



Event:
Organiser:
Date:
Place:
Distance:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2023-07-13
Lądek-Zdrój
130 km

BIEG SUPER TRAIL - 130 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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INTELIGENTNE ZAWODY SPORTOWE

Classification: Senior II K - 30

Place	Participant	Number	Club	Category	MCat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Net time 130km	Czas brutto 130km	Gap	Pace min/km	Pace km/h
1	ŚWIĄTEK Anna	2183	ALPIN SPORT TEAM	Senior II K - 30	1	01:21:42	04:57:33	07:21:06	09:39:06	12:17:20	15:21:04	17:09:17	20:29:59.95	20:30:13.80		9:27	6.3 (100%)
2	STRAMOWSKA- JARCZEWSKA Sandra	2172	SPARTA ULTRA TEAM	Senior II K - 30	2	01:25:08	05:29:17	08:00:01	10:39:06	13:16:56	16:32:57	18:10:49	21:34:01.85	21:34:35.40	+01:04:21 (5.0%)	9:57	6 (95.2%)
3	OLEŚ- ZDECHLIK Beata	2195		Senior II K - 30	3	01:45:33	06:39:06	09:46:49	12:37:51	15:46:24	19:24:54	21:22:33	24:58:45.85	24:59:08.70	+04:28:54 (17.9%)	11:31	5.2 (82.5%)
4	PÖPKE Anna	2170		Senior II K - 30	4	01:28:57	06:01:13	09:00:31	11:59:10	15:23:30	19:10:15	21:08:26	25:13:32.60	25:14:00.20	+04:43:46 (18.7%)	11:38	5.2 (82.5%)
5	PACZUSZKA Anna	2218	KLUB BIEGACZA WARTA	Senior II K - 30	5	01:39:50	06:41:09	10:04:51	13:12:24	16:35:33	20:12:42	22:27:54	26:30:19.30	26:30:55.55	+06:00:41 (22.7%)	12:13	4.9 (77.8%)
6	GRONOWSKA- KAROLCZAK Agnieszka	2126	MARATOŃCZYK POZNAŃ/BIEGAJĄCE KREJZOLE	Senior II K - 30	6	01:38:18	06:33:05	09:48:10	13:24:35	16:36:09	20:36:45	22:55:37	26:55:53.05	26:56:37.00	+06:26:23 (23.9%)	12:25	4.8 (76.2%)
	BOHDZIEWICZ Izabela	2164		Senior II K - 30		01:43:52 DNF	06:34:48 DNF	10:00:14 DNF	13:10:20 DNF	16:24:42 DNF	20:36:18 DNF	DNF	DNF	DNF		-	- (0.0%)
	NOWAK Natalia	2047	GÓRAL Z MAZUR RUNNING TEAM	Senior II K - 30		01:35:38 DNF	06:07:02 DNF	09:15:25 DNF	12:08:46 DNF	15:09:28 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ŚLIŻ Sylwia	2021	RUN TO BE ULTRA	Senior II K - 30		01:16:48 DNF	04:49:42 DNF	07:20:40 DNF	10:11:00 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KWIECIŃSKA Małgorzata	2159	BRAVEHEARTS LEGIONOWO	Senior II K - 30		01:45:38 DNF	06:30:16 DNF	09:42:00 DNF	12:52:40 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAGOCSY Justyna	2177	ASICS FRONTRUNNER	Senior II K - 30		01:59:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Total 11 results.