

BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2020-07-16
Miejsce: Łądek-Zdrój
Dystans: 130 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
1	KUPCZAK Mariusz	2085	MPK WROCŁAW	Masters M - 40	1	01:03:07	03:54:24	05:52:27	07:59:39	09:56:29	13:14:54	15:15:53.55		7:02	8.5 (100%)
2	MARZEC Grzegorz	2093	GMINA STRZELCE OPOLSKIE	Masters M - 40	2	01:04:05	04:03:54	05:57:28	07:56:58	10:23:03	13:44:47	15:47:07.85	+00:31:14 (3.3%)	7:17	8.2 (96.5%)
3	JÓZWIAK Piotr	1006	KITA TEAM	Masters M - 40	3	01:00:42	03:49:48	05:45:23	07:41:18	09:43:04	13:44:52	16:07:43.10	+00:51:49 (5.4%)	7:26	8.1 (95.3%)
4	GAŁUSZKA Rafał	2149		Masters M - 40	4	01:08:18	04:13:18	06:31:14	08:38:44	10:53:26	14:36:59	16:56:21.20	+01:40:27 (9.9%)	7:49	7.7 (90.6%)
5	KOMENDACKI Dominik	1119	KGHM ZG RUN	Masters M - 40	5	01:01:01	03:57:34	06:02:14	07:55:20	10:11:28	14:21:06	17:01:36.90	+01:45:43 (10.3%)	7:51	7.6 (89.4%)
6	ZAGÓRSKI Mariusz	2125		Masters M - 40	6	01:10:40	04:33:52	06:57:24	09:03:30	11:17:21	14:55:45	17:14:24.50	+01:58:30 (11.5%)	7:57	7.5 (88.2%)
7	SPRENGER Mirosław	2067	TRAWERS TEAM NAKŁO	Masters M - 40	7	01:03:52	04:20:23	06:33:22	08:27:28	10:59:25	14:56:47	17:15:45.70	+01:59:52 (11.6%)	7:58	7.5 (88.2%)
8	PLISZKA Bartosz	1193	OLA TEAM	Masters M - 40	8	01:08:57	04:11:52	06:21:10	08:28:40	10:31:46	14:47:54	17:17:21.85	+02:01:28 (11.7%)	7:58	7.5 (88.2%)
9	FURMAN Sławomir	2022		Masters M - 40	9	01:11:37	04:23:48	06:40:53	08:40:23	11:00:47	14:58:39	17:17:37.45	+02:01:43 (11.7%)	7:58	7.5 (88.2%)
10	TWARDOWSKI Tomasz	2166		Masters M - 40	10	01:11:47	04:28:56	06:41:37	08:56:36	11:14:33	14:58:32	17:19:15.55	+02:03:22 (11.9%)	7:59	7.5 (88.2%)
11	ŻYŻA Piotr	2150	MAAGNUS TEAM SKOKOWA	Masters M - 40	11	01:07:50	04:22:22	06:44:34	08:47:54	11:07:07	15:01:26	17:22:50.65	+02:06:57 (12.2%)	8:01	7.5 (88.2%)
12	BOTKIEWICZ Jarosław	1182	WKURW_TEAM / DRUŻYNA BARTKA	Masters M - 40	12	01:04:55	04:05:41	06:17:49	08:15:28	10:19:36	14:28:16	17:27:57.45	+02:12:03 (12.6%)	8:03	7.4 (87.1%)
13	NESTOROWICZ Marek	2064	KLUB BIEGACZA JURUND SZCZYTNO	Masters M - 40	13	01:11:38	04:31:59	06:49:04	09:00:18	11:22:01	15:14:00	17:34:36.00	+02:18:42 (13.2%)	8:06	7.4 (87.1%)
14	DĄBKOWSKI Wojciech	2021	RAFAKO E-BUS	Masters M - 40	14	01:13:36	04:29:04	06:54:12	09:11:29	11:35:56	15:49:33	18:25:41.35	+03:09:47 (17.2%)	8:30	7.1 (83.5%)
15	CIURASZKIEWICZ Andrzej	2174		Masters M - 40	15	01:09:32	04:20:49	06:39:35	08:55:19	11:31:32	16:00:58	18:34:58.35	+03:19:04 (17.9%)	8:34	7 (82.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km				
16	POCHYLSKI Przemysław	2112	ZGRUPKA TEAM	Masters M - 40	16	01:17:12	04:58:36	07:35:36	09:52:15	12:23:18	16:14:48	18:45:37.25	+03:29:43 (18.6%)	8:39	6.9 (81.2%)
17	CAŁY Patryk	2126	#KFD FALLOUT TEAM	Masters M - 40	17	01:17:05	04:40:25	06:59:04	09:17:05	11:56:10	16:21:12	19:09:45.50	+03:53:51 (20.3%)	8:50	6.8 (80.0%)
18	TYLEK Rafał	1086		Masters M - 40	18	01:21:45	05:10:20	07:30:18	09:45:48	12:35:51	16:38:22	19:27:24.75	+04:11:31 (21.5%)	8:58	6.7 (78.8%)
19	BAR Stanisław	2087	GMINA STRZELCE OPOLSKIE	Masters M - 40	19	01:17:01	04:52:44	07:23:06	09:50:39	12:48:56	17:08:54	19:43:42.55	+04:27:49 (22.6%)	9:06	6.6 (77.6%)
20	LATAK Michał	2048	JACEKBIEGA RUNNING TEAM	Masters M - 40	20	01:16:43	04:53:27	07:23:05	09:59:17	12:33:56	17:00:46	19:55:26.30	+04:39:32 (23.4%)	9:11	6.5 (76.5%)
21	BUJALSKI Szymon	1177		Masters M - 40	21	01:15:39	04:49:14	07:16:59	09:41:39	12:16:02	17:04:50	20:07:30.80	+04:51:37 (24.2%)	9:17	6.5 (76.5%)
22	KOCIUMBAS Bartosz	2099	KB SOBÓTKA	Masters M - 40	22	01:19:34	05:02:56	07:30:51	09:50:35	12:47:03	17:26:24	20:19:02.25	+05:03:08 (24.9%)	9:22	6.4 (75.3%)
23	SIWEK Jarek	2025		Masters M - 40	23	01:18:34	04:53:57	07:26:53	09:57:49	12:53:23	17:32:08	20:31:16.40	+05:15:22 (25.6%)	9:28	6.3 (74.1%)
24	KANIEWSKI Sebastian	1172		Masters M - 40	24	01:13:51	04:49:00	07:19:39	09:46:05	12:30:28	17:29:32	20:41:05.30	+05:25:11 (26.2%)	9:32	6.3 (74.1%)
25	PLOCH Sebastian	2180		Masters M - 40	25	01:18:51	05:04:08	07:42:00	10:16:33	12:59:54	17:42:08	20:42:38.30	+05:26:44 (26.3%)	9:33	6.3 (74.1%)
26	SITAREK Michał	1099	POLISH RUNNERS CLUB IRELAND	Masters M - 40	26	01:05:55	04:20:23	06:59:47	09:14:47	12:05:37	17:32:59	20:55:07.95	+05:39:14 (27.0%)	9:39	6.2 (72.9%)
27	SIKORA Michał	2127	BLUSZCZA	Masters M - 40	27	01:17:50	04:59:19	07:35:07	10:04:50	13:07:48	17:51:32	20:57:12.20	+05:41:18 (27.1%)	9:40	6.2 (72.9%)
28	SIKORSKI Marcin	1039	TT SZCZECIN	Masters M - 40	28	01:16:52	05:00:37	07:33:42	10:04:37	13:11:08	18:05:01	21:20:00.40	+06:04:06 (28.4%)	9:50	6.1 (71.8%)
29	HRYCAJ Marcin	2063	KB ODRA OPOLE	Masters M - 40	29	01:14:02	04:49:39	07:13:40	09:39:53	12:14:40	17:35:07	21:21:00.65	+06:05:07 (28.5%)	9:51	6.1 (71.8%)
30	SZYMAŁA Marcin	1066	KLUCZBORSKA GRUPA BIEGOWA	Masters M - 40	30	01:16:57	05:15:11	07:48:45	10:27:24	13:13:31	18:10:38	21:34:26.15	+06:18:32 (29.2%)	9:57	6 (70.6%)
31	PRZERWA Andrzej	2134	KOCHAM IZE, MAJE I BORYSIAKA SUPER CHŁOPAKA	Masters M - 40	31	01:17:32	05:09:31	07:56:20	10:29:46	13:45:42	18:39:42	21:36:11.60	+06:20:18 (29.3%)	9:58	6 (70.6%)
32	BĘŚ Marcin	2098		Masters M - 40	32	01:15:40	05:08:26	07:38:45	10:03:23	13:04:06	18:32:15	21:42:16.65	+06:26:23 (29.7%)	10:01	6 (70.6%)
33	PRZYBYŁ Piotr	2108	EASY RUNNERS	Masters M - 40	33	01:21:19	05:29:29	08:15:55	10:54:51	13:54:28	18:50:23	21:46:28.50	+06:30:34 (29.9%)	10:02	6 (70.6%)
34	PĄCZKA Przemysław	1259	ACTIVE TEAM BRZOZA KRÓLEWSKA	Masters M - 40	34	01:25:40	05:22:50	08:15:02	10:54:19	14:02:04	18:46:43	22:01:25.55	+06:45:32 (30.7%)	10:09	5.9 (69.4%)
35	SZUBA Teofil	2175	MARATOŃCZYK SZCZECIN	Masters M - 40	35	01:22:47	05:40:22	08:28:57	11:09:22	14:08:29	19:04:03	22:05:22.30	+06:49:28 (30.9%)	10:11	5.9 (69.4%)
36	KOWAL Wiesław	2159		Masters M - 40	36	01:18:42	05:13:38	07:49:05	10:34:17	13:34:56	18:32:28	22:05:31.25	+06:49:37 (30.9%)	10:11	5.9 (69.4%)
37	CUPIAŁ Jacek	1226		Masters M - 40	37	01:27:09	05:30:47	08:11:37	10:49:17	13:52:58	18:53:17	22:08:33.35	+06:52:39 (31.1%)	10:13	5.9 (69.4%)
38	DERMINE Nicolas	2040		Masters M - 40	38	01:20:16	05:15:34	08:11:03	10:36:21	13:45:29	18:47:35	22:13:24.60	+06:57:31 (31.3%)	10:15	5.8 (68.2%)
39	MARCINIAK Janusz	1108	NIGHT RUNNERS	Masters M - 40	39	01:28:00	05:48:01	08:27:22	10:53:57	13:48:53	18:44:37	22:17:03.55	+07:01:10 (31.5%)	10:17	5.8 (68.2%)

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						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km				
40	JARUS Andrzej	2018	WKURW_TEAM	Masters M - 40	40	01:20:01	04:58:25	07:25:02	09:52:35	12:54:29	18:18:40	22:17:35.35	+07:01:41 (31.5%)	10:17	5.8 (68.2%)
41	SZCZEPANIK Robert	2092		Masters M - 40	41	01:20:11	04:58:32	07:25:13	09:52:43	12:54:35	18:18:41	22:17:44.95	+07:01:51 (31.5%)	10:17	5.8 (68.2%)
42	BRYNIARSKI Bartosz	1048		Masters M - 40	42	01:24:41	05:47:17	08:36:17	11:03:51	13:48:43	19:00:55	22:22:12.70	+07:06:19 (31.8%)	10:19	5.8 (68.2%)
43	PAWELEC Mariusz	2005	KUDOWIANKA RUN	Masters M - 40	43	01:21:57	05:39:32	08:24:39	11:17:03	14:21:00	19:26:45	22:25:28.60	+07:09:35 (31.9%)	10:20	5.8 (68.2%)
44	FURLAN Alberto	1235	ATLETICA BIOTEKNA	Masters M - 40	44	01:13:52	04:49:52	07:22:55	10:07:22	13:57:21	19:39:22	22:32:08.65	+07:16:15 (32.3%)	10:24	5.8 (68.2%)
45	WESOŁOWSKI Maciej	2132	WKS B WYZNAWCY KOŃCA SEZONU BIEGOWEGO	Masters M - 40	45	01:24:37	05:33:16	08:20:30	10:59:35	14:07:22	19:34:29	22:35:50.60	+07:19:57 (32.4%)	10:25	5.8 (68.2%)
46	GABRYSIAK Grzegorz	2062		Masters M - 40	46	01:23:14	05:39:06	08:31:47	11:13:10	14:25:00	19:28:52	22:38:17.15	+07:22:23 (32.6%)	10:26	5.7 (67.1%)
47	PATYK Mirek	2038		Masters M - 40	47	01:14:32	05:01:43	07:39:24	10:22:12	13:38:59	19:24:19	22:52:48.30	+07:36:54 (33.3%)	10:33	5.7 (67.1%)
48	POSMAN Rafał	2129		Masters M - 40	48	01:26:24	05:35:21	08:25:11	11:14:34	14:02:13	19:24:00	22:53:13.35	+07:37:19 (33.3%)	10:33	5.7 (67.1%)
49	KALEMBKIEWICZ Piotr	1217	MIROTRANS	Masters M - 40	49	01:12:39	05:09:24	07:46:29	10:19:49	13:38:42	19:25:09	22:55:23.20	+07:39:29 (33.4%)	10:34	5.7 (67.1%)
50	ZIEMKIEWICZ Jarek	2049	2 KROKI DO METY	Masters M - 40	50	01:20:02	05:36:25	08:15:18	11:06:08	14:28:04	19:50:33	22:58:12.40	+07:42:18 (33.5%)	10:36	5.7 (67.1%)
51	GIBAŁA Marcin	2095	BIEGAM POMAGAM	Masters M - 40	51	01:17:43	05:35:42	08:23:55	11:20:54	14:12:30	19:38:50	23:09:54.10	+07:54:00 (34.1%)	10:41	5.6 (65.9%)
52	CHRZANOWSKI Piotr	2052	SPELEOKLUB WARSZAWSKI	Masters M - 40	52	01:23:41	05:19:14	07:57:29	10:37:37	13:43:44	19:27:41	23:10:35.10	+07:54:41 (34.1%)	10:41	5.6 (65.9%)
53	JAWORSKI Przemysław	2109		Masters M - 40	53	01:15:56	05:47:32	08:46:08	11:38:08	14:39:50	19:48:36	23:14:13.70	+07:58:20 (34.3%)	10:43	5.6 (65.9%)
54	MRUSZCZYK Jacek	1208	KLUB BIEGACZA WARTA	Masters M - 40	54	01:17:47	05:58:51	09:00:38	11:26:40	15:01:42	19:54:00	23:16:36.25	+08:00:42 (34.4%)	10:44	5.6 (65.9%)
55	GÓRECNZY Rafał	2002		Masters M - 40	55	01:17:08	05:38:40	08:07:49	10:37:57	13:51:54	19:35:53	23:22:55.70	+08:07:02 (34.7%)	10:47	5.6 (65.9%)
56	HETMAŃSKI Filip	2008	KUDWIANKA RUN	Masters M - 40	56	01:21:36	05:39:12	08:24:18	11:16:43	14:20:40	19:43:50	23:26:04.65	+08:10:11 (34.9%)	10:48	5.5 (64.7%)
57	KUGLARZ Szymon	2145		Masters M - 40	57	01:26:16	05:45:12	08:39:21	11:32:47	14:47:17	19:57:55	23:42:14.45	+08:26:20 (35.6%)	10:56	5.5 (64.7%)
58	JURZYSTA Grzegorz	2053		Masters M - 40	58	01:23:26	05:19:48	08:00:13	10:44:10	13:43:52	19:27:55	23:42:39.40	+08:26:45 (35.6%)	10:56	5.5 (64.7%)
59	MARCELA Marcin	2088	FAT MAMA'S SPORT CLUB	Masters M - 40	59	01:21:48	05:14:25	07:56:28	10:52:28	14:28:40	20:00:34	23:43:49.35	+08:27:55 (35.7%)	10:57	5.5 (64.7%)
60	KRÓL Marcin	2181		Masters M - 40	60	01:19:47	05:10:17	07:55:09	10:37:39	13:47:10	19:32:21	23:49:22.10	+08:33:28 (35.9%)	10:59	5.5 (64.7%)
61	GOLA Radosław	2104		Masters M - 40	61	01:14:40	04:44:51	07:57:17	10:41:14	13:19:49	19:23:12	23:51:27.35	+08:35:33 (36.0%)	11:00	5.4 (63.5%)
62	KRZYŻAN Jakub	1140	KW KRAKÓW	Masters M - 40	62	01:22:09	05:33:55	08:18:07	11:11:04	14:33:51	20:11:20	23:51:55.10	+08:36:01 (36.0%)	11:00	5.4 (63.5%)
63	BŁAŻUK Jarosław	1128	SUPMAR	Masters M - 40	63	01:29:40	05:51:09	08:37:43	11:16:05	14:14:21	19:51:27	23:52:25.55	+08:36:32 (36.1%)	11:01	5.4 (63.5%)

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						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km				
64	ROGOCZ Maciej	1147	ROGASIE Z DOLINY ROZTOKI	Masters M - 40	64	01:21:33	05:31:44	08:38:20	11:33:05	14:54:54	20:25:34	24:11:39.95	+08:55:46 (36.9%)	11:09	5.4 (63.5%)
65	JANUSZ Tomasz	2065		Masters M - 40	65	01:22:12	05:23:24	08:12:29	11:05:01	14:21:00	20:10:42	24:14:44.35	+08:58:50 (37.0%)	11:11	5.4 (63.5%)
66	BORECKI Daniel	2158		Masters M - 40	66	01:22:23	05:23:34	08:12:39	11:05:12	14:21:07	20:10:51	24:14:46.20	+08:58:52 (37.0%)	11:11	5.4 (63.5%)
67	FILIPIAK Hieronim	1078	MIECHOWICKA GRUPA BIEGOWA	Masters M - 40	67	01:32:14	05:55:37	08:57:23	12:11:10	15:08:13	20:26:14	24:15:27.85	+08:59:34 (37.1%)	11:11	5.4 (63.5%)
68	PAŁKA Tomasz	1207	LUZYX	Masters M - 40	68	01:24:32	05:36:07	08:45:24	11:29:20	14:47:37	20:22:00	24:21:58.10	+09:06:04 (37.4%)	11:14	5.3 (62.4%)
69	LEWANDOWSKI Filip	1216	ULTRA SZALEŃCY	Masters M - 40	69	01:34:07	05:47:25	08:36:04	11:26:15	14:35:38	20:12:39	24:27:55.20	+09:12:01 (37.6%)	11:17	5.3 (62.4%)
70	POTERSKI Mateusz	2135	MJP DRUKARNIA	Masters M - 40	70	01:22:04	05:38:47	08:37:25	11:32:22	15:17:47	20:57:16	24:30:01.80	+09:14:08 (37.7%)	11:18	5.3 (62.4%)
71	HAUPA Maciej	1162	FSD RUN DREZDENKO	Masters M - 40	71	01:31:44	06:16:10	08:57:26	11:48:53	14:58:35	20:37:50	24:31:06.90	+09:15:13 (37.7%)	11:18	5.3 (62.4%)
72	KOSTRZEWSKI Sławomir	1037		Masters M - 40	72	01:18:50	05:18:34	08:04:39	11:02:15	14:00:45	19:56:51	24:31:54.40	+09:16:00 (37.8%)	11:19	5.3 (62.4%)
73	FIGURA Tomek	1124	BIEGIEMRADOM!	Masters M - 40	73	01:35:03	06:17:31	09:23:22	12:29:34	15:37:50	21:03:52	24:38:01.10	+09:22:07 (38.0%)	11:22	5.3 (62.4%)
74	BOBIN Tomasz	1056	ZOCHU TEAM	Masters M - 40	74	01:24:25	05:44:38	08:42:18	11:39:14	14:57:05	20:58:06	24:54:12.30	+09:38:18 (38.7%)	11:29	5.2 (61.2%)
75	KISIELEWSKI Konrad	1143	KROK PO KROKU	Masters M - 40	75	01:23:07	06:22:40	09:45:00	12:41:08	15:53:53	20:52:05	24:58:17.50	+09:42:23 (38.9%)	11:31	5.2 (61.2%)
76	GAŁEK Wojciech	2140		Masters M - 40	76	01:29:59	05:58:12	08:51:05	11:49:15	15:08:29	20:48:43	24:59:57.75	+09:44:04 (38.9%)	11:32	5.2 (61.2%)
77	STYSIEK Piotr	1163	BIEGIEMRADOM!	Masters M - 40	77	01:35:35	06:17:12	09:26:33	12:30:06	15:38:51	21:05:31	25:04:00.05	+09:48:06 (39.1%)	11:34	5.2 (61.2%)
78	STĘŻYCKI Mariusz	1221	ŻARY RUNNERS TEAM	Masters M - 40	78	01:21:28	05:29:36	08:16:22	11:50:44	14:55:20	20:50:36	25:05:27.10	+09:49:33 (39.2%)	11:34	5.2 (61.2%)
79	HYSKI Mateusz	1187	OKROKWIECJ.PL	Masters M - 40	79	01:20:15	05:56:09	08:48:06	11:39:53	15:02:43	20:58:48	25:07:48.95	+09:51:55 (39.3%)	11:35	5.2 (61.2%)
80	WOLANIN Tomasz	1200		Masters M - 40	80	01:27:31	05:54:30	08:52:16	12:06:06	15:25:22	21:09:09	25:08:42.00	+09:52:48 (39.3%)	11:36	5.2 (61.2%)
81	GONCHAROV Andrei	2111		Masters M - 40	81	01:31:10	06:15:54	09:21:20	12:28:46	15:29:46	21:09:41	25:08:56.25	+09:53:02 (39.3%)	11:36	5.2 (61.2%)
82	ZAJĄC Marcin	1190	77CATS	Masters M - 40	82	01:21:40	05:30:12	08:20:30	11:34:38	15:13:56	21:14:57	25:10:01.40	+09:54:07 (39.3%)	11:36	5.2 (61.2%)
83	LANGE Szymon	2043	RUNNER'S POWER	Masters M - 40	83	01:14:12	05:18:23	07:58:06	10:49:55	14:28:46	20:48:46	25:10:34.25	+09:54:40 (39.4%)	11:37	5.2 (61.2%)
84	MACKIEWICZ Artur	1053	DŁUGOBIEGANIE	Masters M - 40	84	01:21:57	05:58:46	08:56:37	11:42:51	15:16:44	21:23:57	25:17:42.85	+10:01:49 (39.7%)	11:40	5.1 (60.0%)
85	WIŚNIEWSKI Artur	1092	INTRO	Masters M - 40	85	01:25:01	05:33:22	08:52:09	12:19:52	16:02:55	21:40:55	25:21:14.95	+10:05:21 (39.8%)	11:42	5.1 (60.0%)
86	SZANDAŁA Jacek	2165	CAŁA OLEŚNICA BIEGA	Masters M - 40	86	01:25:37	05:59:25	09:27:25	12:37:09	15:57:20	21:50:42	25:25:04.15	+10:09:10 (39.9%)	11:43	5.1 (60.0%)
87	DEC Rafał	2074	BIERUTOWSKA GRUPA BIEGOWA	Masters M - 40	87	01:26:15	05:59:33	09:27:31	12:37:19	15:57:32	21:50:57	25:25:14.55	+10:09:21 (40.0%)	11:43	5.1 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto		Tempo min/km	Tempo km/h
												130km	Różn		
88	URBAŃSKI Dariusz	1236		Masters M - 40	88	01:20:09	05:47:20	09:00:11	12:08:12	15:21:26	21:23:09	25:26:50.10	+10:10:56 (40.0%)	11:44	5.1 (60.0%)
89	KORDUŁA Zbigniew	1225	BIEGOWYSWIAT.PL	Masters M - 40	89	01:24:09	05:55:52	09:08:40	12:18:24	15:29:05	21:31:32	25:35:19.80	+10:19:26 (40.3%)	11:48	5.1 (60.0%)
90	KONDRAK Piotr	1030	VEGE RUNNERS	Masters M - 40	90	01:27:00	05:53:12	08:48:14	11:52:22	15:06:12	21:15:08	25:37:35.60	+10:21:42 (40.4%)	11:49	5.1 (60.0%)
91	BAKOWSKI Marcin	2120	KLUB ŚLIMAKA TORPEDY	Masters M - 40	91	01:37:50	06:34:26	09:54:27	13:05:38	16:04:06	21:53:51	25:39:13.10	+10:23:19 (40.5%)	11:50	5.1 (60.0%)
92	FILIPIAK Sebastian	2031	LZS LIPA	Masters M - 40	92	01:26:21	06:01:05	08:52:57	11:50:00	15:21:19	21:36:02	25:44:03.20	+10:28:09 (40.7%)	11:52	5.1 (60.0%)
93	KRAWIETZ Tomasz	2114	IZERSKI NIEDŹWIEDŹ	Masters M - 40	93	01:25:54	06:19:55	09:32:13	12:41:17	16:00:42	22:01:13	25:48:35.55	+10:32:42 (40.9%)	11:54	5 (58.8%)
94	KRASIŃSKI Tomasz	1247		Masters M - 40	94	01:23:15	06:25:21	09:45:20	13:02:09	16:29:07	22:22:21	25:48:52.95	+10:32:59 (40.9%)	11:54	5 (58.8%)
95	WIŚNIEWSKI Radosław	1210	BEAUTY SPORT	Masters M - 40	95	01:29:38	06:16:06	09:43:15	12:50:05	16:35:28	22:10:57	25:53:10.00	+10:37:16 (41.0%)	11:56	5 (58.8%)
96	BAREJKA Rafał	2157		Masters M - 40	96	01:34:56	06:12:16	09:23:50	12:20:02	15:36:45	21:55:25	25:59:30.65	+10:43:37 (41.3%)	11:59	5 (58.8%)
97	SZPYT Andrzej	2115		Masters M - 40	97	01:20:40	05:39:02	08:42:45	11:33:29	15:00:32	21:48:34	25:59:58.40	+10:44:04 (41.3%)	11:59	5 (58.8%)
98	POTOCZNY Mirosław	1157		Masters M - 40	98	01:27:17	06:16:10	09:34:33	12:36:52	16:10:24	22:25:33	26:01:53.05	+10:45:59 (41.4%)	12:00	5 (58.8%)
99	RYCZYŃSKI Jacek	2026		Masters M - 40	99	01:27:37	06:08:09	09:18:20	12:21:55	15:58:20	22:07:19	26:05:05.80	+10:49:12 (41.5%)	12:02	5 (58.8%)
100	BAŁAGA Marcin	2001	KTO DOGONI PSA?	Masters M - 40	100	01:25:00	05:56:12	09:12:48	12:28:53	15:31:29	22:21:14	26:13:12.70	+10:57:19 (41.8%)	12:06	5 (58.8%)
101	KOCOT Sebastian	1016		Masters M - 40	101	01:23:26	05:37:38	08:24:07	11:39:57	14:58:50	21:46:34	26:19:33.15	+11:03:39 (42.0%)	12:09	4.9 (57.6%)
102	KRUZEL Rafał	1241	BIEGOWE MISIE	Masters M - 40	102	01:36:33	06:35:37	10:00:38	13:08:05	16:32:12	22:46:52	26:22:25.95	+11:06:32 (42.1%)	12:10	4.9 (57.6%)
103	ROLICZ Tomasz	1116		Masters M - 40	103	01:26:30	06:12:12	09:50:29	12:41:20	16:00:07	22:19:13	26:22:55.10	+11:07:01 (42.1%)	12:10	4.9 (57.6%)
104	LUBOCH Krzysztof	2073	KW OPOLE	Masters M - 40	104	01:28:20	06:08:18	09:02:13	12:10:43	15:40:29	22:11:05	26:24:47.15	+11:08:53 (42.2%)	12:11	4.9 (57.6%)
105	GUZIK Robert	2105	PEDRAFORCA	Masters M - 40	105	01:26:20	05:41:56	08:42:20	11:54:52	15:40:52	21:51:22	26:25:10.55	+11:09:17 (42.2%)	12:11	4.9 (57.6%)
106	NIZIOŁEK Marek	2106	PEDRAFORCA	Masters M - 40	106	01:34:41	06:26:55	09:48:47	12:57:50	16:28:52	22:24:47	26:25:19.75	+11:09:26 (42.2%)	12:11	4.9 (57.6%)
107	KADECKI Marek	1137		Masters M - 40	107	01:27:13	06:16:56	09:22:43	12:21:06	15:50:59	22:14:22	26:25:41.70	+11:09:48 (42.2%)	12:11	4.9 (57.6%)
108	SIP Wojciech	1161	FSD RUN DREZDENKO	Masters M - 40	108	01:31:33	06:15:59	09:04:55	12:06:46	14:50:52	22:20:55	26:35:08.50	+11:19:14 (42.6%)	12:16	4.9 (57.6%)
109	JAWORSKI Piotr	1211	PIOTRBIEGA	Masters M - 40	109	01:38:16	06:50:52	10:26:31	13:34:52	16:52:40	22:53:45	26:46:07.95	+11:30:14 (43.0%)	12:21	4.9 (57.6%)
110	ANDRZEJEWSKI Paweł	1019	ULTRA SZALEŃCY	Masters M - 40	110	01:36:51	06:20:36	09:48:27	13:06:56	16:43:08	23:03:53	26:46:43.15	+11:30:49 (43.0%)	12:21	4.9 (57.6%)
111	SIENICKI Piotr	2130		Masters M - 40	111	01:40:13	06:44:07	10:14:51	13:24:23	16:45:39	23:04:15	26:46:47.80	+11:30:54 (43.0%)	12:21	4.9 (57.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
112	SŁAWIŃSKI Kazimierz	2167		Masters M - 40	112	01:27:34	06:16:29	09:44:29	14:07:24	17:06:51	23:12:53	26:57:46.35	+11:41:52 (43.4%)	12:26	4.8 (56.5%)
113	POCHYLSKI Dominik	2141	TEAM GUTO / WLKP MOUNTAINS ULTRA / FREE RUN	Masters M - 40	113	01:31:16	07:25:34	10:57:11	14:15:35	17:28:41	23:25:52	27:14:03.60	+11:58:10 (43.9%)	12:34	4.8 (56.5%)
114	AL-JEABORY Mahdi	1072		Masters M - 40	114	01:27:01	05:58:25	09:03:40	12:20:22	15:48:35	22:51:32	27:15:25.80	+11:59:32 (44.0%)	12:34	4.8 (56.5%)
115	KITLAS Dariusz	1186		Masters M - 40	115	01:26:31	06:23:18	10:04:52	14:25:27	17:39:40	23:43:45	27:32:11.45	+12:16:17 (44.6%)	12:42	4.7 (55.3%)
	KUPCZYK Jacek	2076	MOL RUNNERS	Masters M - 40		01:24:13 DNF	05:23:33 DNF	07:56:58 DNF	10:35:02 DNF	13:17:39 DNF	18:54:53 DNF	DNF	-	-	(0.0%)
	DABKOWSKI Kamil	2179	BLACK HAT TEAM	Masters M - 40		01:14:07 DNF	04:40:31 DNF	07:12:16 DNF	09:37:07 DNF	12:21:44 DNF	DNF	DNF	-	-	(0.0%)
	KUJAWA Marek	2014	SZCZYTNA BIEGA	Masters M - 40		01:29:59 DNF	06:42:08 DNF	10:38:16 DNF	14:04:06 DNF	17:19:37 DNF	DNF	DNF	-	-	(0.0%)
	WAŁEK Piotr	2017	RUNNERS TEAM QUIBL	Masters M - 40		01:31:25 DNF	06:35:04 DNF	10:24:29 DNF	13:50:25 DNF	17:21:09 DNF	DNF	DNF	-	-	(0.0%)
	KOZIEŁ Tomasz	2015	KUDOWIANKA RUN	Masters M - 40		01:05:12 DNF	04:11:35 DNF	06:16:03 DNF	08:21:41 DNF	DNF	DNF	DNF	-	-	(0.0%)
	GRZELAK Daniel	2172	MARATON LESZNO	Masters M - 40		01:34:15 DNF	06:25:04 DNF	09:43:23 DNF	12:46:55 DNF	DNF	DNF	DNF	-	-	(0.0%)
	PYSZKA Remigiusz	2037		Masters M - 40		01:21:39 DNF	05:49:25 DNF	09:13:54 DNF	13:04:30 DNF	DNF	DNF	DNF	-	-	(0.0%)
	CINCIO Robert	2148	TKKF TRIATHLON KOSZALIN	Masters M - 40		01:34:16 DNF	07:54:25 DNF	11:46:02 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ZIEMBA Damian	2117	HRT/ANTONTEAM	Masters M - 40		01:21:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BUBEL Sebastian	2061	JW 3390	Masters M - 40		01:41:29 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 125 wynik(ów)