



# BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2023-07-13  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 130 km

**B4SPORT**  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
1	<b>NEHRING Karol</b>	<b>2055</b>		Senior I M - 20	1	01:01:29	03:35:26	05:18:21	07:03:47	08:54:04	12:22:33	<b>14:25:12.60</b>		6:39	9 (100%)
2	<b>MAZUR Andrzej</b>	<b>2194</b>	KKS SFORA BOJANO	Masters M - 40	1	01:01:22	03:47:07	05:47:23	07:42:47	09:36:43	13:03:18	<b>15:18:40.70</b>	+00:53:28 (5.8%)	7:04	8.5 (94.4%)
3	<b>ADLER Łukasz</b>	<b>2077</b>	LESZ NO LIMITS RUNNERS	Senior II M - 30	1	01:08:51	04:05:28	06:00:52	08:00:25	10:00:34	13:29:10	<b>15:30:35.05</b>	+01:05:22 (7.0%)	7:09	8.4 (93.3%)
4	<b>GONCZARENKO Jarek</b>	<b>1342</b>	RUN100LOVE	Masters M - 40	2	01:04:55	03:55:40	05:50:22	07:46:48	10:00:47	13:31:58	<b>15:39:40.80</b>	+01:14:28 (7.9%)	7:13	8.3 (92.2%)
5	<b>KIEROŃSKI Robert</b>	<b>2181</b>	OBOZY GÓRSKIE	Masters M - 40	3	01:04:06	03:57:32	06:04:19	08:06:08	10:19:47	13:37:46	<b>15:57:54.35</b>	+01:32:41 (9.7%)	7:22	8.1 (90.0%)
6	<b>BASISTA Wojciech</b>	<b>2171</b>	WILKI MIEDZYLESIE	Senior II M - 30	2	01:07:57	04:15:58	06:17:09	08:15:19	10:26:54	13:57:29	<b>16:12:37.50</b>	+01:47:24 (11.0%)	7:28	8 (88.9%)
7	<b>KOPEĆ Mateusz</b>	<b>2146</b>		Senior II M - 30	3	01:10:31	04:15:25	06:17:54	08:21:42	10:33:48	14:14:35	<b>16:40:21.05</b>	+02:15:08 (13.5%)	7:41	7.8 (86.7%)
8	<b>WŁOCHAL Robert</b>	<b>1001</b>		Masters M - 40	4	01:22:25	04:35:09	06:41:20	08:37:22	10:42:13	14:29:25	<b>16:54:37.85</b>	+02:29:25 (14.7%)	7:48	7.7 (85.6%)
9	<b>KICZIŃSKI Bartosz</b>	<b>2174</b>	CBR BIEGA	Senior II M - 30	4	01:02:14	03:50:03	06:14:31	08:27:45	10:42:36	14:36:04	<b>16:55:48.60</b>	+02:30:36 (14.8%)	7:48	7.7 (85.6%)
10	<b>ŚLEZIAK Jarosław</b>	<b>2163</b>	DANIEL WOSIK TERVEL TEAM	Masters M - 40	5	01:11:16	04:19:30	06:29:18	08:37:58	10:50:29	14:48:23	<b>17:06:05.25</b>	+02:40:52 (15.7%)	7:53	7.6 (84.4%)
11	<b>BUCZKOWSKI Krzysztof</b>	<b>2118</b>		Senior I M - 20	2	01:11:15	04:08:30	06:11:02	08:10:37	10:23:34	14:18:18	<b>17:09:54.05</b>	+02:44:41 (16.0%)	7:55	7.6 (84.4%)
12	<b>DUDZIŃSKI Przemysław</b>	<b>1092</b>	LECE PENDZE	Masters M - 40	6	01:09:59	04:15:46	06:26:11	08:34:31	10:39:30	14:40:02	<b>17:22:46.05</b>	+02:57:33 (17.0%)	8:01	7.5 (83.3%)
13	<b>KASZUBIAK Konrad</b>	<b>2107</b>		Masters M - 40	7	01:11:46	04:32:20	06:46:36	08:52:54	11:22:00	15:08:30	<b>17:29:11.95</b>	+03:03:59 (17.5%)	8:04	7.4 (82.2%)
14	<b>BODANKA Piotr</b>	<b>2133</b>	APAMA ACOUSTIC PROJECT	Masters M - 40	8	01:13:23	04:25:51	06:33:18	08:48:52	11:29:03	15:22:13	<b>17:44:31.65</b>	+03:19:19 (18.7%)	8:11	7.3 (81.1%)
15	<b>EENSAAR Silver</b>	<b>2198</b>	ACE ADVENTURE	Masters M - 40	9	01:14:20	04:44:31	06:59:19	09:14:29	11:34:08	15:23:07	<b>17:47:28.15</b>	+03:22:15 (18.9%)	8:12	7.3 (81.1%)
16	<b>SZCZUREK Dominik</b>	<b>1387</b>	KIA WADOWSCY TEAM	Masters M - 40	10	01:09:02	04:15:20		08:27:25	11:01:04	15:13:37	<b>17:48:12.10</b>	+03:22:59 (19.0%)	8:13	7.3 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
17	<b>GREDYS Grzegorz</b>	<b>2190</b>		Masters M - 40	11	01:15:25	04:43:24	06:52:58	09:13:20	11:45:06	15:34:55	<b>18:07:56.05</b>	+03:42:43 (20.5%)	8:22	7.2 (80.0%)
18	<b>GAŁUSZKA Rafał</b>	<b>2219</b>		Weteran I M - 50	1	01:11:26	04:31:05	06:51:08	09:19:51	11:44:51	15:50:55	<b>18:24:44.85</b>	+03:59:32 (21.7%)	8:29	7.1 (78.9%)
19	<b>KUDŁAK Paweł</b>	<b>1400</b>		Senior II M - 30	5	01:10:01	04:20:37	06:48:30	08:48:52	11:19:11	15:34:14	<b>18:27:48.50</b>	+04:02:35 (21.9%)	8:31	7 (77.8%)
20	<b>GONCZAR Szymon</b>	<b>1218</b>		Senior II M - 30	6	01:22:45	05:08:07	07:23:13	09:26:04	11:37:39	15:56:09	<b>18:30:55.80</b>	+04:05:43 (22.1%)	8:32	7 (77.8%)
21	<b>PIŁKO Marcin</b>	<b>2122</b>	HUSKY TEAM	Masters M - 40	12	01:09:26	04:28:17	06:42:46	08:58:37	11:33:35	15:44:12	<b>18:31:59.40</b>	+04:06:46 (22.2%)	8:33	7 (77.8%)
22	<b>WARDZYŃSKI Łukasz</b>	<b>2205</b>		Masters M - 40	13	01:10:18	04:35:46	06:59:39	09:23:38	11:51:22	16:02:28	<b>18:40:30.00</b>	+04:15:17 (22.8%)	8:37	7 (77.8%)
23	<b>WEINERT Artur</b>	<b>2060</b>	RUNNER'S POWER	Masters M - 40	14	01:09:47	04:35:12	06:50:41	09:03:43	11:27:10	15:55:40	<b>18:52:34.85</b>	+04:27:22 (23.6%)	8:42	6.9 (76.7%)
24	<b>MACIĄG Grzegorz</b>	<b>2193</b>	RZESZÓW	Masters M - 40	15	01:22:15	05:05:19	07:23:43	09:45:09	12:14:21	16:03:38	<b>19:02:08.85</b>	+04:36:56 (24.2%)	8:47	6.8 (75.6%)
25	<b>POPIS Tomasz</b>	<b>2155</b>	RUCH IZBICA	Weteran I M - 50	2	01:08:52	04:43:17	06:58:51	09:18:03	11:40:53	15:58:43	<b>19:02:25.30</b>	+04:37:12 (24.3%)	8:47	6.8 (75.6%)
26	<b>WYROBA Wojciech</b>	<b>1186</b>		Masters M - 40	16	01:17:42	04:39:11	06:50:15	09:02:42	11:30:36	15:58:56	<b>19:05:05.55</b>	+04:39:52 (24.4%)	8:48	6.8 (75.6%)
27	<b>MAGOCSY Adam</b>	<b>2068</b>		Senior II M - 30	7	01:27:34	05:22:40	07:37:05	09:42:35	12:16:29	16:31:18	<b>19:09:12.45</b>	+04:43:59 (24.7%)	8:50	6.8 (75.6%)
28	<b>KAMIŃSKI Marek</b>	<b>1362</b>		Senior II M - 30	8	01:13:49	04:46:19	06:59:47	09:31:49	11:44:58	16:01:18	<b>19:13:12.35</b>	+04:47:59 (25.0%)	8:52	6.8 (75.6%)
29	<b>SURKÓW Adrian</b>	<b>2128</b>	PARKRUN JEZIORO SWARZĘDZKIE	Senior II M - 30	9	01:16:57	04:54:15	07:15:50	09:37:13	12:20:36	16:37:32	<b>19:13:30.90</b>	+04:48:18 (25.0%)	8:52	6.8 (75.6%)
30	<b>WOSIEK Paweł</b>	<b>1312</b>	KRAM / OSTROBIEC	Masters M - 40	17	01:13:53	04:44:24	07:00:57	09:23:18	12:04:32	16:22:58	<b>19:13:40.45</b>	+04:48:27 (25.0%)	8:52	6.8 (75.6%)
31	<b>WALCZYK Krzysztof</b>	<b>1100</b>	21 BSP	Senior II M - 30	10	01:22:10	04:58:47	07:19:28	09:43:58	12:15:40	16:20:21	<b>19:15:32.75</b>	+04:50:20 (25.1%)	8:53	6.8 (75.6%)
32	<b>HEJKRLÍK Jiří</b>	<b>1217</b>	BRUBECK.CZ	Senior II M - 30	11	01:16:09	05:10:10	07:34:29	09:53:12	12:34:06	16:40:27	<b>19:20:59.25</b>	+04:55:46 (25.5%)	8:55	6.7 (74.4%)
33	<b>MAJCHRZAK Jacek</b>	<b>2192</b>	KOŚCIAN TEAM ULTRA	Masters M - 40	18	01:17:31	05:02:42	07:23:36	09:34:39	12:21:06	16:35:35	<b>19:22:35.70</b>	+04:57:23 (25.6%)	8:56	6.7 (74.4%)
34	<b>PIWKO Mateusz</b>	<b>2009</b>		Senior II M - 30	12	01:33:53	05:21:37	07:46:04	10:06:42	12:41:26	16:45:33	<b>19:26:55.45</b>	+05:01:42 (25.9%)	8:58	6.7 (74.4%)
35	<b>DRAGANEK Ewelina</b>	<b>2161</b>		Masters K - 40	1	01:19:57	05:03:11	07:39:12	10:03:05	12:41:37	16:59:06	<b>19:36:32.90</b>	+05:11:20 (26.5%)	9:03	6.6 (73.3%)
36	<b>KUPCZYK Jacek</b>	<b>2081</b>	MOL RUNERS	Weteran I M - 50	3	01:32:38	05:35:05	08:05:43	10:27:55	12:56:18	17:06:02	<b>19:37:51.65</b>	+05:12:39 (26.5%)	9:03	6.6 (73.3%)
37	<b>KLIMEK Mateusz</b>	<b>2090</b>		Masters M - 40	19	01:33:12	05:22:14	07:51:06	10:10:33	12:44:58	16:51:38	<b>19:38:23.85</b>	+05:13:11 (26.6%)	9:03	6.6 (73.3%)
38	<b>PRAŻANOWSKI Sergiusz</b>	<b>2024</b>		Senior II M - 30	13	01:20:13	05:00:44	07:23:45	09:46:55	12:29:20	16:59:26	<b>19:45:21.75</b>	+05:20:09 (27.0%)	9:07	6.6 (73.3%)
39	<b>PARZONKA Sylwester</b>	<b>2050</b>	KS GEPARD KĘPNO	Weteran I M - 50	4	01:20:46	05:03:48	07:24:47	09:46:39	12:48:26	16:56:53	<b>19:46:23.45</b>	+05:21:10 (27.1%)	9:07	6.6 (73.3%)
40	<b>KOZŁOWSKA Iwona</b>	<b>2153</b>	LESZNO LIMITS RUNNERS	Weteran K - 50	1	01:23:39	05:19:12	07:47:34	10:07:15	12:38:30	17:02:21	<b>19:49:49.40</b>	+05:24:36 (27.3%)	9:09	6.6 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
41	<b>TUMULEC Maciej</b>	<b>1273</b>	J&J RUNNING TEAM	Senior II M - 30	14	01:10:27	04:33:11	06:51:21	09:10:04	11:43:30	16:31:48	<b>19:53:12.80</b>	+05:28:00 (27.5%)	9:10	6.5 (72.2%)
42	<b>GACA Dominik</b>	<b>2012</b>		Masters M - 40	20	01:17:14	04:55:13	07:19:41	09:39:04	12:22:14	16:45:18	<b>19:56:23.70</b>	+05:31:11 (27.7%)	9:12	6.5 (72.2%)
43	<b>MŁYŃNARSKI Mateusz</b>	<b>2136</b>	TRITOGO	Senior II M - 30	15	01:21:47	04:52:31	07:21:39	09:41:05	12:15:23	16:41:46	<b>19:58:20.80</b>	+05:33:08 (27.8%)	9:13	6.5 (72.2%)
44	<b>KOSCIELNIK Krzysztof</b>	<b>1305</b>	SPLA TYCHY	Masters M - 40	21	01:16:20	04:43:02	06:59:43	09:19:56	11:52:58	16:32:39	<b>20:02:14.50</b>	+05:37:01 (28.0%)	9:14	6.5 (72.2%)
45	<b>TRZCINKA Michał</b>	<b>1121</b>	KS ULTRA TEAM	Masters M - 40	22	01:20:57	05:04:54	07:32:42	09:59:17	12:38:20	17:19:07	<b>20:03:43.45</b>	+05:38:30 (28.1%)	9:15	6.5 (72.2%)
46	<b>TIETZ Przemysław</b>	<b>1086</b>		Masters M - 40	23	01:18:17	05:02:59	07:27:06	09:53:26	12:27:32	17:02:29	<b>20:19:13.25</b>	+05:54:00 (29.0%)	9:22	6.4 (71.1%)
47	<b>CYLICH Paweł</b>	<b>2079</b>	DJ NIUTON	Masters M - 40	24	01:32:29	06:39:20	08:53:12	11:05:55	13:51:18	17:59:58	<b>20:23:04.90</b>	+05:57:52 (29.3%)	9:24	6.4 (71.1%)
48	<b>WAŃKOWICZ Adrian</b>	<b>2112</b>		Masters M - 40	25	01:21:31	05:16:41	07:54:56	10:29:58	12:56:40	17:23:51	<b>20:26:50.00</b>	+06:01:37 (29.5%)	9:26	6.4 (71.1%)
49	<b>MIŚ Mateusz</b>	<b>2030</b>		Masters M - 40	26	01:25:59	05:27:19	08:03:25	10:38:09	13:05:55	17:24:02	<b>20:26:59.70</b>	+06:01:47 (29.5%)	9:26	6.4 (71.1%)
50	<b>ŚWIĄTEK Anna</b>	<b>2183</b>	ALPIN SPORT TEAM	Senior II K - 30	1	01:21:42	04:57:33	07:21:06	09:39:06	12:17:20	17:09:17	<b>20:29:59.95</b>	+06:04:47 (29.7%)	9:27	6.3 (70.0%)
51	<b>MAGIERA Grzegorz</b>	<b>2144</b>	KGHM ZG RUN HUTA MIEDZI GŁOGÓW	Masters M - 40	27	01:19:14	04:55:34	07:26:11	10:00:03	12:41:20	17:05:58	<b>20:32:11.75</b>	+06:06:59 (29.8%)	9:28	6.3 (70.0%)
52	<b>POPKO Łukasz</b>	<b>1304</b>	KOLKA TEAM LUBAŃ	Masters M - 40	28	01:22:00	05:05:31	07:33:44	09:59:03	12:44:27	17:24:29	<b>20:34:14.15</b>	+06:09:01 (29.9%)	9:29	6.3 (70.0%)
53	<b>BIADASZ Andrzej Michał</b>	<b>2123</b>	POLITECHNIKA POZNAŃSKA	Masters M - 40	29	01:17:16	04:34:53	06:51:45	09:10:07	11:52:40	17:19:39	<b>20:35:13.25</b>	+06:10:00 (30.0%)	9:30	6.3 (70.0%)
54	<b>JĘCEK Maciej</b>	<b>1046</b>		Senior II M - 30	16	01:20:17	05:04:55	07:32:39	09:59:15	12:36:57	17:30:22	<b>20:38:05.25</b>	+06:12:52 (30.1%)	9:31	6.3 (70.0%)
55	<b>ZBRZEŻNY Cezary</b>	<b>1267</b>	KLUB BIEGACZA JURUND SZCZYTNO	Masters M - 40	30	01:32:25	05:21:57	07:37:53	10:03:52	12:48:15	17:32:26	<b>20:40:11.75</b>	+06:14:59 (30.2%)	9:32	6.3 (70.0%)
56	<b>CIURASZKIEWICZ Andrzej</b>	<b>1151</b>		Masters M - 40	31	01:20:40	05:10:43	07:40:19	10:14:36	12:51:11		<b>20:46:33.65</b>	+06:21:21 (30.6%)	9:35	6.3 (70.0%)
57	<b>KUTRZYK Przemysław</b>	<b>2001</b>	ULTRAENDO78	Masters M - 40	32	01:18:02	05:00:38	07:26:13	09:53:54	12:47:25	17:21:07	<b>20:47:59.20</b>	+06:22:46 (30.7%)	9:35	6.3 (70.0%)
58	<b>JANKOWIAK Przemysław</b>	<b>2203</b>		Weteran I M - 50	5	01:32:26	05:30:41	08:09:17	10:50:33	13:33:30	17:50:04	<b>20:51:03.60</b>	+06:25:51 (30.8%)	9:37	6.2 (68.9%)
59	<b>SIKORSKI Marcin</b>	<b>1211</b>	TT SZCZECIN	Masters M - 40	33	01:23:05	05:15:16	07:47:25	10:15:37	13:12:30	17:50:50	<b>20:52:28.20</b>	+06:27:15 (30.9%)	9:38	6.2 (68.9%)
60	<b>SZPINDA Sebastian</b>	<b>2027</b>	BIŁGORAJ ULTRA TRAIL	Masters M - 40	34	01:26:08		07:49:35	10:27:45	13:19:18	17:57:29	<b>20:54:49.05</b>	+06:29:36 (31.0%)	9:39	6.2 (68.9%)
61	<b>BIAŁAS Filip</b>	<b>1142</b>		Senior I M - 20	3	01:22:24	05:10:51	07:40:06	10:22:29	13:04:21	17:44:50	<b>20:59:03.65</b>	+06:33:51 (31.3%)	9:41	6.2 (68.9%)
62	<b>WIĄCEK Łukasz</b>	<b>1298</b>	IRS BOKS KRAKÓW	Masters M - 40	35	01:10:41	04:32:48	06:57:20	09:26:21	12:12:35	17:10:13	<b>20:59:06.45</b>	+06:33:53 (31.3%)	9:41	6.2 (68.9%)
63	<b>KLARECKI Adrian</b>	<b>1169</b>	WIRAN ASTMA TEAM	Masters M - 40	36	01:29:30	05:15:28	07:45:21	10:06:54	12:56:17	17:46:54	<b>21:20:21.00</b>	+06:55:08 (32.4%)	9:50	6.1 (67.8%)
64	<b>WYLĘGA Dominik</b>	<b>1241</b>	KS GEPARD KĘPNO	Masters M - 40	37	01:25:07		07:57:50	10:31:01	13:12:49	18:07:32	<b>21:24:49.25</b>	+06:59:36 (32.7%)	9:52	6.1 (67.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
65	<b>PASENNIK Michał</b>	<b>1281</b>		Masters M - 40	38	01:26:29	05:27:09	08:03:54	10:34:54	13:27:00	18:06:38	<b>21:26:54.20</b>	+07:01:41 (32.8%)	9:53	6.1 (67.8%)
66	<b>RAMOTOWSKI Marcin</b>	<b>2217</b>		Masters M - 40	39	01:22:32	05:15:48	07:54:41	10:48:49	13:33:39	18:07:24	<b>21:27:25.20</b>	+07:02:12 (32.8%)	9:54	6.1 (67.8%)
67	<b>DAWIDZIAK Arkadiusz</b>	<b>1223</b>	GARMIN WROCŁAW	Senior II M - 30	17	01:30:47	05:37:31	08:19:56	11:01:06	13:56:16	18:20:26	<b>21:28:54.10</b>	+07:03:41 (32.9%)	9:54	6.1 (67.8%)
68	<b>PIOTROWSKI Michał</b>	<b>1008</b>	#ŻEBERKATEAM	Masters M - 40	40	01:32:14	05:44:09	08:18:25	10:53:14	13:40:43	18:24:48	<b>21:29:06.50</b>	+07:03:53 (32.9%)	9:54	6.1 (67.8%)
69	<b>WCISŁO Szymon</b>	<b>2140</b>		Masters M - 40	41	01:42:39	05:36:58	08:00:39	10:37:16	13:18:04	18:13:06	<b>21:29:55.80</b>	+07:04:43 (32.9%)	9:55	6 (66.7%)
70	<b>SAMORAŃSKI Krzysztof</b>	<b>1254</b>	ULTRA-SZCZĘŚCIE	Masters M - 40	42	01:27:44	05:18:40	07:44:05	10:19:09	13:13:19	18:04:38	<b>21:30:40.95</b>	+07:05:28 (33.0%)	9:55	6 (66.7%)
71	<b>STRAMOWSKA-JARCZEWSKA Sandra</b>	<b>2172</b>	SPARTA ULTRA TEAM	Senior II K - 30	2	01:25:08	05:29:17	08:00:01	10:39:06	13:16:56	18:10:49	<b>21:34:01.85</b>	+07:08:49 (33.1%)	9:57	6 (66.7%)
72	<b>SŁOCIĄK Rafał</b>	<b>2026</b>	PRZEDWOJEWSKI TEAM	Senior II M - 30	18	01:39:06	05:32:23	07:54:46	10:22:14	13:20:55	17:58:22	<b>21:34:30.55</b>	+07:09:17 (33.2%)	9:57	6 (66.7%)
73	<b>PIOTROWSKI Mateusz</b>	<b>2019</b>	SZOPA NA NARZĘDZIA	Senior II M - 30	19	01:39:11	05:32:25	07:54:47	10:22:12	13:20:43	17:57:10	<b>21:34:32.85</b>	+07:09:20 (33.2%)	9:57	6 (66.7%)
74	<b>JARMUŻEK Paweł</b>	<b>2210</b>		Masters M - 40	43	01:14:05	04:56:09	07:17:42	09:39:16	13:03:00	18:10:01	<b>21:35:13.35</b>	+07:10:00 (33.2%)	9:57	6 (66.7%)
75	<b>NOGA Krystian</b>	<b>1283</b>	DKS - DWUOSOBOWY KLUB SPORTOWY	Masters M - 40	44	01:31:50	05:45:18	08:15:17	10:52:56	13:50:49	18:29:07	<b>21:38:07.35</b>	+07:12:54 (33.3%)	9:59	6 (66.7%)
76	<b>BIAŁCZYK Jarosław</b>	<b>1386</b>	KB SZAMOTUŁY	Masters M - 40	45	01:24:11	05:38:51	08:10:58	10:54:16	13:28:48	18:35:05	<b>21:38:38.75</b>	+07:13:26 (33.4%)	9:59	6 (66.7%)
77	<b>PIETRZAK Sławomir</b>	<b>2096</b>		Masters M - 40	46	01:28:50	05:25:08	08:05:25	10:52:28	13:39:05	18:19:41	<b>21:39:56.55</b>	+07:14:43 (33.4%)	9:59	6 (66.7%)
78	<b>MILEWSKI Maciek</b>	<b>1372</b>	LA SPORTIVA POLSKA TEAM	Masters M - 40	47	01:27:16	05:32:19	08:03:24	10:36:26	13:57:32	18:35:10	<b>21:40:50.90</b>	+07:15:38 (33.5%)	10:00	6 (66.7%)
79	<b>STALA-KONDRAKIEWICZ Katarzyna</b>	<b>2108</b>	KB HARCOWNIK JELCZ-LASKOWICE	Masters K - 40	2	01:28:21	05:38:51	08:27:31	11:05:13	13:44:30	18:25:25	<b>21:40:59.65</b>	+07:15:47 (33.5%)	10:00	6 (66.7%)
80	<b>ANTKOWIAK Michał</b>	<b>1113</b>	W POGONI ZA MARZENIAMI M&M	Senior II M - 30	20	01:28:15	05:38:28	08:20:25	11:03:25	13:40:03	18:33:46	<b>21:41:10.70</b>	+07:15:58 (33.5%)	10:00	6 (66.7%)
81	<b>ANTKOWIAK Monika</b>	<b>1112</b>	W POGONI ZA MARZENIAMI M&M	Senior II K - 30	3	01:28:15	05:38:28	08:20:24	11:03:25		18:33:47	<b>21:41:11.15</b>	+07:15:58 (33.5%)	10:00	6 (66.7%)
82	<b>LADENBERGER Krystian</b>	<b>1021</b>	HÜGLI FOOD POLSKA	Masters M - 40	48	01:21:41	05:17:14	07:44:04	10:23:11	13:33:38	18:23:42	<b>21:41:33.55</b>	+07:16:20 (33.5%)	10:00	6 (66.7%)
83	<b>ZIEBARTH Przemysław</b>	<b>2150</b>		Masters M - 40	49	01:27:31	05:03:51	07:23:58	09:42:37	12:45:40	17:36:22	<b>21:43:57.95</b>	+07:18:45 (33.6%)	10:01	6 (66.7%)
84	<b>WARWAS Radosław</b>	<b>2197</b>		Masters M - 40	50	01:22:09	05:00:49	07:21:31	09:46:57	12:22:34	17:35:07	<b>21:44:41.85</b>	+07:19:29 (33.7%)	10:02	6 (66.7%)
85	<b>BŁACHOWIAK Mariusz</b>	<b>1179</b>	AMBIT RACING TEAM / MARATON LESZNO	Weteran I M - 50	6	01:29:34	05:32:19	08:08:29	10:43:53	13:40:52	18:22:56	<b>21:59:34.80</b>	+07:34:22 (34.4%)	10:09	5.9 (65.6%)
86	<b>STĘPIEŃ Wojciech</b>	<b>1010</b>	COMPÑEROS ASFALT TEAM	Masters M - 40	51	01:23:43	05:31:08	08:11:11	10:48:20	13:42:12	18:44:49	<b>22:02:56.95</b>	+07:37:44 (34.6%)	10:10	5.9 (65.6%)
87	<b>KACZÓWKA Monika</b>	<b>1018</b>	COMPÑEROS ASFALT TEAM	Masters K - 40	3	01:23:42	05:31:08	08:11:14	10:48:21	13:42:11	18:55:03	<b>22:02:57.10</b>	+07:37:44 (34.6%)	10:10	5.9 (65.6%)
88	<b>PTASIŃSKI Tomasz</b>	<b>1285</b>	CZAJKERSI OSAK TRANSPORT	Masters M - 40	52	01:17:05	05:25:49	08:00:38	10:39:35	13:22:59	19:04:36	<b>22:08:31.75</b>	+07:43:19 (34.9%)	10:13	5.9 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
89	<b>GRZECH Grzegorz</b>	<b>2200</b>		Weteran I M - 50	7	01:39:37	06:06:16	09:02:10	11:31:31	14:07:42	18:57:57	<b>22:12:56.05</b>	+07:47:43 (35.1%)	10:15	5.9 (65.6%)
90	<b>KOWALSKI Maciej</b>	<b>1315</b>	LOTOS RUNNING TEAM	Weteran I M - 50	8	01:29:50	05:27:10	08:02:50	10:36:39	13:31:10	18:24:45	<b>22:13:18.10</b>	+07:48:05 (35.1%)	10:15	5.9 (65.6%)
91	<b>BILEK Paweł</b>	<b>2185</b>		Weteran II M - 60	1	01:14:31	05:07:48	07:34:59	10:08:15	13:31:33	18:28:05	<b>22:13:49.20</b>	+07:48:36 (35.1%)	10:15	5.8 (64.4%)
92	<b>SZUBERT Ariel</b>	<b>1351</b>	SIEPOMAGA.PL/FELIKS-KUBIAK	Senior II M - 30	21	01:20:32	05:09:38	07:29:10	10:04:06	13:36:20	18:29:24	<b>22:15:22.30</b>	+07:50:09 (35.2%)	10:16	5.8 (64.4%)
93	<b>OSTROWSKI Łukasz</b>	<b>1066</b>	STRZEGOMSKA DWUNASTKA	Masters M - 40	53	01:40:51	05:48:03	08:17:27	10:54:28	13:43:43	18:49:58	<b>22:15:35.85</b>	+07:50:23 (35.2%)	10:16	5.8 (64.4%)
94	<b>ZACHARYASZ Miłosz</b>	<b>2120</b>	#KOCHAMMONICZKE	Senior II M - 30	22	01:39:52	05:58:11	08:39:24	11:07:59	14:12:58	19:00:41	<b>22:17:15.75</b>	+07:52:03 (35.3%)	10:17	5.8 (64.4%)
95	<b>WALCZUK Łukasz</b>	<b>1291</b>		Senior I M - 20	4	01:24:49	05:27:27	08:00:23	10:53:27	13:38:51	19:01:50	<b>22:24:24.25</b>	+07:59:11 (35.6%)	10:20	5.8 (64.4%)
96	<b>STANOWSKI Grzegorz</b>	<b>2167</b>	FOREVER YOUNG	Weteran I M - 50	9	01:19:20	05:10:44	07:54:41	10:32:18	13:19:37	18:33:42	<b>22:24:37.85</b>	+07:59:25 (35.7%)	10:20	5.8 (64.4%)
97	<b>BUJALSKI Szymon</b>	<b>1381</b>		Masters M - 40	54	01:38:20	05:53:10	08:34:04	11:14:15	13:57:50	18:51:12	<b>22:24:38.40</b>	+07:59:25 (35.7%)	10:20	5.8 (64.4%)
98	<b>KUDELSKI Ireneusz</b>	<b>1083</b>	43 WOJSKOWY ODDZIAŁ GOSPODARCZY	Weteran I M - 50	10	01:30:37	05:55:45	08:32:21	11:12:32	14:22:02	19:02:58	<b>22:26:34.10</b>	+08:01:21 (35.7%)	10:21	5.8 (64.4%)
99	<b>WOJNAROWSKI Damian</b>	<b>2073</b>	KS LENIWIEC	Senior I M - 20	5	01:32:36	05:42:15	08:21:48	11:19:33	14:03:28	19:21:31	<b>22:28:41.75</b>	+08:03:29 (35.8%)	10:22	5.8 (64.4%)
100	<b>CZERNIACHOWSKI Artur</b>	<b>2043</b>	ULTRA TEAM ZIELONA GÓRA	Masters M - 40	55	01:30:41	05:47:42	08:28:50	11:15:51	14:13:06	19:02:45	<b>22:30:26.15</b>	+08:05:13 (35.9%)	10:23	5.8 (64.4%)
101	<b>KINOWSKA Katarzyna</b>	<b>2078</b>	GRUPA BIEGOWA 65	Masters K - 40	4	01:28:51	05:37:17	08:18:57	10:55:26	13:55:56	19:13:31	<b>22:33:01.35</b>	+08:07:48 (36.1%)	10:24	5.8 (64.4%)
102	<b>SURDEL Dawid</b>	<b>2132</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	Senior II M - 30	23	01:30:12	05:48:50	08:40:18	11:35:52	14:46:58	19:37:54	<b>22:35:28.95</b>	+08:10:16 (36.2%)	10:25	5.8 (64.4%)
103	<b>KACZOR Łukasz</b>	<b>1333</b>	WILD BUCHAYS	Masters M - 40	56	01:37:50	06:06:35	08:45:57	11:28:38	14:19:42	19:24:59	<b>22:44:07.85</b>	+08:18:55 (36.6%)	10:29	5.7 (63.3%)
104	<b>KÓZKA Przem</b>	<b>1175</b>	NBR/ WARJOTY Z DZIEWICZEJ GÓRY	Weteran I M - 50	11	01:35:14	05:53:36	08:34:48	11:13:17	13:57:35	19:30:45	<b>22:44:27.10</b>	+08:19:14 (36.6%)	10:29	5.7 (63.3%)
105	<b>MANCZENKO Eugeniusz</b>	<b>2135</b>	MARKOWI BIEGACZE	Masters M - 40	57	01:31:24	05:55:15	08:42:08	11:32:41	14:44:22	19:47:42	<b>22:45:24.00</b>	+08:20:11 (36.6%)	10:30	5.7 (63.3%)
106	<b>LEWANDOWSKI Robert</b>	<b>1248</b>		Weteran I M - 50	12	01:30:29	05:52:55	08:33:06	11:15:21	14:10:00	19:15:28	<b>22:45:31.75</b>	+08:20:19 (36.6%)	10:30	5.7 (63.3%)
107	<b>WALASZCZYK Radosław</b>	<b>1170</b>	OIRP OPOLE/2PLUS2/CZEWKA ULTRA SQAD	Masters M - 40	58	01:22:25	05:10:50	07:39:35	10:00:57	12:55:36	17:58:32	<b>22:45:47.50</b>	+08:20:34 (36.7%)	10:30	5.7 (63.3%)
108	<b>KASZKOWIAK Bogumił</b>	<b>2207</b>	WRONKI	Masters M - 40	59	01:31:44	05:53:43	08:39:09	11:16:34	14:06:38	19:02:56	<b>22:48:22.25</b>	+08:23:09 (36.8%)	10:31	5.7 (63.3%)
109	<b>SOBOCIŃSKI Karol</b>	<b>2152</b>	#ZALINIAMETY	Senior II M - 30	24	01:27:51	05:49:16	08:58:04	11:38:55	14:44:25	19:29:52	<b>22:48:26.15</b>	+08:23:13 (36.8%)	10:31	5.7 (63.3%)
110	<b>KĘDZIELEWSKI Łukasz</b>	<b>2065</b>	WIECZORNE BIEGANIE W SZCZECINIE	Masters M - 40	60	01:26:49	05:25:01	08:05:11	10:52:16	14:04:31	19:24:22	<b>22:49:03.80</b>	+08:23:51 (36.8%)	10:31	5.7 (63.3%)
111	<b>PIASECKA Monika</b>	<b>2180</b>		Masters K - 40	5	01:32:27	06:04:02	08:59:09	11:44:30	14:28:50	19:33:00	<b>22:50:12.00</b>	+08:24:59 (36.9%)	10:32	5.7 (63.3%)
112	<b>PACHLA Jacek</b>	<b>1231</b>	KB SZAMOTUŁY	Weteran I M - 50	13	01:31:18	05:38:50	08:04:43	10:31:49	13:48:32	18:44:04	<b>22:50:34.40</b>	+08:25:21 (36.9%)	10:32	5.7 (63.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
113	<b>BŁĘDOWSKI Mariusz</b>	<b>1145</b>	COYOTE TEAM	Masters M - 40	61	01:34:19	06:01:32	08:49:38	11:36:43	14:27:05	19:17:14	<b>22:51:22.70</b>	+08:26:10 (36.9%)	10:32	5.7 (63.3%)
114	<b>RADZIWOŃ Krzysztof</b>	<b>2071</b>	GRUPA NIENACHALNIE HEROICZNA	Masters M - 40	62	01:32:51	05:51:11	08:41:19	11:37:17	14:46:08	19:50:26	<b>22:57:56.10</b>	+08:32:43 (37.2%)	10:35	5.7 (63.3%)
115	<b>DEIGSLER Przemysław</b>	<b>1102</b>	BANICI ULTRA	Masters M - 40	63	01:30:30	05:48:52	08:34:18	11:23:21	14:19:06	19:33:55	<b>22:58:14.05</b>	+08:33:01 (37.2%)	10:36	5.7 (63.3%)
116	<b>BIERNACIK Piotr</b>	<b>1278</b>		Masters M - 40	64	01:33:24	06:04:32	08:49:24	11:42:33	14:43:40	19:54:53	<b>23:00:51.05</b>	+08:35:38 (37.3%)	10:37	5.6 (62.2%)
117	<b>KUMIDAJ Jacek</b>	<b>2020</b>	KS ULTRA TEAM ŁÓDŹ	Weteran II M - 60	2	01:41:00	06:06:25	08:58:00	11:33:52	14:21:22	19:31:46	<b>23:04:38.65</b>	+08:39:26 (37.5%)	10:39	5.6 (62.2%)
118	<b>KINCEL Krzysztof</b>	<b>1288</b>		Weteran I M - 50	14	01:32:15	05:43:09	08:25:56	11:15:29	14:13:56	19:30:20	<b>23:05:19.15</b>	+08:40:06 (37.5%)	10:39	5.6 (62.2%)
119	<b>KILIAN Mariusz</b>	<b>2119</b>		Weteran I M - 50	15	01:37:59	06:05:42	08:57:31	11:39:14	14:31:30	19:29:05	<b>23:06:20.35</b>	+08:41:07 (37.6%)	10:39	5.6 (62.2%)
120	<b>JARASZEK Sanjaya</b>	<b>1378</b>	JASNA STRONA MOCY	Weteran II M - 60	3	01:42:22	06:39:07	09:43:47	12:11:53	14:51:33	20:10:32	<b>23:08:22.30</b>	+08:43:09 (37.7%)	10:40	5.6 (62.2%)
121	<b>MARKOWSKI Marek</b>	<b>1388</b>	KS LENIWIEC	Masters M - 40	65	01:28:48	05:35:13	08:13:55	10:55:08	14:03:33	19:48:33	<b>23:10:12.95</b>	+08:45:00 (37.8%)	10:41	5.6 (62.2%)
122	<b>LITWIN Michał</b>	<b>2189</b>	LITEWIN	Masters M - 40	66	01:15:23	04:54:17	07:18:51	09:43:11	12:53:24	18:24:17	<b>23:12:29.25</b>	+08:47:16 (37.9%)	10:42	5.6 (62.2%)
123	<b>ŁUKACKI Daniel</b>	<b>2160</b>		Masters M - 40	67	01:15:45	04:54:17	07:18:50	09:43:12	12:53:25	18:24:22	<b>23:12:29.65</b>	+08:47:17 (37.9%)	10:42	5.6 (62.2%)
124	<b>KWIATKOWSKA Anna</b>	<b>2162</b>	BIEGAJĄCY TCZEW	Masters K - 40	6	01:29:04	05:48:01	08:32:44	11:12:16	14:14:35	19:27:48	<b>23:12:43.00</b>	+08:47:30 (37.9%)	10:42	5.6 (62.2%)
125	<b>WOJTAL Marcin</b>	<b>2058</b>	#BIEGAJLESZNO	Masters M - 40	68	01:30:06	05:45:27	08:20:54	11:21:10	14:28:58	19:51:30	<b>23:16:14.10</b>	+08:51:01 (38.0%)	10:44	5.6 (62.2%)
126	<b>BURA Krystian</b>	<b>2028</b>	#BIEGAJLESZNO	Senior II M - 30	25	01:31:50	05:45:45	08:21:56	11:21:10	14:28:59	19:51:32	<b>23:16:14.50</b>	+08:51:01 (38.0%)	10:44	5.6 (62.2%)
127	<b>GARSTKA Zbigniew</b>	<b>2105</b>	ULTRA WRONKI	Masters M - 40	69	01:29:08	05:58:18	08:39:04	11:16:07	14:13:47	19:34:30	<b>23:16:28.80</b>	+08:51:16 (38.0%)	10:44	5.6 (62.2%)
128	<b>SKRZYPCZAK Łukasz</b>	<b>2046</b>	WATAHA - ŁĄCZY NAS BIEGANIE	Masters M - 40	70	01:39:00	06:09:51	08:55:33	11:33:18	14:27:32	19:33:18	<b>23:18:43.40</b>	+08:53:30 (38.1%)	10:45	5.6 (62.2%)
129	<b>KASPERSKI Tomasz</b>	<b>2031</b>		Masters M - 40	71	01:38:03	06:09:50	08:55:31	11:33:19	14:27:37	19:33:23	<b>23:18:43.85</b>	+08:53:31 (38.1%)	10:45	5.6 (62.2%)
130	<b>GORYNIA Hubert</b>	<b>2015</b>		Senior II M - 30	26	01:38:04	06:09:51	08:55:36	11:33:19	14:27:32	19:33:21	<b>23:18:44.50</b>	+08:53:31 (38.1%)	10:45	5.6 (62.2%)
131	<b>WODZIŃSKA Danuta</b>	<b>2083</b>	BIEG OPOLSKI/TRAIL IS OUR WAY	Masters K - 40	7	01:21:05	05:21:58	08:03:41	11:11:25	14:00:04	19:34:31	<b>23:19:29.55</b>	+08:54:16 (38.2%)	10:45	5.6 (62.2%)
132	<b>JAKRZEWSKI Mikołaj</b>	<b>2176</b>		Senior II M - 30	27	01:34:15	05:51:16	08:41:04	11:28:48	14:34:29	19:53:44	<b>23:23:20.90</b>	+08:58:08 (38.3%)	10:47	5.6 (62.2%)
133	<b>PTASZYŃSKA Wioletta</b>	<b>1073</b>	ULTRA WAY TEAM	Senior II K - 30	4	01:22:01	05:03:53	07:24:22	09:51:08	12:44:15	17:39:26	<b>23:24:07.10</b>	+08:58:54 (38.4%)	10:48	5.6 (62.2%)
134	<b>ŻARNIEWSKI Wojciech</b>	<b>2154</b>	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	72	01:33:02	05:24:16	07:52:14	10:21:47	13:14:13	18:56:31	<b>23:25:42.70</b>	+09:00:30 (38.5%)	10:48	5.5 (61.1%)
135	<b>KĄDUŁA Grzegorz</b>	<b>1080</b>		Masters M - 40	73	01:36:11	05:56:55	08:27:10	11:01:30	14:06:03	19:58:19	<b>23:26:56.85</b>	+09:01:44 (38.5%)	10:49	5.5 (61.1%)
136	<b>IVANEYCHIK Sergey</b>	<b>2109</b>	RUN4FUN.BY	Masters M - 40	74	01:31:55	05:50:32	08:11:49	10:53:45	14:02:13	19:33:09	<b>23:27:00.35</b>	+09:01:47 (38.5%)	10:49	5.5 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
137	<b>WOŹNIAK Łukasz</b>	<b>1252</b>	PORANNY PATROL	Masters M - 40	75	01:26:17	05:44:19	08:30:00	11:13:58	14:14:09	19:37:33	<b>23:30:17.35</b>	+09:05:04 (38.7%)	10:50	5.5 (61.1%)
138	<b>SEGIN Marcin</b>	<b>1128</b>	SPRINT ZALEWO	Masters M - 40	76	01:41:03	06:17:19	09:11:16	12:00:52	14:55:12	20:05:24	<b>23:32:38.90</b>	+09:07:26 (38.8%)	10:51	5.5 (61.1%)
139	<b>DEC Mirosław</b>	<b>2178</b>	TRUCHT TEAM OPOLE	Masters M - 40	77	01:41:08	06:08:07	08:51:18	11:38:50	14:48:37	20:03:21	<b>23:32:43.40</b>	+09:07:30 (38.8%)	10:52	5.5 (61.1%)
140	<b>KALKOWSKI Roman</b>	<b>2145</b>		Senior II M - 30	28	01:32:37	05:49:58	08:17:03	11:07:05	14:12:34	19:31:48	<b>23:34:49.55</b>	+09:09:36 (38.8%)	10:52	5.5 (61.1%)
141	<b>DADAŚ Janusz</b>	<b>1082</b>		Weteran I M - 50	16	01:22:17	05:48:04	08:25:39	11:12:36	14:21:37	19:39:44	<b>23:35:01.10</b>	+09:09:48 (38.9%)	10:53	5.5 (61.1%)
142	<b>TALAR Marek</b>	<b>1261</b>	KĘSY TEAM	Senior II M - 30	29	01:46:18	06:18:36	09:03:18	11:42:56	14:44:21	20:19:40	<b>23:35:09.30</b>	+09:09:56 (38.9%)	10:53	5.5 (61.1%)
143	<b>WITEK Eryk</b>	<b>2076</b>	QCE SPARTY	Masters M - 40	78	01:22:05	05:39:06	08:12:50	10:56:39	14:18:22	20:07:29	<b>23:36:32.10</b>	+09:11:19 (38.9%)	10:53	5.5 (61.1%)
144	<b>RADOMSKI Grzegorz</b>	<b>2051</b>	MOKRE RUN	Masters M - 40	79	01:24:09	05:27:51	08:05:49	10:50:39	13:55:24	19:33:59	<b>23:36:58.25</b>	+09:11:45 (38.9%)	10:53	5.5 (61.1%)
145	<b>KOŁODZIEJ Paweł</b>	<b>2061</b>		Masters M - 40	80	01:38:48	06:56:59	09:43:23	12:26:52	15:00:04	19:55:24	<b>23:39:14.40</b>	+09:14:01 (39.0%)	10:55	5.5 (61.1%)
146	<b>GIBAS Michał</b>	<b>1044</b>		Senior II M - 30	30	01:38:51	06:10:45	08:49:36	11:26:11	14:13:07	19:16:20	<b>23:44:20.90</b>	+09:19:08 (39.3%)	10:57	5.5 (61.1%)
147	<b>PECHRA Mateusz</b>	<b>2158</b>	ULTRATURY	Senior II M - 30	31	01:29:10	05:44:38	08:18:52	11:03:49	14:04:36	19:39:54	<b>23:44:25.70</b>	+09:19:13 (39.3%)	10:57	5.5 (61.1%)
148	<b>RYBARCZYK Kamil</b>	<b>1392</b>	MARUROWE DZIKI	Senior II M - 30	32	01:39:57	06:01:31	08:39:28	11:23:54	14:17:42	19:52:32	<b>23:45:34.95</b>	+09:20:22 (39.3%)	10:57	5.5 (61.1%)
149	<b>OCHOTA Rafał</b>	<b>2080</b>	BOGDAN & BOGDAN RUNNING TEAM	Masters M - 40	81	01:40:52	06:11:43	09:06:32	12:00:42	14:54:18	20:22:29	<b>23:46:24.15</b>	+09:21:11 (39.3%)	10:58	5.5 (61.1%)
150	<b>KRAKOWIAK Łukasz</b>	<b>2084</b>	BOGDAN & BOGDAN RUNNING TEAM	Masters M - 40	82	01:40:51	06:11:42	09:06:34	12:00:42	14:54:22	20:22:29	<b>23:46:26.75</b>	+09:21:14 (39.3%)	10:58	5.5 (61.1%)
151	<b>VERSTER Rigardt</b>	<b>2091</b>		Senior II M - 30	33	01:33:40	06:01:41	08:48:54	11:40:08	15:00:20	20:20:55	<b>23:46:45.30</b>	+09:21:32 (39.4%)	10:58	5.5 (61.1%)
152	<b>CHACIŃSKI Mikołaj</b>	<b>1320</b>	PROAUTOMATION	Masters M - 40	83	01:37:56	05:54:53	08:49:08	11:37:25	14:34:20	20:00:24	<b>23:47:59.80</b>	+09:22:47 (39.4%)	10:59	5.5 (61.1%)
153	<b>FUS Maciej</b>	<b>1203</b>		Senior II M - 30	34	01:42:12	06:10:02	08:55:22	11:43:49	14:33:52	19:56:05	<b>23:48:16.75</b>	+09:23:04 (39.4%)	10:59	5.5 (61.1%)
154	<b>PAŁKA Tomasz</b>	<b>1313</b>	LUZYX	Masters M - 40	84	01:41:45	06:10:03	08:55:23	11:43:47	14:33:52	19:56:08	<b>23:48:17.00</b>	+09:23:04 (39.4%)	10:59	5.5 (61.1%)
155	<b>GRABOWICZ Mirosław</b>	<b>1160</b>	SOKÓLSKA GRUPA BIEGOWA	Weteran II M - 60	4	01:29:33	05:29:17	08:10:17	10:49:02	14:01:28	19:31:42	<b>23:49:01.65</b>	+09:23:49 (39.5%)	10:59	5.5 (61.1%)
156	<b>DRYMEL Piotr</b>	<b>2130</b>	DESTYLATOR	Masters M - 40	85	01:43:43	06:12:58	09:03:50	11:54:14	14:53:49	20:27:04	<b>23:50:06.80</b>	+09:24:54 (39.5%)	11:00	5.5 (61.1%)
157	<b>KUREK Dawid</b>	<b>2139</b>		Senior II M - 30	35	01:40:06	06:04:09	08:45:15	11:29:05	14:46:14	20:12:02	<b>23:52:37.00</b>	+09:27:24 (39.6%)	11:01	5.4 (60.0%)
158	<b>PATROŃSKI Adam</b>	<b>2110</b>	ŻARŁOKI	Senior I M - 20	6	01:29:43	05:30:57	08:22:30	11:05:48	14:06:02	19:46:36	<b>23:53:08.90</b>	+09:27:56 (39.6%)	11:01	5.4 (60.0%)
159	<b>PUŹNIAK Tomasz</b>	<b>2092</b>		Masters M - 40	86	01:21:29	05:31:50	08:09:40	10:54:56	13:29:14	18:51:20	<b>23:53:34.35</b>	+09:28:21 (39.6%)	11:01	5.4 (60.0%)
160	<b>URBAŃSKI Dariusz</b>	<b>1193</b>		Weteran I M - 50	17	01:28:01	05:54:26	08:45:34	11:40:25	14:45:15	20:00:09	<b>23:56:06.90</b>	+09:30:54 (39.8%)	11:02	5.4 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
161	<b>OSSOWSKI Arkadiusz</b>	<b>1194</b>		Weteran I M - 50	18	01:26:13	05:54:24	08:45:37	11:39:49	14:45:12	20:00:12	<b>23:56:07.10</b>	+09:30:54 (39.8%)	11:02	5.4 (60.0%)
162	<b>RYBACKI Dariusz</b>	<b>2063</b>		Masters M - 40	87	01:35:24	06:12:29	09:25:52	12:27:41	15:40:26	20:49:09	<b>23:59:13.05</b>	+09:34:00 (39.9%)	11:04	5.4 (60.0%)
163	<b>BALWIERCZAK Piotr</b>	<b>1045</b>	RMT TEAM	Senior II M - 30	36	01:32:16	05:33:09	08:01:01	11:15:26	15:15:35	20:21:03	<b>23:59:54.55</b>	+09:34:41 (39.9%)	11:04	5.4 (60.0%)
164	<b>CHRAPKIEWICZ Kamil</b>	<b>1270</b>		Senior I M - 20	7	01:44:36	06:10:41	08:52:51	11:48:10	14:55:14	20:16:13	<b>24:01:08.55</b>	+09:35:55 (40.0%)	11:05	5.4 (60.0%)
165	<b>DUDEK Remigiusz</b>	<b>1361</b>	LEKKOATLETYCZNY KLUB SPORTOWY W ZIĘBICACH	Masters M - 40	88	01:43:09	06:21:07	09:23:45	12:08:13	15:22:26	20:46:10	<b>24:03:00.50</b>	+09:37:47 (40.0%)	11:06	5.4 (60.0%)
166	<b>KRUK Jacek</b>	<b>2022</b>	TOTALNIE BIEGNIĘCI	Masters M - 40	89	01:31:22	05:51:09	08:44:20	11:40:28	14:50:28	20:23:12	<b>24:03:27.45</b>	+09:38:14 (40.1%)	11:06	5.4 (60.0%)
167	<b>CHORZĘPA Jakub</b>	<b>2213</b>		Masters M - 40	90	01:33:25	06:04:33	08:49:23	11:42:34	14:44:42	20:37:11	<b>24:04:07.35</b>	+09:38:54 (40.1%)	11:06	5.4 (60.0%)
168	<b>PISARSKI Sebastian</b>	<b>1390</b>		Masters M - 40	91	01:48:55	06:33:09	09:31:54	12:14:18	15:03:32	20:34:36	<b>24:05:09.50</b>	+09:39:56 (40.1%)	11:06	5.4 (60.0%)
169	<b>KLONOWSKI Sławomir</b>	<b>1036</b>		Masters M - 40	92	01:39:41	06:03:52	08:51:24	11:50:36	14:41:04	20:35:33	<b>24:07:18.10</b>	+09:42:05 (40.2%)	11:07	5.4 (60.0%)
170	<b>SZABLICKI Aleksy</b>	<b>1363</b>	WKB META LUBLINIEC	Weteran II M - 60	5	01:44:00	06:17:25	09:24:52	12:13:16	14:59:46	20:22:15	<b>24:07:21.80</b>	+09:42:09 (40.2%)	11:08	5.4 (60.0%)
171	<b>HOJCYK Karol</b>	<b>2018</b>	EXPLORADOR & WOLNE ŚLIMAKI	Masters M - 40	93	01:34:05	06:08:56	09:07:41	11:57:44	14:52:05	20:13:19	<b>24:09:22.20</b>	+09:44:09 (40.3%)	11:08	5.4 (60.0%)
172	<b>MATUSEWICZ Ireneusz</b>	<b>1259</b>		Masters M - 40	94	01:39:52	06:10:05	09:05:40	11:50:45	14:46:36	20:19:40	<b>24:09:24.90</b>	+09:44:12 (40.3%)	11:08	5.4 (60.0%)
173	<b>KASZTELANIC Rafał</b>	<b>1171</b>		Weteran I M - 50	19	01:42:18	06:19:08	09:13:39	12:08:30	15:03:10	20:30:23	<b>24:13:25.25</b>	+09:48:12 (40.5%)	11:10	5.4 (60.0%)
174	<b>KUŚMIDER Michał</b>	<b>2023</b>	TAŃCZĄCE MUCHOMORKI	Masters M - 40	95	01:27:23	05:40:25	08:32:38	11:40:46	15:09:23	20:33:17	<b>24:14:42.40</b>	+09:49:29 (40.5%)	11:11	5.4 (60.0%)
175	<b>LUTOMSKA Dorota</b>	<b>2002</b>	OFIX.PL BIKE TEAM	Masters K - 40	8	01:28:12	05:50:11	08:58:58	11:39:49	14:18:31	20:02:47	<b>24:17:26.90</b>	+09:52:14 (40.6%)	11:12	5.4 (60.0%)
176	<b>MUCHA Michał</b>	<b>2209</b>	NOCNY POYEB TEAM	Masters M - 40	96	01:20:05	05:04:51	07:34:51	10:15:31	13:41:02	19:51:19	<b>24:18:43.80</b>	+09:53:31 (40.7%)	11:13	5.3 (58.9%)
177	<b>NOWAK Krystian</b>	<b>1249</b>	NKB CHYŻY NOWY TOMYŚL	Senior II M - 30	37	01:40:55	06:22:52	09:16:11	12:08:51	15:23:29	20:36:13	<b>24:19:09.60</b>	+09:53:57 (40.7%)	11:13	5.3 (58.9%)
178	<b>BEDNARSKA Kaśka</b>	<b>2066</b>	SPELEOKLUB ŚWIĘTOKRZYSKI	Masters K - 40	9	01:36:08	05:57:33	09:01:40	12:02:27	15:23:08	20:47:37	<b>24:20:05.95</b>	+09:54:53 (40.7%)	11:13	5.3 (58.9%)
179	<b>TYŚ Radek</b>	<b>1349</b>	NOWA RUDA BIEGA	Senior II M - 30	38	01:38:18	06:15:25	09:18:18	12:09:17	15:15:23	21:05:38	<b>24:24:17.85</b>	+09:59:05 (40.9%)	11:15	5.3 (58.9%)
180	<b>KOSCIELNY Piotr</b>	<b>1235</b>	36RUNS	Senior II M - 30	39	01:35:34	05:38:00	07:53:23	10:30:04	13:46:05	20:42:39	<b>24:24:26.20</b>	+09:59:13 (40.9%)	11:15	5.3 (58.9%)
181	<b>MALINOWSKI Grzegorz</b>	<b>2014</b>		Masters M - 40	97	01:32:38	05:57:08	08:40:14	11:39:38	14:37:36	20:24:54	<b>24:24:35.15</b>	+09:59:22 (40.9%)	11:15	5.3 (58.9%)
182	<b>GMITEREK Tomasz</b>	<b>1035</b>	BIŁGORAJ ULTRA TRAIL	Weteran I M - 50	20	01:40:12	06:10:53	09:05:02	12:01:07	15:19:29	20:58:13	<b>24:27:56.70</b>	+10:02:44 (41.1%)	11:17	5.3 (58.9%)
183	<b>ZAJĄC Marcin</b>	<b>1134</b>	77CATS_ULTRA	Masters M - 40	98	01:38:35	06:01:23	08:34:25	11:14:09	14:13:33	20:42:32	<b>24:29:24.65</b>	+10:04:12 (41.1%)	11:18	5.3 (58.9%)
184	<b>JĘDRZEJCZAK Wojciech</b>	<b>1262</b>		Weteran I M - 50	21		05:56:31	08:54:25	11:43:54	15:06:47	20:31:01	<b>24:29:31.30</b>	+10:04:18 (41.1%)	11:18	5.3 (58.9%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
185	<b>SZOSTEK Filip</b>	<b>1306</b>	JW 2420	Senior II M - 30	40	01:37:37	05:55:20	08:40:47	11:26:20	14:18:26	20:20:50	<b>24:31:43.10</b>	+10:06:30 (41.2%)	11:19	5.3 (58.9%)
186	<b>MIKOŁAJCZYK-SOWA Monika</b>	<b>2134</b>	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40	10	01:28:29	05:40:29	08:31:05	11:14:51	14:27:36	20:22:37	<b>24:40:30.15</b>	+10:15:17 (41.6%)	11:23	5.3 (58.9%)
187	<b>ŁYCZKOWSKI Łukasz</b>	<b>1148</b>		Masters M - 40	99	01:26:54	05:58:23	08:56:46	12:04:13	15:14:58	21:15:29	<b>24:47:52.25</b>	+10:22:39 (41.8%)	11:26	5.2 (57.8%)
188	<b>KARASEK Wojciech</b>	<b>1004</b>	COB - CAŁA OLEŚNICA BIEGA	Weteran I M - 50	22	01:35:57	06:23:45	09:18:07	12:13:46	15:16:02	21:04:22	<b>24:50:02.35</b>	+10:24:49 (41.9%)	11:27	5.2 (57.8%)
189	<b>SILSKA Sylwia</b>	<b>2074</b>	ATRAKCYJNE TOWARZYSTWO	Weteran K - 50	2	01:40:14	06:22:47	09:21:18	12:01:45	15:28:12	21:02:19	<b>24:51:36.50</b>	+10:26:23 (42.0%)	11:28	5.2 (57.8%)
190	<b>KRAWCZYK Jakub</b>	<b>1155</b>		Senior II M - 30	41	01:30:52	05:55:11	08:48:36	11:33:22	15:01:52	20:50:59	<b>24:55:51.05</b>	+10:30:38 (42.2%)	11:30	5.2 (57.8%)
191	<b>GŁÓWKA Maciej</b>	<b>1274</b>		Senior II M - 30	42	01:41:41	06:17:29	09:00:40	12:06:11	15:16:54	21:14:57	<b>24:56:17.45</b>	+10:31:04 (42.2%)	11:30	5.2 (57.8%)
192	<b>BRZOZOWSKI Karol</b>	<b>1177</b>	ORT ŁOMIANKI	Senior II M - 30	43	01:40:47	05:56:34	08:45:19	11:50:59	15:05:56	20:47:20	<b>24:57:09.45</b>	+10:31:56 (42.2%)	11:30	5.2 (57.8%)
193	<b>OLEŚ-ZDECHLIK Beata</b>	<b>2195</b>		Senior II K - 30	5	01:45:33	06:39:06	09:46:49	12:37:51	15:46:24	21:22:33	<b>24:58:45.85</b>	+10:33:33 (42.3%)	11:31	5.2 (57.8%)
194	<b>ZAKRZYŃSKI Tomasz</b>	<b>1167</b>		Senior II M - 30	44	01:25:36	05:33:21	08:02:09	10:48:14	14:49:34	20:46:32	<b>24:58:51.65</b>	+10:33:39 (42.3%)	11:31	5.2 (57.8%)
195	<b>KOWALCZYK Jarosław</b>	<b>1088</b>	JARO W BIEGU	Masters M - 40	100	01:33:46	06:27:00	09:29:11	12:42:39	15:09:49	21:24:34	<b>24:58:52.95</b>	+10:33:40 (42.3%)	11:31	5.2 (57.8%)
196	<b>WIJAS Jerzy</b>	<b>1393</b>	KARLINOBIEGAJ	Weteran I M - 50	23	01:43:54	06:32:29	09:44:42	12:48:20	16:04:35	21:16:43	<b>24:59:06.15</b>	+10:33:53 (42.3%)	11:31	5.2 (57.8%)
197	<b>ZDANOWICZ Elżbieta</b>	<b>2149</b>	VEGE RUNNERS	Masters K - 40	11	01:41:29	06:18:42	09:21:37	12:20:47	15:29:47	21:12:18	<b>24:59:23.45</b>	+10:34:10 (42.3%)	11:32	5.2 (57.8%)
198	<b>MICHALSKI Adam</b>	<b>1178</b>		Masters M - 40	101	01:40:43	06:27:46	09:25:44	12:24:57	15:28:39	21:07:03	<b>25:01:43.10</b>	+10:36:30 (42.4%)	11:33	5.2 (57.8%)
199	<b>RUBINOWSKI Jarek</b>	<b>2222</b>		Masters M - 40	102	01:47:15	06:58:46	09:46:17	12:30:19	15:35:05	21:07:02	<b>25:01:43.65</b>	+10:36:31 (42.4%)	11:33	5.2 (57.8%)
200	<b>DEMKÓW Przemysław</b>	<b>1228</b>	KB SOBÓTKA	Weteran I M - 50	24	01:39:43	06:12:45	09:46:12	12:17:57	15:23:52	21:53:51	<b>25:02:07.65</b>	+10:36:55 (42.4%)	11:33	5.2 (57.8%)
201	<b>HACHOŁ Justyna</b>	<b>2062</b>		Masters K - 40	12	01:28:14	05:51:22	08:18:32	11:22:05	15:16:07	21:20:20	<b>25:07:35.60</b>	+10:42:23 (42.6%)	11:35	5.2 (57.8%)
202	<b>CZUBA Robert</b>	<b>1250</b>	ORANGE POLSKA	Weteran I M - 50	25	01:43:15	06:31:13	09:50:57	13:03:02	16:07:23	21:40:18	<b>25:08:42.30</b>	+10:43:29 (42.7%)	11:36	5.2 (57.8%)
203	<b>KOSTRZEWSKI Sławek</b>	<b>1277</b>		Masters M - 40	103	01:19:46	05:25:56	08:35:54	11:38:20	14:51:24	21:07:08	<b>25:09:30.30</b>	+10:44:17 (42.7%)	11:36	5.2 (57.8%)
204	<b>GAJEWSKI Sebastian</b>	<b>2101</b>	KM PSP W SZCZECINIE	Masters M - 40	104	01:39:56	06:37:59	09:38:36	12:36:35	15:54:25	21:08:19	<b>25:11:01.15</b>	+10:45:48 (42.7%)	11:37	5.2 (57.8%)
205	<b>ŁABĘDZKI Mariusz</b>	<b>2044</b>		Masters M - 40	105	01:39:16	06:37:58	09:38:34	12:36:35	15:54:25	21:08:26	<b>25:11:01.95</b>	+10:45:49 (42.7%)	11:37	5.2 (57.8%)
206	<b>TOKARZ Robert</b>	<b>2142</b>		Weteran I M - 50	26	01:33:40	06:25:41	09:13:18	12:16:01	15:49:13	21:35:24	<b>25:11:16.55</b>	+10:46:03 (42.7%)	11:37	5.2 (57.8%)
207	<b>LENARTOWICZ Adam</b>	<b>1317</b>	OŻARÓW FUSGYM	Weteran I M - 50	27	01:24:53	06:10:14	09:06:57	11:53:16	15:26:16	20:58:43	<b>25:11:20.85</b>	+10:46:08 (42.8%)	11:37	5.2 (57.8%)
208	<b>ROLLA Dorian</b>	<b>2111</b>		Masters M - 40	106	01:29:37	06:07:12	09:05:46	12:11:13	14:57:58	20:49:38	<b>25:11:55.20</b>	+10:46:42 (42.8%)	11:37	5.2 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
209	<b>SACEWICZ Adam</b>	<b>2033</b>		Masters M - 40	107	01:42:39	06:22:12	09:30:24	12:24:22	15:21:28	21:08:58	<b>25:12:10.75</b>	+10:46:58 (42.8%)	11:37	5.2 (57.8%)
210	<b>PÖPKE Anna</b>	<b>2170</b>		Senior II K - 30	6	01:28:57	06:01:13	09:00:31	11:59:10	15:23:30	21:08:26	<b>25:13:32.60</b>	+10:48:20 (42.8%)	11:38	5.2 (57.8%)
211	<b>RAK Zdzisław</b>	<b>2100</b>	VITA I ANIMAL	Weteran I M - 50	28	01:38:51	06:21:40	09:15:46	12:11:54	15:02:55	20:47:10	<b>25:13:35.45</b>	+10:48:22 (42.8%)	11:38	5.2 (57.8%)
212	<b>DATA Marek</b>	<b>1198</b>	KUGUAR XTREME RUNNERS	Senior II M - 30	45	01:38:14	06:04:36	08:55:16	11:44:04	14:42:51	20:47:07	<b>25:18:32.45</b>	+10:53:19 (43.0%)	11:40	5.1 (56.7%)
213	<b>ANDRZEJEWSKI Paweł</b>	<b>1233</b>		Masters M - 40	108	01:41:21	06:20:58	09:17:07	12:07:41	15:29:30	21:20:04	<b>25:18:33.60</b>	+10:53:21 (43.0%)	11:40	5.1 (56.7%)
214	<b>KAWIECKI Paweł</b>	<b>1016</b>	ORKIESTRAWOJSKOWA KOSZALIN	Senior I M - 20	8	01:39:50	06:20:57	09:17:09	12:07:40	15:27:33	21:20:01	<b>25:18:33.80</b>	+10:53:21 (43.0%)	11:40	5.1 (56.7%)
215	<b>BIAŁEK Mirosław</b>	<b>2104</b>	WRONIECKI KLUB BIEGACZA	Senior II M - 30	46	01:28:18	06:01:15	09:04:25	12:09:58	15:25:16	21:22:48	<b>25:20:54.15</b>	+10:55:41 (43.1%)	11:41	5.1 (56.7%)
216	<b>ZADROZNY Maciej</b>	<b>2138</b>		Senior II M - 30	47	01:32:36	05:49:58	08:32:15	11:16:14	14:46:26	21:54:54	<b>25:21:45.25</b>	+10:56:32 (43.1%)	11:42	5.1 (56.7%)
217	<b>DOLIŃSKI Tomasz</b>	<b>1373</b>		Weteran I M - 50	29	01:39:49	06:41:38	09:43:33	12:55:11	16:05:57	21:39:22	<b>25:22:17.15</b>	+10:57:04 (43.2%)	11:42	5.1 (56.7%)
218	<b>ZGAGACZ Paweł</b>	<b>1264</b>		Weteran I M - 50	30	01:37:16	06:08:36	09:25:48	12:16:16	15:29:12	21:22:03	<b>25:22:48.55</b>	+10:57:35 (43.2%)	11:42	5.1 (56.7%)
219	<b>KWIECIŃSKI Feliks</b>	<b>1009</b>		Senior II M - 30	48	01:29:42	05:56:30	08:58:04	12:02:58	15:14:44	21:37:00	<b>25:23:05.45</b>	+10:57:52 (43.2%)	11:42	5.1 (56.7%)
220	<b>GROCHOWSKI Wojciech</b>	<b>2212</b>	KLUB WYSOKOGÓRSKI WARSZAWA	Masters M - 40	109	01:42:14	07:16:34	10:03:07	13:09:39	16:22:13	22:06:39	<b>25:24:12.25</b>	+10:58:59 (43.2%)	11:43	5.1 (56.7%)
221	<b>POŁOMSKI Daniel</b>	<b>2175</b>		Masters M - 40	110	01:25:59	05:49:38	08:55:11	12:08:50	15:15:38	21:19:58	<b>25:25:58.60</b>	+11:00:46 (43.3%)	11:44	5.1 (56.7%)
222	<b>ZAKRZEWSKI Paweł</b>	<b>1332</b>		Masters M - 40	111	01:25:50	05:30:08	08:05:18	10:42:12	14:13:11	21:19:59	<b>25:25:59.25</b>	+11:00:46 (43.3%)	11:44	5.1 (56.7%)
223	<b>JAGODZIŃSKI Paweł</b>	<b>1308</b>		Masters M - 40	112	01:32:01	06:51:40	09:59:51	12:56:45	16:05:34	21:56:31	<b>25:27:21.10</b>	+11:02:08 (43.4%)	11:44	5.1 (56.7%)
224	<b>NIEMAS Mariusz</b>	<b>2093</b>	OYAMA ONYKS	Weteran I M - 50	31	01:43:50	06:26:37	09:14:59	12:24:46	15:41:14	21:45:38	<b>25:27:45.00</b>	+11:02:32 (43.4%)	11:45	5.1 (56.7%)
225	<b>HANSZ Donat</b>	<b>2103</b>	NETBOX BIEGA	Senior I M - 20	9	01:43:18	06:25:27	09:28:53	12:27:40	15:33:33	21:23:28	<b>25:28:08.60</b>	+11:02:56 (43.4%)	11:45	5.1 (56.7%)
226	<b>WIJAS Mariusz</b>	<b>1310</b>		Weteran I M - 50	32	01:44:54	06:29:18	09:27:50	12:28:46	15:43:29	21:56:41	<b>25:30:32.75</b>	+11:05:20 (43.5%)	11:46	5.1 (56.7%)
227	<b>JANIA Przemysław</b>	<b>2045</b>	CZEWKA ULTRA SQUAD	Senior II M - 30	49	01:39:06	06:31:02	09:34:05	12:36:29	16:06:57	22:02:44	<b>25:31:28.95</b>	+11:06:16 (43.5%)	11:46	5.1 (56.7%)
228	<b>BARTOSIK Michał</b>	<b>2036</b>		Senior II M - 30	50	01:39:22	06:31:02	09:34:04	12:36:30	16:06:52	21:57:29	<b>25:31:29.75</b>	+11:06:17 (43.5%)	11:46	5.1 (56.7%)
229	<b>STYSIEK Piotr</b>	<b>1257</b>	BIEGIEM RADOM!	Weteran I M - 50	33	01:42:55	06:29:13	09:25:59	12:40:21	15:18:51	21:13:26	<b>25:31:38.05</b>	+11:06:25 (43.5%)	11:46	5.1 (56.7%)
230	<b>SZMYT Piotr</b>	<b>1106</b>	BANICI ULTRA	Masters M - 40	113	01:38:08	06:27:03	09:47:42	12:48:37	15:50:13	21:39:45	<b>25:32:04.30</b>	+11:06:51 (43.5%)	11:47	5.1 (56.7%)
231	<b>LUTOWSKI Wojciech</b>	<b>2048</b>		Senior II M - 30	51	01:36:49	06:02:56	08:58:43	12:05:13	15:22:58	21:34:32	<b>25:36:22.10</b>	+11:11:09 (43.7%)	11:49	5.1 (56.7%)
232	<b>KACZOR Michał</b>	<b>2099</b>	KLUCZBORSKA GRUPA BIEGOWA	Senior II M - 30	52	01:44:01	06:25:44	09:15:55	12:30:46	16:03:36	21:37:50	<b>25:38:00.30</b>	+11:12:47 (43.7%)	11:49	5.1 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
233	<b>BUDKOWSKI Kamil</b>	<b>2186</b>		Masters M - 40	114	01:31:01	06:33:07	09:28:29	12:41:12	15:58:43	21:59:47	<b>25:39:08.25</b>	+11:13:55 (43.8%)	11:50	5.1 (56.7%)
234	<b>OLSZAŃSKI Krzysztof</b>	<b>2075</b>	RUNNING FREE	Masters M - 40	115	01:44:24	06:27:49	09:27:51	12:24:08	15:26:07	21:19:21	<b>25:42:16.45</b>	+11:17:03 (43.9%)	11:51	5.1 (56.7%)
235	<b>CHŁOPEK Kazimierz</b>	<b>1394</b>		Masters M - 40	116	01:43:03	06:15:12	09:20:47	12:14:29	15:21:35	21:19:09	<b>25:42:35.15</b>	+11:17:22 (43.9%)	11:51	5.1 (56.7%)
236	<b>GAŁKA Jacek</b>	<b>2088</b>	VEGE RUNNERS / PURA VIDA TEAM	Masters M - 40	117	01:38:31	06:10:29	09:29:25	12:36:44	15:49:14	21:39:30	<b>25:42:54.40</b>	+11:17:41 (43.9%)	11:52	5.1 (56.7%)
237	<b>ZBYRYT Marek</b>	<b>1118</b>	AKTYWNA NOWA RUDA	Weteran I M - 50	34	01:22:35	05:59:29	08:52:36	12:22:42	14:57:30	22:16:44	<b>25:43:27.00</b>	+11:18:14 (43.9%)	11:52	5.1 (56.7%)
238	<b>RABSCH Patrycja</b>	<b>1064</b>	LAMPART TRENING	Senior II K - 30	7	01:46:30	06:41:33	09:37:44	12:48:35	16:02:07	22:08:28	<b>25:43:32.60</b>	+11:18:20 (43.9%)	11:52	5.1 (56.7%)
239	<b>PAWLIK Joanna</b>	<b>1007</b>		Senior II K - 30	8	01:46:29	06:41:33	09:37:44	12:48:37	16:02:08	22:08:26	<b>25:43:33.00</b>	+11:18:20 (43.9%)	11:52	5.1 (56.7%)
240	<b>KUBACKI Sebastian</b>	<b>1225</b>		Masters M - 40	118	01:40:42	07:16:02	10:17:44	13:02:07	15:58:43	21:57:03	<b>25:43:34.10</b>	+11:18:21 (43.9%)	11:52	5.1 (56.7%)
241	<b>ULATOWSKI Andrzej</b>	<b>1125</b>	ULTRARUNBEARDRUN	Weteran I M - 50	35	01:44:35	06:34:57	09:35:21	12:27:28	15:47:46	21:57:01	<b>25:43:59.30</b>	+11:18:46 (44.0%)	11:52	5.1 (56.7%)
242	<b>BRAUN Zbigniew</b>	<b>1129</b>	WKB MARATOŃCZYK WŁOCLAWEK	Masters M - 40	119	01:34:22	06:01:59	08:52:00	11:47:00	15:24:59	22:03:43	<b>25:44:23.40</b>	+11:19:10 (44.0%)	11:52	5.1 (56.7%)
243	<b>DAWIDZIAK Jarosław</b>	<b>2127</b>	AMBIT RACING TEAM	Weteran I M - 50	36	01:34:25	06:01:04	09:02:19	12:05:43	15:21:37	21:36:21	<b>25:44:25.35</b>	+11:19:12 (44.0%)	11:52	5.1 (56.7%)
244	<b>PAZIO Jakub</b>	<b>1316</b>	GÓRAL Z MAZUR RUNNING TEAM / BBL OSTROŁĘKA	Senior I M - 20	10	01:46:12	06:52:10	09:31:25	12:27:37	15:39:12	21:56:27	<b>25:44:34.70</b>	+11:19:22 (44.0%)	11:52	5 (55.6%)
245	<b>STROIŃSKI Wojciech</b>	<b>2131</b>	LESZ NO LIMITS RUNNERS	Masters M - 40	120	01:33:32	06:21:34	09:13:09	12:07:15	15:22:18	21:37:07	<b>25:45:06.40</b>	+11:19:53 (44.0%)	11:53	5 (55.6%)
246	<b>STAWSKI Dariusz</b>	<b>1050</b>	KLUB SPORTOWY ULTRA TEAM ŁÓDŹ	Weteran II M - 60	6	01:43:07	06:18:29	09:19:05	12:19:54	15:51:13	21:54:07	<b>25:46:21.35</b>	+11:21:08 (44.0%)	11:53	5 (55.6%)
247	<b>LITEWKA Jacek</b>	<b>1377</b>	KUMPLE ŻWIRKA	Weteran I M - 50	37	01:32:32	06:17:15	09:23:49	12:20:56	15:41:19	21:40:35	<b>25:46:26.75</b>	+11:21:14 (44.1%)	11:53	5 (55.6%)
248	<b>KORPULA Grzegorz</b>	<b>1364</b>	CSWOT	Masters M - 40	121	01:31:51	06:17:15	09:23:49	12:20:56	15:41:44	21:40:36	<b>25:46:27.15</b>	+11:21:14 (44.1%)	11:53	5 (55.6%)
249	<b>WIŚNIEWSKA Agnieszka</b>	<b>1347</b>		Masters K - 40	13	01:40:04	06:10:36	09:07:29	11:50:14	15:14:34	22:27:08	<b>25:46:34.60</b>	+11:21:22 (44.1%)	11:53	5 (55.6%)
250	<b>WALCZAK Agnieszka</b>	<b>1327</b>	PKO BANK POLSKI	Masters K - 40	14		06:10:40	09:07:19	11:50:13	15:12:14	22:27:11	<b>25:46:37.50</b>	+11:21:24 (44.1%)	11:53	5 (55.6%)
251	<b>KWINTA Tomasz</b>	<b>2089</b>	KASIA I TOMEK	Weteran I M - 50	38	01:28:08	05:33:27	08:38:31	12:08:28	15:25:55	21:52:24	<b>25:46:45.35</b>	+11:21:32 (44.1%)	11:53	5 (55.6%)
252	<b>WIRA Mirosław</b>	<b>1152</b>		Weteran II M - 60	7	01:37:38	07:18:50	10:32:58	13:32:25	16:26:01	22:05:55	<b>25:47:16.60</b>	+11:22:04 (44.1%)	11:54	5 (55.6%)
253	<b>DIDŁUCH Jacek</b>	<b>1200</b>	KARLINOBIEGAJ	Masters M - 40	122	01:37:56	06:27:52	09:44:44	12:50:52	16:04:36	22:04:20	<b>25:49:29.15</b>	+11:24:16 (44.2%)	11:55	5 (55.6%)
254	<b>VELAYOS LÓPEZ Miguel</b>	<b>2042</b>	TEAM POLLITO	Senior I M - 20	11	01:25:21	05:37:45	08:23:56	11:40:01	16:08:52	22:17:04	<b>25:52:26.65</b>	+11:27:14 (44.3%)	11:56	5 (55.6%)
255	<b>WALKOWIAK Joanna</b>	<b>2129</b>	MUAY RUNNING TEAM	Masters K - 40	15	01:36:13	06:44:21	09:32:11	12:27:52	15:56:30	22:06:33	<b>25:52:54.75</b>	+11:27:42 (44.3%)	11:56	5 (55.6%)
256	<b>PLANETORZ Marek</b>	<b>1399</b>		Weteran I M - 50	39	01:36:21	06:52:32	10:09:53	13:10:21	16:29:58	22:32:46	<b>25:54:32.40</b>	+11:29:19 (44.3%)	11:57	5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
257	<b>KOWALEWSKI Robert</b>	<b>1375</b>		Weteran I M - 50	40	01:47:46	06:59:50	10:05:05	13:23:50	16:22:51	22:27:26	<b>25:54:56.35</b>	+11:29:43 (44.4%)	11:57	5 (55.6%)
258	<b>GOSTKOWSKA-DRZEWICKA Magdalena</b>	<b>1201</b>		Weteran K - 50	3	01:42:40	06:39:24	09:56:33	13:11:33	16:34:56	22:49:48	<b>25:55:45.00</b>	+11:30:32 (44.4%)	11:58	5 (55.6%)
259	<b>PIOTROWSKI Mateusz</b>	<b>1015</b>	CZASEM TRZEBA	Senior II M - 30	53	01:42:39	06:39:29	09:56:36	13:11:34	16:34:58	22:50:13	<b>25:55:45.55</b>	+11:30:32 (44.4%)	11:58	5 (55.6%)
260	<b>LEWANDOWSKI Marek</b>	<b>1224</b>	STAN UMYŚŁU LEWIN BIEGA	Masters M - 40	123	01:28:25	06:15:49	09:33:25	12:38:10	15:58:38	22:38:25	<b>25:56:27.15</b>	+11:31:14 (44.4%)	11:58	5 (55.6%)
261	<b>KACZYŃSKI Artur</b>	<b>1366</b>		Masters M - 40	124	01:34:31	06:20:36	09:51:58	13:03:46	16:14:32	22:19:56	<b>25:58:26.85</b>	+11:33:14 (44.5%)	11:59	5 (55.6%)
262	<b>PILARSKI Zbigniew</b>	<b>1058</b>		Weteran I M - 50	41	01:44:09	06:44:05	09:57:59	13:14:17	16:12:30	22:28:39	<b>25:58:56.15</b>	+11:33:43 (44.5%)	11:59	5 (55.6%)
263	<b>SKOCZYLAS Piotr</b>	<b>1027</b>	ENDURANCE TEAM	Masters M - 40	125	01:37:10	06:35:42	09:44:01	12:58:19	16:04:47	22:04:35	<b>26:03:36.85</b>	+11:38:24 (44.7%)	12:01	5 (55.6%)
264	<b>SAJDAK Tomasz</b>	<b>2017</b>		Senior II M - 30	54	01:21:47	05:59:19	08:33:24	11:40:12	15:46:11	21:53:35	<b>26:07:05.00</b>	+11:41:52 (44.8%)	12:03	5 (55.6%)
265	<b>KITLAS Dariusz</b>	<b>1397</b>	BSB	Weteran I M - 50	42	01:27:02	06:04:17	09:59:53	12:49:42	16:10:37	22:41:03	<b>26:12:41.00</b>	+11:47:28 (45.0%)	12:05	5 (55.6%)
266	<b>POBŁOCKI Jan</b>	<b>2097</b>	GRUPA TRÓJMIASTO SPARTANIE DZIECIOM	Weteran II M - 60	8	01:52:19	06:47:24	10:04:26	13:12:03	16:14:12	22:27:27	<b>26:15:05.55</b>	+11:49:52 (45.1%)	12:06	5 (55.6%)
267	<b>PRONOBIS-PROŃSKI Michał</b>	<b>2115</b>		Masters M - 40	126	01:38:10	06:03:15	08:56:43	11:54:06	15:14:07	21:39:40	<b>26:15:24.15</b>	+11:50:11 (45.1%)	12:07	5 (55.6%)
268	<b>TOMCZAK Rafał</b>	<b>2039</b>	TAJNE PRZEZ POUFFNE	Masters M - 40	127	01:33:51	06:23:47	09:46:48	12:58:53	16:07:46	22:06:43	<b>26:19:34.80</b>	+11:54:22 (45.2%)	12:09	4.9 (54.4%)
269	<b>HAAS Przemysław</b>	<b>2011</b>	BACKPACKING OKAPI TEAM	Masters M - 40	128	01:45:03	06:35:11	09:36:59	12:39:12	15:49:49	22:39:38	<b>26:22:35.40</b>	+11:57:22 (45.3%)	12:10	4.9 (54.4%)
270	<b>BADURA Wojtek</b>	<b>1222</b>	KS KANDAHAR	Weteran I M - 50	43	01:45:07	06:27:52	09:33:51	12:38:44	15:43:27	22:42:29	<b>26:23:41.25</b>	+11:58:28 (45.4%)	12:10	4.9 (54.4%)
271	<b>SZCZUKA Joanna</b>	<b>2013</b>		Senior I K - 20	1	01:46:07	06:52:12	10:32:24	13:34:38	16:37:48	22:40:21	<b>26:27:07.40</b>	+12:01:54 (45.5%)	12:12	4.9 (54.4%)
272	<b>ROŹNIATA Iwona</b>	<b>1340</b>		Weteran K - 50	4	01:51:32	07:03:46	10:16:51	13:17:10	16:44:48	22:44:43	<b>26:28:14.05</b>	+12:03:01 (45.5%)	12:13	4.9 (54.4%)
273	<b>SZEWczyk Mariusz</b>	<b>2124</b>		Weteran I M - 50	44	01:50:53	06:51:04	09:59:24	13:11:06	16:24:09	22:42:49	<b>26:29:53.80</b>	+12:04:41 (45.6%)	12:13	4.9 (54.4%)
274	<b>PACZUSZKA Anna</b>	<b>2218</b>	KLUB BIEGACZA WARTA	Senior II K - 30	9	01:39:50	06:41:09	10:04:51	13:12:24	16:35:33	22:27:54	<b>26:30:19.30</b>	+12:05:06 (45.6%)	12:13	4.9 (54.4%)
275	<b>RYCHŁOWSKA Magdalena</b>	<b>2072</b>	MEGAN "WIEWIÓRA"	Weteran K - 50	5	01:36:18	06:38:52	10:04:37	13:20:18	16:36:48	22:28:15	<b>26:30:40.15</b>	+12:05:27 (45.6%)	12:14	4.9 (54.4%)
276	<b>BAR Aleksandra</b>	<b>2201</b>	GMINA STRZELCE OPOLSKIE	Masters K - 40	16	01:43:53	06:39:48	09:44:24	12:58:41	16:41:14	22:49:40	<b>26:41:27.30</b>	+12:16:14 (46.0%)	12:19	4.9 (54.4%)
277	<b>MICHALAK Sławomir</b>	<b>1190</b>	INZYNIER.EU NOSI TRAILOWE BOTKI	Weteran I M - 50	45	01:45:05	06:46:07	10:08:52	13:25:24	16:51:29	22:38:48	<b>26:41:29.90</b>	+12:16:17 (46.0%)	12:19	4.9 (54.4%)
278	<b>WOJTCZAK Małgorzata</b>	<b>2141</b>		Weteran K - 50	6	01:51:40	07:06:23	10:27:45	13:41:01	16:41:08	22:42:42	<b>26:50:33.45</b>	+12:25:20 (46.3%)	12:23	4.8 (53.3%)
279	<b>PIOTROWSKI Marek</b>	<b>2184</b>	ECHO TWARDOGÓRA	Masters M - 40	129	01:51:38	07:06:31	10:27:41	13:40:55	16:41:05	22:41:37	<b>26:50:38.85</b>	+12:25:26 (46.3%)	12:23	4.8 (53.3%)
280	<b>ŚLIWKIEWICZ Bartłomiej</b>	<b>2053</b>		Senior I M - 20	12	01:30:16	06:03:34	09:14:39	12:33:09	16:01:18	22:38:20	<b>26:54:50.85</b>	+12:29:38 (46.4%)	12:25	4.8 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
281	<b>KADECKI Marek</b>	<b>1325</b>		Weteran I M - 50	46	01:51:09	06:59:46	10:10:53	13:18:56	16:35:38	22:55:44	<b>26:54:54.25</b>	+12:29:41 (46.4%)	12:25	4.8 (53.3%)
282	<b>GRONOWSKA-KAROLCZAK Agnieszka</b>	<b>2126</b>	MARATOŃCZYK POZNAŃ/BIEGAJĄCE KREJZOLE	Senior II K - 30	10	01:38:18	06:33:05	09:48:10	13:24:35	16:36:09	22:55:37	<b>26:55:53.05</b>	+12:30:40 (46.5%)	12:25	4.8 (53.3%)
	<b>BOHDZIEWICZ Izabela</b>	<b>2164</b>		Senior II K - 30		01:43:52 DNF	06:34:48 DNF	10:00:14 DNF	13:10:20 DNF	16:24:42 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>GRZEGORCZYK Szymon</b>	<b>2179</b>		Senior I M - 20		01:11:28 DNF	06:00:12 DNF	10:00:29 DNF	12:50:12 DNF	16:04:11 DNF	22:29:31 DNF	<b>DNF</b>		-	- (0.0%)
	<b>SZYMCZAK Bartłomiej</b>	<b>2025</b>	ŻARY RUNNERS TEAM	Senior II M - 30		DNF	06:03:15 DNF	09:25:34 DNF	12:26:44 DNF	16:30:41 DNF	22:57:57 DNF	<b>DNF</b>		-	- (0.0%)
	<b>MIĄSEK Ryszard</b>	<b>2202</b>		Masters M - 40		01:52:09 DNF	06:56:10 DNF	10:02:12 DNF	13:16:53 DNF	16:34:04 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>KAROLCZAK Rafał</b>	<b>2125</b>	MARATOŃCZYK POZNAŃ	Senior II M - 30		01:38:18 DNF	06:33:03 DNF	09:48:10 DNF	13:24:32 DNF	16:36:09 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>BURY Marek</b>	<b>2059</b>		Weteran I M - 50		01:41:44 DNF	06:50:02 DNF	10:10:21 DNF	13:31:58 DNF	16:57:41 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>CZYRNIA Andrzej</b>	<b>2157</b>	ULTRATURY	Masters M - 40		01:30:18 DNF	05:24:08 DNF	07:56:23 DNF	10:28:24 DNF	13:45:00 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>PELJAK Mariusz</b>	<b>2208</b>		Masters M - 40		01:31:06 DNF	05:57:13 DNF	08:49:09 DNF	11:40:51 DNF	14:36:14 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>HETMAŃSKI Arkadiusz</b>	<b>2003</b>	LOVELASY	Masters M - 40		01:26:55 DNF	05:39:12 DNF	08:33:47 DNF	11:29:53 DNF	14:52:17 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>JASICKI Krzysztof</b>	<b>2166</b>	RUNHOGS TYCHY	Masters M - 40		01:37:05 DNF	05:58:03 DNF	08:47:17 DNF	11:41:08 DNF	15:05:31 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>NOWAK Natalia</b>	<b>2047</b>	GÓRAL Z MAZUR RUNNING TEAM	Senior II K - 30		01:35:38 DNF	06:07:02 DNF	09:15:25 DNF	12:08:46 DNF	15:09:28 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>RZESZOT Łukasz</b>	<b>2151</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ. #TEAMSZÓSTABE	Senior II M - 30		01:36:09 DNF	05:57:33 DNF	09:01:40 DNF	12:02:23 DNF	15:23:08 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>GOCLIK Marcin</b>	<b>2049</b>		Senior II M - 30		01:45:33 DNF	06:39:07 DNF	09:46:50 DNF	12:40:02 DNF	15:55:29 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>JAWORSKI Bartłomiej</b>	<b>2114</b>	WHO DARES WINS,	Weteran I M - 50		01:24:40 DNF	06:13:33 DNF	09:14:12 DNF	12:42:24 DNF	16:23:13 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>ZYDORCZAK Mateusz</b>	<b>2206</b>	REMOVE	Masters M - 40		01:38:39 DNF	06:47:16 DNF	10:18:31 DNF	13:42:48 DNF	16:51:22 DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>BAKALARZ Emil</b>	<b>2095</b>		Senior II M - 30		01:10:27 DNF	04:31:17 DNF	06:51:37 DNF	09:20:10 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>ŚLIŹ Sylwia</b>	<b>2021</b>	RUN TO BE ULTRA	Senior II K - 30		01:16:48 DNF	04:49:42 DNF	07:20:40 DNF	10:11:00 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>TYSZKA Dariusz</b>	<b>2211</b>		Masters M - 40		01:24:33 DNF	05:59:38 DNF	08:42:44 DNF	11:44:04 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>JAKUBOWSKI Andrzej</b>	<b>2086</b>		Masters M - 40		01:34:56 DNF	05:54:57 DNF	08:49:13 DNF	11:51:50 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>BATOR Michał</b>	<b>2165</b>		Senior II M - 30		01:37:51 DNF	05:54:53 DNF	08:57:25 DNF	12:06:40 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>JUSZCZAK Zbigniew</b>	<b>2006</b>	PKB KMP KALISZ	Weteran I M - 50		01:40:49 DNF	06:10:03 DNF	09:16:03 DNF	12:14:55 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>KWIECIŃSKA Małgorzata</b>	<b>2159</b>	BRAVEHEARTS LEGIONOWO	Senior II K - 30		01:45:38 DNF	06:30:16 DNF	09:42:00 DNF	12:52:40 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	A1	A2	A3	A4	A5	A7	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
					10km	32km	47km	64km	81km	112km				
	<b>ZIELIŃSKI Tomasz</b>	<b>2056</b>	ULTRAPIOTRKÓW	Masters M - 40	01:51:27 DNF	06:51:06 DNF	10:07:35 DNF	13:21:31 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>TYLUS Rafał</b>	<b>2087</b>	MORSJANKI & MORSJANIE	Masters M - 40	01:43:30 DNF	06:50:41 DNF	10:29:31 DNF	13:33:39 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>NORKOWSKA Aleksandra</b>	<b>2143</b>	ORANGE POLSKA	Masters K - 40	01:42:19 DNF	06:50:51 DNF	10:18:52 DNF	13:40:19 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KALBARCZYK Beata</b>	<b>2117</b>	ORANGE POLSKA	Weteran K - 50	01:45:45 DNF	06:52:08 DNF	10:18:56 DNF	13:40:56 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ARMATYS Grzegorz</b>	<b>2113</b>	ORANGE POLSKA	Weteran I M - 50	01:45:29 DNF	06:52:11 DNF	10:18:59 DNF	13:43:26 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOWALSKI Rafał</b>	<b>2116</b>		Weteran I M - 50	01:31:24 DNF	07:13:55 DNF	10:30:17 DNF	13:44:25 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DUBIKOWSKI Andrzej</b>	<b>2223</b>	SPARTA ZIĘBICE	Weteran II M - 60	01:52:17 DNF	07:09:44 DNF	10:29:32 DNF	13:47:15 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SZURKOWSKI Michał</b>	<b>2196</b>	GRUNWALD TEAM POZNAŃ	Masters M - 40	01:45:25 DNF	07:03:03 DNF	10:38:15 DNF	13:52:46 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KRUPA Daniel</b>	<b>2041</b>	STARGARD JA SIĘ NIE ŚCIGAM	Masters M - 40	01:47:28 DNF	06:58:49 DNF	10:32:24 DNF	13:56:37 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>RADOŻYCKI Radek</b>	<b>2094</b>	BEZ KLUBU	Masters M - 40	01:47:26 DNF	06:58:49 DNF	10:32:24 DNF	13:56:40 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GRABCZAK Jarek</b>	<b>2220</b>	ESKY	Senior II M - 30	01:44:22 DNF	07:13:17 DNF	10:49:59 DNF	13:57:07 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WIECZOREK Monika</b>	<b>2173</b>		Masters K - 40	01:49:01 DNF	07:15:45 DNF	10:41:10 DNF	13:58:09 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>CUPIAŁ Dariusz</b>	<b>2035</b>	W POGONI ZA DUCHEM	Weteran I M - 50	01:38:01 DNF	07:06:19 DNF	10:52:21 DNF	14:19:27 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>NOWAK Wojtek</b>	<b>2168</b>	EXPLORADOR	Masters M - 40	01:16:02 DNF	05:03:34 DNF	07:48:21 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BOGDANOWICZ Beata</b>	<b>2214</b>		Masters K - 40	01:40:00 DNF	05:57:50 DNF	08:59:17 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOBIERSKI Radosław</b>	<b>2057</b>	TAŃCZĄCE MUCHOMORKI	Weteran I M - 50	01:38:56 DNF	06:24:23 DNF	09:51:16 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>IWAŃCZUK Zbigniew</b>	<b>2007</b>		Weteran I M - 50	01:52:02 DNF	07:20:30 DNF	11:12:57 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOWALCZYK Andrzej</b>	<b>2102</b>	PSZCZÓŁKOWSKI TEAM	Weteran II M - 60	01:53:28 DNF	07:31:48 DNF	11:13:30 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DZIURKIEWICZ Jakub</b>	<b>2187</b>		Senior I M - 20	01:45:20 DNF	06:46:37 DNF	11:14:12 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STANGIERSKI Adam</b>	<b>2215</b>	KORNELCIA TEAM	Masters M - 40	01:32:45 DNF	06:01:44 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SURDACKI Piotr</b>	<b>2137</b>		Masters M - 40	01:33:10 DNF	06:09:28 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>UŻAROWSKI Remigiusz</b>	<b>2199</b>	ADAIGAEMI	Masters M - 40	01:29:30 DNF	06:58:29 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PIÓRKOWSKI Marek</b>	<b>2204</b>	BIEGOWA KUŹNIA	Weteran I M - 50	01:38:47 DNF	07:00:16 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>NESTOROWICZ Marek</b>	<b>2148</b>	GÓRAL Z MAZUR RUNNING TEAM	Weteran I M - 50	01:09:37 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
	<b>TYLIŃSKI Arkadiusz</b>	<b>2188</b>	LESZ NO LIMITS RUNNERS	Weteran I M - 50	01:15:14 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIKOŁAJCZYK Tomasz</b>	<b>2169</b>	EXPLORADOR TEAM	Masters M - 40	01:19:44 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DAUKSZO Maciej</b>	<b>2121</b>		Senior I M - 20	01:19:50 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>RATAJCZAK Krystian</b>	<b>2182</b>		Senior II M - 30	01:22:59 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>POŚNIAK Tomasz</b>	<b>2098</b>		Senior II M - 30	01:23:19 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GALVANY Kevin</b>	<b>2040</b>	TEAM POLLITO	Senior II M - 30	01:24:52 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ANDRZEJCZUK Marzena</b>	<b>2032</b>	SAMA SOBIE	Masters K - 40	01:26:59 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JAROSŁAWSKI Marcin</b>	<b>2147</b>		Masters M - 40	01:28:25 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SZCZYPLIŃSKA Anna</b>	<b>2008</b>	MŁODY VS STARY/SFORA BMK	Masters K - 40	01:28:50 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>RADZIWOŃ Anna</b>	<b>2064</b>	GRUPA NIENACHALNIE HEROICZNA	Masters K - 40	01:29:07 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HALINIAK Marek</b>	<b>2052</b>	NKB CHYŻY NOWY TOMYŚL	Masters M - 40	01:40:44 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STEFAŃSKI Marcin</b>	<b>2054</b>		Senior II M - 30	01:40:50 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MĘKARSKA Małgorzata</b>	<b>2067</b>		Masters K - 40	01:42:29 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KLUZA-HOWIL Lila</b>	<b>2037</b>	BIEGOWE KAIZEN	Masters K - 40	01:47:32 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HOWIL Waldemar</b>	<b>2038</b>	BIEGOWE KAIZEN	Masters M - 40	01:47:34 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOBLAŃSKI Tomasz</b>	<b>2004</b>	GRUPA BIEGOWA FITNESS PIEKARY LEGNICA	Masters M - 40	01:52:22 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MAGOCZY Justyna</b>	<b>2177</b>	ASICS FRONTRUNNER	Senior II K - 30	01:59:56 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BEDNARSKA-KOZIOŁ Danuta</b>	<b>2016</b>	#TEAMSZÓSTABE	Masters K - 40	02:04:39 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ZIELIŃSKI Sławek</b>	<b>2010</b>	#TEAMSZÓSTABE	Masters M - 40	02:04:43 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)

Znaleziono 347 wynik(ów)