

# BIEG TRZECH KRÓLI - II ETAP JAMNEŃSKIEGO TOURU BIEGOWEGO

B4SPORT

**Organizator:** Rada Osiedla Jamno - Łabusz  
**Data:** 2020-01-06  
**Miejsce:** Koszalin  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	JAKUBEK Patryk	77	7 DAYS	M-20	1	00:17:30.62		3:30	17.1 (100%)
2	ZIEMAN Michał	259	404 NOT FOUND	M-30	1	00:17:38.80	+00:00:08 (0.8%)	3:31	17 (99.4%)
3	HUBERT Łukasz	72	TKKF KOSZALIN	M-30	2	00:17:45.61	+00:00:14 (1.4%)	3:33	16.9 (98.8%)
4	RYKIEL Michał	197	DĄBROWSKI TEAM	M-30	3	00:17:55.83	+00:00:25 (2.3%)	3:35	16.7 (97.7%)
5	MAJKOWICZ Rafał	141		M-30	4	00:18:01.08	+00:00:30 (2.8%)	3:36	16.6 (97.1%)
6	MIELEWCZYK Łukasz	152	GRUPA BIEGOWA MRT	M-30	5	00:18:07.09	+00:00:36 (3.4%)	3:37	16.6 (97.1%)
7	RYBACZEK Sebastian	196	8PPLOT	M-40	1	00:18:27.13	+00:00:56 (5.1%)	3:41	16.2 (94.7%)
8	DYLEWSKI Tomasz	48		M-20	2	00:18:30.96	+00:01:00 (5.4%)	3:42	16.2 (94.7%)
9	KAWKA Adrian	100	BEST BEASTS	M-30	6	00:19:00.94	+00:01:30 (7.9%)	3:48	15.8 (92.4%)
10	WALEŃSKI Michał	239	TKKF KOSZALIN	M-40	2	00:19:09.31	+00:01:38 (8.6%)	3:50	15.7 (91.8%)
11	IWANEJKO Martyna	74	AZS POZNAŃ	K-20	1	00:19:16.23	+00:01:45 (9.1%)	3:51	15.6 (91.2%)
12	SZULC Arek	230	MARYCZ.COM	M-40	3	00:19:22.86	+00:01:52 (9.7%)	3:52	15.5 (90.6%)
13	STOLTMAN Marcin	213	7 DAYS	M-20	3	00:19:22.50	+00:01:51 (9.6%)	3:52	15.5 (90.6%)
14	KORMAN Kamil	115		M-20	4	00:19:35.73	+00:02:05 (10.6%)	3:55	15.3 (89.5%)
15	GOSTKOWSKI Łukasz	59	404 NOT FOUND	M-30	7	00:19:34.41	+00:02:03 (10.5%)	3:54	15.3 (89.5%)
16	DUDA Grzegorz	47	BEST BEASTS	M-40	5	00:19:37.60	+00:02:06 (10.8%)	3:55	15.3 (89.5%)
17	LEWANDOWSKI Jacek	135	TAPETY KOSZALIN MONIUSZKI	M-40	4	00:19:37.43	+00:02:06 (10.8%)	3:55	15.3 (89.5%)
18	CICHOSZ-MIELEWCZYK Mateusz	35	POZYTYWNIENIE NAKRĘCENI	M-30	8	00:19:42.42	+00:02:11 (11.1%)	3:56	15.2 (88.9%)
19	PICK Tomasz	181	SKSG KORONA SZCZECIN	M-50	1	00:19:50.30	+00:02:19 (11.7%)	3:58	15.1 (88.3%)
20	BAJGERT Robert	5	KB WYGAN/VOLTAIX.PL	M-50	2	00:20:08.39	+00:02:37 (13.1%)	4:01	14.9 (87.1%)
21	TRĘBSKI Krzysztof	236	#ZABIEGANINOCA	M-40	6	00:20:03.24	+00:02:32 (12.7%)	4:00	15 (87.7%)
22	BRALSKI Andrzej	19	#ZABIEGANINOCA	M-40	7	00:20:22.29	+00:02:51 (14.0%)	4:04	14.7 (86.0%)
23	SKROBANEK Hanna	207	MKP SZCZECINEK	K-14	1	00:20:29.59	+00:02:58 (14.6%)	4:06	14.6 (85.4%)
24	JANKOWSKI Grzegorz	78	POZYTYWNIENIE NAKRĘCENI	M-40	8	00:20:30.91	+00:03:00 (14.6%)	4:06	14.6 (85.4%)
25	KOZIEŁ Paweł	119		M-40	9	00:20:34.43	+00:03:03 (14.9%)	4:06	14.6 (85.4%)
26	DRAŻKOWSKI Tomasz	45	MKP SZCZECINEK	M-14	1	00:20:39.40	+00:03:08 (15.2%)	4:07	14.5 (84.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						5km	Różn		
27	<b>KUCAL Paweł</b>	<b>131</b>		M-40	10	<b>00:20:40.19</b>	+00:03:09 (15.3%)	4:08	14.5 (84.8%)
28	<b>KONKEL Agnieszka</b>	<b>110</b>		K-30	1	<b>00:20:41.07</b>	+00:03:10 (15.3%)	4:08	14.5 (84.8%)
29	<b>ZATOŃ Olga</b>	<b>257</b>		K-30	2	<b>00:20:46.32</b>	+00:03:15 (15.7%)	4:09	14.4 (84.2%)
30	<b>PĘKAŁA Piotr</b>	<b>180</b>	SP MANOWO	M-40	11	<b>00:20:46.92</b>	+00:03:16 (15.7%)	4:09	14.4 (84.2%)
31	<b>CHABOWSKI Wojciech</b>	<b>27</b>	SOMGORSI	M-20	5	<b>00:20:48.07</b>	+00:03:17 (15.8%)	4:09	14.4 (84.2%)
32	<b>PODSTAWKA Alek</b>	<b>187</b>		M-14	2	<b>00:20:52.04</b>	+00:03:21 (16.1%)	4:10	14.4 (84.2%)
33	<b>CUBER Wojciech</b>	<b>37</b>	#ZABIEGANINOCA	M-30	9	<b>00:20:52.64</b>	+00:03:22 (16.1%)	4:10	14.4 (84.2%)
34	<b>SZAMOTULSKI Henryk</b>	<b>222</b>		M-40	12	<b>00:20:57.22</b>	+00:03:26 (16.4%)	4:11	14.3 (83.6%)
35	<b>WEBER Paweł</b>	<b>241</b>	FPP	M-30	10	<b>00:21:01.67</b>	+00:03:31 (16.7%)	4:12	14.3 (83.6%)
36	<b>NARKUN Szymon</b>	<b>162</b>		M-14	3	<b>00:21:02.40</b>	+00:03:31 (16.8%)	4:12	14.3 (83.6%)
37	<b>NOWODWORSKA Justyna</b>	<b>168</b>	7 DAYS	K-30	3	<b>00:21:04.44</b>	+00:03:33 (16.9%)	4:13	14.2 (83.0%)
38	<b>WIKTOROWSKI Maciej</b>	<b>246</b>		M-40	13	<b>00:21:05.52</b>	+00:03:34 (17.0%)	4:13	14.2 (83.0%)
39	<b>KOZIEŁ Adam</b>	<b>120</b>		M-20	6	<b>00:21:09.25</b>	+00:03:38 (17.2%)	4:13	14.2 (83.0%)
40	<b>BRZEZIŃSKI Jan</b>	<b>22</b>	TEAM PIOTRUŚ	M-50	3	<b>00:21:09.45</b>	+00:03:38 (17.2%)	4:14	14.2 (83.0%)
41	<b>ŁUKAWSKI Mariusz</b>	<b>139</b>	8PPLOT	M-30	11	<b>00:21:10.11</b>	+00:03:39 (17.3%)	4:14	14.2 (83.0%)
42	<b>ŁAWNICZAK Justyna</b>	<b>137</b>	#ZABIEGANINOCA	K-30	4	<b>00:21:15.60</b>	+00:03:44 (17.6%)	4:15	14.1 (82.5%)
43	<b>GÓRA Sylwester</b>	<b>61</b>	#ZABIEGANINOCA	M-40	14	<b>00:21:15.60</b>	+00:03:44 (17.6%)	4:15	14.1 (82.5%)
44	<b>HISZCZYŃSKA Aleksandra</b>	<b>70</b>	CSSP	K-20	2	<b>00:21:16.07</b>	+00:03:45 (17.7%)	4:15	14.1 (82.5%)
45	<b>ŻUREK Mateusz</b>	<b>263</b>		M-30	12	<b>00:21:17.47</b>	+00:03:46 (17.8%)	4:15	14.1 (82.5%)
46	<b>OLCZAK Krzysztof</b>	<b>169</b>		M-30	13	<b>00:21:18.13</b>	+00:03:47 (17.8%)	4:15	14.1 (82.5%)
47	<b>SITARCZYK Damian</b>	<b>205</b>	FUNDACJA ZASTOPIJ	M-30	14	<b>00:21:21.76</b>	+00:03:51 (18.0%)	4:16	14.1 (82.5%)
48	<b>BARGAŃSKA Justyna</b>	<b>8</b>	404 NOT FOUND	K-40	1	<b>00:21:22.60</b>	+00:03:51 (18.1%)	4:16	14 (81.9%)
49	<b>KLUCZEWSKA Emilia</b>	<b>107</b>	7 DAYS	K-30	5	<b>00:21:23.92</b>	+00:03:53 (18.2%)	4:16	14 (81.9%)
50	<b>NOGA Sebastian</b>	<b>164</b>	TKKF KOSZALIN	M-20	7	<b>00:21:25.23</b>	+00:03:54 (18.3%)	4:17	14 (81.9%)
51	<b>CZYŻYKOWSKI Łukasz</b>	<b>40</b>		M-30	15	<b>00:21:27.85</b>	+00:03:57 (18.4%)	4:17	14 (81.9%)
52	<b>HAŁKA Justyna</b>	<b>65</b>	TRUCHT ŁOBEZ	K-40	2	<b>00:21:28.20</b>	+00:03:57 (18.4%)	4:17	14 (81.9%)
53	<b>JOŃCA Jakub</b>	<b>85</b>	BEST BEASTS	M-14	4	<b>00:21:29.57</b>	+00:03:58 (18.5%)	4:18	14 (81.9%)
54	<b>BUDZIŃSKI Paweł</b>	<b>25</b>	TAGER SPORT KOSZALIN / DRUŻYNA SZPIKU	M-40	15	<b>00:21:39.00</b>	+00:04:08 (19.1%)	4:19	13.9 (81.3%)
55	<b>SZULC Szymon</b>	<b>228</b>	SZULC RUNNERS TEAM	M-30	16	<b>00:21:41.85</b>	+00:04:11 (19.3%)	4:20	13.8 (80.7%)
56	<b>BŁASZCZYK Piotr</b>	<b>14</b>		M-40	16	<b>00:21:42.83</b>	+00:04:12 (19.4%)	4:20	13.8 (80.7%)
57	<b>MIELCZAREK Ksawery</b>	<b>192</b>		M-20	8	<b>00:21:43.69</b>	+00:04:13 (19.4%)	4:20	13.8 (80.7%)
58	<b>CIASTOŃ Tomasz</b>	<b>33</b>	ORSKOV FOODS TEAM	M-40	17	<b>00:21:43.79</b>	+00:04:13 (19.4%)	4:20	13.8 (80.7%)
59	<b>SZYMAŃSKI Patryk</b>	<b>232</b>	PRESS GLASS - BIEGAMY I WSPIERAMY	M-20	9	<b>00:21:48.35</b>	+00:04:17 (19.7%)	4:21	13.8 (80.7%)
60	<b>BIAŁECKA Paula</b>	<b>13</b>		K-30	6	<b>00:21:49.00</b>	+00:04:18 (19.7%)	4:21	13.8 (80.7%)
61	<b>JARZYNA Roman</b>	<b>79</b>	SZWLA STARGARD	M-50	4	<b>00:21:58.48</b>	+00:04:27 (20.3%)	4:23	13.7 (80.1%)
62	<b>SZCZEK Małgorzata</b>	<b>224</b>	404 NOT FOUND	K-30	7	<b>00:22:00.35</b>	+00:04:29 (20.4%)	4:24	13.6 (79.5%)
63	<b>GAWRYSIAK Przemysław</b>	<b>52</b>		M-40	18	<b>00:22:03.93</b>	+00:04:33 (20.6%)	4:24	13.6 (79.5%)
64	<b>PAŁASZEWSKA Karolina</b>	<b>176</b>		K-30	8	<b>00:22:03.99</b>	+00:04:33 (20.6%)	4:24	13.6 (79.5%)
65	<b>NOSAL Mariusz</b>	<b>165</b>		M-30	17	<b>00:22:06.02</b>	+00:04:35 (20.8%)	4:25	13.6 (79.5%)
66	<b>GAWEŁ Zbigniew</b>	<b>51</b>	POMERIDERS SŁUPSK	M-60	1	<b>00:22:06.36</b>	+00:04:35 (20.8%)	4:25	13.6 (79.5%)
67	<b>PŁAŻALSKI Przemysław</b>	<b>186</b>		M-40	19	<b>00:22:13.50</b>	+00:04:42 (21.2%)	4:26	13.5 (78.9%)
68	<b>BARTHA Adrian</b>	<b>9</b>		M-30	18	<b>00:22:14.78</b>	+00:04:44 (21.3%)	4:27	13.5 (78.9%)
69	<b>KRUPIŃSKI Krzysztof</b>	<b>125</b>	E-UROLOG.EU	M-50	5	<b>00:22:21.21</b>	+00:04:50 (21.7%)	4:28	13.4 (78.4%)
70	<b>GÓRA Agnieszka</b>	<b>60</b>	#ZABIEGANINOCA	K-40	3	<b>00:22:30.37</b>	+00:04:59 (22.2%)	4:30	13.3 (77.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						5km	Różn		
71	KRYNICKA Magdalena	126		K-20	3	00:22:34.73	+00:05:04 (22.4%)	4:31	13.3 (77.8%)
72	WOŹNIECKA Karolina	253	SEASIDE TEAM RUN	K-30	9	00:22:39.65	+00:05:09 (22.7%)	4:32	13.2 (77.2%)
73	ŻUKOWSKI Cezary	262		M-30	19	00:22:41.35	+00:05:10 (22.8%)	4:32	13.2 (77.2%)
74	KAŹMIERCZAK Agnieszka	102		K-40	4	00:22:44.16	+00:05:13 (23.0%)	4:32	13.2 (77.2%)
75	FAJGIER Tomasz	50		M-50	6	00:22:44.89	+00:05:14 (23.0%)	4:33	13.2 (77.2%)
76	JAKÓBCZYK Sławomir	76	BRAK	M-40	20	00:22:49.13	+00:05:18 (23.3%)	4:33	13.1 (76.6%)
77	NIEMCZUK Dariusz	163	JAMNO	M-50	7	00:22:53.05	+00:05:22 (23.5%)	4:34	13.1 (76.6%)
78	PIETRYKA Artur	182	KARLINOBIEGAJ	M-40	21	00:22:58.80	+00:05:28 (23.8%)	4:35	13.1 (76.6%)
79	KLENIEWSKI Piotr	105	ZACHODNIOPOMORSKIE	M-60	2	00:22:58.94	+00:05:28 (23.8%)	4:35	13.1 (76.6%)
80	BAWOŁ Andrzej	10	:-)	M-40	22	00:23:02.51	+00:05:31 (24.0%)	4:36	13 (76.0%)
81	KRZEWIŃSKA Małgorzata	129	TKKF KOSZALIN	K-60	1	00:23:05.86	+00:05:35 (24.2%)	4:37	13 (76.0%)
82	HAŁKA Arkadiusz	66	TRUCHT ŁOBEZ	M-40	23	00:23:07.12	+00:05:36 (24.3%)	4:37	13 (76.0%)
83	HARASIMOWICZ Michał	67	12BBS	M-30	20	00:23:13.78	+00:05:43 (24.6%)	4:38	12.9 (75.4%)
84	ZAGALSKA Paulina	255		K-30	10	00:23:17.02	+00:05:46 (24.8%)	4:39	12.9 (75.4%)
85	BAGNIUK Piotr	4		M-30	21	00:23:19.00	+00:05:48 (24.9%)	4:39	12.9 (75.4%)
86	NOSAL Martyna	166	PENTATHLON SZCZECINEK	K-14	2	00:23:19.47	+00:05:48 (24.9%)	4:39	12.9 (75.4%)
87	KONKEL Łukasz	111		M-40	24	00:23:26.70	+00:05:56 (25.3%)	4:41	12.8 (74.9%)
88	SAWIŃSKI Jacek	201		M-40	25	00:23:28.12	+00:05:57 (25.4%)	4:41	12.8 (74.9%)
89	POMORSKI Łukasz	190	CSSP	M-20	10	00:23:31.73	+00:06:01 (25.6%)	4:42	12.7 (74.3%)
90	GAŚSIOR Grzegorz	53	CSSP	M-30	22	00:23:32.12	+00:06:01 (25.6%)	4:42	12.7 (74.3%)
91	MONGIAŁO Marcin	158	FAST FEET K-LIN	M-40	26	00:23:36.01	+00:06:05 (25.8%)	4:43	12.7 (74.3%)
92	GIEDROWICZ Aleksandra	55		K-30	11	00:23:39.64	+00:06:09 (26.0%)	4:44	12.7 (74.3%)
93	CHOŁUJ Karol	29	ZAWSZE DO PRZODU	M-30	23	00:23:40.41	+00:06:09 (26.0%)	4:44	12.7 (74.3%)
94	BODO Rafał	15	ZOSKOSZ KOSZALIN	M-30	24	00:23:41.41	+00:06:10 (26.1%)	4:44	12.7 (74.3%)
95	ŻEBROWSKI Igor	261	KARLINOBIEGAJ	M-14	5	00:23:50.21	+00:06:19 (26.5%)	4:46	12.6 (73.7%)
96	KNUT-POTOCZNIK Gabriela	108	STOWARZYSZENIE KIERUNEK POLANÓW	K-30	12	00:23:52.57	+00:06:21 (26.7%)	4:46	12.6 (73.7%)
97	SARBIEWSKI Przemysław	200		M-40	27	00:23:52.63	+00:06:22 (26.7%)	4:46	12.6 (73.7%)
98	ANTKOWIAK Sebastian	2	DB - ACTIVE	M-40	28	00:23:52.88	+00:06:22 (26.7%)	4:46	12.6 (73.7%)
99	HNATOWSKI Artur	254	CSSP	M-50	8	00:23:55.31	+00:06:24 (26.8%)	4:47	12.5 (73.1%)
100	DRULIK-HOŁUB Marta	46	TORNADO KOSZALIN	K-40	5	00:24:02.04	+00:06:31 (27.1%)	4:48	12.5 (73.1%)
101	MICHALCZYK Kamil	151		M-30	25	00:24:06.06	+00:06:35 (27.3%)	4:49	12.4 (72.5%)
102	USTJANOWSKA Katarzyna	238		K-30	13	00:24:07.41	+00:06:36 (27.4%)	4:49	12.4 (72.5%)
103	MARCINKOWSKI Jacek	146	SSK ORZEŁ ŚWIESZYNO	M-40	29	00:24:10.36	+00:06:39 (27.6%)	4:50	12.4 (72.5%)
104	KRASIŃSKI Witold	122		M-40	30	00:24:10.39	+00:06:39 (27.6%)	4:50	12.4 (72.5%)
105	SKOKOWSKI Marek	206		M-30	26	00:24:15.02	+00:06:44 (27.8%)	4:51	12.4 (72.5%)
106	KOPIEC-PARYSIAK Joanna	114		K-30	14	00:24:15.91	+00:06:45 (27.8%)	4:51	12.4 (72.5%)
107	KRUPIŃSKA Beata	124	E-UROLOG.EU	K-50	1	00:24:16.25	+00:06:45 (27.9%)	4:51	12.4 (72.5%)
108	PAWŁOWSKI Grzegorz	178	GAMMAX	M-40	31	00:24:16.85	+00:06:46 (27.9%)	4:51	12.4 (72.5%)
109	SZOSTAK Marta	226		K-20	4	00:24:20.38	+00:06:49 (28.1%)	4:52	12.3 (71.9%)
110	DĘBSKI Damian	42		M-30	27	00:24:20.40	+00:06:49 (28.1%)	4:52	12.3 (71.9%)
111	CZAPLA Paulina	38		K-30	15	00:24:22.29	+00:06:51 (28.2%)	4:52	12.3 (71.9%)
112	JASIEK Paweł	80	#ZABIEGANINOCA	M-30	28	00:24:23.02	+00:06:52 (28.2%)	4:52	12.3 (71.9%)
113	OPALIŃSKI Stanisław	170	BBL KOŁOBRZEG	M-60	3	00:24:24.93	+00:06:54 (28.3%)	4:53	12.3 (71.9%)
114	DRABKOWSKA Agnieszka	44	CUDAKI♥	K-40	6	00:24:36.14	+00:07:05 (28.8%)	4:55	12.2 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						5km	Różn		
115	<b>OSOBNAK Ryszard</b>	<b>173</b>		M-60	4	<b>00:24:39.05</b>	+00:07:08 (29.0%)	4:55	12.2 (71.3%)
116	<b>DEJNAK Mariola</b>	<b>41</b>		K-60	2	<b>00:24:39.45</b>	+00:07:08 (29.0%)	4:55	12.2 (71.3%)
117	<b>WAŚOWICZ Anna</b>	<b>240</b>		K-30	16	<b>00:24:39.70</b>	+00:07:09 (29.0%)	4:56	12.2 (71.3%)
118	<b>KAJKOWSKI Rafał</b>	<b>93</b>	CSSP	M-40	32	<b>00:24:43.14</b>	+00:07:12 (29.2%)	4:56	12.1 (70.8%)
119	<b>MONGIAŁO Aleksandra</b>	<b>157</b>	FAST FEET K-LIN	K-30	17	<b>00:24:48.23</b>	+00:07:17 (29.4%)	4:57	12.1 (70.8%)
120	<b>STALUSZKA Dariusz</b>	<b>210</b>	21BLT	M-40	33	<b>00:24:54.13</b>	+00:07:23 (29.7%)	4:58	12 (70.2%)
121	<b>KAMYK Piotr</b>	<b>95</b>	HTTPS://MH-INFORMATYKA.PL	M-40	34	<b>00:24:59.89</b>	+00:07:29 (30.0%)	5:00	12 (70.2%)
122	<b>KUSZYŃSKI Dariusz</b>	<b>133</b>		M-40	35	<b>00:25:00.04</b>	+00:07:29 (30.0%)	5:00	12 (70.2%)
123	<b>GOLEC Anna</b>	<b>57</b>		K-40	7	<b>00:25:03.83</b>	+00:07:33 (30.1%)	5:00	12 (70.2%)
124	<b>KACZMARYK Jolanta</b>	<b>90</b>		K-40	8	<b>00:25:04.04</b>	+00:07:33 (30.1%)	5:00	12 (70.2%)
125	<b>CHUDZIK Zbigniew</b>	<b>32</b>	TKKF KOSZALIN	M-50	9	<b>00:25:08.21</b>	+00:07:37 (30.3%)	5:01	11.9 (69.6%)
126	<b>METEL Izabela</b>	<b>150</b>	POZYTYWNE NAKRĘCENI	K-40	9	<b>00:25:08.72</b>	+00:07:38 (30.4%)	5:01	11.9 (69.6%)
127	<b>PACAN Mira</b>	<b>174</b>	POZYTYWNE NAKRĘCENI	K-30	18	<b>00:25:08.87</b>	+00:07:38 (30.4%)	5:01	11.9 (69.6%)
128	<b>GONTEK Łukasz</b>	<b>58</b>	VW BATORY	M-30	29	<b>00:25:12.19</b>	+00:07:41 (30.5%)	5:02	11.9 (69.6%)
129	<b>LIPNIEWICZ Paweł</b>	<b>136</b>		M-30	30	<b>00:25:20.81</b>	+00:07:50 (30.9%)	5:04	11.8 (69.0%)
130	<b>KOWALCZYK Karolina</b>	<b>118</b>		K-40	10	<b>00:25:21.23</b>	+00:07:50 (30.9%)	5:04	11.8 (69.0%)
131	<b>URBANOWICZ Michał</b>	<b>237</b>		M-40	36	<b>00:25:21.52</b>	+00:07:50 (30.9%)	5:04	11.8 (69.0%)
132	<b>KACZOROWSKI Marek</b>	<b>91</b>	FUNDACJA ZASTOPIJ	M-20	11	<b>00:25:27.88</b>	+00:07:57 (31.2%)	5:05	11.8 (69.0%)
133	<b>KOLIGAT Anna</b>	<b>109</b>		K-40	11	<b>00:25:35.44</b>	+00:08:04 (31.6%)	5:07	11.7 (68.4%)
134	<b>CIEŚLAK Grzegorz</b>	<b>36</b>		M-30	31	<b>00:25:40.42</b>	+00:08:09 (31.8%)	5:08	11.7 (68.4%)
135	<b>KOZŁOWIECKI Waldemar</b>	<b>64</b>	TKKF KOSZALIN	M-60	5	<b>00:25:42.58</b>	+00:08:11 (31.9%)	5:08	11.7 (68.4%)
136	<b>KOPEĆ Krzysztof</b>	<b>113</b>		M-40	37	<b>00:25:44.74</b>	+00:08:14 (32.0%)	5:09	11.7 (68.4%)
137	<b>JUSZCZYK Agnieszka</b>	<b>87</b>	ANOX TEAM	K-40	12	<b>00:25:47.15</b>	+00:08:16 (32.1%)	5:09	11.6 (67.8%)
138	<b>JUSZCZAK Krzysztof</b>	<b>86</b>		M-60	6	<b>00:25:47.74</b>	+00:08:17 (32.1%)	5:09	11.6 (67.8%)
139	<b>CHMARA Grzegorz</b>	<b>28</b>	STM TEAM	M-50	10	<b>00:25:55.02</b>	+00:08:24 (32.4%)	5:11	11.6 (67.8%)
140	<b>PŁATOSZ Magda</b>	<b>184</b>		K-20	5	<b>00:25:57.11</b>	+00:08:26 (32.5%)	5:11	11.6 (67.8%)
141	<b>MAJEWSKA Dorota</b>	<b>140</b>		K-50	2	<b>00:25:58.19</b>	+00:08:27 (32.6%)	5:11	11.6 (67.8%)
142	<b>JAGŁA Żaneta</b>	<b>75</b>		K-40	13	<b>00:25:59.01</b>	+00:08:28 (32.6%)	5:11	11.5 (67.3%)
143	<b>MRUGALSKI Stanisław</b>	<b>160</b>	MTS HAMER	M-50	11	<b>00:25:59.88</b>	+00:08:29 (32.6%)	5:12	11.5 (67.3%)
144	<b>ADAMOWICZ Maciej</b>	<b>1</b>	SP MIELNO	M-30	32	<b>00:26:02.43</b>	+00:08:31 (32.8%)	5:12	11.5 (67.3%)
145	<b>SUCHODOLSKA Aleksandra</b>	<b>219</b>	DZIKIE ŻÓŁWIE	K-30	19	<b>00:26:08.54</b>	+00:08:37 (33.0%)	5:13	11.5 (67.3%)
146	<b>STRZELECKA Małgorzata</b>	<b>217</b>	SAILING TEAM FERAJNA	K-40	14	<b>00:26:08.78</b>	+00:08:38 (33.0%)	5:13	11.5 (67.3%)
147	<b>ROMANOWICZ Monika</b>	<b>191</b>	DZIKIE ŻÓŁWIE	K-30	20	<b>00:26:09.12</b>	+00:08:38 (33.0%)	5:14	11.5 (67.3%)
148	<b>ŁODYGA Łukasz</b>	<b>138</b>		M-30	33	<b>00:26:16.40</b>	+00:08:45 (33.4%)	5:15	11.4 (66.7%)
149	<b>BUCZKO Katarzyna</b>	<b>24</b>		K-20	6	<b>00:26:17.85</b>	+00:08:47 (33.4%)	5:15	11.4 (66.7%)
150	<b>MARCZAK Małgorzata</b>	<b>147</b>		K-60	3	<b>00:26:22.13</b>	+00:08:51 (33.6%)	5:16	11.4 (66.7%)
151	<b>SZWEDA Mateusz</b>	<b>231</b>	WATACH	M-30	34	<b>00:26:38.08</b>	+00:09:07 (34.3%)	5:19	11.3 (66.1%)
152	<b>BRZOZOWSKA Barbara</b>	<b>23</b>		K-40	15	<b>00:26:38.17</b>	+00:09:07 (34.3%)	5:19	11.3 (66.1%)
153	<b>JĘDRZEJKO Mirosław</b>	<b>83</b>		M-40	38	<b>00:26:38.21</b>	+00:09:07 (34.3%)	5:19	11.3 (66.1%)
154	<b>MIELEWCZYK Magdalena</b>	<b>153</b>	GRUPA BIEGOWA MRT	K-30	21	<b>00:26:56.49</b>	+00:09:25 (35.0%)	5:23	11.1 (64.9%)
155	<b>BEDNAREK Krzysztof</b>	<b>11</b>	MORSACZEBIEGACZE	M-40	39	<b>00:27:05.13</b>	+00:09:34 (35.4%)	5:25	11.1 (64.9%)
156	<b>WIŚNIEWSKI Jarosław</b>	<b>248</b>		M-50	12	<b>00:27:05.46</b>	+00:09:34 (35.4%)	5:25	11.1 (64.9%)
157	<b>JOŃCA Klaudia</b>	<b>84</b>	BEST BEASTS	K-14	3	<b>00:27:06.45</b>	+00:09:35 (35.4%)	5:25	11.1 (64.9%)
158	<b>PŁAŻAŁSKA Sylwia</b>	<b>185</b>	RUNGRYF	K-30	22	<b>00:27:07.31</b>	+00:09:36 (35.4%)	5:25	11.1 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						5km	Różn		
159	<b>SZULC Marek</b>	<b>229</b>	SZULC RUNNERS TEAM	M-50	13	<b>00:27:09.42</b>	+00:09:38 (35.5%)	5:26	11 (64.3%)
160	<b>DORAWA-ZIOMEK Anna</b>	<b>43</b>	DZIKIE ŻÓŁWIE	K-30	23	<b>00:27:10.78</b>	+00:09:40 (35.6%)	5:26	11 (64.3%)
161	<b>PISKÓRZ Justyna</b>	<b>183</b>		K-30	24	<b>00:27:12.29</b>	+00:09:41 (35.6%)	5:26	11 (64.3%)
162	<b>WESOŁOWSKI Łukasz</b>	<b>244</b>		M-30	35	<b>00:27:12.50</b>	+00:09:41 (35.6%)	5:26	11 (64.3%)
163	<b>KARNICKI Zygmunt</b>	<b>96</b>	TKKF KOSZALIN	M-60	7	<b>00:27:16.19</b>	+00:09:45 (35.8%)	5:27	11 (64.3%)
164	<b>BARANEK Aleksandra</b>	<b>7</b>	MKP SZCZECINEK	K-14	4	<b>00:27:20.18</b>	+00:09:49 (35.9%)	5:28	11 (64.3%)
165	<b>CZUPAJŁO Marta</b>	<b>39</b>		K-40	16	<b>00:27:24.59</b>	+00:09:53 (36.1%)	5:29	10.9 (63.7%)
166	<b>KAMINSKI Tomasz</b>	<b>94</b>	8PPLOT	M-40	40	<b>00:27:27.22</b>	+00:09:56 (36.2%)	5:29	10.9 (63.7%)
167	<b>HELLER Zdzisław</b>	<b>69</b>	HERBMARATONOW.PL	M-60	8	<b>00:27:29.31</b>	+00:09:58 (36.3%)	5:29	10.9 (63.7%)
168	<b>ŚWIDERSKI Marcin</b>	<b>234</b>		M-30	36	<b>00:27:33.84</b>	+00:10:03 (36.5%)	5:30	10.9 (63.7%)
169	<b>MITUNIEWICZ Adrian</b>	<b>156</b>		M-30	37	<b>00:27:33.91</b>	+00:10:03 (36.5%)	5:30	10.9 (63.7%)
170	<b>MARCZAK Andrzej</b>	<b>148</b>		M-60	9	<b>00:27:41.99</b>	+00:10:11 (36.8%)	5:32	10.8 (63.2%)
171	<b>KACZMAREK Łukasz</b>	<b>88</b>	WOJOWNICY WÓDY	M-30	38	<b>00:27:42.41</b>	+00:10:11 (36.8%)	5:32	10.8 (63.2%)
172	<b>ORYSZCZYN Arkadiusz</b>	<b>172</b>	DZIKIE ŻÓŁWIE	M-30	39	<b>00:27:46.46</b>	+00:10:15 (37.0%)	5:33	10.8 (63.2%)
173	<b>GŁOWACKI Włodzimierz</b>	<b>56</b>		M-70+	1	<b>00:27:47.76</b>	+00:10:17 (37.0%)	5:33	10.8 (63.2%)
174	<b>KLONOWSKI Artur</b>	<b>106</b>		M-40	41	<b>00:27:50.61</b>	+00:10:19 (37.1%)	5:34	10.8 (63.2%)
175	<b>RUSIECKI Paweł</b>	<b>193</b>	WSPL SPZOZ W KOSZALINIE	M-40	42	<b>00:27:55.00</b>	+00:10:24 (37.3%)	5:35	10.7 (62.6%)
176	<b>HUBKO Janina</b>	<b>73</b>	PRESS GLASS - BIEGAMY I WSPIERAMY	K-30	25	<b>00:28:01.62</b>	+00:10:31 (37.5%)	5:36	10.7 (62.6%)
177	<b>SZYMAŃSKI Patryk</b>	<b>194</b>		M-30	40	<b>00:28:03.77</b>	+00:10:33 (37.6%)	5:36	10.7 (62.6%)
178	<b>WŁODARCZYK Emilia</b>	<b>249</b>		K-30	26	<b>00:28:03.99</b>	+00:10:33 (37.6%)	5:36	10.7 (62.6%)
179	<b>MASŁOWSKI Artur</b>	<b>149</b>		M-30	41	<b>00:28:04.86</b>	+00:10:34 (37.6%)	5:37	10.7 (62.6%)
180	<b>BANAŚ Wiktor</b>	<b>6</b>	FUNDACJA ZASTOPIJ	M-14	6	<b>00:28:08.51</b>	+00:10:37 (37.8%)	5:37	10.7 (62.6%)
181	<b>STRZELECKI Sebastian 'Kaszana'</b>	<b>218</b>	SAILING TEAM FERAJNA	M-40	43	<b>00:28:09.38</b>	+00:10:38 (37.8%)	5:37	10.7 (62.6%)
182	<b>GROCHOWSKA Agnieszka</b>	<b>63</b>	SAILING TEAM FERAJNA	K-40	17	<b>00:28:11.33</b>	+00:10:40 (37.9%)	5:38	10.6 (62.0%)
183	<b>SIGNAROWSKI Dawid</b>	<b>204</b>	PRESS GLASS - BIEGAMY I WSPIERAMY	M-30	42	<b>00:28:17.36</b>	+00:10:46 (38.1%)	5:39	10.6 (62.0%)
184	<b>MITUNIEWICZ Renata</b>	<b>154</b>		K-50	3	<b>00:28:18.08</b>	+00:10:47 (38.1%)	5:39	10.6 (62.0%)
185	<b>BOKOTA Katarzyna</b>	<b>16</b>		K-40	18	<b>00:28:18.77</b>	+00:10:48 (38.2%)	5:39	10.6 (62.0%)
186	<b>BRZEZIŃSKI Paweł</b>	<b>21</b>		M-40	44	<b>00:28:18.96</b>	+00:10:48 (38.2%)	5:39	10.6 (62.0%)
187	<b>MALINOWSKA-BURDA Aleksandra</b>	<b>142</b>		K-30	27	<b>00:28:22.89</b>	+00:10:52 (38.3%)	5:40	10.6 (62.0%)
188	<b>TABISZ Sławomir</b>	<b>235</b>	12BBSP	M-30	43	<b>00:28:26.39</b>	+00:10:55 (38.4%)	5:41	10.6 (62.0%)
189	<b>SZCZESIAK Paweł</b>	<b>223</b>	ROWERY MAŁGOŚKA	M-30	44	<b>00:28:28.48</b>	+00:10:57 (38.5%)	5:41	10.5 (61.4%)
190	<b>MURAWSKI Waldemar</b>	<b>161</b>	ZKS	M-50	14	<b>00:28:29.38</b>	+00:10:58 (38.5%)	5:42	10.5 (61.4%)
191	<b>GÓRALSKA Monika</b>	<b>62</b>		K-40	19	<b>00:28:30.36</b>	+00:10:59 (38.6%)	5:42	10.5 (61.4%)
192	<b>NOSAL Anna</b>	<b>167</b>		K-30	28	<b>00:28:30.71</b>	+00:11:00 (38.6%)	5:42	10.5 (61.4%)
193	<b>SUDER-MAKSYMOWICZ Monika</b>	<b>220</b>		K-30	29	<b>00:28:33.69</b>	+00:11:03 (38.7%)	5:42	10.5 (61.4%)
194	<b>MAŁYSZEWICZ Andrzej</b>	<b>144</b>		M-50	15	<b>00:28:38.19</b>	+00:11:07 (38.9%)	5:43	10.5 (61.4%)
195	<b>WIDERA Anna</b>	<b>245</b>		K-30	30	<b>00:28:38.34</b>	+00:11:07 (38.9%)	5:43	10.5 (61.4%)
196	<b>WOJTKOWIAK Wioleta</b>	<b>252</b>		K-30	31	<b>00:28:40.37</b>	+00:11:09 (38.9%)	5:44	10.5 (61.4%)
197	<b>HRYNCEWICZ Anna</b>	<b>71</b>	SAILING TEAM FERAJNA	K-40	20	<b>00:28:45.61</b>	+00:11:14 (39.1%)	5:45	10.4 (60.8%)
198	<b>BEDNARZ Katarzyna</b>	<b>12</b>		K-40	21	<b>00:28:46.46</b>	+00:11:15 (39.1%)	5:45	10.4 (60.8%)
199	<b>BORSUK Dorota</b>	<b>18</b>		K-40	22	<b>00:28:57.47</b>	+00:11:26 (39.5%)	5:47	10.4 (60.8%)
200	<b>JĄCZKOWSKA Wioleta</b>	<b>81</b>		K-40	23	<b>00:29:05.70</b>	+00:11:35 (39.8%)	5:49	10.3 (60.2%)
201	<b>MITUNIEWICZ Natalia</b>	<b>155</b>		K-30	32	<b>00:29:10.59</b>	+00:11:39 (40.0%)	5:50	10.3 (60.2%)
202	<b>SPICA Łukasz</b>	<b>209</b>	DZIKIE ŻÓŁWIE	M-30	45	<b>00:29:12.77</b>	+00:11:42 (40.1%)	5:50	10.3 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						5km	Różn		
203	<b>SOROCZYŃSKA Kamila</b>	<b>208</b>	AKADEMIA MALUCHA	K-30	33	<b>00:29:15.60</b>	+00:11:44 (40.2%)	5:51	10.3 (60.2%)
204	<b>WENTA Malwina</b>	<b>243</b>		K-30	34	<b>00:29:16.12</b>	+00:11:45 (40.2%)	5:51	10.3 (60.2%)
205	<b>ZAKOŚCIELNA Katarzyna</b>	<b>256</b>	DZIKIE ŻÓŁWIE	K-30	35	<b>00:29:16.64</b>	+00:11:46 (40.2%)	5:51	10.3 (60.2%)
206	<b>JEWUŁA Agata</b>	<b>82</b>	DRUŻYNA SZPIKU	K-30	36	<b>00:29:18.93</b>	+00:11:48 (40.3%)	5:51	10.2 (59.6%)
207	<b>KOPEĆ Magdalena</b>	<b>112</b>		K-40	24	<b>00:29:19.62</b>	+00:11:49 (40.3%)	5:51	10.2 (59.6%)
208	<b>RYBA Milena</b>	<b>195</b>		K-30	37	<b>00:29:25.79</b>	+00:11:55 (40.5%)	5:53	10.2 (59.6%)
209	<b>CHAMERA Tomasz</b>	<b>31</b>	WATAHA	M-40	45	<b>00:29:27.05</b>	+00:11:56 (40.5%)	5:53	10.2 (59.6%)
210	<b>ZBOROWSKA-SKROBANEK Justyna</b>	<b>258</b>	MKP SZCZECINEK	K-40	25	<b>00:29:27.82</b>	+00:11:57 (40.6%)	5:53	10.2 (59.6%)
211	<b>KĘDZIERA Izydor</b>	<b>103</b>		M-50	16	<b>00:29:34.13</b>	+00:12:03 (40.8%)	5:54	10.1 (59.1%)
212	<b>STRACH Martyna</b>	<b>215</b>	NIE	K-20	7	<b>00:29:36.13</b>	+00:12:05 (40.8%)	5:55	10.1 (59.1%)
213	<b>KARPIŃSKI Tomek</b>	<b>99</b>	AKADEMIA MALUCHA	M-40	46	<b>00:29:40.74</b>	+00:12:10 (41.0%)	5:56	10.1 (59.1%)
214	<b>WOJANOWSKI Zbigniew</b>	<b>251</b>	SPORT I REKREACJA DELFIN	M-60	10	<b>00:29:40.77</b>	+00:12:10 (41.0%)	5:56	10.1 (59.1%)
215	<b>KARPIŃSKA Hanna</b>	<b>98</b>	AKADEMIA MALUCHA	K-40	26	<b>00:29:40.87</b>	+00:12:10 (41.0%)	5:56	10.1 (59.1%)
216	<b>HARASYM Daniel</b>	<b>68</b>	FUNDACJA ZASTOPUJ	M-40	47	<b>00:29:41.18</b>	+00:12:10 (41.0%)	5:56	10.1 (59.1%)
217	<b>ZYGMAŃSKA Justyna</b>	<b>260</b>	AKADEMIA MALUCHA	K-30	38	<b>00:29:42.04</b>	+00:12:11 (41.0%)	5:56	10.1 (59.1%)
218	<b>WOJANOWSKA Maryla</b>	<b>250</b>	SPORT I REKREACJA DELFIN	K-60	4	<b>00:29:43.33</b>	+00:12:12 (41.1%)	5:56	10.1 (59.1%)
219	<b>BRZEZIŃSKA Beata</b>	<b>20</b>	TEAM PIOTRUŚ	K-50	4	<b>00:29:51.23</b>	+00:12:20 (41.3%)	5:58	10.1 (59.1%)
220	<b>ORLIKOWSKI Robert</b>	<b>171</b>	POŁCZYN BIEGA ♥	M-30	46	<b>00:30:00.58</b>	+00:12:29 (41.7%)	6:00	10 (58.5%)
221	<b>GIEDO Joanna</b>	<b>54</b>		K-30	39	<b>00:30:16.55</b>	+00:12:45 (42.2%)	6:03	9.9 (57.9%)
222	<b>MALISZEWSKI Łukasz</b>	<b>143</b>	FUNDACJA ZASTOPUJ	M-20	12	<b>00:30:36.77</b>	+00:13:06 (42.8%)	6:07	9.8 (57.3%)
223	<b>BUDZYŃSKA Elżbieta</b>	<b>26</b>		K-50	5	<b>00:30:39.36</b>	+00:13:08 (42.9%)	6:07	9.8 (57.3%)
224	<b>KOT Jacek</b>	<b>117</b>		M-60	11	<b>00:30:42.68</b>	+00:13:12 (43.0%)	6:08	9.8 (57.3%)
225	<b>STRACH Marek</b>	<b>216</b>		M-60	12	<b>00:30:43.71</b>	+00:13:13 (43.0%)	6:08	9.8 (57.3%)
226	<b>PEŁKA Iwona</b>	<b>179</b>		K-50	6	<b>00:30:50.00</b>	+00:13:19 (43.2%)	6:10	9.7 (56.7%)
227	<b>KULIGOWSKI Maksym</b>	<b>132</b>	PRESS GLASS - BIEGAMY I WSPIERAMY	M-30	47	<b>00:30:53.02</b>	+00:13:22 (43.3%)	6:10	9.7 (56.7%)
228	<b>STEC Edyta</b>	<b>212</b>	BIEGAM BO LUBIE CIASTKA	K-40	27	<b>00:31:09.39</b>	+00:13:38 (43.8%)	6:14	9.6 (56.1%)
229	<b>SWOROWSKA Katarzyna</b>	<b>221</b>		K-30	40	<b>00:31:10.19</b>	+00:13:39 (43.8%)	6:14	9.6 (56.1%)
230	<b>MOŻEJKO Anna</b>	<b>159</b>		K-40	28	<b>00:31:10.58</b>	+00:13:39 (43.8%)	6:14	9.6 (56.1%)
231	<b>KOROL Elżbieta</b>	<b>116</b>		K-40	29	<b>00:31:10.70</b>	+00:13:40 (43.8%)	6:14	9.6 (56.1%)
232	<b>KRYSTOSIK Paulina</b>	<b>128</b>	BIEGAM BO LUBIĘ BIEGAM DLA SIEBIE	K-20	8	<b>00:31:39.73</b>	+00:14:09 (44.7%)	6:20	9.5 (55.6%)
233	<b>STRACH Agnieszka</b>	<b>214</b>	NIE	K-50	7	<b>00:31:43.43</b>	+00:14:12 (44.8%)	6:20	9.5 (55.6%)
234	<b>POŁOCZAŃSKI Piotr</b>	<b>189</b>		M-30	48	<b>00:32:01.65</b>	+00:14:31 (45.3%)	6:24	9.4 (55.0%)
235	<b>SZMYT Marcin</b>	<b>225</b>		M-30	49	<b>00:32:01.66</b>	+00:14:31 (45.3%)	6:24	9.4 (55.0%)
236	<b>SARBIEWSKA Gabriela</b>	<b>199</b>		K-40	30	<b>00:32:03.06</b>	+00:14:32 (45.4%)	6:24	9.4 (55.0%)
237	<b>KIEDOS Dariusz</b>	<b>104</b>	8PPLOT	M-30	50	<b>00:32:19.90</b>	+00:14:49 (45.8%)	6:28	9.3 (54.4%)
238	<b>BOROŃ Aleksandra</b>	<b>17</b>		K-30	41	<b>00:32:21.90</b>	+00:14:51 (45.9%)	6:28	9.3 (54.4%)
239	<b>KACZYŃSKI Henryk</b>	<b>92</b>		M-60	13	<b>00:32:24.76</b>	+00:14:54 (46.0%)	6:29	9.3 (54.4%)
240	<b>KOZŁOWIECKA Małgorzata</b>	<b>121</b>		K-60	5	<b>00:32:27.03</b>	+00:14:56 (46.0%)	6:29	9.2 (53.8%)
241	<b>PAULIŃSKI Jan</b>	<b>177</b>	JAMNO	M-70+	2	<b>00:32:29.82</b>	+00:14:59 (46.1%)	6:30	9.2 (53.8%)
242	<b>WEISS-SZULC Barbara</b>	<b>242</b>		K-40	31	<b>00:32:32.92</b>	+00:15:02 (46.2%)	6:30	9.2 (53.8%)
243	<b>BABIARZ Jacek</b>	<b>3</b>	PRESS GLASS - BIEGAMY I WSPIERAMY	M-40	48	<b>00:32:34.07</b>	+00:15:03 (46.2%)	6:30	9.2 (53.8%)
244	<b>MAŁYSZEWICZ Teresa</b>	<b>145</b>		K-50	8	<b>00:32:49.54</b>	+00:15:18 (46.7%)	6:34	9.1 (53.2%)
245	<b>SIENKIEWICZ Ewelina</b>	<b>202</b>		K-20	9	<b>00:33:10.99</b>	+00:15:40 (47.2%)	6:38	9 (52.6%)
246	<b>SIENKIEWICZ Monika</b>	<b>203</b>		K-50	9	<b>00:33:11.01</b>	+00:15:40 (47.2%)	6:38	9 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
247	<b>POLAK Mateusz</b>	<b>188</b>	KOSPEL	M-20	13	<b>00:33:34.20</b>	+00:16:03 (47.8%)	6:42	8.9 (52.0%)
248	<b>KACZMAREK Dominika</b>	<b>89</b>	PRESS GLASS - BIEGAMY I WSPIERAMY	K-20	10	<b>00:33:47.65</b>	+00:16:17 (48.2%)	6:45	8.9 (52.0%)
249	<b>PAŁASZ Karolina</b>	<b>175</b>	FUNDACJA ZASTOPIJ	K-30	42	<b>00:33:56.28</b>	+00:16:25 (48.4%)	6:47	8.8 (51.5%)
250	<b>KARNICKI Artur</b>	<b>97</b>	TKKF KOSZALIN	M-40	49	<b>00:35:24.74</b>	+00:17:54 (50.6%)	7:05	8.5 (49.7%)
251	<b>KHOURI Michał</b>	<b>198</b>	KLUB ROGATEGO MORSA	M-40	50	<b>00:35:30.95</b>	+00:18:00 (50.7%)	7:06	8.4 (49.1%)
252	<b>JANUS- KHOURI Ewa</b>	<b>247</b>	KLUB ROGATEGO MORSA	K-30	43	<b>00:35:31.70</b>	+00:18:01 (50.7%)	7:06	8.4 (49.1%)
253	<b>SZULC Martyna</b>	<b>227</b>	SZULC RUNNERS TEAM	K-30	44	<b>00:35:58.81</b>	+00:18:28 (51.3%)	7:11	8.3 (48.5%)
254	<b>STANCZEWSKA Karolina</b>	<b>211</b>		K-30	45	<b>00:35:59.77</b>	+00:18:29 (51.4%)	7:12	8.3 (48.5%)
255	<b>ŚCIEPŁEK Mateusz</b>	<b>233</b>	FUNDACJA ZASTOPIJ	M-30	51	<b>00:36:17.85</b>	+00:18:47 (51.8%)	7:15	8.3 (48.5%)
256	<b>BARTNIK Marian</b>	<b>265</b>		M-70+	3	<b>00:51:28.00</b>	+00:33:57 (66.0%)	10:17	5.8 (33.9%)

Znaleziono 256 wynik(ów)