

BIEG SUPER TRAIL - 130 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Stowarzyszenie TKKF Kompas
Data: 2017-07-20
Miejsce: Łądek Zdrój
Dystans: 130 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II M - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
1	DZIADZIAK Łukasz	6045	GTO OŁAWA	Senior II M - 30	1	01:06:58	03:32:18	05:22:07	07:08:18	09:08:52	12:48:20	15:14:47.00	15:14:50.95		7:02	8.5 (100%)
2	GRYCZKA Mateusz	6024	MARATON LESZNO	Senior II M - 30	2	01:01:48	03:27:28	05:26:47	07:25:59	09:46:16	13:36:06	15:57:31.95	15:57:42.00	+00:42:51 (4.5%)	7:21	8.1 (95.3%)
3	ZŁOTKOWSKI Łukasz	6093	UKS JUNIOR NIETAŹKOWO	Senior II M - 30	3	01:06:26	03:51:33	06:12:25	08:20:31	10:42:58	14:46:39	17:30:48.80	17:30:55.45	+02:16:04 (12.9%)	8:04	7.4 (87.1%)
4	DYJAK Robert	6015		Senior II M - 30	4	01:07:23	03:54:32	06:07:46	08:36:05	11:10:46	15:42:27	18:18:48.90	18:18:58.35	+03:04:07 (16.8%)	8:27	7.1 (83.5%)
5	KONOPKO Artur	6071	BIEGOSTOK	Senior II M - 30	5	01:14:11	04:20:06	06:43:22	08:57:25	11:32:26	15:52:37	18:22:37.15	18:22:39.90	+03:07:48 (17.0%)	8:28	7.1 (83.5%)
6	ŻARECKI Łukasz	6009		Senior II M - 30	6	01:07:21	03:54:18	06:19:36	08:41:41	11:28:28	16:10:22	19:00:38.90	19:00:42.35	+03:45:51 (19.8%)	8:46	6.8 (80.0%)
7	CZYŻ Łukasz	6021	SKLEP BIEGACZA RUNNING TEAM	Senior II M - 30	7	01:10:27	03:59:52	06:38:33	08:58:05	11:45:15	16:38:00	19:35:32.75	19:35:45.70	+04:20:54 (22.2%)	9:02	6.6 (77.6%)
8	KOLASA Filip	6003	I LO LESZNO/ MARATON LESZNO	Senior II M - 30	8	01:06:21	03:52:34	06:28:36	08:54:35	11:48:02	16:48:40	19:49:20.70	19:49:31.30	+04:34:40 (23.1%)	9:08	6.6 (77.6%)
9	ŁABUZ Sylwester	6054		Senior II M - 30	9	01:17:20	04:29:04	07:04:24	09:31:11	12:08:16	16:49:38	19:50:47.30	19:51:02.30	+04:36:11 (23.2%)	9:09	6.6 (77.6%)
10	CZERWIECKI Marcin	6052		Senior II M - 30	10	01:08:31	03:54:21	06:19:34	08:41:36	11:28:39	16:12:26	19:54:06.75	19:54:12.00	+04:39:21 (23.4%)	9:11	6.5 (76.5%)
11	DZIEDZIC Wadim	6062	DYNAMO MUCHOBÓR	Senior II M - 30	11	01:16:39	04:25:07	07:10:10	10:04:53	13:07:13	17:44:44	20:30:53.65	20:31:20.95	+05:16:30 (25.7%)	9:28	6.3 (74.1%)
12	BORZYSTOWSKI Patryk	6083	WWW.WIDZIALNI.PL	Senior II M - 30	12	01:14:30	04:23:00	07:12:57	09:37:58	13:06:03	17:53:56	20:44:47.45	20:45:03.00	+05:30:12 (26.5%)	9:34	6.3 (74.1%)
13	WOJTCZAK Błażej	6073	-	Senior II M - 30	13	01:29:39	05:01:56	07:39:46	10:09:11	12:52:03	17:38:59	20:45:58.50	20:46:07.65	+05:31:16 (26.6%)	9:35	6.3 (74.1%)
14	SALETRA Grzegorz	6038		Senior II M - 30	14	01:11:32	04:20:51	06:59:30	09:39:18	12:27:28	17:10:29	21:10:34.70	21:10:41.00	+05:55:50 (28.0%)	9:46	6.1 (71.8%)
15	FLAK Łukasz	6027	ZAPIERDALACZE	Senior II M - 30	15	01:26:00	04:58:28	07:36:01	10:18:34	13:23:09	18:25:21	21:36:01.15	21:36:22.75	+06:21:31 (29.4%)	9:58	6 (70.6%)
16	SANKOWSKI Paweł	6095	PLACKI TEAM	Senior II M - 30	16	01:19:45	04:39:58	07:53:13	10:50:00	13:50:20	18:49:51	21:45:51.00	21:45:59.75	+06:31:08 (30.0%)	10:02	6 (70.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
17	SZPINEK Marcin	6057	TUTU TEAM	Senior II M - 30	17	01:15:18	04:23:17	07:07:15	09:39:19	12:21:56	17:41:00	22:18:22.20	22:18:29.55	+07:03:38 (31.7%)	10:17	5.8 (68.2%)
18	GŁOWACKI Jordan	6078	JW4115	Senior II M - 30	18	01:15:23	04:44:45	07:26:47	10:15:21	13:39:53	19:43:57	22:28:54.20	22:29:08.60	+07:14:17 (32.2%)	10:22	5.8 (68.2%)
19	DANIELEWICZ Andrzej	6036	BIEGANIE JAK SEKS	Senior II M - 30	19	01:18:02	04:30:19	07:10:22	09:50:59	12:36:20	18:28:01	23:11:45.45	23:12:12.85	+07:57:21 (34.3%)	10:42	5.6 (65.9%)
20	BRZozowski Jarek	6092	AKTYWNI KAMIEŃSK	Senior II M - 30	20	01:20:44	04:41:34	07:36:29	10:38:54	13:44:54	20:10:34	24:03:57.85	24:04:02.40	+08:49:11 (36.6%)	11:06	5.4 (63.5%)
21	ORLOW Kuba	6086	SPORTRUN.PL	Senior II M - 30	21	01:18:01	04:32:20	07:13:20	10:23:03	14:08:59	20:17:28	24:07:53.75	24:08:06.20	+08:53:15 (36.8%)	11:08	5.4 (63.5%)
22	JÓZEFOWICZ Krzysztof	6011	SMARDZÓW PANY	Senior II M - 30	22	01:29:42	05:12:56	08:32:34	11:44:03	15:05:28	20:51:04	24:33:19.80	24:33:39.45	+09:18:48 (37.9%)	11:20	5.3 (62.4%)
23	DEPTUŁA Hubert	6041	KSW KYOKUSHIN	Senior II M - 30	23	01:25:55	05:12:16	08:26:27	11:50:16	15:05:34	21:23:52	25:17:18.60	25:17:33.85	+10:02:42 (39.7%)	11:40	5.1 (60.0%)
24	SKRYNKOWSKI Michal	6035	KRYZYS	Senior II M - 30	24	01:14:15	05:08:45	08:03:58	11:23:21	14:53:54	21:54:30	25:19:06.85	25:19:13.15	+10:04:22 (39.8%)	11:41	5.1 (60.0%)
25	KMIECIAK Łukasz	6002		Senior II M - 30	25	01:27:11	05:12:29	08:37:55	12:17:43	15:34:03	21:53:34	25:36:06.20	25:36:16.85	+10:21:25 (40.5%)	11:48	5.1 (60.0%)
26	ŁUSZCZYŃSKI Łukasz	6066	KRYZYS	Senior II M - 30	26	01:14:15	05:08:51	08:04:06	11:23:27	14:55:26	22:06:34	26:13:00.25	26:13:06.35	+10:58:15 (41.8%)	12:06	5 (58.8%)
	PUZANOWSKI Jan	6059	GOPR WAŁBRZYSKO-KŁODZKA	Senior II M - 30		01:08:51 DNF	04:13:12 DNF	06:35:51 DNF	09:07:13 DNF	12:04:07 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BIELAWIEC Bartłomiej	6088	BIAŁOSTOCKA SEKTA BIEGACZY	Senior II M - 30		01:30:15 DNF	05:06:45 DNF	08:10:58 DNF	10:57:47 DNF	14:45:24 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KWOLIK Daniel	6101		Senior II M - 30		01:26:05 DNF	05:10:11 DNF	08:37:53 DNF	12:20:36 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	RACZYC Janusz	6006		Senior II M - 30		01:27:27 DNF	05:30:36 DNF	08:32:36 DNF	12:36:46 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SOBLIK Łukasz	6016		Senior II M - 30		01:11:03 DNF	04:16:46 DNF	06:59:23 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ZIEGLER Krzysztof	6100		Senior II M - 30		01:26:10 DNF	06:01:37 DNF	09:48:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	TUCZYŃSKI Maciej	6055	RGIG/OLD SCHOOL TRAIL RUNNING	Senior II M - 30		01:06:58 DNF	03:52:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 33 wynik(ów)