



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2021-07-18  
Łądek-Zdrój  
10 km

## BIEG TROJAK TRAIL - 10 KM

B4SPORT

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	C1 3.7km	C1 5.8km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>SOLIŃSKA Katarzyna</b>	<b>8576</b>	SALOMON SUUNTO TEAM POLSKA	Senior II K - 30	1	00:22:05	00:33:33	<b>00:53:21.80</b>		5:20	11.2 (100%)
2	<b>KOCANDA Alina</b>	<b>8426</b>	RAJSPOORT ACTIVE	Senior II K - 30	2	00:23:42	00:35:39	<b>00:56:56.80</b>	+00:03:35 (6.3%)	5:41	10.5 (93.8%)
3	<b>KOWALIK Ewelina</b>	<b>8182</b>	FIZJOBIEGACZE SZCZECIN	Senior II K - 30	3	00:24:39	00:37:09	<b>00:58:46.55</b>	+00:05:24 (9.2%)	5:52	10.2 (91.1%)
4	<b>BIERNACKA Katarzyna</b>	<b>8161</b>	SBRT WROCŁAW	Senior II K - 30	4	00:26:37	00:39:44	<b>01:01:17.95</b>	+00:07:56 (12.9%)	6:07	9.8 (87.5%)
5	<b>BUDZIEWSKA Katarzyna</b>	<b>8174</b>	ŁAB ŁAGIEWNIKI	Senior II K - 30	5	00:26:27	00:39:51	<b>01:03:28.85</b>	+00:10:07 (15.9%)	6:20	9.5 (84.8%)
6	<b>SOBCZAK-PAŁASZEWSKA Karolina</b>	<b>8028</b>		Senior II K - 30	6	00:25:55	00:39:36	<b>01:03:36.85</b>	+00:10:15 (16.1%)	6:21	9.4 (83.9%)
7	<b>ULIKOWSKA Martyna</b>	<b>8481</b>	ZĄŁOGA GÓRSKA	Senior II K - 30	7	00:29:21	00:43:51	<b>01:07:44.95</b>	+00:14:23 (21.2%)	6:46	8.9 (79.5%)
8	<b>PASIK Kamila</b>	<b>8575</b>		Senior II K - 30	8	00:28:44	00:43:52	<b>01:08:40.70</b>	+00:15:18 (22.3%)	6:52	8.7 (77.7%)
9	<b>JAZ Joanna</b>	<b>8278</b>	RNB TEAM POLANICA ZDRÓJ	Senior II K - 30	9	00:28:31	00:43:48	<b>01:10:06.80</b>	+00:16:45 (23.9%)	7:00	8.6 (76.8%)
10	<b>BRZAKALA Katarzyna</b>	<b>8379</b>	PAN JAGODA TEAM	Senior II K - 30	10	00:29:51	00:45:13	<b>01:11:32.95</b>	+00:18:11 (25.4%)	7:09	8.4 (75.0%)
11	<b>ZAKRZEWICZ-PODLECKA Agnieszka</b>	<b>8007</b>	ROKIETNICA BIEGA	Senior II K - 30	11	00:31:03	00:45:50	<b>01:11:34.10</b>	+00:18:12 (25.4%)	7:09	8.4 (75.0%)
12	<b>FRYBES Agnieszka</b>	<b>8583</b>	FUNDACJA KIERUNEK ULTRA	Senior II K - 30	12	00:30:54	00:45:38	<b>01:11:48.80</b>	+00:18:27 (25.7%)	7:10	8.4 (75.0%)
13	<b>MAZIAREK Adela</b>	<b>8034</b>		Senior II K - 30	13	00:31:41	00:47:12	<b>01:14:12.15</b>	+00:20:50 (28.1%)	7:25	8.1 (72.3%)
14	<b>SZUMNY Nina</b>	<b>8558</b>		Senior II K - 30	14	00:32:18	00:47:56	<b>01:14:20.70</b>	+00:20:58 (28.2%)	7:26	8.1 (72.3%)
15	<b>TOMZA Iwona</b>	<b>8566</b>	SBRT WROCŁAW	Senior II K - 30	15	00:32:17	00:48:48	<b>01:15:37.50</b>	+00:22:15 (29.4%)	7:33	7.9 (70.5%)
16	<b>DROŻYŃSKA Iwona</b>	<b>8296</b>		Senior II K - 30	16	00:32:02	00:48:12	<b>01:15:49.35</b>	+00:22:27 (29.6%)	7:34	7.9 (70.5%)
17	<b>JARZĄBEK Magdalena</b>	<b>8115</b>	MRUNNERS	Senior II K - 30	17	00:32:31	00:49:24	<b>01:16:13.75</b>	+00:22:51 (30.0%)	7:37	7.9 (70.5%)
18	<b>FRĄCZYK Sabina</b>	<b>8599</b>	WIECZORNE BIEGANIE W OPOLU	Senior II K - 30	18	00:32:51	00:49:17	<b>01:17:50.15</b>	+00:24:28 (31.4%)	7:47	7.7 (68.8%)
19	<b>MATYSIK Marta</b>	<b>8283</b>	WYZNAWCY BRONKA LIBIĄŻ	Senior II K - 30	19	00:32:57	00:50:05	<b>01:19:04.75</b>	+00:25:42 (32.5%)	7:54	7.6 (67.9%)
20	<b>GĄSOWSKA Ula</b>	<b>8347</b>		Senior II K - 30	20	00:33:59	00:51:55	<b>01:20:22.60</b>	+00:27:00 (33.6%)	8:02	7.5 (67.0%)
21	<b>MACIEJOWSKA Alicja</b>	<b>8436</b>		Senior II K - 30	21	00:34:16	00:51:05	<b>01:20:40.05</b>	+00:27:18 (33.8%)	8:04	7.4 (66.1%)
22	<b>PILICH-ZAREMBA Magdalena</b>	<b>8190</b>		Senior II K - 30	22	00:33:32	00:52:50	<b>01:21:40.40</b>	+00:28:18 (34.7%)	8:10	7.3 (65.2%)
23	<b>KOMAR Eliza</b>	<b>8217</b>		Senior II K - 30	23	00:33:01	00:50:34	<b>01:22:03.40</b>	+00:28:41 (35.0%)	8:12	7.3 (65.2%)
24	<b>DEREŃ Agata</b>	<b>8595</b>		Senior II K - 30	24	00:34:52	00:52:33	<b>01:22:13.75</b>	+00:28:51 (35.1%)	8:13	7.3 (65.2%)
25	<b>CURULO Maria</b>	<b>8300</b>	BAKALOVE	Senior II K - 30	25	00:33:37	00:52:26	<b>01:23:10.00</b>	+00:29:48 (35.8%)	8:19	7.2 (64.3%)
26	<b>RATAJCZYK Katarzyna</b>	<b>8290</b>		Senior II K - 30	26	00:32:16	00:53:04	<b>01:23:16.75</b>	+00:29:54 (35.9%)	8:19	7.2 (64.3%)
27	<b>SKAWINA Krystyna</b>	<b>8176</b>	TOPOLICE TEAM	Senior II K - 30	27	00:34:37	00:52:47	<b>01:23:38.80</b>	+00:30:17 (36.2%)	8:21	7.2 (64.3%)
28	<b>TYLKA Gosia</b>	<b>8458</b>		Senior II K - 30	28	00:35:27	00:53:23	<b>01:23:48.85</b>	+00:30:27 (36.3%)	8:22	7.2 (64.3%)
29	<b>MATUKIN-SZUMLIŃSKA Aleksandra</b>	<b>8567</b>		Senior II K - 30	29	00:34:52	00:52:46	<b>01:24:21.65</b>	+00:30:59 (36.7%)	8:26	7.1 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	C1		Czas netto		Różn	Tempo min/km	Tempo km/h
						3.7km	5.8km	10km				
30	<b>MALESZKA-BAGIŃSKA Kinga</b>	<b>8227</b>	GRUPA BIEGOWA MELO-ŚMIACZ	Senior II K - 30	30	00:36:28	00:54:49	<b>01:24:49.60</b>	+00:31:27 (37.1%)	8:28	7.1 (63.4%)	
31	<b>SKAWINA-POŁĘĆ Anna</b>	<b>8279</b>	TOPOLICE TEAM	Senior II K - 30	31	00:36:13	00:55:54	<b>01:25:18.45</b>	+00:31:56 (37.4%)	8:31	7 (62.5%)	
32	<b>PASTWA Katarzyna</b>	<b>8511</b>		Senior II K - 30	32	00:35:19	00:54:08	<b>01:25:44.55</b>	+00:32:22 (37.8%)	8:34	7 (62.5%)	
33	<b>CHĘCIŃSKA Dorota</b>	<b>8499</b>		Senior II K - 30	33	00:36:49	00:55:04	<b>01:25:59.00</b>	+00:32:37 (37.9%)	8:35	7 (62.5%)	
34	<b>KRALIK Sylwia</b>	<b>8403</b>		Senior II K - 30	34	00:35:56	00:55:25	<b>01:26:06.95</b>	+00:32:45 (38.0%)	8:36	7 (62.5%)	
35	<b>MARCINKOWSKA Anita</b>	<b>8140</b>	POMIOTY SZATANA	Senior II K - 30	35	00:36:31	00:55:08	<b>01:26:08.90</b>	+00:32:47 (38.1%)	8:36	7 (62.5%)	
36	<b>KULAK Paulina</b>	<b>8526</b>	OBORYGENI	Senior II K - 30	36	00:36:09	00:54:56	<b>01:26:14.65</b>	+00:32:52 (38.1%)	8:37	7 (62.5%)	
37	<b>SOBCZAK Megi</b>	<b>8441</b>		Senior II K - 30	37	00:38:08	00:56:53	<b>01:26:15.35</b>	+00:32:53 (38.1%)	8:37	7 (62.5%)	
38	<b>MATYNIAK Barbara</b>	<b>8282</b>	WYZNAWCY BRONKA LIBIĄŻ	Senior II K - 30	38	00:35:31	00:54:52	<b>01:27:42.65</b>	+00:34:20 (39.2%)	8:46	6.8 (60.7%)	
39	<b>STASZKOWIAN Magda</b>	<b>8357</b>	ŁAB	Senior II K - 30	39	00:35:34	00:54:34	<b>01:28:04.65</b>	+00:34:42 (39.4%)	8:48	6.8 (60.7%)	
40	<b>WYSZYŃSKA Agnieszka</b>	<b>8225</b>		Senior II K - 30	40	00:36:32	00:55:18	<b>01:29:08.65</b>	+00:35:46 (40.1%)	8:54	6.7 (59.8%)	
41	<b>KOŚCIÓŁEK Jadwiga</b>	<b>8467</b>		Senior II K - 30	41	00:35:32	00:57:40	<b>01:29:38.25</b>	+00:36:16 (40.5%)	8:57	6.7 (59.8%)	
42	<b>SZUSTER Kasia</b>	<b>8048</b>	BIEGANIE NA ŚNIADANIE	Senior II K - 30	42	00:36:56	00:57:23	<b>01:29:46.95</b>	+00:36:25 (40.6%)	8:58	6.7 (59.8%)	
43	<b>MAZUR Agnieszka</b>	<b>8312</b>		Senior II K - 30	43	00:38:27	00:58:05	<b>01:30:28.80</b>	+00:37:07 (41.0%)	9:02	6.6 (58.9%)	
44	<b>MOŻEJKO Jadwiga</b>	<b>8130</b>		Senior II K - 30	44	00:36:57	00:58:01	<b>01:30:48.65</b>	+00:37:26 (41.2%)	9:04	6.6 (58.9%)	
45	<b>BELTER Agnieszka</b>	<b>8159</b>		Senior II K - 30	45	00:37:53	00:58:27	<b>01:30:57.35</b>	+00:37:35 (41.3%)	9:05	6.6 (58.9%)	
46	<b>KUGLER Kamila</b>	<b>8474</b>		Senior II K - 30	46	00:37:27	00:59:15	<b>01:31:41.85</b>	+00:38:20 (41.8%)	9:10	6.5 (58.0%)	
47	<b>JURKIEWICZ Dominika</b>	<b>8196</b>	PROGRES	Senior II K - 30	47	00:38:34	00:59:39	<b>01:31:44.25</b>	+00:38:22 (41.8%)	9:10	6.5 (58.0%)	
48	<b>TOPOLEWSKA Agnieszka</b>	<b>8330</b>		Senior II K - 30	48	00:39:53	00:59:38	<b>01:31:56.00</b>	+00:38:34 (42.0%)	9:11	6.5 (58.0%)	
49	<b>DWORZAŃSKA - GUL Anna</b>	<b>8285</b>		Senior II K - 30	49	00:38:32	00:58:47	<b>01:32:45.10</b>	+00:39:23 (42.5%)	9:16	6.5 (58.0%)	
50	<b>RZAŚA Marta</b>	<b>8411</b>		Senior II K - 30	50	00:38:40	00:58:59	<b>01:33:00.55</b>	+00:39:38 (42.6%)	9:18	6.5 (58.0%)	
51	<b>BEM Jolanta</b>	<b>8072</b>		Senior II K - 30	51	00:37:47	00:57:35	<b>01:33:24.55</b>	+00:40:02 (42.9%)	9:20	6.4 (57.1%)	
52	<b>NOGA Olga</b>	<b>8264</b>		Senior II K - 30	52	00:38:20	00:59:33	<b>01:33:48.75</b>	+00:40:26 (43.1%)	9:22	6.4 (57.1%)	
53	<b>DZIERGWA Agnieszka</b>	<b>8561</b>	PRZEDWOJEWSKI TEAM	Senior II K - 30	53	00:39:49	01:00:33	<b>01:34:05.30</b>	+00:40:43 (43.3%)	9:24	6.4 (57.1%)	
54	<b>KUTYCKA KUREK Elżbieta</b>	<b>8171</b>	CHOJRAK TEAM WROCŁAW	Senior II K - 30	54	00:37:16	00:57:52	<b>01:34:23.30</b>	+00:41:01 (43.5%)	9:26	6.4 (57.1%)	
55	<b>GAWRECKA Beata</b>	<b>8164</b>	JUTROSIŃSKI KLUB BIEGACZY	Senior II K - 30	55	00:39:42	01:01:36	<b>01:34:49.85</b>	+00:41:28 (43.7%)	9:28	6.3 (56.3%)	
56	<b>WARYSZAK Joanna</b>	<b>8301</b>	BAKALOVE	Senior II K - 30	56	00:36:40	00:57:18	<b>01:34:53.10</b>	+00:41:31 (43.8%)	9:29	6.3 (56.3%)	
57	<b>MATAK Kinga</b>	<b>8111</b>	MAMERO	Senior II K - 30	57	00:39:37	01:01:00	<b>01:35:19.90</b>	+00:41:58 (44.0%)	9:31	6.3 (56.3%)	
58	<b>RZEPKA Joanna</b>	<b>8015</b>		Senior II K - 30	58	00:38:50	01:00:58	<b>01:35:43.15</b>	+00:42:21 (44.3%)	9:34	6.3 (56.3%)	
59	<b>MAKOWCZYŃSKA Agata</b>	<b>8109</b>	OBORYGENI	Senior II K - 30	59	00:40:28		<b>01:36:11.00</b>	+00:42:49 (44.5%)	9:37	6.2 (55.4%)	
60	<b>ANTKOWIAK-BRONOWICKA Agnieszka</b>	<b>8453</b>	DRUŻYNA SZPIKU, ŻÓŁW I ZAJĄC	Senior II K - 30	60	00:38:06	01:00:17	<b>01:36:29.70</b>	+00:43:07 (44.7%)	9:38	6.2 (55.4%)	
61	<b>KUKUŁA Karolina</b>	<b>8550</b>		Senior II K - 30	61	00:38:17	01:00:10	<b>01:36:47.65</b>	+00:43:25 (44.9%)	9:40	6.2 (55.4%)	
62	<b>KORGÓL Anna</b>	<b>8195</b>	RUN WISZNIA RUN	Senior II K - 30	62	00:40:30	01:01:38	<b>01:37:39.00</b>	+00:44:17 (45.4%)	9:45	6.1 (54.5%)	
63	<b>ALEXEENKOVA Tatyana</b>	<b>8484</b>		Senior II K - 30	63	00:40:06	01:02:46	<b>01:37:43.40</b>	+00:44:21 (45.4%)	9:46	6.1 (54.5%)	
64	<b>PIGŁA Maja</b>	<b>8236</b>	SPORTOWY KAŻMIERZ	Senior II K - 30	64	00:40:23	01:03:25	<b>01:38:02.20</b>	+00:44:40 (45.6%)	9:48	6.1 (54.5%)	
65	<b>POLNIK Klaudia</b>	<b>8314</b>		Senior II K - 30	65	00:39:06	01:02:39	<b>01:38:33.75</b>	+00:45:11 (45.9%)	9:51	6.1 (54.5%)	
66	<b>CZAJA Agnieszka</b>	<b>8266</b>		Senior II K - 30	66	00:41:36	01:03:58	<b>01:38:42.60</b>	+00:45:20 (45.9%)	9:52	6.1 (54.5%)	
67	<b>JUREWICZ Agata</b>	<b>8267</b>	VEGE RUNNERS	Senior II K - 30	67	00:41:37	01:03:38	<b>01:38:53.60</b>	+00:45:31 (46.0%)	9:53	6.1 (54.5%)	
68	<b>KACZMAREK Anna</b>	<b>8451</b>		Senior II K - 30	68	00:40:29	01:02:35	<b>01:38:55.75</b>	+00:45:33 (46.1%)	9:53	6.1 (54.5%)	
69	<b>BUJAK Dagmara</b>	<b>8348</b>		Senior II K - 30	69	00:39:58	01:01:52	<b>01:38:59.35</b>	+00:45:37 (46.1%)	9:53	6.1 (54.5%)	
70	<b>HYLIŃSKA Hanna</b>	<b>8020</b>	KOMU CZEMU	Senior II K - 30	70	00:40:23	01:01:33	<b>01:39:13.60</b>	+00:45:51 (46.2%)	9:55	6 (53.6%)	
71	<b>RASZKOWSKA Emilia</b>	<b>8395</b>	ŚLĘZAK TEAM	Senior II K - 30	71	00:42:05	01:04:34	<b>01:39:36.55</b>	+00:46:14 (46.4%)	9:57	6 (53.6%)	
72	<b>SERWACKA Dominika</b>	<b>8500</b>	STAŁOWOWOLSKI KLUB BIEGACZA	Senior II K - 30	72	00:39:10	01:03:22	<b>01:39:37.90</b>	+00:46:16 (46.4%)	9:57	6 (53.6%)	
73	<b>PIWOWARCZYK Kamila</b>	<b>8397</b>	DZIABONG TEAM	Senior II K - 30	73	00:41:14	01:04:33	<b>01:40:04.15</b>	+00:46:42 (46.7%)	10:00	6 (53.6%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	C1		Czas netto 10km	Różn	Tempo min/km	Tempo km/h
						3.7km	5.8km				
74	<b>ŚMICHURSKA Malwina</b>	<b>8385</b>	FIZJOTERAPIA BIEGACZA	Senior II K - 30	74	00:41:14	01:04:33	<b>01:40:04.25</b>	+00:46:42 (46.7%)	10:00	6 (53.6%)
75	<b>RADWAN Anna</b>	<b>8103</b>	TARNOWO PODGÓRNE BIEGA	Senior II K - 30	75	00:41:53	01:04:32	<b>01:40:34.80</b>	+00:47:13 (46.9%)	10:03	6 (53.6%)
76	<b>BURZYŃSKA Emilia</b>	<b>8222</b>	MAMY-BIEGAMY	Senior II K - 30	76	00:41:26	01:03:48	<b>01:40:50.75</b>	+00:47:28 (47.1%)	10:05	6 (53.6%)
77	<b>JASIŃSKA Marzena</b>	<b>8172</b>		Senior II K - 30	77	00:41:22	01:04:21	<b>01:41:21.80</b>	+00:48:00 (47.4%)	10:08	5.9 (52.7%)
78	<b>KRAWCZAK Karolina</b>	<b>8053</b>		Senior II K - 30	78	00:40:38	01:03:30	<b>01:41:28.15</b>	+00:48:06 (47.4%)	10:08	5.9 (52.7%)
79	<b>IGNASIAK Marta</b>	<b>8272</b>		Senior II K - 30	79	00:41:33	01:04:01	<b>01:41:42.35</b>	+00:48:20 (47.5%)	10:10	5.9 (52.7%)
80	<b>KUMASZKA Anna</b>	<b>8449</b>	DOLNY ŚLĄSK	Senior II K - 30	80	00:41:08	01:02:54	<b>01:42:12.30</b>	+00:48:50 (47.8%)	10:13	5.9 (52.7%)
81	<b>GRZELKA-ZEMBATY Katarzyna</b>	<b>8175</b>		Senior II K - 30	81	00:41:14	01:04:03	<b>01:42:17.70</b>	+00:48:55 (47.8%)	10:13	5.9 (52.7%)
82	<b>MRÓZ Anna</b>	<b>8288</b>		Senior II K - 30	82	01:04:09		<b>01:42:41.25</b>	+00:49:19 (48.0%)	10:16	5.8 (51.8%)
83	<b>JOŃCZYK Beata</b>	<b>8602</b>	BIEG OPOLSKI	Senior II K - 30	83	00:43:39	01:06:21	<b>01:43:09.60</b>	+00:49:47 (48.3%)	10:18	5.8 (51.8%)
84	<b>KULESZA Dagmara</b>	<b>8079</b>		Senior II K - 30	84	00:40:51	01:04:44	<b>01:44:22.75</b>	+00:51:00 (48.9%)	10:26	5.7 (50.9%)
85	<b>BARYSKA Basia</b>	<b>8370</b>		Senior II K - 30	85	00:44:03	01:05:39	<b>01:45:43.40</b>	+00:52:21 (49.5%)	10:34	5.7 (50.9%)
86	<b>MIKICKA Monika</b>	<b>8346</b>		Senior II K - 30	86	00:43:29	01:07:02	<b>01:46:36.60</b>	+00:53:14 (49.9%)	10:39	5.6 (50.0%)
87	<b>KIECOŃ Maria</b>	<b>8374</b>		Senior II K - 30	87	00:43:11	01:08:09	<b>01:49:12.05</b>	+00:55:50 (51.1%)	10:55	5.5 (49.1%)
88	<b>BLICHERT Anna</b>	<b>8335</b>	I DON'T KURWA CARE	Senior II K - 30	88	00:47:06	01:08:40	<b>01:49:13.90</b>	+00:55:52 (51.1%)	10:55	5.5 (49.1%)
89	<b>ZAJĄC Paulina</b>	<b>8085</b>		Senior II K - 30	89	00:45:40	01:09:55	<b>01:49:28.00</b>	+00:56:06 (51.3%)	10:56	5.5 (49.1%)
90	<b>SOŁYGA Magdalena</b>	<b>8212</b>		Senior II K - 30	90	00:44:09	01:09:36	<b>01:51:10.30</b>	+00:57:48 (52.0%)	11:07	5.4 (48.2%)
91	<b>SMORAWSKA Lidia</b>	<b>8189</b>	TARNOWO PODGÓRNE BIEGA	Senior II K - 30	91	00:45:55	01:10:54	<b>01:51:29.00</b>	+00:58:07 (52.1%)	11:08	5.4 (48.2%)
92	<b>SOŁTYS Ewelina</b>	<b>8342</b>		Senior II K - 30	92	00:41:39	01:08:19	<b>01:51:36.65</b>	+00:58:14 (52.2%)	11:09	5.4 (48.2%)
93	<b>MYSŁOWSKA Agnieszka</b>	<b>8408</b>		Senior II K - 30	93	00:43:37	01:08:39	<b>01:52:25.65</b>	+00:59:03 (52.5%)	11:14	5.3 (47.3%)
94	<b>PLAZIŃSKA Agnieszka</b>	<b>8416</b>	FLEXLINK RUNNING TEAM	Senior II K - 30	94	01:11:03		<b>01:53:41.45</b>	+01:00:19 (53.1%)	11:22	5.3 (47.3%)
95	<b>LEMBICZ Agnieszka</b>	<b>8415</b>	FLEXLINK RUNNING TEAM	Senior II K - 30	95	00:44:41	01:11:06	<b>01:53:41.60</b>	+01:00:19 (53.1%)	11:22	5.3 (47.3%)
96	<b>SZYMAŃSKA Katarzyna</b>	<b>8157</b>		Senior II K - 30	96	00:45:37	01:11:10	<b>01:54:26.05</b>	+01:01:04 (53.4%)	11:26	5.2 (46.4%)
97	<b>CHODERA Ewelina</b>	<b>8160</b>		Senior II K - 30	97	00:42:49	01:10:30	<b>01:56:07.80</b>	+01:02:46 (54.0%)	11:36	5.2 (46.4%)
98	<b>DUBIŃSKA Magdalena</b>	<b>8142</b>		Senior II K - 30	98	00:47:55	01:13:01	<b>01:58:50.35</b>	+01:05:28 (55.1%)	11:53	5 (44.6%)
99	<b>KUTNA Agnieszka</b>	<b>8565</b>	ALUSIAKI	Senior II K - 30	99	00:48:48	01:16:13	<b>01:59:09.95</b>	+01:05:48 (55.2%)	11:54	5 (44.6%)
100	<b>KICZKA Maria</b>	<b>8036</b>	ROKIETNICA BIEGA	Senior II K - 30	100	00:46:23	01:18:58	<b>02:03:46.50</b>	+01:10:24 (56.9%)	12:22	4.8 (42.9%)
101	<b>LASEK Karina</b>	<b>8039</b>		Senior II K - 30	101	00:51:29	01:19:10	<b>02:04:10.35</b>	+01:10:48 (57.0%)	12:25	4.8 (42.9%)
102	<b>MAJCHRZYCKA Agnieszka</b>	<b>8498</b>	TKKF MPK POZNAŃ	Senior II K - 30	102	00:52:00	01:19:07	<b>02:05:12.05</b>	+01:11:50 (57.4%)	12:31	4.8 (42.9%)
103	<b>BATURA Magdalena</b>	<b>8349</b>	TKKF MPK POZNAŃ	Senior II K - 30	103	00:51:59	01:19:07	<b>02:05:12.15</b>	+01:11:50 (57.4%)	12:31	4.8 (42.9%)
104	<b>ZJAWIN Katarzyna</b>	<b>8107</b>		Senior II K - 30	104	00:47:07	01:17:35	<b>02:05:23.30</b>	+01:12:01 (57.4%)	12:32	4.8 (42.9%)
105	<b>JANICKA Danuta</b>	<b>8494</b>	SZYBKIE I WŚCIEKŁY	Senior II K - 30	105	00:47:34	01:16:03	<b>02:06:16.10</b>	+01:12:54 (57.7%)	12:37	4.8 (42.9%)
106	<b>PIEKARCZYK Katarzyna</b>	<b>8490</b>	SZYBKIE I WŚCIEKŁY	Senior II K - 30	106	00:47:38	01:16:05	<b>02:06:19.70</b>	+01:12:57 (57.8%)	12:37	4.7 (42.0%)
107	<b>CHYBICKA Magdalena</b>	<b>8367</b>		Senior II K - 30	107	00:49:08	01:17:31	<b>02:07:47.00</b>	+01:14:25 (58.2%)	12:46	4.7 (42.0%)
108	<b>CZYŻAK Justyna</b>	<b>8574</b>		Senior II K - 30	108	00:49:07	01:17:30	<b>02:07:48.50</b>	+01:14:26 (58.2%)	12:46	4.7 (42.0%)
109	<b>REGULSKA Aneta Regulska</b>	<b>8551</b>	DRUŻYNA SZPIKU	Senior II K - 30	109	00:49:45	01:19:33	<b>02:09:26.55</b>	+01:16:04 (58.8%)	12:56	4.6 (41.1%)
110	<b>RAJCAKOWSKA Kamila</b>	<b>8299</b>		Senior II K - 30	110	00:49:39	01:19:31	<b>02:09:27.25</b>	+01:16:05 (58.8%)	12:56	4.6 (41.1%)
111	<b>PIETRUCHA Marta</b>	<b>8087</b>		Senior II K - 30	111	00:54:43	01:24:57	<b>02:16:09.40</b>	+01:22:47 (60.8%)	13:36	4.4 (39.3%)
112	<b>WITKIEWICZ-ŁUKASZEK Sandra</b>	<b>8001</b>		Senior II K - 30	112	00:52:54	01:26:24	<b>02:23:03.10</b>	+01:29:41 (62.7%)	14:18	4.2 (37.5%)
113	<b>RYBKA Elżbieta</b>	<b>8495</b>	SZYBKIE I WŚCIEKŁY	Senior II K - 30	113	00:54:18	01:24:26	<b>02:25:03.45</b>	+01:31:41 (63.2%)	14:30	4.1 (36.6%)
114	<b>BERNACKA Anna</b>	<b>8489</b>		Senior II K - 30	114	00:51:53	01:26:57	<b>02:27:40.90</b>	+01:34:19 (63.9%)	14:46	4.1 (36.6%)
115	<b>IWASZKIEWICZ Dominika</b>	<b>8466</b>		Senior II K - 30	115	00:51:59	01:26:59	<b>02:27:44.55</b>	+01:34:22 (63.9%)	14:46	4.1 (36.6%)
116	<b>MAKSYMOWICZ Monika</b>	<b>8496</b>	SZYBKIE I WŚCIEKŁY	Senior II K - 30	116	01:07:52	01:50:03	<b>03:00:16.40</b>	+02:06:54 (70.4%)	18:01	3.3 (29.5%)
117	<b>ROBAK Aneta</b>	<b>8259</b>		Senior II K - 30	117	01:09:07	01:50:43	<b>03:04:03.75</b>	+02:10:41 (71.0%)	18:24	3.3 (29.5%)

Znaleziono 117 wynik(ów)