



BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2023-07-13
Miejsce: Łądek-Zdrój
Dystans: 130 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 10km | A2 32km | A3 47km | A4 64km | A5 81km | A7 112km | Czas netto 130km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|--------------------------|---------------------|------|------------|------------|------------|------------|------------|-------------|------------------------|----------------------|-----------------|----------------|
| 1 | NEHRING Karol | 2055 | | Senior I M - 20 | 1 | 01:01:29 | 03:35:26 | 05:18:21 | 07:03:47 | 08:54:04 | 12:22:33 | 14:25:12.60 | | 6:39 | 9 (100%) |
| 2 | MAZUR Andrzej | 2194 | KKS SFORA BOJANO | Masters M - 40 | 1 | 01:01:22 | 03:47:07 | 05:47:23 | 07:42:47 | 09:36:43 | 13:03:18 | 15:18:40.70 | +00:53:28 (5.8%) | 7:04 | 8.5 (94.4%) |
| 3 | ADLER Łukasz | 2077 | LESZ NO LIMITS RUNNERS | Senior II M - 30 | 1 | 01:08:51 | 04:05:28 | 06:00:52 | 08:00:25 | 10:00:34 | 13:29:10 | 15:30:35.05 | +01:05:22 (7.0%) | 7:09 | 8.4 (93.3%) |
| 4 | GONCZARENKO Jarek | 1342 | RUN100LOVE | Masters M - 40 | 2 | 01:04:55 | 03:55:40 | 05:50:22 | 07:46:48 | 10:00:47 | 13:31:58 | 15:39:40.80 | +01:14:28 (7.9%) | 7:13 | 8.3 (92.2%) |
| 5 | KIEROŃSKI Robert | 2181 | OBOZY GÓRSKIE | Masters M - 40 | 3 | 01:04:06 | 03:57:32 | 06:04:19 | 08:06:08 | 10:19:47 | 13:37:46 | 15:57:54.35 | +01:32:41 (9.7%) | 7:22 | 8.1 (90.0%) |
| 6 | BASISTA Wojciech | 2171 | WILKI MIEDZYLESIE | Senior II M - 30 | 2 | 01:07:57 | 04:15:58 | 06:17:09 | 08:15:19 | 10:26:54 | 13:57:29 | 16:12:37.50 | +01:47:24 (11.0%) | 7:28 | 8 (88.9%) |
| 7 | KOPEĆ Mateusz | 2146 | | Senior II M - 30 | 3 | 01:10:31 | 04:15:25 | 06:17:54 | 08:21:42 | 10:33:48 | 14:14:35 | 16:40:21.05 | +02:15:08 (13.5%) | 7:41 | 7.8 (86.7%) |
| 8 | WŁOCHAL Robert | 1001 | | Masters M - 40 | 4 | 01:22:25 | 04:35:09 | 06:41:20 | 08:37:22 | 10:42:13 | 14:29:25 | 16:54:37.85 | +02:29:25 (14.7%) | 7:48 | 7.7 (85.6%) |
| 9 | KICZIŃSKI Bartosz | 2174 | CBR BIEGA | Senior II M - 30 | 4 | 01:02:14 | 03:50:03 | 06:14:31 | 08:27:45 | 10:42:36 | 14:36:04 | 16:55:48.60 | +02:30:36 (14.8%) | 7:48 | 7.7 (85.6%) |
| 10 | ŚLEZIAK Jarosław | 2163 | DANIEL WOSIK TERVEL TEAM | Masters M - 40 | 5 | 01:11:16 | 04:19:30 | 06:29:18 | 08:37:58 | 10:50:29 | 14:48:23 | 17:06:05.25 | +02:40:52 (15.7%) | 7:53 | 7.6 (84.4%) |
| 11 | BUCZKOWSKI Krzysztof | 2118 | | Senior I M - 20 | 2 | 01:11:15 | 04:08:30 | 06:11:02 | 08:10:37 | 10:23:34 | 14:18:18 | 17:09:54.05 | +02:44:41 (16.0%) | 7:55 | 7.6 (84.4%) |
| 12 | DUDZIŃSKI Przemysław | 1092 | LECE PENDZE | Masters M - 40 | 6 | 01:09:59 | 04:15:46 | 06:26:11 | 08:34:31 | 10:39:30 | 14:40:02 | 17:22:46.05 | +02:57:33 (17.0%) | 8:01 | 7.5 (83.3%) |
| 13 | KASZUBIAK Konrad | 2107 | | Masters M - 40 | 7 | 01:11:46 | 04:32:20 | 06:46:36 | 08:52:54 | 11:22:00 | 15:08:30 | 17:29:11.95 | +03:03:59 (17.5%) | 8:04 | 7.4 (82.2%) |
| 14 | BODANKA Piotr | 2133 | APAMA ACOUSTIC PROJECT | Masters M - 40 | 8 | 01:13:23 | 04:25:51 | 06:33:18 | 08:48:52 | 11:29:03 | 15:22:13 | 17:44:31.65 | +03:19:19 (18.7%) | 8:11 | 7.3 (81.1%) |
| 15 | EENSAAR Silver | 2198 | ACE ADVENTURE | Masters M - 40 | 9 | 01:14:20 | 04:44:31 | 06:59:19 | 09:14:29 | 11:34:08 | 15:23:07 | 17:47:28.15 | +03:22:15 (18.9%) | 8:12 | 7.3 (81.1%) |
| 16 | SZCZUREK Dominik | 1387 | KIA WADOWSCY TEAM | Masters M - 40 | 10 | 01:09:02 | 04:15:20 | | 08:27:25 | 11:01:04 | 15:13:37 | 17:48:12.10 | +03:22:59 (19.0%) | 8:13 | 7.3 (81.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|-----------------------------|------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 17 | GREDYS Grzegorz | 2190 | | Masters M - 40 | 11 | 01:15:25 | 04:43:24 | 06:52:58 | 09:13:20 | 11:45:06 | 15:34:55 | 18:07:56.05 | +03:42:43 (20.5%) | 8:22 | 7.2 (80.0%) |
| 18 | GAŁUSZKA Rafał | 2219 | | Weteran I M - 50 | 1 | 01:11:26 | 04:31:05 | 06:51:08 | 09:19:51 | 11:44:51 | 15:50:55 | 18:24:44.85 | +03:59:32 (21.7%) | 8:29 | 7.1 (78.9%) |
| 19 | KUDŁAK Paweł | 1400 | | Senior II M - 30 | 5 | 01:10:01 | 04:20:37 | 06:48:30 | 08:48:52 | 11:19:11 | 15:34:14 | 18:27:48.50 | +04:02:35 (21.9%) | 8:31 | 7 (77.8%) |
| 20 | GONCZAR Szymon | 1218 | | Senior II M - 30 | 6 | 01:22:45 | 05:08:07 | 07:23:13 | 09:26:04 | 11:37:39 | 15:56:09 | 18:30:55.80 | +04:05:43 (22.1%) | 8:32 | 7 (77.8%) |
| 21 | PIŁKO Marcin | 2122 | HUSKY TEAM | Masters M - 40 | 12 | 01:09:26 | 04:28:17 | 06:42:46 | 08:58:37 | 11:33:35 | 15:44:12 | 18:31:59.40 | +04:06:46 (22.2%) | 8:33 | 7 (77.8%) |
| 22 | WARDZYŃSKI Łukasz | 2205 | | Masters M - 40 | 13 | 01:10:18 | 04:35:46 | 06:59:39 | 09:23:38 | 11:51:22 | 16:02:28 | 18:40:30.00 | +04:15:17 (22.8%) | 8:37 | 7 (77.8%) |
| 23 | WEINERT Artur | 2060 | RUNNER'S POWER | Masters M - 40 | 14 | 01:09:47 | 04:35:12 | 06:50:41 | 09:03:43 | 11:27:10 | 15:55:40 | 18:52:34.85 | +04:27:22 (23.6%) | 8:42 | 6.9 (76.7%) |
| 24 | MACIĄG Grzegorz | 2193 | RZESZÓW | Masters M - 40 | 15 | 01:22:15 | 05:05:19 | 07:23:43 | 09:45:09 | 12:14:21 | 16:03:38 | 19:02:08.85 | +04:36:56 (24.2%) | 8:47 | 6.8 (75.6%) |
| 25 | POPIS Tomasz | 2155 | RUCH IZBICA | Weteran I M - 50 | 2 | 01:08:52 | 04:43:17 | 06:58:51 | 09:18:03 | 11:40:53 | 15:58:43 | 19:02:25.30 | +04:37:12 (24.3%) | 8:47 | 6.8 (75.6%) |
| 26 | WYROBA Wojciech | 1186 | | Masters M - 40 | 16 | 01:17:42 | 04:39:11 | 06:50:15 | 09:02:42 | 11:30:36 | 15:58:56 | 19:05:05.55 | +04:39:52 (24.4%) | 8:48 | 6.8 (75.6%) |
| 27 | MAGOCSY Adam | 2068 | | Senior II M - 30 | 7 | 01:27:34 | 05:22:40 | 07:37:05 | 09:42:35 | 12:16:29 | 16:31:18 | 19:09:12.45 | +04:43:59 (24.7%) | 8:50 | 6.8 (75.6%) |
| 28 | KAMIŃSKI Marek | 1362 | | Senior II M - 30 | 8 | 01:13:49 | 04:46:19 | 06:59:47 | 09:31:49 | 11:44:58 | 16:01:18 | 19:13:12.35 | +04:47:59 (25.0%) | 8:52 | 6.8 (75.6%) |
| 29 | SURKÓW Adrian | 2128 | PARKRUN JEZIORO SWARZĘDZKIE | Senior II M - 30 | 9 | 01:16:57 | 04:54:15 | 07:15:50 | 09:37:13 | 12:20:36 | 16:37:32 | 19:13:30.90 | +04:48:18 (25.0%) | 8:52 | 6.8 (75.6%) |
| 30 | WOSIEK Paweł | 1312 | KRAM / OSTROBIEC | Masters M - 40 | 17 | 01:13:53 | 04:44:24 | 07:00:57 | 09:23:18 | 12:04:32 | 16:22:58 | 19:13:40.45 | +04:48:27 (25.0%) | 8:52 | 6.8 (75.6%) |
| 31 | WALCZYK Krzysztof | 1100 | 21 BSP | Senior II M - 30 | 10 | 01:22:10 | 04:58:47 | 07:19:28 | 09:43:58 | 12:15:40 | 16:20:21 | 19:15:32.75 | +04:50:20 (25.1%) | 8:53 | 6.8 (75.6%) |
| 32 | HEJKRLÍK Jiří | 1217 | BRUBECK.CZ | Senior II M - 30 | 11 | 01:16:09 | 05:10:10 | 07:34:29 | 09:53:12 | 12:34:06 | 16:40:27 | 19:20:59.25 | +04:55:46 (25.5%) | 8:55 | 6.7 (74.4%) |
| 33 | MAJCHRZAK Jacek | 2192 | KOŚCIAN TEAM ULTRA | Masters M - 40 | 18 | 01:17:31 | 05:02:42 | 07:23:36 | 09:34:39 | 12:21:06 | 16:35:35 | 19:22:35.70 | +04:57:23 (25.6%) | 8:56 | 6.7 (74.4%) |
| 34 | PIWKO Mateusz | 2009 | | Senior II M - 30 | 12 | 01:33:53 | 05:21:37 | 07:46:04 | 10:06:42 | 12:41:26 | 16:45:33 | 19:26:55.45 | +05:01:42 (25.9%) | 8:58 | 6.7 (74.4%) |
| 35 | DRAGANEK Ewelina | 2161 | | Masters K - 40 | 1 | 01:19:57 | 05:03:11 | 07:39:12 | 10:03:05 | 12:41:37 | 16:59:06 | 19:36:32.90 | +05:11:20 (26.5%) | 9:03 | 6.6 (73.3%) |
| 36 | KUPCZYK Jacek | 2081 | MOL RUNERS | Weteran I M - 50 | 3 | 01:32:38 | 05:35:05 | 08:05:43 | 10:27:55 | 12:56:18 | 17:06:02 | 19:37:51.65 | +05:12:39 (26.5%) | 9:03 | 6.6 (73.3%) |
| 37 | KLIMEK Mateusz | 2090 | | Masters M - 40 | 19 | 01:33:12 | 05:22:14 | 07:51:06 | 10:10:33 | 12:44:58 | 16:51:38 | 19:38:23.85 | +05:13:11 (26.6%) | 9:03 | 6.6 (73.3%) |
| 38 | PRAŻANOWSKI Sergiusz | 2024 | | Senior II M - 30 | 13 | 01:20:13 | 05:00:44 | 07:23:45 | 09:46:55 | 12:29:20 | 16:59:26 | 19:45:21.75 | +05:20:09 (27.0%) | 9:07 | 6.6 (73.3%) |
| 39 | PARZONKA Sylwester | 2050 | KS GEPARD KĘPNO | Weteran I M - 50 | 4 | 01:20:46 | 05:03:48 | 07:24:47 | 09:46:39 | 12:48:26 | 16:56:53 | 19:46:23.45 | +05:21:10 (27.1%) | 9:07 | 6.6 (73.3%) |
| 40 | KOZŁOWSKA Iwona | 2153 | LESZNO LIMITS RUNNERS | Weteran K - 50 | 1 | 01:23:39 | 05:19:12 | 07:47:34 | 10:07:15 | 12:38:30 | 17:02:21 | 19:49:49.40 | +05:24:36 (27.3%) | 9:09 | 6.6 (73.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|--------------------------------|------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 41 | TUMULEC Maciej | 1273 | J&J RUNNING TEAM | Senior II M - 30 | 14 | 01:10:27 | 04:33:11 | 06:51:21 | 09:10:04 | 11:43:30 | 16:31:48 | 19:53:12.80 | +05:28:00 (27.5%) | 9:10 | 6.5 (72.2%) |
| 42 | GACA Dominik | 2012 | | Masters M - 40 | 20 | 01:17:14 | 04:55:13 | 07:19:41 | 09:39:04 | 12:22:14 | 16:45:18 | 19:56:23.70 | +05:31:11 (27.7%) | 9:12 | 6.5 (72.2%) |
| 43 | MŁYŃNARSKI Mateusz | 2136 | TRITOGO | Senior II M - 30 | 15 | 01:21:47 | 04:52:31 | 07:21:39 | 09:41:05 | 12:15:23 | 16:41:46 | 19:58:20.80 | +05:33:08 (27.8%) | 9:13 | 6.5 (72.2%) |
| 44 | KOSCIELNIK Krzysztof | 1305 | SPLA TYCHY | Masters M - 40 | 21 | 01:16:20 | 04:43:02 | 06:59:43 | 09:19:56 | 11:52:58 | 16:32:39 | 20:02:14.50 | +05:37:01 (28.0%) | 9:14 | 6.5 (72.2%) |
| 45 | TRZCINKA Michał | 1121 | KS ULTRA TEAM | Masters M - 40 | 22 | 01:20:57 | 05:04:54 | 07:32:42 | 09:59:17 | 12:38:20 | 17:19:07 | 20:03:43.45 | +05:38:30 (28.1%) | 9:15 | 6.5 (72.2%) |
| 46 | TIETZ Przemysław | 1086 | | Masters M - 40 | 23 | 01:18:17 | 05:02:59 | 07:27:06 | 09:53:26 | 12:27:32 | 17:02:29 | 20:19:13.25 | +05:54:00 (29.0%) | 9:22 | 6.4 (71.1%) |
| 47 | CYLICH Paweł | 2079 | DJ NIUTON | Masters M - 40 | 24 | 01:32:29 | 06:39:20 | 08:53:12 | 11:05:55 | 13:51:18 | 17:59:58 | 20:23:04.90 | +05:57:52 (29.3%) | 9:24 | 6.4 (71.1%) |
| 48 | WAŃKOWICZ Adrian | 2112 | | Masters M - 40 | 25 | 01:21:31 | 05:16:41 | 07:54:56 | 10:29:58 | 12:56:40 | 17:23:51 | 20:26:50.00 | +06:01:37 (29.5%) | 9:26 | 6.4 (71.1%) |
| 49 | MIŚ Mateusz | 2030 | | Masters M - 40 | 26 | 01:25:59 | 05:27:19 | 08:03:25 | 10:38:09 | 13:05:55 | 17:24:02 | 20:26:59.70 | +06:01:47 (29.5%) | 9:26 | 6.4 (71.1%) |
| 50 | ŚWIĄTEK Anna | 2183 | ALPIN SPORT TEAM | Senior II K - 30 | 1 | 01:21:42 | 04:57:33 | 07:21:06 | 09:39:06 | 12:17:20 | 17:09:17 | 20:29:59.95 | +06:04:47 (29.7%) | 9:27 | 6.3 (70.0%) |
| 51 | MAGIERA Grzegorz | 2144 | KGHM ZG RUN HUTA MIEDZI GŁOGÓW | Masters M - 40 | 27 | 01:19:14 | 04:55:34 | 07:26:11 | 10:00:03 | 12:41:20 | 17:05:58 | 20:32:11.75 | +06:06:59 (29.8%) | 9:28 | 6.3 (70.0%) |
| 52 | POPKO Łukasz | 1304 | KOLKA TEAM LUBAŃ | Masters M - 40 | 28 | 01:22:00 | 05:05:31 | 07:33:44 | 09:59:03 | 12:44:27 | 17:24:29 | 20:34:14.15 | +06:09:01 (29.9%) | 9:29 | 6.3 (70.0%) |
| 53 | BIADASZ Andrzej Michał | 2123 | POLITECHNIKA POZNAŃSKA | Masters M - 40 | 29 | 01:17:16 | 04:34:53 | 06:51:45 | 09:10:07 | 11:52:40 | 17:19:39 | 20:35:13.25 | +06:10:00 (30.0%) | 9:30 | 6.3 (70.0%) |
| 54 | JĘCEK Maciej | 1046 | | Senior II M - 30 | 16 | 01:20:17 | 05:04:55 | 07:32:39 | 09:59:15 | 12:36:57 | 17:30:22 | 20:38:05.25 | +06:12:52 (30.1%) | 9:31 | 6.3 (70.0%) |
| 55 | ZBRZEŻNY Cezary | 1267 | KLUB BIEGACZA JURUND SZCZYTNO | Masters M - 40 | 30 | 01:32:25 | 05:21:57 | 07:37:53 | 10:03:52 | 12:48:15 | 17:32:26 | 20:40:11.75 | +06:14:59 (30.2%) | 9:32 | 6.3 (70.0%) |
| 56 | CIURASZKIEWICZ Andrzej | 1151 | | Masters M - 40 | 31 | 01:20:40 | 05:10:43 | 07:40:19 | 10:14:36 | 12:51:11 | | 20:46:33.65 | +06:21:21 (30.6%) | 9:35 | 6.3 (70.0%) |
| 57 | KUTRZYK Przemysław | 2001 | ULTRAENDO78 | Masters M - 40 | 32 | 01:18:02 | 05:00:38 | 07:26:13 | 09:53:54 | 12:47:25 | 17:21:07 | 20:47:59.20 | +06:22:46 (30.7%) | 9:35 | 6.3 (70.0%) |
| 58 | JANKOWIAK Przemysław | 2203 | | Weteran I M - 50 | 5 | 01:32:26 | 05:30:41 | 08:09:17 | 10:50:33 | 13:33:30 | 17:50:04 | 20:51:03.60 | +06:25:51 (30.8%) | 9:37 | 6.2 (68.9%) |
| 59 | SIKORSKI Marcin | 1211 | TT SZCZECIN | Masters M - 40 | 33 | 01:23:05 | 05:15:16 | 07:47:25 | 10:15:37 | 13:12:30 | 17:50:50 | 20:52:28.20 | +06:27:15 (30.9%) | 9:38 | 6.2 (68.9%) |
| 60 | SZPINDA Sebastian | 2027 | BIŁGORAJ ULTRA TRAIL | Masters M - 40 | 34 | 01:26:08 | | 07:49:35 | 10:27:45 | 13:19:18 | 17:57:29 | 20:54:49.05 | +06:29:36 (31.0%) | 9:39 | 6.2 (68.9%) |
| 61 | BIAŁAS Filip | 1142 | | Senior I M - 20 | 3 | 01:22:24 | 05:10:51 | 07:40:06 | 10:22:29 | 13:04:21 | 17:44:50 | 20:59:03.65 | +06:33:51 (31.3%) | 9:41 | 6.2 (68.9%) |
| 62 | WIĄCEK Łukasz | 1298 | IRS BOKS KRAKÓW | Masters M - 40 | 35 | 01:10:41 | 04:32:48 | 06:57:20 | 09:26:21 | 12:12:35 | 17:10:13 | 20:59:06.45 | +06:33:53 (31.3%) | 9:41 | 6.2 (68.9%) |
| 63 | KLARECKI Adrian | 1169 | WIRAN ASTMA TEAM | Masters M - 40 | 36 | 01:29:30 | 05:15:28 | 07:45:21 | 10:06:54 | 12:56:17 | 17:46:54 | 21:20:21.00 | +06:55:08 (32.4%) | 9:50 | 6.1 (67.8%) |
| 64 | WYLĘGA Dominik | 1241 | KS GEPARD KĘPNO | Masters M - 40 | 37 | 01:25:07 | | 07:57:50 | 10:31:01 | 13:12:49 | 18:07:32 | 21:24:49.25 | +06:59:36 (32.7%) | 9:52 | 6.1 (67.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------------|-------------|------------------------------------|------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 65 | PASENNIK Michał | 1281 | | Masters M - 40 | 38 | 01:26:29 | 05:27:09 | 08:03:54 | 10:34:54 | 13:27:00 | 18:06:38 | 21:26:54.20 | +07:01:41 (32.8%) | 9:53 | 6.1 (67.8%) |
| 66 | RAMOTOWSKI Marcin | 2217 | | Masters M - 40 | 39 | 01:22:32 | 05:15:48 | 07:54:41 | 10:48:49 | 13:33:39 | 18:07:24 | 21:27:25.20 | +07:02:12 (32.8%) | 9:54 | 6.1 (67.8%) |
| 67 | DAWIDZIAK Arkadiusz | 1223 | GARMIN WROCŁAW | Senior II M - 30 | 17 | 01:30:47 | 05:37:31 | 08:19:56 | 11:01:06 | 13:56:16 | 18:20:26 | 21:28:54.10 | +07:03:41 (32.9%) | 9:54 | 6.1 (67.8%) |
| 68 | PIOTROWSKI Michał | 1008 | #ŻEBERKATEAM | Masters M - 40 | 40 | 01:32:14 | 05:44:09 | 08:18:25 | 10:53:14 | 13:40:43 | 18:24:48 | 21:29:06.50 | +07:03:53 (32.9%) | 9:54 | 6.1 (67.8%) |
| 69 | WCISŁO Szymon | 2140 | | Masters M - 40 | 41 | 01:42:39 | 05:36:58 | 08:00:39 | 10:37:16 | 13:18:04 | 18:13:06 | 21:29:55.80 | +07:04:43 (32.9%) | 9:55 | 6 (66.7%) |
| 70 | SAMORAŃSKI Krzysztof | 1254 | ULTRA-SZCZĘŚCIE | Masters M - 40 | 42 | 01:27:44 | 05:18:40 | 07:44:05 | 10:19:09 | 13:13:19 | 18:04:38 | 21:30:40.95 | +07:05:28 (33.0%) | 9:55 | 6 (66.7%) |
| 71 | STRAMOWSKA-JARCZEWSKA Sandra | 2172 | SPARTA ULTRA TEAM | Senior II K - 30 | 2 | 01:25:08 | 05:29:17 | 08:00:01 | 10:39:06 | 13:16:56 | 18:10:49 | 21:34:01.85 | +07:08:49 (33.1%) | 9:57 | 6 (66.7%) |
| 72 | SŁOCIAK Rafał | 2026 | PRZEDWOJEWSKI TEAM | Senior II M - 30 | 18 | 01:39:06 | 05:32:23 | 07:54:46 | 10:22:14 | 13:20:55 | 17:58:22 | 21:34:30.55 | +07:09:17 (33.2%) | 9:57 | 6 (66.7%) |
| 73 | PIOTROWSKI Mateusz | 2019 | SZOPA NA NARZĘDZIA | Senior II M - 30 | 19 | 01:39:11 | 05:32:25 | 07:54:47 | 10:22:12 | 13:20:43 | 17:57:10 | 21:34:32.85 | +07:09:20 (33.2%) | 9:57 | 6 (66.7%) |
| 74 | JARMUŻEK Paweł | 2210 | | Masters M - 40 | 43 | 01:14:05 | 04:56:09 | 07:17:42 | 09:39:16 | 13:03:00 | 18:10:01 | 21:35:13.35 | +07:10:00 (33.2%) | 9:57 | 6 (66.7%) |
| 75 | NOGA Krystian | 1283 | DKS - DWUOSOBOWY KLUB SPORTOWY | Masters M - 40 | 44 | 01:31:50 | 05:45:18 | 08:15:17 | 10:52:56 | 13:50:49 | 18:29:07 | 21:38:07.35 | +07:12:54 (33.3%) | 9:59 | 6 (66.7%) |
| 76 | BIAŁCZYK Jarosław | 1386 | KB SZAMOTUŁY | Masters M - 40 | 45 | 01:24:11 | 05:38:51 | 08:10:58 | 10:54:16 | 13:28:48 | 18:35:05 | 21:38:38.75 | +07:13:26 (33.4%) | 9:59 | 6 (66.7%) |
| 77 | PIETRZAK Sławomir | 2096 | | Masters M - 40 | 46 | 01:28:50 | 05:25:08 | 08:05:25 | 10:52:28 | 13:39:05 | 18:19:41 | 21:39:56.55 | +07:14:43 (33.4%) | 9:59 | 6 (66.7%) |
| 78 | MILEWSKI Maciek | 1372 | LA SPORTIVA POLSKA TEAM | Masters M - 40 | 47 | 01:27:16 | 05:32:19 | 08:03:24 | 10:36:26 | 13:57:32 | 18:35:10 | 21:40:50.90 | +07:15:38 (33.5%) | 10:00 | 6 (66.7%) |
| 79 | STALA-KONDRAKIEWICZ Katarzyna | 2108 | KB HARCOWNIK JELCZ-LASKOWICE | Masters K - 40 | 2 | 01:28:21 | 05:38:51 | 08:27:31 | 11:05:13 | 13:44:30 | 18:25:25 | 21:40:59.65 | +07:15:47 (33.5%) | 10:00 | 6 (66.7%) |
| 80 | ANTKOWIAK Michał | 1113 | W POGONI ZA MARZENIAMI M&M | Senior II M - 30 | 20 | 01:28:15 | 05:38:28 | 08:20:25 | 11:03:25 | 13:40:03 | 18:33:46 | 21:41:10.70 | +07:15:58 (33.5%) | 10:00 | 6 (66.7%) |
| 81 | ANTKOWIAK Monika | 1112 | W POGONI ZA MARZENIAMI M&M | Senior II K - 30 | 3 | 01:28:15 | 05:38:28 | 08:20:24 | 11:03:25 | | 18:33:47 | 21:41:11.15 | +07:15:58 (33.5%) | 10:00 | 6 (66.7%) |
| 82 | LADENBERGER Krystian | 1021 | HÜGLI FOOD POLSKA | Masters M - 40 | 48 | 01:21:41 | 05:17:14 | 07:44:04 | 10:23:11 | 13:33:38 | 18:23:42 | 21:41:33.55 | +07:16:20 (33.5%) | 10:00 | 6 (66.7%) |
| 83 | ZIEBARTH Przemysław | 2150 | | Masters M - 40 | 49 | 01:27:31 | 05:03:51 | 07:23:58 | 09:42:37 | 12:45:40 | 17:36:22 | 21:43:57.95 | +07:18:45 (33.6%) | 10:01 | 6 (66.7%) |
| 84 | WARWAS Radosław | 2197 | | Masters M - 40 | 50 | 01:22:09 | 05:00:49 | 07:21:31 | 09:46:57 | 12:22:34 | 17:35:07 | 21:44:41.85 | +07:19:29 (33.7%) | 10:02 | 6 (66.7%) |
| 85 | BŁACHOWIAK Mariusz | 1179 | AMBIT RACING TEAM / MARATON LESZNO | Weteran I M - 50 | 6 | 01:29:34 | 05:32:19 | 08:08:29 | 10:43:53 | 13:40:52 | 18:22:56 | 21:59:34.80 | +07:34:22 (34.4%) | 10:09 | 5.9 (65.6%) |
| 86 | STĘPIEŃ Wojciech | 1010 | COMPÑEROS ASFALT TEAM | Masters M - 40 | 51 | 01:23:43 | 05:31:08 | 08:11:11 | 10:48:20 | 13:42:12 | 18:44:49 | 22:02:56.95 | +07:37:44 (34.6%) | 10:10 | 5.9 (65.6%) |
| 87 | KACZÓWKA Monika | 1018 | COMPÑEROS ASFALT TEAM | Masters K - 40 | 3 | 01:23:42 | 05:31:08 | 08:11:14 | 10:48:21 | 13:42:11 | 18:55:03 | 22:02:57.10 | +07:37:44 (34.6%) | 10:10 | 5.9 (65.6%) |
| 88 | PTASIŃSKI Tomasz | 1285 | CZAJKERSI OSAK TRANSPORT | Masters M - 40 | 52 | 01:17:05 | 05:25:49 | 08:00:38 | 10:39:35 | 13:22:59 | 19:04:36 | 22:08:31.75 | +07:43:19 (34.9%) | 10:13 | 5.9 (65.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | | | | | | | Czas netto | | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|-------------------------------------|----------------------|------|------------|------------|------------|------------|------------|-------------|--------------------|----------------------|--------------|----------------|
| | | | | | | A1 10km | A2 32km | A3 47km | A4 64km | A5 81km | A7 112km | 130km | Różn | | |
| 89 | GRZECH Grzegorz | 2200 | | Weteran I M - 50 | 7 | 01:39:37 | 06:06:16 | 09:02:10 | 11:31:31 | 14:07:42 | 18:57:57 | 22:12:56.05 | +07:47:43 (35.1%) | 10:15 | 5.9 (65.6%) |
| 90 | KOWALSKI Maciej | 1315 | LOTOS RUNNING TEAM | Weteran I M - 50 | 8 | 01:29:50 | 05:27:10 | 08:02:50 | 10:36:39 | 13:31:10 | 18:24:45 | 22:13:18.10 | +07:48:05 (35.1%) | 10:15 | 5.9 (65.6%) |
| 91 | BILEK Paweł | 2185 | | Weteran II M - 60 | 1 | 01:14:31 | 05:07:48 | 07:34:59 | 10:08:15 | 13:31:33 | 18:28:05 | 22:13:49.20 | +07:48:36 (35.1%) | 10:15 | 5.8 (64.4%) |
| 92 | SZUBERT Ariel | 1351 | SIEPOMAGA.PL/FELIKS-KUBIAK | Senior II M - 30 | 21 | 01:20:32 | 05:09:38 | 07:29:10 | 10:04:06 | 13:36:20 | 18:29:24 | 22:15:22.30 | +07:50:09 (35.2%) | 10:16 | 5.8 (64.4%) |
| 93 | OSTROWSKI Łukasz | 1066 | STRZEGOMSKA DWUNASTKA | Masters M - 40 | 53 | 01:40:51 | 05:48:03 | 08:17:27 | 10:54:28 | 13:43:43 | 18:49:58 | 22:15:35.85 | +07:50:23 (35.2%) | 10:16 | 5.8 (64.4%) |
| 94 | ZACHARYASZ Miłosz | 2120 | #KOCHAMMONICZKE | Senior II M - 30 | 22 | 01:39:52 | 05:58:11 | 08:39:24 | 11:07:59 | 14:12:58 | 19:00:41 | 22:17:15.75 | +07:52:03 (35.3%) | 10:17 | 5.8 (64.4%) |
| 95 | WALCZUK Łukasz | 1291 | | Senior I M - 20 | 4 | 01:24:49 | 05:27:27 | 08:00:23 | 10:53:27 | 13:38:51 | 19:01:50 | 22:24:24.25 | +07:59:11 (35.6%) | 10:20 | 5.8 (64.4%) |
| 96 | STANOWSKI Grzegorz | 2167 | FOREVER YOUNG | Weteran I M - 50 | 9 | 01:19:20 | 05:10:44 | 07:54:41 | 10:32:18 | 13:19:37 | 18:33:42 | 22:24:37.85 | +07:59:25 (35.7%) | 10:20 | 5.8 (64.4%) |
| 97 | BUJALSKI Szymon | 1381 | | Masters M - 40 | 54 | 01:38:20 | 05:53:10 | 08:34:04 | 11:14:15 | 13:57:50 | 18:51:12 | 22:24:38.40 | +07:59:25 (35.7%) | 10:20 | 5.8 (64.4%) |
| 98 | KUDELSKI Ireneusz | 1083 | 43 WOJSKOWY ODDZIAŁ GOSPODARCZY | Weteran I M - 50 | 10 | 01:30:37 | 05:55:45 | 08:32:21 | 11:12:32 | 14:22:02 | 19:02:58 | 22:26:34.10 | +08:01:21 (35.7%) | 10:21 | 5.8 (64.4%) |
| 99 | WOJNAROWSKI Damian | 2073 | KS LENIWIEC | Senior I M - 20 | 5 | 01:32:36 | 05:42:15 | 08:21:48 | 11:19:33 | 14:03:28 | 19:21:31 | 22:28:41.75 | +08:03:29 (35.8%) | 10:22 | 5.8 (64.4%) |
| 100 | CZERNIACHOWSKI Artur | 2043 | ULTRA TEAM ZIELONA GÓRA | Masters M - 40 | 55 | 01:30:41 | 05:47:42 | 08:28:50 | 11:15:51 | 14:13:06 | 19:02:45 | 22:30:26.15 | +08:05:13 (35.9%) | 10:23 | 5.8 (64.4%) |
| 101 | KINOWSKA Katarzyna | 2078 | GRUPA BIEGOWA 65 | Masters K - 40 | 4 | 01:28:51 | 05:37:17 | 08:18:57 | 10:55:26 | 13:55:56 | 19:13:31 | 22:33:01.35 | +08:07:48 (36.1%) | 10:24 | 5.8 (64.4%) |
| 102 | SURDEL Dawid | 2132 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | Senior II M - 30 | 23 | 01:30:12 | 05:48:50 | 08:40:18 | 11:35:52 | 14:46:58 | 19:37:54 | 22:35:28.95 | +08:10:16 (36.2%) | 10:25 | 5.8 (64.4%) |
| 103 | KACZOR Łukasz | 1333 | WILD BUCHAYS | Masters M - 40 | 56 | 01:37:50 | 06:06:35 | 08:45:57 | 11:28:38 | 14:19:42 | 19:24:59 | 22:44:07.85 | +08:18:55 (36.6%) | 10:29 | 5.7 (63.3%) |
| 104 | KÓZKA Przem | 1175 | NBR/ WARJOTY Z DZIEWICZEJ GÓRY | Weteran I M - 50 | 11 | 01:35:14 | 05:53:36 | 08:34:48 | 11:13:17 | 13:57:35 | 19:30:45 | 22:44:27.10 | +08:19:14 (36.6%) | 10:29 | 5.7 (63.3%) |
| 105 | MANCZENKO Eugeniusz | 2135 | MARKOWI BIEGACZE | Masters M - 40 | 57 | 01:31:24 | 05:55:15 | 08:42:08 | 11:32:41 | 14:44:22 | 19:47:42 | 22:45:24.00 | +08:20:11 (36.6%) | 10:30 | 5.7 (63.3%) |
| 106 | LEWANDOWSKI Robert | 1248 | | Weteran I M - 50 | 12 | 01:30:29 | 05:52:55 | 08:33:06 | 11:15:21 | 14:10:00 | 19:15:28 | 22:45:31.75 | +08:20:19 (36.6%) | 10:30 | 5.7 (63.3%) |
| 107 | WALASZCZYK Radosław | 1170 | OIRP OPOLE/2PLUS2/CZEWKA ULTRA SQAD | Masters M - 40 | 58 | 01:22:25 | 05:10:50 | 07:39:35 | 10:00:57 | 12:55:36 | 17:58:32 | 22:45:47.50 | +08:20:34 (36.7%) | 10:30 | 5.7 (63.3%) |
| 108 | KASZKOWIAK Bogumił | 2207 | WRONKI | Masters M - 40 | 59 | 01:31:44 | 05:53:43 | 08:39:09 | 11:16:34 | 14:06:38 | 19:02:56 | 22:48:22.25 | +08:23:09 (36.8%) | 10:31 | 5.7 (63.3%) |
| 109 | SOBOCIŃSKI Karol | 2152 | #ZALINIAMETY | Senior II M - 30 | 24 | 01:27:51 | 05:49:16 | 08:58:04 | 11:38:55 | 14:44:25 | 19:29:52 | 22:48:26.15 | +08:23:13 (36.8%) | 10:31 | 5.7 (63.3%) |
| 110 | KĘDZIELEWSKI Łukasz | 2065 | WIECZORNE BIEGANIE W SZCZECINIE | Masters M - 40 | 60 | 01:26:49 | 05:25:01 | 08:05:11 | 10:52:16 | 14:04:31 | 19:24:22 | 22:49:03.80 | +08:23:51 (36.8%) | 10:31 | 5.7 (63.3%) |
| 111 | PIASECKA Monika | 2180 | | Masters K - 40 | 5 | 01:32:27 | 06:04:02 | 08:59:09 | 11:44:30 | 14:28:50 | 19:33:00 | 22:50:12.00 | +08:24:59 (36.9%) | 10:32 | 5.7 (63.3%) |
| 112 | PACHLA Jacek | 1231 | KB SZAMOTUŁY | Weteran I M - 50 | 13 | 01:31:18 | 05:38:50 | 08:04:43 | 10:31:49 | 13:48:32 | 18:44:04 | 22:50:34.40 | +08:25:21 (36.9%) | 10:32 | 5.7 (63.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|-------------------------------|-------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 113 | BŁĘDOWSKI Mariusz | 1145 | COYOTE TEAM | Masters M - 40 | 61 | 01:34:19 | 06:01:32 | 08:49:38 | 11:36:43 | 14:27:05 | 19:17:14 | 22:51:22.70 | +08:26:10 (36.9%) | 10:32 | 5.7 (63.3%) |
| 114 | RADZIWOŃ Krzysztof | 2071 | GRUPA NIENACHALNIE HEROICZNA | Masters M - 40 | 62 | 01:32:51 | 05:51:11 | 08:41:19 | 11:37:17 | 14:46:08 | 19:50:26 | 22:57:56.10 | +08:32:43 (37.2%) | 10:35 | 5.7 (63.3%) |
| 115 | DEIGSLER Przemysław | 1102 | BANICI ULTRA | Masters M - 40 | 63 | 01:30:30 | 05:48:52 | 08:34:18 | 11:23:21 | 14:19:06 | 19:33:55 | 22:58:14.05 | +08:33:01 (37.2%) | 10:36 | 5.7 (63.3%) |
| 116 | BIERNACIK Piotr | 1278 | | Masters M - 40 | 64 | 01:33:24 | 06:04:32 | 08:49:24 | 11:42:33 | 14:43:40 | 19:54:53 | 23:00:51.05 | +08:35:38 (37.3%) | 10:37 | 5.6 (62.2%) |
| 117 | KUMIDAJ Jacek | 2020 | KS ULTRA TEAM ŁÓDŹ | Weteran II M - 60 | 2 | 01:41:00 | 06:06:25 | 08:58:00 | 11:33:52 | 14:21:22 | 19:31:46 | 23:04:38.65 | +08:39:26 (37.5%) | 10:39 | 5.6 (62.2%) |
| 118 | KINCEL Krzysztof | 1288 | | Weteran I M - 50 | 14 | 01:32:15 | 05:43:09 | 08:25:56 | 11:15:29 | 14:13:56 | 19:30:20 | 23:05:19.15 | +08:40:06 (37.5%) | 10:39 | 5.6 (62.2%) |
| 119 | KILIAN Mariusz | 2119 | | Weteran I M - 50 | 15 | 01:37:59 | 06:05:42 | 08:57:31 | 11:39:14 | 14:31:30 | 19:29:05 | 23:06:20.35 | +08:41:07 (37.6%) | 10:39 | 5.6 (62.2%) |
| 120 | JARASZEK Sanjaya | 1378 | JASNA STRONA MOCY | Weteran II M - 60 | 3 | 01:42:22 | 06:39:07 | 09:43:47 | 12:11:53 | 14:51:33 | 20:10:32 | 23:08:22.30 | +08:43:09 (37.7%) | 10:40 | 5.6 (62.2%) |
| 121 | MARKOWSKI Marek | 1388 | KS LENIWIEC | Masters M - 40 | 65 | 01:28:48 | 05:35:13 | 08:13:55 | 10:55:08 | 14:03:33 | 19:48:33 | 23:10:12.95 | +08:45:00 (37.8%) | 10:41 | 5.6 (62.2%) |
| 122 | LITWIN Michał | 2189 | LITEWIN | Masters M - 40 | 66 | 01:15:23 | 04:54:17 | 07:18:51 | 09:43:11 | 12:53:24 | 18:24:17 | 23:12:29.25 | +08:47:16 (37.9%) | 10:42 | 5.6 (62.2%) |
| 123 | ŁUKACKI Daniel | 2160 | | Masters M - 40 | 67 | 01:15:45 | 04:54:17 | 07:18:50 | 09:43:12 | 12:53:25 | 18:24:22 | 23:12:29.65 | +08:47:17 (37.9%) | 10:42 | 5.6 (62.2%) |
| 124 | KWIATKOWSKA Anna | 2162 | BIEGAJĄCY TCZEW | Masters K - 40 | 6 | 01:29:04 | 05:48:01 | 08:32:44 | 11:12:16 | 14:14:35 | 19:27:48 | 23:12:43.00 | +08:47:30 (37.9%) | 10:42 | 5.6 (62.2%) |
| 125 | WOJTAL Marcin | 2058 | #BIEGAJLESZNO | Masters M - 40 | 68 | 01:30:06 | 05:45:27 | 08:20:54 | 11:21:10 | 14:28:58 | 19:51:30 | 23:16:14.10 | +08:51:01 (38.0%) | 10:44 | 5.6 (62.2%) |
| 126 | BURA Krystian | 2028 | #BIEGAJLESZNO | Senior II M - 30 | 25 | 01:31:50 | 05:45:45 | 08:21:56 | 11:21:10 | 14:28:59 | 19:51:32 | 23:16:14.50 | +08:51:01 (38.0%) | 10:44 | 5.6 (62.2%) |
| 127 | GARSTKA Zbigniew | 2105 | ULTRA WRONKI | Masters M - 40 | 69 | 01:29:08 | 05:58:18 | 08:39:04 | 11:16:07 | 14:13:47 | 19:34:30 | 23:16:28.80 | +08:51:16 (38.0%) | 10:44 | 5.6 (62.2%) |
| 128 | SKRZYPCZAK Łukasz | 2046 | WATAHA - ŁĄCZY NAS BIEGANIE | Masters M - 40 | 70 | 01:39:00 | 06:09:51 | 08:55:33 | 11:33:18 | 14:27:32 | 19:33:18 | 23:18:43.40 | +08:53:30 (38.1%) | 10:45 | 5.6 (62.2%) |
| 129 | KASPERSKI Tomasz | 2031 | | Masters M - 40 | 71 | 01:38:03 | 06:09:50 | 08:55:31 | 11:33:19 | 14:27:37 | 19:33:23 | 23:18:43.85 | +08:53:31 (38.1%) | 10:45 | 5.6 (62.2%) |
| 130 | GORYNIA Hubert | 2015 | | Senior II M - 30 | 26 | 01:38:04 | 06:09:51 | 08:55:36 | 11:33:19 | 14:27:32 | 19:33:21 | 23:18:44.50 | +08:53:31 (38.1%) | 10:45 | 5.6 (62.2%) |
| 131 | WODZIŃSKA Danuta | 2083 | BIEG OPOLSKI/TRAIL IS OUR WAY | Masters K - 40 | 7 | 01:21:05 | 05:21:58 | 08:03:41 | 11:11:25 | 14:00:04 | 19:34:31 | 23:19:29.55 | +08:54:16 (38.2%) | 10:45 | 5.6 (62.2%) |
| 132 | JAKRZEWSKI Mikołaj | 2176 | | Senior II M - 30 | 27 | 01:34:15 | 05:51:16 | 08:41:04 | 11:28:48 | 14:34:29 | 19:53:44 | 23:23:20.90 | +08:58:08 (38.3%) | 10:47 | 5.6 (62.2%) |
| 133 | PTASZYŃSKA Wioletta | 1073 | ULTRA WAY TEAM | Senior II K - 30 | 4 | 01:22:01 | 05:03:53 | 07:24:22 | 09:51:08 | 12:44:15 | 17:39:26 | 23:24:07.10 | +08:58:54 (38.4%) | 10:48 | 5.6 (62.2%) |
| 134 | ŻARNIEWSKI Wojciech | 2154 | GÓRAL Z MAZUR RUNNING TEAM | Masters M - 40 | 72 | 01:33:02 | 05:24:16 | 07:52:14 | 10:21:47 | 13:14:13 | 18:56:31 | 23:25:42.70 | +09:00:30 (38.5%) | 10:48 | 5.5 (61.1%) |
| 135 | KĄDUŁA Grzegorz | 1080 | | Masters M - 40 | 73 | 01:36:11 | 05:56:55 | 08:27:10 | 11:01:30 | 14:06:03 | 19:58:19 | 23:26:56.85 | +09:01:44 (38.5%) | 10:49 | 5.5 (61.1%) |
| 136 | IVANEYCHIK Sergey | 2109 | RUN4FUN.BY | Masters M - 40 | 74 | 01:31:55 | 05:50:32 | 08:11:49 | 10:53:45 | 14:02:13 | 19:33:09 | 23:27:00.35 | +09:01:47 (38.5%) | 10:49 | 5.5 (61.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------------|------------------------------|-------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 137 | WOŹNIAK Łukasz | 1252 | PORANNY PATROL | Masters M - 40 | 75 | 01:26:17 | 05:44:19 | 08:30:00 | 11:13:58 | 14:14:09 | 19:37:33 | 23:30:17.35 | +09:05:04 (38.7%) | 10:50 | 5.5 (61.1%) |
| 138 | SEGIN Marcin | 1128 | SPRINT ZALEWO | Masters M - 40 | 76 | 01:41:03 | 06:17:19 | 09:11:16 | 12:00:52 | 14:55:12 | 20:05:24 | 23:32:38.90 | +09:07:26 (38.8%) | 10:51 | 5.5 (61.1%) |
| 139 | DEC Mirosław | 2178 | TRUCHT TEAM OPOLE | Masters M - 40 | 77 | 01:41:08 | 06:08:07 | 08:51:18 | 11:38:50 | 14:48:37 | 20:03:21 | 23:32:43.40 | +09:07:30 (38.8%) | 10:52 | 5.5 (61.1%) |
| 140 | KALKOWSKI Roman | 2145 | | Senior II M - 30 | 28 | 01:32:37 | 05:49:58 | 08:17:03 | 11:07:05 | 14:12:34 | 19:31:48 | 23:34:49.55 | +09:09:36 (38.8%) | 10:52 | 5.5 (61.1%) |
| 141 | DADAŚ Janusz | 1082 | | Weteran I M - 50 | 16 | 01:22:17 | 05:48:04 | 08:25:39 | 11:12:36 | 14:21:37 | 19:39:44 | 23:35:01.10 | +09:09:48 (38.9%) | 10:53 | 5.5 (61.1%) |
| 142 | TALAR Marek | 1261 | KĘSY TEAM | Senior II M - 30 | 29 | 01:46:18 | 06:18:36 | 09:03:18 | 11:42:56 | 14:44:21 | 20:19:40 | 23:35:09.30 | +09:09:56 (38.9%) | 10:53 | 5.5 (61.1%) |
| 143 | WITEK Eryk | 2076 | QCE SPARTY | Masters M - 40 | 78 | 01:22:05 | 05:39:06 | 08:12:50 | 10:56:39 | 14:18:22 | 20:07:29 | 23:36:32.10 | +09:11:19 (38.9%) | 10:53 | 5.5 (61.1%) |
| 144 | RADOMSKI Grzegorz | 2051 | MOKRE RUN | Masters M - 40 | 79 | 01:24:09 | 05:27:51 | 08:05:49 | 10:50:39 | 13:55:24 | 19:33:59 | 23:36:58.25 | +09:11:45 (38.9%) | 10:53 | 5.5 (61.1%) |
| 145 | KOŁODZIEJ Paweł | 2061 | | Masters M - 40 | 80 | 01:38:48 | 06:56:59 | 09:43:23 | 12:26:52 | 15:00:04 | 19:55:24 | 23:39:14.40 | +09:14:01 (39.0%) | 10:55 | 5.5 (61.1%) |
| 146 | GIBAS Michał | 1044 | | Senior II M - 30 | 30 | 01:38:51 | 06:10:45 | 08:49:36 | 11:26:11 | 14:13:07 | 19:16:20 | 23:44:20.90 | +09:19:08 (39.3%) | 10:57 | 5.5 (61.1%) |
| 147 | PECHRA Mateusz | 2158 | ULTRATURY | Senior II M - 30 | 31 | 01:29:10 | 05:44:38 | 08:18:52 | 11:03:49 | 14:04:36 | 19:39:54 | 23:44:25.70 | +09:19:13 (39.3%) | 10:57 | 5.5 (61.1%) |
| 148 | RYBARCZYK Kamil | 1392 | MARUROWE DZIKI | Senior II M - 30 | 32 | 01:39:57 | 06:01:31 | 08:39:28 | 11:23:54 | 14:17:42 | 19:52:32 | 23:45:34.95 | +09:20:22 (39.3%) | 10:57 | 5.5 (61.1%) |
| 149 | OCHOTA Rafał | 2080 | BOGDAN & BOGDAN RUNNING TEAM | Masters M - 40 | 81 | 01:40:52 | 06:11:43 | 09:06:32 | 12:00:42 | 14:54:18 | 20:22:29 | 23:46:24.15 | +09:21:11 (39.3%) | 10:58 | 5.5 (61.1%) |
| 150 | KRAKOWIAK Łukasz | 2084 | BOGDAN & BOGDAN RUNING TEAM | Masters M - 40 | 82 | 01:40:51 | 06:11:42 | 09:06:34 | 12:00:42 | 14:54:22 | 20:22:29 | 23:46:26.75 | +09:21:14 (39.3%) | 10:58 | 5.5 (61.1%) |
| 151 | VERSTER Rigardt | 2091 | | Senior II M - 30 | 33 | 01:33:40 | 06:01:41 | 08:48:54 | 11:40:08 | 15:00:20 | 20:20:55 | 23:46:45.30 | +09:21:32 (39.4%) | 10:58 | 5.5 (61.1%) |
| 152 | CHACIŃSKI Mikołaj | 1320 | PROAUTOMATION | Masters M - 40 | 83 | 01:37:56 | 05:54:53 | 08:49:08 | 11:37:25 | 14:34:20 | 20:00:24 | 23:47:59.80 | +09:22:47 (39.4%) | 10:59 | 5.5 (61.1%) |
| 153 | FUS Maciej | 1203 | | Senior II M - 30 | 34 | 01:42:12 | 06:10:02 | 08:55:22 | 11:43:49 | 14:33:52 | 19:56:05 | 23:48:16.75 | +09:23:04 (39.4%) | 10:59 | 5.5 (61.1%) |
| 154 | PAŁKA Tomasz | 1313 | LUZYX | Masters M - 40 | 84 | 01:41:45 | 06:10:03 | 08:55:23 | 11:43:47 | 14:33:52 | 19:56:08 | 23:48:17.00 | +09:23:04 (39.4%) | 10:59 | 5.5 (61.1%) |
| 155 | GRABOWICZ Mirosław | 1160 | SOKÓLSKA GRUPA BIEGOWA | Weteran II M - 60 | 4 | 01:29:33 | 05:29:17 | 08:10:17 | 10:49:02 | 14:01:28 | 19:31:42 | 23:49:01.65 | +09:23:49 (39.5%) | 10:59 | 5.5 (61.1%) |
| 156 | DRYMEL Piotr | 2130 | DESTYLATOR | Masters M - 40 | 85 | 01:43:43 | 06:12:58 | 09:03:50 | 11:54:14 | 14:53:49 | 20:27:04 | 23:50:06.80 | +09:24:54 (39.5%) | 11:00 | 5.5 (61.1%) |
| 157 | KUREK Dawid | 2139 | | Senior II M - 30 | 35 | 01:40:06 | 06:04:09 | 08:45:15 | 11:29:05 | 14:46:14 | 20:12:02 | 23:52:37.00 | +09:27:24 (39.6%) | 11:01 | 5.4 (60.0%) |
| 158 | PATROŃSKI Adam | 2110 | ŻARŁOKI | Senior I M - 20 | 6 | 01:29:43 | 05:30:57 | 08:22:30 | 11:05:48 | 14:06:02 | 19:46:36 | 23:53:08.90 | +09:27:56 (39.6%) | 11:01 | 5.4 (60.0%) |
| 159 | PUŹNIAK Tomasz | 2092 | | Masters M - 40 | 86 | 01:21:29 | 05:31:50 | 08:09:40 | 10:54:56 | 13:29:14 | 18:51:20 | 23:53:34.35 | +09:28:21 (39.6%) | 11:01 | 5.4 (60.0%) |
| 160 | URBAŃSKI Dariusz | 1193 | | Weteran I M - 50 | 17 | 01:28:01 | 05:54:26 | 08:45:34 | 11:40:25 | 14:45:15 | 20:00:09 | 23:56:06.90 | +09:30:54 (39.8%) | 11:02 | 5.4 (60.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---|-------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 161 | OSSOWSKI Arkadiusz | 1194 | | Weteran I M - 50 | 18 | 01:26:13 | 05:54:24 | 08:45:37 | 11:39:49 | 14:45:12 | 20:00:12 | 23:56:07.10 | +09:30:54 (39.8%) | 11:02 | 5.4 (60.0%) |
| 162 | RYBACKI Dariusz | 2063 | | Masters M - 40 | 87 | 01:35:24 | 06:12:29 | 09:25:52 | 12:27:41 | 15:40:26 | 20:49:09 | 23:59:13.05 | +09:34:00 (39.9%) | 11:04 | 5.4 (60.0%) |
| 163 | BALWIERCZAK Piotr | 1045 | RMT TEAM | Senior II M - 30 | 36 | 01:32:16 | 05:33:09 | 08:01:01 | 11:15:26 | 15:15:35 | 20:21:03 | 23:59:54.55 | +09:34:41 (39.9%) | 11:04 | 5.4 (60.0%) |
| 164 | CHRAPKIEWICZ Kamil | 1270 | | Senior I M - 20 | 7 | 01:44:36 | 06:10:41 | 08:52:51 | 11:48:10 | 14:55:14 | 20:16:13 | 24:01:08.55 | +09:35:55 (40.0%) | 11:05 | 5.4 (60.0%) |
| 165 | DUDEK Remigiusz | 1361 | LEKKOATLETYCZNY KLUB SPORTOWY W ZIĘBICACH | Masters M - 40 | 88 | 01:43:09 | 06:21:07 | 09:23:45 | 12:08:13 | 15:22:26 | 20:46:10 | 24:03:00.50 | +09:37:47 (40.0%) | 11:06 | 5.4 (60.0%) |
| 166 | KRUK Jacek | 2022 | TOTALNIE BIEGNIĘCI | Masters M - 40 | 89 | 01:31:22 | 05:51:09 | 08:44:20 | 11:40:28 | 14:50:28 | 20:23:12 | 24:03:27.45 | +09:38:14 (40.1%) | 11:06 | 5.4 (60.0%) |
| 167 | CHORZĘPA Jakub | 2213 | | Masters M - 40 | 90 | 01:33:25 | 06:04:33 | 08:49:23 | 11:42:34 | 14:44:42 | 20:37:11 | 24:04:07.35 | +09:38:54 (40.1%) | 11:06 | 5.4 (60.0%) |
| 168 | PISARSKI Sebastian | 1390 | | Masters M - 40 | 91 | 01:48:55 | 06:33:09 | 09:31:54 | 12:14:18 | 15:03:32 | 20:34:36 | 24:05:09.50 | +09:39:56 (40.1%) | 11:06 | 5.4 (60.0%) |
| 169 | KLONOWSKI Sławomir | 1036 | | Masters M - 40 | 92 | 01:39:41 | 06:03:52 | 08:51:24 | 11:50:36 | 14:41:04 | 20:35:33 | 24:07:18.10 | +09:42:05 (40.2%) | 11:07 | 5.4 (60.0%) |
| 170 | SZABLICKI Aleksy | 1363 | WKB META LUBLINIEC | Weteran II M - 60 | 5 | 01:44:00 | 06:17:25 | 09:24:52 | 12:13:16 | 14:59:46 | 20:22:15 | 24:07:21.80 | +09:42:09 (40.2%) | 11:08 | 5.4 (60.0%) |
| 171 | HOJCYK Karol | 2018 | EXPLORADOR & WOLNE ŚLIMAKI | Masters M - 40 | 93 | 01:34:05 | 06:08:56 | 09:07:41 | 11:57:44 | 14:52:05 | 20:13:19 | 24:09:22.20 | +09:44:09 (40.3%) | 11:08 | 5.4 (60.0%) |
| 172 | MATUSEWICZ Ireneusz | 1259 | | Masters M - 40 | 94 | 01:39:52 | 06:10:05 | 09:05:40 | 11:50:45 | 14:46:36 | 20:19:40 | 24:09:24.90 | +09:44:12 (40.3%) | 11:08 | 5.4 (60.0%) |
| 173 | KASZTELANIC Rafał | 1171 | | Weteran I M - 50 | 19 | 01:42:18 | 06:19:08 | 09:13:39 | 12:08:30 | 15:03:10 | 20:30:23 | 24:13:25.25 | +09:48:12 (40.5%) | 11:10 | 5.4 (60.0%) |
| 174 | KUŚMIDER Michał | 2023 | TAŃCZĄCE MUCHOMORKI | Masters M - 40 | 95 | 01:27:23 | 05:40:25 | 08:32:38 | 11:40:46 | 15:09:23 | 20:33:17 | 24:14:42.40 | +09:49:29 (40.5%) | 11:11 | 5.4 (60.0%) |
| 175 | LUTOMSKA Dorota | 2002 | OFIX.PL BIKE TEAM | Masters K - 40 | 8 | 01:28:12 | 05:50:11 | 08:58:58 | 11:39:49 | 14:18:31 | 20:02:47 | 24:17:26.90 | +09:52:14 (40.6%) | 11:12 | 5.4 (60.0%) |
| 176 | MUCHA Michał | 2209 | NOCNY POYEB TEAM | Masters M - 40 | 96 | 01:20:05 | 05:04:51 | 07:34:51 | 10:15:31 | 13:41:02 | 19:51:19 | 24:18:43.80 | +09:53:31 (40.7%) | 11:13 | 5.3 (58.9%) |
| 177 | NOWAK Krystian | 1249 | NKB CHYŻY NOWY TOMYŚL | Senior II M - 30 | 37 | 01:40:55 | 06:22:52 | 09:16:11 | 12:08:51 | 15:23:29 | 20:36:13 | 24:19:09.60 | +09:53:57 (40.7%) | 11:13 | 5.3 (58.9%) |
| 178 | BEDNARSKA Kaśka | 2066 | SPELEOKLUB ŚWIĘTOKRZYSKI | Masters K - 40 | 9 | 01:36:08 | 05:57:33 | 09:01:40 | 12:02:27 | 15:23:08 | 20:47:37 | 24:20:05.95 | +09:54:53 (40.7%) | 11:13 | 5.3 (58.9%) |
| 179 | TYŚ Radek | 1349 | NOWA RUDA BIEGA | Senior II M - 30 | 38 | 01:38:18 | 06:15:25 | 09:18:18 | 12:09:17 | 15:15:23 | 21:05:38 | 24:24:17.85 | +09:59:05 (40.9%) | 11:15 | 5.3 (58.9%) |
| 180 | KOSCIELNY Piotr | 1235 | 36RUNS | Senior II M - 30 | 39 | 01:35:34 | 05:38:00 | 07:53:23 | 10:30:04 | 13:46:05 | 20:42:39 | 24:24:26.20 | +09:59:13 (40.9%) | 11:15 | 5.3 (58.9%) |
| 181 | MALINOWSKI Grzegorz | 2014 | | Masters M - 40 | 97 | 01:32:38 | 05:57:08 | 08:40:14 | 11:39:38 | 14:37:36 | 20:24:54 | 24:24:35.15 | +09:59:22 (40.9%) | 11:15 | 5.3 (58.9%) |
| 182 | GMITEREK Tomasz | 1035 | BIŁGORAJ ULTRA TRAIL | Weteran I M - 50 | 20 | 01:40:12 | 06:10:53 | 09:05:02 | 12:01:07 | 15:19:29 | 20:58:13 | 24:27:56.70 | +10:02:44 (41.1%) | 11:17 | 5.3 (58.9%) |
| 183 | ZAJĄC Marcin | 1134 | 77CATS_ULTRA | Masters M - 40 | 98 | 01:38:35 | 06:01:23 | 08:34:25 | 11:14:09 | 14:13:33 | 20:42:32 | 24:29:24.65 | +10:04:12 (41.1%) | 11:18 | 5.3 (58.9%) |
| 184 | JĘDRZEJCZAK Wojciech | 1262 | | Weteran I M - 50 | 21 | | 05:56:31 | 08:54:25 | 11:43:54 | 15:06:47 | 20:31:01 | 24:29:31.30 | +10:04:18 (41.1%) | 11:18 | 5.3 (58.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------------|---------------------------|------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 185 | SZOSTEK Filip | 1306 | JW 2420 | Senior II M - 30 | 40 | 01:37:37 | 05:55:20 | 08:40:47 | 11:26:20 | 14:18:26 | 20:20:50 | 24:31:43.10 | +10:06:30 (41.2%) | 11:19 | 5.3 (58.9%) |
| 186 | MIKOŁAJCZYK-SOWA Monika | 2134 | SZAKALE BAŁUT ŁÓDŹ | Masters K - 40 | 10 | 01:28:29 | 05:40:29 | 08:31:05 | 11:14:51 | 14:27:36 | 20:22:37 | 24:40:30.15 | +10:15:17 (41.6%) | 11:23 | 5.3 (58.9%) |
| 187 | ŁYCZKOWSKI Łukasz | 1148 | | Masters M - 40 | 99 | 01:26:54 | 05:58:23 | 08:56:46 | 12:04:13 | 15:14:58 | 21:15:29 | 24:47:52.25 | +10:22:39 (41.8%) | 11:26 | 5.2 (57.8%) |
| 188 | KARASEK Wojciech | 1004 | COB - CAŁA OLEŚNICA BIEGA | Weteran I M - 50 | 22 | 01:35:57 | 06:23:45 | 09:18:07 | 12:13:46 | 15:16:02 | 21:04:22 | 24:50:02.35 | +10:24:49 (41.9%) | 11:27 | 5.2 (57.8%) |
| 189 | SILSKA Sylwia | 2074 | ATRAKCYJNE TOWARZYSTWO | Weteran K - 50 | 2 | 01:40:14 | 06:22:47 | 09:21:18 | 12:01:45 | 15:28:12 | 21:02:19 | 24:51:36.50 | +10:26:23 (42.0%) | 11:28 | 5.2 (57.8%) |
| 190 | KRAWCZYK Jakub | 1155 | | Senior II M - 30 | 41 | 01:30:52 | 05:55:11 | 08:48:36 | 11:33:22 | 15:01:52 | 20:50:59 | 24:55:51.05 | +10:30:38 (42.2%) | 11:30 | 5.2 (57.8%) |
| 191 | GŁÓWKA Maciej | 1274 | | Senior II M - 30 | 42 | 01:41:41 | 06:17:29 | 09:00:40 | 12:06:11 | 15:16:54 | 21:14:57 | 24:56:17.45 | +10:31:04 (42.2%) | 11:30 | 5.2 (57.8%) |
| 192 | BRZOZOWSKI Karol | 1177 | ORT ŁOMIANKI | Senior II M - 30 | 43 | 01:40:47 | 05:56:34 | 08:45:19 | 11:50:59 | 15:05:56 | 20:47:20 | 24:57:09.45 | +10:31:56 (42.2%) | 11:30 | 5.2 (57.8%) |
| 193 | OLEŚ-ZDECHLIK Beata | 2195 | | Senior II K - 30 | 5 | 01:45:33 | 06:39:06 | 09:46:49 | 12:37:51 | 15:46:24 | 21:22:33 | 24:58:45.85 | +10:33:33 (42.3%) | 11:31 | 5.2 (57.8%) |
| 194 | ZAKRZYŃSKI Tomasz | 1167 | | Senior II M - 30 | 44 | 01:25:36 | 05:33:21 | 08:02:09 | 10:48:14 | 14:49:34 | 20:46:32 | 24:58:51.65 | +10:33:39 (42.3%) | 11:31 | 5.2 (57.8%) |
| 195 | KOWALCZYK Jarosław | 1088 | JARO W BIEGU | Masters M - 40 | 100 | 01:33:46 | 06:27:00 | 09:29:11 | 12:42:39 | 15:09:49 | 21:24:34 | 24:58:52.95 | +10:33:40 (42.3%) | 11:31 | 5.2 (57.8%) |
| 196 | WIJAS Jerzy | 1393 | KARLINOBIEGAJ | Weteran I M - 50 | 23 | 01:43:54 | 06:32:29 | 09:44:42 | 12:48:20 | 16:04:35 | 21:16:43 | 24:59:06.15 | +10:33:53 (42.3%) | 11:31 | 5.2 (57.8%) |
| 197 | ZDANOWICZ Elżbieta | 2149 | VEGE RUNNERS | Masters K - 40 | 11 | 01:41:29 | 06:18:42 | 09:21:37 | 12:20:47 | 15:29:47 | 21:12:18 | 24:59:23.45 | +10:34:10 (42.3%) | 11:32 | 5.2 (57.8%) |
| 198 | MICHALSKI Adam | 1178 | | Masters M - 40 | 101 | 01:40:43 | 06:27:46 | 09:25:44 | 12:24:57 | 15:28:39 | 21:07:03 | 25:01:43.10 | +10:36:30 (42.4%) | 11:33 | 5.2 (57.8%) |
| 199 | RUBINOWSKI Jarek | 2222 | | Masters M - 40 | 102 | 01:47:15 | 06:58:46 | 09:46:17 | 12:30:19 | 15:35:05 | 21:07:02 | 25:01:43.65 | +10:36:31 (42.4%) | 11:33 | 5.2 (57.8%) |
| 200 | DEMKÓW Przemysław | 1228 | KB SOBÓTKA | Weteran I M - 50 | 24 | 01:39:43 | 06:12:45 | 09:46:12 | 12:17:57 | 15:23:52 | 21:53:51 | 25:02:07.65 | +10:36:55 (42.4%) | 11:33 | 5.2 (57.8%) |
| 201 | HACHOŁ Justyna | 2062 | | Masters K - 40 | 12 | 01:28:14 | 05:51:22 | 08:18:32 | 11:22:05 | 15:16:07 | 21:20:20 | 25:07:35.60 | +10:42:23 (42.6%) | 11:35 | 5.2 (57.8%) |
| 202 | CZUBA Robert | 1250 | ORANGE POLSKA | Weteran I M - 50 | 25 | 01:43:15 | 06:31:13 | 09:50:57 | 13:03:02 | 16:07:23 | 21:40:18 | 25:08:42.30 | +10:43:29 (42.7%) | 11:36 | 5.2 (57.8%) |
| 203 | KOSTRZEWSKI Sławek | 1277 | | Masters M - 40 | 103 | 01:19:46 | 05:25:56 | 08:35:54 | 11:38:20 | 14:51:24 | 21:07:08 | 25:09:30.30 | +10:44:17 (42.7%) | 11:36 | 5.2 (57.8%) |
| 204 | GAJEWSKI Sebastian | 2101 | KM PSP W SZCZECINIE | Masters M - 40 | 104 | 01:39:56 | 06:37:59 | 09:38:36 | 12:36:35 | 15:54:25 | 21:08:19 | 25:11:01.15 | +10:45:48 (42.7%) | 11:37 | 5.2 (57.8%) |
| 205 | ŁABĘDZKI Mariusz | 2044 | | Masters M - 40 | 105 | 01:39:16 | 06:37:58 | 09:38:34 | 12:36:35 | 15:54:25 | 21:08:26 | 25:11:01.95 | +10:45:49 (42.7%) | 11:37 | 5.2 (57.8%) |
| 206 | TOKARZ Robert | 2142 | | Weteran I M - 50 | 26 | 01:33:40 | 06:25:41 | 09:13:18 | 12:16:01 | 15:49:13 | 21:35:24 | 25:11:16.55 | +10:46:03 (42.7%) | 11:37 | 5.2 (57.8%) |
| 207 | LENARTOWICZ Adam | 1317 | OŻARÓW FUSGYM | Weteran I M - 50 | 27 | 01:24:53 | 06:10:14 | 09:06:57 | 11:53:16 | 15:26:16 | 20:58:43 | 25:11:20.85 | +10:46:08 (42.8%) | 11:37 | 5.2 (57.8%) |
| 208 | ROLLA Dorian | 2111 | | Masters M - 40 | 106 | 01:29:37 | 06:07:12 | 09:05:46 | 12:11:13 | 14:57:58 | 20:49:38 | 25:11:55.20 | +10:46:42 (42.8%) | 11:37 | 5.2 (57.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|----------------------------|------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 209 | SACEWICZ Adam | 2033 | | Masters M - 40 | 107 | 01:42:39 | 06:22:12 | 09:30:24 | 12:24:22 | 15:21:28 | 21:08:58 | 25:12:10.75 | +10:46:58 (42.8%) | 11:37 | 5.2 (57.8%) |
| 210 | PÖPKE Anna | 2170 | | Senior II K - 30 | 6 | 01:28:57 | 06:01:13 | 09:00:31 | 11:59:10 | 15:23:30 | 21:08:26 | 25:13:32.60 | +10:48:20 (42.8%) | 11:38 | 5.2 (57.8%) |
| 211 | RAK Zdzisław | 2100 | VITA I ANIMAL | Weteran I M - 50 | 28 | 01:38:51 | 06:21:40 | 09:15:46 | 12:11:54 | 15:02:55 | 20:47:10 | 25:13:35.45 | +10:48:22 (42.8%) | 11:38 | 5.2 (57.8%) |
| 212 | DATA Marek | 1198 | KUGUAR XTREME RUNNERS | Senior II M - 30 | 45 | 01:38:14 | 06:04:36 | 08:55:16 | 11:44:04 | 14:42:51 | 20:47:07 | 25:18:32.45 | +10:53:19 (43.0%) | 11:40 | 5.1 (56.7%) |
| 213 | ANDRZEJEWSKI Paweł | 1233 | | Masters M - 40 | 108 | 01:41:21 | 06:20:58 | 09:17:07 | 12:07:41 | 15:29:30 | 21:20:04 | 25:18:33.60 | +10:53:21 (43.0%) | 11:40 | 5.1 (56.7%) |
| 214 | KAWIECKI Paweł | 1016 | ORKIESTRAWOJSKOWA KOSZALIN | Senior I M - 20 | 8 | 01:39:50 | 06:20:57 | 09:17:09 | 12:07:40 | 15:27:33 | 21:20:01 | 25:18:33.80 | +10:53:21 (43.0%) | 11:40 | 5.1 (56.7%) |
| 215 | BIAŁEK Mirosław | 2104 | WRONIECKI KLUB BIEGACZA | Senior II M - 30 | 46 | 01:28:18 | 06:01:15 | 09:04:25 | 12:09:58 | 15:25:16 | 21:22:48 | 25:20:54.15 | +10:55:41 (43.1%) | 11:41 | 5.1 (56.7%) |
| 216 | ZADROZNY Maciej | 2138 | | Senior II M - 30 | 47 | 01:32:36 | 05:49:58 | 08:32:15 | 11:16:14 | 14:46:26 | 21:54:54 | 25:21:45.25 | +10:56:32 (43.1%) | 11:42 | 5.1 (56.7%) |
| 217 | DOLIŃSKI Tomasz | 1373 | | Weteran I M - 50 | 29 | 01:39:49 | 06:41:38 | 09:43:33 | 12:55:11 | 16:05:57 | 21:39:22 | 25:22:17.15 | +10:57:04 (43.2%) | 11:42 | 5.1 (56.7%) |
| 218 | ZGAGACZ Paweł | 1264 | | Weteran I M - 50 | 30 | 01:37:16 | 06:08:36 | 09:25:48 | 12:16:16 | 15:29:12 | 21:22:03 | 25:22:48.55 | +10:57:35 (43.2%) | 11:42 | 5.1 (56.7%) |
| 219 | KWIECIŃSKI Feliks | 1009 | | Senior II M - 30 | 48 | 01:29:42 | 05:56:30 | 08:58:04 | 12:02:58 | 15:14:44 | 21:37:00 | 25:23:05.45 | +10:57:52 (43.2%) | 11:42 | 5.1 (56.7%) |
| 220 | GROCHOWSKI Wojciech | 2212 | KLUB WYSOKOGÓRSKI WARSZAWA | Masters M - 40 | 109 | 01:42:14 | 07:16:34 | 10:03:07 | 13:09:39 | 16:22:13 | 22:06:39 | 25:24:12.25 | +10:58:59 (43.2%) | 11:43 | 5.1 (56.7%) |
| 221 | POŁOMSKI Daniel | 2175 | | Masters M - 40 | 110 | 01:25:59 | 05:49:38 | 08:55:11 | 12:08:50 | 15:15:38 | 21:19:58 | 25:25:58.60 | +11:00:46 (43.3%) | 11:44 | 5.1 (56.7%) |
| 222 | ZAKRZEWSKI Paweł | 1332 | | Masters M - 40 | 111 | 01:25:50 | 05:30:08 | 08:05:18 | 10:42:12 | 14:13:11 | 21:19:59 | 25:25:59.25 | +11:00:46 (43.3%) | 11:44 | 5.1 (56.7%) |
| 223 | JAGODZIŃSKI Paweł | 1308 | | Masters M - 40 | 112 | 01:32:01 | 06:51:40 | 09:59:51 | 12:56:45 | 16:05:34 | 21:56:31 | 25:27:21.10 | +11:02:08 (43.4%) | 11:44 | 5.1 (56.7%) |
| 224 | NIEMAS Mariusz | 2093 | OYAMA ONYKS | Weteran I M - 50 | 31 | 01:43:50 | 06:26:37 | 09:14:59 | 12:24:46 | 15:41:14 | 21:45:38 | 25:27:45.00 | +11:02:32 (43.4%) | 11:45 | 5.1 (56.7%) |
| 225 | HANSZ Donat | 2103 | NETBOX BIEGA | Senior I M - 20 | 9 | 01:43:18 | 06:25:27 | 09:28:53 | 12:27:40 | 15:33:33 | 21:23:28 | 25:28:08.60 | +11:02:56 (43.4%) | 11:45 | 5.1 (56.7%) |
| 226 | WIJAS Mariusz | 1310 | | Weteran I M - 50 | 32 | 01:44:54 | 06:29:18 | 09:27:50 | 12:28:46 | 15:43:29 | 21:56:41 | 25:30:32.75 | +11:05:20 (43.5%) | 11:46 | 5.1 (56.7%) |
| 227 | JANIA Przemysław | 2045 | CZEWKA ULTRA SQUAD | Senior II M - 30 | 49 | 01:39:06 | 06:31:02 | 09:34:05 | 12:36:29 | 16:06:57 | 22:02:44 | 25:31:28.95 | +11:06:16 (43.5%) | 11:46 | 5.1 (56.7%) |
| 228 | BARTOSIK Michał | 2036 | | Senior II M - 30 | 50 | 01:39:22 | 06:31:02 | 09:34:04 | 12:36:30 | 16:06:52 | 21:57:29 | 25:31:29.75 | +11:06:17 (43.5%) | 11:46 | 5.1 (56.7%) |
| 229 | STYSIEK Piotr | 1257 | BIEGIEM RADOM! | Weteran I M - 50 | 33 | 01:42:55 | 06:29:13 | 09:25:59 | 12:40:21 | 15:18:51 | 21:13:26 | 25:31:38.05 | +11:06:25 (43.5%) | 11:46 | 5.1 (56.7%) |
| 230 | SZMYT Piotr | 1106 | BANICI ULTRA | Masters M - 40 | 113 | 01:38:08 | 06:27:03 | 09:47:42 | 12:48:37 | 15:50:13 | 21:39:45 | 25:32:04.30 | +11:06:51 (43.5%) | 11:47 | 5.1 (56.7%) |
| 231 | LUTOWSKI Wojciech | 2048 | | Senior II M - 30 | 51 | 01:36:49 | 06:02:56 | 08:58:43 | 12:05:13 | 15:22:58 | 21:34:32 | 25:36:22.10 | +11:11:09 (43.7%) | 11:49 | 5.1 (56.7%) |
| 232 | KACZOR Michał | 2099 | KLUCZBORSKA GRUPA BIEGOWA | Senior II M - 30 | 52 | 01:44:01 | 06:25:44 | 09:15:55 | 12:30:46 | 16:03:36 | 21:37:50 | 25:38:00.30 | +11:12:47 (43.7%) | 11:49 | 5.1 (56.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|--|-------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 233 | BUDKOWSKI Kamil | 2186 | | Masters M - 40 | 114 | 01:31:01 | 06:33:07 | 09:28:29 | 12:41:12 | 15:58:43 | 21:59:47 | 25:39:08.25 | +11:13:55 (43.8%) | 11:50 | 5.1 (56.7%) |
| 234 | OLSZAŃSKI Krzysztof | 2075 | RUNNING FREE | Masters M - 40 | 115 | 01:44:24 | 06:27:49 | 09:27:51 | 12:24:08 | 15:26:07 | 21:19:21 | 25:42:16.45 | +11:17:03 (43.9%) | 11:51 | 5.1 (56.7%) |
| 235 | CHŁOPEK Kazimierz | 1394 | | Masters M - 40 | 116 | 01:43:03 | 06:15:12 | 09:20:47 | 12:14:29 | 15:21:35 | 21:19:09 | 25:42:35.15 | +11:17:22 (43.9%) | 11:51 | 5.1 (56.7%) |
| 236 | GAŁKA Jacek | 2088 | VEGE RUNNERS / PURA VIDA TEAM | Masters M - 40 | 117 | 01:38:31 | 06:10:29 | 09:29:25 | 12:36:44 | 15:49:14 | 21:39:30 | 25:42:54.40 | +11:17:41 (43.9%) | 11:52 | 5.1 (56.7%) |
| 237 | ZBYRYT Marek | 1118 | AKTYWNA NOWA RUDA | Weteran I M - 50 | 34 | 01:22:35 | 05:59:29 | 08:52:36 | 12:22:42 | 14:57:30 | 22:16:44 | 25:43:27.00 | +11:18:14 (43.9%) | 11:52 | 5.1 (56.7%) |
| 238 | RABSCH Patrycja | 1064 | LAMPART TRENING | Senior II K - 30 | 7 | 01:46:30 | 06:41:33 | 09:37:44 | 12:48:35 | 16:02:07 | 22:08:28 | 25:43:32.60 | +11:18:20 (43.9%) | 11:52 | 5.1 (56.7%) |
| 239 | PAWLIK Joanna | 1007 | | Senior II K - 30 | 8 | 01:46:29 | 06:41:33 | 09:37:44 | 12:48:37 | 16:02:08 | 22:08:26 | 25:43:33.00 | +11:18:20 (43.9%) | 11:52 | 5.1 (56.7%) |
| 240 | KUBACKI Sebastian | 1225 | | Masters M - 40 | 118 | 01:40:42 | 07:16:02 | 10:17:44 | 13:02:07 | 15:58:43 | 21:57:03 | 25:43:34.10 | +11:18:21 (43.9%) | 11:52 | 5.1 (56.7%) |
| 241 | ULATOWSKI Andrzej | 1125 | ULTRARUNBEARDRUN | Weteran I M - 50 | 35 | 01:44:35 | 06:34:57 | 09:35:21 | 12:27:28 | 15:47:46 | 21:57:01 | 25:43:59.30 | +11:18:46 (44.0%) | 11:52 | 5.1 (56.7%) |
| 242 | BRAUN Zbigniew | 1129 | WKB MARATOŃCZYK WŁOCLAWEK | Masters M - 40 | 119 | 01:34:22 | 06:01:59 | 08:52:00 | 11:47:00 | 15:24:59 | 22:03:43 | 25:44:23.40 | +11:19:10 (44.0%) | 11:52 | 5.1 (56.7%) |
| 243 | DAWIDZIAK Jarosław | 2127 | AMBIT RACING TEAM | Weteran I M - 50 | 36 | 01:34:25 | 06:01:04 | 09:02:19 | 12:05:43 | 15:21:37 | 21:36:21 | 25:44:25.35 | +11:19:12 (44.0%) | 11:52 | 5.1 (56.7%) |
| 244 | PAZIO Jakub | 1316 | GÓRAL Z MAZUR RUNNING TEAM / BBL OSTROŁĘKA | Senior I M - 20 | 10 | 01:46:12 | 06:52:10 | 09:31:25 | 12:27:37 | 15:39:12 | 21:56:27 | 25:44:34.70 | +11:19:22 (44.0%) | 11:52 | 5 (55.6%) |
| 245 | STROIŃSKI Wojciech | 2131 | LESZ NO LIMITS RUNNERS | Masters M - 40 | 120 | 01:33:32 | 06:21:34 | 09:13:09 | 12:07:15 | 15:22:18 | 21:37:07 | 25:45:06.40 | +11:19:53 (44.0%) | 11:53 | 5 (55.6%) |
| 246 | STAWSKI Dariusz | 1050 | KLUB SPORTOWY ULTRA TEAM ŁÓDŹ | Weteran II M - 60 | 6 | 01:43:07 | 06:18:29 | 09:19:05 | 12:19:54 | 15:51:13 | 21:54:07 | 25:46:21.35 | +11:21:08 (44.0%) | 11:53 | 5 (55.6%) |
| 247 | LITEWKA Jacek | 1377 | KUMPLE ŻWIRKA | Weteran I M - 50 | 37 | 01:32:32 | 06:17:15 | 09:23:49 | 12:20:56 | 15:41:19 | 21:40:35 | 25:46:26.75 | +11:21:14 (44.1%) | 11:53 | 5 (55.6%) |
| 248 | KORPULA Grzegorz | 1364 | CSWOT | Masters M - 40 | 121 | 01:31:51 | 06:17:15 | 09:23:49 | 12:20:56 | 15:41:44 | 21:40:36 | 25:46:27.15 | +11:21:14 (44.1%) | 11:53 | 5 (55.6%) |
| 249 | WIŚNIEWSKA Agnieszka | 1347 | | Masters K - 40 | 13 | 01:40:04 | 06:10:36 | 09:07:29 | 11:50:14 | 15:14:34 | 22:27:08 | 25:46:34.60 | +11:21:22 (44.1%) | 11:53 | 5 (55.6%) |
| 250 | WALCZAK Agnieszka | 1327 | PKO BANK POLSKI | Masters K - 40 | 14 | | 06:10:40 | 09:07:19 | 11:50:13 | 15:12:14 | 22:27:11 | 25:46:37.50 | +11:21:24 (44.1%) | 11:53 | 5 (55.6%) |
| 251 | KWINTA Tomasz | 2089 | KASIA I TOMEK | Weteran I M - 50 | 38 | 01:28:08 | 05:33:27 | 08:38:31 | 12:08:28 | 15:25:55 | 21:52:24 | 25:46:45.35 | +11:21:32 (44.1%) | 11:53 | 5 (55.6%) |
| 252 | WIRA Mirosław | 1152 | | Weteran II M - 60 | 7 | 01:37:38 | 07:18:50 | 10:32:58 | 13:32:25 | 16:26:01 | 22:05:55 | 25:47:16.60 | +11:22:04 (44.1%) | 11:54 | 5 (55.6%) |
| 253 | DIDŁUCH Jacek | 1200 | KARLINOBIEGAJ | Masters M - 40 | 122 | 01:37:56 | 06:27:52 | 09:44:44 | 12:50:52 | 16:04:36 | 22:04:20 | 25:49:29.15 | +11:24:16 (44.2%) | 11:55 | 5 (55.6%) |
| 254 | VELAYOS LÓPEZ Miguel | 2042 | TEAM POLLITO | Senior I M - 20 | 11 | 01:25:21 | 05:37:45 | 08:23:56 | 11:40:01 | 16:08:52 | 22:17:04 | 25:52:26.65 | +11:27:14 (44.3%) | 11:56 | 5 (55.6%) |
| 255 | WALKOWIAK Joanna | 2129 | MUAY RUNNING TEAM | Masters K - 40 | 15 | 01:36:13 | 06:44:21 | 09:32:11 | 12:27:52 | 15:56:30 | 22:06:33 | 25:52:54.75 | +11:27:42 (44.3%) | 11:56 | 5 (55.6%) |
| 256 | PLANETORZ Marek | 1399 | | Weteran I M - 50 | 39 | 01:36:21 | 06:52:32 | 10:09:53 | 13:10:21 | 16:29:58 | 22:32:46 | 25:54:32.40 | +11:29:19 (44.3%) | 11:57 | 5 (55.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------------|-------------|-------------------------------------|-------------------|------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 257 | KOWALEWSKI Robert | 1375 | | Weteran I M - 50 | 40 | 01:47:46 | 06:59:50 | 10:05:05 | 13:23:50 | 16:22:51 | 22:27:26 | 25:54:56.35 | +11:29:43 (44.4%) | 11:57 | 5 (55.6%) |
| 258 | GOSTKOWSKA-DRZEWICKA Magdalena | 1201 | | Weteran K - 50 | 3 | 01:42:40 | 06:39:24 | 09:56:33 | 13:11:33 | 16:34:56 | 22:49:48 | 25:55:45.00 | +11:30:32 (44.4%) | 11:58 | 5 (55.6%) |
| 259 | PIOTROWSKI Mateusz | 1015 | CZASEM TRZEBA | Senior II M - 30 | 53 | 01:42:39 | 06:39:29 | 09:56:36 | 13:11:34 | 16:34:58 | 22:50:13 | 25:55:45.55 | +11:30:32 (44.4%) | 11:58 | 5 (55.6%) |
| 260 | LEWANDOWSKI Marek | 1224 | STAN UMYŚŁU LEWIN BIEGA | Masters M - 40 | 123 | 01:28:25 | 06:15:49 | 09:33:25 | 12:38:10 | 15:58:38 | 22:38:25 | 25:56:27.15 | +11:31:14 (44.4%) | 11:58 | 5 (55.6%) |
| 261 | KACZYŃSKI Artur | 1366 | | Masters M - 40 | 124 | 01:34:31 | 06:20:36 | 09:51:58 | 13:03:46 | 16:14:32 | 22:19:56 | 25:58:26.85 | +11:33:14 (44.5%) | 11:59 | 5 (55.6%) |
| 262 | PILARSKI Zbigniew | 1058 | | Weteran I M - 50 | 41 | 01:44:09 | 06:44:05 | 09:57:59 | 13:14:17 | 16:12:30 | 22:28:39 | 25:58:56.15 | +11:33:43 (44.5%) | 11:59 | 5 (55.6%) |
| 263 | SKOCZYLAS Piotr | 1027 | ENDURANCE TEAM | Masters M - 40 | 125 | 01:37:10 | 06:35:42 | 09:44:01 | 12:58:19 | 16:04:47 | 22:04:35 | 26:03:36.85 | +11:38:24 (44.7%) | 12:01 | 5 (55.6%) |
| 264 | SAJDAK Tomasz | 2017 | | Senior II M - 30 | 54 | 01:21:47 | 05:59:19 | 08:33:24 | 11:40:12 | 15:46:11 | 21:53:35 | 26:07:05.00 | +11:41:52 (44.8%) | 12:03 | 5 (55.6%) |
| 265 | KITLAS Dariusz | 1397 | BSB | Weteran I M - 50 | 42 | 01:27:02 | 06:04:17 | 09:59:53 | 12:49:42 | 16:10:37 | 22:41:03 | 26:12:41.00 | +11:47:28 (45.0%) | 12:05 | 5 (55.6%) |
| 266 | POBŁOCKI Jan | 2097 | GRUPA TRÓJMIASTO SPARTANIE DZIECIOM | Weteran II M - 60 | 8 | 01:52:19 | 06:47:24 | 10:04:26 | 13:12:03 | 16:14:12 | 22:27:27 | 26:15:05.55 | +11:49:52 (45.1%) | 12:06 | 5 (55.6%) |
| 267 | PRONOBIS-PROŃSKI Michał | 2115 | | Masters M - 40 | 126 | 01:38:10 | 06:03:15 | 08:56:43 | 11:54:06 | 15:14:07 | 21:39:40 | 26:15:24.15 | +11:50:11 (45.1%) | 12:07 | 5 (55.6%) |
| 268 | TOMCZAK Rafał | 2039 | TAJNE PRZEZ POUFFNE | Masters M - 40 | 127 | 01:33:51 | 06:23:47 | 09:46:48 | 12:58:53 | 16:07:46 | 22:06:43 | 26:19:34.80 | +11:54:22 (45.2%) | 12:09 | 4.9 (54.4%) |
| 269 | HAAS Przemysław | 2011 | BACKPACKING OKAPI TEAM | Masters M - 40 | 128 | 01:45:03 | 06:35:11 | 09:36:59 | 12:39:12 | 15:49:49 | 22:39:38 | 26:22:35.40 | +11:57:22 (45.3%) | 12:10 | 4.9 (54.4%) |
| 270 | BADURA Wojtek | 1222 | KS KANDAHAR | Weteran I M - 50 | 43 | 01:45:07 | 06:27:52 | 09:33:51 | 12:38:44 | 15:43:27 | 22:42:29 | 26:23:41.25 | +11:58:28 (45.4%) | 12:10 | 4.9 (54.4%) |
| 271 | SZCZUKA Joanna | 2013 | | Senior I K - 20 | 1 | 01:46:07 | 06:52:12 | 10:32:24 | 13:34:38 | 16:37:48 | 22:40:21 | 26:27:07.40 | +12:01:54 (45.5%) | 12:12 | 4.9 (54.4%) |
| 272 | ROŻNIATA Iwona | 1340 | | Weteran K - 50 | 4 | 01:51:32 | 07:03:46 | 10:16:51 | 13:17:10 | 16:44:48 | 22:44:43 | 26:28:14.05 | +12:03:01 (45.5%) | 12:13 | 4.9 (54.4%) |
| 273 | SZEWczyk Mariusz | 2124 | | Weteran I M - 50 | 44 | 01:50:53 | 06:51:04 | 09:59:24 | 13:11:06 | 16:24:09 | 22:42:49 | 26:29:53.80 | +12:04:41 (45.6%) | 12:13 | 4.9 (54.4%) |
| 274 | PACZUSZKA Anna | 2218 | KLUB BIEGACZA WARTA | Senior II K - 30 | 9 | 01:39:50 | 06:41:09 | 10:04:51 | 13:12:24 | 16:35:33 | 22:27:54 | 26:30:19.30 | +12:05:06 (45.6%) | 12:13 | 4.9 (54.4%) |
| 275 | RYCHŁOWSKA Magdalena | 2072 | MEGAN "WIEWIÓRA" | Weteran K - 50 | 5 | 01:36:18 | 06:38:52 | 10:04:37 | 13:20:18 | 16:36:48 | 22:28:15 | 26:30:40.15 | +12:05:27 (45.6%) | 12:14 | 4.9 (54.4%) |
| 276 | BAR Aleksandra | 2201 | GMINA STRZELCE OPOLSKIE | Masters K - 40 | 16 | 01:43:53 | 06:39:48 | 09:44:24 | 12:58:41 | 16:41:14 | 22:49:40 | 26:41:27.30 | +12:16:14 (46.0%) | 12:19 | 4.9 (54.4%) |
| 277 | MICHALAK Sławomir | 1190 | INZYNIER.EU NOSI TRAILOWE BOTKI | Weteran I M - 50 | 45 | 01:45:05 | 06:46:07 | 10:08:52 | 13:25:24 | 16:51:29 | 22:38:48 | 26:41:29.90 | +12:16:17 (46.0%) | 12:19 | 4.9 (54.4%) |
| 278 | WOJTCZAK Małgorzata | 2141 | | Weteran K - 50 | 6 | 01:51:40 | 07:06:23 | 10:27:45 | 13:41:01 | 16:41:08 | 22:42:42 | 26:50:33.45 | +12:25:20 (46.3%) | 12:23 | 4.8 (53.3%) |
| 279 | PIOTROWSKI Marek | 2184 | ECHO TWARDOGÓRA | Masters M - 40 | 129 | 01:51:38 | 07:06:31 | 10:27:41 | 13:40:55 | 16:41:05 | 22:41:37 | 26:50:38.85 | +12:25:26 (46.3%) | 12:23 | 4.8 (53.3%) |
| 280 | ŚLIWKIEWICZ Bartłomiej | 2053 | | Senior I M - 20 | 12 | 01:30:16 | 06:03:34 | 09:14:39 | 12:33:09 | 16:01:18 | 22:38:20 | 26:54:50.85 | +12:29:38 (46.4%) | 12:25 | 4.8 (53.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------------|-------------|--|------------------|------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | | |
| 281 | KADECKI Marek | 1325 | | Weteran I M - 50 | 46 | 01:51:09 | 06:59:46 | 10:10:53 | 13:18:56 | 16:35:38 | 22:55:44 | 26:54:54.25 | +12:29:41 (46.4%) | 12:25 | 4.8 (53.3%) |
| 282 | GRONOWSKA-KAROLCZAK Agnieszka | 2126 | MARATOŃCZYK POZNAŃ/BIEGAJĄCE KREJZOLE | Senior II K - 30 | 10 | 01:38:18 | 06:33:05 | 09:48:10 | 13:24:35 | 16:36:09 | 22:55:37 | 26:55:53.05 | +12:30:40 (46.5%) | 12:25 | 4.8 (53.3%) |
| | BOHDZIEWICZ Izabela | 2164 | | Senior II K - 30 | | 01:43:52 DNF | 06:34:48 DNF | 10:00:14 DNF | 13:10:20 DNF | 16:24:42 DNF | DNF | DNF | | - | - (0.0%) |
| | GRZEGORCZYK Szymon | 2179 | | Senior I M - 20 | | 01:11:28 DNF | 06:00:12 DNF | 10:00:29 DNF | 12:50:12 DNF | 16:04:11 DNF | 22:29:31 DNF | DNF | | - | - (0.0%) |
| | SZYMCZAK Bartłomiej | 2025 | ŻARY RUNNERS TEAM | Senior II M - 30 | | DNF | 06:03:15 DNF | 09:25:34 DNF | 12:26:44 DNF | 16:30:41 DNF | 22:57:57 DNF | DNF | | - | - (0.0%) |
| | MIĄSEK Ryszard | 2202 | | Masters M - 40 | | 01:52:09 DNF | 06:56:10 DNF | 10:02:12 DNF | 13:16:53 DNF | 16:34:04 DNF | DNF | DNF | | - | - (0.0%) |
| | KAROLCZAK Rafał | 2125 | MARATOŃCZYK POZNAŃ | Senior II M - 30 | | 01:38:18 DNF | 06:33:03 DNF | 09:48:10 DNF | 13:24:32 DNF | 16:36:09 DNF | DNF | DNF | | - | - (0.0%) |
| | BURY Marek | 2059 | | Weteran I M - 50 | | 01:41:44 DNF | 06:50:02 DNF | 10:10:21 DNF | 13:31:58 DNF | 16:57:41 DNF | DNF | DNF | | - | - (0.0%) |
| | CZYRNIA Andrzej | 2157 | ULTRATURY | Masters M - 40 | | 01:30:18 DNF | 05:24:08 DNF | 07:56:23 DNF | 10:28:24 DNF | 13:45:00 DNF | DNF | DNF | | - | - (0.0%) |
| | PELJAK Mariusz | 2208 | | Masters M - 40 | | 01:31:06 DNF | 05:57:13 DNF | 08:49:09 DNF | 11:40:51 DNF | 14:36:14 DNF | DNF | DNF | | - | - (0.0%) |
| | HETMAŃSKI Arkadiusz | 2003 | LOVELASY | Masters M - 40 | | 01:26:55 DNF | 05:39:12 DNF | 08:33:47 DNF | 11:29:53 DNF | 14:52:17 DNF | DNF | DNF | | - | - (0.0%) |
| | JASICKI Krzysztof | 2166 | RUNHOGS TYCHY | Masters M - 40 | | 01:37:05 DNF | 05:58:03 DNF | 08:47:17 DNF | 11:41:08 DNF | 15:05:31 DNF | DNF | DNF | | - | - (0.0%) |
| | NOWAK Natalia | 2047 | GÓRAL Z MAZUR RUNNING TEAM | Senior II K - 30 | | 01:35:38 DNF | 06:07:02 DNF | 09:15:25 DNF | 12:08:46 DNF | 15:09:28 DNF | DNF | DNF | | - | - (0.0%) |
| | RZESZOT Łukasz | 2151 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ. #TEAMSZÓSTABE | Senior II M - 30 | | 01:36:09 DNF | 05:57:33 DNF | 09:01:40 DNF | 12:02:23 DNF | 15:23:08 DNF | DNF | DNF | | - | - (0.0%) |
| | GOCLIK Marcin | 2049 | | Senior II M - 30 | | 01:45:33 DNF | 06:39:07 DNF | 09:46:50 DNF | 12:40:02 DNF | 15:55:29 DNF | DNF | DNF | | - | - (0.0%) |
| | JAWORSKI Bartłomiej | 2114 | WHO DARES WINS, | Weteran I M - 50 | | 01:24:40 DNF | 06:13:33 DNF | 09:14:12 DNF | 12:42:24 DNF | 16:23:13 DNF | DNF | DNF | | - | - (0.0%) |
| | ZYDORCZAK Mateusz | 2206 | REMOVE | Masters M - 40 | | 01:38:39 DNF | 06:47:16 DNF | 10:18:31 DNF | 13:42:48 DNF | 16:51:22 DNF | DNF | DNF | | - | - (0.0%) |
| | BAKALARZ Emil | 2095 | | Senior II M - 30 | | 01:10:27 DNF | 04:31:17 DNF | 06:51:37 DNF | 09:20:10 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | ŚLIŹ Sylwia | 2021 | RUN TO BE ULTRA | Senior II K - 30 | | 01:16:48 DNF | 04:49:42 DNF | 07:20:40 DNF | 10:11:00 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | TYSZKA Dariusz | 2211 | | Masters M - 40 | | 01:24:33 DNF | 05:59:38 DNF | 08:42:44 DNF | 11:44:04 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | JAKUBOWSKI Andrzej | 2086 | | Masters M - 40 | | 01:34:56 DNF | 05:54:57 DNF | 08:49:13 DNF | 11:51:50 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | BATOR Michał | 2165 | | Senior II M - 30 | | 01:37:51 DNF | 05:54:53 DNF | 08:57:25 DNF | 12:06:40 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | JUSZCZAK Zbigniew | 2006 | PKB KMP KALISZ | Weteran I M - 50 | | 01:40:49 DNF | 06:10:03 DNF | 09:16:03 DNF | 12:14:55 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KWIECIŃSKA Małgorzata | 2159 | BRAVEHEARTS LEGIONOWO | Senior II K - 30 | | 01:45:38 DNF | 06:30:16 DNF | 09:42:00 DNF | 12:52:40 DNF | DNF | DNF | DNF | | - | - (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria Mkat | A1 | A2 | A3 | A4 | A5 | A7 | Czas netto | Różn | Tempo | Tempo |
|-----|-----------------------------|-------------|----------------------------|-------------------|-----------------|-----------------|-----------------|-----------------|------|-------|------------|------|--------|-------------|
| | | | | | 10km | 32km | 47km | 64km | 81km | 112km | 130km | | min/km | km/h |
| | ZIELIŃSKI Tomasz | 2056 | ULTRAPIOTRKÓW | Masters M - 40 | 01:51:27 DNF | 06:51:06 DNF | 10:07:35 DNF | 13:21:31 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | TYLUS Rafał | 2087 | MORSJANKI & MORSJANIE | Masters M - 40 | 01:43:30 DNF | 06:50:41 DNF | 10:29:31 DNF | 13:33:39 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | NORKOWSKA Aleksandra | 2143 | ORANGE POLSKA | Masters K - 40 | 01:42:19 DNF | 06:50:51 DNF | 10:18:52 DNF | 13:40:19 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KALBARCZYK Beata | 2117 | ORANGE POLSKA | Weteran K - 50 | 01:45:45 DNF | 06:52:08 DNF | 10:18:56 DNF | 13:40:56 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | ARMATYS Grzegorz | 2113 | ORANGE POLSKA | Weteran I M - 50 | 01:45:29 DNF | 06:52:11 DNF | 10:18:59 DNF | 13:43:26 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KOWALSKI Rafał | 2116 | | Weteran I M - 50 | 01:31:24 DNF | 07:13:55 DNF | 10:30:17 DNF | 13:44:25 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | DUBIKOWSKI Andrzej | 2223 | SPARTA ZIĘBICE | Weteran II M - 60 | 01:52:17 DNF | 07:09:44 DNF | 10:29:32 DNF | 13:47:15 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | SZURKOWSKI Michał | 2196 | GRUNWALD TEAM POZNAŃ | Masters M - 40 | 01:45:25 DNF | 07:03:03 DNF | 10:38:15 DNF | 13:52:46 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KRUPA Daniel | 2041 | STARGARD JA SIĘ NIE ŚCIGAM | Masters M - 40 | 01:47:28 DNF | 06:58:49 DNF | 10:32:24 DNF | 13:56:37 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | RADOŻYCKI Radek | 2094 | BEZ KLUBU | Masters M - 40 | 01:47:26 DNF | 06:58:49 DNF | 10:32:24 DNF | 13:56:40 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | GRABCZAK Jarek | 2220 | ESKY | Senior II M - 30 | 01:44:22 DNF | 07:13:17 DNF | 10:49:59 DNF | 13:57:07 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | WIECZOREK Monika | 2173 | | Masters K - 40 | 01:49:01 DNF | 07:15:45 DNF | 10:41:10 DNF | 13:58:09 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | CUPIAŁ Dariusz | 2035 | W POGONI ZA DUCHEM | Weteran I M - 50 | 01:38:01 DNF | 07:06:19 DNF | 10:52:21 DNF | 14:19:27 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | NOWAK Wojtek | 2168 | EXPLORADOR | Masters M - 40 | 01:16:02 DNF | 05:03:34 DNF | 07:48:21 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | BOGDANOWICZ Beata | 2214 | | Masters K - 40 | 01:40:00 DNF | 05:57:50 DNF | 08:59:17 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KOBIERSKI Radosław | 2057 | TAŃCZĄCE MUCHOMORKI | Weteran I M - 50 | 01:38:56 DNF | 06:24:23 DNF | 09:51:16 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | IWAŃCZUK Zbigniew | 2007 | | Weteran I M - 50 | 01:52:02 DNF | 07:20:30 DNF | 11:12:57 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KOWALCZYK Andrzej | 2102 | PSZCZÓŁKOWSKI TEAM | Weteran II M - 60 | 01:53:28 DNF | 07:31:48 DNF | 11:13:30 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | DZIURKIEWICZ Jakub | 2187 | | Senior I M - 20 | 01:45:20 DNF | 06:46:37 DNF | 11:14:12 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | STANGIERSKI Adam | 2215 | KORNELCIA TEAM | Masters M - 40 | 01:32:45 DNF | 06:01:44 DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | SURDACKI Piotr | 2137 | | Masters M - 40 | 01:33:10 DNF | 06:09:28 DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | UŻAROWSKI Remigiusz | 2199 | ADAIGAEMI | Masters M - 40 | 01:29:30 DNF | 06:58:29 DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | PIÓRKOWSKI Marek | 2204 | BIEGOWA KUŹNIA | Weteran I M - 50 | 01:38:47 DNF | 07:00:16 DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | NESTOROWICZ Marek | 2148 | GÓRAL Z MAZUR RUNNING TEAM | Weteran I M - 50 | 01:09:37 DNF | DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria Mkat | A1 10km | A2 32km | A3 47km | A4 64km | A5 81km | A7 112km | Czas netto 130km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------------|---------------------------------------|---------------------|-----------------|------------|------------|------------|------------|-------------|------------------------|------|-----------------|---------------|
| | TYLIŃSKI Arkadiusz | 2188 | LESZ NO LIMITS RUNNERS | Weteran I M - 50 | 01:15:14 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | MIKOŁAJCZYK Tomasz | 2169 | EXPLORADOR TEAM | Masters M - 40 | 01:19:44 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | DAUKSZO Maciej | 2121 | | Senior I M - 20 | 01:19:50 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | RATAJCZAK Krystian | 2182 | | Senior II M - 30 | 01:22:59 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | POŚNIAK Tomasz | 2098 | | Senior II M - 30 | 01:23:19 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | GALVANY Kevin | 2040 | TEAM POLLITO | Senior II M - 30 | 01:24:52 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | ANDRZEJCZUK Marzena | 2032 | SAMA SOBIE | Masters K - 40 | 01:26:59 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | JAROSŁAWSKI Marcin | 2147 | | Masters M - 40 | 01:28:25 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | SZCZYPLIŃSKA Anna | 2008 | MŁODY VS STARY/SFORA BMK | Masters K - 40 | 01:28:50 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | RADZIWOŃ Anna | 2064 | GRUPA NIENACHALNIE HEROICZNA | Masters K - 40 | 01:29:07 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | HALINIAK Marek | 2052 | NKB CHYŻY NOWY TOMYŚL | Masters M - 40 | 01:40:44 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | STEFAŃSKI Marcin | 2054 | | Senior II M - 30 | 01:40:50 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | MĘKARSKA Małgorzata | 2067 | | Masters K - 40 | 01:42:29 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | KLUZA-HOWIL Lila | 2037 | BIEGOWE KAIZEN | Masters K - 40 | 01:47:32 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | HOWIL Waldemar | 2038 | BIEGOWE KAIZEN | Masters M - 40 | 01:47:34 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | KOBLAŃSKI Tomasz | 2004 | GRUPA BIEGOWA FITNESS PIEKARY LEGNICA | Masters M - 40 | 01:52:22 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | MAGOCZY Justyna | 2177 | ASICS FRONTRUNNER | Senior II K - 30 | 01:59:56 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | BEDNARSKA-KOZIOŁ Danuta | 2016 | #TEAMSZÓSTABE | Masters K - 40 | 02:04:39 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | ZIELIŃSKI Sławek | 2010 | #TEAMSZÓSTABE | Masters M - 40 | 02:04:43 DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - | (0.0%) |

Znaleziono 347 wynik(ów)