



# BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2024-07-18  
Lądek-Zdrój  
130 km

**B4SPORT**  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
1	<b>GORZELAŃCZYK Jakub</b>	<b>2158</b>	MKS SIECHNICE	Senior II M - 30	1	00:54:20	03:35:11	05:49:35	07:13:51	08:52:45	10:40:55	11:41:53	<b>13:28:24.35</b>		6:13	9.6 (100%)
2	<b>WENTA Marta</b>	<b>2152</b>	KASZUBSKA PONIEWIERKA	Senior II K - 30	1	01:05:13	03:54:30	05:42:17	07:29:23	09:19:23	11:33:15	12:49:42	<b>14:59:14.00</b>	+01:30:49 (10.1%)	6:55	8.7 (90.6%)
3	<b>KOCIOŁOWICZ Piotr</b>	<b>1065</b>	BIEGAM W GÓRACH BARDZKICH	Masters M - 40	1	01:02:40	03:54:08	05:42:30	07:32:44	09:19:34	11:36:37	12:53:47	<b>15:08:15.05</b>	+01:39:50 (11.0%)	6:59	8.6 (89.6%)
4	<b>WILK Maciej</b>	<b>2093</b>	RAMBO 3 - KRÓL CELIBATU	Masters M - 40	2	00:58:37	03:42:36	05:31:04	07:14:07	09:10:30	11:38:35	13:04:55	<b>15:34:47.50</b>	+02:06:23 (13.5%)	7:11	8.3 (86.5%)
5	<b>KABAJA Jiří</b>	<b>2007</b>	MILOTA TEA	Weteran I M - 50	1	01:11:44	04:18:32	06:21:02	08:28:19	10:44:41	13:21:29	14:42:09	<b>16:46:46.70</b>	+03:18:22 (19.7%)	7:44	7.7 (80.2%)
6	<b>MÜLLER Christoph</b>	<b>2087</b>	ŁĄDEK-ZDRÓJ RUNNERS	Senior II M - 30	2	01:01:41	03:50:12	05:41:03	07:40:24	10:14:47	13:06:33	14:33:29	<b>16:46:53.25</b>	+03:18:28 (19.7%)	7:44	7.7 (80.2%)
7	<b>WARWAS Radosław</b>	<b>2187</b>		Masters M - 40	3	01:16:44	04:32:50	06:52:06	09:00:26	11:13:56	13:47:54	15:21:08	<b>17:30:23.00</b>	+04:01:58 (23.0%)	8:04	7.4 (77.1%)
8	<b>CYGAN Dawid</b>	<b>2021</b>		Senior II M - 30	3	01:10:19	04:19:26	06:16:57	08:14:16	10:54:20	13:29:12	14:57:20	<b>17:31:34.50</b>	+04:03:10 (23.1%)	8:05	7.4 (77.1%)
9	<b>DZIESZUK Grzegorz</b>	<b>2177</b>	PODZAMCZE WAŁBRZYCH	Masters M - 40	4	01:11:07	04:47:45	07:00:46	09:13:13	11:31:41	14:05:25	15:27:40	<b>17:37:33.30</b>	+04:09:08 (23.6%)	8:08	7.4 (77.1%)
10	<b>GAŁUSZKA Rafał</b>	<b>2212</b>		Weteran I M - 50	2	01:09:41	04:19:49	06:29:17	08:34:28	11:12:26	13:52:02	15:07:03	<b>17:37:40.85</b>	+04:09:16 (23.6%)	8:08	7.4 (77.1%)
11	<b>GLOS Vaclav</b>	<b>1256</b>	ATEX, TJ MAGLA	Senior II M - 30	4	01:07:05	04:05:15	06:03:45	08:02:15	10:18:50	13:03:32	14:46:33	<b>17:37:47.95</b>	+04:09:23 (23.6%)	8:08	7.4 (77.1%)
12	<b>MARVAN Rostislav</b>	<b>2004</b>	MILOTA TEA	Weteran I M - 50	3	01:13:39	04:34:14	06:43:40	08:52:57	11:09:27	13:45:35	15:08:09	<b>17:38:28.95</b>	+04:10:04 (23.6%)	8:08	7.4 (77.1%)
13	<b>ROSOLSKI Dawid</b>	<b>1038</b>		Senior II M - 30	5	01:09:22	04:21:25	06:22:48	08:33:50	10:43:10	13:20:44	14:52:02	<b>17:40:04.05</b>	+04:11:39 (23.7%)	8:09	7.4 (77.1%)
14	<b>KRYGIER Tomasz</b>	<b>2130</b>	EUROCASH	Senior II M - 30	6	01:10:26	04:23:03	06:33:17	08:39:08	10:56:49	13:49:52	15:14:09	<b>17:48:58.50</b>	+04:20:34 (24.4%)	8:13	7.3 (76.0%)
15	<b>KLINCEWICZ Cezary</b>	<b>1287</b>		Masters M - 40	5	01:07:03	03:59:58	05:52:52	07:46:05	10:06:44	13:22:49	15:06:39	<b>17:52:58.75</b>	+04:24:34 (24.7%)	8:15	7.3 (76.0%)
16	<b>GUZERA Justyna</b>	<b>2098</b>	MATNER RUNNING TEAM	Senior II K - 30	2	01:12:02	04:23:04	06:33:17	08:39:08	10:56:50	13:53:00	15:31:20	<b>18:08:55.10</b>	+04:40:30 (25.8%)	8:22	7.2 (75.0%)
17	<b>HUBNER Antoni</b>	<b>1192</b>	TRT	Masters M - 40	6	01:13:24	04:32:02	06:48:19	09:03:12	11:28:16	14:04:47	15:32:58	<b>18:21:55.15</b>	+04:53:30 (26.6%)	8:28	7.1 (74.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Czas netto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km				
18	<b>GACA Dominik</b>	<b>2028</b>		Masters M - 40	7	01:12:46	04:35:22	06:48:04	08:58:33	11:30:42	14:14:55	15:42:40	<b>18:26:01.25</b>	+04:57:36 (26.9%)	8:30	7.1 (74.0%)
19	<b>KAPICA Anna</b>	<b>2165</b>	CWKS RESOVIA RZESZÓW	Masters K - 40	1	01:22:31	04:47:17	07:04:12	09:12:26	11:36:08	14:20:40	15:51:55	<b>18:30:54.70</b>	+05:02:30 (27.2%)	8:32	7 (72.9%)
20	<b>GAWROŃSKI Paweł</b>	<b>2184</b>		Masters M - 40	8	01:20:36	04:50:41	07:04:38	09:12:52	11:36:35	14:21:07	15:52:23	<b>18:31:21.15</b>	+05:02:56 (27.3%)	8:32	7 (72.9%)
21	<b>GONCZAR Szymon</b>	<b>1179</b>	INŻYNIERIA BIEGANIA	Senior II M - 30	7	01:39:29	05:07:06	07:09:56	09:15:04	11:13:01	13:57:07	15:47:22	<b>18:34:13.75</b>	+05:05:49 (27.4%)	8:34	7 (72.9%)
22	<b>CICHOCKI Rafał</b>	<b>2116</b>	KAJ TA META	Masters M - 40	9	01:07:29	04:03:07	06:03:12	08:18:32	10:58:26	13:59:18	15:35:38	<b>18:44:43.00</b>	+05:16:18 (28.1%)	8:39	6.9 (71.9%)
23	<b>JĘDRZEJKO Dominik</b>	<b>2034</b>	BIEGAM SOBIE	Masters M - 40	10	01:09:48	04:32:23	06:42:15	08:52:45	11:28:16	14:20:19	15:53:26	<b>18:46:13.75</b>	+05:17:49 (28.2%)	8:39	6.9 (71.9%)
24	<b>PALIWODA Sławek</b>	<b>2100</b>	ITPROJEKT BYDGOSZCZ	Senior II M - 30	8	01:13:09	04:41:43	07:05:19	09:17:49	11:55:53	14:27:25	16:00:06	<b>18:48:04.45</b>	+05:19:40 (28.3%)	8:40	6.9 (71.9%)
25	<b>CHEŁCHOWSKI Norbert</b>	<b>2120</b>	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	11	01:22:58	04:59:35	07:16:32	09:30:15	11:55:42	14:44:24	16:14:09	<b>18:49:41.90</b>	+05:21:17 (28.4%)	8:41	6.9 (71.9%)
26	<b>KĄSIEL Paweł</b>	<b>2180</b>	MATNER RUNNING TEAM	Masters M - 40	12	01:12:13	04:38:33	07:17:26	09:28:41	11:56:44	14:40:39	16:14:56	<b>18:50:04.15</b>	+05:21:39 (28.5%)	8:41	6.9 (71.9%)
27	<b>DEFECIŃSKI Radosław</b>	<b>2207</b>	LUNATYCY	Weteran I M - 50	4	01:16:58	04:59:58	07:21:19	09:45:30	12:15:47	15:05:24	16:31:21	<b>18:53:53.30</b>	+05:25:28 (28.7%)	8:43	6.9 (71.9%)
28	<b>KARAMON Marcin</b>	<b>1275</b>		Masters M - 40	13	01:23:32	04:52:49	07:04:35	09:18:22	11:42:04	14:43:21	16:10:50	<b>18:56:46.75</b>	+05:28:22 (28.9%)	8:44	6.9 (71.9%)
29	<b>PRYZYSTARZ Grzegorz</b>	<b>2024</b>	OBORYGENI	Weteran I M - 50	5	01:19:33	04:49:00	07:00:42	09:17:15	11:44:48	14:50:37	16:17:33	<b>19:04:43.65</b>	+05:36:19 (29.4%)	8:48	6.8 (70.8%)
30	<b>PLESZ Wojciech</b>	<b>2190</b>	SILESIA MARATHON CLUB	Senior II M - 30	9	01:24:05	05:02:30	07:18:14	09:29:56	12:11:05	15:03:17	16:29:28	<b>19:06:15.00</b>	+05:37:50 (29.5%)	8:49	6.8 (70.8%)
31	<b>JOVANOVIĆ-DOBRZYŃSKA Marta</b>	<b>2126</b>		Senior I K - 20	1	01:22:33	04:59:43	07:17:42	09:31:25	12:05:16	14:58:44	16:32:13	<b>19:07:30.50</b>	+05:39:06 (29.6%)	8:49	6.8 (70.8%)
32	<b>STRASZKO Monika</b>	<b>2145</b>		Masters K - 40	2	01:22:55	04:56:00	07:15:57	09:24:55	11:58:11	14:53:18	16:33:47	<b>19:12:39.30</b>	+05:44:14 (29.9%)	8:51	6.8 (70.8%)
33	<b>LOSKA Piotr</b>	<b>2179</b>	HURAGAN LIGOTA	Masters M - 40	14	01:17:37	04:53:48	07:12:03	09:30:35	12:00:16	14:57:38	16:38:27	<b>19:27:16.80</b>	+05:58:52 (30.7%)	8:58	6.7 (69.8%)
34	<b>PIŁKO Marcin</b>	<b>2117</b>	HUSKY TEAM	Masters M - 40	15	01:10:36	04:35:07	06:54:57	09:20:41	12:00:58	15:05:06	16:42:51	<b>19:30:05.95</b>	+06:01:41 (30.9%)	9:00	6.7 (69.8%)
35	<b>ARDELLI Ewa</b>	<b>1233</b>		Masters K - 40	3	01:18:59	04:52:34	07:10:26	09:25:30	11:51:30	14:51:04	16:27:36	<b>19:33:00.10</b>	+06:04:35 (31.1%)	9:01	6.6 (68.8%)
36	<b>WOJCIK Paweł</b>	<b>1209</b>	AZS UEK / RUN PROGRESS	Masters M - 40	16	01:24:56	05:07:28	07:16:03	09:36:58	12:20:24	15:06:50	16:48:49	<b>19:37:18.25</b>	+06:08:53 (31.3%)	9:03	6.6 (68.8%)
37	<b>CHYBOWSKI Jarosław</b>	<b>2029</b>	KS ULTRA TEAM ŁÓDŹ	Masters M - 40	17	01:36:30	05:20:17	07:43:39	10:02:56	12:40:58	15:33:03	16:59:21	<b>19:37:23.85</b>	+06:08:59 (31.3%)	9:03	6.6 (68.8%)
38	<b>MIELEWCZYK Tomasz</b>	<b>2017</b>	RUN YOUR TRAIL	Weteran I M - 50	6	01:15:06	04:38:05	07:01:01	09:19:12	11:49:16	14:48:55	16:27:46	<b>19:38:08.00</b>	+06:09:43 (31.4%)	9:03	6.6 (68.8%)
39	<b>KUPCZYK Jacek</b>	<b>2097</b>	MOL RUNNERS	Weteran I M - 50	7	01:22:46	05:03:30	07:19:07	09:44:59	12:25:09	15:16:00	16:49:10	<b>19:46:36.80</b>	+06:18:12 (31.9%)	9:07	6.6 (68.8%)
40	<b>MIKOŁAJCZYK Mirosław</b>	<b>2210</b>	MIRAZ RACE TEAM	Masters M - 40	18	01:16:23	05:26:59	07:37:04	09:45:33	12:20:46	15:24:05	17:00:41	<b>19:47:48.20</b>	+06:19:23 (31.9%)	9:08	6.6 (68.8%)
41	<b>LUBAŃSKI Robert</b>	<b>2160</b>		Weteran I M - 50	8	01:17:12	04:56:58	07:20:42	09:48:47	12:23:36	15:22:22	16:55:52	<b>19:54:19.80</b>	+06:25:55 (32.3%)	9:11	6.5 (67.7%)
42	<b>NAPARTY Zbigniew</b>	<b>2103</b>	KĘSY TEAM	Weteran I M - 50	9	01:17:02	05:03:59	07:19:41	09:35:59	12:12:35	15:20:49	17:04:23	<b>20:07:46.10</b>	+06:39:21 (33.1%)	9:17	6.5 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Czas netto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km				
43	<b>JASICKI Krzysztof</b>	<b>2200</b>	RUNHOGS TYCHY	Masters M - 40	19	01:31:36	05:19:12	07:44:44	10:06:15	12:57:41	16:02:11	17:32:52	<b>20:17:54.75</b>	+06:49:30 (33.6%)	9:22	6.4 (66.7%)
44	<b>ŚWIERK Piotr</b>	<b>2102</b>	RADLINIOKI W BIEGU	Masters M - 40	20	01:18:55	04:59:50	07:32:14	09:57:54	12:49:08	15:40:18	17:21:36	<b>20:18:29.05</b>	+06:50:04 (33.7%)	9:22	6.4 (66.7%)
45	<b>KOZŁOWSKI Leszek</b>	<b>1139</b>	LESZNO LIMITS RUNNERS	Weteran I M - 50	10	01:17:50	04:58:59	07:24:34	09:46:04	12:36:16	15:40:42	17:20:45	<b>20:18:46.25</b>	+06:50:21 (33.7%)	9:22	6.4 (66.7%)
46	<b>WOŹNIAK Paweł</b>	<b>2173</b>	W POGONI ZA DUCHEM	Masters M - 40	21	01:09:36	04:42:21	07:04:47	09:25:23	12:46:38	15:38:34	17:17:03	<b>20:18:58.65</b>	+06:50:34 (33.7%)	9:22	6.4 (66.7%)
47	<b>SERAFIN Robert</b>	<b>1119</b>	JESTEM OD ROMKA	Senior II M - 30	10	01:20:10	04:49:41	07:05:57	09:25:46	12:11:40	15:23:03	17:15:10	<b>20:19:40.60</b>	+06:51:16 (33.7%)	9:22	6.4 (66.7%)
48	<b>PIOTROWSKI Michał</b>	<b>1026</b>	#ŻEBERKATEAM	Masters M - 40	22	01:23:02	05:05:52	07:30:45	10:01:57	12:47:24	15:52:24	17:26:49	<b>20:31:26.70</b>	+07:03:02 (34.4%)	9:28	6.3 (65.6%)
49	<b>CHOŁKA Michał</b>	<b>1037</b>		Masters M - 40	23	01:32:11	05:21:52	07:46:31	10:09:33	12:51:27	15:43:21	17:29:41	<b>20:31:57.65</b>	+07:03:33 (34.4%)	9:28	6.3 (65.6%)
50	<b>MAŁOLEPSZY Waldemar</b>	<b>2174</b>	SPARTA ULTRA TEAM	Masters M - 40	24	01:19:20	05:21:36	07:51:58	10:16:25	13:06:35	16:00:53	17:30:04	<b>20:34:33.80</b>	+07:06:09 (34.5%)	9:29	6.3 (65.6%)
51	<b>ORŁOWSKI Kacper</b>	<b>2114</b>	SEKCJA BOKSU WKS ŚLĄSK	Senior II M - 30	11	01:23:01	05:14:40	07:39:34	10:05:49	13:03:59	16:01:31	17:49:17	<b>20:35:25.20</b>	+07:07:00 (34.6%)	9:30	6.3 (65.6%)
52	<b>KARCZMARCZYK Mateusz</b>	<b>2079</b>	FORDOŃSKIE GÓRKI	Senior II M - 30	12	01:19:20	04:52:01	07:20:33	09:41:34	12:14:36	15:30:12	17:21:00	<b>20:36:52.85</b>	+07:08:28 (34.6%)	9:30	6.3 (65.6%)
53	<b>KACZMARCZYK Piotr</b>	<b>2163</b>	SOLPARK KLESZCZÓW	Masters M - 40	25	01:20:10	04:59:02	07:16:00	09:32:27	12:15:41	15:23:14	17:21:22	<b>20:37:51.60</b>	+07:09:27 (34.7%)	9:31	6.3 (65.6%)
54	<b>OLEJNIK Wojciech</b>	<b>2175</b>	REWELKA TEAM	Senior I M - 20	1	01:21:23	05:16:37	07:51:56	10:29:37	13:08:50	16:17:02	17:50:04	<b>20:38:15.95</b>	+07:09:51 (34.7%)	9:31	6.3 (65.6%)
55	<b>PILNY Karol</b>	<b>2193</b>	RUN RYDUŁTOWY	Senior I M - 20	2	01:26:27	05:07:39	07:27:34	10:12:44	13:27:54	16:20:38	17:48:53	<b>20:39:05.55</b>	+07:10:41 (34.8%)	9:31	6.3 (65.6%)
56	<b>WITKE-ORLIKOWSKA Marta</b>	<b>2092</b>		Masters K - 40	4	01:20:05	05:14:09	07:44:13	10:05:21	12:49:12	15:59:05	17:50:06	<b>20:39:13.85</b>	+07:10:49 (34.8%)	9:31	6.3 (65.6%)
57	<b>WAWRYKÓW Kuba</b>	<b>2036</b>		Senior II M - 30	13	01:24:28	05:14:58	07:30:49	10:11:19	13:02:44	16:06:22	17:39:41	<b>20:39:56.35</b>	+07:11:32 (34.8%)	9:32	6.3 (65.6%)
58	<b>PARZONKA Sylwester</b>	<b>1098</b>	KS GEPARD KĘPNO	Weteran I M - 50	11	01:17:28	04:49:04	07:17:36	09:43:43	12:48:40	15:56:09	17:40:22	<b>20:45:02.90</b>	+07:16:38 (35.1%)	9:34	6.3 (65.6%)
59	<b>ŁAWSKI Dominik</b>	<b>1318</b>	BIELAWSKA AKADEMIA BIEGANIA	Masters M - 40	26	01:27:44	05:03:00	07:15:55	09:25:45	12:01:06	15:26:38	17:07:04	<b>20:50:50.60</b>	+07:22:26 (35.4%)	9:37	6.2 (64.6%)
60	<b>HALMAN Krzysztof</b>	<b>2107</b>	LEJ MI PÓŁ	Masters M - 40	27	01:17:19	04:53:04	07:17:46	09:39:38	12:16:19	15:21:09	17:10:12	<b>20:51:08.30</b>	+07:22:43 (35.4%)	9:37	6.2 (64.6%)
61	<b>MAZUR Anna</b>	<b>2072</b>	ULTRANQA	Masters K - 40	5	01:25:01	05:16:33	07:42:00	10:05:34	13:02:10	16:14:55	17:51:39	<b>20:52:59.15</b>	+07:24:34 (35.5%)	9:38	6.2 (64.6%)
62	<b>BIADASZ Andrzej Michał</b>	<b>2082</b>	POLITECHNIKA POZNAŃSKA	Masters M - 40	28	01:18:01	04:38:55	06:55:41	09:08:31	11:38:25	15:27:13	17:51:33	<b>20:59:41.65</b>	+07:31:17 (35.8%)	9:41	6.2 (64.6%)
63	<b>ZACHARYASZ Miłosz</b>	<b>2109</b>	#KOCHAMMONICZKE	Senior II M - 30	14	01:32:50	05:21:26	07:44:31	10:14:02	13:25:09	16:28:04	18:04:56	<b>21:14:16.00</b>	+07:45:51 (36.6%)	9:48	6.1 (63.5%)
64	<b>MILEWICZ Daniel</b>	<b>2206</b>		Masters M - 40	29	01:34:53	05:25:17	08:00:41	10:23:39	13:16:59	16:26:14	18:00:56	<b>21:15:27.00</b>	+07:47:02 (36.6%)	9:48	6.1 (63.5%)
65	<b>BIRECKI Szymek</b>	<b>2041</b>	GT KONA	Masters M - 40	30	01:41:50	05:48:47	08:19:08	11:02:48	13:48:47	16:42:41	18:22:40	<b>21:16:38.80</b>	+07:48:14 (36.7%)	9:49	6.1 (63.5%)
66	<b>GRABKOWSKI Rafał</b>	<b>2125</b>	DOGOŃ GRODZISK MAZOWIECKI	Weteran I M - 50	12	01:35:50	05:19:19	07:43:59	10:18:24	13:13:51	16:18:04	17:53:42	<b>21:17:11.20</b>	+07:48:46 (36.7%)	9:49	6.1 (63.5%)
67	<b>WĘGIEL Bogdan</b>	<b>2219</b>		Weteran I M - 50	13	01:35:59	05:43:57	08:15:55	10:47:30	13:39:09	16:40:49	18:20:44	<b>21:19:22.30</b>	+07:50:57 (36.8%)	9:50	6.1 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto		Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km	Różn		
68	<b>WOJCIECHOWSKA Milena</b>	<b>2089</b>	BIEGI W ROGOŹNIKU	Senior II K - 30	3	01:32:19	05:30:40	07:45:07	10:06:46	12:57:09	16:10:56	18:01:08	<b>21:19:30.60</b>	+07:51:06 (36.8%)	9:50	6.1 (63.5%)
69	<b>PAWŁOWSKI Łukasz</b>	<b>1315</b>	VEGE RUNNERS/ZABIEGANI CZĘSTOCHOWA	Masters M - 40	31	01:22:06	05:12:20	07:48:57	10:19:51	13:03:11	16:16:08	17:56:57	<b>21:21:57.65</b>	+07:53:33 (36.9%)	9:51	6.1 (63.5%)
70	<b>BASTRZYK Tomasz</b>	<b>2066</b>		Weteran I M - 50	14	01:21:05	05:09:55	07:44:02	10:09:02	13:03:58	16:31:49	18:25:15	<b>21:38:46.95</b>	+08:10:22 (37.8%)	9:59	6 (62.5%)
71	<b>ROSZAK Piotr</b>	<b>1060</b>	SZUKAM KLUBU	Masters M - 40	32	01:21:04	04:55:06	07:20:40	09:42:15	12:31:52	15:44:55	17:51:02	<b>21:43:38.80</b>	+08:15:14 (38.0%)	10:01	6 (62.5%)
72	<b>KINCEL Krzysztof</b>	<b>1228</b>		Weteran II M - 60	1	01:33:29	05:33:52	08:09:41	10:41:03	13:36:24	16:45:35	18:37:50	<b>21:49:43.75</b>	+08:21:19 (38.3%)	10:04	6 (62.5%)
73	<b>SŁOMIAN Mikołaj</b>	<b>2113</b>		Senior I M - 20	3	01:22:03	05:04:34	07:28:38	09:53:24	12:45:11	16:07:18	18:02:49	<b>21:50:00.00</b>	+08:21:35 (38.3%)	10:04	6 (62.5%)
74	<b>CHUCHAŁA Paweł</b>	<b>1277</b>	MARKOWI BIEGACZE	Masters M - 40	33	01:32:23	05:19:42	08:00:15	10:50:52	13:47:51	16:59:45	18:42:49	<b>21:52:01.65</b>	+08:23:37 (38.4%)	10:05	5.9 (61.5%)
75	<b>SIEMIENIUK Andrzej</b>	<b>2025</b>	RATUJMY CO SIĘ DA ♥♥♥♥	Masters M - 40	34	01:22:38	05:12:14	07:50:45	10:29:42	13:28:52	16:48:32	18:44:00	<b>21:58:32.70</b>	+08:30:08 (38.7%)	10:08	5.9 (61.5%)
76	<b>GRZEGORCZYK Szymon</b>	<b>2171</b>		Senior I M - 20	4	01:21:21	04:51:58	07:09:24	09:39:44	12:44:53	15:57:40	17:54:42	<b>21:59:33.65</b>	+08:31:09 (38.7%)	10:09	5.9 (61.5%)
77	<b>PIKUL Piotr</b>	<b>1111</b>		Masters M - 40	35	01:28:28	05:31:45	08:02:51	10:41:15	13:31:28	16:47:29	18:39:50	<b>21:59:53.25</b>	+08:31:28 (38.8%)	10:09	5.9 (61.5%)
78	<b>GAŚCZAK Mariusz</b>	<b>2192</b>	SPARTA ULTRA TEAM	Masters M - 40	36	01:21:43	05:24:02	07:58:42	10:41:37	13:27:00	16:50:02	18:44:28	<b>22:00:47.35</b>	+08:32:23 (38.8%)	10:09	5.9 (61.5%)
79	<b>KONOPSKI Piotr</b>	<b>2153</b>		Masters M - 40	37	01:33:52	05:35:36	08:07:02	10:37:55	13:38:13	16:41:14	18:34:59	<b>22:09:52.30</b>	+08:41:27 (39.2%)	10:13	5.9 (61.5%)
80	<b>CIEMBOROWICZ Karol</b>	<b>1102</b>	#KFD	Masters M - 40	38	01:36:07	05:24:48	07:52:32	10:29:10	13:26:24	16:48:06	18:42:42	<b>22:10:17.15</b>	+08:41:52 (39.2%)	10:13	5.9 (61.5%)
81	<b>PIĘTKO Dariusz</b>	<b>2053</b>	ORANGE POLSKA	Weteran I M - 50	15	01:36:20	05:42:52	08:13:32	10:47:18	13:44:21	16:45:58	18:42:14	<b>22:11:12.80</b>	+08:42:48 (39.3%)	10:14	5.9 (61.5%)
82	<b>TIETZ Przemysław</b>	<b>1153</b>		Masters M - 40	39	01:24:44	05:17:12	07:54:28	10:25:46	13:10:25	16:09:17	17:57:05	<b>22:12:11.35</b>	+08:43:47 (39.3%)	10:14	5.9 (61.5%)
83	<b>BOROWIEC Bartosz</b>	<b>2199</b>	ATLAS RUNNING TEAM	Masters M - 40	40	01:20:34	05:17:07	08:09:13	11:19:52	14:03:16	17:04:53	18:43:50	<b>22:14:34.35</b>	+08:46:10 (39.4%)	10:15	5.8 (60.4%)
84	<b>WOSZTYL Alicja</b>	<b>2090</b>	FOR-REST-RUN KOSZALIN	Senior II K - 30	4	01:23:14	05:07:38	07:31:48	09:52:36	12:26:34	15:32:43	17:37:04	<b>22:14:49.15</b>	+08:46:24 (39.4%)	10:16	5.8 (60.4%)
85	<b>MIŚ Mateusz</b>	<b>1222</b>		Masters M - 40	41	01:30:15	05:30:09	08:03:55	10:54:01	13:53:12	17:11:43	19:04:07	<b>22:15:09.60</b>	+08:46:45 (39.5%)	10:16	5.8 (60.4%)
86	<b>TOMCZAK Dariusz</b>	<b>2088</b>		Senior II M - 30	15	01:28:29	05:16:07	07:48:18	10:43:43	13:31:07	16:48:45	18:45:52	<b>22:23:12.45</b>	+08:54:48 (39.8%)	10:19	5.8 (60.4%)
87	<b>SZECÓWKA Andrzej</b>	<b>1005</b>		Weteran I M - 50	16	01:23:02	05:08:12	07:29:53	09:58:11	13:23:05	16:38:54	18:45:37	<b>22:25:46.95</b>	+08:57:22 (39.9%)	10:21	5.8 (60.4%)
88	<b>ZAJĄC Krystian</b>	<b>1148</b>	DRUŻYNA BARTKA	Senior II M - 30	16	01:25:46	05:23:53	07:53:05	10:23:27	13:15:55	16:31:09	18:11:55	<b>22:26:08.95</b>	+08:57:44 (39.9%)	10:21	5.8 (60.4%)
89	<b>SZPINDA Sebastian</b>	<b>1131</b>	BIŁGORAJ ULTRA TRAIL	Masters M - 40	42	01:30:25	05:12:52	07:46:47	10:32:19	13:44:49	17:07:34	19:01:55	<b>22:28:45.10</b>	+09:00:20 (40.1%)	10:22	5.8 (60.4%)
90	<b>KROTECKI Damian</b>	<b>2119</b>	MAKE SOMETHING MORE	Senior II M - 30	17	01:26:32	05:14:01	07:34:40	10:11:06	13:33:11	16:50:04	18:53:17	<b>22:31:59.70</b>	+09:03:35 (40.2%)	10:23	5.8 (60.4%)
91	<b>PUCHACZ Piotr</b>	<b>1249</b>		Weteran I M - 50	17	01:37:53	05:23:44	08:05:13	10:31:35	13:34:58	16:52:37	18:54:47	<b>22:37:59.15</b>	+09:09:34 (40.5%)	10:26	5.7 (59.4%)
92	<b>KUPCZAK Ewa</b>	<b>2168</b>	SPARTA ULTRA TEAM	Weteran K - 50	1	01:32:15	05:34:14	08:07:00	10:41:16	13:42:42	17:04:28	19:02:45	<b>22:46:26.80</b>	+09:18:02 (40.8%)	10:30	5.7 (59.4%)
93	<b>BUDZYŃSKI Przemysław</b>	<b>2080</b>	BUDZYŃSCY TEAM	Masters M - 40	43	01:23:46	05:19:02	07:57:24	10:43:24	13:47:49	17:14:08	19:01:21	<b>23:00:08.05</b>	+09:31:43 (41.4%)	10:36	5.7 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Różn	Tempo	Tempo
						10km	32km	47km	64km	81km	100km	112km	130km		min/km	km/h
94	<b>BOCIEJ Arkadiusz</b>	<b>1234</b>	SZUKAM KLUBU	Senior I M - 20	5	01:25:13	05:06:58	07:42:45	10:29:04	13:19:56	16:51:27	18:35:38	<b>23:02:34.35</b>	+09:34:10 (41.5%)	10:38	5.6 (58.3%)
95	<b>HELWICH Pawel</b>	<b>2205</b>	HELTEAM	Masters M - 40	44	01:40:36	05:44:52	08:17:14	10:52:33	14:09:30	17:50:48	19:40:44	<b>23:09:46.20</b>	+09:41:21 (41.8%)	10:41	5.6 (58.3%)
96	<b>PYTKA Konrad</b>	<b>1006</b>	NAPRZÓD MŁOCINY BAT	Masters M - 40	45	01:35:29	05:55:52	08:27:46	11:07:46	14:19:13	17:49:25	19:46:20	<b>23:12:24.70</b>	+09:44:00 (41.9%)	10:42	5.6 (58.3%)
97	<b>NOWAK Natalia</b>	<b>2061</b>	GÓRAL Z MAZUR RUNNING TEAM	Senior II K - 30	5	01:26:01	05:32:01	08:18:56	11:07:05	14:15:45	18:13:27	19:56:22	<b>23:14:18.75</b>	+09:45:54 (42.0%)	10:43	5.6 (58.3%)
98	<b>WĄTROBA Tomasz</b>	<b>1301</b>		Senior II M - 30	18	01:33:53	05:46:20	08:21:03	11:07:07	14:36:26	17:52:17	19:40:26	<b>23:15:21.10</b>	+09:46:56 (42.1%)	10:44	5.6 (58.3%)
99	<b>SUCHAN Andrzej</b>	<b>1276</b>	ENDORFINY WADOWICE	Masters M - 40	46	01:37:25	05:50:56	08:39:09	11:30:03	14:35:37	17:46:26	19:37:23	<b>23:15:36.25</b>	+09:47:11 (42.1%)	10:44	5.6 (58.3%)
100	<b>ŁOZA Elwira</b>	<b>2188</b>	MKB DREPTAK	Senior II K - 30	6	01:33:11	05:44:15	08:22:08	11:16:28	13:48:03	17:26:51	20:04:11	<b>23:16:14.05</b>	+09:47:49 (42.1%)	10:44	5.6 (58.3%)
101	<b>MOWNY Adam</b>	<b>2105</b>	ORANGE POLSKA	Weteran I M - 50	18	01:30:46	05:44:45	08:22:52	11:04:08	14:21:56	17:40:39	19:38:52	<b>23:16:39.10</b>	+09:48:14 (42.1%)	10:44	5.6 (58.3%)
102	<b>MICHALCZYK Tomasz</b>	<b>1317</b>	NAPRZÓD MŁOCINY BAT	Masters M - 40	47	01:35:27	05:55:59	08:30:48	11:15:03	14:19:07	17:49:25	19:46:07	<b>23:19:32.85</b>	+09:51:08 (42.2%)	10:45	5.6 (58.3%)
103	<b>MIERCZAK Dawid</b>	<b>2217</b>	PENDOLINO TEAM	Senior II M - 30	19	01:29:29	05:40:16	08:19:34	11:00:53	14:03:56	17:33:43	19:32:45	<b>23:21:28.55</b>	+09:53:04 (42.3%)	10:46	5.6 (58.3%)
104	<b>BOROWCZYK Sonia</b>	<b>2049</b>		Senior II K - 30	7	01:22:57	05:19:01	07:57:21	10:43:23	13:47:49	17:25:10	19:32:13	<b>23:22:07.40</b>	+09:53:43 (42.3%)	10:47	5.6 (58.3%)
105	<b>MATYSZKOWICZ Janusz</b>	<b>2137</b>	GONIMY	Weteran II M - 60	2	01:38:45	06:00:00	08:41:30	11:26:09	14:29:32	17:54:53	19:53:11	<b>23:25:27.55</b>	+09:57:03 (42.5%)	10:48	5.5 (57.3%)
106	<b>GÓRNY Robert</b>	<b>1235</b>	TIM JEST TIM	Masters M - 40	48	01:24:47	05:31:09	08:24:33	11:12:44	14:04:41	17:28:29	19:32:34	<b>23:29:24.80</b>	+10:01:00 (42.6%)	10:50	5.5 (57.3%)
107	<b>DRZEWIECKA Sylwia</b>	<b>2164</b>		Senior I K - 20	2	01:19:33	04:55:26	07:09:32	09:39:52	12:45:02	16:10:34	19:17:00	<b>23:31:07.35</b>	+10:02:43 (42.7%)	10:51	5.5 (57.3%)
108	<b>DERMINE Nicolas</b>	<b>1177</b>		Masters M - 40	49	01:50:45	06:12:52	08:55:56	11:37:58	14:43:15	17:58:48	19:51:59	<b>23:31:08.50</b>	+10:02:44 (42.7%)	10:51	5.5 (57.3%)
109	<b>HEJZNER Arkadiusz</b>	<b>2077</b>		Masters M - 40	50	01:23:37	05:03:12	07:47:51	10:36:36	13:52:57	17:25:26	19:31:40	<b>23:32:56.70</b>	+10:04:32 (42.8%)	10:52	5.5 (57.3%)
110	<b>WOJDANOWSKI Jan</b>	<b>1165</b>	KB HARCOWNIK JELCZ-LASKOWICE	Weteran II M - 60	3	01:32:29	05:21:40	07:56:30	10:31:06	13:15:40	16:43:29	19:42:55	<b>23:39:36.40</b>	+10:11:12 (43.1%)	10:55	5.5 (57.3%)
111	<b>KAŃDUŁA Grzegorz</b>	<b>1231</b>		Masters M - 40	51	01:38:18	06:06:51	08:45:56	11:24:50	14:35:34	17:47:36	19:43:48	<b>23:40:08.45</b>	+10:11:44 (43.1%)	10:55	5.5 (57.3%)
112	<b>SOWIŃSKA-JANECZEK Joanna</b>	<b>2067</b>	KB MARATON TUREK	Senior II K - 30	8	01:37:13	05:56:00	08:30:59	11:15:18	14:19:20	17:49:31	19:46:27	<b>23:43:23.95</b>	+10:14:59 (43.2%)	10:56	5.5 (57.3%)
113	<b>BARNUŚ Michał</b>	<b>2012</b>	DZG RUNNERS ZGORZELEC	Senior II M - 30	20	01:25:19	05:28:58	08:11:05	11:04:10	14:31:20	18:00:27	19:49:22	<b>23:43:44.80</b>	+10:15:20 (43.2%)	10:57	5.5 (57.3%)
114	<b>KONDYCKI Adam</b>	<b>2033</b>	DZG RUNNERS ZGORZELEC	Weteran I M - 50	19	01:25:18	05:28:53	08:11:05	11:04:10	14:31:21	18:00:27	19:49:22	<b>23:43:46.25</b>	+10:15:21 (43.2%)	10:57	5.5 (57.3%)
115	<b>MAZUREK Łukasz</b>	<b>2104</b>	DZG RUNNERS ZGORZELEC	Masters M - 40	52	01:25:21	05:28:55	08:11:06	11:04:12	14:31:24	18:00:27	19:49:22	<b>23:43:47.85</b>	+10:15:23 (43.2%)	10:57	5.5 (57.3%)
116	<b>WOJCIECHOWSKA Dorota</b>	<b>2202</b>	CAŁA OLEŚNICA BIEGA	Weteran K - 50	2	01:38:47	06:10:12	09:17:36	12:03:26	15:03:07	18:24:58	20:19:04	<b>23:46:43.70</b>	+10:18:19 (43.3%)	10:58	5.5 (57.3%)
117	<b>KŁODA Dariusz</b>	<b>2055</b>	SPORT GENERATION	Masters M - 40	53	01:35:55	05:40:56	08:24:54	11:21:15	14:20:55	17:50:58	20:03:19	<b>23:50:04.10</b>	+10:21:39 (43.5%)	11:00	5.5 (57.3%)
118	<b>SOBCZAK Grzegorz</b>	<b>2167</b>		Weteran I M - 50	20	01:27:27	05:24:34	08:02:44	10:43:05	14:07:20	17:47:00	19:54:13	<b>23:50:45.20</b>	+10:22:20 (43.5%)	11:00	5.5 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km			
119	BURY Andrzej	2203		Weteran I M - 50	21	01:30:00	05:35:35	08:11:35	10:50:22	14:06:05	17:45:42	19:52:51	<b>23:56:33.00</b>	+10:28:08 (43.7%)	11:03	5.4 (56.3%)
120	KASZKOWIAK Bogumił	1314	WRONKI	Masters M - 40	54	01:33:25	05:38:05	08:32:18	11:25:02	14:45:16	18:04:22	20:16:28	<b>24:02:33.55</b>	+10:34:09 (44.0%)	11:05	5.4 (56.3%)
121	DYLAĞ Katarzyna	2157		Masters K - 40	6	01:46:58	06:18:15	09:22:39	12:16:28	15:16:50	18:34:13	20:27:11	<b>24:03:08.75</b>	+10:34:44 (44.0%)	11:06	5.4 (56.3%)
122	HOLIK Iwona	2139	STAJNIA BALONA	Masters K - 40	7	01:46:57	06:18:15	09:22:37	12:16:28	15:16:49	18:34:09	20:27:10	<b>24:03:09.00</b>	+10:34:44 (44.0%)	11:06	5.4 (56.3%)
123	STAWSKI Dariusz	1258	KS ULTRA TEAM ŁÓDŹ	Weteran II M - 60	4	01:38:17	06:04:22	08:47:37	11:28:59	14:42:16	18:02:13	20:00:48	<b>24:03:35.15</b>	+10:35:10 (44.0%)	11:06	5.4 (56.3%)
124	STRAMOWSKI Rafał	1298	SPARTA ULTRA TEAM	Senior II M - 30	21	01:21:54	05:24:03	08:05:40	10:56:42	14:04:40	17:35:28	19:56:43	<b>24:07:07.10</b>	+10:38:42 (44.1%)	11:07	5.4 (56.3%)
125	DATA Tomasz	1320	KS KANDAHAR	Weteran I M - 50	22	01:35:48	05:30:32	08:07:35	10:58:10	14:52:05	18:28:55	20:18:33	<b>24:07:26.65</b>	+10:39:02 (44.1%)	11:08	5.4 (56.3%)
126	TYLIŃSKI Arkadiusz	2148	LESZ NO LIMITS RUNNERS	Weteran I M - 50	23	01:20:27	05:39:06	08:28:47	11:26:36	14:31:03	18:04:36	20:21:37	<b>24:07:32.05</b>	+10:39:07 (44.2%)	11:08	5.4 (56.3%)
127	MACKOVIK Michał	2141	BLAZE HARMONY	Senior II M - 30	22	01:26:15	06:40:35	09:42:08	13:06:34	16:06:25	19:32:24	21:04:42	<b>24:08:29.45</b>	+10:40:05 (44.2%)	11:08	5.4 (56.3%)
128	SKŁADANOWSKA Beata	2140	DZIKITEAM/EUROCASH	Senior II K - 30	9	01:40:16	06:03:29	08:52:52	11:43:16	14:46:28	18:22:50	20:25:10	<b>24:09:35.90</b>	+10:41:11 (44.2%)	11:09	5.4 (56.3%)
129	BINKOWSKI Waldemar	2208		Weteran II M - 60	5	01:34:00	05:52:56	08:41:15	11:30:59	14:29:24	18:07:35	20:21:51	<b>24:11:00.05</b>	+10:42:35 (44.3%)	11:09	5.4 (56.3%)
130	JASIK Wojciech	1009		Senior II M - 30	23	01:35:09	05:45:37	08:35:17	11:20:39	14:23:24	17:54:17	20:36:48	<b>24:12:19.25</b>	+10:43:54 (44.3%)	11:10	5.4 (56.3%)
131	SZYMCZYK Michał	2085	DRUŻYNA CHROBREGO	Weteran I M - 50	24	01:32:48	06:25:59	09:28:55	12:21:00	15:09:11	18:28:13	20:34:10	<b>24:13:07.90</b>	+10:44:43 (44.4%)	11:10	5.4 (56.3%)
132	BIAŁOUSZ Izabela	2016	PSZCZÓŁKOWSKI TEAM	Masters K - 40	8	01:52:35	06:28:30	09:34:13	12:36:29	15:42:13	19:05:49	21:05:46	<b>24:13:08.60</b>	+10:44:44 (44.4%)	11:10	5.4 (56.3%)
133	MOGA Piotr	2112	SPARTA ULTRA TEAM	Masters M - 40	55	01:32:11	05:34:13	08:09:27	10:53:42	14:13:34	17:59:09	20:28:49	<b>24:14:34.05</b>	+10:46:09 (44.4%)	11:11	5.4 (56.3%)
134	WALCZAK Michał	2197	RUNNER'S POWER	Masters M - 40	56	01:40:21	06:13:54	08:58:32	11:55:09	15:17:19	18:44:12	20:34:21	<b>24:18:03.85</b>	+10:49:39 (44.6%)	11:12	5.3 (55.2%)
135	KUDELSKI Ireneusz	1019	43 WOJSKOWY ODDZIAŁ GOSPODARCZY	Weteran I M - 50	25	01:26:28	05:40:46	08:28:44	11:09:56	14:34:30	17:52:50	20:02:57	<b>24:18:12.75</b>	+10:49:48 (44.6%)	11:13	5.3 (55.2%)
136	KOWALCZYK Ewelina	2189		Masters K - 40	9	01:39:03	06:12:16	09:00:09	11:55:45	15:04:14	18:33:35	20:35:28	<b>24:20:32.85</b>	+10:52:08 (44.7%)	11:14	5.3 (55.2%)
137	KRAWCZYK Jan	2063	KLUB POD WISIENKĄ	Masters M - 40	57	01:44:31	06:03:25	09:00:03	12:02:49	15:22:00	19:17:14	21:09:38	<b>24:23:40.40</b>	+10:55:16 (44.8%)	11:15	5.3 (55.2%)
138	FEDAK Bohdan	2064	AKTYWNI ZAGÓRZ	Weteran I M - 50	26	01:43:30	06:02:26	09:00:27	12:02:51	15:22:01	19:17:18	21:09:40	<b>24:23:40.65</b>	+10:55:16 (44.8%)	11:15	5.3 (55.2%)
139	MACKIEWICZ Paweł	2054		Masters M - 40	58	01:35:54	06:08:11	09:01:58	12:08:29	15:06:15	18:35:12	20:34:14	<b>24:24:15.00</b>	+10:55:50 (44.8%)	11:15	5.3 (55.2%)
140	RUDEK Marcin	1323	HAPPY RUNNERS	Masters M - 40	59	01:20:44	05:06:04	07:53:52	10:49:05	13:55:02	17:29:45	19:32:23	<b>24:24:49.30</b>	+10:56:24 (44.8%)	11:16	5.3 (55.2%)
141	MADEJSKI Piotr	2040		Senior II M - 30	24	01:44:07	06:06:10	08:50:37	11:43:39	14:46:57	18:16:42	20:25:40	<b>24:25:58.25</b>	+10:57:33 (44.9%)	11:16	5.3 (55.2%)
142	DOMARADZKA-KASZUBOWICZ Wiktoria	2096		Masters K - 40	10	01:39:39	06:07:32	09:04:18	12:10:21	15:20:11	18:35:59	20:44:43	<b>24:27:38.05</b>	+10:59:13 (44.9%)	11:17	5.3 (55.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km			
143	MASINA Tomasz	1163		Weteran I M - 50	27	01:17:09	05:19:16	08:15:26	11:13:20	14:31:28	18:27:02	20:38:56	<b>24:30:58.25</b>	+11:02:33 (45.0%)	11:18	5.3 (55.2%)
144	DONIEC Marek	1051	ULTRA PIOTRKÓW	Weteran I M - 50	28	01:25:54	06:01:46	08:48:42	11:30:11	15:23:14	18:43:15	20:34:21	<b>24:31:21.30</b>	+11:02:56 (45.1%)	11:19	5.3 (55.2%)
145	MARKOWSKI Marek	1308	KS LENIWIEC	Masters M - 40	60	01:33:30	05:35:05	08:06:24	10:53:12	14:13:01	17:54:05	20:27:21	<b>24:35:58.15</b>	+11:07:33 (45.2%)	11:21	5.3 (55.2%)
146	PIASECKI Aleksander	1113	#NOKTOBYPOMYŚLAŁ	Senior II M - 30	25	01:37:39	06:00:53	08:56:42	12:10:32	14:52:28	18:08:28	20:22:29	<b>24:36:25.00</b>	+11:08:00 (45.2%)	11:21	5.3 (55.2%)
147	ZLAMAL Miroslav	2142		Senior II M - 30	26	01:26:10	06:40:34	09:46:31	13:06:34	16:06:25	19:32:36	21:07:33	<b>24:39:12.45</b>	+11:10:48 (45.3%)	11:22	5.3 (55.2%)
148	RUSZCZEWSKI Andrzej	2084	VEGE RUNNERS / AW - SZYBCIEJ - TEAM	Masters M - 40	61	01:43:34	05:49:27	08:19:42	11:12:13	14:48:57	18:18:29	20:28:48	<b>24:41:33.65</b>	+11:13:09 (45.4%)	11:23	5.3 (55.2%)
149	STRAMOWSKA-JARCZEWSKA Sandra	1152	SPARTA ULTRA TEAM	Senior II K - 30	10	01:29:01	06:11:45	09:01:54	12:10:53	15:08:51	18:34:26	20:42:04	<b>24:45:23.10</b>	+11:16:58 (45.6%)	11:25	5.3 (55.2%)
150	ZABROCKI Wojciech	1207		Masters M - 40	62	01:28:59	06:11:46	09:03:37	12:11:07	15:08:51	18:34:58	20:42:07	<b>24:45:23.85</b>	+11:16:59 (45.6%)	11:25	5.3 (55.2%)
151	KALICZAK-SZWAJA Monika	2122		Weteran K - 50	3	01:39:11	06:12:22	09:02:26	12:10:48	15:27:37	18:57:23	21:07:03	<b>24:45:41.25</b>	+11:17:16 (45.6%)	11:25	5.3 (55.2%)
152	BUREK Juliusz	2069	PROJEKT 1000 UP / FOR-REST-RUN	Senior II M - 30	27	01:46:18	06:12:17	09:01:13	11:53:47	15:27:07	18:58:45	21:08:48	<b>24:46:40.45</b>	+11:18:16 (45.6%)	11:26	5.2 (54.2%)
153	CHOŁUJ Jarek	2014	FOR-REST-RUN KOSZALIN	Masters M - 40	63	01:46:10	06:12:20	09:01:15	11:53:49	15:27:11	18:59:44	21:09:47	<b>24:46:43.90</b>	+11:18:19 (45.6%)	11:26	5.2 (54.2%)
154	MARGASIŃSKI Michał	1107	GÓRYLASY	Senior II M - 30	28	01:46:30	06:12:27	09:01:13	11:48:17	15:11:10	18:52:58	21:07:16	<b>24:48:08.65</b>	+11:19:44 (45.7%)	11:26	5.2 (54.2%)
155	SOĆKO Kamil	2132		Senior II M - 30	29	01:34:33	06:13:58	09:01:32	12:06:54	15:17:10	18:45:33	20:51:28	<b>24:49:01.20</b>	+11:20:36 (45.7%)	11:27	5.2 (54.2%)
156	NOWAK Sebastian	1328		Masters M - 40	64	01:25:33	05:59:15	09:01:10	12:08:50	15:22:56	18:49:39	20:58:00	<b>24:49:05.70</b>	+11:20:41 (45.7%)	11:27	5.2 (54.2%)
157	RADOMSKI Grzegorz	1057	MOKRE RUN	Masters M - 40	65	01:20:18	05:33:34	08:30:36	11:42:39	14:55:01	18:40:49	20:56:55	<b>24:49:42.15</b>	+11:21:17 (45.7%)	11:27	5.2 (54.2%)
158	KOSTERA Katarzyna	1269	VEGE RUNNERS	Masters K - 40	11	01:38:39	06:04:39	08:59:37	11:58:43	15:20:22	19:00:26	21:03:07	<b>24:50:36.40</b>	+11:22:12 (45.8%)	11:27	5.2 (54.2%)
159	KOSTERA Tomasz	1267	VEGE RUNNERS	Masters M - 40	66	01:38:39	06:04:40	08:48:11	11:40:44	15:20:35	19:00:24	21:03:07	<b>24:50:36.50</b>	+11:22:12 (45.8%)	11:27	5.2 (54.2%)
160	ROŹNIATA Iwona	1100		Weteran K - 50	4	01:39:38	06:14:30	09:03:28	12:18:19	15:27:12	18:59:17	21:08:09	<b>24:52:13.35</b>	+11:23:49 (45.8%)	11:28	5.2 (54.2%)
161	KUŁAKOWSKA Magda	2032	PSZCZÓŁKOWSKI TEAM	Masters K - 40	12	01:52:34	06:28:46	09:34:11	12:36:29	15:42:13	19:07:26	21:07:17	<b>24:52:41.45</b>	+11:24:17 (45.8%)	11:28	5.2 (54.2%)
162	NADOBNIK Beata	2042		Weteran K - 50	5	01:39:19	05:58:46	08:52:42	11:53:53	15:16:25	19:07:04	21:12:46	<b>24:52:53.60</b>	+11:24:29 (45.8%)	11:29	5.2 (54.2%)
163	CAŁY Patryk	1106	#KFD FALLOUT TEAM	Masters M - 40	67	01:44:00	06:18:05	09:04:50	12:24:20	15:58:59	19:44:44	21:25:06	<b>24:53:20.20</b>	+11:24:55 (45.9%)	11:29	5.2 (54.2%)
164	KONSTANCIUK Dariusz	2058	JAZDA Z KURAMI	Masters M - 40	68	01:26:53	05:36:22	08:30:38	11:29:48	15:00:36	18:51:53	21:10:54	<b>24:54:02.20</b>	+11:25:37 (45.9%)	11:29	5.2 (54.2%)
165	KOBYŁKA Marek	1150	SUPERMARATON KALISZ	Weteran I M - 50	29	01:36:05	05:55:43	08:50:26	11:51:35	14:57:06	18:27:07	20:36:44	<b>24:54:33.60</b>	+11:26:09 (45.9%)	11:29	5.2 (54.2%)
166	BAUER Bartosz	1142	SWORDSATHLETICS	Masters M - 40	69	01:17:11	05:47:55	08:41:06	11:24:51	14:50:34	18:07:20	20:24:15	<b>24:55:33.15</b>	+11:27:08 (45.9%)	11:30	5.2 (54.2%)
166	JACHYMSKI Jacek	2211	AKADEMICKI KLUB GÓRSKI W ŁODZI	Weteran II M - 60	6	01:40:11	06:27:00	09:34:18	12:36:33	15:43:26	19:13:44	21:07:54	<b>24:55:33.15</b>	+11:27:08 (45.9%)	11:30	5.2 (54.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Czas netto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km				
168	<b>VELAYOS LÓPEZ Miguel</b>	<b>2121</b>	OGASPORT.ORG	Senior I M - 20	6	01:14:22	05:33:49	08:08:10	10:57:47	14:27:40	18:13:09	20:23:23	<b>24:55:36.65</b>	+11:27:12 (45.9%)	11:30	5.2 (54.2%)
169	<b>ADRYAN Adam</b>	<b>1241</b>	7 BRYGADA OBRONY WYBRZEŻA SŁUPSK	Masters M - 40	70	01:33:24	06:27:53	09:42:56	12:46:21	15:29:08	19:00:45	20:59:57	<b>24:58:35.40</b>	+11:30:11 (46.1%)	11:31	5.2 (54.2%)
170	<b>MIELNIK Krzysztof</b>	<b>1156</b>	LESZ NO LIMITS RUNNERS	Weteran I M - 50	30	01:36:15	06:08:08	09:13:47	12:07:32	15:19:48	18:47:16	20:51:44	<b>24:59:11.20</b>	+11:30:46 (46.1%)	11:31	5.2 (54.2%)
171	<b>KARBOWSKI Jarosław</b>	<b>1058</b>	KS LENIWIEC	Masters M - 40	71	01:32:08	05:50:04	08:51:20	12:02:31	15:10:24	18:46:48	21:06:30	<b>24:59:23.65</b>	+11:30:59 (46.1%)	11:32	5.2 (54.2%)
172	<b>KOPYRA Tomasz</b>	<b>2128</b>	#BIEGAMWOLNOALEDOKŁADNIE	Masters M - 40	72	01:39:08	06:07:21	09:03:54	11:59:20	15:12:52	18:55:27	21:08:53	<b>25:00:04.60</b>	+11:31:40 (46.1%)	11:32	5.2 (54.2%)
173	<b>SZURKOWSKI Michał</b>	<b>2169</b>	GRUNWALD TEAM POZNAŃ	Masters M - 40	73	01:50:19	06:27:51	09:21:48	12:34:55	15:43:20	19:11:19	21:20:31	<b>25:03:59.15</b>	+11:35:34 (46.2%)	11:34	5.2 (54.2%)
174	<b>DUDA Grzegorz</b>	<b>2062</b>		Masters M - 40	74	01:38:27	06:02:28	08:48:34	11:31:41	14:38:50	18:39:47	20:59:01	<b>25:06:45.55</b>	+11:38:21 (46.3%)	11:35	5.2 (54.2%)
175	<b>GŁUCH Katarzyna</b>	<b>1174</b>		Masters K - 40	13	01:47:39	06:32:43	09:41:07	12:48:22	15:47:59	19:21:50	21:31:01	<b>25:07:16.60</b>	+11:38:52 (46.4%)	11:35	5.2 (54.2%)
176	<b>LEWKO-BRZESKA Malgorzata</b>	<b>1145</b>		Masters K - 40	14	01:35:11	05:43:26	08:32:40	11:20:00	14:47:16	19:02:49	21:19:07	<b>25:07:58.25</b>	+11:39:33 (46.4%)	11:35	5.2 (54.2%)
177	<b>HANSZ Donat</b>	<b>1185</b>	NETBOX BIEGA	Senior II M - 30	30	01:35:30	06:01:48	09:00:41	12:01:56	15:08:20	18:57:04	21:10:45	<b>25:11:33.70</b>	+11:43:09 (46.5%)	11:37	5.2 (54.2%)
178	<b>POPCZYK Ewelina</b>	<b>2159</b>	HEALTHY BODY ŻELAZNY&ŻELAZNY	Masters K - 40	15	01:47:09	06:37:50	09:40:21	12:40:43	15:39:58	19:11:15	21:14:47	<b>25:12:17.05</b>	+11:43:52 (46.5%)	11:37	5.2 (54.2%)
179	<b>KOSTRZEWSKI Sławek</b>	<b>1219</b>		Masters M - 40	75	01:19:39	05:34:08	08:55:03	11:50:14	15:06:11	18:51:02	21:22:26	<b>25:13:24.80</b>	+11:45:00 (46.6%)	11:38	5.2 (54.2%)
180	<b>KOŁODZIEJ Paweł</b>	<b>2045</b>		Masters M - 40	76	01:40:18	06:16:11	09:11:56	12:09:36	15:15:05	19:05:07	21:08:32	<b>25:13:33.65</b>	+11:45:09 (46.6%)	11:38	5.2 (54.2%)
181	<b>CHER-KOŹDOŃ Beata</b>	<b>2027</b>	ŚWIEŻAKI Z CIESZYNA	Weteran K - 50	6	01:39:51	06:13:06	09:09:27	12:01:20	15:19:35	19:07:36	21:19:27	<b>25:13:41.10</b>	+11:45:16 (46.6%)	11:38	5.2 (54.2%)
182	<b>BARTOSIK Michał</b>	<b>1292</b>	SŁOŃCA JURY	Senior II M - 30	31	01:41:47	06:18:48	08:58:57	11:49:52	15:21:43	18:59:30	21:13:44	<b>25:14:24.60</b>	+11:46:00 (46.6%)	11:38	5.2 (54.2%)
183	<b>SITAK Adam</b>	<b>1160</b>	CZEWKA ULTRA SQUAD	Masters M - 40	77	01:43:59	06:18:50	08:59:01	11:49:53	15:24:32	18:59:08	21:13:40	<b>25:14:25.65</b>	+11:46:01 (46.6%)	11:38	5.2 (54.2%)
184	<b>PIĄTEK Tomasz</b>	<b>2170</b>	WILDE BUCHAYS	Masters M - 40	78	01:40:47	06:05:35	08:58:27	11:52:05	15:16:33	19:00:04	21:09:48	<b>25:14:27.40</b>	+11:46:03 (46.6%)	11:38	5.2 (54.2%)
185	<b>WILKOS Marcin</b>	<b>1161</b>		Weteran I M - 50	31	01:47:24	06:30:22	09:23:53	12:35:10	15:40:54	19:19:16	21:21:42	<b>25:15:08.40</b>	+11:46:44 (46.6%)	11:39	5.1 (53.1%)
186	<b>LOREK Adam</b>	<b>1047</b>	#BIEGAJLESZNO /SOLIDARNOŚĆ WIELKOPOLSKA	Masters M - 40	79	01:33:35	06:04:46	08:56:44	11:36:25	15:03:58	19:02:23	21:20:00	<b>25:19:32.35</b>	+11:51:08 (46.8%)	11:41	5.1 (53.1%)
187	<b>BURA Krystian</b>	<b>1048</b>	#BIEGAJLESZNO	Senior II M - 30	32	01:33:36	06:04:48	08:56:46	11:39:35	15:03:58	19:05:08	21:21:52	<b>25:19:32.70</b>	+11:51:08 (46.8%)	11:41	5.1 (53.1%)
188	<b>HUBICKI Bartosz</b>	<b>1246</b>		Masters M - 40	80	01:46:02	06:21:11	09:09:40	12:17:01	15:51:39	19:17:52	21:12:07	<b>25:20:12.10</b>	+11:51:47 (46.8%)	11:41	5.1 (53.1%)
189	<b>HORZELA Adam</b>	<b>1004</b>	HURAGAN LIGOTA/ CHSBD "W RUCHU"	Senior II M - 30	33	01:23:08	06:02:11	09:10:36	12:59:10	15:33:58	19:18:48	21:32:27	<b>25:20:39.45</b>	+11:52:15 (46.8%)	11:41	5.1 (53.1%)
190	<b>DZIADOŃ Grzegorz</b>	<b>1299</b>		Masters M - 40	81	01:25:52	05:39:18	08:30:01	11:30:35	15:08:29	19:23:48	21:30:34	<b>25:21:22.60</b>	+11:52:58 (46.9%)	11:42	5.1 (53.1%)
191	<b>DAWISKIBA Krzysztof</b>	<b>1061</b>	FSD RUN DREZDENKO	Masters M - 40	82	01:33:54	05:57:48	08:46:28	11:43:53	15:23:06	19:30:05	21:30:48	<b>25:21:55.35</b>	+11:53:31 (46.9%)	11:42	5.1 (53.1%)
192	<b>SZYSZKOWSKA Kasia</b>	<b>2047</b>	FOR-REST-RUN KOSZALIN	Masters K - 40	16	01:46:11	06:32:39	09:41:08	12:48:39	15:47:53	19:22:51	21:31:16	<b>25:22:08.90</b>	+11:53:44 (46.9%)	11:42	5.1 (53.1%)
193	<b>SZYSZKOWSKI Tomek</b>	<b>2048</b>	FOR-REST-RUN KOSZALIN	Masters M - 40	83	01:46:11	06:32:38	09:41:05	12:48:38	15:47:52	19:22:23	21:31:15	<b>25:22:09.90</b>	+11:53:45 (46.9%)	11:42	5.1 (53.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km			
194	<b>GRĘBOWIEC Mateusz</b>	<b>1166</b>	102.BATALION LEKKIEJ PIECHOTY,10 ŚBOT	Masters M - 40	84	01:34:45	05:55:48	08:47:39	11:48:52	15:19:57	19:18:21	21:33:52	<b>25:25:29.10</b>	+11:57:04 (47.0%)	11:44	5.1 (53.1%)
195	<b>CZARNECKI Robert</b>	<b>1260</b>		Weteran I M - 50	32	01:43:50	06:26:33	09:37:24	12:36:00	15:39:53	19:16:30	21:25:32	<b>25:25:50.85</b>	+11:57:26 (47.0%)	11:44	5.1 (53.1%)
196	<b>MIĘTEK Agnieszka</b>	<b>1071</b>		Masters K - 40	17	01:44:58	06:55:47	10:11:26	13:17:24	16:07:48	19:38:29	21:38:59	<b>25:26:08.10</b>	+11:57:43 (47.0%)	11:44	5.1 (53.1%)
197	<b>FIEDOROWICZ Marcin</b>	<b>2214</b>	NIEPOŁOMICE BIEGAJĄ	Senior II M - 30	34	01:46:18	06:25:06	09:20:19	12:16:23	16:00:47	19:26:26	21:43:59	<b>25:27:01.85</b>	+11:58:37 (47.1%)	11:44	5.1 (53.1%)
198	<b>MENDRZYCKI Szymon</b>	<b>1025</b>	SZAKALE BAŁUT ŁÓDŹ	Senior II M - 30	35	01:47:36	06:21:58	09:23:13	12:29:12	15:43:17	19:23:24	21:40:12	<b>25:31:05.35</b>	+12:02:41 (47.2%)	11:46	5.1 (53.1%)
199	<b>KOZIEŁ Tadeusz</b>	<b>2136</b>	SZCZĘŚCIARZ BIEGA	Senior II M - 30	36	01:39:27	06:36:55	09:47:43	13:10:48	16:06:53	19:31:48	21:38:56	<b>25:33:52.60</b>	+12:05:28 (47.3%)	11:47	5.1 (53.1%)
200	<b>PIWOŃSKA Agnieszka</b>	<b>1101</b>		Weteran K - 50	7	01:39:37	06:15:04	09:33:28	12:35:07	15:39:15	19:21:57	21:35:11	<b>25:34:04.15</b>	+12:05:39 (47.3%)	11:48	5.1 (53.1%)
201	<b>WIERCIOCH Sławomir</b>	<b>1297</b>	BKMM	Weteran I M - 50	33	01:51:24	06:39:56	09:44:02	12:47:42	16:09:34	19:58:14	21:57:18	<b>25:35:48.20</b>	+12:07:23 (47.4%)	11:48	5.1 (53.1%)
202	<b>PAKUŁA Patryk</b>	<b>1202</b>		Senior II M - 30	37	01:35:31	05:49:03	08:22:22	11:30:05	15:03:18	18:36:37	20:57:11	<b>25:36:24.30</b>	+12:07:59 (47.4%)	11:49	5.1 (53.1%)
203	<b>LECHOWSKI Tomasz</b>	<b>2198</b>		Senior II M - 30	38	01:50:11	06:41:46	09:52:20	13:05:51	15:56:22	19:31:55	21:37:05	<b>25:37:20.05</b>	+12:08:55 (47.4%)	11:49	5.1 (53.1%)
204	<b>LACHOWICZ Przemysław</b>	<b>1157</b>		Masters M - 40	85	01:33:51	06:42:35	09:43:47	13:13:32	16:04:53	19:36:16	21:36:51	<b>25:39:53.65</b>	+12:11:29 (47.5%)	11:50	5.1 (53.1%)
205	<b>WOZNIAK Damian</b>	<b>2056</b>	CHOMIKI Z KOPYTEM	Masters M - 40	86	01:36:07	06:15:43	09:12:58	12:19:23	15:30:11	19:22:47	21:37:25	<b>25:39:58.90</b>	+12:11:34 (47.5%)	11:50	5.1 (53.1%)
206	<b>SZABLICKI Aleksy</b>	<b>1134</b>	WKB META LUBLINIEC	Weteran II M - 60	7	01:45:06	06:31:08	09:38:17	12:36:11	16:06:38	19:27:02	21:37:57	<b>25:41:49.90</b>	+12:13:25 (47.6%)	11:51	5.1 (53.1%)
207	<b>PAWLAK Maciej</b>	<b>1223</b>	3TEAM KONIN/MPEC-KONIN	Weteran I M - 50	34	01:37:12	06:34:26	09:31:28	12:48:29	16:17:18	20:04:16	22:23:05	<b>25:42:14.80</b>	+12:13:50 (47.6%)	11:51	5.1 (53.1%)
208	<b>PIEKARSKI Arek</b>	<b>1062</b>	AREK Z BYDGOSZCZY	Masters M - 40	87	01:47:39	06:21:57	09:28:30	12:29:14	15:53:26	19:32:00	21:59:00	<b>25:42:37.85</b>	+12:14:13 (47.6%)	11:51	5.1 (53.1%)
209	<b>ROZNEKSKI Łukasz</b>	<b>1281</b>	KB SOBÓTKA	Masters M - 40	88	01:42:11	06:24:09	09:08:34	12:25:40	16:05:21	19:56:31	21:58:27	<b>25:43:11.60</b>	+12:14:47 (47.6%)	11:52	5.1 (53.1%)
210	<b>POTOCZNY Mirosław</b>	<b>1080</b>	CZARNA TĘCZA/ TRAIL RUNNERS JAWORZNO	Weteran I M - 50	35	01:37:32	06:21:13	09:13:37	12:11:06	15:35:28	19:18:11	21:36:03	<b>25:43:20.85</b>	+12:14:56 (47.6%)	11:52	5.1 (53.1%)
211	<b>NOWACZYK Tomasz</b>	<b>1054</b>	KOŚCIAN TEAM	Masters M - 40	89	01:32:47	05:55:17	08:41:53	11:53:32	15:22:07	19:16:10	21:32:52	<b>25:43:40.70</b>	+12:15:16 (47.6%)	11:52	5.1 (53.1%)
212	<b>SULEJ Michał</b>	<b>2111</b>	KB BIAŁA BIEGA	Masters M - 40	90	01:41:42	06:40:57	09:40:24	12:44:49	15:50:31	19:07:13	21:15:26	<b>25:46:08.75</b>	+12:17:44 (47.7%)	11:53	5 (52.1%)
213	<b>JAGODZIŃSKI Paweł</b>	<b>1224</b>	VIKMED 3TEAM KONIN	Masters M - 40	91	01:37:10	06:48:34	09:55:05	12:56:18	16:22:14	20:12:30	22:24:54	<b>25:48:06.30</b>	+12:19:41 (47.8%)	11:54	5 (52.1%)
214	<b>JANIA Przemysław</b>	<b>1289</b>	CZEWKA ULTRA SQUAD	Senior II M - 30	39	01:44:03	06:33:51	09:42:36	13:03:51	16:01:35	19:41:08	21:56:00	<b>25:49:01.40</b>	+12:20:37 (47.8%)	11:54	5 (52.1%)
215	<b>HETMAŃSKI Arkadiusz</b>	<b>2019</b>	LOVELASY	Masters M - 40	92	01:31:08	05:58:35	08:45:02	11:40:32	15:08:07	19:07:54	21:35:06	<b>25:51:14.30</b>	+12:22:49 (47.9%)	11:55	5 (52.1%)
216	<b>TROJAN Paweł</b>	<b>1151</b>	SZCZYTNA BIEGA	Masters M - 40	93	01:42:45	06:17:22	09:04:55	12:16:57	15:44:00	19:35:55	21:57:06	<b>25:51:52.55</b>	+12:23:28 (47.9%)	11:56	5 (52.1%)
217	<b>WŁODARCZYK Krzysztof</b>	<b>1247</b>	3 TEAM CIEPEŁKO	Masters M - 40	94	01:37:10	06:34:27	09:31:33	12:48:33	16:22:25	20:12:32	22:24:56	<b>25:52:22.30</b>	+12:23:57 (47.9%)	11:56	5 (52.1%)
218	<b>KOS Paweł</b>	<b>2213</b>	EAZYMUT.PL	Weteran I M - 50	36	01:40:12	06:21:34	09:37:21	12:37:13	15:46:05	19:38:47	21:49:48	<b>25:56:31.50</b>	+12:28:07 (48.1%)	11:58	5 (52.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	100km	112km	130km			
219	JAZUKIEWICZ Ewa	2216	EAZYMUT.PL	Weteran K - 50	8	01:40:16	06:21:36	09:37:29	12:37:15	15:46:05	19:40:11	21:51:18	<b>25:56:33.25</b>	+12:28:08 (48.1%)	11:58	5 (52.1%)
220	MITORAJ Piotr	2144		Senior I M - 20	7	01:35:57	05:48:27	08:41:32	11:22:26	14:31:15	18:39:37	21:18:03	<b>26:05:23.80</b>	+12:36:59 (48.4%)	12:02	5 (52.1%)
221	STRADOMSKI Jacek	2155	PERSONALTRIATHLON.PL	Weteran I M - 50	37	01:29:53	05:43:56	08:43:15	11:55:43	15:28:07	19:02:13	21:18:04	<b>26:05:25.20</b>	+12:37:00 (48.4%)	12:02	5 (52.1%)
222	MIGACZ Dawid	2166	BARTOSZ GORCZYCA TEAM #1X1	Senior II M - 30	40	01:32:27	05:39:20	08:30:46	11:34:22	15:28:33	19:26:59	21:51:00	<b>26:10:26.45</b>	+12:42:02 (48.5%)	12:04	5 (52.1%)
223	FURMAŃCZYK Michał	1176	EKOPEL TRAMINEL	Weteran I M - 50	38	01:56:49	06:40:54	09:47:42	12:57:14	16:00:32	20:18:50	22:39:57	<b>26:10:36.15</b>	+12:42:11 (48.5%)	12:04	5 (52.1%)
224	GOSTKOWSKA-DRZEWICKA Magdalena	1014		Weteran K - 50	9	01:50:04	06:40:10	10:10:37	13:36:02	16:41:38	20:23:00	22:38:13	<b>26:10:58.65</b>	+12:42:34 (48.5%)	12:05	5 (52.1%)
225	FRANKOWSKI Dariusz	2123	SZAMANI W TRANSIE	Weteran I M - 50	39	01:50:01	06:54:26	10:08:24	13:15:06	16:23:53	20:12:35	22:17:41	<b>26:12:00.15</b>	+12:43:35 (48.6%)	12:05	5 (52.1%)
226	KŁAK Wojciech	1268	SZYBKE ŻÓŁWIE OPATÓW	Masters M - 40	95	01:42:47	06:22:01	09:33:32	12:43:40	16:11:08	19:49:10	22:03:24	<b>26:12:07.00</b>	+12:43:42 (48.6%)	12:05	5 (52.1%)
227	KACZMARCZYK Sebastian	1303	EDEN RACING	Senior II M - 30	41	01:41:00	06:22:16	09:31:24	12:43:56	16:11:26	19:49:28	22:03:52	<b>26:12:23.65</b>	+12:43:59 (48.6%)	12:05	5 (52.1%)
228	BIAŁECKI Zbyszek	2060	WYCIECZKA BIEGOWA	Weteran I M - 50	40	01:40:45	06:26:58	09:28:35	12:34:39	15:44:44	19:35:04	21:53:40	<b>26:16:19.15</b>	+12:47:54 (48.7%)	12:07	4.9 (51.0%)
229	JABŁOŃSKI Szymon	2182		Senior I M - 20	8	01:50:28	06:45:45	10:07:21	13:59:25	16:37:36	20:35:40	22:40:42	<b>26:22:26.10</b>	+12:54:01 (48.9%)	12:10	4.9 (51.0%)
230	MIĄSEK Ryszard	2124		Masters M - 40	96	01:47:26	06:42:40	09:51:08	12:46:12	15:44:28	19:36:59	21:54:59	<b>26:24:24.45</b>	+12:56:00 (49.0%)	12:11	4.9 (51.0%)
231	POGORZELSKI Kamil	2181		Senior I M - 20	9	01:27:59	06:05:46	08:53:29	11:46:22	14:46:25	18:13:26	20:53:03	<b>26:24:59.40</b>	+12:56:35 (49.0%)	12:11	4.9 (51.0%)
232	WOJCIECHOWSKA Ines	1230		Masters K - 40	18	01:39:33	06:24:08	09:19:32	12:18:36	15:40:03	19:23:20	21:35:26	<b>26:25:04.10</b>	+12:56:39 (49.0%)	12:11	4.9 (51.0%)
233	MINIAK Lidia	2127	WYBIEGAJ SIEBIE	Masters K - 40	19	01:39:35	06:24:08	09:19:28	12:18:35	15:39:57	19:23:19	21:35:25	<b>26:25:04.60</b>	+12:56:40 (49.0%)	12:11	4.9 (51.0%)
234	RASZPLA Ilona	2015	FOR-REST RUN KOSZALIN	Weteran K - 50	10	01:47:57	06:32:40	09:41:08	12:48:38	15:47:56	19:25:23	21:50:16	<b>26:30:04.20</b>	+13:01:39 (49.2%)	12:13	4.9 (51.0%)
235	SOBCZYK Grzesiu	2115	WIELUŃ BIEGA	Masters M - 40	97	01:50:22	06:32:55	09:21:31	12:14:29	15:33:58	19:30:50	22:08:33	<b>26:30:31.90</b>	+13:02:07 (49.2%)	12:14	4.9 (51.0%)
236	MRÓWCZYŃSKI Tomasz	1078		Masters M - 40	98	01:45:07	06:20:00	09:27:39	12:39:39	16:02:27	19:37:48	21:53:56	<b>26:33:39.55</b>	+13:05:15 (49.3%)	12:15	4.9 (51.0%)
237	KOZDRÓJ Wioletta	1238	DOGOŃ GRODZISK MAZOWIECKI/DŻAKARTA RUN TEAM	Masters K - 40	20	01:51:14	06:53:13	10:14:18	13:43:11	16:41:19	20:16:54	22:23:06	<b>26:33:57.65</b>	+13:05:33 (49.3%)	12:15	4.9 (51.0%)
238	SIKORSKI Grzegorz	1008		Weteran I M - 50	41	01:47:28	06:59:01	10:07:26	13:21:40	16:32:47	20:07:55	22:25:46	<b>26:35:41.40</b>	+13:07:17 (49.3%)	12:16	4.9 (51.0%)
239	GUMIELA Piotr	2095	GUMISJOLANDIA	Masters M - 40	99	01:44:33	06:46:01	10:08:30	13:15:04	16:19:50	20:08:22	22:20:56	<b>26:36:52.85</b>	+13:08:28 (49.4%)	12:17	4.9 (51.0%)
240	DEKIERT Agnieszka	2195		Masters K - 40	21	01:47:56	06:45:08	10:08:10	13:14:31	16:18:38	20:08:14	22:20:52	<b>26:37:02.75</b>	+13:08:38 (49.4%)	12:17	4.9 (51.0%)
241	GRUNDKOWSKI Oskar	1021		Senior II M - 30	42	01:29:10	05:57:08	08:53:34	12:30:14	15:21:58	19:16:57	21:48:37	<b>26:37:31.30</b>	+13:09:06 (49.4%)	12:17	4.9 (51.0%)
242	GRYCMAN Magda	2110	SPARTA ULTRA TEAM	Masters K - 40	22	01:32:32	05:49:06	08:53:34	12:28:01	16:20:08	20:26:26	22:40:10	<b>26:39:03.20</b>	+13:10:38 (49.4%)	12:18	4.9 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Czas netto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km				
243	<b>BĘDŹKOWSKI Marek</b>	<b>1133</b>	GÓRAL Z MAZUR RUNNING TEAM/SIWY ULTRA MORS	Weteran I M - 50	42	01:51:06	06:42:29	09:54:15	13:06:47	16:31:01	20:17:48	22:24:14	<b>26:44:18.05</b>	+13:15:53 (49.6%)	12:20	4.9 (51.0%)
244	<b>HAMOT Artur</b>	<b>1137</b>	ING BANK ŚLĄSKI	Masters M - 40	100	01:51:03	06:42:28	09:54:14	13:06:47	16:31:00	20:16:47	22:25:06	<b>26:44:20.30</b>	+13:15:55 (49.6%)	12:20	4.9 (51.0%)
245	<b>WITECKA-SZNAJDER Milena</b>	<b>2191</b>		Senior II K - 30	11	01:54:30	06:30:53	10:07:08	13:42:45	16:41:08	20:22:50	22:40:25	<b>26:44:33.40</b>	+13:16:09 (49.6%)	12:20	4.9 (51.0%)
246	<b>PIOTROWSKI Mateusz</b>	<b>1007</b>	PODLASKI BIEGACZ	Senior II M - 30	43	01:50:13	06:40:14	10:11:03	13:36:07	16:41:37	20:23:08	22:38:33	<b>26:44:43.10</b>	+13:16:18 (49.6%)	12:20	4.9 (51.0%)
247	<b>ZYDORCZAK Mateusz</b>	<b>2070</b>	REMOVE	Masters M - 40	101	01:28:35	06:23:01	09:35:21	12:38:03	15:57:41	19:55:14	22:21:33	<b>26:45:59.80</b>	+13:17:35 (49.7%)	12:21	4.9 (51.0%)
248	<b>ANDRZEJEWSKI Artur</b>	<b>1191</b>	FLORENTYNA TEAM KOŁO	Masters M - 40	102	02:01:08	06:46:28	10:09:12	13:17:22	16:17:29	20:04:36	22:19:29	<b>26:46:41.90</b>	+13:18:17 (49.7%)	12:21	4.9 (51.0%)
249	<b>DATA Dariusz</b>	<b>1104</b>	KUGUAR XTREME RUNNERS	Weteran I M - 50	43	01:42:14	06:49:57	10:10:27	13:29:12	16:33:21	20:38:55	22:44:55	<b>26:48:06.10</b>	+13:19:41 (49.7%)	12:22	4.9 (51.0%)
250	<b>PASTWA Grzegorz</b>	<b>1089</b>		Senior II M - 30	44	01:53:24	07:07:01	10:30:43	13:44:28	16:28:57	20:15:25	22:29:57	<b>26:53:19.50</b>	+13:24:55 (49.9%)	12:24	4.8 (50.0%)
251	<b>HOFFMANN Grzegorz</b>	<b>2178</b>	KOŚCIAN TEAM	Masters M - 40	103	01:50:15	07:04:37	10:13:10	13:21:53	16:24:11	20:09:49	22:35:31	<b>26:55:32.85</b>	+13:27:08 (50.0%)	12:25	4.8 (50.0%)
252	<b>KOPCZYŃSKA Marta</b>	<b>1043</b>	ULTRA BANICI	Senior II K - 30	12	01:49:32	06:59:05	10:22:58	13:28:42	16:32:20	20:10:34	22:28:03	<b>27:01:10.85</b>	+13:32:46 (50.1%)	12:28	4.8 (50.0%)
253	<b>KOWALCZYK Andrzej</b>	<b>2046</b>	PSZCZÓŁKOWSKI TEAM	Weteran II M - 60	8	01:50:37	07:01:55	10:19:08	13:38:16	16:52:34	20:26:28	22:40:57	<b>27:02:38.80</b>	+13:34:14 (50.2%)	12:28	4.8 (50.0%)
254	<b>GONERA Kazimierz</b>	<b>2073</b>	KB HARCOWNIK JELCZ-LASKOWICE	Weteran II M - 60	9	01:43:35	07:01:19	10:27:57	13:37:19	16:48:32	20:38:28	22:56:47	<b>27:53:09.65</b>	+14:24:45 (51.7%)	12:52	4.7 (49.0%)
255	<b>GŁÓWKA Maciej</b>	<b>1203</b>	ULTRAWAY.PL RUNNING TEAM	Senior II M - 30	45	01:40:48	05:55:40	08:41:42	11:30:47	14:37:54	18:18:23	21:26:21		+09:44:28	11:29	5.2 (54.2%)
256	<b>PRUSIEWICZ Beata</b>	<b>1122</b>	STAJNIAK TEAM	Weteran K - 50	11	01:36:21	06:25:34	09:40:40	12:33:43	15:41:13	19:43:29	22:02:11		+10:20:18	11:48	5.1 (53.1%)
257	<b>WIJAS Jerzy</b>	<b>1300</b>	KARLINOBIEGAJ	Weteran I M - 50	44	01:44:36	06:35:57	09:45:45	13:16:57	16:03:42	19:35:49	22:09:05		+10:27:12	11:52	5.1 (53.1%)
258	<b>NOWAKOWSKI Mirosław</b>	<b>1033</b>		Weteran I M - 50	45	01:46:02	07:01:10	10:18:34	13:43:29	16:49:15	21:06:43	23:31:12		+11:49:19	12:36	4.8 (50.0%)
259	<b>ŚLEZIAK Jarosław</b>	<b>1264</b>		Masters M - 40	104	01:10:36	04:34:18	06:51:35	09:01:53	11:26:20	14:47:02			+04:06:07	8:52	6.8 (70.8%)
260	<b>KRZYŻAN Jakub</b>	<b>1283</b>	KW KRAKÓW	Weteran I M - 50	46	01:37:46	05:43:57	08:17:58	11:08:13	14:16:25	17:53:13			+07:12:18	10:43	5.6 (58.3%)
261	<b>SZNURA Paweł</b>	<b>1272</b>		Senior II M - 30	46	01:40:59	06:22:15	09:31:25	12:44:01	16:10:42	20:02:19			+09:21:24	12:01	5 (52.1%)
262	<b>GMITEREK Tomasz</b>	<b>1154</b>	BIŁGORAJ ULTRA TRAIL	Weteran I M - 50	47	01:46:38	06:39:11	09:49:21	13:07:10	16:48:39	20:28:42			+09:47:47	12:17	4.9 (51.0%)
263	<b>KUBACKI Sebastian</b>	<b>1035</b>		Masters M - 40	105	01:44:44	06:59:10	10:09:30	13:27:56	16:38:40	20:39:02			+09:58:07	12:23	4.8 (50.0%)
264	<b>SIEJA Sebastian</b>	<b>1193</b>	NO NAME	Senior II M - 30	47	01:21:18	04:50:34	07:04:38	09:17:09	12:07:48				+03:15:03	8:59	6.7 (69.8%)
265	<b>JANIK Beata</b>	<b>1056</b>		Senior II K - 30	13	01:26:31	05:12:28	07:35:06	09:53:00	12:48:40				+03:55:55	9:29	6.3 (65.6%)
266	<b>SUCH Arkadiusz</b>	<b>1205</b>	RZESZOWSKIE GAZELE I GEPARDY/SPORT GENERATION	Masters M - 40	106	01:34:20	05:25:48	07:52:00	10:22:22	13:14:56				+04:22:11	9:48	6.1 (63.5%)
267	<b>SIP Wojciech</b>	<b>1022</b>	FSD RUN DREZDENKO	Masters M - 40	107	01:24:43	05:13:04	07:54:10	10:43:36	14:08:58				+05:16:13	10:28	5.7 (59.4%)
268	<b>SANKOWSKI Jacek</b>	<b>1158</b>	PLACKI TEAM	Senior II M - 30	48	01:22:31	05:16:53	07:39:56	10:29:31	14:27:28				+05:34:43	10:42	5.6 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Różn	Tempo	Tempo
						10km	32km	47km	64km	81km	100km	112km	130km		min/km	km/h
269	<b>KLARECKI Adrian</b>	<b>1225</b>	ASTMA TEAM	Masters M - 40	108	01:23:05	05:23:04	08:08:20	11:00:01	14:27:56				+05:35:11	10:42	5.6 (58.3%)
270	<b>SAJDAK Tomasz</b>	<b>1112</b>		Masters M - 40	109	01:32:04	05:38:13	08:23:25	11:25:15	14:44:18				+05:51:33	10:55	5.5 (57.3%)
271	<b>PIŃKOWSKA Patrycja</b>	<b>1144</b>		Masters K - 40	23	01:39:17	06:10:38	09:03:17	12:01:52	15:30:32				+06:37:47	11:29	5.2 (54.2%)
272	<b>STRUK Agnieszka</b>	<b>1012</b>	W POGONI ZA DUCHEM	Senior II K - 30	14	01:39:34	06:27:30	09:29:08	12:14:47	15:33:02				+06:40:17	11:31	5.2 (54.2%)
273	<b>KRÓL Maciej</b>	<b>1257</b>	BIEGAM NA TARCHOMINIE	Masters M - 40	110	01:22:22	05:44:10	08:33:11	11:35:35	15:37:31				+06:44:46	11:34	5.2 (54.2%)
274	<b>PIGUŁA Daria</b>	<b>1090</b>	CARBON SILESIA SPORT	Masters K - 40	24	01:30:36	06:08:21	09:17:20	12:50:55	16:01:52				+07:09:07	11:52	5.1 (53.1%)
275	<b>KŁOSOWSKI Kamil</b>	<b>1105</b>		Senior I M - 20	10	01:50:59	06:58:26	10:02:29	13:36:22	16:40:24				+07:47:39	12:21	4.9 (51.0%)
276	<b>MAKARENKOV Sergii</b>	<b>1239</b>	DOGON GRODZISK MAZOWIECKI	Masters M - 40	111	02:00:25	06:53:13	10:14:14	13:43:11	16:40:45				+07:48:00	12:21	4.9 (51.0%)
277	<b>WARACHOWSKI Stefan</b>	<b>1050</b>		Weteran I M - 50	48	01:51:16	06:53:19	10:14:13	13:43:12	16:41:59				+07:49:14	12:22	4.9 (51.0%)
278	<b>COP Anna</b>	<b>1240</b>	BLUSZCZA / DAV - SEKCJA KATOWICKA	Masters K - 40	25	01:48:36	07:00:00	09:59:02	13:00:34	16:49:25				+07:56:40	12:27	4.8 (50.0%)
279	<b>MYRCIK Pawel</b>	<b>1072</b>		Senior II M - 30	49	01:48:18	06:53:09	10:09:24	13:37:30	16:56:59				+08:04:14	12:33	4.8 (50.0%)
280	<b>STROINSKI Daniel</b>	<b>1294</b>	ATTIQ TEAM / PETZL TEAM	Masters M - 40	112	01:07:01	04:11:00	06:21:15	08:34:57					+01:21:06	8:02	7.5 (78.1%)
281	<b>ŚLUSARZ Tomasz</b>	<b>1084</b>		Senior II M - 30	50	01:17:47	05:06:48	07:29:25	10:34:10					+03:20:19	9:54	6.1 (63.5%)
282	<b>LECHOWICZ Mariusz</b>	<b>1327</b>		Masters M - 40	113	01:42:52	06:00:13	08:47:08	11:45:53					+04:32:02	11:01	5.4 (56.3%)
283	<b>MATUSEWICZ Ireneusz</b>	<b>1232</b>		Masters M - 40	114	01:39:40	06:24:18	09:30:25	12:40:54					+05:27:03	11:53	5 (52.1%)
284	<b>WAPA Marek</b>	<b>1178</b>		Masters M - 40	115	01:25:21	06:17:53	09:24:15	12:44:34					+05:30:43	11:56	5 (52.1%)
285	<b>PAWLIK Joanna</b>	<b>1042</b>	AWANGARDA POZNAŃ	Senior II K - 30	15	01:49:56	06:42:56	09:45:24	12:50:25					+05:36:34	12:02	5 (52.1%)
286	<b>POSTAWA Radosław</b>	<b>1291</b>	ESSVE RACE	Masters M - 40	116	01:44:47	06:36:58	09:47:45	13:11:13					+05:57:22	12:21	4.9 (51.0%)
287	<b>SIECZKOWSKI Artur</b>	<b>1029</b>	NBRTEAM	Masters M - 40	117	01:49:11	06:59:46	10:10:05	13:16:04					+06:02:13	12:26	4.8 (50.0%)
288	<b>ŻEBROWSKI Piotr</b>	<b>1293</b>	ZEBRO TEAM	Senior II M - 30	51	01:33:03	06:16:12	09:55:02	13:37:50					+06:23:59	12:46	4.7 (49.0%)
289	<b>ŚLUSARCZYK Paweł</b>	<b>1124</b>		Masters M - 40	118	01:51:01	06:59:52	10:45:18	14:00:11					+06:46:20	13:07	4.6 (47.9%)
	<b>PODAWCA Łukasz</b>	<b>2143</b>	FOR REST RUN KOSZALIN	Masters M - 40		01:24:58 DNF	06:00:17 DNF	08:52:06 DNF	12:16:42 DNF	15:50:22 DNF	19:50:53 DNF	22:40:55 DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>SKIBA Anna</b>	<b>2129</b>	KB HARCOWNIK	Masters K - 40		DNF	DNF	10:29:13 DNF	DNF	16:52:59 DNF	21:05:18 DNF	23:19:28 DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>FRĄCKOWIAK Dominik</b>	<b>2172</b>		Senior II M - 30		01:40:17 DNF	06:27:30 DNF	09:26:51 DNF	12:25:03 DNF	15:45:26 DNF	19:42:43 DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>MELON Krzysztof</b>	<b>2186</b>		Senior II M - 30		01:06:51 DNF	04:11:10 DNF	06:18:29 DNF	08:22:48 DNF	10:49:34 DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Różn	Tempo	Tempo
						10km	32km	47km	64km	81km	100km	112km	130km		min/km	km/h
	<b>ZAWADZKI Andrzej</b>	<b>2071</b>		Masters M - 40		01:08:14 DNF	04:18:05 DNF	06:22:29 DNF	08:34:49 DNF	11:36:22 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KURPIEWSKA Anna</b>	<b>2204</b>	ULTRA WAY TEAM	Masters K - 40		01:19:28 DNF	04:40:48 DNF	06:49:18 DNF	09:00:51 DNF	11:52:22 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>CHRZANOWSKI Paweł</b>	<b>2161</b>		Masters M - 40		01:17:20 DNF	05:02:18 DNF	07:25:57 DNF	10:17:04 DNF	14:13:53 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIROWSKI Przemyslaw</b>	<b>2075</b>		Weteran I M - 50		01:35:42 DNF	06:09:25 DNF	08:58:52 DNF	11:40:43 DNF	15:09:35 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GROBELNY Tomasz</b>	<b>2052</b>		Masters M - 40		01:35:19 DNF	06:10:10 DNF	09:05:34 DNF	12:21:53 DNF	15:54:06 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JARASZEK Sanjaya</b>	<b>2209</b>	JASNA STRONA MOCY	Weteran II M - 60		01:46:35 DNF	06:49:47 DNF	10:12:39 DNF	13:03:23 DNF	16:15:28 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DOMINIAK Bartosz</b>	<b>2031</b>	#BARTEKBIEGA	Masters M - 40		01:40:54 DNF	06:48:25 DNF	09:51:01 DNF	12:58:51 DNF	16:19:24 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KIERZEK Artur</b>	<b>2074</b>	BIEGACZE KOSMOSU	Masters M - 40		01:51:38 DNF	06:52:34 DNF	10:12:09 DNF	13:32:27 DNF	16:42:38 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KIERZEK Ewa</b>	<b>2076</b>	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40		01:51:36 DNF	06:52:36 DNF	10:12:09 DNF	13:32:38 DNF	16:42:41 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KIEROŃSKI Robert</b>	<b>2050</b>	OBOZY GÓRSKIE	Masters M - 40		01:01:40 DNF	03:51:51 DNF	05:47:42 DNF	07:51:22 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOGUT Maciej</b>	<b>2218</b>		Masters M - 40		01:10:20 DNF	04:41:58 DNF	06:51:18 DNF	10:47:58 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DUDEK Gabriel</b>	<b>2133</b>	LKB RUDNIK	Senior II M - 30		01:38:01 DNF	05:40:35 DNF	08:12:44 DNF	10:59:05 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GONTKO Łukasz</b>	<b>2134</b>	RUN YOUR TRIAL	Masters M - 40		01:29:07 DNF	05:47:02 DNF	08:20:33 DNF	11:07:10 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JĘDRUSZCZAK Robert</b>	<b>2030</b>	BICYKL PIASECZNO	Masters M - 40		01:32:14 DNF	06:11:03 DNF	08:59:56 DNF	12:11:06 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HELWICH Agnes</b>	<b>2013</b>	HELTEAM	Masters K - 40		01:40:36 DNF	06:29:05 DNF	09:30:32 DNF	12:32:07 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DZIUBA Emilian</b>	<b>2026</b>	STS BIEGATON MIKOŁÓW	Weteran I M - 50		01:41:26 DNF	06:13:50 DNF	09:25:12 DNF	12:49:01 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SMOLAK Agata</b>	<b>2138</b>		Masters K - 40		01:47:12 DNF	06:37:50 DNF	09:52:09 DNF	12:50:04 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SOCHAJ Anna</b>	<b>2008</b>	FUKUNDA	Senior II K - 30		01:39:02 DNF	06:31:30 DNF	09:57:43 DNF	13:37:15 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ANDRZEJ BIES Andżeju Jakcinaiamię</b>	<b>2043</b>	ZDRAJCY METALU	Masters M - 40		01:38:59 DNF	06:31:29 DNF	09:57:44 DNF	13:37:15 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BURY Marek</b>	<b>2057</b>		Weteran I M - 50		01:47:49 DNF	07:02:02 DNF	10:22:52 DNF	13:46:22 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JOŃCZYK Jerzy</b>	<b>2108</b>	TUPTUP	Weteran I M - 50		01:46:41 DNF	07:03:42 DNF	10:26:08 DNF	13:59:05 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SERAFIN Michał</b>	<b>2020</b>	HWBC	Masters M - 40		01:47:17 DNF	07:15:07 DNF	10:27:41 DNF	14:00:04 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SCHLAPPA Sebastian</b>	<b>2215</b>	IZBICKO W BIEGU	Masters M - 40		01:58:45 DNF	07:26:35 DNF	10:42:00 DNF	14:01:52 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>OSZCZĘDA Wojciech</b>	<b>2065</b>	GMINA STRZELCE OPOLSKIE	Masters M - 40		01:58:42 DNF	07:01:12 DNF	10:25:13 DNF	14:04:17 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A6	A7	Czas netto	Różn	Tempo	Tempo
						10km	32km	47km	64km	81km	100km	112km	130km		min/km	km/h
	<b>UZNAŃSKI Piotr</b>	<b>2183</b>	PAMTRANS	Senior II M - 30		01:01:20 DNF	03:36:58 DNF	05:12:18 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WIERZOWIECKI Grzegorz</b>	<b>2091</b>	BERFIT & STACHOWSKI	Masters M - 40		01:09:17 DNF	04:19:31 DNF	06:21:36 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MAJDER Paweł</b>	<b>2083</b>	CAŁA OLEŚNICA BIEGA	Weteran I M - 50		01:38:47 DNF	06:10:12 DNF	09:17:37 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SURDAKCI Piotr</b>	<b>2094</b>		Masters M - 40		01:38:04 DNF	06:05:05 DNF	09:22:20 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIŚ Piotr</b>	<b>2003</b>		Senior II M - 30		01:34:58 DNF	06:01:42 DNF	09:41:53 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WILKOWSKI Krzysztof</b>	<b>2002</b>	FOR-REST-RUN	Masters M - 40		01:46:10 DNF	06:32:40 DNF	09:56:01 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DREGER Dariusz</b>	<b>2201</b>		Weteran I M - 50		01:43:50 DNF	06:14:12 DNF	09:56:56 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>IWAŃCZUK Zbigniew</b>	<b>2099</b>		Weteran I M - 50		01:39:22 DNF	06:42:38 DNF	10:43:43 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ADACH Dariusz</b>	<b>2006</b>	ZĄBKOWICKI KLUB KARATE KYOKUSHIN	Masters M - 40		01:37:52 DNF	06:48:20 DNF	11:10:26 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOZIEŁ Tomasz</b>	<b>2037</b>	KUDOWIANKA RUN	Masters M - 40		01:08:00 DNF	04:38:47 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STACHOWIAK Grzegorz</b>	<b>2135</b>	HULTAJ SOLO RUN	Masters M - 40		01:11:03 DNF	04:43:20 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KIECOŃ Michał</b>	<b>2154</b>	USTROŃ MOUNTAIN TEAM	Senior II M - 30		01:17:52 DNF	04:55:40 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>OSTACH Daria</b>	<b>2150</b>		Masters K - 40		01:28:34 DNF	05:30:29 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GILEWICZ-RACHOWSKA Jagoda</b>	<b>2185</b>	MAKSFLYTEAM	Senior II K - 30		01:28:38 DNF	05:50:56 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MITIS Marek</b>	<b>2005</b>		Senior II M - 30		01:40:05 DNF	06:02:22 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIKOŁAJCZYK-SOWA Monika</b>	<b>2194</b>	SZAKALE BAŁUT ŁÓDŹ	Masters K - 40		01:46:24 DNF	06:21:50 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PAPIERSKI Kamil</b>	<b>2118</b>		Senior II M - 30		01:38:47 DNF	06:34:38 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PIOTROWSKI Marek</b>	<b>2022</b>	ECHO TWARDOGÓRA	Masters M - 40		01:38:55 DNF	06:34:47 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GRYS Paweł</b>	<b>2078</b>		Senior II M - 30		01:37:12 DNF	06:38:00 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WIECZOREK Sławomir</b>	<b>2051</b>		Weteran I M - 50		01:41:24 DNF	06:53:13 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STOŁOWSKI Robert</b>	<b>2023</b>		Masters M - 40		01:41:21 DNF	06:53:14 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PĘKAŁA Dawid</b>	<b>2106</b>	DZIKI Z AFRYKI	Masters M - 40		01:54:34 DNF	07:23:52 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BARAN Dariusz</b>	<b>2068</b>	W POGORII ZA DUCHEM	Masters M - 40		01:51:08 DNF	07:33:47 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>LAJTER Jerzy</b>	<b>2146</b>	4 RUN TEAM PIŁA	Weteran II M - 60		02:01:51 DNF	07:35:56 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ŁYSIAK Kasia</b>	<b>2010</b>		Senior II K - 30		01:50:49 DNF	07:38:26 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
	<b>STEC Iwona</b>	<b>2009</b>		Senior II K - 30		01:50:40 DNF	07:38:45 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>TERZONI Christian</b>	<b>2101</b>	PRZEDWOJEWSKI TEAM	Masters M - 40		01:08:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MATUSZEWSKI Łukasz</b>	<b>2001</b>	BWRUNNERS	Senior II M - 30		01:37:10 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JAKUBOWSKI Andrzej</b>	<b>2086</b>	ULTRA DZIADY	Masters M - 40		01:38:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ZIĘTEK Katarzyna</b>	<b>2011</b>		Senior II K - 30		01:46:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KULPIŃSKI Paweł</b>	<b>2035</b>	13 ŚLĄSKA BRYGADA OBRONY TERYTORIALNEJ	Masters M - 40		01:46:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JUSZCZYK Małgorzata</b>	<b>2039</b>	NIEPOŁOMICE BIEGAJĄ	Masters K - 40		02:01:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SZCZEPOCKI Andrzej</b>	<b>2038</b>	NIEPOŁOMICE BIEGAJĄ	Weteran I M - 50		02:02:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SZWARGOT Marta</b>	<b>2131</b>	SPORTOWY KAŻMIERZ	Senior II K - 30		DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)

Znaleziono 351 wynik(ów)