

BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Stowarzyszenie TKKF Kompas
Data: 2017-07-20
Miejsce: Łądek Zdrój
Dystans: 130 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
1	DZIADZIAK Łukasz	6045	GTO OŁAWA	Senior II M - 30	1	01:06:58	03:32:18	05:22:07	07:08:18	09:08:52	12:48:20	15:14:47.00	15:14:50.95		7:02	8.5 (100%)
2	GRYCZKA Mateusz	6024	MARATON LESZNO	Senior II M - 30	2	01:01:48	03:27:28	05:26:47	07:25:59	09:46:16	13:36:06	15:57:31.95	15:57:42.00	+00:42:51 (4.5%)	7:21	8.1 (95.3%)
3	BARCZYK Mariusz	6014	VPI.NO	Masters M - 40	1	01:03:14	03:34:23	05:47:20	07:40:10	09:48:42	13:54:28	16:18:29.05	16:19:12.75	+01:04:21 (6.6%)	7:31	8 (94.1%)
4	ŚCIESZKA Wojciech	6025	13 ELT KRAKÓW-BALICE	Masters M - 40	2	01:08:27	03:54:48	06:07:53	08:10:15	10:22:41	14:10:54	16:27:00.85	16:27:17.65	+01:12:26 (7.3%)	7:35	7.9 (92.9%)
5	PODOLAK Ula	6091		Senior I K - 20	1	01:11:35	03:59:47	06:10:59	08:20:10	10:42:34	14:46:16	17:30:24.05	17:30:54.85	+02:16:03 (12.9%)	8:04	7.4 (87.1%)
6	ZŁOTKOWSKI Łukasz	6093	UKS JUNIOR NIETAŹKOWO	Senior II M - 30	3	01:06:26	03:51:33	06:12:25	08:20:31	10:42:58	14:46:39	17:30:48.80	17:30:55.45	+02:16:04 (12.9%)	8:04	7.4 (87.1%)
7	DYJAK Robert	6015		Senior II M - 30	4	01:07:23	03:54:32	06:07:46	08:36:05	11:10:46	15:42:27	18:18:48.90	18:18:58.35	+03:04:07 (16.8%)	8:27	7.1 (83.5%)
8	KONOPKO Artur	6071	BIEGOSTOK	Senior II M - 30	5	01:14:11	04:20:06	06:43:22	08:57:25	11:32:26	15:52:37	18:22:37.15	18:22:39.90	+03:07:48 (17.0%)	8:28	7.1 (83.5%)
9	NAPIERAŁSKI Daniel	7138	LEO	Masters M - 40	3	01:11:55	04:12:26	06:38:03	08:57:45	11:36:45	15:55:19	18:24:22.00	18:24:57.20	+03:10:06 (17.2%)	8:29	7.1 (83.5%)
10	PORĘBSKI Rafał	7090	PORANNY PATROL/EVIL TEAM	Masters M - 40	4	01:14:50	04:18:21	06:33:55	08:52:39	11:32:12	15:43:34	18:25:04.00	18:25:09.40	+03:10:18 (17.2%)	8:30	7.1 (83.5%)
11	KOMENDACKI Dominik	7015	MTS DRUŻYNA SZPIKU KGHM	Senior II M - 30	6	01:05:44	03:44:54	06:02:26	08:07:22	10:44:43	15:28:00	18:25:13.80	18:25:43.95	+03:10:53 (17.3%)	8:30	7.1 (83.5%)
12	GRABLEWSKI Grzegorz	7088	TEAM-LUKS-ŻÓRAWINA WROCŁAW	Masters M - 40	5	01:09:43	03:56:48	06:14:30	08:40:04	11:10:43	15:31:51	18:38:32.70	18:38:34.15	+03:23:43 (18.2%)	8:36	7 (82.4%)
13	BRATEK Agnieszka	7168	OTK RZEŹNIK	Masters K - 40	1	01:18:21	04:25:34	07:05:40	09:18:14	11:40:56	16:00:46	18:44:41.60	18:44:55.55	+03:30:04 (18.7%)	8:39	6.9 (81.2%)
14	WRONA Mariusz	6077		Masters M - 40	6	01:04:17	03:55:39	06:34:31	08:54:38	11:45:01	16:05:38	18:59:38.95	18:59:46.00	+03:44:55 (19.7%)	8:45	6.8 (80.0%)
15	KOBIERSKI Piotr	7001	UKA ULTRAS RUNNERS	Masters M - 40	7	01:12:09	03:52:47	06:07:52	08:36:10	11:10:50	15:42:30	18:59:53.10	18:59:57.75	+03:45:06 (19.7%)	8:46	6.8 (80.0%)
16	ŻARECKI Łukasz	6009		Senior II M - 30	7	01:07:21	03:54:18	06:19:36	08:41:41	11:28:28	16:10:22	19:00:38.90	19:00:42.35	+03:45:51 (19.8%)	8:46	6.8 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km	130km			
17	RZYWUCKI Wojciech	6098		Masters M - 40	8	01:12:15	04:11:43	06:37:08	08:59:27	11:41:48	16:01:43	19:04:45.75	19:04:49.00	+03:49:58 (20.1%)	8:48	6.8 (80.0%)
18	LORENC Joanna	6047		Senior II K - 30	1	01:14:08	04:19:18	06:55:01	09:17:41	11:56:00	16:28:14	19:06:05.05	19:06:35.00	+03:51:44 (20.2%)	8:48	6.8 (80.0%)
19	JACKIEWICZ Arkadiusz	7071	BBL GŁOGÓW	Weteran I M - 50	1	01:14:06	04:19:16	06:55:00	09:17:38	11:55:57	16:28:12	19:06:08.45	19:06:39.55	+03:51:48 (20.2%)	8:48	6.8 (80.0%)
20	ZAWORSKI Tomasz	6029		Senior I M - 20	1	01:12:17	04:16:31	06:42:42	09:06:31	11:55:17	16:16:13	19:15:41.10	19:15:48.00	+04:00:57 (20.8%)	8:53	6.7 (78.8%)
21	PRZYBYŁ Rafał	6039	PROTON	Senior I M - 20	2	01:09:48	04:12:27	07:07:00	09:44:07	12:32:44	17:02:00	19:29:49.15	19:29:56.40	+04:15:05 (21.8%)	8:59	6.7 (78.8%)
22	JANUS Radosław	6020		Senior I M - 20	3	01:21:36	04:35:32	07:12:34	09:29:51	12:09:46	16:48:32	19:34:46.55	19:35:08.95	+04:20:18 (22.2%)	9:02	6.6 (77.6%)
23	CZYŻ Łukasz	6021	SKLEP BIEGACZA RUNNING TEAM	Senior II M - 30	8	01:10:27	03:59:52	06:38:33	08:58:05	11:45:15	16:38:00	19:35:32.75	19:35:45.70	+04:20:54 (22.2%)	9:02	6.6 (77.6%)
24	KOLASA Filip	6003	I LO LESZNO/ MARATON LESZNO	Senior II M - 30	9	01:06:21	03:52:34	06:28:36	08:54:35	11:48:02	16:48:40	19:49:20.70	19:49:31.30	+04:34:40 (23.1%)	9:08	6.6 (77.6%)
25	NOWAK Paweł	6099	SUPER MARATON KALISZ	Weteran I M - 50	2	01:09:43	04:19:50	07:09:20	09:39:17	12:12:32	17:08:53	19:49:56.20	19:49:58.25	+04:35:07 (23.1%)	9:09	6.6 (77.6%)
26	MILEWICZ Daniel	7036	DANIEL MILEWICZ	Senior II M - 30	10	01:22:31	04:32:08	06:59:14	09:18:09	11:59:01	16:49:26	19:49:58.30	19:50:25.75	+04:35:34 (23.1%)	9:09	6.6 (77.6%)
27	ŁABUZ Sylwester	6054		Senior II M - 30	11	01:17:20	04:29:04	07:04:24	09:31:11	12:08:16	16:49:38	19:50:47.30	19:51:02.30	+04:36:11 (23.2%)	9:09	6.6 (77.6%)
28	KOZŁOWSKI Marek	6031		Masters M - 40	9	01:16:13	04:23:31	07:02:37	09:44:23	12:30:46	17:05:12	19:51:27.10	19:51:34.95	+04:36:44 (23.2%)	9:09	6.5 (76.5%)
29	CZERWIECKI Marcin	6052		Senior II M - 30	12	01:08:31	03:54:21	06:19:34	08:41:36	11:28:39	16:12:26	19:54:06.75	19:54:12.00	+04:39:21 (23.4%)	9:11	6.5 (76.5%)
30	PIOTROWSKI Paweł	6032	PROTON	Masters M - 40	10	01:09:48	04:12:31	07:07:03	09:44:11	12:32:48	17:02:07	19:59:50.65	19:59:58.20	+04:45:07 (23.8%)	9:13	6.5 (76.5%)
31	PORĘBSKI Dariusz	7058		Weteran I M - 50	3	01:12:56	04:14:20	06:53:11	09:30:18	12:16:06	17:08:47	20:01:43.30	20:01:47.65	+04:46:56 (23.9%)	9:14	6.5 (76.5%)
32	WITCZAK Jolanta	6087	TARNOWO PODGÓRNE - POZIOM BLIŻEJ	Weteran K - 50	1	01:23:43	05:12:38	07:59:09	10:18:36	12:57:01	17:25:08	20:26:34.65	20:27:03.00	+05:12:12 (25.4%)	9:26	6.4 (75.3%)
33	DONIEC Marek	7124	PIOTRKOWSKI KLUB BIEGACZA ENDORFINA	Masters M - 40	11	01:15:03	04:28:45	07:19:51	09:40:58	12:06:47	17:24:19	20:27:42.10	20:28:07.45	+05:13:16 (25.5%)	9:26	6.4 (75.3%)
34	KOWALCZYK Rafał	7144	LEDBERG LUBLIN	Masters M - 40	12	01:07:59	04:21:28	07:18:46	09:41:19	12:23:05	17:06:44	20:30:21.00	20:30:23.25	+05:15:32 (25.6%)	9:27	6.3 (74.1%)
35	DZIEDZIC Wadim	6062	DYNAMO MUCHOBÓR	Senior II M - 30	13	01:16:39	04:25:07	07:10:10	10:04:53	13:07:13	17:44:44	20:30:53.65	20:31:20.95	+05:16:30 (25.7%)	9:28	6.3 (74.1%)
36	MAZUR Sławomir	7040	CYKLOPEDIA.CC	Masters M - 40	13	01:25:37	04:32:05	07:10:10	09:29:17	12:06:43	17:02:03	20:44:28.00	20:44:55.55	+05:30:04 (26.5%)	9:34	6.3 (74.1%)
37	BORZYSTOWSKI Patryk	6083	WWW.WIDZIALNI.PL	Senior II M - 30	14	01:14:30	04:23:00	07:12:57	09:37:58	13:06:03	17:53:56	20:44:47.45	20:45:03.00	+05:30:12 (26.5%)	9:34	6.3 (74.1%)
38	WOJTCZAK Błażej	6073	-	Senior II M - 30	15	01:29:39	05:01:56	07:39:46	10:09:11	12:52:03	17:38:59	20:45:58.50	20:46:07.65	+05:31:16 (26.6%)	9:35	6.3 (74.1%)
39	ZASŁONKA Konrad	7007		Senior II M - 30	16	01:16:54	04:20:54	06:56:46	09:29:43	12:11:16	17:13:58	20:47:26.20	20:47:46.05	+05:32:55 (26.7%)	9:35	6.3 (74.1%)
40	SADURSKI Krzysztof	7037	CARINII	Masters M - 40	14	01:12:48	04:34:47	07:23:35	10:09:02	12:55:53	17:54:30	20:48:39.85	20:48:47.90	+05:33:56 (26.7%)	9:36	6.2 (72.9%)
41	LACHOWICZ Przemysław	7079		Senior II M - 30	17	01:16:30	04:39:51	07:18:07	09:49:33	12:23:37	17:56:00	20:52:17.00	20:52:32.00	+05:37:41 (27.0%)	9:37	6.2 (72.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km	130km			
42	CIURASZKIEWICZ Andrzej	6001		Masters M - 40	15	01:13:17	04:12:26	06:38:38	08:58:12	11:29:40	16:38:07	20:57:47.80	20:57:54.30	+05:43:03 (27.3%)	9:40	6.2 (72.9%)
43	RYKAŁA Wojciech	7023		Masters M - 40	16	01:14:46	04:18:21	06:33:53	08:52:37	11:45:36	17:29:11	21:00:59.30	21:01:04.60	+05:46:13 (27.5%)	9:41	6.2 (72.9%)
44	ROCZKOWSKI Artur	6008	SBD ENERGETYK RYBNIK	Weteran I M - 50	4	01:09:45	04:11:57	06:52:57	09:31:19	12:27:18	17:13:17	21:01:57.75	21:02:16.00	+05:47:25 (27.5%)	9:42	6.2 (72.9%)
45	SALETRA Grzegorz	6038		Senior II M - 30	18	01:11:32	04:20:51	06:59:30	09:39:18	12:27:28	17:10:29	21:10:34.70	21:10:41.00	+05:55:50 (28.0%)	9:46	6.1 (71.8%)
46	KACZMAREK Pawel	7106		Senior II M - 30	19	01:13:04	04:13:45	06:42:28	09:07:05	11:56:30	17:46:09	21:23:16.40	21:23:35.15	+06:08:44 (28.7%)	9:52	6.1 (71.8%)
47	SZEWCZYK Katarzyna	6076	ZAPOROWY MARATON TEAM	Senior I K - 20	2	01:23:39	04:41:37	07:24:20	09:59:19	12:55:42	17:59:04	21:25:28.30	21:25:51.25	+06:11:00 (28.9%)	9:53	6.1 (71.8%)
48	WÓR Sara	6094		Senior II K - 30	2	01:26:03	04:51:39	07:46:20	10:30:12	13:07:57	18:16:51	21:35:01.30	21:35:37.30	+06:20:46 (29.4%)	9:57	6 (70.6%)
49	PITAS Andrzej	6028	ZAPIERDALACZE	Masters M - 40	17	01:25:58	04:50:56	07:35:59	10:18:33	13:23:08	18:25:20	21:35:59.50	21:36:22.45	+06:21:31 (29.4%)	9:58	6 (70.6%)
50	FLAK Łukasz	6027	ZAPIERDALACZE	Senior II M - 30	20	01:26:00	04:58:28	07:36:01	10:18:34	13:23:09	18:25:21	21:36:01.15	21:36:22.75	+06:21:31 (29.4%)	9:58	6 (70.6%)
51	CEPIAK Kamil	6089		Senior I M - 20	4	01:21:26	03:59:48	06:33:31	09:06:44	12:01:40	17:38:59	21:38:18.90	21:38:59.15	+06:24:08 (29.6%)	9:59	6 (70.6%)
52	SIKORA Zbigniew	7044	STOWARZYSZENIE POGORIA BIEGA	Senior II M - 30	21	01:14:01	04:16:46	06:48:03	09:06:21	11:58:17	16:56:11	21:41:53.20	21:42:09.60	+06:27:18 (29.7%)	10:00	6 (70.6%)
53	POPKO Łukasz	7112		Senior II M - 30	22	01:16:10	04:19:58	06:44:20	09:14:28	12:19:28	17:48:41	21:45:28.85	21:45:38.25	+06:30:47 (29.9%)	10:02	6 (70.6%)
54	SANKOWSKI Paweł	6095	PLACKI TEAM	Senior II M - 30	23	01:19:45	04:39:58	07:53:13	10:50:00	13:50:20	18:49:51	21:45:51.00	21:45:59.75	+06:31:08 (30.0%)	10:02	6 (70.6%)
55	DĄBROWA Andrzej	7074	NOWE GRANICE	Masters M - 40	18	01:11:47	04:20:20	07:01:31	09:49:49	12:49:21	18:19:02	21:45:57.00	21:46:00.05	+06:31:09 (30.0%)	10:02	6 (70.6%)
56	ZAGROBELNY Radosław	6050	MONKO COFFEE	Weteran I M - 50	5	01:15:10	04:41:21	07:45:35	10:35:21	13:39:57	18:49:37	21:46:04.05	21:46:17.50	+06:31:26 (30.0%)	10:02	6 (70.6%)
57	MILKOWSKI Rafał	7014		Senior II M - 30	24	01:18:20	04:25:32	07:05:40	09:18:20	11:54:38	17:16:41	21:47:59.95	21:48:14.05	+06:33:23 (30.1%)	10:03	6 (70.6%)
58	ZARCZUK Paweł	7006	INSS-POL	Senior I M - 20	5	01:29:25	04:42:01	07:20:44	09:50:26	12:55:11	18:07:49	22:00:18.85	22:00:37.85	+06:45:46 (30.7%)	10:09	5.9 (69.4%)
59	BRONCEL Sebastian	7017		Masters M - 40	19	01:17:17	04:43:08	07:34:24	10:09:21	13:08:34	18:27:38	22:04:52.10	22:05:05.20	+06:50:14 (31.0%)	10:11	5.9 (69.4%)
60	ZAKRZEWSKI Krzysztof	6063	3:33 TEAM	Masters M - 40	20	01:23:32	04:40:19	07:26:01	10:08:46	13:13:35	18:27:29	22:04:44.90	22:05:09.45	+06:50:18 (31.0%)	10:11	5.9 (69.4%)
61	BASZAK Tomasz	7148	SIŁAOGRA.PL	Senior II M - 30	25	01:26:37	04:47:56	07:34:12	10:09:09	13:10:42	18:59:37	22:05:10.90	22:05:39.25	+06:50:48 (31.0%)	10:11	5.9 (69.4%)
62	RAJKOWSKI Przemysław	6013	FUDU&CO. SPORT TEAM	Masters M - 40	21	01:16:18	04:22:19	07:08:10	09:52:59	12:35:06	18:00:32	22:07:42.70	22:08:06.45	+06:53:15 (31.1%)	10:12	5.9 (69.4%)
63	DZIUBECKI Kamil	7008	FUDU&CO.SPORT TEAM	Senior II M - 30	26	01:16:18	04:22:20	07:08:21	09:52:59	12:35:07	18:00:35	22:08:34.50	22:08:57.95	+06:54:07 (31.2%)	10:13	5.9 (69.4%)
64	SZPINEK Marcin	6057	TUTU TEAM	Senior II M - 30	27	01:15:18	04:23:17	07:07:15	09:39:19	12:21:56	17:41:00	22:18:22.20	22:18:29.55	+07:03:38 (31.7%)	10:17	5.8 (68.2%)
65	GŁOWACKI Jordan	6078	JW4115	Senior II M - 30	28	01:15:23	04:44:45	07:26:47	10:15:21	13:39:53	19:43:57	22:28:54.20	22:29:08.60	+07:14:17 (32.2%)	10:22	5.8 (68.2%)
66	BASZCZYSZYN Artur	7067		Senior II M - 30	29	01:31:57	04:53:40	07:44:43	10:49:52	14:06:30	19:32:06	22:34:44.10	22:34:59.60	+07:20:08 (32.5%)	10:25	5.8 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
67	PINKOWSKI Artur	7032	SZKOŁA POLICJI W PILE - 4RUN TEAM PIŁA	Senior II M - 30	30	01:15:40	04:20:07	07:04:28	09:30:27	12:52:07	18:14:40	22:37:50.30	22:37:54.15	+07:23:03 (32.6%)	10:26	5.7 (67.1%)
68	CHOMIAK Katarzyna	6081	BIEGAJ W JEDLINIE	Masters K - 40	2	01:19:34	04:53:49	07:57:52	10:55:13	13:42:08	19:20:37	22:38:18.85	22:38:27.20	+07:23:36 (32.7%)	10:26	5.7 (67.1%)
69	WOJDASIEWICZ Tadeusz	7013		Senior II M - 30	31	01:06:02	03:39:10	06:11:04	08:52:39	11:56:12	17:52:16	22:38:22.15	22:38:27.85	+07:23:36 (32.7%)	10:26	5.7 (67.1%)
70	ŻAK - ŁEBEK Ewa	6085		Masters K - 40	3	01:20:50	04:42:51	07:40:04	10:34:11	13:54:17	19:27:27	22:40:04.30	22:40:10.80	+07:25:19 (32.7%)	10:27	5.7 (67.1%)
71	ROZMUS Mateusz	6010	WS LEGNICA/DELEGATURA GŁOGÓW	Senior I M - 20	6	01:28:40	04:47:19	07:37:34	10:26:31	13:08:27	18:29:07	22:41:10.55	22:41:23.00	+07:26:32 (32.8%)	10:28	5.7 (67.1%)
72	GRZESZCZUK Wojciech	7098		Weteran I M - 50	6	01:31:12	05:06:24	07:48:25	10:50:27	14:04:17	19:32:45	22:45:52.70	22:46:17.65	+07:31:26 (33.0%)	10:30	5.7 (67.1%)
73	HANYŻ Mateusz	7107	OLIMPIA SYCÓW	Senior II M - 30	32	01:29:33	04:59:08	07:37:22	10:25:13	13:33:46	19:28:49	22:51:28.30	22:51:49.90	+07:36:58 (33.3%)	10:32	5.7 (67.1%)
74	PASTWA Marek	6034	OHZUZA.COM	Weteran I M - 50	7	01:28:48	04:56:58	07:42:09	10:24:59	13:33:58	19:29:01	22:51:40.55	22:51:49.95	+07:36:59 (33.3%)	10:33	5.7 (67.1%)
75	ŁABĘCKI Jarek	7050	KB MANIAC/KB UE POZNAŃ	Masters M - 40	22	01:27:36	04:41:28	07:19:32	10:08:59	13:19:35	18:47:10	22:52:44.90	22:52:57.00	+07:38:06 (33.4%)	10:33	5.7 (67.1%)
76	TRZCIELIŃSKI Roman	7045	PSY WARSZAWA	Weteran II M - 60	1	01:27:49	05:06:27	07:52:11	10:42:02	13:39:36	19:05:21	22:54:19.70	22:54:39.15	+07:39:48 (33.4%)	10:34	5.7 (67.1%)
77	DANIELEWICZ Andrzej	6036	BIEGANIE JAK SEKS	Senior II M - 30	33	01:18:02	04:30:19	07:10:22	09:50:59	12:36:20	18:28:01	23:11:45.45	23:12:12.85	+07:57:21 (34.3%)	10:42	5.6 (65.9%)
78	DĄBROWSKI Cezary	7053	MAXI PIASECZNO	Masters M - 40	23	01:27:00	04:59:16	08:08:31	11:12:28	14:05:42	19:43:50	23:13:53.30	23:14:09.55	+07:59:18 (34.4%)	10:43	5.6 (65.9%)
79	PORADA Przemysław	7158	PRESS GLASS - BIEGAMY I WSPIERAMY	Senior II M - 30	34	01:25:51	04:41:08	07:29:11	10:09:48	13:59:08	19:50:54	23:18:21.55	23:18:47.80	+08:03:56 (34.6%)	10:45	5.6 (65.9%)
80	NOWAK Krzysztof	7161	SZKIYTY KRYCHLATE	Senior II M - 30	35	01:28:38	05:07:20	08:13:39	11:06:57	14:38:37	20:02:50	23:23:23.90	23:23:42.15	+08:08:51 (34.8%)	10:47	5.6 (65.9%)
81	ZWĘGLIŃSKI Andrzej	6058		Masters M - 40	24	01:21:08	04:44:08	07:47:28	10:49:33	14:13:10	19:57:04	23:30:42.60	23:31:17.45	+08:16:26 (35.2%)	10:51	5.5 (64.7%)
82	LIPIŃSKI Krzysztof	7130	KB MANIAC POZNAŃ	Weteran I M - 50	8	01:31:16	05:07:05	08:10:37	11:05:50	13:55:00	19:36:08	23:36:10.80	23:36:31.35	+08:21:40 (35.4%)	10:53	5.5 (64.7%)
83	SZULC-ŁĄTKOWSKA Urszula	6080	KB MANIAC POZNAŃ	Senior II K - 30	3	01:34:04	05:19:16	08:19:47	11:10:38	14:19:49	19:52:56	23:36:10.80	23:36:31.55	+08:21:40 (35.4%)	10:53	5.5 (64.7%)
84	DRYMEL Piotr	7102		Senior II M - 30	36	01:32:01	05:12:54	08:06:59	10:52:52	13:40:52	19:24:44	23:38:22.00	23:39:03.35	+08:24:12 (35.5%)	10:54	5.5 (64.7%)
85	RAK Łukasz Bidon	7035	#CHASEYOURDREAMS	Senior II M - 30	37	01:29:29	05:09:33	08:28:34	11:23:06	14:54:16	20:30:50	23:39:37.75	23:39:56.80	+08:25:05 (35.6%)	10:55	5.5 (64.7%)
86	MIODUSZEWSKI Mariusz	6012		Masters M - 40	25	01:34:45	05:09:43	08:28:25	11:22:59	14:54:08	20:30:56	23:44:12.75	23:44:38.15	+08:29:47 (35.8%)	10:57	5.5 (64.7%)
87	TRYK Sebastian	6007	PRO-RUN WROCŁAW	Masters M - 40	26	01:26:59	04:51:51	07:58:42	10:37:11	13:42:42	19:01:22	23:44:51.35	23:45:19.80	+08:30:28 (35.8%)	10:57	5.5 (64.7%)
88	SOBCZAK Katarzyna	7030		Masters K - 40	4	01:29:08	05:16:31	08:25:51	11:28:58	14:29:41	19:48:56	23:47:56.50	23:48:12.90	+08:33:21 (35.9%)	10:59	5.5 (64.7%)
89	BAKOWSKI Marcin	7024	KLUB ŚLIMAKA TORPEDY	Senior II M - 30	38	01:29:10	05:16:31	08:25:53	11:28:59	14:29:29	19:48:46	23:47:57.10	23:48:12.95	+08:33:22 (35.9%)	10:59	5.5 (64.7%)
90	ROGOCZ Maciej	6067	ROGASIE Z DOLINY ROZTOKI	Masters M - 40	27	01:30:34	05:09:27	08:25:12	11:28:50	14:53:39	20:34:48	23:49:45.00	23:50:27.15	+08:35:36 (36.0%)	10:59	5.5 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1						Czas netto		Czas brutto		Różn	Tempo min/km	Tempo km/h
						10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	130km	130km					
91	TRZETRZELEWSKA-LALIK Ewa	7065	JAZZY POWER	Masters K - 40	5	01:32:07	05:16:32	08:16:01	11:19:38	14:21:18	19:57:07	23:52:54.90	23:53:28.30	+08:38:37 (36.2%)	11:01	5.4 (63.5%)		
92	TRZETRZELEWSKI Arkadiusz	7117		Masters M - 40	28	01:32:08	05:16:35	08:16:03	11:19:40	14:21:21	19:57:08	23:52:55.15	23:53:28.55	+08:38:37 (36.2%)	11:01	5.4 (63.5%)		
93	BRZOWSKI Jarek	6092	AKTYWNI KAMIEŃSK	Senior II M - 30	39	01:20:44	04:41:34	07:36:29	10:38:54	13:44:54	20:10:34	24:03:57.85	24:04:02.40	+08:49:11 (36.6%)	11:06	5.4 (63.5%)		
94	ORLOW Kuba	6086	SPORTRUN.PL	Senior II M - 30	40	01:18:01	04:32:20	07:13:20	10:23:03	14:08:59	20:17:28	24:07:53.75	24:08:06.20	+08:53:15 (36.8%)	11:08	5.4 (63.5%)		
95	STAWSKI Dariusz	6061	KB ARTURÓWEK ŁÓDZ	Weteran II M - 60	2	01:31:16	05:24:51	08:35:40	11:35:16	15:01:11	20:32:16	24:09:18.40	24:09:29.30	+08:54:38 (36.9%)	11:08	5.4 (63.5%)		
96	BARAN Jarosław	6079		Masters M - 40	29	01:34:20	05:32:06	08:43:52	11:44:10	15:14:47	20:49:28	24:21:34.20	24:22:06.80	+09:07:15 (37.4%)	11:14	5.3 (62.4%)		
97	WIRA Mirosław	7033		Weteran I M - 50	9	01:18:50	04:39:54	07:36:32	11:22:16	14:42:28	20:25:55	24:23:04.40	24:23:15.50	+09:08:24 (37.5%)	11:15	5.3 (62.4%)		
98	NIEMAS Mariusz	7047	OYAMA KARATE BRZESZCZE	Masters M - 40	30	01:28:15	04:50:44	07:47:16	10:35:24	14:00:09	20:17:10	24:23:03.85	24:23:34.15	+09:08:43 (37.5%)	11:15	5.3 (62.4%)		
99	TÓRZ Paweł	7029		Senior I M - 20	7	01:29:00	05:16:32	08:24:44	11:28:06	14:46:09	20:48:15	24:32:16.00	24:33:28.35	+09:18:37 (37.9%)	11:19	5.3 (62.4%)		
100	JÓZEFOWICZ Krzysztof	6011	SMARDZÓW PANY	Senior II M - 30	41	01:29:42	05:12:56	08:32:34	11:44:03	15:05:28	20:51:04	24:33:19.80	24:33:39.45	+09:18:48 (37.9%)	11:20	5.3 (62.4%)		
101	KRAWCZYK Michał	7092		Senior I M - 20	8	01:23:29	04:25:24	07:06:03	09:50:15	13:19:21	19:26:22	24:35:58.35	24:36:24.55	+09:21:33 (38.0%)	11:21	5.3 (62.4%)		
102	MAZUREK Patryk	7034	#CHASEYOURDREAMS	Senior II M - 30	42	01:29:31	05:09:34	08:28:37	11:23:07	14:54:14	20:31:02	24:36:41.45	24:36:59.50	+09:22:08 (38.1%)	11:21	5.3 (62.4%)		
103	HYSKI Mateusz	7108		Senior II M - 30	43	01:29:40	05:12:59	08:35:48	11:44:05	15:15:06	21:15:34	24:42:57.70	24:43:19.35	+09:28:28 (38.3%)	11:24	5.3 (62.4%)		
104	TONDYTKO Piotr	7147		Masters M - 40	31	01:33:55	05:24:09	08:37:42	12:06:10	15:30:34	21:03:16	24:44:29.40	24:44:45.20	+09:29:54 (38.4%)	11:25	5.3 (62.4%)		
105	MASIULANIEC Agata	7022	BIEGOWYSWIAT.PL/ SKLEPBIEGOWY.COM	Senior I K - 20	3	01:31:04	05:41:09	09:01:17	12:10:12	14:58:11	20:30:42	24:47:05.25	24:47:24.40	+09:32:33 (38.5%)	11:26	5.2 (61.2%)		
106	FIJAŁKOWSKI Waldemar	7042	OSKARGSM.PL	Senior II M - 30	44	01:33:55	05:34:46	09:08:28	12:13:40	15:44:51	21:37:47	24:53:32.25	24:54:00.70	+09:39:09 (38.8%)	11:29	5.2 (61.2%)		
107	PŁAWECKI Leszek	7167	PSZCZYNA BIEGA	Masters M - 40	32	01:23:54	05:34:51	09:10:08	12:38:33	15:27:03	21:23:44	24:55:55.20	24:56:17.15	+09:41:26 (38.9%)	11:30	5.2 (61.2%)		
108	MARCINIAK Paweł	6051	CROSS STRACENÓW TEAM	Weteran I M - 50	10	01:22:26	05:06:22	08:07:49	11:17:41	14:38:08	20:53:53	24:56:10.85	24:56:19.60	+09:41:28 (38.9%)	11:30	5.2 (61.2%)		
109	STĘPIEŃ Wojciech	6046	NIGHT RUNNERS GLIWICE	Masters M - 40	33	01:28:32	05:07:51	08:29:03	11:41:33	15:13:44	21:08:06	25:04:03.75	25:04:32.80	+09:49:41 (39.2%)	11:34	5.2 (61.2%)		
110	RYCZYŃSKI Jacek	6005		Masters M - 40	34	01:29:02	05:26:26	08:36:40	11:41:43	15:13:55	21:08:22	25:06:40.50	25:06:57.55	+09:52:06 (39.3%)	11:35	5.2 (61.2%)		
111	KAMIENIAK Miłosz	7104	MARATONYPOLSKIE.PL TEAM	Senior II M - 30	45	01:27:57	05:04:36	08:34:15	12:06:01	15:26:53	21:42:07	25:06:32.50	25:07:01.20	+09:52:10 (39.3%)	11:35	5.2 (61.2%)		
112	PAPROCKI Wiesław	7166	MCKS JAWORZNO	Weteran I M - 50	11	01:30:01	05:18:54	08:36:28	11:50:05	15:21:44	21:26:50	25:08:08.75	25:08:32.95	+09:53:42 (39.4%)	11:36	5.2 (61.2%)		
113	NIZIOŁ Marian	7043		Weteran II M - 60	3	01:30:10	05:18:54	08:34:27	11:50:06	15:13:25	21:25:23	25:08:10.00	25:08:33.45	+09:53:42 (39.4%)	11:36	5.2 (61.2%)		
114	CIEŚLAK Krzysztof	7149	CIEŚLAKTEAM :)	Senior II M - 30	46	01:34:04	05:23:59	08:37:30	12:06:16	15:19:12	21:37:37	25:10:41.90	25:11:20.35	+09:56:29 (39.5%)	11:37	5.2 (61.2%)		
115	GRUNTOWSKI Mateusz	7100	NIEMO ADVENTURE	Senior II M - 30	47	01:30:19	05:38:04	08:58:18	12:06:01	15:11:35	21:09:57	25:12:40.45	25:13:11.40	+09:58:20 (39.5%)	11:38	5.2 (61.2%)		

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto						Czas brutto		Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	130km	130km			
116	DEPTUŁA Hubert	6041	KSW KYOKUSHIN	Senior II M - 30	48	01:25:55	05:12:16	08:26:27	11:50:16	15:05:34	21:23:52	25:17:18.60	25:17:33.85	+10:02:42 (39.7%)	11:40	5.1 (60.0%)
117	PRZYTOCKI Janusz	7028	Z BIEGIEM MARZEŃ	Masters M - 40	35	01:29:05	05:05:56	07:56:33	10:55:27	13:56:15	20:42:00	25:18:23.10	25:18:55.70	+10:04:04 (39.8%)	11:40	5.1 (60.0%)
118	SKRYNKOWSKI Michał	6035	KRYZYS	Senior II M - 30	49	01:14:15	05:08:45	08:03:58	11:23:21	14:53:54	21:54:30	25:19:06.85	25:19:13.15	+10:04:22 (39.8%)	11:41	5.1 (60.0%)
119	MACHULA Arkadiusz	6022	SPARTA ZIĘBICE	Masters M - 40	36	01:35:00	05:42:32	09:19:18	12:23:31	15:56:08	21:36:13	25:21:29.35	25:22:04.70	+10:07:13 (39.9%)	11:42	5.1 (60.0%)
120	GOSTKOWSKI Bartek	6042	Z WOLNEJ STOPY	Masters M - 40	37	01:22:04	04:59:49	08:07:41	11:22:06	15:15:11	21:38:30	25:22:11.65	25:22:22.90	+10:07:31 (39.9%)	11:42	5.1 (60.0%)
121	SIEJEK Krzysztof	7020		Masters M - 40	38	01:39:34	05:47:21	09:21:58	12:38:10	15:45:05	21:32:08	25:27:20.40	25:27:57.35	+10:13:06 (40.1%)	11:44	5.1 (60.0%)
122	KORBELA Maciej	7056		Masters M - 40	39	01:42:43	05:35:10	08:41:06	11:41:08	15:15:58	21:32:06	25:32:56.20	25:33:28.25	+10:18:37 (40.3%)	11:47	5.1 (60.0%)
123	KOPACZ Adam	7095	KLUB KOLARSKI FALA PARK	Masters M - 40	40	01:42:41	05:35:22	09:00:38	12:17:17	15:32:22	21:32:02	25:32:55.00	25:33:28.65	+10:18:37 (40.3%)	11:47	5.1 (60.0%)
124	KMIECIAK Łukasz	6002		Senior II M - 30	50	01:27:11	05:12:29	08:37:55	12:17:43	15:34:03	21:53:34	25:36:06.20	25:36:16.85	+10:21:25 (40.5%)	11:48	5.1 (60.0%)
125	SŁAWSKI Tomasz	7172		Senior II M - 30	51	01:40:25	06:09:55	09:48:03	13:15:26	16:38:18	23:12:58	25:54:02.20	25:54:24.25	+10:39:33 (41.1%)	11:57	5 (58.8%)
126	ŁUSZCZYŃSKI Łukasz	6066	KRYZYS	Senior II M - 30	52	01:14:15	05:08:51	08:04:06	11:23:27	14:55:26	22:06:34	26:13:00.25	26:13:06.35	+10:58:15 (41.8%)	12:06	5 (58.8%)
127	ŻAK Krzysztof	7119		Weteran II M - 60	4	01:50:22	06:38:14	10:20:02	13:31:39	16:36:08	22:50:07	26:22:04.30	26:22:39.65	+11:07:48 (42.2%)	12:10	4.9 (57.6%)
128	RICHTER Franciszek	6026	ZAPIERDALACZE	Weteran I M - 50	12	01:34:36	05:47:45	09:29:10	12:53:48	16:07:24	22:51:16	27:23:04.85	27:23:25.35	+12:08:34 (44.3%)	12:38	4.7 (55.3%)
	KONIECZNY Rafał	6075		Senior I M - 20		01:11:05 DNF	04:16:47 DNF	06:59:22 DNF	09:16:09 DNF	12:08:27 DNF	18:27:09 DNF	DNF	DNF	-	-	- (0.0%)
	KUKUŁA Maciej	6048		Senior I M - 20		01:15:00 DNF	04:13:49 DNF	06:59:24 DNF	09:39:10 DNF	12:33:08 DNF	18:48:00 DNF	DNF	DNF	-	-	- (0.0%)
	PRZYTULSKA Justyna	6053		Senior II K - 30		01:29:24 DNF	05:17:33 DNF	08:41:55 DNF	12:00:07 DNF	15:31:22 DNF	22:48:50 DNF	DNF	DNF	-	-	- (0.0%)
	PUZANOWSKI Jan	6059	GOPR WAŁBRZYSKO-KŁODZKA	Senior II M - 30		01:08:51 DNF	04:13:12 DNF	06:35:51 DNF	09:07:13 DNF	12:04:07 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KWIATKOWSKA Kinga	6017		Senior I K - 20		01:16:08 DNF	04:31:11 DNF	07:08:06 DNF	09:31:17 DNF	12:41:36 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GRĘZIAK Magdalena	6056	BIĄŁOSTOCKA SEKTA BIEGACZY	Senior I K - 20		01:29:55 DNF	05:06:44 DNF	08:10:57 DNF	10:57:46 DNF	14:45:24 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BIELAWIEC Bartłomiej	6088	BIĄŁOSTOCKA SEKTA BIEGACZY	Senior II M - 30		01:30:15 DNF	05:06:45 DNF	08:10:58 DNF	10:57:47 DNF	14:45:24 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WIJAS Mariusz	6060	KKB DYSTANS	Masters M - 40		01:37:15 DNF	05:28:01 DNF	09:08:30 DNF	12:30:01 DNF	16:13:48 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ŚWIERCZ Szymon	6064	HMG	Senior I M - 20		01:28:37 DNF	04:47:18 DNF	07:37:32 DNF	10:26:42 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	POKOTYCKI Denis	6074	OTOMO STP / PROGRAMA.PL	Senior I M - 20		01:27:43 DNF	05:20:24 DNF	08:35:49 DNF	11:58:44 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ŻEBRAKOWSKA Katarzyna	6068	ULTRAMARATONPODKARPACKI.PL	Masters K - 40		01:38:17 DNF	05:40:46 DNF	09:01:10 DNF	12:04:27 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KWOLIK Daniel	6101		Senior II M - 30		01:26:05 DNF	05:10:11 DNF	08:37:53 DNF	12:20:36 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
	RACZYC Janusz	6006		Senior II M	- 30	01:27:27 DNF	05:30:36 DNF	08:32:36 DNF	12:36:46 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PACZKOWSKI Piotr	6096		Masters M	- 40	01:31:58 DNF	05:41:05 DNF	09:21:47 DNF	13:16:16 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PIASECKI Rafał	6097		Masters M	- 40	01:49:50 DNF	06:39:09 DNF	10:56:02 DNF	14:24:49 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZCZEŚNIEWSKI Miłosz	6082	SALCO GARMIN TEAM	Senior I M	- 20	01:01:28 DNF	03:21:43 DNF	06:09:20 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SOBLIK Łukasz	6016		Senior II M	- 30	01:11:03 DNF	04:16:46 DNF	06:59:23 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOSZAREK Andrzej	6069	ZABIEGANIE ŚREPOLE	Masters M	- 40	01:33:09 DNF	05:04:12 DNF	08:39:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOSZAREK Maciej	6090	ZABIEGANI ŚLEPOLE	Weteran I	M - 50	01:33:11 DNF	05:04:14 DNF	08:39:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PAZDERSKA-KIPIEL Agnieszka	6065	PORANNY PATROL/EVIL TEAM	Senior II K	- 30	01:38:34 DNF	05:30:34 DNF	09:21:35 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	AUGUSTOWSKA Izabela	6040	KB GEOTERMIA UNIEJÓW	Masters K	- 40	01:36:34 DNF	05:41:03 DNF	09:33:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ZIEGLER Krzysztof	6100		Senior II M	- 30	01:26:10 DNF	06:01:37 DNF	09:48:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	TUCZYŃSKI Maciej	6055	RGIG/OLD SCHOOL TRAIL RUNNING	Senior II M	- 30	01:06:58 DNF	03:52:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZULC Krzysztof	6019	ALBATROSY	Masters M	- 40	01:15:56 DNF	05:02:01 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WASIELEWSKA Natalia	6037		Senior II K	- 30	01:27:27 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	NOWAK Karol	6033	WOŁÓW BIEGA	Weteran II	M - 60	01:46:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 154 wynik(ów)