



BIEG SZLAKIEM DZIKA

B4SPORT

Event: Dziki Weekend 2021
Organiser: Stowarzyszenie Klub Biegowy Dzik
Date: 2021-08-21
Place: Police
Distance: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M2 30-39

Place	Participant	Number	Club	Category	MCat	Start time	Loop 5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	RUSEK Kamil	315	FEHLAU RUN TEAM	M2 30-39	1	00:00:02	00:21:01	00:42:41.05	00:42:43.35		4:16	14.1 (100%)
2	OLICHOWSKI Mateusz	4	WOLFTEAM	M2 30-39	2	00:00:02	00:21:15	00:42:59.90	00:43:02.70	+00:00:18 (0.7%)	4:17	14 (99.3%)
3	BIEGAŃSKI Piotr	18		M2 30-39	3	00:35:44	00:35:29	00:45:05.55	01:20:50.30	+00:02:24 (5.3%)	4:30	13.3 (94.3%)
4	SCHMIDT Thomas	143	HASH HOUSE HARRIERS BS	M2 30-39	4	00:00:16	00:24:50	00:48:56.90	00:49:13.45	+00:06:15 (12.8%)	4:53	12.3 (87.2%)
5	TOMCZYK Tomasz	48	KMPSP SZCZECIN	M2 30-39	5	00:00:04	00:24:21	00:48:58.80	00:49:03.10	+00:06:17 (12.9%)	4:53	12.3 (87.2%)
6	CHAJA Radosław	401		M2 30-39	6	00:00:03	00:24:01	00:49:25.55	00:49:28.75	+00:06:44 (13.6%)	4:56	12.1 (85.8%)
7	LIPERTOWICZ Sebastian	303	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	7	00:00:05	00:24:19	00:49:53.40	00:49:58.45	+00:07:12 (14.4%)	4:59	12 (85.1%)
8	FĄFEREK Piotr	116	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	8	00:00:03	00:24:45	00:50:53.55	00:50:57.40	+00:08:12 (16.1%)	5:05	11.8 (83.7%)
9	PRZYBYSZ Marcin	67	WYMIARMEBLI.PL	M2 30-39	9	00:00:03	00:25:17	00:51:20.20	00:51:23.90	+00:08:39 (16.9%)	5:08	11.7 (83.0%)
10	KUPS Michał	385		M2 30-39	10	00:00:08	00:25:09	00:51:26.35	00:51:34.35	+00:08:45 (17.0%)	5:08	11.7 (83.0%)
11	OKIENCZUK Radek	55	T-RUN-OZAURY	M2 30-39	11	00:00:05	00:25:08	00:52:09.10	00:52:14.45	+00:09:28 (18.2%)	5:12	11.5 (81.6%)
12	KOCZKODAJ Kamil	199	ŻANDARMERIA WOJSKOWA	M2 30-39	12	00:00:06	00:26:12	00:52:39.40	00:52:45.70	+00:09:58 (18.9%)	5:15	11.4 (80.9%)
13	ARLUKIEWICZ Grzegorz	196		M2 30-39	13	00:00:07	00:26:37	00:53:00.40	00:53:07.80	+00:10:19 (19.5%)	5:18	11.3 (80.1%)
14	SŁOWIK Jacek	177		M2 30-39	14	00:00:06	00:26:12	00:53:48.95	00:53:55.80	+00:11:07 (20.7%)	5:22	11.2 (79.4%)
15	SZYŁOWICZ Daniel	404		M2 30-39	15	00:00:05	00:26:34	00:53:52.05	00:53:57.35	+00:11:11 (20.8%)	5:23	11.1 (78.7%)
16	BOCHENEK Michał	28	SEKTOR DOBREJ ZABAWY	M2 30-39	16	00:00:03	00:26:36	00:53:57.95	00:54:01.75	+00:11:16 (20.9%)	5:23	11.1 (78.7%)
17	GOŁĘBIEWSKI Tomasz	102	PSP SZCZECIN	M2 30-39	17	00:00:04	00:27:16	00:54:16.65	00:54:21.15	+00:11:35 (21.4%)	5:25	11.1 (78.7%)
18	SAWICKI Bartosz	194	DZIKIE DZIKI GORZÓW	M2 30-39	18	00:00:06	00:26:39	00:54:18.45	00:54:24.80	+00:11:37 (21.4%)	5:25	11 (78.0%)
19	SIEDLER Martin	41	SV DONSBRUGGEN 06	M2 30-39	19	00:00:11	00:26:30	00:55:40.95	00:55:52.15	+00:12:59 (23.3%)	5:34	10.8 (76.6%)
20	KRUK Bartosz	127	ORTOKOTY	M2 30-39	20	00:00:08	00:21:45	00:55:42.80	00:55:51.40	+00:13:01 (23.4%)	5:34	10.8 (76.6%)
21	SOBCZAK Paweł	379		M2 30-39	21	00:00:07	00:27:21	00:56:15.50	00:56:23.30	+00:13:34 (24.1%)	5:37	10.7 (75.9%)
22	BRUMIRSKI Bartek	92	NIEZRZESZONY	M2 30-39	22	00:00:19	00:28:11	00:56:20.85	00:56:40.45	+00:13:39 (24.2%)	5:38	10.7 (75.9%)
23	BĘDKOWSKI Piotr	308	SWIM2TRI	M2 30-39	23	00:00:09	00:27:24	00:56:46.55	00:56:56.05	+00:14:05 (24.8%)	5:40	10.6 (75.2%)
24	ORYL Mariusz	198	ŻANDARMERIA WOJSKOWA	M2 30-39	24	00:00:07	00:28:24	00:57:02.35	00:57:09.50	+00:14:21 (25.2%)	5:42	10.5 (74.5%)
25	ZABLOCKI Paweł	411		M2 30-39	25	00:00:12	00:28:17	00:57:38.60	00:57:51.05	+00:14:57 (26.0%)	5:45	10.4 (73.8%)
26	SAWICKI Bartosz	399	DZIKIE DZIKI GORZÓW	M2 30-39	26	00:00:22	00:30:05	00:58:38.40	00:59:01.05	+00:15:57 (27.2%)	5:51	10.2 (72.3%)

Place	Participant	Number	Club	Category	MCat	Start time	Loop 5km	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
								10km	10km			
27	TROJNAR Maciej	70	T-RUN-OZAURY	M2 30-39	27	00:00:07	00:28:35	00:58:52.35	00:58:59.45	+00:16:11 (27.5%)	5:53	10.2 (72.3%)
28	BUHMANN Philip	53	HASH HOUSE HARRIERS BS	M2 30-39	28	00:00:17	00:31:31	00:58:57.35	00:59:14.55	+00:16:16 (27.6%)	5:53	10.2 (72.3%)
29	ELLMANN Filip	57	STYL PIJANEGO MISTRZA	M2 30-39	29	00:00:04	00:28:19	00:59:15.40	00:59:19.70	+00:16:34 (28.0%)	5:55	10.1 (71.6%)
30	JASTRZEMSKI Patryk	397		M2 30-39	30	00:00:13	00:29:38	00:59:22.45	00:59:36.25	+00:16:41 (28.1%)	5:56	10.1 (71.6%)
31	MATYSIAK Sławomir	95	OCR GRUBAS TEAM	M2 30-39	31	00:00:04	00:29:35	00:59:44.45	00:59:49.40	+00:17:03 (28.6%)	5:58	10 (70.9%)
32	LENCEWICZ Grzegorz	61	VO2MAX	M2 30-39	32	00:00:04	00:27:45	00:59:50.40	00:59:55.15	+00:17:09 (28.7%)	5:59	10 (70.9%)
33	KOŁOMAŃSKI Hubert	59	BSHAUS	M2 30-39	33	00:00:36	00:30:11	00:59:51.15	01:00:27.90	+00:17:10 (28.7%)	5:59	10 (70.9%)
34	WOŁK Marcin	320	KSF	M2 30-39	34	00:00:15	00:30:24	01:00:07.30	01:00:22.45	+00:17:26 (29.0%)	6:00	10 (70.9%)
35	SOWA Krzysztof	203	ZWIEDZANIE PRZEZ BIEGANIE	M2 30-39	35	00:00:08	00:28:58	01:00:52.70	01:01:01.30	+00:18:11 (29.9%)	6:05	9.9 (70.2%)
36	ECHAUST Artur	233	NEPTUN	M2 30-39	36	00:00:09	00:29:32	01:01:03.60	01:01:13.30	+00:18:22 (30.1%)	6:06	9.8 (69.5%)
37	WITKOWSKI Emil	23	-	M2 30-39	37	00:00:30	00:30:54	01:01:39.30	01:02:09.30	+00:18:58 (30.8%)	6:09	9.7 (68.8%)
38	KIRAGA Jarek	29	ZS CROSSFIT SZCZECIN	M2 30-39	38	00:00:29	00:30:53	01:01:40.30	01:02:09.70	+00:18:59 (30.8%)	6:10	9.7 (68.8%)
39	BUDNICKI Grzegorz	99	NO PAIN NO GAIN	M2 30-39	39	00:00:19	00:30:49	01:02:15.05	01:02:34.25	+00:19:34 (31.4%)	6:13	9.6 (68.1%)
40	SZULC Marcin	84	DZIKI	M2 30-39	40	00:00:09	00:30:31	01:02:16.65	01:02:25.75	+00:19:35 (31.5%)	6:13	9.6 (68.1%)
41	KACZMAREK Michał	216	GRUPA AZOTY POLYOLEFINS	M2 30-39	41	00:00:19	00:31:05	01:02:42.00	01:03:01.45	+00:20:00 (31.9%)	6:16	9.6 (68.1%)
42	KONOPACKI Sławek	197	SZCZECIN	M2 30-39	42	00:00:06	00:31:04	01:02:44.75	01:02:51.40	+00:20:03 (32.0%)	6:16	9.6 (68.1%)
43	DUDKA Robert	31	SZCZECIN	M2 30-39	43	00:00:28	00:32:10	01:02:46.75	01:03:14.80	+00:20:05 (32.0%)	6:16	9.6 (68.1%)
44	SIWAK Łukasz	310	-	M2 30-39	44	00:00:03	00:30:16	01:02:49.00	01:02:52.20	+00:20:07 (32.0%)	6:16	9.6 (68.1%)
45	KAMIONKA Andrzej	32	14 ZBOT	M2 30-39	45	00:00:12	00:31:17	01:02:56.05	01:03:09.00	+00:20:15 (32.2%)	6:17	9.5 (67.4%)
46	TYRCHA Szymon	222	INCOM POLSKA	M2 30-39	46	00:00:24	00:32:12	01:03:23.80	01:03:48.00	+00:20:42 (32.7%)	6:20	9.5 (67.4%)
47	KIWILSZA Wojciech	104	IHUHU TEAM	M2 30-39	47	00:00:12	00:31:10	01:03:25.10	01:03:37.20	+00:20:44 (32.7%)	6:20	9.5 (67.4%)
48	BRANDES Tilman	145	HASH HOUSE HARRIERS BS	M2 30-39	48	00:00:17	00:32:25	01:03:37.45	01:03:54.70	+00:20:56 (32.9%)	6:21	9.4 (66.7%)
49	BALCERZAK Przemysław	205	UKL OSEMKA POLICE	M2 30-39	49	00:00:09	00:31:18	01:03:56.00	01:04:05.10	+00:21:14 (33.2%)	6:23	9.4 (66.7%)
50	KRÓL Kamil	121	SOCIOS SILESIA	M2 30-39	50	00:00:13	00:32:09	01:05:01.10	01:05:14.40	+00:22:20 (34.4%)	6:30	9.2 (65.2%)
51	DIDYCHUK Serhii	225	ALUHAK	M2 30-39	51	00:00:16	00:32:31	01:05:13.05	01:05:29.35	+00:22:32 (34.6%)	6:31	9.2 (65.2%)
52	KAMIŃSKI Kamil	86	LUBIN	M2 30-39	52	00:00:10	00:31:23	01:05:43.35	01:05:53.80	+00:23:02 (35.1%)	6:34	9.1 (64.5%)
53	ARMATA Matthias	184	HASH HOUSE HARRIERS BS	M2 30-39	53	00:00:19	00:32:22	01:05:57.30	01:06:16.75	+00:23:16 (35.3%)	6:35	9.1 (64.5%)
54	PADUCH Piotr	190	GRUPA AZOTY POLICE SERWIS	M2 30-39	54	00:00:13	00:33:01	01:06:04.15	01:06:17.95	+00:23:23 (35.4%)	6:36	9.1 (64.5%)
55	KLEPACKI Bartek	60	NOWOPOL	M2 30-39	55	00:00:20	00:33:38	01:06:29.40	01:06:50.25	+00:23:48 (35.8%)	6:38	9 (63.8%)
56	SENDEROWSKI Maciej	210	KLUB	M2 30-39	56	00:00:20	00:33:32	01:06:29.80	01:06:50.65	+00:23:48 (35.8%)	6:38	9 (63.8%)
57	WÓJCIK Krzysztof	180	DĄBROWSKI TEAM	M2 30-39	57	00:00:10	00:31:35	01:06:31.50	01:06:41.65	+00:23:50 (35.8%)	6:39	9 (63.8%)
58	ŁEMPICKI Maciej	47	KP PSP GRYFINO	M2 30-39	58	00:00:18	00:34:08	01:07:58.80	01:08:17.20	+00:25:17 (37.2%)	6:47	8.8 (62.4%)
59	NOWACZYK Wojciech	374		M2 30-39	59	00:00:10	00:33:06	01:08:13.75	01:08:24.35	+00:25:32 (37.4%)	6:49	8.8 (62.4%)
60	HARABASZ Jakub	223	BRIDGESTONE STARGARD RUNNERS	M2 30-39	60	00:00:13	00:32:10	01:08:28.45	01:08:41.75	+00:25:47 (37.7%)	6:50	8.8 (62.4%)
61	BRODA Gracjan	119	BEZ KLUBU	M2 30-39	61	00:00:09	00:31:59	01:09:09.35	01:09:18.65	+00:26:28 (38.3%)	6:54	8.7 (61.7%)
62	STECIUK Michał	224	ENEA OPERATOR	M2 30-39	62	00:00:32	00:35:21	01:09:09.55	01:09:42.10	+00:26:28 (38.3%)	6:54	8.7 (61.7%)
63	SALAUYOU Roman	74	DZIKA SIGMA	M2 30-39	63	00:00:30	00:35:17	01:10:32.55	01:11:03.30	+00:27:51 (39.5%)	7:03	8.5 (60.3%)
64	FREJTAG Dawid	52	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M2 30-39	64	00:00:37	00:36:07	01:12:46.05	01:13:23.40	+00:30:05 (41.3%)	7:16	8.2 (58.2%)
65	FORNALIK Krzysztof	80	POLISH ARMY GIRLS	M2 30-39	65	00:00:22	00:39:05	01:14:49.45	01:15:12.10	+00:32:08 (43.0%)	7:28	8 (56.7%)
66	BIEGANSKI Tomasz	72	TOMEK	M2 30-39	66	00:00:07	00:34:40	01:14:59.85	01:15:07.20	+00:32:18 (43.1%)	7:29	8 (56.7%)
67	TUZ Bartosz	132	MODRZYCA HUNTERS	M2 30-39	67	00:00:39	00:35:36	01:15:37.35	01:16:16.45	+00:32:56 (43.6%)	7:33	7.9 (56.0%)
68	STAŃCZYK Sławomir	62	OSIR STARGARD	M2 30-39	68	00:00:10	00:37:13	01:17:03.55	01:17:13.80	+00:34:22 (44.6%)	7:42	7.8 (55.3%)
69	MULARCZYK Krzysztof	35	SAM SE LATAM	M2 30-39	69	00:00:12	00:37:12	01:18:16.20	01:18:29.15	+00:35:35 (45.5%)	7:49	7.7 (54.6%)
70	WOŹNIAK Rafał	87	IHUHU TEAM	M2 30-39	70	00:00:11	00:38:09	01:21:52.65	01:22:04.40	+00:39:11 (47.9%)	8:11	7.3 (51.8%)

Place	Participant	Number	Club	Category	MCat	Start time	Loop 5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
71	GOWORSKI Jerzy	49	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	71	00:00:20	00:39:01	01:23:01.60	01:23:22.20	+00:40:20 (48.6%)	8:18	7.2 (51.1%)
72	BIEGANSKI Piotr	408		M2 30-39	72	00:00:09	00:39:48	01:23:20.35	01:23:29.35	+00:40:39 (48.8%)	8:20	7.2 (51.1%)
73	KRAWIEC Krzysztof	312	ZS TRAINING CENTER	M2 30-39	73	00:00:26	00:45:04	01:35:17.75	01:35:44.00	+00:52:36 (55.2%)	9:31	6.3 (44.7%)
74	WOROCH Tomasz	36	BŁOTNE SUSŁY	M2 30-39	74	00:00:10	00:49:45	01:45:23.00	01:45:33.80	+01:02:41 (59.5%)	10:32	5.7 (40.4%)

Total 74 results.