



BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY
2022-07-14
Łądek-Zdrój
130 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
1	PAWŁOWSKI Marcin	2169		Masters M - 40	1	01:04:27	04:02:41	06:00:02	07:44:09	09:36:18	12:46:35	14:52:30.05		6:51	8.7 (100%)
2	MATYSIAK Bartłomiej	2133	WILD ULTRA WARRIORS	Masters M - 40	2	01:06:37	04:25:21	06:34:45	08:30:23	10:39:52	14:16:27	16:48:01.75	+01:55:31 (11.5%)	7:45	7.7 (88.5%)
3	KOCIOŁOWICZ Piotr	1092	BIEGAM W GÓRACH BARDZKICH	Masters M - 40	3	01:01:08	04:06:57	06:12:22	08:20:50	10:35:48	14:16:33	16:48:07.00	+01:55:36 (11.5%)	7:45	7.7 (88.5%)
4	KOMZA Radosław	2142		Masters M - 40	4	01:01:27	04:13:22	06:32:51	08:34:03	10:41:16	14:29:21	16:52:38.45	+02:00:08 (11.9%)	7:47	7.7 (88.5%)
5	RINK Jan	2153		Masters M - 40	5	01:10:34	04:36:32	06:54:20	09:10:45	11:15:16	15:02:43	17:09:01.65	+02:16:31 (13.3%)	7:54	7.6 (87.4%)
6	MARZEC Grzegorz	1183	GMINA STRZELCE OPOLSKIE	Masters M - 40	6	01:07:13	04:35:37	06:43:06	08:42:28	10:56:32	14:55:49	17:14:44.60	+02:22:14 (13.7%)	7:57	7.5 (86.2%)
7	BARTOSZEWSKI Grzegorz	1094	TEAM RÓŻOWEJ PELERYNKI	Masters M - 40	7	01:10:25	04:33:42	06:50:14	08:52:21	11:07:42	15:17:45	17:44:28.65	+02:51:58 (16.2%)	8:11	7.3 (83.9%)
8	STĘPNIK Paweł	2046		Masters M - 40	8	01:12:02	04:41:56	07:01:16	09:17:36	11:51:05	15:46:28	18:08:48.45	+03:16:18 (18.0%)	8:22	7.2 (82.8%)
9	BODANKA Piotr	2214	APAMA ACOUSTIC PROJECT	Masters M - 40	9	01:11:53	04:44:15	07:07:12	09:13:03	12:08:15	15:51:47	18:09:55.35	+03:17:25 (18.1%)	8:23	7.2 (82.8%)
10	ZAJĄC Leszek	2187	LESZ NO LIMITS RUNNERS /L.O.T.A.Z	Masters M - 40	10	01:12:14	04:51:13	07:07:41	09:22:08	11:42:31	15:42:17	18:14:45.20	+03:22:15 (18.5%)	8:25	7.1 (81.6%)
11	TATARA Mateusz	1207	RUN-G	Masters M - 40	11	01:06:39	04:35:20	07:05:05	09:16:59	11:48:47	15:47:23	18:22:02.60	+03:29:32 (19.0%)	8:28	7.1 (81.6%)
12	MYŚLIWIEC Robert	2082	DZIKI & WOLNY	Masters M - 40	12	01:16:42	04:51:05	07:09:00	09:34:04	11:45:43	15:48:43	18:28:15.10	+03:35:45 (19.5%)	8:31	7 (80.5%)
13	JANKOWSKI Marcin	2127	FU FU FU TEAM	Masters M - 40	13	01:17:20	05:10:11	07:43:57	10:00:00	12:34:28	16:40:52	18:56:36.25	+04:04:06 (21.5%)	8:44	6.9 (79.3%)
14	ZIĘTAK Andrzej	1161	TKKF KOLEJARZ BYDGOSZCZ	Masters M - 40	14	01:16:32	04:57:37	07:16:41	09:36:14	12:14:31	16:10:31	18:59:02.95	+04:06:32 (21.6%)	8:45	6.8 (78.2%)
15	KARAMON Marcin	2200		Masters M - 40	15	01:23:07	05:05:30	07:30:31	09:48:58	12:21:32	16:31:58	19:06:33.20	+04:14:03 (22.2%)	8:49	6.8 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	netto 130km			
16	SUCH Arkadiusz	1246		Masters M - 40	16	01:25:15	05:20:08	07:42:06	09:55:56	12:09:52	16:25:42	19:09:06.55	+04:16:36 (22.3%)	8:50	6.8 (78.2%)
17	BOTKIEWICZ Jarosław	1024	STKOWCZYKI / WKURW_TEAM	Masters M - 40	17	01:07:32	04:44:10	06:57:39	09:17:45	11:51:14	16:26:54	19:14:01.45	+04:21:31 (22.7%)	8:52	6.8 (78.2%)
18	WARDZYŃSKI Łukasz	2221		Masters M - 40	18	01:18:40	04:54:38	07:19:52	09:49:16	12:18:13	16:32:38	19:14:33.50	+04:22:03 (22.7%)	8:52	6.8 (78.2%)
19	SZAFRANIEC Tomasz	2061	MIĘDZYRZECKIE GAZELE	Masters M - 40	19	01:20:41	05:17:23	07:42:22	10:02:26	12:21:39	16:31:45	19:18:15.20	+04:25:45 (22.9%)	8:54	6.7 (77.0%)
20	BUCHOWICZ Krzysztof	1359		Masters M - 40	20	01:26:02	05:13:08	07:43:08	09:59:26	12:23:39	16:52:15	19:41:47.80	+04:49:17 (24.5%)	9:05	6.6 (75.9%)
21	GRYNAGIEL Przemysław	2151		Masters M - 40	21	01:13:50	04:41:48	07:07:54	09:22:10	11:48:36	16:44:01	19:46:30.80	+04:54:00 (24.8%)	9:07	6.6 (75.9%)
22	SKORCZYK Adrian	2183	SPEED FEET '16	Masters M - 40	22	01:21:01	05:20:12	07:46:12	10:05:05	12:38:26	16:57:11	19:54:48.50	+05:02:18 (25.3%)	9:11	6.5 (74.7%)
23	KRUPA Marcin	1045	AKTYWNA NOWA RUDA	Masters M - 40	23	01:05:08	04:50:08	07:06:01	09:22:28	11:59:21	16:52:48	20:16:57.10	+05:24:27 (26.7%)	9:21	6.4 (73.6%)
24	ZAJĄC Sebastian	2155	BIEGOWA ŚWIDNICA	Masters M - 40	24	01:09:40	04:51:05	07:22:43	09:49:33	12:32:30	17:05:02	20:23:24.55	+05:30:54 (27.0%)	9:24	6.4 (73.6%)
25	FERSZT Piotr	1283	ULTRA WAY TEAM	Masters M - 40	25	01:13:07	05:08:23	07:49:54	10:20:53	13:04:10	17:42:51	20:29:55.10	+05:37:25 (27.4%)	9:27	6.3 (72.4%)
26	KOWALSKI Łukasz	2045	PHILLIPS MEDISIZE	Masters M - 40	26	01:24:10	05:10:23	07:37:22	09:58:12	12:32:07	17:08:28	20:33:13.50	+05:40:43 (27.6%)	9:29	6.3 (72.4%)
27	WIĄCEK Łukasz	1080	IRS KRAKÓW	Masters M - 40	27	01:24:07	05:16:14	07:43:39	10:25:50	13:15:33	17:31:43	20:39:50.65	+05:47:20 (28.0%)	9:32	6.3 (72.4%)
28	ZIELIŃSKI Przemysław	1279		Masters M - 40	28	01:22:35	05:19:34	07:46:40	10:08:15	12:56:44	17:30:15	20:45:56.50	+05:53:26 (28.4%)	9:35	6.3 (72.4%)
29	WOS Rafal	1041	STAJNIAK TEAM	Masters M - 40	29	01:21:34	05:06:19	07:30:08	10:05:19	12:57:19	17:37:33	20:46:17.00	+05:53:46 (28.4%)	9:35	6.3 (72.4%)
30	KUJAWA Krzysztof	2002		Masters M - 40	30	01:17:27	05:13:18	07:41:27	10:08:34	13:07:56	17:37:53	20:55:53.85	+06:03:23 (28.9%)	9:39	6.2 (71.3%)
31	SAMORAŃSKI Krzysztof	1196	ULTRA-SZCZĘŚCIE	Masters M - 40	31	01:20:22	05:15:47	07:45:36	10:20:39	13:13:19	17:49:58	21:05:09.10	+06:12:39 (29.5%)	9:43	6.2 (71.3%)
32	BŁĘDOWSKI Mariusz	1192	COYOTE TEAM	Masters M - 40	32	01:17:49	05:23:48	08:03:54	10:34:33	13:19:09	17:54:01	21:05:10.10	+06:12:40 (29.5%)	9:43	6.2 (71.3%)
33	GAJ Grzegorz	1339	BORKI TEAM	Masters M - 40	33	01:25:25	05:25:28	08:07:14	10:28:42	13:16:07	17:53:52	21:05:21.95	+06:12:51 (29.5%)	9:44	6.2 (71.3%)
34	LOREK Adam	2038	#BIEGAJLESZNO	Masters M - 40	34	01:17:43	05:02:04	07:31:35	09:55:45	12:37:34	17:12:05	21:10:06.60	+06:17:36 (29.7%)	9:46	6.1 (70.1%)
35	FOJT Krzysztof	2207	APR69	Masters M - 40	35	01:17:10	05:22:16	08:27:07	10:41:38	13:52:08	18:14:50	21:16:08.20	+06:23:38 (30.1%)	9:48	6.1 (70.1%)
36	CHACIŃSKI Mikołaj	1288	PROAUTOMATION	Masters M - 40	36	01:24:37	05:26:56	08:02:40	10:29:38	13:14:02	17:57:09	21:17:35.15	+06:25:05 (30.1%)	9:49	6.1 (70.1%)
37	SMYK Mariusz	2220		Masters M - 40	37	01:26:30	05:17:55	07:46:47	10:08:08	12:53:13	17:44:03	21:22:24.35	+06:29:54 (30.4%)	9:51	6.1 (70.1%)
38	KOWALCZYK Marek	2161		Masters M - 40	38	01:10:29	04:45:14	07:16:13	09:46:47	12:39:45	17:49:43	21:27:06.90	+06:34:36 (30.7%)	9:54	6.1 (70.1%)
39	MAZUREK Roman	1265	SPARTANIE DZIECIOM	Masters M - 40	39	01:20:53	05:31:37	08:12:50	10:51:52	13:40:12	18:44:44	21:41:17.80	+06:48:47 (31.4%)	10:00	6 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	netto 130km			
40	BULIKOWSKI Tomasz	2017		Masters M - 40	40	01:24:44	05:31:39	08:22:30	10:52:13	13:39:07	18:25:16	21:45:33.70	+06:53:03 (31.6%)	10:02	6 (69.0%)
41	LISIECKI Tomasz	1343	TRZYNASTKA PLUS	Masters M - 40	41	01:20:50	06:51:18	09:04:37	11:21:32	14:12:32	18:31:43	21:51:00.35	+06:58:30 (31.9%)	10:05	5.9 (67.8%)
42	KURCZYK Tomasz	2112		Masters M - 40	42	01:20:57	05:11:44	07:53:17	10:25:43	13:25:05	18:35:51	21:51:25.95	+06:58:55 (31.9%)	10:05	5.9 (67.8%)
43	CIURASZKIEWICZ Andrzej	2057		Masters M - 40	43	01:21:00	05:12:06	07:53:49	10:26:14	13:25:30	18:36:20	21:51:55.40	+06:59:25 (32.0%)	10:05	5.9 (67.8%)
44	WOJCIECHOWSKI Krzysztof	1118	RADLINIOKI W BIEGU	Masters M - 40	44	01:18:44	05:36:45		11:04:03	13:56:42	18:36:35	21:54:27.95	+07:01:57 (32.1%)	10:06	5.9 (67.8%)
45	SEKMAN Tomasz	2083		Masters M - 40	45	01:17:04	05:08:55	07:47:08	10:14:33	13:03:24	18:15:18	21:55:57.85	+07:03:27 (32.2%)	10:07	5.9 (67.8%)
46	FALDZINSKI Bartosz	2164	POLACY BIEGAJĄ W NL	Masters M - 40	46	01:23:26	05:32:32	08:14:08	10:52:09	13:48:00	18:49:23	22:11:02.60	+07:18:32 (32.9%)	10:14	5.9 (67.8%)
47	ZAMBRZYCKI Maciej	2105	RESHAPE RUNNERS	Masters M - 40	47	01:23:47	05:23:40	08:07:17	10:45:33	13:59:52	18:56:43	22:20:22.95	+07:27:52 (33.4%)	10:18	5.8 (66.7%)
48	SALWA Krzysztof	1088	SALCLAN-TEAM	Masters M - 40	48	01:24:11	05:27:39	08:14:48	10:44:17	14:10:06	18:56:04	22:21:09.65	+07:28:39 (33.5%)	10:18	5.8 (66.7%)
49	KRÓL Maciej	1175	WIRAN TEAM	Masters M - 40	49	01:21:11	05:51:45	08:37:12	11:13:52	13:51:24	18:42:08	22:21:38.40	+07:29:08 (33.5%)	10:19	5.8 (66.7%)
50	CZAPLA Tomasz	1105		Masters M - 40	50	01:36:39	05:39:47	08:12:44	10:49:27	13:53:06	18:56:16	22:32:54.25	+07:40:24 (34.0%)	10:24	5.8 (66.7%)
51	JARUS Andrzej	1093	POLISH WINGS	Masters M - 40	51	01:23:28	05:35:56	08:20:39	11:02:47	14:00:11	18:57:05	22:34:49.95	+07:42:19 (34.1%)	10:25	5.8 (66.7%)
52	GRABLEWSKI Grzegorz	1268	MKS SIECHNICE	Masters M - 40	52	01:10:34	05:15:49	07:47:40	10:21:02	13:46:51	19:16:07	22:41:58.60	+07:49:28 (34.5%)	10:28	5.7 (65.5%)
53	TASZAREK Jakub	2210	PROJEKT.JTA JAKUB TASZAREK	Masters M - 40	53	01:21:06	05:35:55	08:25:09	11:06:32	13:57:56	19:18:05	22:46:23.90	+07:53:53 (34.7%)	10:30	5.7 (65.5%)
54	SIEPIOŁA Cezary	2149	GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	54	01:26:48	05:26:50	08:08:03	10:51:32	13:40:32	19:05:28	22:47:10.15	+07:54:40 (34.7%)	10:31	5.7 (65.5%)
55	DOBROŚ Tomasz	2004		Masters M - 40	55	01:20:19	05:20:51	07:47:50	10:09:09	12:43:37	17:49:31	22:51:46.60	+07:59:16 (34.9%)	10:33	5.7 (65.5%)
56	MUSZYŃSKI Krzysztof	1014		Masters M - 40	56	01:28:53	05:56:34	08:44:04	11:30:05	14:40:35	19:32:49	23:01:37.30	+08:09:07 (35.4%)	10:37	5.6 (64.4%)
57	LECHOWICZ Mariusz	1018	11 MAŁOPOLSKA BRYGADA OBRONY TERYTORIALNEJ	Masters M - 40	57	01:32:24	05:57:00	08:47:05	11:41:17	14:28:49	19:39:51	23:01:52.20	+08:09:22 (35.4%)	10:37	5.6 (64.4%)
58	KRZYŻAN Jakub	1017	KW KRAKÓW	Masters M - 40	58	01:32:57	05:44:07	08:20:16	10:56:08	13:53:42	19:01:11	23:02:45.95	+08:10:15 (35.5%)	10:38	5.6 (64.4%)
59	ISZCZAK Kazimierz	2080		Masters M - 40	59	01:20:04	05:46:30	08:37:10	11:16:39	14:16:11	19:28:28	23:16:29.45	+08:23:59 (36.1%)	10:44	5.6 (64.4%)
60	GAWLIK Marcin	1164	GONIĘ "MISZCZA" - MKS SIECHNICE	Masters M - 40	60	01:26:12	06:07:41	09:01:19	11:34:44	14:39:18	19:44:46	23:23:32.45	+08:31:02 (36.4%)	10:47	5.6 (64.4%)
61	GURGACZ Tomasz	2066		Masters M - 40	61	01:21:25	05:11:10	07:50:36	10:40:13	13:27:01	19:24:44	23:27:13.15	+08:34:43 (36.6%)	10:49	5.5 (63.2%)
62	MOKRYCKI Krystian	1293		Masters M - 40	62	01:22:13	05:20:47	07:59:55	10:41:55	13:47:36	19:27:24	23:28:48.75	+08:36:18 (36.6%)	10:50	5.5 (63.2%)
63	BUKOWSKI Stanisław	1213	LAUGASKOKK / ZABIEGANI REYKJAVÍK	Masters M - 40	63	01:38:46	06:12:00	08:59:59	11:51:01	14:34:56	20:00:13	23:30:51.95	+08:38:21 (36.7%)	10:51	5.5 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	netto 130km			
64	LUTY Paweł	2185		Masters M - 40	64	01:17:25	05:25:05	08:05:08	10:44:52	13:46:13	19:19:49	23:35:10.60	+08:42:40 (36.9%)	10:53	5.5 (63.2%)
65	HELWICH Paweł	1033		Masters M - 40	65	01:42:00	06:17:09	08:59:36	11:38:39	14:50:46	20:14:20	23:35:14.45	+08:42:44 (36.9%)	10:53	5.5 (63.2%)
66	MANIAS Michał	1124	STRASZYN ULTRA TEAM	Masters M - 40	66	01:38:06	06:11:20	08:44:20	11:27:54	14:28:43	20:04:31	23:38:55.60	+08:46:25 (37.1%)	10:54	5.5 (63.2%)
67	KOSTERA Tomasz	1252	VEGE RUNNERS	Masters M - 40	67	01:30:49	06:00:11	08:36:20	11:25:32	14:37:35	20:06:13	23:48:11.00	+08:55:40 (37.5%)	10:59	5.5 (63.2%)
68	KONARSKI Maciej	1147	DOGOŃ GRODZISK MAZOWIECKI	Masters M - 40	68	01:24:28	05:31:34	08:19:05	10:55:53	13:59:33	19:53:41	23:52:53.20	+09:00:23 (37.7%)	11:01	5.4 (62.1%)
69	MILEWSKI Maciej	1253	SAMOTNY WILK	Masters M - 40	69	01:41:28	06:36:05	09:22:28	12:09:42	15:25:08	20:11:07	23:53:14.35	+09:00:44 (37.7%)	11:01	5.4 (62.1%)
70	GRZEŚKOWIAK Zbigniew	1171	JUTROSIŃSKI KLUB BIEGACZY	Masters M - 40	70	01:35:15	05:56:44	08:33:45	10:59:27	14:06:34	19:54:08	23:53:14.90	+09:00:44 (37.7%)	11:01	5.4 (62.1%)
71	GAŁKA Jacek	2044	VEGE RUNNERS	Masters M - 40	71	01:34:38	06:24:55	09:29:57	12:12:25	15:12:00	20:34:10	23:53:33.90	+09:01:03 (37.7%)	11:01	5.4 (62.1%)
72	SEGIN Marcin	2006	SPRINT ZALEWO	Masters M - 40	72	01:33:26	05:58:41	08:46:54	11:28:14	14:31:14	19:56:10	23:54:55.15	+09:02:25 (37.8%)	11:02	5.4 (62.1%)
73	NOGA Krystian	1040	DKS - DWUOSOBOWY KLUB SPORTOWY SWD!	Masters M - 40	73	01:43:51	06:38:07	09:29:03	12:22:06	15:40:59	20:49:28	24:02:16.40	+09:09:46 (38.1%)	11:05	5.4 (62.1%)
74	PAWLAK Bartosz	1284	RUN AND FLY	Masters M - 40	74	01:26:38	06:10:48	09:00:30	11:41:14	14:57:55	20:28:26	24:08:15.95	+09:15:45 (38.4%)	11:08	5.4 (62.1%)
75	DZISZKIEWICZ Grzegorz	1348		Masters M - 40	75	01:34:01	06:32:36	09:25:48	12:29:12	15:03:43	20:39:57	24:14:16.60	+09:21:46 (38.6%)	11:11	5.4 (62.1%)
76	KUŻEL Adrian	1022	NADAKTYWNI NOWE MIASTECZKO	Masters M - 40	76	01:46:56	06:50:57	09:48:21	12:25:36	15:12:59	20:33:34	24:19:14.40	+09:26:44 (38.8%)	11:13	5.3 (60.9%)
77	HAUPA Maciej	1236		Masters M - 40	77	01:45:01	06:41:30	09:45:47	12:43:44	15:40:28	21:00:39	24:21:33.20	+09:29:03 (38.9%)	11:14	5.3 (60.9%)
78	LORANC Paweł	1013	WILD BUCHAYS	Masters M - 40	78	01:52:07	06:57:14	10:12:47	13:31:49	16:18:22	21:34:48	24:22:16.00	+09:29:45 (39.0%)	11:14	5.3 (60.9%)
79	RADZIWOŃ Krzysztof	2065	GRUPA NIENACHALNIE HEROICZNA	Masters M - 40	79	01:33:54	06:17:41	09:27:45	12:19:20	15:39:36	20:50:38	24:23:04.60	+09:30:34 (39.0%)	11:15	5.3 (60.9%)
80	AL-JEABORY Mahdi	1125	CZARNA TĘCZA	Masters M - 40	80	01:40:36	06:35:48	09:32:01	12:22:35	15:20:09	20:59:16	24:24:17.85	+09:31:47 (39.0%)	11:15	5.3 (60.9%)
81	BALCERZAK Robert	2050	KLUB BIEGACZA WARTA	Masters M - 40	81	01:24:55	06:18:34	09:22:25	12:30:22	15:35:22	20:59:38	24:25:08.45	+09:32:38 (39.1%)	11:16	5.3 (60.9%)
82	WIŚNIEWSKI Artur	1176		Masters M - 40	82	01:29:02	06:06:00	09:00:43	11:58:42	15:10:58	20:38:37	24:26:43.50	+09:34:13 (39.2%)	11:16	5.3 (60.9%)
83	PIOTROWSKI Michał	2022	#ŻEBERKATEAM	Masters M - 40	83	01:47:55	07:04:46	10:11:30	13:02:16	16:03:54	21:13:51	24:28:02.35	+09:35:32 (39.2%)	11:17	5.3 (60.9%)
84	ZAWADZKI Tomasz	2123		Masters M - 40	84	01:41:25	06:49:00	09:41:42	12:25:19	15:31:44	20:45:53	24:31:02.30	+09:38:32 (39.3%)	11:18	5.3 (60.9%)
85	SZYGENDA Sebastian	2147	TIGER TEAM	Masters M - 40	85	01:29:45	05:56:37	08:48:34	11:36:30	15:00:00	20:54:59	24:38:55.05	+09:46:25 (39.7%)	11:22	5.3 (60.9%)
86	KWIATKOWSKI Przemysław	2148	PWSD GNIEZNO	Masters M - 40	86	01:29:44	05:56:38	08:48:37	11:36:30	15:00:00	20:55:00	24:38:55.80	+09:46:25 (39.7%)	11:22	5.3 (60.9%)
87	STYSIEK Piotr	1319	BIEGIEM RADOM!	Masters M - 40	87	01:43:31	06:55:10	10:07:32	12:59:02	15:51:02	21:12:15	24:40:04.05	+09:47:34 (39.7%)	11:23	5.3 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	netto 130km			
88	BARTNIAK Kamil	1181	NO LIMITS TRAIL	Masters M - 40	88	01:34:45	06:10:27	08:59:48	11:33:08	14:36:02	20:41:25	24:40:50.20	+09:48:20 (39.7%)	11:23	5.3 (60.9%)
89	FURMAŃCZYK Michał	1307		Masters M - 40	89	01:51:55	06:57:35	10:03:17	12:46:21	15:41:30	21:03:29	24:41:08.85	+09:48:38 (39.7%)	11:23	5.3 (60.9%)
90	KRAWCZUK Dawid	1169	151 BATALION LEKKIEJ PIECHOTY W SKWIERZYNIE	Masters M - 40	90	01:22:24	06:33:49	09:25:20	12:37:22	15:29:27	21:07:04	24:41:28.30	+09:48:58 (39.8%)	11:23	5.3 (60.9%)
91	SZOPA Marek	1300	TEAM KOPEĆ	Masters M - 40	91	01:29:06	06:11:10	09:12:40	12:08:34	15:12:18	20:53:14	24:44:08.20	+09:51:38 (39.9%)	11:24	5.3 (60.9%)
92	ŻABIEREK Tomasz	2092		Masters M - 40	92	01:23:54	05:55:52	09:18:14	11:53:03	15:11:02	20:53:53	24:44:43.15	+09:52:13 (39.9%)	11:25	5.3 (60.9%)
93	BOBIN Tomasz	1264	ZOCHU TEAM	Masters M - 40	93	01:30:27	06:16:13	09:14:51	11:53:11	14:52:31	20:56:43	24:45:38.75	+09:53:08 (39.9%)	11:25	5.3 (60.9%)
94	STYCZYŃSKI Grzegorz	1347	DATAFEEDWATCH TEAM	Masters M - 40	94	01:41:29	06:17:56	09:13:04	11:52:26	14:55:02	20:19:02	24:45:52.25	+09:53:22 (39.9%)	11:25	5.2 (59.8%)
95	GRABOWICZ Paweł	1218		Masters M - 40	95	01:39:56	06:26:09	09:10:42	11:58:32	14:58:50	20:45:43	24:55:36.35	+10:03:06 (40.3%)	11:30	5.2 (59.8%)
96	KAMIŃSKI Daniel	1109	KS GRUCHA / GÓRAL Z MAZUR RUNNING TEAM	Masters M - 40	96	01:35:09	06:38:32	09:26:42	12:18:26	15:30:27	21:30:51	25:00:46.75	+10:08:16 (40.5%)	11:32	5.2 (59.8%)
97	WYSOCZAŃSKI Adrian	2099	PIETRZYKOWICE	Masters M - 40	97	01:35:34	06:27:17	09:30:49	12:21:51	15:22:44	20:54:14	25:05:03.15	+10:12:33 (40.7%)	11:34	5.2 (59.8%)
98	BOGACZYK Krzysztof	1247		Masters M - 40	98	01:40:26	06:29:49	09:22:24	12:24:24	15:34:29	21:25:17	25:12:11.00	+10:19:40 (41.0%)	11:37	5.2 (59.8%)
99	NÓŻKA Andrzej	1351		Masters M - 40	99	01:45:27	06:58:35	10:15:25	13:31:51	16:17:24	21:44:51	25:13:57.35	+10:21:27 (41.0%)	11:38	5.2 (59.8%)
100	CZYŻ Łukasz	2010	ESTEAM	Masters M - 40	100	01:39:47	06:34:51	09:27:30	12:26:38	15:42:00	21:24:43	25:14:16.50	+10:21:46 (41.1%)	11:38	5.2 (59.8%)
101	TOPOLSKI Piotr	1222	SZTAFETA NADZIEI	Masters M - 40	101	01:32:00	06:30:53	09:28:16	12:18:00	15:24:00	20:57:38	25:15:32.50	+10:23:02 (41.1%)	11:39	5.1 (58.6%)
102	HAJDUGA Łukasz	1115	WIECZORNE BIEGANIE W OPOLU	Masters M - 40	102	01:35:06	05:58:31	08:39:05	12:02:46	14:25:08	20:21:56	25:19:46.10	+10:27:16 (41.3%)	11:41	5.1 (58.6%)
103	TOMASZEWSKI Michał	1203	BIEG OPOLSKI	Masters M - 40	103	01:35:07	05:58:31	08:39:34	12:00:06	14:28:27	20:17:01	25:19:48.55	+10:27:18 (41.3%)	11:41	5.1 (58.6%)
104	BOTTCHER Andrzej	1210	SKB GRANIT	Masters M - 40	104	01:28:09	06:19:59	09:26:56	12:24:32	15:34:49	21:28:42	25:21:23.40	+10:28:53 (41.3%)	11:42	5.1 (58.6%)
105	ZYZAŃSKI Andrzej	2110	ANATOMIA BIEGANIA	Masters M - 40	105	01:39:25	06:53:17	09:58:07	12:46:45	15:49:33	21:40:21	25:23:23.05	+10:30:53 (41.4%)	11:43	5.1 (58.6%)
106	WOJCIECHOWSKI Paweł	1031	BIEGACZE JUNIORA-RUNNERS TEAM	Masters M - 40	106	01:38:22	06:45:14	09:55:06	12:47:04	15:45:13	21:36:40	25:23:25.70	+10:30:55 (41.4%)	11:43	5.1 (58.6%)
107	DEIGSLER Przemysław	1091	BIEGAJĄCE KREJZOLE	Masters M - 40	107	01:55:27	07:16:53	10:07:41	13:03:43	15:40:47	21:37:57	25:25:19.25	+10:32:49 (41.5%)	11:43	5.1 (58.6%)
108	SUPEŁ Jacek	1142	NIEZRZESZONY	Masters M - 40	108	01:31:24	06:32:44	09:29:45	12:36:32	15:37:18	21:39:08	25:27:03.95	+10:34:33 (41.6%)	11:44	5.1 (58.6%)
109	NOWAK Tomasz	1102	BIEGAJĄCE KREJZOLE	Masters M - 40	109	01:55:35	07:16:51	10:07:39	12:59:12	15:45:10	21:52:20	25:28:13.00	+10:35:42 (41.6%)	11:45	5.1 (58.6%)
110	STRASZEWSKI Leszek	1057	KS M. E. T. A.	Masters M - 40	110	01:48:48	07:07:34	10:28:17	13:17:25	16:06:09	21:27:07	25:30:41.65	+10:38:11 (41.7%)	11:46	5.1 (58.6%)
111	SZMYT Piotr	1015	BIEGAJĄCE KREJZOLE	Masters M - 40	111	01:39:59	06:53:13	09:58:06	12:47:48	15:49:35	21:52:20	25:31:35.40	+10:39:05 (41.7%)	11:46	5.1 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	netto 130km			
112	DZIADOŃ Grzegorz	1323		Masters M - 40	112	01:49:00	07:02:53	10:06:55	12:59:39	16:08:01	22:14:09	25:31:37.95	+10:39:07 (41.7%)	11:46	5.1 (58.6%)
113	KRUZEL Tomasz	1286	GRUPA JURA	Masters M - 40	113	01:32:27	06:15:29	09:21:09	12:09:33	15:17:31	21:22:15	25:32:41.55	+10:40:11 (41.8%)	11:47	5.1 (58.6%)
114	MACKIEWICZ Artur	1128	DŁUGOBIEGANIE	Masters M - 40	114	01:38:35	06:58:01	10:13:02	13:07:37	16:07:36	21:58:53	25:36:26.90	+10:43:56 (41.9%)	11:49	5.1 (58.6%)
115	MARCHWICKI Arkadiusz	2179	FEHLAU RUN TEAM	Masters M - 40	115	01:44:22	07:06:28	10:25:21	13:24:21	16:29:56	22:25:03	25:37:42.10	+10:45:12 (42.0%)	11:49	5.1 (58.6%)
116	KEPKE Michał	2213		Masters M - 40	116	01:42:44	07:11:22	10:25:29	13:31:21	16:26:52	22:20:53	25:41:32.50	+10:49:02 (42.1%)	11:51	5.1 (58.6%)
117	GÓRCZYŃSKI Rafał	2043		Masters M - 40	117	01:37:21	06:50:46	10:17:22	13:14:32	16:32:36	22:21:13	25:42:09.45	+10:49:39 (42.1%)	11:51	5.1 (58.6%)
118	ŁUGOWSKI Marek	2193	UTM170	Masters M - 40	118	01:42:39	06:36:24	09:31:18	12:34:15	15:57:41	22:20:01	25:44:48.20	+10:52:18 (42.2%)	11:52	5 (57.5%)
119	JANUSZEWSKI Piotr	1329	MKS ROBOTY DROGOWE ŚWINOUJŚCIE	Masters M - 40	119	01:45:20	07:18:40	10:39:22	13:28:06	16:10:18	22:18:31	25:45:13.40	+10:52:43 (42.2%)	11:53	5 (57.5%)
120	OLESIŃSKI Piotr	2048	DRUŻYNA ORZECHA ŻYRARDÓW	Masters M - 40	120	01:34:20	06:50:09	10:03:08	12:52:02	16:08:19	22:17:42	25:45:24.45	+10:52:54 (42.2%)	11:53	5 (57.5%)
121	BUJLIS Eugeniusz	1140	IDENTAL CLINIQUE	Masters M - 40	121	01:42:04	06:57:54	10:22:51	13:29:52	16:17:39	22:17:43	25:45:32.25	+10:53:02 (42.3%)	11:53	5 (57.5%)
122	SZYMAŁA Mateusz	1191	KLUCZBORSKA GRUPA BIEGOWA	Masters M - 40	122	01:33:38	06:20:09	10:07:53	13:25:14	16:38:07	22:25:05	25:47:35.05	+10:55:05 (42.3%)	11:54	5 (57.5%)
123	PÓŁGRABIA Dawid	2031	#ŻEBERKATEAM	Masters M - 40	123	01:47:57	07:04:47	10:11:35	13:02:16	16:07:42	22:09:13	25:49:14.95	+10:56:44 (42.4%)	11:55	5 (57.5%)
124	KUPIEC Maciej	2012	#ŻEBERKATEAM	Masters M - 40	124	01:47:54	07:04:47	10:11:42	13:02:19	16:07:41	22:09:17	25:49:48.80	+10:57:18 (42.4%)	11:55	5 (57.5%)
125	LOMAGISTRO Pietro	2194	A.S.D. GRUPPO PODISTICO SAN PIO X	Masters M - 40	125	01:42:40	06:36:25	09:31:26	12:34:54	16:10:08	22:22:11	25:52:00.95	+10:59:30 (42.5%)	11:56	5 (57.5%)
126	BUKOWSKI Michał	1267	DARK SIDE OSTROŁĘKA	Masters M - 40	126	01:42:05	06:47:24	10:07:28	13:12:05	16:19:37	22:11:57	25:53:41.60	+11:01:11 (42.6%)	11:57	5 (57.5%)
127	KOWALCZYK Paweł	1357	KĘCKIE HARPAGANY	Masters M - 40	127	01:26:13	06:14:15	09:12:17	12:31:09	15:55:27	22:36:31	25:57:52.65	+11:05:22 (42.7%)	11:59	5 (57.5%)
128	GŁADYSZ Robert	2140	SCE24.PL	Masters M - 40	128	01:49:15	06:53:51	10:05:00	13:28:40	16:42:39	22:42:04	25:57:55.75	+11:05:25 (42.7%)	11:59	5 (57.5%)
129	WAPA Marek	1198		Masters M - 40	129	01:56:21	07:15:59	10:10:35	13:15:50	16:34:06	22:42:27	25:58:05.30	+11:05:35 (42.7%)	11:59	5 (57.5%)
130	PAWLAK Jarosław	1056	KOŁO BIEGA	Masters M - 40	130	01:58:08	07:13:43	11:09:07	14:00:33	16:52:40	22:57:13	25:59:04.10	+11:06:34 (42.8%)	11:59	5 (57.5%)
131	MALINOWSKI Grzegorz	2005		Masters M - 40	131	01:29:40	06:22:26	09:22:59	12:21:45	15:47:21	22:10:21	26:04:02.60	+11:11:32 (42.9%)	12:01	5 (57.5%)
132	ŚWITALSKI Andrzej	1095		Masters M - 40	132	01:48:54	07:19:32	10:52:02	13:58:52	16:54:14	22:49:52	26:27:45.05	+11:35:15 (43.8%)	12:12	4.9 (56.3%)
133	GUZIK Daniel	1354		Masters M - 40	133	01:44:40	07:04:47	10:28:49	13:33:11	16:41:56	22:44:48	26:27:50.50	+11:35:20 (43.8%)	12:12	4.9 (56.3%)
	ADAMCZYK Marcin	2096		Masters M - 40		01:34:28 DNF	06:58:19 DNF	10:12:42 DNF	13:20:50 DNF	16:18:49 DNF	22:00:44 DNF	DNF		-	- (0.0%)
	TOKARCZYK Marcin	2003		Masters M - 40		01:21:17 DNF	05:26:52 DNF	08:20:00 DNF	10:58:58 DNF	13:37:07 DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas	Różn	Tempo	Tempo
						10km	32km	47km	64km	81km	112km	netto			
	PAJOR Krzysztof	2100	100PASS	Masters M	- 40	01:26:11	05:40:31	08:34:26	11:22:12	14:04:27	DNF	DNF		-	-
	KARBOWSKI Jarosław	2029	K.S .LENIWIEC	Masters M	- 40	01:33:56	06:32:39	09:51:42	12:51:55	16:08:54	DNF	DNF		-	-
	BUK Sławomir	2184		Masters M	- 40	01:05:40	04:31:44	06:50:32	09:06:40	11:45:21	DNF	DNF		-	-
	BŁASZKOWSKI Daniel	2032	MAJ.R RAWICZ	Masters M	- 40	01:32:15	06:35:28	09:45:28	12:47:04	16:28:26	DNF	DNF		-	-
	ŚLEZIAK Jarosław	2186	DANIEL WOSIK TERVEL TEAM	Masters M	- 40	01:03:53	04:09:47	06:28:17	08:37:46	DNF	DNF	DNF		-	-
	SIKORSKI Marcin	2168	TT SZCZECIN	Masters M	- 40	01:19:09	05:25:24	08:16:08	10:52:47	DNF	DNF	DNF		-	-
	CHOŁUJ Jarek	2008	FOR-REST-RUN KOSZALIN	Masters M	- 40	01:38:23	06:49:10	09:39:13	12:32:54	DNF	DNF	DNF		-	-
	KRZEMIŃSKI Jacek	2181	POLDEK TEAM	Masters M	- 40	01:41:51	06:49:56	10:20:35	13:23:48	DNF	DNF	DNF		-	-
	GAWRON Bartłomiej	2058		Masters M	- 40	01:41:17	06:50:56	10:09:13	13:43:54	DNF	DNF	DNF		-	-
	BABIRECKI Krzysztof	2129	FU FU FU TEAM	Masters M	- 40	01:21:53	06:42:55	09:46:21	13:54:01	DNF	DNF	DNF		-	-
	MUCHA Michał	2219	NOCNY POYEB TEAM	Masters M	- 40	01:21:16	06:44:16	10:04:33	14:00:01	DNF	DNF	DNF		-	-
	WITEK Eryk	2218	QC SPARTY MONIA GYM QŻNIA TALENTÓW ADAMA	Masters M	- 40	01:22:47	06:44:19	10:12:27	14:00:53	DNF	DNF	DNF		-	-
	MIKOŁAJCZYK Mirosław	2216	MIRAZ RACE TEAM	Masters M	- 40	01:08:55	04:31:57	07:06:56	DNF	DNF	DNF	DNF		-	-
	WIĘCZKOWSKI Wojciech	2027		Masters M	- 40	01:36:58	07:09:03	10:46:02	DNF	DNF	DNF	DNF		-	-
	SKARŻYŃSKI Wojciech	2081		Masters M	- 40	01:51:30	07:23:31	10:57:27	DNF	DNF	DNF	DNF		-	-
	ZIĘTEK Krzysztof	2139	ADIDAS RUNNERS WARSAW	Masters M	- 40	01:45:57	07:41:48	11:49:46	DNF	DNF	DNF	DNF		-	-
	PAROL Paweł	2097	SZYMANKOWSZCZYŻNA	Masters M	- 40	01:26:08	06:17:43	DNF	DNF	DNF	DNF	DNF		-	-
	STRZYŻEWSKI Paweł	2206	SZCZYT ZA SZCZYTEM	Masters M	- 40	01:33:54	06:52:20	DNF	DNF	DNF	DNF	DNF		-	-
	NOWOŚŁAWSKI Krzysztof	2103	IRRACJONALNIE MASZERUJĄCY	Masters M	- 40	01:32:06	06:58:13	DNF	DNF	DNF	DNF	DNF		-	-
	DĘBEK Piotr	2121	ŚWIDNICKA GRUPA BIEGOWA	Masters M	- 40	01:51:01	07:41:13	DNF	DNF	DNF	DNF	DNF		-	-
	KOZIEŁ Tomasz	2013	#WAWRZYNTTEAM	Masters M	- 40	01:04:40	DNF	DNF	DNF	DNF	DNF	DNF		-	-
	DWORNIK Maciek	2020	WARCZĄCE SZPRYCHY	Masters M	- 40	01:07:53	DNF	DNF	DNF	DNF	DNF	DNF		-	-
	LANGE Szymon	2217	WSK-SZYMONIX	Masters M	- 40	01:21:22	DNF	DNF	DNF	DNF	DNF	DNF		-	-
	SZARAPANOWSKI Damian	2156	ULTRA DIABŁY TEAM LUBRZA	Masters M	- 40	01:22:22	DNF	DNF	DNF	DNF	DNF	DNF		-	-

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
	SPECHT Mikołaj	2209		Masters M - 40		01:31:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DRZASZCZ Marek	2182	CROSSELITE	Masters M - 40		01:34:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WRONKA Tymoteusz	2104	IRRACJONALNIE MASZERUJĄCY	Masters M - 40		01:37:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ŁABĘDZKI Mariusz	2023		Masters M - 40		01:39:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SOKOŁOWSKI Artur	2077	TEAM ZABIEGANEDNI	Masters M - 40		01:50:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 164 wynik(ów)