

BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2020-07-16
Miejsce: Łądek-Zdrój
Dystans: 130 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II M - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
1	KOCIOŁOWICZ Piotr	2058	BIEGAM W GÓRACH BARDZKICH	Senior II M - 30	1	01:00:06	03:50:07	05:45:14	07:41:08	09:42:53	13:17:11	15:17:04.95		7:03	8.5 (100%)
2	FRĄCZ Tomasz	2177	INEE INDUSTRY TEAM	Senior II M - 30	2	01:08:56	04:17:30	06:14:55	08:05:34	10:02:56	13:19:48	15:19:16.25	+00:02:11 (0.2%)	7:04	8.5 (100%)
3	MAŁYGA Grzegorz	2055		Senior II M - 30	3	00:59:28	03:45:12	05:33:38	07:16:48	09:29:00	13:13:57	15:26:35.55	+00:09:30 (1.0%)	7:07	8.4 (98.8%)
4	WAWRZYNIAK Łukasz	2116	RONAL RUN POLSKA	Senior II M - 30	4	00:59:36	03:51:28	05:43:56	07:33:07	09:29:38	13:24:44	15:49:27.90	+00:32:22 (3.4%)	7:18	8.2 (96.5%)
5	WŁOCHAL Robert	2039		Senior II M - 30	5	01:05:15	04:03:26	06:09:10	08:12:44	10:14:25	13:56:42	16:18:26.45	+01:01:21 (6.3%)	7:31	8 (94.1%)
6	PIGŁOWSKI Dawid	1002	S-ULTRA	Senior II M - 30	6	01:07:06	04:10:12	06:23:25	08:29:12	10:44:10	14:25:10	16:54:03.75	+01:36:58 (9.6%)	7:48	7.7 (90.6%)
7	ĆWIKLIŃSKI Łukasz	1126	IZERSKA GRUPA BIEGOWA	Senior II M - 30	7	01:04:24	04:04:46	06:22:46	08:23:18	10:36:30	14:17:02	16:54:20.40	+01:37:15 (9.6%)	7:48	7.7 (90.6%)
8	KOTARBA Wojciech	2131	TAKEDA FIT	Senior II M - 30	8	01:11:42	04:26:12	06:40:56	08:42:05	10:59:08	14:47:02	17:13:42.45	+01:56:37 (11.3%)	7:57	7.5 (88.2%)
9	REJ Mirosław	2010	BARTOSZ GORCZYCA TEAM	Senior II M - 30	9	01:26:08	04:43:36	06:57:24	09:05:13	11:32:41	15:19:29	17:40:19.95	+02:23:15 (13.5%)	8:09	7.4 (87.1%)
10	ADLER Łukasz	2121	LESZ NO LIMITS RUNNERS	Senior II M - 30	10	01:11:56	04:28:27	06:46:50	08:55:22	11:25:06	15:18:46	17:56:20.25	+02:39:15 (14.8%)	8:16	7.2 (84.7%)
11	KLUSEK Mateusz	2036	SKLEP BIEGACZA KRAKÓW	Senior II M - 30	11	01:06:49	04:08:41	06:20:33	08:38:59	11:06:13	15:09:34	18:10:56.75	+02:53:51 (15.9%)	8:23	7.1 (83.5%)
12	TRZASKA Marcin	2068		Senior II M - 30	12	01:13:05	04:42:34	07:06:47	09:19:12	11:40:15	15:49:21	18:40:36.90	+03:23:31 (18.2%)	8:37	7 (82.4%)
13	KONIECZNY Szymon	1192	CHOSZCZEŃSKA 10	Senior II M - 30	13	01:14:05	04:37:19	06:59:29	09:10:28	11:46:30	16:02:30	18:49:01.15	+03:31:56 (18.8%)	8:41	6.9 (81.2%)
14	PACZUSKI Michał Paczuski	1087		Senior II M - 30	14	01:13:29	04:32:37	06:50:53	09:07:31	11:29:21	15:57:45	18:59:22.60	+03:42:17 (19.5%)	8:45	6.8 (80.0%)
15	MARUKIEWICZ Marek	1166	BIEGAMDŁAZDROWIA.PL	Senior II M - 30	15	01:17:22	05:01:54	07:24:41	09:38:10	12:09:44	16:33:18	19:07:40.30	+03:50:35 (20.1%)	8:49	6.8 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
16	JAZŁOCKI Łukasz	2042	TWDW	Senior II M - 30	16	01:13:22	04:38:59	07:06:21	09:31:08	12:06:23	16:33:39	19:08:01.30	+03:50:56 (20.1%)	8:49	6.8 (80.0%)
17	ZAWOJAK Aleksander	2023	RONAL POLSKA RUN	Senior II M - 30	17	01:18:10	04:47:58	07:07:52	09:34:45	11:55:49	16:23:41	19:08:34.90	+03:51:29 (20.2%)	8:50	6.8 (80.0%)
18	DWORNICKI Kamil	1170		Senior II M - 30	18	01:12:48	04:33:27	07:04:03	09:22:57	12:01:54	16:32:29	19:30:07.10	+04:13:02 (21.6%)	9:00	6.7 (78.8%)
19	KAŹMIERCZAK Krzysztof	2051		Senior II M - 30	19	01:11:19	04:37:56	07:06:01	09:31:52	12:13:07	16:49:47	19:31:22.25	+04:14:17 (21.7%)	9:00	6.7 (78.8%)
20	TARGIEL Damian	2113	INVICTUS 3CITY	Senior II M - 30	20	01:15:01	04:45:48	07:13:44	09:30:54	12:18:49	16:53:59	19:41:25.35	+04:24:20 (22.4%)	9:05	6.6 (77.6%)
21	SUCH Arkadiusz	1164	RZESZOWSKIE GAZELE I GEPARDY	Senior II M - 30	21	01:16:09	04:47:19	07:14:49	09:40:14	12:14:52	17:48:44	20:09:55.00	+04:52:50 (24.2%)	9:18	6.4 (75.3%)
22	MAREK Paweł	1046	AMBITNY AMATOR	Senior II M - 30	22	01:13:26	04:35:31	07:03:46	09:37:38	12:25:57	16:58:48	20:18:04.90	+05:00:59 (24.7%)	9:22	6.4 (75.3%)
23	WOJNO Arkadiusz	1120	DROGA DO ULTRA	Senior II M - 30	23	01:08:32	04:34:13	07:06:59	09:25:55	12:18:39	17:19:52	20:39:36.30	+05:22:31 (26.0%)	9:32	6.3 (74.1%)
24	WASILEWSKI Marcin	1020	BIEGOSTACJA/BOHARPALETYRUNNERS	Senior II M - 30	24	01:16:01	04:50:38	07:22:12	10:27:13	12:43:09	17:38:37	20:41:48.70	+05:24:43 (26.1%)	9:33	6.3 (74.1%)
25	PIECUCH Marcin	2070		Senior II M - 30	25	01:13:24	04:54:24	07:24:52	09:40:18	12:51:36	17:39:01	20:43:43.90	+05:26:38 (26.3%)	9:34	6.3 (74.1%)
26	ZIMKOWSKI Marcin	1102	KGHM ZG RUN	Senior II M - 30	26	01:11:03	04:39:33	07:04:02	09:21:35	12:20:50	17:07:09	20:46:27.20	+05:29:22 (26.4%)	9:35	6.3 (74.1%)
27	DUDEK Remigiusz	2033	KALINKA ULTRA TEAM	Senior II M - 30	27	01:19:39	05:23:32	08:02:43	10:34:26	13:18:01	17:49:52	21:08:52.45	+05:51:47 (27.7%)	9:45	6.1 (71.8%)
28	DARMETKO Rafał	2118		Senior II M - 30	28	01:15:04	04:46:30	07:04:01	09:33:11	12:38:07	17:49:11	21:13:29.90	+05:56:24 (28.0%)	9:47	6.1 (71.8%)
29	WOJNA Mikołaj	1038	MALIGNA	Senior II M - 30	29	01:21:43	05:01:53	07:34:48	10:11:17	12:41:42	17:38:21	21:13:56.50	+05:56:51 (28.0%)	9:47	6.1 (71.8%)
30	OSTROWSKI Sławomir	1206	GUTO TEAM / WLKP MOUNTAINS ULTRA / FREE RUN	Senior II M - 30	30	01:19:39	04:57:32	07:27:10	09:52:33	12:49:49	17:53:07	21:19:01.90	+06:01:56 (28.3%)	9:50	6.1 (71.8%)
31	JAGIELA Rafał	2013	KB ODRA OPOLE	Senior II M - 30	31	01:14:17	04:49:30	07:13:28	09:39:44	12:14:53	17:35:33	21:20:51.45	+06:03:46 (28.4%)	9:51	6.1 (71.8%)
32	CIEMBOROWICZ Karol	2071	#KFD	Senior II M - 30	32	01:22:58	05:19:38	07:51:57	10:24:06	13:04:10	17:46:10	21:21:07.00	+06:04:02 (28.4%)	9:51	6.1 (71.8%)
33	KLIMCZAK Jacek	2006	FIZJOTERAPIA „DLA CIEBIE I RODZINY "ŻERKÓW"	Senior II M - 30	33	01:10:00	04:34:24	07:10:41	09:39:40	13:02:06	18:37:38	21:21:24.25	+06:04:19 (28.4%)	9:51	6.1 (71.8%)
34	KUSZTEŁAK Jacek	1215	ZIEMO&WIT TEAM	Senior II M - 30	34	01:19:54	05:07:18	07:38:47	10:03:03	13:10:42	18:15:02	21:33:07.50	+06:16:02 (29.1%)	9:56	6 (70.6%)
35	KOWALEWSKI Krzysztof	2147		Senior II M - 30	35	01:20:38	05:14:20	07:47:23	10:25:19	13:33:38	18:24:10	21:35:54.55	+06:18:49 (29.2%)	9:58	6 (70.6%)
36	ZAWORSKI Tomasz	2084		Senior II M - 30	36	01:14:02	05:03:10	07:40:08	10:25:05	13:18:07	18:56:43	21:57:49.40	+06:40:44 (30.4%)	10:08	5.9 (69.4%)
37	KOCIUBA Przemysław	1091	TT SZCZECIN	Senior II M - 30	37	01:22:16	05:30:56	08:14:05	10:39:59	13:29:20	18:36:50	22:02:28.55	+06:45:23 (30.7%)	10:10	5.9 (69.4%)
38	JĘDRYCHOWSKI Bartłomiej	1154		Senior II M - 30	38	01:16:51	05:03:22	07:42:40		13:03:36	18:21:22	22:07:26.05	+06:50:21 (30.9%)	10:12	5.9 (69.4%)
39	KICH Marek	1173	X-CODING IT STUDIO	Senior II M - 30	39	01:19:30	05:27:08	08:01:54	10:37:30	13:49:22	18:53:09	22:20:06.40	+07:03:01 (31.6%)	10:18	5.8 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	A2	A3	A4	A5	A7	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km	32km	47km	64km	81km	112km	130km			
40	KOSMOWSKI Wiesław	2030		Senior II M - 30	40	01:19:58	05:41:49	08:28:01	11:14:27	14:30:19	19:37:23	22:39:20.90	+07:22:15 (32.5%)	10:27	5.7 (67.1%)
41	KRUSZEWSKI Filip	2027		Senior II M - 30	41	01:24:23	05:27:42	08:14:40	10:55:17	14:02:51	19:55:59	23:31:19.50	+08:14:14 (35.0%)	10:51	5.5 (64.7%)
42	WOJDASIEWICZ Tadeusz	1219		Senior II M - 30	42	01:21:00	05:23:37	08:07:27	10:53:53	14:20:27	20:06:03	23:53:16.00	+08:36:11 (36.0%)	11:01	5.4 (63.5%)
43	PAWLIKOWSKI Andrzej	1107		Senior II M - 30	43	01:12:18	05:00:03	07:44:46	11:19:05	14:23:29	19:59:00	24:05:35.10	+08:48:30 (36.6%)	11:07	5.4 (63.5%)
44	MICHALSKI Dawid	2003	KLUB PRZYJACIÓŁ MYSZKI MIKI	Senior II M - 30	44	01:25:39	05:23:35	08:04:16	10:47:31	13:49:37	19:46:11	24:11:03.10	+08:53:58 (36.8%)	11:09	5.4 (63.5%)
45	JASKULA Bartosz	2182		Senior II M - 30	45	01:28:06	05:34:33	09:01:28	12:03:29	15:39:31	21:13:36	24:12:28.45	+08:55:23 (36.9%)	11:10	5.4 (63.5%)
46	BOGACZYK Krzysztof	1158		Senior II M - 30	46	01:24:22	05:35:57	08:45:11	11:29:13	14:47:17	20:23:58	24:21:48.45	+09:04:43 (37.3%)	11:14	5.3 (62.4%)
47	HOFSTRA Tsjeard	2151	FRYSMAN	Senior II M - 30	47	01:23:12	05:10:38	08:03:35	10:47:25	14:00:58	19:46:36	24:26:35.30	+09:09:30 (37.5%)	11:16	5.3 (62.4%)
48	SERAFIN Robert	2136		Senior II M - 30	48	01:22:16	05:38:35	08:37:39	11:32:33	15:17:53	20:57:55	24:30:12.40	+09:13:07 (37.6%)	11:18	5.3 (62.4%)
49	DZIEWIĘCKI Łukasz	1018		Senior II M - 30	49	01:32:53	06:05:44	09:12:47	12:30:02	15:49:45	21:01:51	24:34:27.70	+09:17:22 (37.8%)	11:20	5.3 (62.4%)
50	BOREK Grzegorz	1014		Senior II M - 30	50	01:33:04	06:05:37	09:12:55	12:30:12	15:49:55	21:02:10	24:34:41.20	+09:17:36 (37.8%)	11:20	5.3 (62.4%)
51	KOWALCZYK Marcin	2171		Senior II M - 30	51	01:13:00	05:00:35	07:46:22	10:35:03	14:10:48	20:03:06	24:35:06.60	+09:18:01 (37.8%)	11:20	5.3 (62.4%)
52	MAJDA Maciej	1025	BIEGOWO TU I TAM	Senior II M - 30	52	01:30:29	05:54:00	08:55:39	11:37:53	14:49:59	20:34:19	24:37:32.50	+09:20:27 (37.9%)	11:21	5.3 (62.4%)
53	MARGASIŃSKI Michał	2028		Senior II M - 30	53	01:20:35	05:31:12	08:18:19	11:11:08	14:33:10	20:26:37	24:49:59.15	+09:32:54 (38.5%)	11:27	5.2 (61.2%)
54	KOZIOŁ Krzysztof	2161	MLB SUPPORT TEAM	Senior II M - 30	54	01:24:40	05:53:10	08:54:45	12:02:41	15:11:06	21:09:01	25:14:53.05	+09:57:48 (39.5%)	11:39	5.1 (60.0%)
55	KRĘCIELEWSKI Tomek	1257	***** ***	Senior II M - 30	55	01:19:27	05:25:10	08:34:56	12:00:55	15:19:58	21:14:56	25:17:29.25	+10:00:24 (39.6%)	11:40	5.1 (60.0%)
56	KUBAŚ Dawid	1230	NADLEŚNICTWO ZDROJE	Senior II M - 30	56	01:29:35	06:00:54	08:51:51	11:53:41	15:12:04	21:32:10	25:31:16.15	+10:14:11 (40.1%)	11:46	5.1 (60.0%)
57	MATEJCZUK Marcin	1093		Senior II M - 30	57	01:27:09	05:53:22	08:48:23	11:52:32	15:07:39	21:14:41	25:37:45.10	+10:20:40 (40.4%)	11:49	5.1 (60.0%)
58	TOMICZEK Tomasz	1062	CREDIT SUISSE POLSKA "ZDYSKWALIFIKOWANI"	Senior II M - 30	58	01:32:28	06:07:14	09:18:11	12:05:20	15:15:34	21:16:15	25:41:37.15	+10:24:32 (40.5%)	11:51	5.1 (60.0%)
59	WILK Krzysztof	2069		Senior II M - 30	59	01:21:12	05:22:07	08:09:53	11:03:03	14:47:22	21:05:45	25:43:09.65	+10:26:04 (40.6%)	11:52	5.1 (60.0%)
60	BAKOWICZ Kamil	2075	AKTYWNI KAMIEŃSK	Senior II M - 30	60	01:18:36	05:21:53	08:02:04	11:17:54	14:36:46	21:40:56	25:56:32.95	+10:39:28 (41.1%)	11:58	5 (58.8%)
61	ZYGADLEWICZ Grzegorz	1255	JACEKBIEGA RUNNING TEAM	Senior II M - 30	61	01:24:07	05:55:45	09:13:08	12:20:37	15:34:54	21:51:54	26:00:23.00	+10:43:18 (41.2%)	12:00	5 (58.8%)
62	TROJAN Paweł	1083	SZCZYTNA BIEGA	Senior II M - 30	62	01:29:46	06:41:38	09:37:08	12:50:32	16:03:15	22:52:17	26:12:02.35	+10:54:57 (41.7%)	12:05	5 (58.8%)
63	KOMENDA Lech	1246	KB TKKF PROMYK CIECHANÓW	Senior II M - 30	63			09:53:10	12:51:24	16:11:09	22:01:40	26:13:13.30	+10:56:08 (41.7%)	12:06	5 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
64	SZYMAŁA Mateusz	1069	KLUCZBORSKA GRUPA BIEGOWA	Senior II M - 30	64	01:38:08	06:14:04	09:30:15	12:40:06	15:54:22	22:11:05	26:17:52.55	+11:00:47 (41.9%)	12:08	4.9 (57.6%)
65	FALKOWSKI Michał	1258	ZA LINIĄ METY TEAM	Senior II M - 30	65	01:26:45	06:17:19	09:44:53	12:38:25	16:10:01	22:36:58	26:31:05.25	+11:14:00 (42.4%)	12:14	4.9 (57.6%)
66	JADACH Grzegorz	2142	VEGE RUNNERS	Senior II M - 30	66	01:27:54	06:09:38	09:17:14	12:33:27	16:25:32	22:06:12	26:40:35.95	+11:23:31 (42.7%)	12:18	4.9 (57.6%)
67	LITEWKA Rafał	1023		Senior II M - 30	67	01:38:02	06:18:42	09:24:16	12:44:34	16:02:36	22:56:29	26:43:55.00	+11:26:50 (42.8%)	12:20	4.9 (57.6%)
	SZARF Paweł	2050	ZAŁOGA GÓRSKA	Senior II M - 30		01:17:08 DNF	05:48:17 DNF	08:54:55 DNF	11:42:28 DNF	14:49:46 DNF	22:44:08 DNF	DNF		-	- (0.0%)
	MILCZAREK Paweł	2169	ROAD TO UTMB	Senior II M - 30		01:00:31 DNF	03:51:28 DNF	05:46:14 DNF	07:38:40 DNF	10:40:15 DNF	DNF	DNF		-	- (0.0%)
	SZURKOWSKI Michał	2103	GRUNWALD TEAM POZNAŃ	Senior II M - 30		01:32:28 DNF	06:21:00 DNF	09:46:59 DNF	13:11:38 DNF	17:21:32 DNF	DNF	DNF		-	- (0.0%)
	SŁOWIŃSKI Grzegorz	2079		Senior II M - 30		01:33:07 DNF	06:07:01 DNF	09:15:45 DNF	12:05:11 DNF	DNF	DNF	DNF		-	- (0.0%)
	DĄBROWSKI Jacek	2056		Senior II M - 30		01:17:22 DNF	05:35:15 DNF	08:48:17 DNF	12:24:53 DNF	DNF	DNF	DNF		-	- (0.0%)
	ARENDEK Michał	2170		Senior II M - 30		01:26:42 DNF	05:49:15 DNF	08:52:52 DNF	12:29:56 DNF	DNF	DNF	DNF		-	- (0.0%)
	NAWROT Artur	2146	DTR BIEGA/MARIO TEAM	Senior II M - 30		01:23:20 DNF	06:01:51 DNF	09:23:22 DNF	12:30:29 DNF	DNF	DNF	DNF		-	- (0.0%)
	MYRCIK Paweł	2081		Senior II M - 30		01:37:24 DNF	06:48:19 DNF	10:21:46 DNF	13:48:05 DNF	DNF	DNF	DNF		-	- (0.0%)
	JAROSŁAWSKI Marcin	2011		Senior II M - 30		01:14:17 DNF	04:49:30 DNF	08:30:24 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	LECHOWSKI Bartłomiej	2133	WKURW_TEAM	Senior II M - 30		01:34:28 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAJKA Leszek	2019	X-TEAM SPECIAL FORCES	Senior II M - 30		01:53:02 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 78 wynik(ów)