



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2022-07-17
Łądek-Zdrój
10 km

BIEG TROJAK TRAIL - 10 KM

B4SPORT

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Weteran K - 50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Łądek 0.01km	C1 3.7km	C1 5.8km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ŁASKOWSKA Marzena	8479	WOT	Weteran K - 50	1	00:00:04	00:24:51	00:37:12	00:58:41.55	00:58:41.55		5:52	10.2 (100%)
2	LUBAŃSKA Alicja	8318		Weteran K - 50	2	00:00:15	00:33:13	00:50:04	01:21:03.85	01:21:03.85	+00:22:22 (27.6%)	8:06	7.4 (72.5%)
3	HEJNA Małgorzata	8266		Weteran K - 50	3	00:00:08	00:35:17	00:53:47	01:24:26.60	01:24:26.60	+00:25:45 (30.5%)	8:26	7.1 (69.6%)
4	PTASZYŃSKA Joanna	8086		Weteran K - 50	4	00:00:23	00:35:29	00:53:18	01:24:44.35	01:24:44.35	+00:26:02 (30.7%)	8:28	7.1 (69.6%)
5	BŁACHNIO Dorota	8072	RAZ SZCZECIN	Weteran K - 50	5	00:00:08	00:39:27	00:59:33	01:34:53.50	01:34:53.50	+00:36:11 (38.1%)	9:29	6.3 (61.8%)
6	WĘGRZYNOWSKA Renata	8340		Weteran K - 50	6	00:00:51	00:40:32	01:01:18	01:39:39.15	01:39:39.15	+00:40:57 (41.1%)	9:57	6 (58.8%)
7	LACHOR Anna	8275		Weteran K - 50	7	00:01:31	00:45:31	01:06:28	01:41:44.60	01:41:44.60	+00:43:03 (42.3%)	10:10	5.9 (57.8%)
8	WOŹNIAK Lidia	8223	PORMAT JEDLICZE BIEGA	Weteran K - 50	8	00:00:34	00:43:49	01:05:26	01:45:11.80	01:45:11.80	+00:46:30 (44.2%)	10:31	5.7 (55.9%)
9	KOCHANOWSKA Grażyna	8476		Weteran K - 50	9	00:00:35	00:42:29	01:03:59	01:45:28.90	01:45:28.90	+00:46:47 (44.4%)	10:32	5.7 (55.9%)
10	GABERT Beata	8028	RAZ SZCZECIN	Weteran K - 50	10	00:00:08	00:44:22	01:07:15	01:47:53.65	01:47:53.65	+00:49:12 (45.6%)	10:47	5.6 (54.9%)
11	DZIUBAŁA Ilona	8247		Weteran K - 50	11	00:00:24	00:46:39	01:09:56	01:49:28.30	01:49:28.30	+00:50:46 (46.4%)	10:56	5.5 (53.9%)
12	JOŃCZYK Elżbieta	8098	TUP TUP	Weteran K - 50	12	00:01:08	00:49:33	01:12:22	01:51:47.00	01:51:47.00	+00:53:05 (47.5%)	11:10	5.4 (52.9%)
13	BIENIEK Iwona	8295		Weteran K - 50	13	00:00:16	00:45:37	01:09:31	01:54:14.10	01:54:14.10	+00:55:32 (48.6%)	11:25	5.3 (52.0%)
14	TOCZEK Grażyna	8144	NIGHT RUNNERS PYSKOWICE	Weteran K - 50	14	00:01:08	00:47:17	01:11:31	01:54:51.45	01:54:51.45	+00:56:09 (48.9%)	11:29	5.2 (51.0%)
15	SZCZUKA Małgorzata	8365		Weteran K - 50	15	00:00:48	00:49:37	01:14:51	01:59:54.85	01:59:54.85	+01:01:13 (51.1%)	11:59	5 (49.0%)
16	SZYMAŃSKA Ania	8225		Weteran K - 50	16	00:01:01	00:50:39	01:16:41	02:10:40.15	02:10:40.15	+01:11:58 (55.1%)	13:04	4.6 (45.1%)
17	JANOSZ Marzena	8099		Weteran K - 50	17	00:01:08	00:54:21	01:23:14	02:20:24.55	02:20:24.55	+01:21:43 (58.2%)	14:02	4.3 (42.2%)
18	MAJCHRZAK Monika	8022	WKURW_TEAM	Weteran K - 50	18	00:01:13	00:59:27	01:28:22	02:21:40.90	02:21:40.90	+01:22:59 (58.6%)	14:10	4.2 (41.2%)
19	ZALESZCZAK Renata	8011	KB SZAMOTUŁY	Weteran K - 50	19	00:00:52	01:04:02	01:37:19	02:31:34.75	02:31:34.75	+01:32:53 (61.3%)	15:09	4 (39.2%)
Przekroczony limit czasu: 03:00:00													
20	MRÓWCZYŃSKA Ewa	8392		Weteran K - 50	20	00:00:33	01:10:39		03:12:13.20	03:12:13.20	+02:13:31 (69.5%)	19:13	3.1 (30.4%)

Znaleziono 20 wynik(ów)