



BIEG TRZECH KRÓLI 5 KM (JAMNEŃSKI TOUR BIEGOWY)

B4SPORT

Organizator: Rada Osiedla Jamno - Łąbusz, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-01-06
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	BORYCHOWSKA Marlena	15	KB TUPOT USTKA	K-30	1	00:20:23.35		4:04	14.7 (100%)
2	CHODOR Martyna	23	TKKF KOSZALIN	K-30	2	00:23:07.45	+00:02:44 (11.8%)	4:37	13 (88.4%)
3	CHODOR Izabela	22	TKKF KOSZALIN	K-30	3	00:24:15.50	+00:03:52 (15.9%)	4:51	12.4 (84.4%)
4	KOSMALA Aleksandra	102		K-30	4	00:25:45.55	+00:05:22 (20.8%)	5:09	11.6 (78.9%)
5	ROBAKOWSKA Żaneta	172	GABINET REHABILITACJI AKTYWNEJ	K-30	5	00:25:59.00	+00:05:35 (21.5%)	5:11	11.5 (78.2%)
6	FRONTCZAK Izabela	43		K-30	6	00:26:06.60	+00:05:43 (21.9%)	5:13	11.5 (78.2%)
7	GŁUCH Katarzyna	256	ELEKTRONIK	K-30	7	00:26:07.05	+00:05:43 (21.9%)	5:13	11.5 (78.2%)
8	KOLIGAT Anna	97		K-30	8	00:26:27.35	+00:06:04 (22.9%)	5:17	11.3 (76.9%)
9	OSTAFI Joanna	145		K-30	9	00:26:49.65	+00:06:26 (24.0%)	5:22	11.2 (76.2%)
10	JUSZCZYK Agnieszka	76	ANOX TEAM	K-30	10	00:27:08.65	+00:06:45 (24.9%)	5:25	11.1 (75.5%)
11	WĄSOWICZ Anna	227		K-30	11	00:27:09.85	+00:06:46 (24.9%)	5:26	11 (74.8%)
12	PACAN Mira	149		K-30	12	00:27:23.40	+00:07:00 (25.6%)	5:28	11 (74.8%)
13	SZUBERT Agnieszka	208	KOŁOBRZEG BIEGA	K-30	13	00:27:56.45	+00:07:33 (27.0%)	5:35	10.7 (72.8%)
14	FIUK Agnieszka	40	ATF TEAM	K-30	14	00:28:15.80	+00:07:52 (27.9%)	5:39	10.6 (72.1%)
15	KOLBA Aleksandra	96		K-30	15	00:28:40.10	+00:08:16 (28.9%)	5:44	10.5 (71.4%)
16	KILJAN Sylwia	92		K-30	16	00:28:48.75	+00:08:25 (29.2%)	5:45	10.4 (70.7%)
17	KOZŁOWSKA Karolina	108		K-30	17	00:29:28.50	+00:09:05 (30.8%)	5:53	10.2 (69.4%)
18	KOT Aleksandra	104	#ZABIEGANINOCA	K-30	18	00:29:48.90	+00:09:25 (31.6%)	5:57	10.1 (68.7%)
19	TRACZ Jadwiga	215		K-30	19	00:30:06.40	+00:09:43 (32.3%)	6:01	10 (68.0%)
20	BIERNAT Agnieszka	9		K-30	20	00:30:29.70	+00:10:06 (33.1%)	6:05	9.8 (66.7%)
21	PŁOTKA Emilia	161		K-30	21	00:30:36.15	+00:10:12 (33.4%)	6:07	9.8 (66.7%)
22	SZAFIROWICZ-CHOJNACKA Paulina	201		K-30	22	00:31:29.45	+00:11:06 (35.3%)	6:17	9.5 (64.6%)
23	WALECKA Katarzyna	224	ATOMÓWKI	K-30	23	00:31:49.50	+00:11:26 (35.9%)	6:21	9.4 (63.9%)
24	SOKOŁOWSKA Anna	187	ATOMÓWKI	K-30	24	00:31:49.95	+00:11:26 (35.9%)	6:22	9.4 (63.9%)
25	SZKARŁAT Magdalena	205	#ZABIEGANINOCA	K-30	25	00:32:11.05	+00:11:47 (36.6%)	6:26	9.3 (63.3%)
26	KOSECKA Sylwia	100	ZAKWAS	K-30	26	00:32:15.15	+00:11:51 (36.8%)	6:27	9.3 (63.3%)
27	STANCZEWSKA Karolina	191		K-30	27	00:32:15.70	+00:11:52 (36.8%)	6:27	9.3 (63.3%)

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28	BIEŁĘDA Karolina	244		K-30	28	00:32:22.35	+00:11:59 (37.0%)	6:28	9.3 (63.3%)
29	PASEK Paula	152		K-30	29	00:35:06.50	+00:14:43 (41.9%)	7:01	8.5 (57.8%)
30	DAMPS Julita	31	NIGHT RUNNERS SŁUPSK	K-30	30	00:38:20.10	+00:17:56 (46.8%)	7:40	7.8 (53.1%)

Znaleziono 30 wynik(ów)