



# BIEG SUPER TRIAL - 130 KM - KLASYFIKACJA WSPÓLNA Z DNF NA 240 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2023-07-13  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 130 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Weteran I M - 50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Różn	Tempo min/km	Tempo km/h
1	<b>GAŁUSZKA Rafał</b>	<b>2219</b>		Weteran I M - 50	1	01:11:26	04:31:05	06:51:08	09:19:51	11:44:51	15:50:55	<b>18:24:44.85</b>		8:29	7.1 (100%)
2	<b>POPIS Tomasz</b>	<b>2155</b>	RUCH IZBICA	Weteran I M - 50	2	01:08:52	04:43:17	06:58:51	09:18:03	11:40:53	15:58:43	<b>19:02:25.30</b>	+00:37:40 (3.3%)	8:47	6.8 (95.8%)
3	<b>KUPCZYK Jacek</b>	<b>2081</b>	MOL RUNERS	Weteran I M - 50	3	01:32:38	05:35:05	08:05:43	10:27:55	12:56:18	17:06:02	<b>19:37:51.65</b>	+01:13:06 (6.2%)	9:03	6.6 (93.0%)
4	<b>PARZONKA Sylwester</b>	<b>2050</b>	KS GEPARD KĘPNO	Weteran I M - 50	4	01:20:46	05:03:48	07:24:47	09:46:39	12:48:26	16:56:53	<b>19:46:23.45</b>	+01:21:38 (6.9%)	9:07	6.6 (93.0%)
5	<b>JANKOWIAK Przemysław</b>	<b>2203</b>		Weteran I M - 50	5	01:32:26	05:30:41	08:09:17	10:50:33	13:33:30	17:50:04	<b>20:51:03.60</b>	+02:26:18 (11.7%)	9:37	6.2 (87.3%)
6	<b>BŁACHOWIAK Mariusz</b>	<b>1179</b>	AMBIT RACING TEAM / MARATON LESZNO	Weteran I M - 50	6	01:29:34	05:32:19	08:08:29	10:43:53	13:40:52	18:22:56	<b>21:59:34.80</b>	+03:34:49 (16.3%)	10:09	5.9 (83.1%)
7	<b>GRZECH Grzegorz</b>	<b>2200</b>		Weteran I M - 50	7	01:39:37	06:06:16	09:02:10	11:31:31	14:07:42	18:57:57	<b>22:12:56.05</b>	+03:48:11 (17.1%)	10:15	5.9 (83.1%)
8	<b>KOWALSKI Maciej</b>	<b>1315</b>	LOTOS RUNNING TEAM	Weteran I M - 50	8	01:29:50	05:27:10	08:02:50	10:36:39	13:31:10	18:24:45	<b>22:13:18.10</b>	+03:48:33 (17.1%)	10:15	5.9 (83.1%)
9	<b>STANOWSKI Grzegorz</b>	<b>2167</b>	FOREVER YOUNG	Weteran I M - 50	9	01:19:20	05:10:44	07:54:41	10:32:18	13:19:37	18:33:42	<b>22:24:37.85</b>	+03:59:53 (17.8%)	10:20	5.8 (81.7%)
10	<b>KUDELSKI Ireneusz</b>	<b>1083</b>	43 WOJSKOWY ODDZIAŁ GOSPODARCZY	Weteran I M - 50	10	01:30:37	05:55:45	08:32:21	11:12:32	14:22:02	19:02:58	<b>22:26:34.10</b>	+04:01:49 (18.0%)	10:21	5.8 (81.7%)
11	<b>KÓZKA Przemco</b>	<b>1175</b>	NBR/ WARJOTY Z DZIEWICZEJ GÓRY	Weteran I M - 50	11	01:35:14	05:53:36	08:34:48	11:13:17	13:57:35	19:30:45	<b>22:44:27.10</b>	+04:19:42 (19.0%)	10:29	5.7 (80.3%)
12	<b>LEWANDOWSKI Robert</b>	<b>1248</b>		Weteran I M - 50	12	01:30:29	05:52:55	08:33:06	11:15:21	14:10:00	19:15:28	<b>22:45:31.75</b>	+04:20:46 (19.1%)	10:30	5.7 (80.3%)
13	<b>PACHLA Jacek</b>	<b>1231</b>	KB SZAMOTUŁY	Weteran I M - 50	13	01:31:18	05:38:50	08:04:43	10:31:49	13:48:32	18:44:04	<b>22:50:34.40</b>	+04:25:49 (19.4%)	10:32	5.7 (80.3%)
14	<b>KINCEL Krzysztof</b>	<b>1288</b>		Weteran I M - 50	14	01:32:15	05:43:09	08:25:56	11:15:29	14:13:56	19:30:20	<b>23:05:19.15</b>	+04:40:34 (20.3%)	10:39	5.6 (78.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	netto 130km			
15	<b>KILIAN Mariusz</b>	<b>2119</b>		Weteran I M - 50	15	01:37:59	06:05:42	08:57:31	11:39:14	14:31:30	19:29:05	<b>23:06:20.35</b>	+04:41:35 (20.3%)	10:39	5.6 (78.9%)
16	<b>DADAŚ Janusz</b>	<b>1082</b>		Weteran I M - 50	16	01:22:17	05:48:04	08:25:39	11:12:36	14:21:37	19:39:44	<b>23:35:01.10</b>	+05:10:16 (21.9%)	10:53	5.5 (77.5%)
17	<b>URBAŃSKI Dariusz</b>	<b>1193</b>		Weteran I M - 50	17	01:28:01	05:54:26	08:45:34	11:40:25	14:45:15	20:00:09	<b>23:56:06.90</b>	+05:31:22 (23.1%)	11:02	5.4 (76.1%)
18	<b>OSSOWSKI Arkadiusz</b>	<b>1194</b>		Weteran I M - 50	18	01:26:13	05:54:24	08:45:37	11:39:49	14:45:12	20:00:12	<b>23:56:07.10</b>	+05:31:22 (23.1%)	11:02	5.4 (76.1%)
19	<b>KASZTELANIC Rafał</b>	<b>1171</b>		Weteran I M - 50	19	01:42:18	06:19:08	09:13:39	12:08:30	15:03:10	20:30:23	<b>24:13:25.25</b>	+05:48:40 (24.0%)	11:10	5.4 (76.1%)
20	<b>GMITEREK Tomasz</b>	<b>1035</b>	BIŁGORAJ ULTRA TRAIL	Weteran I M - 50	20	01:40:12	06:10:53	09:05:02	12:01:07	15:19:29	20:58:13	<b>24:27:56.70</b>	+06:03:11 (24.7%)	11:17	5.3 (74.6%)
21	<b>JĘDRZEJCZAK Wojciech</b>	<b>1262</b>		Weteran I M - 50	21		05:56:31	08:54:25	11:43:54	15:06:47	20:31:01	<b>24:29:31.30</b>	+06:04:46 (24.8%)	11:18	5.3 (74.6%)
22	<b>KARASEK Wojciech</b>	<b>1004</b>	COB - CAŁA OLEŚNICA BIEGA	Weteran I M - 50	22	01:35:57	06:23:45	09:18:07	12:13:46	15:16:02	21:04:22	<b>24:50:02.35</b>	+06:25:17 (25.9%)	11:27	5.2 (73.2%)
23	<b>WIJAS Jerzy</b>	<b>1393</b>	KARLINOBIEGAJ	Weteran I M - 50	23	01:43:54	06:32:29	09:44:42	12:48:20	16:04:35	21:16:43	<b>24:59:06.15</b>	+06:34:21 (26.3%)	11:31	5.2 (73.2%)
24	<b>DEMKÓW Przemysław</b>	<b>1228</b>	KB SOBÓTKA	Weteran I M - 50	24	01:39:43	06:12:45	09:46:12	12:17:57	15:23:52	21:53:51	<b>25:02:07.65</b>	+06:37:22 (26.5%)	11:33	5.2 (73.2%)
25	<b>CZUBA Robert</b>	<b>1250</b>	ORANGE POLSKA	Weteran I M - 50	25	01:43:15	06:31:13	09:50:57	13:03:02	16:07:23	21:40:18	<b>25:08:42.30</b>	+06:43:57 (26.8%)	11:36	5.2 (73.2%)
26	<b>TOKARZ Robert</b>	<b>2142</b>		Weteran I M - 50	26	01:33:40	06:25:41	09:13:18	12:16:01	15:49:13	21:35:24	<b>25:11:16.55</b>	+06:46:31 (26.9%)	11:37	5.2 (73.2%)
27	<b>LENARTOWICZ Adam</b>	<b>1317</b>	OŻARÓW FUSGYM	Weteran I M - 50	27	01:24:53	06:10:14	09:06:57	11:53:16	15:26:16	20:58:43	<b>25:11:20.85</b>	+06:46:36 (26.9%)	11:37	5.2 (73.2%)
28	<b>RAK Zdzisław</b>	<b>2100</b>	VITA I ANIMAL	Weteran I M - 50	28	01:38:51	06:21:40	09:15:46	12:11:54	15:02:55	20:47:10	<b>25:13:35.45</b>	+06:48:50 (27.0%)	11:38	5.2 (73.2%)
29	<b>DOLIŃSKI Tomasz</b>	<b>1373</b>		Weteran I M - 50	29	01:39:49	06:41:38	09:43:33	12:55:11	16:05:57	21:39:22	<b>25:22:17.15</b>	+06:57:32 (27.4%)	11:42	5.1 (71.8%)
30	<b>ZGAGACZ Pawel</b>	<b>1264</b>		Weteran I M - 50	30	01:37:16	06:08:36	09:25:48	12:16:16	15:29:12	21:22:03	<b>25:22:48.55</b>	+06:58:03 (27.5%)	11:42	5.1 (71.8%)
31	<b>NIEMAS Mariusz</b>	<b>2093</b>	OYAMA ONYKS	Weteran I M - 50	31	01:43:50	06:26:37	09:14:59	12:24:46	15:41:14	21:45:38	<b>25:27:45.00</b>	+07:03:00 (27.7%)	11:45	5.1 (71.8%)
32	<b>WIJAS Mariusz</b>	<b>1310</b>		Weteran I M - 50	32	01:44:54	06:29:18	09:27:50	12:28:46	15:43:29	21:56:41	<b>25:30:32.75</b>	+07:05:47 (27.8%)	11:46	5.1 (71.8%)
33	<b>STYSIEK Piotr</b>	<b>1257</b>	BIEGIEM RADOM!	Weteran I M - 50	33	01:42:55	06:29:13	09:25:59	12:40:21	15:18:51	21:13:26	<b>25:31:38.05</b>	+07:06:53 (27.9%)	11:46	5.1 (71.8%)
34	<b>ZBYRYT Marek</b>	<b>1118</b>	AKTYWNA NOWA RUDA	Weteran I M - 50	34	01:22:35	05:59:29	08:52:36	12:22:42	14:57:30	22:16:44	<b>25:43:27.00</b>	+07:18:42 (28.4%)	11:52	5.1 (71.8%)
35	<b>ULATOWSKI Andrzej</b>	<b>1125</b>	ULTRARUNBEARDRUN	Weteran I M - 50	35	01:44:35	06:34:57	09:35:21	12:27:28	15:47:46	21:57:01	<b>25:43:59.30</b>	+07:19:14 (28.4%)	11:52	5.1 (71.8%)
36	<b>DAWIDZIAK Jarosław</b>	<b>2127</b>	AMBIT RACING TEAM	Weteran I M - 50	36	01:34:25	06:01:04	09:02:19	12:05:43	15:21:37	21:36:21	<b>25:44:25.35</b>	+07:19:40 (28.5%)	11:52	5.1 (71.8%)
37	<b>LITEWKA Jacek</b>	<b>1377</b>	KUMPLE ŻWIRKA	Weteran I M - 50	37	01:32:32	06:17:15	09:23:49	12:20:56	15:41:19	21:40:35	<b>25:46:26.75</b>	+07:21:41 (28.6%)	11:53	5 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	netto 130km			
38	<b>KWINTA Tomasz</b>	<b>2089</b>	KASIA I TOMEK	Weteran I M - 50	38	01:28:08	05:33:27	08:38:31	12:08:28	15:25:55	21:52:24	<b>25:46:45.35</b>	+07:22:00 (28.6%)	11:53	5 (70.4%)
39	<b>PLANETORZ Marek</b>	<b>1399</b>		Weteran I M - 50	39	01:36:21	06:52:32	10:09:53	13:10:21	16:29:58	22:32:46	<b>25:54:32.40</b>	+07:29:47 (28.9%)	11:57	5 (70.4%)
40	<b>KOWALEWSKI Robert</b>	<b>1375</b>		Weteran I M - 50	40	01:47:46	06:59:50	10:05:05	13:23:50	16:22:51	22:27:26	<b>25:54:56.35</b>	+07:30:11 (29.0%)	11:57	5 (70.4%)
41	<b>PILARSKI Zbigniew</b>	<b>1058</b>		Weteran I M - 50	41	01:44:09	06:44:05	09:57:59	13:14:17	16:12:30	22:28:39	<b>25:58:56.15</b>	+07:34:11 (29.1%)	11:59	5 (70.4%)
42	<b>KITLAS Dariusz</b>	<b>1397</b>	BSB	Weteran I M - 50	42	01:27:02	06:04:17	09:59:53	12:49:42	16:10:37	22:41:03	<b>26:12:41.00</b>	+07:47:56 (29.8%)	12:05	5 (70.4%)
43	<b>BADURA Wojtek</b>	<b>1222</b>	KS KANDAHAR	Weteran I M - 50	43	01:45:07	06:27:52	09:33:51	12:38:44	15:43:27	22:42:29	<b>26:23:41.25</b>	+07:58:56 (30.2%)	12:10	4.9 (69.0%)
44	<b>SZEWCZYK Mariusz</b>	<b>2124</b>		Weteran I M - 50	44	01:50:53	06:51:04	09:59:24	13:11:06	16:24:09	22:42:49	<b>26:29:53.80</b>	+08:05:08 (30.5%)	12:13	4.9 (69.0%)
45	<b>MICHALAK Sławomir</b>	<b>1190</b>	INZYNIER.EU NOSI TRAILOWE BOTKI	Weteran I M - 50	45	01:45:05	06:46:07	10:08:52	13:25:24	16:51:29	22:38:48	<b>26:41:29.90</b>	+08:16:45 (31.0%)	12:19	4.9 (69.0%)
46	<b>KADECKI Marek</b>	<b>1325</b>		Weteran I M - 50	46	01:51:09	06:59:46	10:10:53	13:18:56	16:35:38	22:55:44	<b>26:54:54.25</b>	+08:30:09 (31.6%)	12:25	4.8 (67.6%)
	<b>BURY Marek</b>	<b>2059</b>		Weteran I M - 50		01:41:44 DNF	06:50:02 DNF	10:10:21 DNF	13:31:58 DNF	16:57:41 DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>JAWORSKI Bartłomiej</b>	<b>2114</b>	WHO DARES WINS,	Weteran I M - 50		01:24:40 DNF	06:13:33 DNF	09:14:12 DNF	12:42:24 DNF	16:23:13 DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>JUSZCZAK Zbigniew</b>	<b>2006</b>	PKB KMP KALISZ	Weteran I M - 50		01:40:49 DNF	06:10:03 DNF	09:16:03 DNF	12:14:55 DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>ARMATYS Grzegorz</b>	<b>2113</b>	ORANGE POLSKA	Weteran I M - 50		01:45:29 DNF	06:52:11 DNF	10:18:59 DNF	13:43:26 DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>KOWALSKI Rafał</b>	<b>2116</b>		Weteran I M - 50		01:31:24 DNF	07:13:55 DNF	10:30:17 DNF	13:44:25 DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>CUPIAŁ Dariusz</b>	<b>2035</b>	W POGONI ZA DUCHEM	Weteran I M - 50		01:38:01 DNF	07:06:19 DNF	10:52:21 DNF	14:19:27 DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>KOBIERSKI Radosław</b>	<b>2057</b>	TAŃCZĄCE MUCHOMORKI	Weteran I M - 50		01:38:56 DNF	06:24:23 DNF	09:51:16 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>IWAŃCZUK Zbigniew</b>	<b>2007</b>		Weteran I M - 50		01:52:02 DNF	07:20:30 DNF	11:12:57 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>PIÓRKOWSKI Marek</b>	<b>2204</b>	BIEGOWA KUŹNIA	Weteran I M - 50		01:38:47 DNF	07:00:16 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>NESTOROWICZ Marek</b>	<b>2148</b>	GÓRAL Z MAZUR RUNNING TEAM	Weteran I M - 50		01:09:37 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	<b>TYLIŃSKI Arkadiusz</b>	<b>2188</b>	LESZ NO LIMITS RUNNERS	Weteran I M - 50		01:15:14 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 57 wynik(ów)