



BIEG TRZECH KRÓLI 5 KM (JAMNEŃSKI TOUR BIEGOWY)

B4SPORT

Organizator: Rada Osiedla Jamno - Łabusz, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-01-06
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	BORYCHOWSKA Marlena	15	KB TUPOT USTKA	K-30	1	00:20:23.35		4:04	14.7 (100%)
2	SZUBERT Julia	210	KOŁOBRZEG BIEGA	K-16	1	00:22:37.05	+00:02:13 (9.9%)	4:31	13.3 (90.5%)
3	CHODOR Martyna	23	TKKF KOSZALIN	K-30	2	00:23:07.45	+00:02:44 (11.8%)	4:37	13 (88.4%)
4	GARSKA Joanna	48	ŚWIAT PŁYTEK U KRYPINA	K-40	1	00:23:20.75	+00:02:57 (12.7%)	4:40	12.8 (87.1%)
5	KRZEWIŃSKA Małgorzata	113	TKKF KOSZALIN	K-50	1	00:23:29.60	+00:03:06 (13.2%)	4:41	12.8 (87.1%)
6	MEJER Aleksandra	126		K-16	2	00:23:42.70	+00:03:19 (14.0%)	4:44	12.6 (85.7%)
7	CHORAŻY Karolina	27		K-16	3	00:24:07.85	+00:03:44 (15.5%)	4:49	12.4 (84.4%)
8	KAŹMIERCZAK Agnieszka	87		K-40	2	00:24:08.50	+00:03:45 (15.5%)	4:49	12.4 (84.4%)
9	CHODOR Izabela	22	TKKF KOSZALIN	K-30	3	00:24:15.50	+00:03:52 (15.9%)	4:51	12.4 (84.4%)
10	ZIOMEK Maja	237	DECATHLON KOSZALIN	K-16	4	00:24:26.35	+00:04:03 (16.6%)	4:53	12.3 (83.7%)
11	SZNYTER Sabina	207	DECATHLON KOSZALIN	K-16	5	00:24:31.00	+00:04:07 (16.8%)	4:54	12.2 (83.0%)
12	ŁOZIŃSKA Karolina	117		K-16	6	00:24:40.40	+00:04:17 (17.4%)	4:56	12.2 (83.0%)
13	LEWANDOWSKA Sylwia	116	ŚWIAT PŁYTEK U KRYPINA	K-16	7	00:24:48.85	+00:04:25 (17.8%)	4:57	12.1 (82.3%)
14	JANKOWSKA Monika	67		K-16	8	00:25:04.30	+00:04:40 (18.7%)	5:00	12 (81.6%)
15	PLUTA Katarzyna	159		K-16	9	00:25:34.65	+00:05:11 (20.3%)	5:07	11.7 (79.6%)
16	MRUGALSKA Magdalena	255		K-16	10	00:25:41.75	+00:05:18 (20.7%)	5:08	11.7 (79.6%)
17	KOSMALA Aleksandra	102		K-30	4	00:25:45.55	+00:05:22 (20.8%)	5:09	11.6 (78.9%)
18	MALINOWSKA-BURDA Aleksandra	120		K-16	11	00:25:54.75	+00:05:31 (21.3%)	5:11	11.6 (78.9%)
19	ROBAKOWSKA Żaneta	172	GABINET REHABILITACJI AKTYWNEJ	K-30	5	00:25:59.00	+00:05:35 (21.5%)	5:11	11.5 (78.2%)
20	MILEK Ewelina	132		K-16	12	00:26:03.30	+00:05:39 (21.7%)	5:12	11.5 (78.2%)
21	FRONTCZAK Izabela	43		K-30	6	00:26:06.60	+00:05:43 (21.9%)	5:13	11.5 (78.2%)
22	GŁUCH Katarzyna	256	ELEKTRONIK	K-30	7	00:26:07.05	+00:05:43 (21.9%)	5:13	11.5 (78.2%)
23	STRZELECKA Małgorzata	196	SAILING TEAM FERAJNA	K-40	3	00:26:24.95	+00:06:01 (22.8%)	5:17	11.4 (77.6%)
24	KOLIGAT Anna	97		K-30	8	00:26:27.35	+00:06:04 (22.9%)	5:17	11.3 (76.9%)
25	KOWALCZYK Karolina	106		K-40	4	00:26:37.65	+00:06:14 (23.4%)	5:19	11.3 (76.9%)
26	OSTAFI Joanna	145		K-30	9	00:26:49.65	+00:06:26 (24.0%)	5:22	11.2 (76.2%)
27	RASZPLA Ilona	170	CIOTECZKI.PL	K-40	5	00:26:57.05	+00:06:33 (24.3%)	5:23	11.1 (75.5%)

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						5km	Różn		
28	JUSZCZYK Agnieszka	76	ANOX TEAM	K-30	10	00:27:08.65	+00:06:45 (24.9%)	5:25	11.1 (75.5%)
29	WĄSOWICZ Anna	227		K-30	11	00:27:09.85	+00:06:46 (24.9%)	5:26	11 (74.8%)
30	PACAN Mira	149		K-30	12	00:27:23.40	+00:07:00 (25.6%)	5:28	11 (74.8%)
31	PERKOWSKA Oktawia	157		K-16	13	00:27:24.20	+00:07:00 (25.6%)	5:28	10.9 (74.1%)
32	SZUBERT Agnieszka	208	KOŁOBRZEG BIEGA	K-30	13	00:27:56.45	+00:07:33 (27.0%)	5:35	10.7 (72.8%)
33	FIUK Agnieszka	40	ATF TEAM	K-30	14	00:28:15.80	+00:07:52 (27.9%)	5:39	10.6 (72.1%)
34	SZEWczyk Paulina	204		K-16	14	00:28:21.30	+00:07:57 (28.1%)	5:40	10.6 (72.1%)
35	KOMOROWSKA Beata	98	ROZBIEGANY KOSZALIN	K-40	6	00:28:27.90	+00:08:04 (28.4%)	5:41	10.5 (71.4%)
36	BURSZTA Marta	21	KARLINO BIEGAJ	K-16	15	00:28:30.95	+00:08:07 (28.5%)	5:42	10.5 (71.4%)
37	SULL Agnieszka	198	NIGHT RUNNERS SŁUPSK	K-40	7	00:28:35.85	+00:08:12 (28.7%)	5:43	10.5 (71.4%)
38	KOLBA Aleksandra	96		K-30	15	00:28:40.10	+00:08:16 (28.9%)	5:44	10.5 (71.4%)
39	KILJAN Sylwia	92		K-30	16	00:28:48.75	+00:08:25 (29.2%)	5:45	10.4 (70.7%)
40	DOMAŃSKA Katarzyna	33		K-40	8	00:28:53.75	+00:08:30 (29.4%)	5:46	10.4 (70.7%)
41	KOZŁOWSKA Karolina	108		K-30	17	00:29:28.50	+00:09:05 (30.8%)	5:53	10.2 (69.4%)
42	MYSZKOWSKA Grażyna	134		K-50	2	00:29:29.50	+00:09:06 (30.9%)	5:54	10.2 (69.4%)
43	BEDNARZ Katarzyna	5		K-40	9	00:29:42.60	+00:09:19 (31.4%)	5:56	10.1 (68.7%)
44	KOT Aleksandra	104	#ZABIEGANINOCA	K-30	18	00:29:48.90	+00:09:25 (31.6%)	5:57	10.1 (68.7%)
45	BORSUK Dorota	14		K-40	10	00:30:01.30	+00:09:37 (32.1%)	6:00	10 (68.0%)
46	TRACZ Jadwiga	215		K-30	19	00:30:06.40	+00:09:43 (32.3%)	6:01	10 (68.0%)
47	BIERNAT Agnieszka	9		K-30	20	00:30:29.70	+00:10:06 (33.1%)	6:05	9.8 (66.7%)
48	PŁOTKA Emilia	161		K-30	21	00:30:36.15	+00:10:12 (33.4%)	6:07	9.8 (66.7%)
49	NIEDBAŁA Dorota	136		K-40	11	00:31:05.10	+00:10:41 (34.4%)	6:13	9.7 (66.0%)
50	BERNECKA Agnieszka	7		K-40	12	00:31:06.15	+00:10:42 (34.4%)	6:13	9.6 (65.3%)
51	SUSKA Joanna	200		K-16	16	00:31:19.40	+00:10:56 (34.9%)	6:16	9.6 (65.3%)
52	KOZŁOWIECKA Małgorzata	249		K-50	3	00:31:29.20	+00:11:05 (35.2%)	6:17	9.5 (64.6%)
53	SZAFIROWICZ-CHOJNACKA Paulina	201		K-30	22	00:31:29.45	+00:11:06 (35.3%)	6:17	9.5 (64.6%)
54	PUTKAMER Joanna	167	DECATHLON KOSZALIN	K-16	17	00:31:31.90	+00:11:08 (35.3%)	6:18	9.5 (64.6%)
55	ZAKONEK Anna	259	DECATHLON KOSZALIN	K-16	18	00:31:35.40	+00:11:12 (35.5%)	6:19	9.5 (64.6%)
56	WINIARSKA Wiktoria	230	DECATHLON KOSZALIN	K-16	19	00:31:36.80	+00:11:13 (35.5%)	6:19	9.5 (64.6%)
57	PEŁKA Iwona	156		K-50	4	00:31:41.25	+00:11:17 (35.7%)	6:20	9.5 (64.6%)
58	WALECKA Katarzyna	224	ATOMÓWKI	K-30	23	00:31:49.50	+00:11:26 (35.9%)	6:21	9.4 (63.9%)
59	SOKOŁOWSKA Anna	187	ATOMÓWKI	K-30	24	00:31:49.95	+00:11:26 (35.9%)	6:22	9.4 (63.9%)
60	SZKARŁAT Magdalena	205	#ZABIEGANINOCA	K-30	25	00:32:11.05	+00:11:47 (36.6%)	6:26	9.3 (63.3%)
61	MICKIEWICZ Kinga	129		K-40	13	00:32:11.45	+00:11:48 (36.7%)	6:26	9.3 (63.3%)
62	TRĘBSKA Marta	216	#ZABIEGANINOCA	K-40	14	00:32:11.95	+00:11:48 (36.7%)	6:26	9.3 (63.3%)
63	KOSECKA Sylwia	100	ZAKWAS	K-30	26	00:32:15.15	+00:11:51 (36.8%)	6:27	9.3 (63.3%)
64	STANCZEWSKA Karolina	191		K-30	27	00:32:15.70	+00:11:52 (36.8%)	6:27	9.3 (63.3%)
65	BIEŁĘDA Karolina	244		K-30	28	00:32:22.35	+00:11:59 (37.0%)	6:28	9.3 (63.3%)
66	WOJANOWSKA Maryla	260		K-60	1	00:32:23.80	+00:12:00 (37.1%)	6:28	9.3 (63.3%)
67	RAMA Ewa	169		K-50	5	00:32:46.85	+00:12:23 (37.8%)	6:33	9.2 (62.6%)
68	KARPIŃSKA Hanna	83		K-40	15	00:33:29.70	+00:13:06 (39.1%)	6:41	9 (61.2%)
69	ULENBERG Maria	221		K-16	20	00:34:04.70	+00:13:41 (40.2%)	6:48	8.8 (59.9%)
70	MAŁYSZEWICZ Teresa	122		K-50	6	00:34:58.20	+00:14:34 (41.7%)	6:59	8.6 (58.5%)
71	PASEK Paula	152		K-30	29	00:35:06.50	+00:14:43 (41.9%)	7:01	8.5 (57.8%)

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72	GÓRSKA Dorota	57		K-50	7	00:36:23.40	+00:16:00 (44.0%)	7:16	8.2 (55.8%)
73	SOLAK Halina	188	ŚWIAT PŁYTEK U KRYSPINA	K-60	2	00:36:46.10	+00:16:22 (44.5%)	7:21	8.2 (55.8%)
74	WRÓBEL Ewelina	234		K-16	21	00:36:59.50	+00:16:36 (44.9%)	7:23	8.1 (55.1%)
75	DAMPS Julita	31	NIGHT RUNNERS SŁUPSK	K-30	30	00:38:20.10	+00:17:56 (46.8%)	7:40	7.8 (53.1%)
76	KRYSTOSIK Paulina	112		K-16	22	00:39:35.25	+00:19:11 (48.5%)	7:55	7.6 (51.7%)

Znaleziono 76 wynik(ów)