
57	<b>GRZECH Grzegorz</b>	<b>2200</b>		Weteran I M - 50	01:39:37	06:06:16	09:02:10	11:31:31	14:07:42	17:12:56
58	<b>KAŁKOWSKI Roman</b>	<b>2145</b>		Senior II M - 30	01:32:37	05:49:58	08:17:03	11:07:05	14:12:34	17:13:54
59	<b>KASZKOWIAK Bogumił</b>	<b>2207</b>	WRONKI	Masters M - 40	01:31:44	05:53:43	08:39:09	11:16:34	14:06:38	17:19:27
60	<b>MUCHA Michał</b>	<b>2209</b>	NOCNY POYEB TEAM	Masters M - 40	01:20:05	05:04:51	07:34:51	10:15:31	13:41:02	17:24:30
61	<b>ZACHARYASZ Miłosz</b>	<b>2120</b>	#KOCHAMMONICZKE	Senior II M - 30	01:39:52	05:58:11	08:39:24	11:07:59	14:12:58	17:24:41
62	<b>CZERNIACHOWSKI Artur</b>	<b>2043</b>	ULTRA TEAM ZIELONA GÓRA	Masters M - 40	01:30:41	05:47:42	08:28:50	11:15:51	14:13:06	17:26:44
63	<b>WOJNAROWSKI Damian</b>	<b>2073</b>	KS LENIWIEC	Senior I M - 20	01:32:36	05:42:15	08:21:48	11:19:33	14:03:28	17:30:05
64	<b>KINOWSKA Katarzyna</b>	<b>2078</b>	GRUPA BIEGOWA 65	Masters K - 40	01:28:51	05:37:17	08:18:57	10:55:26	13:55:56	17:32:26
65	<b>RADOMSKI Grzegorz</b>	<b>2051</b>	MOKRE RUN	Masters M - 40	01:24:09	05:27:51	08:05:49	10:50:39	13:55:24	17:34:46
66	<b>KWIATKOWSKA Anna</b>	<b>2162</b>	BIEGAJĄCY TCZEW	Masters K - 40	01:29:04	05:48:01	08:32:44	11:12:16	14:14:35	17:35:18

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km
67	<b>PECHRA Mateusz</b>	<b>2158</b>	ULTRATURY	Senior II M - 30	01:29:10	05:44:38	08:18:52	11:03:49	14:04:36	17:36:34
68	<b>GARSTKA Zbigniew</b>	<b>2105</b>	ULTRA WRONKI	Masters M - 40	01:29:08	05:58:18	08:39:04	11:16:07	14:13:47	17:39:14
69	<b>IVANEYCHIK Sergey</b>	<b>2109</b>	RUN4FUN.BY	Masters M - 40	01:31:55	05:50:32	08:11:49	10:53:45	14:02:13	17:39:21
70	<b>KILIAN Mariusz</b>	<b>2119</b>		Weteran I M - 50	01:37:59	06:05:42	08:57:31	11:39:14	14:31:30	17:44:56
71	<b>KĘDZIELEWSKI Łukasz</b>	<b>2065</b>	WIECZORNE BIEGANIE W SZCZECINIE	Masters M - 40	01:26:49	05:25:01	08:05:11	10:52:16	14:04:31	17:47:58
72	<b>WODZIŃSKA Danuta</b>	<b>2083</b>	BIEG OPOLSKI/TRAIL IS OUR WAY	Masters K - 40	01:21:05	05:21:58	08:03:41	11:11:25	14:00:04	17:50:56
73	<b>KOŁODZIEJ Paweł</b>	<b>2061</b>		Masters M - 40	01:38:48	06:56:59	09:43:23	12:26:52	15:00:04	17:52:13
74	<b>SOBOCIŃSKI Karol</b>	<b>2152</b>	#ZALINIAMETY	Senior II M - 30	01:27:51	05:49:16	08:58:04	11:38:55	14:44:25	17:53:07
75	<b>SKRZYPCZAK Łukasz</b>	<b>2046</b>	WATAHA - ŁĄCZY NAS BIEGANIE	Masters M - 40	01:39:00	06:09:51	08:55:33	11:33:18	14:27:32	17:53:30
76	<b>GORYNIA Hubert</b>	<b>2015</b>		Senior II M - 30	01:38:04	06:09:51	08:55:36	11:33:19	14:27:32	17:53:32
77	<b>KASPERSKI Tomasz</b>	<b>2031</b>		Masters M - 40	01:38:03	06:09:50	08:55:31	11:33:19	14:27:37	17:53:34
78	<b>PATROŃSKI Adam</b>	<b>2110</b>	ŻARŁOKI	Senior I M - 20	01:29:43	05:30:57	08:22:30	11:05:48	14:06:02	17:58:15
79	<b>LUTOMSKA Dorota</b>	<b>2002</b>	OFIX.PL BIKE TEAM	Masters K - 40	01:28:12	05:50:11	08:58:58	11:39:49	14:18:31	17:59:16
80	<b>WOJTAL Marcin</b>	<b>2058</b>	#BIEGAJLESZNO	Masters M - 40	01:30:06	05:45:27	08:20:54	11:21:10	14:28:58	17:59:47
81	<b>BURA Krystian</b>	<b>2028</b>	#BIEGAJLESZNO	Senior II M - 30	01:31:50	05:45:45	08:21:56	11:21:10	14:28:59	18:04:51
82	<b>MIKOŁAJCZYK-SOWA Monika</b>	<b>2134</b>	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40	01:28:29	05:40:29	08:31:05	11:14:51	14:27:36	18:06:39
83	<b>SURDEL Dawid</b>	<b>2132</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	Senior II M - 30	01:30:12	05:48:50	08:40:18	11:35:52	14:46:58	18:06:49
84	<b>MANCZENKO Eugeniusz</b>	<b>2135</b>	MARKOWI BIEGACZE	Masters M - 40	01:31:24	05:55:15	08:42:08	11:32:41	14:44:22	18:07:43
85	<b>JAKRZEWSKI Mikołaj</b>	<b>2176</b>		Senior II M - 30	01:34:15	05:51:16	08:41:04	11:28:48	14:34:29	18:07:46
86	<b>RADZIWOŃ Krzysztof</b>	<b>2071</b>	GRUPA NIENACHALNIE HEROICZNA	Masters M - 40	01:32:51	05:51:11	08:41:19	11:37:17	14:46:08	18:11:37
87	<b>HOJCZYK Karol</b>	<b>2018</b>	EXPLORADOR & WOLNE ŚLIMAKI	Masters M - 40	01:34:05	06:08:56	09:07:41	11:57:44	14:52:05	18:13:11
88	<b>WITEK Eryk</b>	<b>2076</b>	QCE SPARTY	Masters M - 40	01:22:05	05:39:06	08:12:50	10:56:39	14:18:22	18:15:26
89	<b>KUREK Dawid</b>	<b>2139</b>		Senior II M - 30	01:40:06	06:04:09	08:45:15	11:29:05	14:46:14	18:18:39
90	<b>DEC Mirosław</b>	<b>2178</b>	TRUCHT TEAM OPOLE	Masters M - 40	01:41:08	06:08:07	08:51:18	11:38:50	14:48:37	18:19:49
91	<b>CHORZĘPA Jakub</b>	<b>2213</b>		Masters M - 40	01:33:25	06:04:33	08:49:23	11:42:34	14:44:42	18:25:21
92	<b>MALINOWSKI Grzegorz</b>	<b>2014</b>		Masters M - 40	01:32:38	05:57:08	08:40:14	11:39:38	14:37:36	18:27:13
93	<b>RAK Zdzisław</b>	<b>2100</b>	VITA I ANIMAL	Weteran I M - 50	01:38:51	06:21:40	09:15:46	12:11:54	15:02:55	18:28:32
94	<b>KRUK Jacek</b>	<b>2022</b>	TOTALNIE BIEGNIĘCI	Masters M - 40	01:31:22	05:51:09	08:44:20	11:40:28	14:50:28	18:29:50
95	<b>OCHOTA Rafał</b>	<b>2080</b>	BOGDAN & BOGDAN RUNNING TEAM	Masters M - 40	01:40:52	06:11:43	09:06:32	12:00:42	14:54:18	18:34:21
96	<b>KRAKOWIAK Łukasz</b>	<b>2084</b>	BOGDAN & BOGDAN RUNING TEAM	Masters M - 40	01:40:51	06:11:42	09:06:34	12:00:42	14:54:22	18:34:40
97	<b>ROLLA Dorian</b>	<b>2111</b>		Masters M - 40	01:29:37	06:07:12	09:05:46	12:11:13	14:57:58	18:39:04
98	<b>DRYMEL Piotr</b>	<b>2130</b>	DESTYLATOR	Masters M - 40	01:43:43	06:12:58	09:03:50	11:54:14	14:53:49	18:39:40
99	<b>VERSTER Rigardt</b>	<b>2091</b>		Senior II M - 30	01:33:40	06:01:41	08:48:54	11:40:08	15:00:20	18:41:56
100	<b>BEDNARSKA Kaśka</b>	<b>2066</b>	SPELEOKLUB ŚWIĘTOKRZYSKI	Masters K - 40	01:36:08	05:57:33	09:01:40	12:02:27	15:23:08	18:47:04
101	<b>KUŚMIDER Michał</b>	<b>2023</b>	TAŃCZĄCE MUCHOMORKI	Masters M - 40	01:27:23	05:40:25	08:32:38	11:40:46	15:09:23	18:47:22
102	<b>RYBACKI Dariusz</b>	<b>2063</b>		Masters M - 40	01:35:24	06:12:29	09:25:52	12:27:41	15:40:26	18:54:19
103	<b>HACHOŁ Justyna</b>	<b>2062</b>		Masters K - 40	01:28:14	05:51:22	08:18:32	11:22:05	15:16:07	19:03:05
104	<b>SACEWICZ Adam</b>	<b>2033</b>		Masters M - 40	01:42:39	06:22:12	09:30:24	12:24:22	15:21:28	19:03:50
105	<b>OLSZAŃSKI Krzysztof</b>	<b>2075</b>	RUNNING FREE	Masters M - 40	01:44:24	06:27:49	09:27:51	12:24:08	15:26:07	19:07:09
106	<b>SILSKA Sylwia</b>	<b>2074</b>	ATRAKCYJNE TOWARZYSTWO	Weteran K - 50	01:40:14	06:22:47	09:21:18	12:01:45	15:28:12	19:09:44
107	<b>PÖPKE Anna</b>	<b>2170</b>		Senior II K - 30	01:28:57	06:01:13	09:00:31	11:59:10	15:23:30	19:10:15
108	<b>POŁOMSKI Daniel</b>	<b>2175</b>		Masters M - 40	01:25:59	05:49:38	08:55:11	12:08:50	15:15:38	19:12:05
109	<b>BIAŁEK Mirosław</b>	<b>2104</b>	WRONIECKI KLUB BIEGACZA	Senior II M - 30	01:28:18	06:01:15	09:04:25	12:09:58	15:25:16	19:18:17

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km
110	<b>ZDANOWICZ Elżbieta</b>	<b>2149</b>	VEGE RUNNERS	Masters K - 40	01:41:29	06:18:42	09:21:37	12:20:47	15:29:47	19:20:36
111	<b>LUTOWSKI Wojciech</b>	<b>2048</b>		Senior II M - 30	01:36:49	06:02:56	08:58:43	12:05:13	15:22:58	19:21:16
112	<b>STROIŃSKI Wojciech</b>	<b>2131</b>	LESZ NO LIMITS RUNNERS	Masters M - 40	01:33:32	06:21:34	09:13:09	12:07:15	15:22:18	19:22:17
113	<b>HANSZ Donat</b>	<b>2103</b>	NETBOX BIEGA	Senior I M - 20	01:43:18	06:25:27	09:28:53	12:27:40	15:33:33	19:22:53
114	<b>RUBINOWSKI Jarek</b>	<b>2222</b>		Masters M - 40	01:47:15	06:58:46	09:46:17	12:30:19	15:35:05	19:22:59
115	<b>SAJDAK Tomasz</b>	<b>2017</b>		Senior II M - 30	01:21:47	05:59:19	08:33:24	11:40:12	15:46:11	19:23:20
116	<b>DAWIDZIAK Jarosław</b>	<b>2127</b>	AMBIT RACING TEAM	Weteran I M - 50	01:34:25	06:01:04	09:02:19	12:05:43	15:21:37	19:23:31
117	<b>ŁABĘDZKI Mariusz</b>	<b>2044</b>		Masters M - 40	01:39:16	06:37:58	09:38:34	12:36:35	15:54:25	19:24:13
118	<b>GAJEWSKI Sebastian</b>	<b>2101</b>	KM PSP W SZCZECINIE	Masters M - 40	01:39:56	06:37:59	09:38:36	12:36:35	15:54:25	19:24:15
119	<b>OLEŚ-ZDECHLIK Beata</b>	<b>2195</b>		Senior II K - 30	01:45:33	06:39:06	09:46:49	12:37:51	15:46:24	19:24:54
120	<b>PRONOBIS-PROŃSKI Michał</b>	<b>2115</b>		Masters M - 40	01:38:10	06:03:15	08:56:43	11:54:06	15:14:07	19:29:05
121	<b>KWINTA Tomasz</b>	<b>2089</b>	KASIA I TOMEK	Weteran I M - 50	01:28:08	05:33:27	08:38:31	12:08:28	15:25:55	19:36:24
122	<b>TOKARZ Robert</b>	<b>2142</b>		Weteran I M - 50	01:33:40	06:25:41	09:13:18	12:16:01	15:49:13	19:38:34
123	<b>HAAS Przemysław</b>	<b>2011</b>	BACKPACKING OKAPI TEAM	Masters M - 40	01:45:03	06:35:11	09:36:59	12:39:12	15:49:49	19:39:44
124	<b>GAŁKA Jacek</b>	<b>2088</b>	VEGE RUNNERS / PURA VIDA TEAM	Masters M - 40	01:38:31	06:10:29	09:29:25	12:36:44	15:49:14	19:41:20
125	<b>NIEMAS Mariusz</b>	<b>2093</b>	OYAMA ONYKS	Weteran I M - 50	01:43:50	06:26:37	09:14:59	12:24:46	15:41:14	19:53:10
126	<b>WALKOWIAK Joanna</b>	<b>2129</b>	MUAY RUNNING TEAM	Masters K - 40	01:36:13	06:44:21	09:32:11	12:27:52	15:56:30	20:00:40
127	<b>TOMCZAK Rafał</b>	<b>2039</b>	TAJNE PRZEZ POUFFFNE	Masters M - 40	01:33:51	06:23:47	09:46:48	12:58:53	16:07:46	20:00:46
128	<b>ZADROZNY Maciej</b>	<b>2138</b>		Senior II M - 30	01:32:36	05:49:58	08:32:15	11:16:14	14:46:26	20:01:12
129	<b>KACZOR Michał</b>	<b>2099</b>	KLUCZBORSKA GRUPA BIEGOWA	Senior II M - 30	01:44:01	06:25:44	09:15:55	12:30:46	16:03:36	20:01:36
130	<b>BUDKOWSKI Kamil</b>	<b>2186</b>		Masters M - 40	01:31:01	06:33:07	09:28:29	12:41:12	15:58:43	20:02:04
131	<b>BARTOSIK Michał</b>	<b>2036</b>		Senior II M - 30	01:39:22	06:31:02	09:34:04	12:36:30	16:06:52	20:07:25
132	<b>POBŁOCKI Jan</b>	<b>2097</b>	GRUPA TRÓJMIASTO SPARTANIE DZIECIOM	Weteran II M - 60	01:52:19	06:47:24	10:04:26	13:12:03	16:14:12	20:08:17
	<b>GRZEGORCZYK Szymon</b>	<b>2179</b>		Senior I M - 20	01:11:28 DNF	06:00:12 DNF	10:00:29 DNF	12:50:12 DNF	16:04:11 DNF	20:10:57 DNF
134	<b>PACZUSZKA Anna</b>	<b>2218</b>	KLUB BIEGACZA WARTA	Senior II K - 30	01:39:50	06:41:09	10:04:51	13:12:24	16:35:33	20:12:42
135	<b>GROCHOWSKI Wojciech</b>	<b>2212</b>	KLUB WYSOKOGÓRSKI WARSZAWA	Masters M - 40	01:42:14	07:16:34	10:03:07	13:09:39	16:22:13	20:14:43
136	<b>JANIA Przemysław</b>	<b>2045</b>	CZEWKA ULTRA SQUAD	Senior II M - 30	01:39:06	06:31:02	09:34:05	12:36:29	16:06:57	20:16:07
137	<b>SZEWCZYK Mariusz</b>	<b>2124</b>		Weteran I M - 50	01:50:53	06:51:04	09:59:24	13:11:06	16:24:09	20:17:46
138	<b>RYCHŁOWSKA Magdalena</b>	<b>2072</b>	MEGAN "WIEWIÓRA"	Weteran K - 50	01:36:18	06:38:52	10:04:37	13:20:18	16:36:48	20:18:22
139	<b>ŚLIWKIEWICZ Bartłomiej</b>	<b>2053</b>		Senior I M - 20	01:30:16	06:03:34	09:14:39	12:33:09	16:01:18	20:22:57
140	<b>VELAYOS LÓPEZ Miguel</b>	<b>2042</b>	TEAM POLLITO	Senior I M - 20	01:25:21	05:37:45	08:23:56	11:40:01	16:08:52	20:26:03
141	<b>SZCZUKA Joanna</b>	<b>2013</b>		Senior I K - 20	01:46:07	06:52:12	10:32:24	13:34:38	16:37:48	20:34:21
142	<b>BAR Aleksandra</b>	<b>2201</b>	GMINA STRZELCE OPOLSKIE	Masters K - 40	01:43:53	06:39:48	09:44:24	12:58:41	16:41:14	20:35:06
143	<b>WOJTCZAK Małgorzata</b>	<b>2141</b>		Weteran K - 50	01:51:40	07:06:23	10:27:45	13:41:01	16:41:08	20:35:38
144	<b>PIOTROWSKI Marek</b>	<b>2184</b>	ECHO TWARDOGÓRA	Masters M - 40	01:51:38	07:06:31	10:27:41	13:40:55	16:41:05	20:35:55
	<b>BOHDZIEWICZ Izabela</b>	<b>2164</b>		Senior II K - 30	01:43:52 DNF	06:34:48 DNF	10:00:14 DNF	13:10:20 DNF	16:24:42 DNF	20:36:18 DNF
146	<b>GRONOWSKA-KAROLCZAK Agnieszka</b>	<b>2126</b>	MARATOŃCZYK POZNAŃ/BIEGAJĄCE KREJZOLE	Senior II K - 30	01:38:18	06:33:05	09:48:10	13:24:35	16:36:09	20:36:45

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km
	<b>MIĄSEK Ryszard</b>	<b>2202</b>		Masters M - 40	01:52:09 DNF	06:56:10 DNF	10:02:12 DNF	13:16:53 DNF	16:34:04 DNF	20:47:42 DNF
	<b>KAROLCZAK Rafał</b>	<b>2125</b>	MARATOŃCZYK POZNAŃ	Senior II M - 30	01:38:18 DNF	06:33:03 DNF	09:48:10 DNF	13:24:32 DNF	16:36:09 DNF	20:52:09 DNF
	<b>BURY Marek</b>	<b>2059</b>		Weteran I M - 50	01:41:44 DNF	06:50:02 DNF	10:10:21 DNF	13:31:58 DNF	16:57:41 DNF	21:01:02 DNF
	<b>SZYMCZAK Bartłomiej</b>	<b>2025</b>	ŻARY RUNNERS TEAM	Senior II M - 30	DNF	06:03:15 DNF	09:25:34 DNF	12:26:44 DNF	16:30:41 DNF	21:01:22 DNF
151	<b>PIASECKA Monika</b>	<b>2180</b>		Masters K - 40	01:32:27	06:04:02	08:59:09	11:44:30	14:28:50	
152	<b>KUMIDAJ Jacek</b>	<b>2020</b>	KS ULTRA TEAM ŁÓDŹ	Weteran II M - 60	01:41:00	06:06:25	08:58:00	11:33:52	14:21:22	
	<b>DAUKSZO Maciej</b>	<b>2121</b>		Senior I M - 20	01:19:50 DNF	DNF	DNF	DNF	DNF	DNF
	<b>KLUZA-HOWIL Lila</b>	<b>2037</b>	BIEGOWE KAIZEN	Masters K - 40	01:47:32 DNF	DNF	DNF	DNF	DNF	DNF
	<b>HOWIL Waldemar</b>	<b>2038</b>	BIEGOWE KAIZEN	Masters M - 40	01:47:34 DNF	DNF	DNF	DNF	DNF	DNF
	<b>NESTOROWICZ Marek</b>	<b>2148</b>	GÓRAL Z MAZUR RUNNING TEAM	Weteran I M - 50	01:09:37 DNF	DNF	DNF	DNF	DNF	DNF
	<b>TYLIŃSKI Arkadiusz</b>	<b>2188</b>	LESZ NO LIMITS RUNNERS	Weteran I M - 50	01:15:14 DNF	DNF	DNF	DNF	DNF	DNF
	<b>MIKOŁAJCZYK Tomasz</b>	<b>2169</b>	EXPLORADOR TEAM	Masters M - 40	01:19:44 DNF	DNF	DNF	DNF	DNF	DNF
	<b>POŚNIAK Tomasz</b>	<b>2098</b>		Senior II M - 30	01:23:19 DNF	DNF	DNF	DNF	DNF	DNF
	<b>GALVANY Kevin</b>	<b>2040</b>	TEAM POLLITO	Senior II M - 30	01:24:52 DNF	DNF	DNF	DNF	DNF	DNF
	<b>RATAJCZAK Krystian</b>	<b>2182</b>		Senior II M - 30	01:22:59 DNF	DNF	DNF	DNF	DNF	DNF
	<b>STANGIERSKI Adam</b>	<b>2215</b>	KORNELCIA TEAM	Masters M - 40	01:32:45 DNF	06:01:44 DNF	DNF	DNF	DNF	DNF
	<b>JAROSŁAWSKI Marcin</b>	<b>2147</b>		Masters M - 40	01:28:25 DNF	DNF	DNF	DNF	DNF	DNF
	<b>SURDACKI Piotr</b>	<b>2137</b>		Masters M - 40	01:33:10 DNF	06:09:28 DNF	DNF	DNF	DNF	DNF
	<b>MĘKARSKA Małgorzata</b>	<b>2067</b>		Masters K - 40	01:42:29 DNF	DNF	DNF	DNF	DNF	DNF
	<b>RADZIWOŃ Anna</b>	<b>2064</b>	GRUPA NIENACHALNIE HEROICZNA	Masters K - 40	01:29:07 DNF	DNF	DNF	DNF	DNF	DNF
	<b>HALINIAK Marek</b>	<b>2052</b>	NKB CHYŻY NOWY TOMYŚL	Masters M - 40	01:40:44 DNF	DNF	DNF	DNF	DNF	DNF
	<b>UŻAROWSKI Remigiusz</b>	<b>2199</b>	ADAIGAEMI	Masters M - 40	01:29:30 DNF	06:58:29 DNF	DNF	DNF	DNF	DNF
	<b>PIÓRKOWSKI Marek</b>	<b>2204</b>	BIEGOWA KUŹNIA	Weteran I M - 50	01:38:47 DNF	07:00:16 DNF	DNF	DNF	DNF	DNF
	<b>SZCZYPLIŃSKA Anna</b>	<b>2008</b>	MŁODY VS STARY/SFORA BMK	Masters K - 40	01:28:50 DNF	DNF	DNF	DNF	DNF	DNF

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km
	<b>BEDNARSKA-KOZIOŁ Danuta</b>	<b>2016</b>	#TEAMSZÓSTABE	Masters K - 40	02:04:39 DNF	DNF	DNF	DNF	DNF	DNF
	<b>ZIELIŃSKI Sławek</b>	<b>2010</b>	#TEAMSZÓSTABE	Masters M - 40	02:04:43 DNF	DNF	DNF	DNF	DNF	DNF
	<b>KOBLAŃSKI Tomasz</b>	<b>2004</b>	GRUPA BIEGOWA FITNESS PIEKARY LEGNICA	Masters M - 40	01:52:22 DNF	DNF	DNF	DNF	DNF	DNF
	<b>NOWAK Wojtek</b>	<b>2168</b>	EXPLORADOR	Masters M - 40	01:16:02 DNF	05:03:34 DNF	07:48:21 DNF	DNF	DNF	DNF
	<b>STEFAŃSKI Marcin</b>	<b>2054</b>		Senior II M - 30	01:40:50 DNF	DNF	DNF	DNF	DNF	DNF
	<b>MAGOCSY Justyna</b>	<b>2177</b>	ASICS FRONTRUNNER	Senior II K - 30	01:59:56 DNF	DNF	DNF	DNF	DNF	DNF
	<b>ANDRZEJCZUK Marzena</b>	<b>2032</b>	SAMA SOBIE	Masters K - 40	01:26:59 DNF	DNF	DNF	DNF	DNF	DNF
	<b>BAKALARZ Emil</b>	<b>2095</b>		Senior II M - 30	01:10:27 DNF	04:31:17 DNF	06:51:37 DNF	09:20:10 DNF	DNF	DNF
	<b>BOGDANOWICZ Beata</b>	<b>2214</b>		Masters K - 40	01:40:00 DNF	05:57:50 DNF	08:59:17 DNF	DNF	DNF	DNF
	<b>KOBIERSKI Radosław</b>	<b>2057</b>	TAŃCZĄCE MUCHOMORKI	Weteran I M - 50	01:38:56 DNF	06:24:23 DNF	09:51:16 DNF	DNF	DNF	DNF
	<b>IWAŃCZUK Zbigniew</b>	<b>2007</b>		Weteran I M - 50	01:52:02 DNF	07:20:30 DNF	11:12:57 DNF	DNF	DNF	DNF
	<b>KOWALCZYK Andrzej</b>	<b>2102</b>	PSZCZÓŁKOWSKI TEAM	Weteran II M - 60	01:53:28 DNF	07:31:48 DNF	11:13:30 DNF	DNF	DNF	DNF
	<b>DZIURKIEWICZ Jakub</b>	<b>2187</b>		Senior I M - 20	01:45:20 DNF	06:46:37 DNF	11:14:12 DNF	DNF	DNF	DNF
	<b>ŚLIŻ Sylwia</b>	<b>2021</b>	RUN TO BE ULTRA	Senior II K - 30	01:16:48 DNF	04:49:42 DNF	07:20:40 DNF	10:11:00 DNF	DNF	DNF
	<b>TYSZKA Dariusz</b>	<b>2211</b>		Masters M - 40	01:24:33 DNF	05:59:38 DNF	08:42:44 DNF	11:44:04 DNF	DNF	DNF
	<b>JUSZCZAK Zbigniew</b>	<b>2006</b>	PKB KMP KALISZ	Weteran I M - 50	01:40:49 DNF	06:10:03 DNF	09:16:03 DNF	12:14:55 DNF	DNF	DNF
	<b>BATOR Michał</b>	<b>2165</b>		Senior II M - 30	01:37:51 DNF	05:54:53 DNF	08:57:25 DNF	12:06:40 DNF	DNF	DNF
	<b>JAKUBOWSKI Andrzej</b>	<b>2086</b>		Masters M - 40	01:34:56 DNF	05:54:57 DNF	08:49:13 DNF	11:51:50 DNF	DNF	DNF
	<b>SZURKOWSKI Michał</b>	<b>2196</b>	GRUNWALD TEAM POZNAŃ	Masters M - 40	01:45:25 DNF	07:03:03 DNF	10:38:15 DNF	13:52:46 DNF	DNF	DNF
	<b>GRABCZAK Jarek</b>	<b>2220</b>	ESKY	Senior II M - 30	01:44:22 DNF	07:13:17 DNF	10:49:59 DNF	13:57:07 DNF	DNF	DNF
	<b>CUPIAŁ Dariusz</b>	<b>2035</b>	W POGONI ZA DUCHEM	Weteran I M - 50	01:38:01 DNF	07:06:19 DNF	10:52:21 DNF	14:19:27 DNF	DNF	DNF
	<b>KWIECIŃSKA Małgorzata</b>	<b>2159</b>	BRAVEHEARTS LEGIONOWO	Senior II K - 30	01:45:38 DNF	06:30:16 DNF	09:42:00 DNF	12:52:40 DNF	DNF	DNF
	<b>PELJAK Mariusz</b>	<b>2208</b>		Masters M - 40	01:31:06 DNF	05:57:13 DNF	08:49:09 DNF	11:40:51 DNF	14:36:14 DNF	DNF
	<b>ZIELIŃSKI Tomasz</b>	<b>2056</b>	ULTRAPIOTRKÓW	Masters M - 40	01:51:27 DNF	06:51:06 DNF	10:07:35 DNF	13:21:31 DNF	DNF	DNF

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km
	<b>DUBIKOWSKI Andrzej</b>	<b>2223</b>	SPARTA ZIĘBICE	Weteran II M - 60	01:52:17 DNF	07:09:44 DNF	10:29:32 DNF	13:47:15 DNF	DNF	DNF
	<b>JAWORSKI Bartłomiej</b>	<b>2114</b>	WHO DARES WINS,	Weteran I M - 50	01:24:40 DNF	06:13:33 DNF	09:14:12 DNF	12:42:24 DNF	16:23:13 DNF	DNF
	<b>TYLUS Rafał</b>	<b>2087</b>	MORSJANKI & MORSJANIE	Masters M - 40	01:43:30 DNF	06:50:41 DNF	10:29:31 DNF	13:33:39 DNF	DNF	DNF
	<b>NORKOWSKA Aleksandra</b>	<b>2143</b>	ORANGE POLSKA	Masters K - 40	01:42:19 DNF	06:50:51 DNF	10:18:52 DNF	13:40:19 DNF	DNF	DNF
	<b>ARMATYS Grzegorz</b>	<b>2113</b>	ORANGE POLSKA	Weteran I M - 50	01:45:29 DNF	06:52:11 DNF	10:18:59 DNF	13:43:26 DNF	DNF	DNF
	<b>KALBARCZYK Beata</b>	<b>2117</b>	ORANGE POLSKA	Weteran K - 50	01:45:45 DNF	06:52:08 DNF	10:18:56 DNF	13:40:56 DNF	DNF	DNF
	<b>KOWALSKI Rafał</b>	<b>2116</b>		Weteran I M - 50	01:31:24 DNF	07:13:55 DNF	10:30:17 DNF	13:44:25 DNF	DNF	DNF
	<b>KRUPA Daniel</b>	<b>2041</b>	STARGARD JA SIĘ NIE ŚCIGAM	Masters M - 40	01:47:28 DNF	06:58:49 DNF	10:32:24 DNF	13:56:37 DNF	DNF	DNF
	<b>RADOŹYCKI Radek</b>	<b>2094</b>	BEZ KLUBU	Masters M - 40	01:47:26 DNF	06:58:49 DNF	10:32:24 DNF	13:56:40 DNF	DNF	DNF
	<b>WIECZOREK Monika</b>	<b>2173</b>		Masters K - 40	01:49:01 DNF	07:15:45 DNF	10:41:10 DNF	13:58:09 DNF	DNF	DNF
	<b>CZYRNIA Andrzej</b>	<b>2157</b>	ULTRATURY	Masters M - 40	01:30:18 DNF	05:24:08 DNF	07:56:23 DNF	10:28:24 DNF	13:45:00 DNF	DNF
	<b>GOCLIK Marcin</b>	<b>2049</b>		Senior II M - 30	01:45:33 DNF	06:39:07 DNF	09:46:50 DNF	12:40:02 DNF	15:55:29 DNF	DNF
	<b>RZESZOT Łukasz</b>	<b>2151</b>	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ. #TEAMSZÓSTABE	Senior II M - 30	01:36:09 DNF	05:57:33 DNF	09:01:40 DNF	12:02:23 DNF	15:23:08 DNF	DNF
	<b>NOWAK Natalia</b>	<b>2047</b>	GÓRAL Z MAZUR RUNNING TEAM	Senior II K - 30	01:35:38 DNF	06:07:02 DNF	09:15:25 DNF	12:08:46 DNF	15:09:28 DNF	DNF
	<b>JASICKI Krzysztof</b>	<b>2166</b>	RUNHOGS TYCHY	Masters M - 40	01:37:05 DNF	05:58:03 DNF	08:47:17 DNF	11:41:08 DNF	15:05:31 DNF	DNF
	<b>ZYDORCZAK Mateusz</b>	<b>2206</b>	REMOVE	Masters M - 40	01:38:39 DNF	06:47:16 DNF	10:18:31 DNF	13:42:48 DNF	16:51:22 DNF	DNF
	<b>HETMAŃSKI Arkadiusz</b>	<b>2003</b>	LOVELASY	Masters M - 40	01:26:55 DNF	05:39:12 DNF	08:33:47 DNF	11:29:53 DNF	14:52:17 DNF	DNF

Znaleziono 211 wynik(ów)