



## BIEG SZLAKIEM DZIKA

B4SPORT

**Event:** Dziki Weekend 2021  
**Organiser:** Stowarzyszenie Klub Biegowy Dzik  
**Date:** 2021-08-21  
**Place:** Police  
**Distance:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: Przejazdowe Mistrzostwa Polski Strażaków Mężczyzn

Place	Participant	Number	Club	Category	MCat	Start time	Loop 5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>BARAŃSKI Przemysław</b>	<b>381</b>	KMPSP SZCZECIN / MLUKS TRZEBIATÓW	M1 16-29	2	00:00:02	00:21:07	<b>00:42:56.90</b>	<b>00:42:59.40</b>		4:17	14 (100%)
2	<b>PLESNER Krzysztof</b>	<b>377</b>	JRG 3 SZCZECIN	M3 40-49	1	00:00:02	00:21:48	<b>00:44:19.50</b>	<b>00:44:22.05</b>	+00:01:22 (3.1%)	4:25	13.5 (96.4%)
3	<b>TOMCZYK Tomasz</b>	<b>48</b>	KMPSP SZCZECIN	M2 30-39	5	00:00:04	00:24:21	<b>00:48:58.80</b>	<b>00:49:03.10</b>	+00:06:01 (12.3%)	4:53	12.3 (87.9%)
4	<b>GRYGORCEWICZ Jan</b>	<b>106</b>	POLICE	M4 50-59	2	00:00:04	00:24:26	<b>00:49:33.30</b>	<b>00:49:37.50</b>	+00:06:36 (13.3%)	4:57	12.1 (86.4%)
5	<b>GOŁĘBIEWSKI Tomasz</b>	<b>102</b>	PSP SZCZECIN	M2 30-39	17	00:00:04	00:27:16	<b>00:54:16.65</b>	<b>00:54:21.15</b>	+00:11:19 (20.9%)	5:25	11.1 (79.3%)
6	<b>PASIKOWSKI Kamil</b>	<b>644</b>	SKB DZIK	M1 16-29	5	00:00:04	00:26:10	<b>00:55:05.45</b>	<b>00:55:09.45</b>	+00:12:08 (22.0%)	5:30	10.9 (77.9%)
7	<b>ŚWIERCZ Dariusz</b>	<b>173</b>	DECATHLON PIŁA	M4 50-59	12	00:00:16	00:34:46	<b>01:12:01.40</b>	<b>01:12:17.95</b>	+00:29:04 (40.4%)	7:12	8.3 (59.3%)
8	<b>HNAT Rafał</b>	<b>146</b>	DECATHLON PIŁA	M3 40-49	44	00:00:22	00:34:35	<b>01:18:42.95</b>	<b>01:19:05.80</b>	+00:35:46 (45.4%)	7:52	7.6 (54.3%)

Total 8 results.