



BIEG ULTRA TRAIL - 68 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2021-07-15
Miejsce: Łądek-Zdrój
Dystans: 68 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 57,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
1	SZUMLIŃSKI Piotr	4479	ATTIQ TEAM	Senior II M - 30	00:55:05	02:23:45	03:19:35	04:34:35	05:35:23
2	GRZĄDZIEL Dominik	4392	ATTIQ TEAM	Senior II M - 30	00:55:24	02:27:49	03:26:47	04:44:43	05:48:03
3	BIAŁOWĄS Tomasz	4362	STAJNIA BALONA	Senior II M - 30	00:57:11	02:29:02	03:27:46	04:44:47	05:50:59
4	WILK Maciej	4191	RAMBO 3	Masters M - 40	00:53:10	02:20:27	03:19:20	04:42:15	05:56:03
5	WOLEK Szymon	4389		Senior II M - 30	00:59:42	02:30:47	03:28:46	04:51:53	05:56:52
6	KARWACZYŃSKI Roger	4198		Senior II M - 30	00:55:14	02:25:59	03:27:10	04:47:08	05:57:32
7	GAWLIK Sławek	4451	DYNAFIT TEAM POLAND	Senior II M - 30	00:55:03	02:23:52	03:26:07	05:03:52	06:17:10
8	SMOLIŃSKI Marcin	4352	BIEGIEM PO MARZENIA TEAM	Senior II M - 30	00:58:30	02:26:53	03:27:29	04:57:13	06:21:42
9	KITA Michał	4391	PĘDZĄCY W MIEJSCU	Masters M - 40	01:00:05	02:39:12	03:41:35	05:06:26	06:22:41
10	JASIŃSKI Piotr	4426		Senior II M - 30	01:00:35	02:39:53	03:42:01	05:10:24	06:28:58
11	DUDA Konrad	4004	MY ENDURANCE TEAM	Senior II M - 30	01:00:40	02:40:10	03:42:04	05:10:26	06:30:38
12	PERYKASZA Paweł	4436	GRUPALUKTRANS.PL	Masters M - 40	01:01:28	02:41:26	03:45:36	05:16:47	06:34:13
13	PASTUSZKA Paweł	4326	EX TEAM	Senior II M - 30	00:57:46	02:37:07	03:46:30	05:15:13	06:34:19
14	MAŁEK Tomasz	4394		Senior II M - 30	00:58:27	02:35:17	03:43:49	05:17:15	06:38:28
15	PASTOROVA Petra	4480		Masters K - 40	01:04:14	02:47:12	03:52:20	05:22:25	06:39:37
16	KOWALCZYK Andrzej	4256	SPORTOWA PERSPEKTYWA / 42K.COM.PL	Senior II M - 30	01:00:27	02:36:57	03:41:47	05:13:36	06:43:20

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
17	WIECZORKIEWICZ Zbigniew	4442		Senior II M - 30	01:05:29	02:50:35	04:00:33	05:30:41	06:46:37
18	CHRUMKO Adam	4390	TJ MAGLA	Senior II M - 30	01:01:03	02:42:29	03:49:10	05:19:56	06:48:24
19	FUKS Jarosław	4083		Masters M - 40	01:03:40	02:49:12	03:56:28	05:30:49	06:49:06
20	MARGASIŃSKI Jacek	4057	140MINUT.PL	Senior II M - 30	00:58:12	02:39:50	03:56:17	05:35:11	06:50:12
21	CZUWAJ Andrzej	4301	ZADYSZKA OŚWIĘCIM	Masters M - 40	01:04:53	02:46:45	03:52:03	05:28:53	06:51:01
22	DROZD Michał	4274	GRUSZKA Z JEDNYM SKRZYDŁEM	Masters M - 40	01:04:07	02:44:55	03:50:13	05:23:24	06:51:24
23	DAMIAN Bieniek	4367		Senior II M - 30	01:04:17	02:50:01	03:57:09	05:31:52	06:56:21
24	HOTA Dalimil	4384	JAHŮDKY	Senior I M - 20	00:58:30	02:44:09	04:00:31	05:33:05	06:56:49
25	ŚLIWKIEWICZ Bartłomiej	4283	TWARDA PATOLOGIA	Senior I M - 20	01:13:45	03:03:56	04:06:32	05:39:37	06:59:56
26	GRABIŃSKI Wojciech	4344	#BIEGIEMWLAS	Senior I M - 20	01:03:50	02:48:30	03:54:31	05:30:50	07:01:35
27	MÜLLER Christoph	4306	ŁĄDEK-ZDRÓJ RUNNERS	Senior II M - 30	00:57:57	02:34:32	03:39:48	05:21:57	07:08:34
28	NIEDŹWIADK Kamil	4450	NIEDŹWIADKI RUNNING TEAM	Senior II M - 30	01:06:02	02:50:11	04:03:40	05:41:10	07:10:11
29	WOJTKOWIAK Stefan	4021	PIĄTKOWO NA BIEGOWO	Masters M - 40	01:10:04	02:59:27	04:11:17	05:46:10	07:11:06
30	NIEZGÓDKA Tomasz	4477	ZĄŁOGA GÓRSKA	Weteran I M - 50	01:10:04	03:02:52	04:11:20	05:46:43	07:12:36
31	ŚMIGIELSKA Danuta	4374		Senior I K - 20	01:07:25	02:57:22	04:05:50	05:44:17	07:13:26
32	LIGIENZA Andrzej	4246	BIELAWSKA AKADEMIA BIEGOWA	Senior II M - 30	01:04:18	02:50:13	04:04:40	05:44:45	07:14:49
33	WILK Jacek	4458		Weteran I M - 50	01:09:50	03:02:33	04:12:46	05:51:20	07:15:21
34	JERMAK Kamil	4212	BOHAR PALETY RUN &TRAVEL ZIELONA GÓRA	Masters M - 40	01:06:15	02:51:10	03:58:38	05:43:14	07:17:17
35	BASISTA Wojciech	4215		Senior II M - 30	01:04:33	02:51:30	04:03:00	05:43:21	07:17:21
36	WIECZOREK Marta	4043	PIERUNSKIE CANGÓRY	Senior I K - 20	01:06:19	02:56:10	04:12:59	05:55:03	07:21:16
37	KACZMARCZYK Łukasz	4346		Senior II M - 30	01:04:15	02:51:48	04:06:30	05:49:55	07:23:18
38	DWORNIK Maciek	4165	WARCZĄCE SZPRYCHY	Senior II M - 30	01:04:23	02:51:25	04:03:30	05:48:09	07:23:32
39	CIESIELSKI Michał	4347	ADIDAS RUNNERS WARSAW	Senior II M - 30	01:04:11	02:56:03	04:07:39	05:49:57	07:25:07
40	PIETRZAK Jan	4412	WAWRZYNTTEAM	Senior II M - 30	01:09:33	03:04:31	04:16:40	05:57:53	07:27:28

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
41	RĄCZKOWSKI Daniel	4247	KB ZDYSZAAAANI CHOCIANÓW	Senior II M - 30	01:05:08	03:01:23	04:15:48	05:59:14	07:28:10
42	MIODUCHOWSKI Arkadiusz	4315		Senior II M - 30	01:03:39	02:50:22	04:04:36	05:52:42	07:29:42
43	SKRZYPCZYK Paulina	4363	TEAM FRUN	Senior II K - 30	01:06:59	03:03:25	04:18:40	05:59:02	07:32:27
44	HOŁYST Marcin	4134	#WAWRZYNTTEAM	Senior II M - 30	01:11:15	03:07:08	04:17:37	06:04:57	07:32:35
45	RZADKOSZ Wojciech	4439		Senior II M - 30	01:07:10	03:05:32	04:20:35	05:58:52	07:32:41
46	ŚCISŁO Przemysław	4261		Weteran I M - 50	01:07:37	03:02:53	04:14:02	05:58:14	07:34:48
47	KRAKOWIAK Rafał	4400	KRAKOWIAK ULTRA TEAM	Senior II M - 30	01:11:39	03:10:13	04:22:08	06:05:58	07:36:12
48	ANUSZ Adam	4307	BECOME ONE	Senior II M - 30	01:06:28	02:59:30	04:14:51	06:01:39	07:36:28
49	LADENBERGER Mateusz	4180	WAWRZYNTTEAM	Senior II M - 30	01:13:58	03:12:17	04:24:44	06:02:41	07:36:35
50	MŁYNARSKI Mateusz	4268	TRITOGO	Senior II M - 30	01:09:37	03:08:26	04:21:05	06:08:13	07:40:24
51	LUPA Marcin	4305		Senior II M - 30	01:12:50	03:08:43	04:22:55	06:07:48	07:40:25
52	LASOCKI Marcin	4092	12TRI.PL / TEAM ZABIEGANEDNI	Masters M - 40	01:06:04	02:59:10	04:14:43	05:59:00	07:40:41
53	BRATEK Aga	4441		Masters K - 40	01:08:13	03:00:13	04:18:09	06:02:44	07:41:44
54	ADAMCZYK Maciej	4124	SKRA PATEREK	Senior II M - 30	01:12:38	03:13:24	04:27:47	06:08:36	07:42:11
55	ROGÓRZ Piotr	4456		Masters M - 40	01:02:44	02:45:49	03:58:11	05:50:22	07:43:46
56	ŻYŁKA Paweł	4411		Masters M - 40	01:19:40	03:21:30	04:36:50	06:17:13	07:46:20
57	DETLAFF Patrycja	4380	MIKOŁAJCZAK ULTRA TEAM	Senior II K - 30	01:13:50	03:16:23	04:38:48	06:22:53	07:46:29
58	JASZKIEWICZ Adrian	4065	LESZNO NO LIMITS RUNNERS	Masters M - 40	01:08:22	03:00:19	04:15:41	06:04:33	07:46:31
59	WEINERT Artur	4028	RUNNER'S POWER	Senior II M - 30	01:14:53	03:13:22	04:29:06	06:12:07	07:46:34
60	GRODZKI Tomasz	4162	ULTRAS DARŁOWO	Masters M - 40	01:13:27	03:10:42	04:25:11	06:11:50	07:46:50
61	KRÓL Marcin	4448		Masters M - 40	01:19:59	03:16:47	04:30:59	06:14:40	07:47:07
62	WYROŚLAK Józef	4105	JUICY RUNNER	Senior II M - 30	01:17:46	03:09:22	04:22:03	06:06:44	07:47:59
63	ROSZCZYK Karol	4188		Masters M - 40	01:12:17	03:10:50	04:24:40	06:09:42	07:49:24
64	WANDEL Piotr	4020	PRO-RUN WROCŁAW	Masters M - 40	01:09:42	03:07:38	04:25:27	06:18:42	07:49:34

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
65	NOWAK Marcin	4398		Senior II M - 30	01:19:12	03:27:24	04:36:19	06:16:09	07:50:16
66	KLIMA Dariusz	4327		Senior II M - 30	01:02:43	02:54:09	04:07:17	05:57:36	07:51:11
67	PARZONKA Sylwester	4225	KS GEPART KĘPNO	Weteran I M - 50	01:18:31	03:19:17	04:35:38	06:20:22	07:51:22
68	MIERZWA Sławomir	4284	140MINUT.PL	Masters M - 40	01:17:39	03:14:24	04:31:04	06:19:39	07:53:58
69	NOWACKA Marlena	4468		Masters K - 40	01:18:29	03:20:28	04:39:37	06:24:47	07:54:28
70	BASTRZYK Tomasz	4190		Masters M - 40	01:11:48	03:10:03	04:22:50	06:11:44	07:56:18
71	PAWLAK Marcin	4091	1ON1	Senior I M - 20	01:14:39	03:19:04	04:31:50	06:16:08	07:56:53
72	RUSOŁ Tomasz	4080	TROPEM ULTRA	Senior II M - 30	01:12:24	03:14:39	04:31:16	06:19:01	08:00:09
73	TYLIŃSKI Arkadiusz	4172	LESZ NO LIMITS RUNNERS	Weteran I M - 50	01:16:07	03:19:03	04:36:57	06:27:50	08:05:03
74	PYSZYNSKI Mariusz	4431	TRI POWER	Masters M - 40	01:15:30	03:21:34	04:39:00	06:26:51	08:05:39
75	WYSMOLINSKI Rafał	4369		Masters M - 40	01:18:31	03:22:27	04:42:49	06:31:51	08:06:59
76	DRAGANEK Ewelina	4205		Senior II K - 30	01:17:23	03:25:37	04:43:15	06:29:13	08:07:35
77	KUK Urszula	4402		Masters K - 40	01:16:07	03:19:02	04:35:31	06:25:21	08:07:38
78	URBAŃSKI Krzysztof	4478	ENGLISH OVER TEA	Senior II M - 30	01:09:27	03:07:36	04:28:14	06:18:07	08:08:01
79	ŻOŁNACZ Maciej	4189		Senior II M - 30	01:19:40	03:26:20	04:43:28	06:31:06	08:08:37
80	SOBANIA Tomasz	4366	PIAST GLIWICE	Senior I M - 20	01:21:23	03:30:11	04:48:57	06:34:45	08:09:06
81	MORAWSKI Filip	4336	KRAKOWIAKULTRATEAM	Masters M - 40	01:14:41	03:16:54	04:37:19	06:31:31	08:09:55
82	WOJCIECHOWSKI Dariusz	4388	KRAKOWIAK ULTRA TEAM / I-SPORT	Masters M - 40	01:14:46	03:20:18	04:40:26	06:32:08	08:10:12
83	MRÓWKA Michał	4259	OBOZY GÓRSKIE	Senior II M - 30	01:11:25	03:12:56	04:29:30	06:23:41	08:10:44
84	STRAUCHOLD Anna	4042	PRO-RUN WROCŁAW	Masters K - 40	01:14:37	03:17:31	04:36:44	06:29:06	08:10:47
85	WOJTYCZKA Wojciech	4437	GÓRAL Z MAZUR RUNNING TEAM	Senior II M - 30	01:15:18	03:20:11	04:34:58	06:24:20	08:11:20
86	SZELA Łukasz	4329	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	Senior II M - 30	01:20:05	03:22:15	04:40:02	06:28:11	08:11:49
87	KAKOSZKA Marcin	4088	SALTY DOOG	Senior II M - 30	01:07:34	03:06:02	04:23:38	06:29:59	08:13:07
88	RATYMIRSKI Wojtek	4302	#SOBASTEAM	Masters M - 40	01:10:39	03:09:19	04:30:32	06:31:04	08:15:15

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
89	JAGNIĄTKOWSKI Jacek	4359	TEAM KURORT ŁĄDEK ZDRÓJ	Masters M - 40	01:08:34	03:05:20	04:25:31	06:32:54	08:16:40
90	GARUS Łukasz	4311		Masters M - 40	01:12:24	03:19:00	04:39:16	06:33:52	08:17:22
91	PRUTA Rafał	4184	FATBOYS SPRINT	Masters M - 40	01:12:14	03:09:14	04:30:00	06:34:09	08:17:33
92	DYRAGA Marcin	4364	SAINT-GOBAIN SQUAD	Masters M - 40	01:17:14	03:22:17	04:40:40	06:31:34	08:17:49
93	PIEKARSKI Jakub	4032	HURAGAN LIGOTA	Senior I M - 20	01:00:10	02:54:15	04:33:47	06:31:40	08:19:20
94	CICHOWSKI Wojciech	4207	MATNER RUNNING TEAM	Senior I M - 20	01:10:31	03:10:11	04:24:40	06:26:54	08:20:57
95	STANISZ Marcin	4006	NIGHT RUNNERS PYSKOWICE	Senior II M - 30	01:16:40	03:44:51	04:55:03	06:39:41	08:23:22
96	SKWIERAWSKI Grzegorz	4036		Weteran I M - 50	01:20:15	03:29:54	04:46:40	06:38:12	08:23:26
97	ŻAKOWSKI Karol	4292	PORT RELAKS CREW	Masters M - 40	01:13:59	03:11:31	04:29:55	06:29:27	08:23:36
98	PAŻUCHA Wojciech	4013	NAPĘDZANY PIEROGAMI	Masters M - 40	01:14:48	03:20:20	04:40:29	06:33:58	08:24:03
99	KŁODA Dariusz	4121	DRUŻYNA SZPIKU	Masters M - 40	01:18:59	03:26:08	04:38:17	06:36:51	08:24:27
100	KWIATEK Agnieszka	4202		Senior II K - 30	01:19:47	03:30:06	04:53:18	06:45:07	08:24:43
101	SYREK Rafał	4295		Masters M - 40	01:04:50	03:02:18	04:23:38	06:35:16	08:24:45
102	WOJDA Bartosz	4300		Masters M - 40	01:13:19	03:19:25	04:40:34	06:41:02	08:26:12
103	MIŚ Mateusz	4052	SŁAWA	Senior II M - 30	01:16:17	03:23:32	04:41:56	06:38:32	08:28:18
104	CHMIEL Joanna	4213	FOREST GANG&TEDDY	Senior II K - 30	01:22:32	03:38:09	05:02:39	06:51:24	08:28:31
105	MAJOREK Krzysztof	4297		Senior II M - 30	01:19:23	03:29:49	04:51:30	06:49:06	08:29:19
106	NOWICKI Zbigniew	4401	TRIAMIGOS	Masters M - 40	01:20:55	03:30:44	04:51:29	06:46:00	08:29:47
107	BINIENDA Agnieszka	4330	KOBIETY WATAHY	Masters K - 40	01:17:32	03:33:05	04:56:21	06:54:37	08:29:51
108	MIKUŁAN Mikołaj	4112		Senior II M - 30	01:18:26	03:27:12	04:50:24	06:46:02	08:30:04
109	ŻARNIEWSKI Wojciech	4397	WOJCIECH ŻARNIEWSKI	Senior II M - 30	01:18:34	03:28:31	04:51:16	06:45:17	08:30:07
110	GRZYBOWSKI Maciek	4137		Senior II M - 30	01:15:26	03:14:19	04:38:14	06:40:06	08:30:24
111	TRYK Sebastian	4280		Weteran I M - 50	01:15:20	03:20:25	04:43:57	06:42:24	08:31:53
112	KOZŁOWSKA Iwona	4194	LESZ NO LIMITS RUNNERS	Masters K - 40	01:22:55	03:35:25	05:02:54	06:56:31	08:32:43

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
113	CAŁKA Krystian	4046	ULTRINO AMATEUR	Senior II M - 30	01:22:09	03:35:41	04:57:11	06:46:22	08:34:11
114	SKWAREK Tomasz	4066	CARBON SILESIA SPORT	Senior II M - 30	01:16:19	03:24:08	04:47:47	06:43:39	08:34:12
115	RZEŹNICZEK Anna	4438	STOWARZYSZENIE DZIAŁAMY RAZEM	Senior II K - 30	01:22:21	03:35:39	04:58:20	06:58:09	08:34:45
116	KOWALCZYK Adam	4464	STS BIEGATON	Masters M - 40	01:17:04	03:27:16	04:49:13	06:43:56	08:34:53
117	SŁYSZ Szymon	4350	NSK RUNS	Senior II M - 30	01:03:55	03:00:45	04:14:20	06:20:08	08:35:01
118	BEDNAREK Sebastian	4349		Senior II M - 30	01:21:14	03:23:49	04:46:29	06:44:09	08:35:04
119	SZUBA Teofil	4433	MARATOŃCZYK SZCZECIN	Masters M - 40	01:18:02	03:28:31	04:48:25	06:43:43	08:35:37
120	TOMCZAK Dariusz	4323	HELL'S GYM OCR PĘPOWO	Senior II M - 30	01:17:47	03:24:12	04:47:21	06:53:03	08:35:50
121	GRZYBOWSKA Karolina	4232		Masters K - 40	01:21:58	03:43:18	05:07:03	07:00:01	08:36:11
122	PĄPROWICZ Wojciech	4129		Senior II M - 30	01:10:44	03:15:38	04:36:57	06:38:35	08:36:22
123	BOROWCZYK Sonia	4355		Senior I K - 20	01:17:49	03:25:07	04:48:29	06:48:44	08:38:23
124	MICHAŁOWSKI Maciej	4038	KLUB PRZYJACIÓŁ MYSZKI MIKI	Senior II M - 30	01:16:55	03:21:10	04:43:27	06:44:49	08:39:22
125	DOROSZ Marek	4434	KB MANIAC POZNAŃ	Weteran I M - 50	01:18:04	03:33:04	04:58:55	06:58:30	08:39:30
126	PŁONKA Pawel	4104		Senior II M - 30	01:09:59	03:12:55	04:51:25	06:52:00	08:40:36
127	GIBALSKI Tomasz	4377	OBORYGENI	Weteran I M - 50	01:18:58	03:27:39	04:52:49	06:55:16	08:40:50
128	CZAPRAN Magdalena	4181		Senior II K - 30	01:22:52	03:35:56	05:00:50	06:56:44	08:40:59
129	BURZYŃSKI Łukasz	4285	BGC RUNNERS	Senior II M - 30	01:24:34	03:41:28	04:59:33	06:55:10	08:41:28
130	ODIJA Leszek	4446		Masters M - 40	01:19:34	03:37:00	04:59:43	07:00:42	08:41:50
131	SKÓRA Wojcieh	4422		Masters M - 40	01:21:01	03:35:22	05:01:56	07:03:19	08:42:30
132	KOZIOŁ Andrzej	4131		Masters M - 40	01:20:37	03:24:48	04:44:49	06:42:02	08:42:56
133	ROMANKIEWICZ Maciej	4103	BAND4EVENT	Senior II M - 30	01:19:02	03:28:45	04:50:52	06:52:29	08:43:25
134	PUPELIS Egidijus	4395	RUNNING PUNKS	Senior II M - 30	01:19:31	03:30:17	04:51:16	06:52:55	08:44:11
135	BROK Jacek	4111		Weteran I M - 50	01:18:39	03:26:55	04:52:11	06:53:25	08:45:43
136	LASZEWSKI Mateusz	4044		Senior I M - 20	01:24:20	03:41:17	05:04:05	07:05:46	08:48:31

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
137	JANUSZEWSKI Karol	4176	BIEGAM U KOLESI	Senior II M - 30	01:15:12	03:33:43	05:00:08	07:00:52	08:48:51
138	PTASZYŃSKA Eliza	4230		Masters K - 40	01:21:13	03:34:07	04:58:16	06:57:18	08:50:08
139	PURA Robert	4453		Masters M - 40	01:15:39	03:20:16	04:45:42	06:48:40	08:50:36
140	POROWSKI Piotr	4417	SAMSARA	Senior II M - 30	01:14:25	03:27:04	04:51:19	07:00:10	08:50:37
141	SZYMAŃSKA Agata	4466		Senior II K - 30	01:19:28	03:34:22	05:01:28	07:07:59	08:51:22
142	FIGIEL Bartosz	4385		Senior II M - 30	01:16:50	03:34:04	04:57:05	06:56:34	08:51:34
143	KŁOSEK Jacek	4281	100 MARATHON CLUB POLAND	Senior II M - 30	01:21:55	03:34:38	04:58:56	06:59:41	08:51:35
144	OSMOLAK Agnieszka	4316	AGNIESZKA OSMOLAK	Senior II K - 30	01:22:51	03:37:07	05:02:17	07:00:01	08:51:39
145	JANCZAK Konrad	4015		Senior I M - 20	01:20:46	03:33:33	05:01:16	07:06:54	08:52:01
146	JURZYSTA Grzegorz	4476		Masters M - 40	01:21:31	03:44:00	05:07:21	07:11:02	08:53:48
147	KOCIK Marcin	4317	FATBOYS SPRINT	Masters M - 40	01:16:34	03:29:58	04:55:58	07:00:59	08:54:32
148	ABRAMOWICZ Agata	4370		Senior I K - 20	01:12:59	03:35:30	05:12:32	07:15:41	08:54:41
149	HOFFMAN David	4372		Senior II M - 30	01:23:51	03:37:07	05:01:30	07:02:31	08:54:57
150	NAGLAK Łukasz	4002	KOŹMIN BIEGA ULTRA RUNNERS	Senior II M - 30	01:26:56	03:45:04	05:10:41	07:05:50	08:55:59
151	SAWICKI Leszek	4473		Weteran II M - 60	01:15:28	03:27:11	05:01:26	07:06:58	08:56:36
152	PIWKO Mateusz	4003		Senior II M - 30	01:23:44	03:46:26	05:12:58	07:10:38	08:56:58
153	PIĄTAS Paweł	4011		Senior II M - 30	01:16:17	03:34:49	04:58:19	07:01:19	08:57:54
154	SCHILLINGS Bart	4228		Senior II M - 30	01:13:41	03:16:17	04:39:00	06:47:57	08:58:00
155	SZCZEPAŃSKI Marcin	4338	STRZELIŃSKI KLUB BIEGACZA GRANIT	Senior II M - 30	01:13:10	03:29:01	04:55:47	07:01:15	08:58:16
156	JANAS Wojciech	4253	BIELAWSKA AKADEMIA BIEGOWA	Senior II M - 30	01:16:13	03:23:05	04:46:54	07:01:27	08:58:23
157	GIBALSKA Marzena	4378	OBORYGENI	Masters K - 40	01:26:03	03:47:12	05:14:23	07:14:55	08:59:40
158	DUCH Rafał	4007		Senior II M - 30	01:29:22	03:48:44	05:15:54	07:11:20	09:00:04
159	MARCINIAK Rafał	4175	8A.PL	Senior II M - 30	01:24:33	03:40:53	05:08:02	07:06:03	09:00:28
160	BIAŁCZYK Marcin	4193	MARATOŃCZYK POZNAŃ	Senior II M - 30	01:12:50	03:21:50	04:49:18	06:56:20	09:00:47

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
161	CHUDY Piotr	4211		Masters M - 40	01:22:03	03:36:55	04:59:47	06:58:32	09:01:09
162	SZYSZKA Konrad	4019	SZYSZKI TEAM	Masters M - 40	01:18:12	03:25:55	04:53:22	07:03:30	09:01:45
163	KARLIK Łukasz	4206	ES TEAM	Senior II M - 30	01:24:21	03:40:45	05:09:11	07:14:12	09:02:00
164	KAWECKI Marek	4299	DRUŻYNA KONOPIELKI	Masters M - 40	01:11:45	03:28:34	04:53:57	07:03:26	09:02:20
165	JADZIEWICZ Jakub	4469	PRORUNNING PROMOTIO	Masters M - 40	01:16:58	03:28:00	04:57:59	07:09:04	09:02:40
166	KUPCZAK Ewa	4314	SPARTA ULTRA TEAM	Masters K - 40	01:23:32	03:38:24	05:05:08	07:09:34	09:02:44
167	PUCHNIARZ Artur	4427		Masters M - 40	01:22:21	03:33:36	04:55:02	07:03:59	09:03:00
168	OSZCZĘDA Krzysztof	4335		Masters M - 40	01:22:57	03:41:17	05:07:51	07:10:33	09:03:13
169	JACKOWIAK Agnieszka	4030	RUNNERS'S POWER	Senior II K - 30	01:25:20	03:44:44	05:12:59	07:14:21	09:06:39
170	JACKOWIAK Szymon	4041	RUNNER'S POWER	Masters M - 40	01:25:21	03:44:43	05:12:58	07:14:11	09:06:39
171	IGNASZEWSKI Krzysztof	4196	RUNNER'S POWER	Masters M - 40	01:24:58	03:45:04	05:12:51	07:14:13	09:06:43
172	WÓJCIK Michał	4345	GRUPA SUDECKA GOPR	Senior II M - 30	01:16:05	03:26:36	04:51:48	07:01:59	09:07:01
173	TURLEJ Dariusz	4102	KONDYCJA	Weteran II M - 60	01:26:38	03:46:24	05:12:28	07:12:41	09:08:38
174	ŚWIATOWIEC Anna	4005		Weteran K - 50	01:25:56	03:46:44	05:17:10	07:27:19	09:08:54
175	SAŁAMACHA Jarosław	4200		Masters M - 40	01:24:09	03:46:16	05:10:47	07:12:00	09:08:55
176	MAJ-DZIUBAŃSKA Izabela	4053		Senior II K - 30	01:27:26	03:47:37	05:13:20	07:16:52	09:09:08
177	FEDYNA Marcin	4328		Senior I M - 20	01:22:50	03:37:48	05:02:06	07:03:44	09:09:15
178	NIKOLIN Andrzej	4267		Senior II M - 30	01:16:44	03:43:37	05:09:42	07:12:31	09:11:09
179	GAŁWA Dawid	4143		Senior II M - 30	01:19:45	03:42:07	05:11:44	07:18:38	09:11:18
180	NOWAK Krzysztof	4282		Masters M - 40	01:21:55	03:44:38	05:21:09	07:19:07	09:13:01
181	BUDZYŃSKI Przemysław	4275	BUDZYŃSCY TEAM	Masters M - 40	01:23:32	03:44:07	05:12:40	07:15:41	09:14:31
182	KORBANEK Emilia	4320	PSS POZYTYWNIE ZAKRĘCENI	Masters K - 40	01:25:21	03:48:20	05:11:54	07:15:01	09:14:33
183	IRA Brett	4373	DTB	Masters M - 40	01:23:40	03:35:38	05:01:18	07:13:03	09:18:05
184	KAMIŃSKI Marek	4037		Masters M - 40	01:27:49	03:44:14	05:14:29	07:23:17	09:18:10

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
185	FALBA Karol	4396		Senior II M - 30	01:19:33	03:38:38	05:07:55	07:17:55	09:18:29
186	STELMACH Krzysztof	4375		Masters M - 40	01:27:05	03:49:48	05:24:01	07:32:23	09:18:59
187	KOZIOŁ Ewa	4457	KB-SOBÓTKA	Masters K - 40	01:29:54	03:52:03	05:21:26	07:30:20	09:19:04
188	DITTMAR Bartosz	4255		Senior II M - 30	01:26:06	03:46:07	05:17:21	07:29:57	09:19:13
189	GARCZYŃSKI Darek	4140		Masters M - 40	01:22:38	03:42:30	05:11:29	07:14:53	09:19:28
190	SOWIŃSKI Mariusz	4406	KB SOBÓTKA	Masters M - 40	01:29:51	03:52:20	05:21:26	07:30:15	09:19:30
191	ŁABĘCKA Agata	4371	KLUB BIEGACZA RTV EURO AGD	Senior II K - 30	01:20:39	03:48:39	05:15:35	07:24:22	09:20:16
192	BIAŁEK Mirosław	4130	WRONIECKI KLUB BIEGACZA / PANDA TEAM	Senior II M - 30	01:22:47	03:42:39	05:10:00	07:20:15	09:20:35
193	CHĘCIŃSKI Łukasz	4035		Masters M - 40	01:22:05	03:39:51	05:10:31	07:23:24	09:20:57
194	KOŁCZ Sara	4360		Senior I K - 20	01:24:33	03:49:37	05:20:28	07:26:53	09:21:14
195	KRUPIANIK Tomasz	4361		Senior II M - 30	01:24:01	03:43:13	05:17:10	07:29:12	09:21:15
196	GUZEK Kamil	4069	WARRIORS ŁÓDŹ	Senior I M - 20	01:26:27	03:53:05	05:23:43	07:27:59	09:21:27
197	OSTROUCH Tymon	4135	PARKRUN GORZÓW	Senior II M - 30	01:18:05	03:37:47	04:59:45	07:08:38	09:21:35
198	KOŹBIELSKI Szymon	4324		Senior II M - 30	01:20:19	03:33:17	05:01:43	07:11:47	09:21:38
199	KOWACZEK Marek	4120	OKIEM WILKA	Masters M - 40	01:25:51	03:54:55	05:25:05	07:36:21	09:22:51
200	STEFANOWICZ Adam	4258	WM TRISELF KRAKÓW	Masters M - 40	01:13:13	03:26:25	04:55:19	07:07:17	09:23:19
201	PIETRZAK Sławomir	4403		Masters M - 40	01:22:50	03:45:10	05:18:32	07:31:53	09:23:35
202	JUSZCZYK Łukasz	4214	NIEPOŁOMICE BIEGAJĄ	Senior II M - 30	01:21:54	03:40:27	05:12:27	07:24:12	09:25:34
203	NIESPODZIANA Anna	4460		Senior II K - 30	01:24:19	03:47:43	05:27:38	07:37:56	09:26:28
204	DOBROWOLSKI Mateusz	4421		Senior I M - 20	01:22:15	03:58:34	05:19:46	07:33:33	09:27:11
205	FRASZCZYŃSKI Norbert	4048	KS WINO	Masters M - 40	01:22:39	04:04:46	05:26:38	07:25:40	09:27:39
206	SZELC Monika	4128		Masters K - 40	01:25:00	03:48:37	05:21:47	07:35:51	09:29:11
207	STROCZYŃSKI Paweł	4354	TYSKIE SINICE	Masters M - 40	01:21:40	03:48:40	05:18:14	07:29:48	09:29:15
208	KWAŚNIEWSKI Krzysztof	4257	TRENER FOREST	Weteran I M - 50	01:21:25	03:48:40	05:15:36	07:27:18	09:29:16

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
209	KRUCZEK Mirosław	4106	LEWIN BIEGA	Weteran I M - 50	01:23:27	03:45:02	05:15:43	07:32:02	09:31:32
210	KONIECZNY Justyna	4060	NRP PYSKOWICE	Senior II K - 30	01:24:42	03:48:37	05:22:46	07:28:30	09:31:48
211	PORAJ Paweł	4062		Senior II M - 30	01:24:03	03:52:36	05:19:16	07:25:15	09:32:12
212	KULPA Dawid	4455	MAD RUNNERS	Senior II M - 30	01:21:18	03:37:04	05:06:56	07:28:05	09:32:55
213	OLESIŃSKA Martyna	4244	W POGONI ZA DUCHEM	Senior II K - 30	01:32:38	03:59:27	05:29:28	07:37:16	09:33:19
214	DRZAŚCZ Marek	4287	CROSSELITE	Masters M - 40	01:19:42	03:42:58	05:17:40	07:33:49	09:34:17
215	KRÓLAK Krystian	4156	#TEAMKRÓLAK	Senior I M - 20	01:26:01	03:51:14	05:21:56	07:33:02	09:36:48
216	RUSZEL Urszula	4109	HARPAGAN ZG	Masters K - 40	01:20:47	03:50:04	05:23:29	07:32:44	09:37:23
217	RAK Wojciech	4093	SII RUNNING TEAM	Senior II M - 30	01:16:27	03:30:28	05:03:04	07:30:26	09:39:52
218	JACHYMSKI Jacek	4325	AKADEMICKI KLUB GÓRSKI W ŁODZI	Weteran II M - 60	01:27:53	03:49:47	05:25:03	07:39:30	09:40:15
219	STRONIEWSKI Jacek	4467	NRP	Masters M - 40	01:20:01	03:47:10	05:22:37	07:37:06	09:40:28
220	MONIAKOWSKI Adam	4309	BUTTONS TEAM	Masters M - 40	01:26:15	03:49:27	05:23:57	07:36:45	09:41:06
221	CHROMINSKI Grzegorz	4408	BIEGACZE KOSMOSU	Weteran I M - 50	01:25:39	03:49:20	05:20:07	07:35:16	09:42:10
222	SOLDON Katarzyna	4249		Senior II K - 30	01:26:16	03:49:57	05:24:59	07:45:18	09:43:36
223	UHLIR Marek	4107	RAL 3015	Masters M - 40	01:27:17	03:56:37	05:26:05	07:40:33	09:44:33
224	SEDLATA Michaela	4108	RAL 3015	Senior II K - 30	01:27:18	03:56:38	05:26:05	07:40:33	09:44:38
225	FORNAL Konrad	4061	STRZEGOMSKA DWUNASTKA	Senior I M - 20	01:20:19	03:46:28	05:30:16	07:42:51	09:45:11
226	KOMISARCZYK Krzysztof	4291		Senior I M - 20	01:21:15	03:40:05	05:11:40	07:32:34	09:45:16
227	ŚWIEŻAWSKA-AMBROZIAK Katarzyna	4414	ULTRA KUTNO	Masters K - 40	01:30:40	03:56:41	05:25:36	07:48:28	09:45:28
228	AMBROZIAK Rafał	4415	ULTRA KUTNO	Masters M - 40	01:30:43	03:56:49	05:25:05	07:42:15	09:45:29
229	POŹNIAK Marcin	4039	NIGHT RUNNERS PYSKOWICE	Senior II M - 30	01:20:22	03:44:54	05:17:36	07:30:06	09:45:41
230	RYCHEL-MANTUR Dominika	4115		Senior II K - 30	01:25:49	03:53:07	05:24:28	07:38:57	09:45:58
231	ŁOAZA Krzysztof	4031	NIGHT RUNNERS PYSKOWICE	Masters M - 40	01:21:31	03:44:31	05:16:52	07:38:22	09:46:19
232	ŁYŻWA Piotr	4393	SUPADUPAFLY	Masters M - 40	01:22:49	03:51:22	05:20:29	07:44:44	09:46:57

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
233	ZIÓŁEK Mirosław	4353	STAY INSANE/BANDA GRUDNIA	Weteran I M - 50	01:22:39	03:50:18	05:28:03	07:44:32	09:48:00
234	MAŁOLEPSZY Damian	4449	SPARTA ULTRA TEAM	Senior II M - 30	01:12:05	03:25:59	05:02:52	07:41:19	09:48:02
235	SAMOLAK Maciek	4054		Masters M - 40	01:29:26	04:07:44	05:35:22	07:55:12	09:48:08
236	KIERZEK Ewa	4409	#BIEGACZEKOSMOSU	Masters K - 40	01:32:28	04:01:51	05:36:00	07:54:43	09:48:11
237	TUSZNIO Grzegorz	4376		Senior II M - 30	01:24:00	03:43:06	05:15:15	07:41:06	09:48:23
238	SKRZYPIŃSKI Arkadiusz	4100	PSI PATROL	Masters M - 40	01:26:20	03:56:56	05:28:48	07:47:49	09:48:42
239	KIERZEK Artur	4407	BIEGACZE KOSMOSU	Masters M - 40	01:29:00	04:01:52	05:39:50	07:54:50	09:49:43
240	JAGUSTYN Maciej	4148	13ŚBOT	Senior I M - 20	01:15:59	03:47:11	05:24:33	07:50:58	09:50:00
241	BORUTA-KOŁODZIEJ Emilia	4151		Senior II K - 30	01:34:30	04:13:40	05:53:34	08:03:06	09:50:17
242	WIŚNIEWSKA Agnieszka	4462		Masters K - 40	01:30:40	04:10:49	05:43:26	07:54:42	09:51:01
243	BUDNY Aleksandra	4014	KRAŚNIK BIEGA / NO PAIN NO GAIN	Masters K - 40	01:35:09	04:11:02	05:43:26	07:54:50	09:51:02
244	AMBROZIAK Mateusz	4235		Senior II M - 30	01:21:49	03:39:56	05:07:56	07:38:13	09:51:32
245	BAUGARTNER Marcin	4289	KLUBSILESIA.PL	Masters M - 40	01:29:27	03:56:14	05:27:07	07:43:27	09:51:34
246	SURDAKCI Jerzy	4210	DRUŻYNA SZPIKU	Masters M - 40	01:26:19	04:01:06	05:34:55	07:53:01	09:51:37
247	KRYSIAK Tomasz	4017	AMATORSKIE BIEGANIE W SZCZECINIE	Senior II M - 30	01:17:26	03:43:35	05:14:46	07:40:20	09:52:23
248	SZCZUREK Mariusz	4337	PZU SPORT TEAM	Masters M - 40	01:26:44	03:59:17	05:34:07	07:51:57	09:52:24
249	FILIPIAK Sebastian	4067	EKIPA LIPA	Masters M - 40	01:25:41	03:49:30	05:24:16	07:50:38	09:53:49
250	OLIŃSKI Paweł	4051		Senior II M - 30	01:23:21	03:46:39	05:18:49	07:49:21	09:53:53
251	DYSZKIEWICZ Tomasz	4197	ULTRA KUTNO	Senior II M - 30	01:30:59	03:57:43	05:26:57	07:53:03	09:55:05
252	PTASZYŃSKI Krzysztof	4236		Senior II M - 30	01:28:36	03:52:15	05:24:52	07:45:24	09:55:10
253	MROCZEK Andrzej	4332		Masters M - 40	01:24:45	03:49:49	05:21:21	07:45:34	09:56:26
254	KURZACZ Orfeusz	4310	4RUN TEAM PILA	Masters M - 40	01:22:45	03:43:56	05:18:37	07:43:18	09:57:33
255	GRYZ Jacek	4152		Masters M - 40	01:30:46	04:08:08	05:42:29	08:00:57	09:57:42
256	MIECHOWICZ Małgorzata	4435	LEŻACZE ŁĄKOWI	Masters K - 40	01:26:38	03:55:40	05:30:36	07:53:11	09:58:21

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
257	MAJOCH Anna	4204		Masters K - 40	01:28:37	03:57:03	05:31:40	07:56:13	09:58:29
258	WADER Wojciech	4474	WONDER TRAVEL	Senior II M - 30	01:22:58	04:02:00	05:36:20	07:58:26	09:59:16
259	DZIĘGIELEWSKA Dominika	4078		Senior II K - 30	01:29:09	04:06:40	05:39:19	07:56:23	09:59:39
260	PIASKOWSKI Artur	4278		Masters M - 40	01:29:08	04:06:49	05:39:19	07:56:21	09:59:59
261	SIŃCZUK Patrycja	4262	MIRAZ RACE TEAM	Masters K - 40	01:31:13	04:08:55	05:43:57	07:59:00	10:00:33
262	DWORNIK Małgorzata	4166	WARCZĄCE SZPRYCHY	Senior II K - 30	01:27:41	03:58:09	05:34:42	07:56:49	10:00:50
263	GAJEWSKI Sebastian	4410	STARGARD JA SIĘ NIE ŚCIGAM	Senior II M - 30	01:26:42	03:57:10	05:33:34	08:06:26	10:01:57
264	MICHALSKA Joanna	4358	VELUX	Masters K - 40	01:31:24	04:15:18	05:52:14	08:10:00	10:02:26
265	RADOMSKI Grzegorz	4286	MOKRE RUN	Masters M - 40	01:16:20	03:38:19	05:11:00	07:46:20	10:04:01
266	HAAS Przemysław	4022	BACKPACKING OKAPI TEAM	Senior II M - 30	01:27:14	04:00:48	05:35:28	07:57:33	10:04:04
267	RADWANSKI Tomasz	4443	ORION	Masters M - 40	01:25:19	03:59:51	05:35:10	08:00:32	10:04:53
268	GÓRECKI Marcin	4420	W I R	Masters M - 40	01:25:18	03:59:51	05:34:58	08:01:22	10:04:58
269	KOSZAREK Andrzej	4348		Masters M - 40	01:31:28	03:59:18	05:34:02	07:54:36	10:05:03
270	RUSZCZEWSKI Andrzej	4010	VEGE RUNNERS	Senior II M - 30	01:24:41	03:40:18	05:10:43	07:42:45	10:06:28
271	ŚWIĘTONIOWSKA Justyna	4126	STGRZ	Senior II K - 30	01:29:20	04:07:08	05:41:16	08:01:33	10:07:11
272	WOJDYLAK Katarzyna	4231	ULTRA WAY TEAM	Masters K - 40	01:20:53	03:43:18	05:17:33	07:35:56	10:09:06
273	REWERS Dariusz	4150	ULTRA WAY TEAM	Masters M - 40	01:20:53	03:43:17	05:17:33	07:35:53	10:09:07
274	PARFIENIUK Michał	4264	BIAŁYSTOK BIEGA TEAM	Senior I M - 20	01:28:43	04:04:19	05:32:06	08:01:38	10:09:57
275	MACKIEWICZ Dorota	4444		Masters K - 40	01:35:13	04:17:24	06:00:05	08:15:38	10:10:15
276	WIERZCHOŃ Michał	4163	MR. DOC	Masters M - 40	01:27:51	04:03:12	05:40:04	08:00:56	10:11:56
277	POPŁAWSKI Krzysiek	4127	PWPW S.A.	Masters M - 40	01:24:40	03:55:34	05:35:47	08:06:53	10:12:30
278	JANKOWSKI Rafał	4428	KOŁO BIEGA	Senior II M - 30	01:26:37	03:59:52	05:30:43	08:04:06	10:13:49
279	KIEŁBOWICZ Aneta	4050	SŁYNNI KENIJCZYCY	Senior II K - 30	01:31:25	04:15:35	05:55:10	08:13:59	10:14:43
280	MŁODZIKOWSKI Rafał	4238	SŁYNNI KENIJCZYCY	Masters M - 40	01:31:16	04:15:37	05:54:55	08:13:56	10:14:44

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
281	GRUNDKOWSKI Oskar	4277		Senior I M - 20	01:16:20	04:00:41	05:41:05	08:07:31	10:15:25
282	KUCZYŃSKI Grzegorz	4243	BIAŁYSTOK BIEGA TEAM	Masters M - 40	01:28:46	04:04:19	05:32:10	08:01:40	10:15:39
283	PETRUS Karolina	4240		Senior II K - 30	01:31:58	04:08:00	05:49:13	08:09:29	10:16:09
284	ROLIŃSKI Radosław	4216		Masters M - 40	01:27:48	04:02:08	05:44:26	08:16:39	10:22:20
285	NOWOSŁAWSKI Krzysztof	4293	IRRACJONALNIE MASZERUJĄCY	Masters M - 40	01:26:42	04:04:04	05:46:50	08:16:43	10:22:25
286	KOKOSZKA Marcin	4059	1ON1 TEAM	Masters M - 40	01:29:23	04:14:20	05:54:37	08:13:30	10:22:27
287	SMOLAK Agata	4331		Senior II K - 30	01:30:41	04:08:26	05:51:41	08:20:26	10:24:05
288	KOTOMSKA Renata	4418		Masters K - 40	01:31:09	04:10:50	05:52:35	08:17:04	10:24:59
289	LUTYŃSKI Zbigniew	4203		Masters M - 40	01:28:05	03:59:17	05:44:04	08:13:57	10:25:39
290	NOWAK Iwona	4056	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Masters K - 40	01:32:30	04:06:24	05:41:11	08:12:43	10:27:24
291	ROSZYK Magdalena	4096	TKKF MPK POZNAŃ	Masters K - 40	01:40:42	04:32:31	06:15:09	08:36:15	10:28:11
292	RUTKOWSKI Maciej	4226	ULTRA DIABŁY TEAM LUBRZA	Senior I M - 20	01:24:52	04:03:20	05:33:20	08:03:13	10:28:12
293	JAKÓBCZYK Ewelina	4218		Senior I K - 20	01:24:53	04:03:20	05:33:20	08:03:14	10:28:14
294	JANKOWIAK Karol	4071	KOŹMIN BIEGA ULTRA RUNNERS	Senior II M - 30	01:26:55	03:56:20	05:31:59	08:09:22	10:29:23
295	GRABCZAK Jarosław	4082		Senior II M - 30	01:25:28	03:56:18	05:32:06	08:02:05	10:30:58
296	TOMASZEWSKA Ewa	4097		Masters K - 40	01:25:38	03:56:53	05:34:10	08:06:10	10:31:03
297	WÓJCIAK Ewelina	4055	WARRIORS ŁÓDŹ	Senior II K - 30	01:32:23	04:10:41	05:51:05	08:24:12	10:31:11
298	CZYRNIA Andrzej	4087	RAJSPOORT ACTIVE	Senior II M - 30	01:18:19	03:56:11	05:21:51	08:04:07	10:31:47
299	JASAK Michał	4404	ROYAL RUNNERS TEAM	Senior II M - 30	01:27:18	04:25:24	06:03:12	08:27:51	10:31:49
300	MILEWSKI Andrzej	4381	GRUPA CZWORGÓ (4GO)/#BIEGANIENIEOPIERDALANIE/#TEAMKALDUN/SRO-BIKE-TEAM	Senior II M - 30	01:26:29	04:00:33	05:40:12	08:17:57	10:32:23
301	BOGUCKA Anna	4382	BIEGANIE NIE OPIERDALANIE	Masters K - 40	01:26:39	04:00:36	05:40:16	08:18:00	10:32:25
302	GRYGORUK Cezary	4158		Weteran I M - 50	01:24:09	04:05:41	05:45:31	08:17:26	10:32:30
303	SWĘDZIOŁ Monika	4245	W POGONI ZA DACHEM	Senior II K - 30	01:33:03	04:13:35	05:53:33	08:19:25	10:33:24
304	ŻEHALUK Paweł	4094		Senior I M - 20	01:29:41	04:24:22	06:01:01	08:23:40	10:34:54

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
305	SZYPULSKI Dariusz	4187	SKS CHMIELOWICE	Masters M - 40	01:22:25	03:57:38	05:37:38	08:01:20	10:34:57
306	PYTEL Roman	4185	IZBICKO W BIEGU	Masters M - 40	01:22:25	03:57:43	05:37:22	08:02:04	10:35:19
307	WYSZOMIRSKI Adam	4387		Senior II M - 30	01:35:10	04:21:02	05:59:48	08:26:36	10:35:23
308	KONIECZNY Jacek	4075	NIGHT RUNNERS PYSKOWICE	Senior II M - 30	01:31:24	04:07:34	05:48:04	08:15:25	10:39:12
309	CICHOCKI Dawid	4475	NIGHT RUNNERS PYSKOWICE	Senior II M - 30	01:16:45	03:48:40	05:28:53	07:59:16	10:39:21
310	KWAŚNIOK Rafał	4040	NIGHT RUNNERS PYSKOWICE	Senior II M - 30	01:32:53	04:18:54	05:41:52	08:08:31	10:39:24
311	ZAWADZKA Marzena	4160	RUNNING 5	Weteran K - 50	01:36:01	04:24:04	06:08:57	08:36:15	10:39:39
312	SUŁEK Aldona	4432	ZOELLER TECH	Masters K - 40	01:29:01	04:16:57	06:00:14	08:31:10	10:40:05
313	PODLECKI Wojciech	4012	ROKIETNICA BIEGA	Senior II M - 30	01:19:33	04:00:10	05:34:27	08:04:10	10:41:07
314	ZAKRZEWSKI Marek	4459	EKOBIEGI	Weteran I M - 50	01:23:15	03:51:48	05:44:23	08:17:11	10:41:32
315	GROMADZKA Justyna	4357	KOBIETY WATAHA	Senior II K - 30	01:35:18	04:18:10	06:03:13	08:25:59	10:43:10
316	KOPCZYŃSKA Marta	4159	KWIATY U BEATY SWARZĘDZ	Senior II K - 30	01:28:47	04:10:39	05:54:18	08:29:30	10:43:24
317	KUCHMECKI Maciej	4419		Senior II M - 30	01:28:48	04:10:39	05:54:20	08:29:30	10:43:28
318	URBANIK Radosław	4463		Masters M - 40	01:34:07	04:18:07	06:01:14	08:35:10	10:43:51
319	URBANIK Zuza	4183	APETYT NA ŻYCIE	Masters K - 40	01:34:10	04:18:10	06:01:30	08:35:14	10:44:02
320	ZATAJ Igor	4116	KB MANIAC /CHARTY CHARTOWO	Masters M - 40	01:30:59	04:13:10	05:54:16	08:36:33	10:45:07
321	SUT Iwona	4136		Masters K - 40	01:31:53	04:16:04	05:55:04	08:24:29	10:45:11
322	SZMANIA Jakub	4149	HKT AZYMUT	Masters M - 40	01:33:21	04:19:40	06:01:15	08:37:45	10:46:59
323	LEWANDOWSKI Wojciech	4296	FUNTRI	Senior II M - 30	01:31:03	04:06:21	05:42:40	08:21:25	10:47:24
324	BĘDZIŃSKA Jolanta	4095		Masters K - 40	01:30:02	04:24:27	06:12:08	08:43:06	10:48:19
325	ODOLCZYK Joanna	4481		Weteran K - 50	01:32:43	04:10:56	06:01:22	08:34:54	10:50:59
326	GÓRNA Jagoda	4029	WKURW_TEAM	Senior II K - 30	01:25:26	04:06:13	05:47:38	08:25:03	10:51:08
327	ŁUCZKÓW Andrzej	4167	FIRMA ŁUCZKÓW	Weteran I M - 50	01:28:11	04:14:58	06:01:41	08:37:53	10:51:43
328	KOLEJ Monika	4223	DZIKIE DZIKI GORZOW	Masters K - 40	01:34:14	04:18:39	06:04:02	08:40:27	10:53:09

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
329	KUŚ Tomasz	4123	MIRAZ RACE TEAM	Senior II M - 30	01:31:16	04:09:28	05:47:06	08:30:05	10:54:44
330	BOROWIK Łukasz	4084	CAŁA OLEŚNICA BIEGA	Senior II M - 30	01:37:21	04:31:07	06:09:47	08:41:44	10:56:22
331	KOTWICA Andrzej	4070	SMOLECKA ZADYSZKA	Masters M - 40	01:22:19	03:59:07	05:32:28	08:22:16	10:57:18
332	DĘBEK Piotr	4290	ŚWIDNICKA GRUPA BIEGOWA	Masters M - 40	01:36:01	04:24:55	06:07:22	08:39:01	10:58:20
333	OWCZARCZAK Monika	4272		Senior II K - 30	01:29:23	04:24:43	06:08:59	08:52:33	10:58:28
334	PIGŁA Michał	4273	SPORTOWY KAŻMIERZ	Masters M - 40	01:29:05	04:25:41	06:08:57	08:52:30	10:58:29
335	JURKIEWICZ Dominik	4319		Senior II M - 30	01:27:15	04:04:38	05:46:46	08:24:12	10:58:45
336	KROPIAK Katarzyna	4049	VEGE RUNNERS	Senior II K - 30	01:38:30	04:20:57	06:03:48	08:35:47	10:59:57
337	BIELOV Yurly	4483		Senior I M - 20	01:17:28	04:01:42	05:49:22	08:33:46	11:00:54
338	SZULC Edyta	4239	ADIDAS RUNNERS WARSAW	Masters K - 40	01:39:34	04:23:56	05:58:46	08:42:00	11:02:53
339	BLIŻNIEWSKA Katarzyna	4221	6	Masters K - 40	01:32:05	04:19:17	06:05:11	08:42:49	11:02:57
340	KANDORA Piotr	4234	MIECHOWICKA GRUPA BIEGOWA	Masters M - 40	01:31:38	04:12:00	05:58:37	08:41:49	11:04:23
341	KANDORA Joanna	4233	MIECHOWICKA GRUPA BIEGOWA	Masters K - 40	01:31:40	04:12:00	05:58:38	08:41:50	11:04:25
342	DARSKI Rafał	4227	RECAMIERE	Weteran I M - 50	01:27:02	04:18:06	06:11:33	09:02:23	11:06:04
343	SAMOLAK Łukasz	4086	10 BLOG	Senior II M - 30	01:29:27	04:25:01	06:10:08	09:03:58	11:07:57
344	JASIŃSKA Magdalena	4482		Masters K - 40	01:43:54	04:37:05	06:23:00	08:56:02	11:09:18
345	CZOSZYK-KAWALA Olga	4220	ŚWIERCZEWO RUN	Masters K - 40	01:40:45	04:40:29	06:26:10	09:05:29	11:12:11
346	PLEWA Piotr	4321	4 RUN TEAM PIŁA	Masters M - 40	01:31:02	04:13:39	05:57:12	08:45:03	11:12:27
347	AMANOWICZ Łukasz	4379		Senior II M - 30	01:25:44	04:12:10	05:59:54	08:40:20	11:13:04
348	DRAJERCZAK Marlena	4471	MUAY RUNNING TEAM	Masters K - 40	01:40:44	04:40:28	06:26:06	09:05:31	11:13:10
349	KOŚCIELNIAK Marek	4472	MUAY RUNNING TEAM	Masters M - 40	01:40:45	04:39:55	06:24:01	09:05:30	11:14:12
350	LOBA Damian	4470	ŚWIERCZEWO RUN	Weteran I M - 50	01:40:42	04:40:26	06:24:06	09:05:31	11:14:17
351	FRAÇKOWIAK Dominik	4154		Senior II M - 30	01:28:56	04:14:33	06:06:48	08:53:29	11:14:34
352	LEONARSKA Małgorzata	4072	SZEREGOWY BIEGACZ/DZIKI BIEG	Senior II K - 30	01:36:46	04:30:23	06:17:27	08:51:30	11:15:47

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
353	SMUGA Łukasz	4077	SZEREGOWY BIEGACZ	Senior II M - 30	01:36:35	04:30:21	06:17:25	08:51:29	11:15:51
354	ŁOPOKA Przemek	4485		Senior I M - 20	01:35:54	04:22:23	06:07:23	08:39:33	11:16:20
355	SIKORSKI Grzegorz	4110		Masters M - 40	01:34:50	04:18:36	06:16:11	09:00:59	11:17:50
356	MULARCZYK Marta	4034	WKURW_TEAM	Senior II K - 30	01:38:44	04:32:01	06:24:12	09:10:50	11:19:36
357	SAMBORSKI Piotr	4058	WKURW_TEAM	Senior II M - 30	01:38:44	04:32:01	06:24:13	09:10:50	11:19:36
358	KRAJEWSKA-KŁODA Katarzyna	4119	DRUŻYNA SZPIKU	Masters K - 40	01:41:47	04:43:38	06:31:14	09:11:21	11:20:11
359	SOBCZAK Tomasz	4386	REBORN TEAM GNIEZNO	Masters M - 40	01:35:57	04:27:48	06:15:17	09:01:00	11:22:17
360	BARANIAK Beata	4217	DRUŻYNA SZPIKU	Masters K - 40	01:41:51	04:43:47	06:31:24	09:11:22	11:23:15
361	FERDYNUS Marcin	4429	SZYBKE ŻÓŁWIE OPATÓW	Senior II M - 30	01:33:53	04:26:18	06:12:44	08:57:40	11:24:35
362	PURA Paweł	4484		Masters M - 40	01:30:08	04:12:55	05:58:40	08:47:34	11:24:55
363	BURY Marek	4201		Weteran I M - 50	01:37:19	04:29:23	06:13:43	09:05:09	11:25:33
364	COP Anna	4405	SILESIA ULTRA MOUNTAIN TEAM	Senior II K - 30	01:55:27	04:33:25	06:28:11	09:18:19	11:27:38
365	GARBACZ Marek	4308	LEŚNE DZIADY	Masters M - 40	01:30:37	04:24:53	06:10:11	09:11:27	11:27:38
366	CYGAN Anna	4209	NIE ZRZESZONA	Weteran K - 50	01:35:26	04:35:29	06:29:35	09:14:48	11:28:18
367	TOMASZEWSKI Mariusz	4224		Senior II M - 30	01:46:52	04:52:17	06:41:17	09:42:18	11:30:47
368	STRZELECKI Krzysztof	4312		Masters M - 40	01:30:34	04:24:54	06:07:57	09:11:59	11:32:19
369	PIECUCH Małgorzata	4114		Weteran II K - 60	01:39:10	04:35:32	06:28:34	09:11:29	11:32:24
370	ZAMOJSKA Iwona	4101	MIECHOWICKA GRUPA BIEGOWA	Masters K - 40	01:37:36	04:45:55	06:39:20	09:30:01	11:34:17
371	NIZIOŁ Marian	4303		Weteran II M - 60	01:39:51	04:39:24	06:36:41	09:24:01	11:37:05
372	LUPA Mirosław	4009	LUPUSTEAM	Weteran I M - 50	01:38:35	04:38:42	06:35:07	09:20:47	11:39:52
373	PYTLARZ Waldemar	4153	RUNNING 5	Weteran I M - 50	01:53:58	05:07:43	07:08:14	09:38:23	11:40:12
Przekroczony limit czasu: 14:30:00									
374	SZCZUKA Leszek	4288	CROSSELITE	Masters M - 40	01:23:07	04:01:45	05:49:52	09:22:38	12:01:18
375	WÓJCIK Łukasz	4113	CYTRYNOWE CURRY???	Masters M - 40	01:38:14	04:47:56	06:42:56	09:49:30	12:07:40

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
376	MAKOWSKA Agnieszka	4266	W POGONI ZA DUCHEM	Masters K - 40	01:48:00	04:41:30	06:49:29	09:55:38	12:17:44
377	POKOJSKA Ewa	4341	WYBIEGAJ SIEBIE	Masters K - 40	01:57:30	05:02:53	07:02:37	10:03:53	12:36:54
378	SCHLAPPA Sebastian	4090	IZBICKO W BIEGU	Masters M - 40	01:40:26	04:49:48	06:39:30	09:49:11	12:42:02
379	RURKA Grzegorz	4445	SAMBIEGAM	Weteran I M - 50	01:38:29	04:38:29	06:45:04		13:09:22
380	WARA-WĄSOWSKI Maciej	4340		Weteran I M - 50	01:39:15	04:47:01	07:00:05	10:06:01	13:33:09
381	MARYNIAK Katarzyna	4342	WYBIEGAJ SIEBIE	Masters K - 40	01:59:06	05:22:59	07:33:07		13:53:25
382	PARTYKA Maja	4161		Senior II K - 30	01:53:57	05:07:44	07:08:14	10:26:36	13:57:27
	PIOTROWSKI Dominik	4023	CHLEB DOMINIKA	Masters M - 40	01:06:31 DNF	03:32:35 DNF	DNF	DNF	DNF
	FORTUNA Norbert	4074	BARTOSZ GORCZYCA TEAM/ KGHM ZG RUN	Senior II M - 30	01:01:26 DNF	DNF	DNF	DNF	DNF
	GORZKOWSKI Tomasz	4117		Masters M - 40	01:19:05 DNF	03:46:34 DNF	DNF	DNF	DNF
	SZULTK Magdalena	4147		Senior II K - 30	01:07:14 DNF	DNF	DNF	DNF	DNF
	ANTOSZCZUK Arkadiusz	4164	ULTRACK	Masters M - 40	01:23:31 DNF	03:39:32 DNF	DNF	DNF	DNF
	KOTARSKI Jarosław	4199		Senior I M - 20	00:59:05 DNF	DNF	DNF	DNF	DNF
	PIECUCH Marcin	4229		Senior II M - 30	01:10:23 DNF	DNF	DNF	DNF	DNF
	BANKIEWICZ Damian	4271	ASSECO ACTIVE TEAM	Weteran I M - 50	01:21:25 DNF	DNF	DNF	DNF	DNF
	CZERNICKA Magdalena	4368	YNO ULTRA	Senior II K - 30	01:32:53 DNF	DNF	DNF	DNF	DNF
	ADAMOCHA Mariusz	4334		Masters M - 40	01:17:30 DNF	03:26:34 DNF	05:07:14 DNF	DNF	DNF
	ROŚLICKI Jarosław	4168	UBEZPIECZENIA DLA AKTYWNYCH/OBORYGENI	Masters M - 40	01:18:56 DNF	03:42:35 DNF	05:21:20 DNF	DNF	DNF
	BLAJCHERT Adam	4171	RUNNING 5	Masters M - 40	01:36:01 DNF	04:24:04 DNF	06:09:01 DNF	DNF	DNF
	WITLICKI Kacper	4157		Senior I M - 20	01:24:56 DNF	04:04:29 DNF	05:59:31 DNF	DNF	DNF
	KĘPSKI Grzegorz	4139		Senior II M - 30	01:38:37 DNF	04:41:40 DNF	06:44:29 DNF	DNF	DNF
	KORNACKI Piotr	4294		Masters M - 40	01:27:48 DNF	04:23:00 DNF	06:22:04 DNF	DNF	DNF
	WOLAŃSKI Witosław	4416	KASZUBSKA PONIEWIERKA	Weteran I M - 50	01:22:30 DNF	03:48:39 DNF	05:34:55 DNF	DNF	DNF
	SKROŃSKA Monika	4343	WYBIEGAJ SIEBIE	Masters K - 40	DNF	DNF	DNF	DNF	DNF

Msc	Zawodnik	Numer	Klub	Kategoria	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km
	ŁACHAN Patryk	4144	WKURW_TEAM	Masters M - 40	01:41:15 DNF	05:14:21 DNF	08:12:33 DNF	DNF	DNF
	BOULANGE Piotr	4313	12TRI	Masters M - 40	01:31:41 DNF	04:25:41 DNF	06:33:34 DNF	DNF	DNF
	BRONOWICKI Jarosław	4424	DRUŻYNA SZPIKU ŻÓŁW I ZAJĄC	Masters M - 40	01:16:16 DNF	03:28:09 DNF	05:01:27 DNF	07:52:28 DNF	DNF
	LATANOWICZ Bernard	4452		Senior II M - 30	01:24:53 DNF	03:59:39 DNF	05:44:48 DNF	08:53:23 DNF	DNF
	SZUBA Tadeusz	4465	TKKF TRUCHT ŁOBEZ	Weteran II M - 60	01:18:05 DNF	03:46:01 DNF	05:37:00 DNF	08:30:22 DNF	DNF
	KUŹNIAK Szymon	4242		Senior II M - 30	01:25:20 DNF	03:59:36 DNF	05:44:19 DNF	DNF	DNF
	STASIK Aleksander	4063		Masters M - 40	01:23:44 DNF	03:48:45 DNF	05:21:09 DNF	07:45:12 DNF	DNF
	ZDYB Grzegorz	4018		Masters M - 40	01:31:49 DNF	04:19:41 DNF	06:08:39 DNF	08:48:06 DNF	DNF
	WIELICZKO Rafał	4025	ZONE RUNNERS	Senior II M - 30	01:36:17 DNF	DNF	DNF	DNF	DNF
	WIELICZKO Dagmara	4033	ZONE RUNNERS	Senior II K - 30	01:36:16 DNF	DNF	DNF	DNF	DNF
	SZAŁAJSKA Monika	4000		Senior I K - 20	01:53:00 DNF	05:15:31 DNF	07:36:07 DNF	DNF	DNF
	SKROBEK Marcin	4132		Senior II M - 30	01:37:31 DNF	04:19:44 DNF	06:17:30 DNF	08:58:18 DNF	DNF
	SZCZYGIELSKA Patrycja	4222		Senior II K - 30	02:01:18 DNF	05:34:39 DNF	08:00:40 DNF	DNF	DNF
	KLINOWSKI Mirosław	4186		Masters M - 40	01:47:11 DNF	04:52:18 DNF	06:49:29 DNF	DNF	DNF
	MIŚ Piotr	4024	DIEHL CONTROL RUNING TEAM	Senior II M - 30	01:29:40 DNF	04:03:12 DNF	05:44:21 DNF	08:26:23 DNF	DNF
	JANKOWSKI Tom	4118	WIECZORNE BIEGANIE W SZCZECINIE/QCE	Masters M - 40	01:39:55 DNF	04:38:17 DNF	06:38:34 DNF	DNF	DNF
	BAKALARZ Emil	4237	ULTRA ALPACAS	Senior II M - 30	01:03:46 DNF	02:47:40 DNF	03:53:46 DNF	DNF	DNF
	PIETRAKOWSKI Grzegorz	4440		Masters M - 40	01:39:24 DNF	04:37:08 DNF	06:37:47 DNF	DNF	DNF
	CHORAŻY Izabela	4195	CAŁA OLEŚNICA BIEGA	Senior I K - 20	01:42:18 DNF	04:50:51 DNF	06:50:54 DNF	DNF	DNF
	WYSZOMIRSKA Agnieszka	4461		Senior II K - 30	01:35:12 DNF	DNF	DNF	07:58:25 DNF	DNF
	ŁABĘDZKA-BUGAJ Alicja	4318	KB DĘBIEC	Weteran K - 50	01:40:53 DNF	04:32:33 DNF	06:32:40 DNF	09:29:19 DNF	DNF

Znaleziono 420 wynik(ów)