

BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT
INTELEKTUJĄCE ZAWODY SPORTOWE

Event: Dolnośląski Festiwal Biegów Górskich
Organiser: Fundacja MARATONY GÓRSKIE
Date: 2019-07-18
Place: Łądek-Zdrój
Distance: 130 km

B4SPORT
INTELEKTUJĄCE ZAWODY SPORTOWE

Classification: Masters M - 40

Place	Participant	Number	Club	Category	MCat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Net time 130km	Czas brutto 130km	Gap	Pace min/km	Pace km/h
1	ATANASOW ANCEW Dawid	1235	D\$D	Masters M - 40	1	01:09:11	03:55:47	05:49:02	07:39:36	09:36:31	13:11:10	15:51:30.75	15:51:42.20		7:19	8.2 (100%)
2	GAŁUSZKA Rafał	2142	PAUSE	Masters M - 40	2	01:01:17	03:33:06	05:36:04	07:31:15	09:39:02	13:32:42	15:59:23.90	15:59:28.20	+00:07:46 (0.8%)	7:22	8.1 (98.8%)
3	JĘDRZEJKO Tomasz	2134	SIDOR TEAM POLSKA AZS WST KATOWICE	Masters M - 40	3	01:04:12	03:50:17	06:01:23	08:06:47	10:29:42	14:13:49	16:41:22.85	16:41:30.05	+00:49:47 (5.0%)	7:42	7.8 (95.1%)
4	PAPRZYCKI Rafał	2013	NATURALBORN RUNNERS	Masters M - 40	4	01:14:57	04:15:03	06:23:04	08:22:24	10:39:44	14:44:40	17:16:38.80	17:16:51.00	+01:25:08 (8.2%)	7:58	7.5 (91.5%)
5	BIADASZ Andrzej Michał	2057	POLITECHNIKA POZNAŃSKA	Masters M - 40	5	01:19:16	04:16:16	06:23:31	08:22:23	10:39:42	15:09:32	17:28:31.05	17:28:46.75	+01:37:04 (9.3%)	8:03	7.4 (90.2%)
6	GEZELA Robert	2012	EUFORIA BIEGACZA TEAM	Masters M - 40	6	01:16:19	04:13:44	06:18:45	08:23:07	10:44:24	14:52:37	17:35:08.60	17:35:15.15	+01:43:32 (9.8%)	8:06	7.4 (90.2%)
7	JUSZKO Krzysztof	2028		Masters M - 40	7	01:14:22	04:20:14	06:37:53	08:46:38	11:10:55	15:25:37	18:11:52.80	18:12:01.05	+02:20:18 (12.8%)	8:23	7.1 (86.6%)
8	PERKOWSKI Piotr	1280	MONK SANDALS TEAM	Masters M - 40	8	01:07:58	03:56:02	06:13:46	08:20:37	10:35:02	15:02:20	18:22:27.40	18:22:30.50	+02:30:48 (13.7%)	8:28	7.1 (86.6%)
9	DOLEŻEK Robert	1079	PAŃSTWOWA STRAŻ POŻARNA W KAZIMIERZY WIELKIEJ	Masters M - 40	9	01:04:14	03:45:45	05:57:00	08:14:43	10:43:13	15:01:54	18:22:50.75	18:22:52.05	+02:31:09 (13.7%)	8:29	7.1 (86.6%)
10	KRUPA Marcin	1051	AKTYWNA NOWA RUDA	Masters M - 40	10	01:04:11	03:45:43	05:56:58	08:14:42	10:43:11	15:01:52	18:22:48.70	18:22:52.20	+02:31:10 (13.7%)	8:28	7.1 (86.6%)
11	GRABLEWSKI Grzegorz	1207	MKS SIECHNICE	Masters M - 40	11	01:04:33	03:50:34	06:10:45	08:11:37	10:37:37	15:39:00	18:30:00.55	18:30:02.95	+02:38:20 (14.3%)	8:32	7 (85.4%)
12	JAWORSKI Łukasz	1150	ULTRAMOC(-)	Masters M - 40	12	01:07:28	03:50:15	06:00:59	08:14:16	10:48:13	15:24:26	18:34:48.45	18:34:56.80	+02:43:14 (14.6%)	8:34	7 (85.4%)
13	SZAŁKOWSKI Dawid	1091	EKOBIEGI	Masters M - 40	13	01:14:08	04:15:37	06:33:51	08:55:08	11:26:59	16:06:07	19:04:41.80	19:05:00.15	+03:13:17 (16.9%)	8:48	6.8 (82.9%)
14	ŁĘPICKI Artur	1092	MARKOWI BIEGACZE	Masters M - 40	14	01:13:27	04:15:12	06:30:32	08:53:46	11:27:01	16:06:45	19:04:44.60	19:05:02.35	+03:13:20 (16.9%)	8:48	6.8 (82.9%)
15	ŻYŻA Piotr	1177	MAAGNUS TEAM SKOKOWA	Masters M - 40	15	01:17:33	04:27:07	06:58:20	09:19:47	11:53:19	16:36:43	19:16:33.00	19:16:40.95	+03:24:58 (17.7%)	8:53	6.7 (81.7%)
16	KAPROŃ Sebastian	1198		Masters M - 40	16	01:09:09	04:05:17	06:15:05	08:22:23	10:47:04	15:41:05	19:16:33.10	19:16:48.95	+03:25:06 (17.7%)	8:53	6.7 (81.7%)
17	WALENDA Arkadiusz	2037	VEGE ULTRA RUNNER	Masters M - 40	17	01:13:15	04:24:14	06:47:59	09:00:50	11:36:25	16:26:19	19:20:46.80	19:20:54.85	+03:29:12 (18.0%)	8:55	6.7 (81.7%)
18	POLAK Stanisław	1057	STOWARZYSZENIE BIEGACZY GÓRSKICH 'PODBIEG'	Masters M - 40	18	01:18:36	04:25:50	06:42:38	09:00:47	11:52:39	16:26:03	19:23:34.85	19:23:44.35	+03:32:02 (18.2%)	8:57	6.7 (81.7%)

Place	Participant	Number	Club	Category	MCat	A1	A2	A3	A4	A5	A7	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
						10km	32km	47km	64km	81km	112km	130km	130km			
19	STANOWSKI Grzegorz	1197	FOREVER YOUNG	Masters M - 40	19	01:12:34	04:30:26	06:58:52	09:25:13	11:53:01	16:16:41	19:23:36.10	19:23:47.40	+03:32:05 (18.2%)	8:57	6.7 (81.7%)
20	ŁOŻYŃSKI Radomir	1078	4RUN TEAM PIŁA	Masters M - 40	20	01:17:30	04:23:46	06:41:32	08:53:56	11:31:53	16:05:37	19:33:54.30	19:34:07.30	+03:42:25 (18.9%)	9:01	6.6 (80.5%)
21	KLARECKI Adrian	2083	WIRAN TEAM	Masters M - 40	21	01:08:21	04:08:32	06:21:36	08:37:49	11:32:55	16:32:25	19:53:24.30	19:53:31.00	+04:01:48 (20.3%)	9:10	6.5 (79.3%)
22	KRÓL Maciej	2082	WIRAN TEAM	Masters M - 40	22	01:08:21	04:08:32	06:21:49	08:37:50	11:32:54	16:31:49	19:53:24.25	19:53:31.25	+04:01:49 (20.3%)	9:10	6.5 (79.3%)
23	KOZŁOWSKI Leszek	1059	LESZNO	Masters M - 40	23	01:21:41	04:39:14	07:02:18	09:20:17	12:10:01	16:50:16	19:53:13.00	19:53:49.50	+04:02:07 (20.3%)	9:10	6.5 (79.3%)
24	OSTAPIŃSKI Wojtek	1104	OSTRESROKI	Masters M - 40	24	01:17:34	04:24:40	06:58:24	09:36:37	12:19:50	17:00:17	20:09:13.70	20:09:32.35	+04:17:50 (21.3%)	9:18	6.5 (79.3%)
25	JANDZIŚ Wiesław	1249	AKTYWNY DYNÓW	Masters M - 40	25	01:19:31	04:32:23	06:57:03	09:31:06	12:09:21	17:17:16	20:14:16.25	20:14:48.40	+04:23:06 (21.7%)	9:20	6.4 (78.0%)
26	KUTNIK Mirosław	1236	KB BIAŁA BIEGA	Masters M - 40	26	01:28:51	04:45:09	07:04:17	09:25:04	12:08:38	16:57:06	20:13:58.95	20:14:52.75	+04:23:10 (21.7%)	9:20	6.4 (78.0%)
27	MIKLER Arkadiusz	1015	GUTO - WEERIDE	Masters M - 40	27	01:18:41	04:30:46	06:56:17	09:20:43	12:05:40	17:02:25	20:16:37.95	20:16:46.85	+04:25:04 (21.8%)	9:21	6.4 (78.0%)
28	PIOTROWSKI Paweł	1058	PROTON	Masters M - 40	28	01:12:32	04:22:41	07:04:58	09:43:22	12:25:11	17:13:03	20:31:42.90	20:31:51.55	+04:40:09 (22.7%)	9:28	6.3 (76.8%)
29	DŁUŻNIEWSKI Jacek	1272	ULTRASFCB	Masters M - 40	29	01:20:39	04:35:55	07:01:30	09:31:55	12:13:46	17:05:11	20:33:30.75	20:33:50.90	+04:42:08 (22.9%)	9:29	6.3 (76.8%)
30	LISIECKI Tomasz	1214	TRZYNASTKA PLUS	Masters M - 40	30	01:26:29	04:51:47	07:22:40	09:59:37	12:49:05	17:29:22	20:34:51.00	20:35:49.35	+04:44:07 (23.0%)	9:29	6.3 (76.8%)
31	ZOWAL Ryszard	2006	W POGONI ZA DUCHEM	Masters M - 40	31	01:17:22	04:34:54	07:01:58	09:28:48	12:11:33	16:50:08	20:39:05.65	20:39:32.40	+04:47:50 (23.2%)	9:31	6.3 (76.8%)
32	TYLEK Rafał	1134	FLEXYSTAV SPORT	Masters M - 40	32	01:30:25	05:14:23	07:44:44	10:07:42	12:47:42	17:20:18	20:38:31.40	20:39:35.90	+04:47:53 (23.2%)	9:31	6.3 (76.8%)
33	TRYBALSKI Krzysztof	2061		Masters M - 40	33	01:17:25	04:31:00	06:52:11	09:17:12	12:00:07	17:26:06	20:50:44.10	20:50:56.10	+04:59:13 (23.9%)	9:37	6.2 (75.6%)
34	BIEGAJŁO Krystian	1131	MTS KGHM DRUŻYNA SZPIKU	Masters M - 40	34	01:19:13	04:29:42	07:04:27	09:35:26	12:30:06	17:36:06	20:50:46.80	20:50:58.40	+04:59:16 (23.9%)	9:37	6.2 (75.6%)
35	BŁACHOWIAK Mariusz	1175	MARATON LESZNO	Masters M - 40	35	01:21:42	04:33:55	06:54:24	09:17:33	12:24:54	17:21:54	20:50:31.05	20:51:07.40	+04:59:25 (23.9%)	9:37	6.2 (75.6%)
36	ZDZIARSKI Tomasz	1016		Masters M - 40	36	01:18:11	04:48:28	07:24:42	10:04:40	12:55:13	17:25:33	20:51:12.55	20:51:59.60	+05:00:17 (24.0%)	9:37	6.2 (75.6%)
37	DATA Tomasz	1166		Masters M - 40	37	01:25:30	05:00:46	07:43:05	10:08:14	13:01:44	17:37:13	20:52:08.30	20:52:33.00	+05:00:50 (24.0%)	9:37	6.2 (75.6%)
38	SZOPA Marek	1262	TEAM KOPEĆ	Masters M - 40	38	01:14:31	04:30:28	06:43:06	09:25:57	12:19:40	17:20:52	20:52:43.60	20:53:00.50	+05:01:18 (24.0%)	9:38	6.2 (75.6%)
39	DZIERKA Mariusz	1153		Masters M - 40	39	01:22:05	04:37:46	07:21:14	09:58:16	12:44:19	17:48:42	20:52:45.10	20:53:23.80	+05:01:41 (24.1%)	9:38	6.2 (75.6%)
40	GARNCARZ Paweł	1275		Masters M - 40	40	01:09:31	04:39:35	07:06:25	09:34:15	12:20:23	17:23:56	20:57:14.85	20:57:26.15	+05:05:43 (24.3%)	9:40	6.2 (75.6%)
41	KOWAL Wiesław	2109		Masters M - 40	41	01:12:25	04:16:45	06:37:01	08:59:23	12:12:56	17:19:21	20:57:54.70	20:58:05.05	+05:06:22 (24.4%)	9:40	6.2 (75.6%)
42	BADOWSKI Jerzy	1252	NORDEA RUNNING TEAM	Masters M - 40	42	01:11:15	04:07:45	06:26:34	08:59:30	11:50:08	16:50:54	20:58:09.05	20:58:15.15	+05:06:32 (24.4%)	9:40	6.2 (75.6%)
43	CIURASZKIEWICZ Andrzej	1142	ANDRZEJ CIURASZKIEWICZ	Masters M - 40	43	01:23:34	04:44:42	07:15:47	09:50:23	12:50:41	17:49:06	21:03:42.40	21:04:03.95	+05:12:21 (24.7%)	9:43	6.2 (75.6%)
44	SZYMAŁA Marcin	1169	KLUCZBORSKA GRUPA BIEGOWA	Masters M - 40	44	01:22:42	04:59:35	07:42:41	10:18:26	12:54:52	17:59:46	21:16:54.25	21:17:29.25	+05:25:47 (25.5%)	9:49	6.1 (74.4%)

Place	Participant	Number	Club	Category	MCat	A1	A2	A3	A4	A5	A7	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
						10km	32km	47km	64km	81km	112km	130km	130km			
45	SITAREK Michał	1245	POLISH RUNNERS CLUB IRELAND	Masters M - 40	45	01:00:22	03:45:09	06:09:23	08:54:16	12:21:45	17:23:10	21:25:49.25	21:25:50.20	+05:34:08 (26.0%)	9:53	6.1 (74.4%)
46	GĄSIOROWSKI Olek	1127	DRUŻYNA SZPIKU	Masters M - 40	46	01:25:42	05:02:30	07:33:19	10:02:38	12:44:51	17:51:35	21:29:33.65	21:30:03.15	+05:38:20 (26.2%)	9:55	6 (73.2%)
47	KWIATKOWSKI Jarek	2114	FLOWERS TEAM	Masters M - 40	47	01:14:31	04:38:59	07:27:35	10:10:28	13:00:35	18:13:40	21:30:56.50	21:31:03.25	+05:39:21 (26.3%)	9:55	6 (73.2%)
48	DOBROŚ Tomasz	2003		Masters M - 40	48	01:23:35	04:47:35	07:27:17	10:02:52	12:46:35	17:56:48	21:35:51.20	21:36:18.70	+05:44:36 (26.6%)	9:58	6 (73.2%)
49	ZUBERT Marcin	2053	PRESS GLASS-BIEGAMY I WSPIERAMY	Masters M - 40	49	01:18:11	04:39:48	07:05:38	09:34:18	12:46:09	17:52:31	21:36:41.80	21:37:36.85	+05:45:54 (26.7%)	9:58	6 (73.2%)
50	BASZAK Tomasz	1296	SIŁA OGRA	Masters M - 40	50	01:23:01	04:48:41	07:13:12	09:49:44	12:26:57	18:21:34	21:40:38.60	21:40:52.45	+05:49:10 (26.8%)	10:00	6 (73.2%)
51	SOPOTNICKI Wojciech	1178	MOVEON	Masters M - 40	51	01:30:41	05:00:38	07:34:27	10:13:20	13:21:53	18:22:34	21:40:10.60	21:40:55.20	+05:49:13 (26.8%)	10:00	6 (73.2%)
52	CIUK Piotr	1060	YULO RUN TEAM SIEDLCE	Masters M - 40	52	01:30:32	05:08:58	07:52:03	10:31:14	13:19:26	18:18:00	21:43:20.35	21:44:09.55	+05:52:27 (27.0%)	10:01	6 (73.2%)
53	KUCIŃSKI Tomasz	2087	MKB DREPTAK	Masters M - 40	53	01:24:51	04:53:32	07:12:13	09:53:46	12:45:34	18:08:32	21:46:16.60	21:47:24.15	+05:55:41 (27.2%)	10:02	6 (73.2%)
54	TROCHIMOWICZ Hubert T	1266	LONGEVITY EXPEDITION	Masters M - 40	54	01:16:08	04:45:17	07:06:04	09:36:17	12:58:13	18:29:49	21:54:18.50	21:54:30.10	+06:02:47 (27.6%)	10:06	5.9 (72.0%)
55	DONIEC Marek	1113	PIOTRKOWSKI KLUB BIEGACZA ENDORFINA	Masters M - 40	55	01:12:35	04:18:58	07:07:23	09:54:36	12:50:24	18:34:36	22:06:39.25	22:06:53.65	+06:15:11 (28.3%)	10:12	5.9 (72.0%)
56	DEPTUŁA Hubert	1265		Masters M - 40	56	01:17:24	04:37:46	07:21:15	10:00:09	13:16:41	18:46:20	22:09:55.50	22:10:25.40	+06:18:43 (28.5%)	10:13	5.9 (72.0%)
57	MARCZEWSKI Sławomir	2020	STOWARZYSZENIE LUDZI W BIEGU ŻŁOTÓW	Masters M - 40	57	01:25:32	04:50:08	07:19:54	09:57:50	12:58:09	18:08:47	22:10:24.50	22:11:15.30	+06:19:33 (28.5%)	10:14	5.9 (72.0%)
58	DĄBROWSKI Cezary	1161	MAXI PIASECZNO	Masters M - 40	58	01:18:20	04:49:45	07:36:01	10:20:15	13:00:55	18:39:35	22:14:49.60	22:15:10.05	+06:23:27 (28.7%)	10:16	5.8 (70.7%)
59	BRUS Marcin	2009		Masters M - 40	59	01:08:15	04:16:15	06:59:29	09:35:48	13:33:59	18:53:41	22:18:02.90	22:18:06.30	+06:26:24 (28.9%)	10:17	5.8 (70.7%)
60	MIKOWSKI Artur	1144	ALNOR	Masters M - 40	60	01:25:35	04:49:14	07:26:54	10:09:39	12:51:52	18:48:23	22:17:59.75	22:18:42.30	+06:27:00 (28.9%)	10:17	5.8 (70.7%)
61	ROGALA Maciej	1284	ATTIQ-YNO ULTRA	Masters M - 40	61	01:26:16	05:17:02	08:10:52	10:52:42	13:40:32	18:40:08	22:18:29.85	22:18:56.10	+06:27:13 (28.9%)	10:17	5.8 (70.7%)
62	NOWACZYK Tomasz	1010	KOŚCIAN TEAM	Masters M - 40	62	01:17:45	04:47:54	07:12:54	09:39:29	12:58:14	18:43:09	22:18:57.10	22:19:07.60	+06:27:25 (28.9%)	10:17	5.8 (70.7%)
63	TUROBOŚ Michał	1243		Masters M - 40	63	01:18:38	05:03:31	07:51:05	10:34:23	13:21:41	18:23:54	22:21:32.35	22:21:45.05	+06:30:02 (29.1%)	10:19	5.8 (70.7%)
64	CYNIAK Marek	2069	EVERRUN	Masters M - 40	64	01:21:01	04:50:00	07:23:11	10:04:11	13:12:53	18:38:46	22:23:58.30	22:24:42.00	+06:32:59 (29.2%)	10:20	5.8 (70.7%)
65	LEMBOWICZ Grzegorz	1084		Masters M - 40	65	01:30:28	05:28:51	08:12:28	10:51:06	14:02:00	19:21:45	22:30:07.45	22:30:55.45	+06:39:13 (29.6%)	10:23	5.8 (70.7%)
66	SACHARUK Robert	1293	MULTON TEAM	Masters M - 40	66	01:12:25	04:19:56	06:45:53	09:14:29	12:00:08	17:53:25	22:34:08.05	22:34:20.15	+06:42:37 (29.7%)	10:24	5.8 (70.7%)
67	FURMAN Marcin	1190	KRYTYKA CZYSTEGO BIEGANIA	Masters M - 40	67	01:22:05	04:59:57	07:41:22	10:26:22	13:38:17	19:18:41	22:47:04.45	22:47:10.90	+06:55:28 (30.4%)	10:30	5.7 (69.5%)
68	MATUSZEWSKI Marek	1035	RUNNER'S POWER ŚREM	Masters M - 40	68	01:31:27	05:17:44	08:10:15	10:53:09	13:44:33	19:18:07	22:46:33.80	22:47:11.20	+06:55:29 (30.4%)	10:30	5.7 (69.5%)
69	MARCINKOWSKI Przemysław	2138	PROTON LESZNOLIMITS RUNNERS	Masters M - 40	69	01:14:18	04:26:09	07:06:38	09:53:07	13:26:26	19:10:02	22:53:47.35	22:53:52.70	+07:02:10 (30.7%)	10:34	5.7 (69.5%)
70	HAUPT Krzysztof	1228	MUAY RUNNING TEAM	Masters M - 40	70	01:26:10	05:28:13	08:17:39	11:03:21	13:35:21	19:11:06	22:56:00.20	22:56:10.25	+07:04:28 (30.8%)	10:35	5.7 (69.5%)

Place	Participant	Number	Club	Category	MCat	A1	A2	A3	A4	A5	A7	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
						10km	32km	47km	64km	81km	112km	130km	130km			
71	PIECH Michał	1291	RODZICEWRUCHU.PL	Masters M - 40	71	01:20:10	05:02:37	07:27:04	10:04:16	13:05:26	18:47:25	22:58:38.40	22:59:03.50	+07:07:21 (31.0%)	10:36	5.7 (69.5%)
72	KRASIŃSKI Tomasz	1271	INDYWIDUALNIE	Masters M - 40	72	01:18:39	04:56:42	07:37:35	10:04:05	13:20:32	19:17:03	22:59:14.75	22:59:31.60	+07:07:49 (31.0%)	10:36	5.7 (69.5%)
73	MALEC Mariusz	1118	STARGARDZKI KLUB MORSÓW MIEDWIANIE	Masters M - 40	73	01:43:11	05:29:08	08:20:51	11:17:41	14:19:58	19:19:24	23:03:26.40	23:04:19.45	+07:12:37 (31.3%)	10:38	5.6 (68.3%)
74	STASZEWSKI Piotr	1146		Masters M - 40	74	01:24:30	05:04:38	07:57:54	10:38:58	13:38:26	19:19:26	23:15:22.35	23:16:14.90	+07:24:32 (31.8%)	10:44	5.6 (68.3%)
75	MAŁYSZA Sławomir	1137	PZU SPORT TEAM	Masters M - 40	75	01:30:07	05:14:13	07:48:50	10:30:52	13:42:56	19:30:22	23:21:45.05	23:23:00.85	+07:31:18 (32.2%)	10:46	5.6 (68.3%)
76	BOJDA Grzegorz	1028	WAPIENICKI TEAM	Masters M - 40	76	01:32:06	05:19:14	08:07:34	10:46:05	14:00:53	19:25:46	23:26:21.75	23:26:55.10	+07:35:12 (32.4%)	10:49	5.5 (67.1%)
77	GORGOL Tomasz	1251	LP500	Masters M - 40	77	01:20:56	05:05:33	07:57:03	10:47:22	13:55:17	19:44:06	23:27:16.55	23:27:37.60	+07:35:55 (32.4%)	10:49	5.5 (67.1%)
78	KWAŚNIEWSKI Tomasz	1036	SULECHOWSKA GRUPA BIEGOWA	Masters M - 40	78	01:25:38	05:08:04	08:02:46	10:59:52	14:07:40	20:03:46	23:28:19.45	23:28:59.80	+07:37:17 (32.5%)	10:49	5.5 (67.1%)
79	URBANIK Łukasz	1034	KITA TEAM	Masters M - 40	79	01:23:42	04:55:20	07:33:46	10:27:04	13:28:37	19:29:35	23:33:04.95	23:33:18.55	+07:41:36 (32.7%)	10:52	5.5 (67.1%)
80	FRESZEL Krzysztof	2021	BOERNEROWO BIEGA	Masters M - 40	80	01:28:16	05:12:54	08:16:57	11:22:26	14:19:45	20:01:15	23:45:08.75	23:45:28.60	+07:53:46 (33.2%)	10:57	5.5 (67.1%)
81	RYCYK Grzegorz	1165	1975	Masters M - 40	81	01:30:33	05:27:05	08:20:35	10:51:12	13:44:41	20:03:14	23:52:49.95	23:53:38.90	+08:01:56 (33.6%)	11:01	5.4 (65.9%)
82	POZLEWICZ Dariusz	1285		Masters M - 40	82	01:30:44	05:20:06	08:17:52	11:08:13	14:11:02	19:57:02	23:56:30.90	23:57:22.05	+08:05:39 (33.8%)	11:03	5.4 (65.9%)
83	ANTONIEWICZ Jacek	2065	BIEGIEM PRZEZ POLSKĘ	Masters M - 40	83	01:22:34	05:12:49	07:49:28	10:31:54	13:33:52	19:57:19	23:56:56.90	23:57:29.60	+08:05:47 (33.8%)	11:03	5.4 (65.9%)
84	OLEJNIK Sylwester	2091	VEGE ULTRA RUNNERS	Masters M - 40	84	01:22:34	05:12:51	07:49:28	10:32:02	13:33:51	19:57:17	23:56:58.00	23:57:30.05	+08:05:47 (33.8%)	11:03	5.4 (65.9%)
85	BOBIN Tomasz	1082		Masters M - 40	85	01:23:20	05:06:32	07:55:36	10:49:24	13:47:15	19:55:26	23:57:34.10	23:57:56.10	+08:06:13 (33.8%)	11:03	5.4 (65.9%)
86	BOGACKI Sławek	1008	#ULTRAVEGENORDICWALKER	Masters M - 40	86	01:30:17	05:31:15	08:33:20	11:33:15	14:33:15	20:23:36	23:59:05.60	23:59:19.00	+08:07:36 (33.9%)	11:04	5.4 (65.9%)
87	PANEK Piotr	1287	WATER TEAM	Masters M - 40	87	01:31:08	05:29:17	08:12:00	11:03:42	14:20:20	20:04:42	24:02:56.40	24:03:57.65	+08:12:15 (34.1%)	11:05	5.4 (65.9%)
88	SIENKIEWICZ Wojtek	1022	OGARY DOLORES	Masters M - 40	88	01:27:01	05:35:06	08:25:38	11:21:38	14:21:59	20:01:33	24:06:47.90	24:07:23.10	+08:15:40 (34.2%)	11:07	5.4 (65.9%)
89	JERMAK Kamil	1025	BOHAR PALETY RUNNERS	Masters M - 40	89	01:25:43	04:56:38	07:30:28	10:09:55	13:34:42	20:05:17	24:07:29.35	24:08:01.40	+08:16:19 (34.3%)	11:08	5.4 (65.9%)
90	SERKOWSKI Marcin	2068	BIEGAMYRAZEM.PL	Masters M - 40	90	01:22:50	05:09:21	08:10:50	11:14:19	14:25:45	20:23:05	24:14:45.85	24:15:01.80	+08:23:19 (34.6%)	11:11	5.4 (65.9%)
91	PAWLUCZUK Tomasz	2085		Masters M - 40	91	01:22:46	05:09:23	08:10:53	11:14:20	14:25:44	20:23:04	24:14:47.75	24:15:01.90	+08:23:19 (34.6%)	11:11	5.4 (65.9%)
92	GŁĘBOWSKI Tomasz	1009		Masters M - 40	92	01:39:16	05:53:34	08:53:21	11:39:30	14:48:29	20:57:25	24:15:10.35	24:15:45.90	+08:24:03 (34.6%)	11:11	5.4 (65.9%)
93	KUTYŁA Stanisław	2088	ORANGE POLSKA	Masters M - 40	93	01:33:48	05:31:28	08:20:42	11:30:55	14:49:30	20:41:52	24:15:22.55	24:16:18.00	+08:24:35 (34.6%)	11:11	5.4 (65.9%)
94	BORUSIŃSKI Piotr	1268		Masters M - 40	94	01:32:09	05:32:00	09:43:02	12:27:27	15:21:56	20:45:01	24:18:19.90	24:18:23.35	+08:26:41 (34.7%)	11:13	5.3 (64.6%)
95	MATEŃCZUK Paweł	1001		Masters M - 40	95	01:35:53	06:04:50	08:27:06	11:12:46	14:19:05	20:28:16	24:24:04.35	24:24:51.00	+08:33:08 (35.0%)	11:15	5.3 (64.6%)
96	WIERZBICKI Rafał	2052		Masters M - 40	96	01:23:32	05:10:00	08:09:12	11:16:24	14:32:15	20:42:18	24:29:40.05	24:30:16.60	+08:38:34 (35.3%)	11:18	5.3 (64.6%)

Place	Participant	Number	Club	Category	MCat	A1	A2	A3	A4	A5	A7	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
						10km	32km	47km	64km	81km	112km	130km	130km			
97	JABŁOŃSKI Michał	2128		Masters M-40	97	01:33:43	05:34:28	08:23:28	11:31:22	14:52:51	20:51:37	24:31:44.80	24:32:41.85	+08:40:59 (35.4%)	11:19	5.3 (64.6%)
98	JANIK Tomasz	1071	ORANGE POLSA	Masters M-40	98	01:33:45	05:34:28	08:26:18	11:31:22	14:59:05	20:55:18	24:31:45.10	24:32:41.95	+08:40:59 (35.4%)	11:19	5.3 (64.6%)
99	MROZOWSKI Paweł	2129	ORANGE POSLKA/KINGRUNNER	Masters M-40	99	01:33:44	05:34:24	08:23:15	11:30:55	14:47:35	20:51:36	24:31:46.35	24:32:42.65	+08:41:00 (35.4%)	11:19	5.3 (64.6%)
100	KADECKI Marek	1210		Masters M-40	100	01:28:04	05:36:18	08:29:16	11:21:26	14:33:54	20:49:05	24:35:31.05	24:35:48.65	+08:44:06 (35.5%)	11:21	5.3 (64.6%)
101	RYCZYŃSKI Jacek	2025	POLSKA	Masters M-40	101	01:26:52	05:31:59	08:29:17	11:32:17	14:54:59	21:01:22	24:50:14.55	24:50:48.50	+08:59:06 (36.2%)	11:27	5.2 (63.4%)
102	MATUSEWICZ Ireneusz	2098		Masters M-40	102	01:25:54	05:31:44	08:28:49	11:20:57	14:31:32	20:59:44	24:54:14.55	24:54:55.20	+09:03:13 (36.3%)	11:29	5.2 (63.4%)
103	JANUSZEWSKI Piotr	1256	MKS ROBOTY DROGOWE	Masters M-40	103	01:29:48	05:40:25	08:50:44	11:43:38	14:48:43	21:09:02	24:54:45.00	24:55:30.35	+09:03:48 (36.4%)	11:29	5.2 (63.4%)
104	KORDUŁA Zbigniew	2126	BIEGOWY ŚWIAT	Masters M-40	104	01:26:02	05:05:38	08:07:02	11:19:26	14:41:17	20:50:36	25:04:09.85	25:05:11.05	+09:13:28 (36.8%)	11:34	5.2 (63.4%)
105	ZAWADA Maciej Marcin	2075	KGB	Masters M-40	105	01:29:59	05:26:09	08:28:57	11:26:27	14:48:56	20:58:12	25:04:36.70	25:05:11.55	+09:13:29 (36.8%)	11:34	5.2 (63.4%)
106	KUGLARZ Szymon	2060		Masters M-40	106	01:28:21	05:26:02	08:24:05	11:28:22	14:54:44	21:07:56	25:04:43.85	25:05:31.60	+09:13:49 (36.8%)	11:34	5.2 (63.4%)
107	TRYK Sebastian	1138	PRO-RUN WROCŁAW / MARATON W 140 MINUT	Masters M-40	107	01:33:05	06:03:02	08:59:09	12:03:37	15:17:10	21:40:54	25:07:26.65	25:08:04.30	+09:16:22 (36.9%)	11:35	5.2 (63.4%)
108	WIŚNIEWSKI Radosław	2067		Masters M-40	108	01:28:15	05:31:57	08:45:21	11:41:18	14:43:02	20:58:46	25:08:17.05	25:08:56.35	+09:17:14 (36.9%)	11:36	5.2 (63.4%)
109	MARCINIAK Robert	2102	RUN@BANINO	Masters M-40	109	01:17:26	05:08:58	08:16:12	11:16:48	14:30:41	21:05:31	25:10:08.40	25:10:23.75	+09:18:41 (37.0%)	11:36	5.2 (63.4%)
110	BARAŃSKI Rafał	1192	BIEGAMBOMUSZĘ	Masters M-40	110	01:35:42	06:16:09	09:34:35	12:51:16	15:58:42	22:00:53	25:16:14.75	25:17:04.10	+09:25:21 (37.3%)	11:39	5.1 (62.2%)
111	WAŁĘKA Jarosław	1267	ORANGE POLSKA	Masters M-40	111	01:34:22	05:38:56	08:52:17	11:49:26	15:03:25	21:23:12	25:16:07.60	25:17:04.85	+09:25:22 (37.3%)	11:39	5.1 (62.2%)
112	OLESZCZAK Piotr	2116	BIEGAM BO SĄ TACY CO NIE MOGĄ	Masters M-40	112	01:17:37	04:40:41	07:37:54	10:33:26	13:42:59	21:00:59	25:20:45.70	25:21:04.50	+09:29:22 (37.4%)	11:41	5.1 (62.2%)
113	ŁAWSKI Rafał	1181	AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY	Masters M-40	113	01:28:25	05:21:40	08:18:59	11:35:06	15:03:04	21:33:17	25:22:08.05	25:22:52.80	+09:31:10 (37.5%)	11:42	5.1 (62.2%)
114	STRASZEWSKI Leszek	1246	KS M.E.T.A	Masters M-40	114	01:32:54	05:45:15	08:58:57	12:03:27	15:21:50	21:35:51	25:23:07.45	25:23:55.25	+09:32:13 (37.5%)	11:42	5.1 (62.2%)
115	LUTYŃSKI Zbigniew	1183		Masters M-40	115	01:26:32	05:37:00	08:55:43	12:07:40	14:56:06	21:35:32	25:35:14.85	25:35:37.75	+09:43:55 (38.0%)	11:48	5.1 (62.2%)
116	ZNAMIEC Marcin	1099	IPA PAŁAC MOSTOWSKICH KSP	Masters M-40	116	01:33:50	06:00:10	09:09:15	12:35:40	15:51:56	21:56:50	25:37:18.80	25:37:41.85	+09:45:59 (38.1%)	11:49	5.1 (62.2%)
117	WIERCIOCH Sławomir	1077	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	Masters M-40	117	01:32:44	05:48:20	09:14:24	12:31:17	15:52:40	21:51:53	25:40:15.50	25:40:54.45	+09:49:12 (38.2%)	11:50	5.1 (62.2%)
118	JAWORSKI Piotr	2072	EKOBIEGI	Masters M-40	118	01:32:12	05:54:32	09:12:53	12:19:40	15:22:31	21:43:27	25:40:45.60	25:41:15.70	+09:49:33 (38.3%)	11:51	5.1 (62.2%)
	WOJEWODA Michał	2122	KAZIKI TRIWAWA	Masters M-40		01:25:01	04:50:40	07:27:16	09:59:50	12:49:22	19:21:32	DNF	DNF	-	-	(0.0%)
	BALICKI Jakub	2113	ASAP RUNNERS	Masters M-40		01:30:37	05:31:31	08:38:57	11:42:29	15:24:55	DNF	DNF	DNF	-	-	(0.0%)
	TASZAREK Jakub	2049		Masters M-40		01:14:52	04:29:15	06:59:20	09:09:00	12:47:57	DNF	DNF	DNF	-	-	(0.0%)
	POCHYLSKI Dominik	2110	LUBOŃSKI KLUB BIEGACZA	Masters M-40		01:40:52	06:58:11	10:30:40	13:52:56	17:58:33	DNF	DNF	DNF	-	-	(0.0%)

Place	Participant	Number	Club	Category	MCat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Net time 130km	Czas brutto 130km	Gap	Pace min/km	Pace km/h
	GRYCMAN Marek	2031		Masters M - 40		01:04:54 DNF	03:49:53 DNF	06:03:08 DNF	08:21:14 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	FRANEK Sebastian	2139	MUAY RUNNING TEAM	Masters M - 40		01:34:51 DNF	06:00:23 DNF	09:16:27 DNF	13:02:45 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PAWŁOWSKI Jacek	2120		Masters M - 40		01:18:46 DNF	05:23:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MICHALSKI Marek	2048	KB CZARNE WILKI	Masters M - 40		01:31:07 DNF	05:43:19 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Total 126 results.