



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dziki Weekend 2020
Stowarzyszenie Klub Biegowy Dzik
2020-08-22
Police
10 km

BIEG SZLAKIEM DZIKA

B4SPORT

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	PILARCZYK Katarzyna	709	DRUŻYNA KSF	K2 30-39	1	00:14:07	00:53:00.45	01:07:07.65		5:18	11.3 (100%)
2	MARZEC Karolina	961	DZIKIE DZIKI GORZÓW	K3 40-49	1	00:27:28	00:55:19.70	01:22:47.80	+00:02:19 (4.2%)	5:31	10.8 (95.6%)
3	DYDEK Edyta	1159	SKB DZIK	K1 16-29	1	00:01:25	00:56:11.15	00:57:36.40	+00:03:10 (5.7%)	5:37	10.7 (94.7%)
4	MARZENA Kruszczyńska	1158		K2 30-39	2	00:01:45	00:57:33.90	00:59:18.90	+00:04:33 (7.9%)	5:45	10.4 (92.0%)
5	CIELUCH Paulina	1252	GRUPA AZOTY POLICE	K2 30-39	3	00:03:57	00:58:26.25	01:02:24.05	+00:05:25 (9.3%)	5:50	10.3 (91.2%)
6	NIKLAS Małgorzata	711	KSF	K2 30-39	4	00:14:03	01:00:24.55	01:14:28.20	+00:07:24 (12.3%)	6:02	9.9 (87.6%)
7	PASIEKA Agnieszka	768	21. BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	5	00:09:30	01:01:23.05	01:10:54.00	+00:08:22 (13.6%)	6:08	9.8 (86.7%)
8	HABRAT Barbara	816	AKADEMIA WOJSK LĄDOWYCH	K1 16-29	2	00:01:39	01:01:26.75	01:03:06.30	+00:08:26 (13.7%)	6:08	9.8 (86.7%)
9	WILK Anna	1121		K1 16-29	3	00:08:55	01:02:31.20	01:11:27.00	+00:09:30 (15.2%)	6:15	9.6 (85.0%)
10	BOCK Agnieszka	728	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	6	00:14:29	01:03:14.95	01:17:44.20	+00:10:14 (16.2%)	6:19	9.5 (84.1%)
11	POGORZELSKA Aleksandra	602	DECATHLON PIŁA	K1 16-29	4	00:38:22	01:03:40.55	01:42:03.15	+00:10:40 (16.8%)	6:22	9.4 (83.2%)
12	KAMIŃSKA Adrianna	976	BBL POLICE	K2 30-39	7	00:21:52	01:04:12.80	01:26:05.00	+00:11:12 (17.5%)	6:25	9.3 (82.3%)
13	MÜLLER Kathrin	757	BRAUNSCHWEIG HASH HOUSE HARRIERS	K4 50-59	1	00:15:04	01:06:18.45	01:21:23.25	+00:13:18 (20.1%)	6:37	9 (79.6%)
14	KRUSZYNA Renata	760		K2 30-39	8	00:04:45	01:06:26.40	01:11:11.95	+00:13:25 (20.2%)	6:38	9 (79.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	BUBEŁA Kamila	1096		K2 30-39	9	00:13:02	01:06:42.70	01:19:45.30	+00:13:42 (20.5%)	6:40	9 (79.6%)
16	SYCHEL Magdalena	719		K3 40-49	2	00:01:59	01:07:01.80	01:09:01.60	+00:14:01 (20.9%)	6:42	9 (79.6%)
17	LEWANDOWSKA Malgorzata	727	TG'SOKÓŁ GNIEWKOWO	K4 50-59	2	00:04:39	01:07:08.00	01:11:47.10	+00:14:07 (21.0%)	6:42	8.9 (78.8%)
18	POSZUMSKA Gabriela	903		K1 16-29	5	00:48:17	01:07:37.85	01:55:55.65	+00:14:37 (21.6%)	6:45	8.9 (78.8%)
19	DUDA Milena	1100	OŻW SZCZECIN	K3 40-49	3	00:57:39	01:07:42.30	02:05:21.75	+00:14:41 (21.7%)	6:46	8.9 (78.8%)
20	MASYS Agnieszka	617	GRUPA MALBORK	K3 40-49	4	00:29:33	01:08:13.30	01:37:46.95	+00:15:12 (22.3%)	6:49	8.8 (77.9%)
21	JAROSŁAWSKA Sandra	1095		K2 30-39	10	00:08:25	01:08:45.40	01:17:10.90	+00:15:44 (22.9%)	6:52	8.7 (77.0%)
22	CZYŻEWSKA Mirosława	856	WKURW_TEAM	K2 30-39	11	00:56:37	01:08:50.10	02:05:27.50	+00:15:49 (23.0%)	6:53	8.7 (77.0%)
23	KOTWICKA Ela	930		K2 30-39	12	00:08:16	01:08:59.85	01:17:16.80	+00:15:59 (23.2%)	6:53	8.7 (77.0%)
24	ROSIŃSKA Kamila	948	BRIDGESTONE STARGARD RUNNERS	K2 30-39	13	00:58:00	01:09:03.35	02:07:03.95	+00:16:02 (23.2%)	6:54	8.7 (77.0%)
25	BRZESKA Ewa	998	HELL'S HEAVEN SZCZECIN	K1 16-29	6	00:02:25	01:09:25.05	01:11:50.45	+00:16:24 (23.6%)	6:56	8.6 (76.1%)
26	ZARZECZAŃSKA-JANASIK Blanka	613		K2 30-39	14	00:22:08	01:09:26.45	01:31:35.25	+00:16:26 (23.7%)	6:56	8.6 (76.1%)
27	ROMANOWICZ Monika	623	DZIKIE ŻÓŁWIE	K2 30-39	15	00:03:34	01:09:33.65	01:13:07.90	+00:16:33 (23.8%)	6:57	8.6 (76.1%)
28	DORAWA-ZIOMEK Anna	622	DZIKIE ŻÓŁWIE	K2 30-39	16	00:03:29	01:10:46.85	01:14:16.00	+00:17:46 (25.1%)	7:04	8.5 (75.2%)
29	KNIOŁA Agnieszka	606	PIŁA TEAM	K2 30-39	17	00:21:03	01:10:55.65	01:31:59.20	+00:17:55 (25.3%)	7:05	8.5 (75.2%)
30	KRZEMIEN Patrycja	627		K2 30-39	18	00:22:44	01:11:08.15	01:33:52.30	+00:18:07 (25.5%)	7:06	8.4 (74.3%)
31	KRZESIŃSKA Katarzyna	814	BOHAR PALETY RUNNERS	K2 30-39	19	00:04:27	01:11:42.40	01:16:09.60	+00:18:41 (26.1%)	7:10	8.4 (74.3%)
32	ŁANIEWSKA Hanna	1099	A MIAŁO BYĆ TAK PIĘKNIE - 'WYSTAWIONA' BIEGNĘ SAMA	K2 30-39	20	00:15:49	01:11:52.60	01:27:41.80	+00:18:52 (26.3%)	7:11	8.3 (73.5%)
33	KISIEL Kamila	1103		K1 16-29	7	00:58:04	01:11:52.75	02:09:57.00	+00:18:52 (26.3%)	7:11	8.3 (73.5%)
34	KRUPIEŃCZYK Joanna	587		K2 30-39	21	00:15:14	01:12:00.60	01:27:15.20	+00:19:00 (26.4%)	7:12	8.3 (73.5%)
35	SUCHODOLSKA Aleksandra	638	DZIKIE ŻÓŁWIE	K2 30-39	22	00:03:25	01:12:07.00	01:15:32.55	+00:19:06 (26.5%)	7:12	8.3 (73.5%)
36	TOMCZAK Joanna	897	DIRTY SPARROWS	K2 30-39	23	00:02:41	01:12:20.05	01:15:01.60	+00:19:19 (26.7%)	7:14	8.3 (73.5%)
37	ZAKRZEWSKA Sylwia	700	FSD RUN DREZDENKO	K2 30-39	24	00:02:57	01:12:38.05	01:15:35.20	+00:19:37 (27.0%)	7:15	8.3 (73.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	LIASHENKO Liliia	752	TRIGYM	K1 16-29	8	00:02:54	01:12:55.40	01:15:49.90	+00:19:54 (27.3%)	7:17	8.2 (72.6%)
39	ŻYLUK-GADOWSKA Paulina	754	NIE PROWOKUJ LOCHY MIERZYN	K2 30-39	25	00:20:14	01:13:15.95	01:33:30.75	+00:20:15 (27.7%)	7:19	8.2 (72.6%)
40	JAROSŁAWSKA Jowita	1098		K2 30-39	26	00:08:22	01:13:47.95	01:22:10.90	+00:20:47 (28.2%)	7:22	8.1 (71.7%)
41	KUSTRA Paulina	843	BBL POLICE	K2 30-39	27	00:30:45	01:14:07.75	01:44:53.45	+00:21:07 (28.5%)	7:24	8.1 (71.7%)
42	ŁEMPKOWSKA Beata	980	DLL PARTNERS	K3 40-49	5	00:10:15	01:14:21.50	01:24:36.65	+00:21:21 (28.7%)	7:26	8.1 (71.7%)
43	ŚWIETLIK Alicja	716		K4 50-59	3	00:17:52	01:14:30.70	01:32:23.65	+00:21:30 (28.9%)	7:27	8.1 (71.7%)
44	NIEWADZIK Ula	932		K3 40-49	6	00:08:13	01:14:38.30	01:22:52.20	+00:21:37 (29.0%)	7:27	8 (70.8%)
45	KOMSTA Beata	669	PAN WĄSKI I JEGO MAFIA	K3 40-49	7	00:19:04	01:14:45.15	01:33:49.70	+00:21:44 (29.1%)	7:28	8 (70.8%)
46	ZAKOŚCIELNA Katarzyna	626	DZIKIE ŻÓŁWIE	K2 30-39	28	00:03:23	01:14:48.20	01:18:11.40	+00:21:47 (29.1%)	7:28	8 (70.8%)
47	BEDNARZ Katarzyna	702		K3 40-49	8	00:12:40	01:15:14.40	01:27:55.35	+00:22:13 (29.5%)	7:31	8 (70.8%)
48	REBELKA Małgorzata	869		K1 16-29	9	00:10:01	01:15:18.80	01:25:20.20	+00:22:18 (29.6%)	7:31	8 (70.8%)
49	KACPRZAK Beata	1091		K2 30-39	29	00:17:48	01:15:26.85	01:33:15.50	+00:22:26 (29.7%)	7:32	8 (70.8%)
50	JUSINSKA Anna	771		K3 40-49	9	00:09:25	01:15:28.60	01:24:53.75	+00:22:28 (29.8%)	7:32	8 (70.8%)
51	PODOLAK Julia	908		K1 16-29	10	01:24:16	01:16:11.85	02:40:28.70	+00:23:11 (30.4%)	7:37	7.9 (69.9%)
52	PIOTROWSKA Małgorzata	848		K1 16-29	11	00:06:28	01:16:16.80	01:22:45.65	+00:23:16 (30.5%)	7:37	7.9 (69.9%)
53	BIENIAS Emilia	947	RAGNAROK SZCZECIN	K1 16-29	12	02:49:38	01:16:21.30	04:05:59.85	+00:23:20 (30.6%)	7:38	7.9 (69.9%)
54	LEWANDOWSKA Anna	747		K3 40-49	10	00:02:28	01:16:53.20	01:19:21.90	+00:23:52 (31.1%)	7:41	7.8 (69.0%)
55	PUPEK Małgorzata	687	WILKI Z CIECHOCINKA	K2 30-39	30	00:26:57	01:17:11.50	01:44:09.40	+00:24:11 (31.3%)	7:43	7.8 (69.0%)
56	ORLON Barbara	699	FSD RUN DREZDENKO	K4 50-59	4	00:03:07	01:17:11.90	01:20:18.90	+00:24:11 (31.3%)	7:43	7.8 (69.0%)
57	BACHORSKA Dorota	767	FITOSKI TEAM	K3 40-49	11	00:09:28	01:17:24.45	01:26:52.70	+00:24:24 (31.5%)	7:44	7.8 (69.0%)
58	KOWALKOWSKA Beata	913		K2 30-39	31	00:59:17	01:17:32.90	02:16:50.65	+00:24:32 (31.6%)	7:45	7.7 (68.1%)
59	WIECZOREK Magdalena	656		K3 40-49	12	01:19:12	01:17:37.65	02:36:49.90	+00:24:37 (31.7%)	7:45	7.7 (68.1%)
60	GEILICH Katja	733	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	32	00:14:50	01:17:49.05	01:32:39.50	+00:24:48 (31.9%)	7:46	7.7 (68.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
61	MIKICIUK Natalia	799		K1 16-29	13	00:51:44	01:17:51.10	02:09:35.60	+00:24:50 (31.9%)	7:47	7.7 (68.1%)
62	GRALEWICZ Magdalena	599		K3 40-49	13	00:21:29	01:17:53.45	01:39:23.25	+00:24:53 (31.9%)	7:47	7.7 (68.1%)
63	TUZ Gabriela	888	TEAM SPIRIT NOWA SÓL	K2 30-39	33	00:17:41	01:17:54.30	01:35:35.85	+00:24:53 (32.0%)	7:47	7.7 (68.1%)
64	DYDEK Dorota	1162	SKB DZIK	K4 50-59	5	00:21:17	01:17:56.55	01:39:14.40	+00:24:56 (32.0%)	7:47	7.7 (68.1%)
65	PATZKE Petra	737	BRAUNSCHWEIG HASH HOUSE HARRIERS	K4 50-59	6	00:14:41	01:17:57.65	01:32:38.75	+00:24:57 (32.0%)	7:47	7.7 (68.1%)
66	BEDNAREK Natalia	963	DECATHLON PIŁA	K1 16-29	14	00:38:20	01:18:12.30	01:56:32.70	+00:25:11 (32.2%)	7:49	7.7 (68.1%)
67	MARSCHAŁKOWSKA Dorota	1081	KM PSP KOSZALIN	K4 50-59	7	00:05:38	01:18:26.40	01:24:04.75	+00:25:25 (32.4%)	7:50	7.6 (67.3%)
68	DĄBROWSKA Paulina	744		K1 16-29	15	00:21:55	01:18:34.80	01:40:30.00	+00:25:34 (32.5%)	7:51	7.6 (67.3%)
69	BIELSKA Ola	703		K2 30-39	34	00:55:36	01:19:16.25	02:14:52.85	+00:26:15 (33.1%)	7:55	7.6 (67.3%)
70	DANILUK Małgorzata	809		K1 16-29	16	00:53:27	01:20:44.20	02:14:11.70	+00:27:43 (34.3%)	8:04	7.4 (65.5%)
71	CAŁKA Barbara	914		K3 40-49	14	00:12:09	01:20:46.00	01:32:55.30	+00:27:45 (34.4%)	8:04	7.4 (65.5%)
72	SAWICKA - WERS Urszula	707	SAR-BSR KOŁOBRZEG MARATON TEAM	K2 30-39	35	00:12:37	01:20:55.95	01:33:33.90	+00:27:55 (34.5%)	8:05	7.4 (65.5%)
73	SUSZA Małgorzata	643		K3 40-49	15	00:12:06	01:20:59.50	01:33:05.50	+00:27:59 (34.6%)	8:05	7.4 (65.5%)
74	WALENT Marta	870		K2 30-39	36	00:09:40	01:21:31.60	01:31:12.55	+00:28:31 (35.0%)	8:09	7.4 (65.5%)
75	ULASS Patrycja	786		K1 16-29	17	01:08:56	01:21:38.80	02:30:34.90	+00:28:38 (35.1%)	8:09	7.3 (64.6%)
76	POŻNIAK Aleksandra	769	DZIKIE DZIKI GORZÓW	K2 30-39	37	00:41:11	01:21:44.50	02:02:56.00	+00:28:44 (35.2%)	8:10	7.3 (64.6%)
77	KUNIKOWSKA Patrycja	672	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	38	00:44:14	01:21:46.20	02:06:00.95	+00:28:45 (35.2%)	8:10	7.3 (64.6%)
78	MUSKAŁA Beata	831	WDŚ KMP	K4 50-59	8	00:10:42	01:22:47.25	01:33:30.20	+00:29:46 (36.0%)	8:16	7.2 (63.7%)
79	MAŁECKA Anna	772		K3 40-49	16	00:13:16	01:22:48.00	01:36:04.90	+00:29:47 (36.0%)	8:16	7.2 (63.7%)
80	SYCH Małgorzata	838	KB KAMIEŃ POMORSKI	K3 40-49	17	00:22:51	01:23:04.00	01:45:55.35	+00:30:03 (36.2%)	8:18	7.2 (63.7%)
81	PIERZAKOWSKA Agnieszka	614	SZALONE MAMUŚKI	K2 30-39	39	00:08:45	01:23:22.85	01:32:07.95	+00:30:22 (36.4%)	8:20	7.2 (63.7%)
82	BOCHENEK Jadwiga	854	AFRO-FIT WATAHA CROSSFIT	K2 30-39	40	00:11:31	01:23:26.45	01:34:58.15	+00:30:26 (36.5%)	8:20	7.2 (63.7%)
83	MISIUK Marta	618		K2 30-39	41	00:08:39	01:23:28.30	01:32:07.75	+00:30:27 (36.5%)	8:20	7.2 (63.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
84	MAJCHER Małgorzata	597	PIŁA TEAM	K3 40-49	18	00:21:08	01:23:49.65	01:44:57.70	+00:30:49 (36.8%)	8:22	7.2 (63.7%)
85	SERKOWSKA Paulina	1101		K1 16-29	18	00:07:58	01:23:51.40	01:31:50.05	+00:30:50 (36.8%)	8:23	7.2 (63.7%)
86	KIJO-ŁYDKA Magdalena	1110		K2 30-39	42	01:33:37	01:24:01.20	02:57:38.90	+00:31:00 (36.9%)	8:24	7.1 (62.8%)
87	NAJMARK Małgorzata	695	NORDICOVE LOVE POLICE	K3 40-49	19	00:27:10	01:24:14.80	01:51:25.35	+00:31:14 (37.1%)	8:25	7.1 (62.8%)
88	PIEPRZOWSKA Sylwia	877		K3 40-49	20	00:27:07	01:24:42.00	01:51:49.70	+00:31:41 (37.4%)	8:28	7.1 (62.8%)
89	SAKOWSKA-CARŁO Magda	802	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	43	00:58:54	01:24:48.50	02:23:43.20	+00:31:48 (37.5%)	8:28	7.1 (62.8%)
90	WOJCIECHOWSKA Maja	1116		K1 16-29	19	00:29:18	01:25:28.00	01:54:46.25	+00:32:27 (38.0%)	8:32	7 (61.9%)
91	JEZIOREK Agnieszka	774		K3 40-49	21	00:13:30	01:25:29.55	01:38:59.90	+00:32:29 (38.0%)	8:32	7 (61.9%)
92	TOMICZAK Marta	661		K3 40-49	22	01:42:03	01:25:38.50	03:07:42.45	+00:32:38 (38.1%)	8:33	7 (61.9%)
93	POST Mariola	865		K3 40-49	23	00:13:05	01:25:44.15	01:38:50.05	+00:32:43 (38.2%)	8:34	7 (61.9%)
94	LOBA Zuzanna	873	DZIK	K1 16-29	20	00:31:52	01:26:02.20	01:57:55.00	+00:33:01 (38.4%)	8:36	7 (61.9%)
95	LEBIODA Alicja	880		K3 40-49	24	01:29:20	01:26:26.85	02:55:47.80	+00:33:26 (38.7%)	8:38	6.9 (61.1%)
96	PRABUCKA Weronika	1129	UKŁ ÓSEMKA POLICE	K1 16-29	21	00:07:11	01:27:28.15	01:34:39.95	+00:34:27 (39.4%)	8:44	6.9 (61.1%)
97	ZWYRBLIS KŁAPOUCH Wioletta	927		K3 40-49	25	00:10:29	01:27:30.70	01:38:00.00	+00:34:30 (39.4%)	8:45	6.9 (61.1%)
98	WIŚNIEWSKA Marta	585	IHUHU TEAM	K1 16-29	22	00:10:06	01:27:31.45	01:37:38.00	+00:34:31 (39.4%)	8:45	6.9 (61.1%)
99	KUCHARCZYK Paulina	782		K1 16-29	23	00:36:37	01:28:10.15	02:04:47.20	+00:35:09 (39.9%)	8:49	6.8 (60.2%)
100	PYREK Iwona	662		K2 30-39	44	00:44:29	01:28:39.75	02:13:09.00	+00:35:39 (40.2%)	8:51	6.8 (60.2%)
101	WIŚNIEWSKA Sandra	1003		K1 16-29	24	01:00:27	01:29:57.35	02:30:25.00	+00:36:56 (41.1%)	8:59	6.7 (59.3%)
102	KUŹMIŃSKA Weronika	696		K1 16-29	25	01:42:59	01:30:29.60	03:13:29.50	+00:37:29 (41.4%)	9:02	6.6 (58.4%)
103	DZIEDZINA Roksana	708	KLUB SPORTOWY FITNESS	K2 30-39	45	00:14:09	01:30:30.75	01:44:40.65	+00:37:30 (41.4%)	9:03	6.6 (58.4%)
104	RUTKOWSKA Anna	648	WATAHA WAŁCZ	K4 50-59	9	00:44:32	01:30:37.35	02:15:09.55	+00:37:36 (41.5%)	9:03	6.6 (58.4%)
105	BIALOWOLSKA-MICHNIACKA Elwira	1125	IRON TEAM SZCZECIN	K2 30-39	46	00:06:10	01:30:43.80	01:36:54.65	+00:37:43 (41.6%)	9:04	6.6 (58.4%)
106	KAROL Monika	794	LOSZKI I WARCHLAKI	K1 16-29	26	00:07:31	01:30:44.75	01:38:16.60	+00:37:44 (41.6%)	9:04	6.6 (58.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
107	NOWAK Aneta	683	NORDICOWELOVE POLICE	K3 40-49	26	00:27:13	01:31:17.90	01:58:31.60	+00:38:17 (41.9%)	9:07	6.6 (58.4%)
108	BORODZIUK Magdalena	776	WOT	K3 40-49	27	00:45:40	01:31:25.80	02:17:05.95	+00:38:25 (42.0%)	9:08	6.6 (58.4%)
109	KULEWSKA Joanna	1097	NORDICOWELOVE POLICE	K3 40-49	28	00:27:05	01:31:26.35	01:58:31.40	+00:38:25 (42.0%)	9:08	6.6 (58.4%)
110	KAROLCZAK Magdalena	584	IHUHU TEAM	K3 40-49	29	00:10:32	01:31:40.05	01:42:12.75	+00:38:39 (42.2%)	9:10	6.5 (57.5%)
111	ANIELSKA Anna	893		K2 30-39	47	00:40:11	01:31:42.20	02:11:53.35	+00:38:41 (42.2%)	9:10	6.5 (57.5%)
112	SEŃ Agata	859		K2 30-39	48	00:40:07	01:31:47.10	02:11:54.70	+00:38:46 (42.2%)	9:10	6.5 (57.5%)
113	ZIELIŃSKA-RYŻ Katarzyna	970	DLL PARTNERS	K2 30-39	49	00:36:05	01:32:34.20	02:08:40.10	+00:39:33 (42.7%)	9:15	6.5 (57.5%)
114	STACH Sara	959		K1 16-29	27	01:12:14	01:32:50.35	02:45:05.10	+00:39:49 (42.9%)	9:17	6.5 (57.5%)
115	PERROT Magdalena	688	WILKI Z CIECHOCINKA	K3 40-49	30	00:27:19	01:33:11.70	02:00:31.40	+00:40:11 (43.1%)	9:19	6.4 (56.6%)
116	BANAŚ Anna	981	DLL PARTNERS	K2 30-39	50	00:35:07	01:33:23.70	02:08:31.20	+00:40:23 (43.2%)	9:20	6.4 (56.6%)
117	BIAŁOWĄS Alicja	785		K2 30-39	51	00:46:52	01:33:28.80	02:20:21.35	+00:40:28 (43.3%)	9:20	6.4 (56.6%)
118	CHROBOCIŃSKA Elżbieta	820		K4 50-59	10	00:14:15	01:33:30.35	01:47:46.30	+00:40:29 (43.3%)	9:21	6.4 (56.6%)
119	PUFF Agata	987	DLL PARTNERS	K2 30-39	52	00:35:04	01:33:33.30	02:08:37.90	+00:40:32 (43.3%)	9:21	6.4 (56.6%)
120	SZAJEK Marta	1055	HULK TEAM POLICE	K3 40-49	31	01:21:35	01:33:55.80	02:55:31.20	+00:40:55 (43.6%)	9:23	6.4 (56.6%)
121	HAJDUKIEWICZ Anna	928		K3 40-49	32	00:10:25	01:34:34.65	01:45:00.50	+00:41:34 (44.0%)	9:27	6.3 (55.8%)
122	KAROL Agnieszka	795	LOSZKI I WARCHLAKI	K3 40-49	33	00:07:35	01:34:36.20	01:42:11.25	+00:41:35 (44.0%)	9:27	6.3 (55.8%)
123	KOSMAL-BRZYCHCY Agnieszka	946		K3 40-49	34	00:10:36	01:34:44.05	01:45:20.20	+00:41:43 (44.0%)	9:28	6.3 (55.8%)
124	ULASS Agnieszka	788		K3 40-49	35	00:53:23	01:35:12.70	02:28:35.85	+00:42:12 (44.3%)	9:31	6.3 (55.8%)
125	BANASIAK Adrianna	1067		K2 30-39	53	00:03:43	01:35:19.45	01:39:02.90	+00:42:19 (44.4%)	9:31	6.3 (55.8%)
126	OSTROWSKA Ewa	1068		K1 16-29	28	00:03:37	01:35:25.25	01:39:02.50	+00:42:24 (44.4%)	9:32	6.3 (55.8%)
127	WIELGUS-ULATOWSKA Joanna	942	HELLS HEAVEN SZCZECIN	K2 30-39	54	01:53:15	01:35:50.30	03:29:05.50	+00:42:49 (44.7%)	9:35	6.3 (55.8%)
128	KUPNIEWSKA Aleksandra	620	KOMPAS TEAM	K2 30-39	55	00:21:42	01:36:18.55	01:58:00.80	+00:43:18 (45.0%)	9:37	6.2 (54.9%)
129	ADAM Kamila	972	DLL PARTNERS	K2 30-39	56	00:29:11	01:37:04.20	02:06:16.15	+00:44:03 (45.4%)	9:42	6.2 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
130	MAŁKOWSKA Ewa	878		K3 40-49	36	01:55:13	01:39:19.55	03:34:32.60	+00:46:19 (46.6%)	9:55	6 (53.1%)
131	MISIASZEK Beata	1037		K4 50-59	11	01:19:04	01:40:14.10	02:59:18.65	+00:47:13 (47.1%)	10:01	6 (53.1%)
132	STEMPNIAK Katarzyna	674	REBELS LEGION TEAM	K2 30-39	57	00:10:53	01:40:55.15	01:51:48.75	+00:47:54 (47.5%)	10:05	5.9 (52.2%)
133	KUCHARCZYK Elżbieta	763	RUN GRYF	K3 40-49	37	00:36:39	01:41:07.40	02:17:47.35	+00:48:06 (47.6%)	10:06	5.9 (52.2%)
134	LIŚKIEWICZ Katarzyna	971	DLL PARTNERS	K3 40-49	38	00:29:09	01:42:42.10	02:11:51.35	+00:49:41 (48.4%)	10:16	5.8 (51.3%)
135	PRABUCKA Karolina	1127	UKL ÓSEMKA POLICE	K3 40-49	39	00:07:09	01:43:12.90	01:50:22.10	+00:50:12 (48.6%)	10:19	5.8 (51.3%)
136	RUBAJ Anna	684		K2 30-39	58	00:07:48	01:44:45.50	01:52:33.85	+00:51:45 (49.4%)	10:28	5.7 (50.4%)
137	PIERŚCIŃSKA Marzena	920		K3 40-49	40	00:07:51	01:44:48.85	01:52:39.95	+00:51:48 (49.4%)	10:28	5.7 (50.4%)
138	GÓRSKA Agnieszka	685	NORDICOWELOVE POLICE	K3 40-49	41	00:07:45	01:44:50.45	01:52:36.05	+00:51:50 (49.4%)	10:29	5.7 (50.4%)
139	TOMASZEWSKA Beata	851		K2 30-39	59	00:07:42	01:44:51.15	01:52:33.60	+00:51:50 (49.4%)	10:29	5.7 (50.4%)
140	KRÓL Magdalena	922		K2 30-39	60	00:13:22	01:44:54.90	01:58:17.30	+00:51:54 (49.5%)	10:29	5.7 (50.4%)
141	KRUSZEWICZ-KOWALEWSKA Alina	1258	AMPIO SMART HOME	K3 40-49	42	00:02:22	01:45:21.55	01:47:43.60	+00:52:21 (49.7%)	10:32	5.7 (50.4%)
142	MICHALSKA Karolina	588	KOMPAS TEAM	K1 16-29	29	00:21:45	01:50:19.40	02:12:04.70	+00:57:18 (52.0%)	11:01	5.4 (47.8%)
143	PŁOSA Monika	765		K2 30-39	61	00:42:41	01:50:59.70	02:33:41.60	+00:57:59 (52.2%)	11:05	5.4 (47.8%)
144	HAŁAS Renata	704	SZYBCIEJ NIE MOGE	K4 50-59	12	00:06:39	01:51:36.90	01:58:16.10	+00:58:36 (52.5%)	11:09	5.4 (47.8%)
145	GORYŃSKA Daria	950		K1 16-29	30	00:01:56	01:54:09.70	01:56:06.45	+01:01:09 (53.6%)	11:24	5.3 (46.9%)
146	STACHOWIAK Monika	992		K3 40-49	43	00:35:11	02:01:45.50	02:36:56.95	+01:08:45 (56.5%)	12:10	4.9 (43.4%)
147	PUZIO Hanna	783		K2 30-39	62	00:46:49	02:12:32.65	02:59:22.05	+01:19:32 (60.0%)	13:15	4.5 (39.8%)
148	PUZIO Joanna	784		K2 30-39	63	00:46:45	02:12:37.15	02:59:23.00	+01:19:36 (60.0%)	13:15	4.5 (39.8%)
149	KOŁACZYŃSKA Monika	625		K3 40-49	44	00:21:22	02:13:44.40	02:35:06.45	+01:20:43 (60.4%)	13:22	4.5 (39.8%)
150	NOWAK Marta	1064		K2 30-39	64	00:08:49			+	0:11	315.8 (2,794.7%)
151	WANTUCH Marzena	917	DZIKI WEEKEND	K2 30-39	65	00:01:34			+00:04:18	6:00	10 (88.5%)
152	CICHECKA Joanna	836	NORDICOWELOVE	K4 50-59	13	00:11:03			+00:42:02	13:33	4.4 (38.9%)
	GÓRNIAK Joanna	1069		K4 50-59		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 153 wynik(ów)