



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2023-07-13  
Lądek-Zdrój  
130 km

## BIEG SUPER TRAIL - 130 KM

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Weteran I M - 50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
1	<b>GAŁUSZKA Rafał</b>	<b>2219</b>		Weteran I M - 50	1	01:11:26	04:31:05	06:51:08	09:19:51	11:44:51	14:28:42	15:50:55	<b>18:24:44.85</b>	<b>18:25:06.75</b>		8:29	7.1 (100%)
2	<b>POPIS Tomasz</b>	<b>2155</b>	RUCH IZBICA	Weteran I M - 50	2	01:08:52	04:43:17	06:58:51	09:18:03	11:40:53	14:15:06	15:58:43	<b>19:02:25.30</b>	<b>19:02:29.25</b>	+00:37:22 (3.3%)	8:47	6.8 (95.8%)
3	<b>KUPCZYK Jacek</b>	<b>2081</b>	MOL RUNERS	Weteran I M - 50	3	01:32:38	05:35:05	08:05:43	10:27:55	12:56:18	15:43:40	17:06:02	<b>19:37:51.65</b>	<b>19:38:40.70</b>	+01:13:33 (6.2%)	9:03	6.6 (93.0%)
4	<b>PARZONKA Sylwester</b>	<b>2050</b>	KS GEPARD KĘPNO	Weteran I M - 50	4	01:20:46	05:03:48	07:24:47	09:46:39	12:48:26	15:28:56	16:56:53	<b>19:46:23.45</b>	<b>19:46:53.75</b>	+01:21:47 (6.9%)	9:07	6.6 (93.0%)
5	<b>JANKOWIAK Przemysław</b>	<b>2203</b>		Weteran I M - 50	5	01:32:26	05:30:41	08:09:17	10:50:33	13:33:30	16:16:45	17:50:04	<b>20:51:03.60</b>	<b>20:52:17.25</b>	+02:27:10 (11.8%)	9:37	6.2 (87.3%)
6	<b>GRZECH Grzegorz</b>	<b>2200</b>		Weteran I M - 50	6	01:39:37	06:06:16	09:02:10	11:31:31	14:07:42	17:12:56	18:57:57	<b>22:12:56.05</b>	<b>22:14:06.75</b>	+03:49:00 (17.2%)	10:15	5.9 (83.1%)
7	<b>STANOWSKI Grzegorz</b>	<b>2167</b>	FOREVER YOUNG	Weteran I M - 50	7	01:19:20	05:10:44	07:54:41	10:32:18	13:19:37	16:47:29	18:33:42	<b>22:24:37.85</b>	<b>22:24:57.35</b>	+03:59:50 (17.8%)	10:20	5.8 (81.7%)
8	<b>KILIAN Mariusz</b>	<b>2119</b>		Weteran I M - 50	8	01:37:59	06:05:42	08:57:31	11:39:14	14:31:30	17:44:56	19:29:05	<b>23:06:20.35</b>	<b>23:08:07.60</b>	+04:43:00 (20.4%)	10:39	5.6 (78.9%)
9	<b>TOKARZ Robert</b>	<b>2142</b>		Weteran I M - 50	9	01:33:40	06:25:41	09:13:18	12:16:01	15:49:13	19:38:34	21:35:24	<b>25:11:16.55</b>	<b>25:12:20.50</b>	+06:47:13 (26.9%)	11:37	5.2 (73.2%)
10	<b>RAK Zdzisław</b>	<b>2100</b>	VITA I ANIMAL	Weteran I M - 50	10	01:38:51	06:21:40	09:15:46	12:11:54	15:02:55	18:28:32	20:47:10	<b>25:13:35.45</b>	<b>25:14:17.00</b>	+06:49:10 (27.0%)	11:38	5.2 (73.2%)
11	<b>NIEMAS Mariusz</b>	<b>2093</b>	OYAMA ONYKS	Weteran I M - 50	11	01:43:50	06:26:37	09:14:59	12:24:46	15:41:14	19:53:10	21:45:38	<b>25:27:45.00</b>	<b>25:27:46.00</b>	+07:02:39 (27.7%)	11:45	5.1 (71.8%)
12	<b>DAWIDZIAK Jarosław</b>	<b>2127</b>	AMBIT RACING TEAM	Weteran I M - 50	12	01:34:25	06:01:04	09:02:19	12:05:43	15:21:37	19:23:31	21:36:21	<b>25:44:25.35</b>	<b>25:46:03.85</b>	+07:20:57 (28.5%)	11:52	5.1 (71.8%)
13	<b>KWINTA Tomasz</b>	<b>2089</b>	KASIA I TOMEK	Weteran I M - 50	13	01:28:08	05:33:27	08:38:31	12:08:28	15:25:55	19:36:24	21:52:24	<b>25:46:45.35</b>	<b>25:47:04.35</b>	+07:21:57 (28.6%)	11:53	5 (70.4%)
14	<b>SZEWCZYK Mariusz</b>	<b>2124</b>		Weteran I M - 50	14	01:50:53	06:51:04	09:59:24	13:11:06	16:24:09	20:17:46	22:42:49	<b>26:29:53.80</b>	<b>26:31:40.45</b>	+08:06:33 (30.6%)	12:13	4.9 (69.0%)
	<b>BURY Marek</b>	<b>2059</b>		Weteran I M - 50		01:41:44 DNF	06:50:02 DNF	10:10:21 DNF	13:31:58 DNF	16:57:41 DNF	21:01:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JAWORSKI Bartłomiej</b>	<b>2114</b>	WHO DARES WINS,	Weteran I M - 50		01:24:40 DNF	06:13:33 DNF	09:14:12 DNF	12:42:24 DNF	16:23:13 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

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	<b>JUSZCZAK Zbigniew</b>	<b>2006</b>	PKB KMP KALISZ	Weteran I M - 50	01:40:49 DNF	06:10:03 DNF	09:16:03 DNF	12:14:55 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ARMATYS Grzegorz</b>	<b>2113</b>	ORANGE POLSKA	Weteran I M - 50	01:45:29 DNF	06:52:11 DNF	10:18:59 DNF	13:43:26 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOWALSKI Rafał</b>	<b>2116</b>		Weteran I M - 50	01:31:24 DNF	07:13:55 DNF	10:30:17 DNF	13:44:25 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CUPIAŁ Dariusz</b>	<b>2035</b>	W POGONI ZA DUCHEM	Weteran I M - 50	01:38:01 DNF	07:06:19 DNF	10:52:21 DNF	14:19:27 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOBIERSKI Radosław</b>	<b>2057</b>	TAŃCZĄCE MUCHOMORKI	Weteran I M - 50	01:38:56 DNF	06:24:23 DNF	09:51:16 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>IWAŃCZUK Zbigniew</b>	<b>2007</b>		Weteran I M - 50	01:52:02 DNF	07:20:30 DNF	11:12:57 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PIÓRKOWSKI Marek</b>	<b>2204</b>	BIEGOWA KUŹNIA	Weteran I M - 50	01:38:47 DNF	07:00:16 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NESTOROWICZ Marek</b>	<b>2148</b>	GÓRAL Z MAZUR RUNNING TEAM	Weteran I M - 50	01:09:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TYLIŃSKI Arkadiusz</b>	<b>2188</b>	LESZ NO LIMITS RUNNERS	Weteran I M - 50	01:15:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 25 wynik(ów)