

# BIEG TROJAK TRAIL - 10 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2020-07-19  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Punkt pomiarowy: 5,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	C1 3.7km	C1 5.8km
1	<b>BUDZIEWSKA Katarzyna</b>	<b>8104</b>		Senior II K - 30	00:26:45	00:40:55
2	<b>HOJA Joanna</b>	<b>8186</b>	ALPIN SPORT HOKA ONE ONE TEAM	Senior II K - 30	00:27:18	00:42:38
3	<b>KORCZYŃSKA Agata</b>	<b>8292</b>		Senior II K - 30	00:28:47	00:44:50
4	<b>ROZNIERSKA Dagmara</b>	<b>8225</b>	KB SOBÓTKA	Senior II K - 30	00:29:37	00:45:07
5	<b>FRYBES Agnieszka</b>	<b>8379</b>	FUNDACJA KIERUNEK ULTRA	Senior II K - 30	00:31:47	00:48:56
6	<b>SEMENIUK Marzena</b>	<b>8336</b>	KOTWICA BRZEG	Senior II K - 30	00:32:52	00:51:01
7	<b>BESZTOCHA Jadwiga</b>	<b>8056</b>	ZEN RUNNING TEAM	Senior II K - 30	00:32:17	00:51:05
8	<b>WACHOWSKA Katarzyna</b>	<b>8091</b>	SMOK TRÓJGŁOWY	Senior II K - 30	00:34:28	00:52:13
9	<b>CIEŚLIŃSKA Katarzyna</b>	<b>8146</b>		Senior II K - 30	00:33:32	00:53:18
10	<b>CIEŚLAK Magdalena</b>	<b>8302</b>	CIEŚLAK TEAM	Senior II K - 30	00:34:03	00:53:56
11	<b>SKAWINA Krystyna</b>	<b>8026</b>	TOPOLICE TEAM	Senior II K - 30	00:35:18	00:54:07
12	<b>MAZIAREK Adela</b>	<b>8009</b>		Senior II K - 30	00:35:11	00:54:08
13	<b>SKAWINA POŁĘC Anna</b>	<b>8286</b>		Senior II K - 30	00:35:15	00:54:19
14	<b>GŁÓWKA Barbara</b>	<b>8284</b>		Senior II K - 30	00:35:04	00:55:03
15	<b>GŁUCHOWSKA Ewelina</b>	<b>8293</b>		Senior II K - 30	00:35:03	00:55:09
16	<b>OCHEJ Joanna</b>	<b>8376</b>	APTENEO RUNNING TEAM	Senior II K - 30	00:35:03	00:55:36
17	<b>ADAMSKA Sylwia</b>	<b>8275</b>		Senior II K - 30	00:36:29	00:56:48
18	<b>BIŃCZARSKA Monika</b>	<b>8015</b>		Senior II K - 30	00:33:59	00:56:48
19	<b>PUCHALSKA Magdalena</b>	<b>8089</b>		Senior II K - 30	00:37:23	00:57:03
20	<b>BŁAŻKÓW Gosia</b>	<b>8388</b>		Senior II K - 30	00:34:11	00:58:03
21	<b>HOTAŁA Marta</b>	<b>8238</b>		Senior II K - 30	00:35:47	00:58:11
22	<b>PIATEK Magdalena</b>	<b>8237</b>	PROGRES	Senior II K - 30	00:34:11	00:58:37
23	<b>SŁODKIEWICZ Dagmara</b>	<b>8223</b>		Senior II K - 30	00:37:21	00:58:57
24	<b>PAINTA Ewa</b>	<b>8402</b>		Senior II K - 30	00:36:39	00:59:32
25	<b>MATUKIN-SZUMLIŃSKA Aleksandra</b>	<b>8334</b>		Senior II K - 30	00:38:22	01:00:01
26	<b>TUREK Paulina</b>	<b>8128</b>	PRORUNNING PROMOTION	Senior II K - 30	00:37:46	01:00:13
27	<b>KUSTRA Klaudia</b>	<b>8207</b>		Senior II K - 30	00:37:24	01:00:15
28	<b>KORF Weronika</b>	<b>8058</b>		Senior II K - 30	00:39:44	01:00:55
29	<b>STĘPIEŃ Małgorzata</b>	<b>8246</b>		Senior II K - 30	00:38:33	01:01:59
30	<b>DZIEKOŃSKA Magdalena</b>	<b>8049</b>	KU PRZYGODZIE	Senior II K - 30	00:38:19	01:02:09

Msc	Zawodnik	Numer	Klub	Kategoria	C1 3.7km	C1 5.8km
31	<b>MARCINIAK Paulina</b>	<b>8209</b>		Senior II K - 30	00:38:40	01:02:28
32	<b>BREARD Emilie</b>	<b>8208</b>	TOUT CHAILLES COURT	Senior II K - 30	00:39:15	01:05:20
33	<b>BAJSAROWICZ Zuzanna</b>	<b>8201</b>		Senior II K - 30	00:42:12	01:05:22
34	<b>KIERAT Dominika</b>	<b>8306</b>		Senior II K - 30	00:41:24	01:05:35
35	<b>MALISZ Agnieszka</b>	<b>8322</b>		Senior II K - 30	00:44:00	01:07:11
36	<b>CYBULA Ewa</b>	<b>8138</b>	X-TEAM	Senior II K - 30	00:41:47	01:07:36
37	<b>RASZCZUK Martyna</b>	<b>8014</b>	POMIDOROWA ALTERNATYWA	Senior II K - 30	00:42:01	01:07:44
38	<b>LEWANDOWSKA Patrycja</b>	<b>8248</b>	TEAM KURORT ŁĄDEK-ZDRÓJ	Senior II K - 30	00:43:01	01:08:03
39	<b>NIESTERUK Paulina</b>	<b>8249</b>		Senior II K - 30	00:41:00	01:08:08
40	<b>JAGUSZEWSKA Agnieszka</b>	<b>8109</b>		Senior II K - 30	00:44:46	01:08:46
41	<b>RAJCZAK Monika</b>	<b>8166</b>		Senior II K - 30	00:43:04	01:09:22
42	<b>GÓRNA Małgorzata</b>	<b>8103</b>		Senior II K - 30	00:43:42	01:10:01
43	<b>SZPUREK Anna</b>	<b>8365</b>	BUKOWSKI KLUB BIEGACZA	Senior II K - 30	00:44:35	01:10:24
44	<b>PLUTA Michalina</b>	<b>8189</b>		Senior II K - 30	00:41:57	01:10:35
45	<b>MAJ Magdalena</b>	<b>8004</b>	GRAŻYŃKI OCR	Senior II K - 30	00:44:03	01:11:57
46	<b>DANYLOVA Alina</b>	<b>8271</b>		Senior II K - 30	00:46:10	01:12:01
47	<b>KOLBUS Julita</b>	<b>8236</b>		Senior II K - 30	00:44:46	01:12:35
48	<b>OGRODNIK Anna</b>	<b>8102</b>	ZAKOCHAJ SIE W BIEGANIU	Senior II K - 30	00:46:21	01:12:41
49	<b>SZWARGOT Marta</b>	<b>8119</b>	TARNOWO PODGÓRNE BIEGA / SPORTOWY KAŻMIERZ	Senior II K - 30	00:46:14	01:13:15
50	<b>LASEK Karina</b>	<b>8184</b>		Senior II K - 30	00:44:34	01:13:55
51	<b>STAWSKA-KISIAŁA Natalia</b>	<b>8083</b>		Senior II K - 30	00:46:06	01:14:37
52	<b>ŁUKASIK Natalia</b>	<b>8309</b>		Senior II K - 30	00:39:18	01:15:01
53	<b>MRÓZ Anna</b>	<b>8341</b>		Senior II K - 30	00:54:48	01:17:27
54	<b>MRÓZ Izabela</b>	<b>8338</b>	WOLNE ŚLIMAKI	Senior II K - 30	00:50:16	01:20:31
55	<b>WOLEK Dagmara</b>	<b>8229</b>		Senior II K - 30	00:49:53	01:21:56
56	<b>POSPIESZNA Anna</b>	<b>8224</b>		Senior II K - 30	00:51:18	01:22:25
57	<b>CZUBA Jadwiga</b>	<b>8314</b>		Senior II K - 30	00:54:40	01:29:23
58	<b>TUREK Monika</b>	<b>8381</b>		Senior II K - 30	00:54:50	01:29:35
59	<b>JAWORSKA-NIZIOŁ Magdalena</b>	<b>8093</b>		Senior II K - 30	01:18:33	02:03:18
60	<b>TALAREK JĘDRULAK Katarzyna</b>	<b>8234</b>	TELERANEK	Senior II K - 30	01:14:06	02:04:06

Znaleziono 60 wynik(ów)