



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2022-07-14
Łądek-Zdrój
68 km

BIEG ULTRA TRAIL - 68 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters K - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Łądek 0.01km	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
1	BOGUCA Emilia	4380	WLKP MOUNTAINS ULTRA	Masters K - 40	1	00:00:15	01:09:28	02:58:34	04:09:24	05:48:09	07:14:49	08:29:06.45	08:29:06.45		7:29	8 (100%)
2	JAWORSKA Magdalena	4018	GB WIELKOPOLSCY BIEGACZE/TEAM KGB	Masters K - 40	2	00:00:18	01:11:24	03:05:23	04:16:45	05:59:26	07:21:47	08:33:23.90	08:33:23.90	+00:04:17 (0.8%)	7:32	7.9 (98.8%)
3	GRABOŚ Nina	4314		Masters K - 40	3	00:00:16	01:14:02	03:09:36	04:22:05	06:01:38	07:30:13	08:43:09.50	08:43:09.50	+00:14:03 (2.7%)	7:41	7.8 (97.5%)
4	FLAGA Iwona	4205	LOS PANTALONES ROJOS	Masters K - 40	4	00:00:08	01:16:43	03:14:56	04:29:34	06:07:05	07:33:33	08:52:10.55	08:52:10.55	+00:23:04 (4.3%)	7:49	7.7 (96.3%)
5	KOŚCIELNIAK Wioletta	4377	RUNNERS TEAM NYSA	Masters K - 40	5	00:00:22	01:11:54	03:02:53	04:19:32	06:04:44	07:34:17	08:58:09.35	08:58:09.35	+00:29:02 (5.4%)	7:54	7.6 (95.0%)
6	WAWRZYNIAK Małgorzata	4236	#BIEGIEMWLAS	Masters K - 40	6	00:00:11	01:11:12	03:06:54	04:19:57	06:06:47	07:45:18	09:09:00.90	09:09:00.90	+00:39:54 (7.3%)	8:04	7.4 (92.5%)
7	CHOJKA- BARTOSZKO Karolina	4084		Masters K - 40	7	00:00:26	01:21:55	03:23:43	04:42:26	06:30:11	07:59:16	09:19:46.55	09:19:46.55	+00:50:40 (9.1%)	8:13	7.3 (91.3%)
8	KUK Urszula	4174		Masters K - 40	8	00:00:58	01:18:16	03:16:07	04:33:27	06:21:08	08:00:04	09:26:48.35	09:26:48.35	+00:57:41 (10.2%)	8:20	7.2 (90.0%)
9	KARNICKA Iwona	4019	DZG RUNNERS	Masters K - 40	9	00:00:05	01:17:49	03:23:49	04:45:20	06:35:50	08:18:52	09:45:09.75	09:45:09.75	+01:16:03 (13.0%)	8:36	7 (87.5%)
10	CHRAPLEWSKA Karolina	4342		Masters K - 40	10	00:00:18	01:18:08	03:25:53	04:53:11	06:48:04	08:28:13	09:57:28.80	09:57:28.80	+01:28:22 (14.8%)	8:47	6.8 (85.0%)
11	GOŁĘBIEWSKA Katarzyna	4421	COMFORT ZONE	Masters K - 40	11	00:00:29	01:21:27	03:27:53	04:52:32	06:47:38	08:28:53	09:57:29.05	09:57:29.05	+01:28:22 (14.8%)	8:47	6.8 (85.0%)
12	KANIEWSKA Agnieszka	4416		Masters K - 40	12	00:00:13	01:21:52	03:35:38	05:05:34	07:12:15	08:54:15	10:21:12.65	10:21:12.65	+01:52:06 (18.0%)	9:08	6.6 (82.5%)
13	ZAŁUSKA-LIPA Agnieszka	4355		Masters K - 40	13	00:00:34	01:21:40	03:33:35	05:01:14	07:11:06	09:08:39	10:38:42.55	10:38:42.55	+02:09:36 (20.3%)	9:23	6.4 (80.0%)
14	JASTRZĄB- STANDERSKA Joanna	4412		Masters K - 40	14	00:00:27	01:25:55	03:46:28	05:20:26	07:36:03	09:33:33	11:09:15.45	11:09:15.45	+02:40:09 (23.9%)	9:50	6.1 (76.3%)
15	GIBALSKA Marzena	4221	OBORYGENI	Masters K - 40	15	00:01:05	01:37:12	04:03:30	05:32:44	07:38:01	09:30:34	11:18:51.90	11:18:51.90	+02:49:45 (25.0%)	9:58	6 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Ładek 0.01km	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
16	BUDYCH- GÓRZNA Magdalena	4396	GO! GOWARZEWO	Masters K - 40	16	00:00:49	01:28:18	03:49:35	05:23:22	07:37:41	09:35:33	11:19:37.65	11:19:37.65	+02:50:31 (25.1%)	9:59	6 (75.0%)
17	FARION Marzena	4061	THE FARIONS	Masters K - 40	17	00:00:41	01:27:29	03:53:42	05:29:17	07:44:32	09:43:52	11:20:09.85	11:20:09.85	+02:51:03 (25.1%)	10:00	6 (75.0%)
18	SKROBAŃSKA Katarzyna	4200	SKROBKITEAM	Masters K - 40	18	00:00:19	01:27:07	03:50:39	05:26:07	07:43:29	09:38:11	11:27:43.55	11:27:43.55	+02:58:37 (26.0%)	10:06	5.9 (73.8%)
19	FOGT Monika	4262		Masters K - 40	19	00:00:52	01:34:42	03:54:55	05:31:23	07:45:01	09:45:25	11:27:47.95	11:27:47.95	+02:58:41 (26.0%)	10:06	5.9 (73.8%)
20	BAR Aleksandra	4376	GMINA STRZELCE OPOLSKIE	Masters K - 40	20	00:00:30	01:31:31	04:02:46	05:39:18	07:59:41	09:52:23	11:31:15.25	11:31:15.25	+03:02:08 (26.4%)	10:09	5.9 (73.8%)
21	KROCZYŃSKA Kinga	4320		Masters K - 40	21	00:00:15	01:25:36	03:56:00	05:33:23	07:49:56	09:56:03	11:42:07.05	11:42:07.05	+03:13:00 (27.5%)	10:19	5.8 (72.5%)
22	GLINA- KRAWCZYK Małgorzata	4213	GÓRYLASY	Masters K - 40	22	00:00:57	01:34:33	04:07:49	05:48:20	08:05:49	10:05:56	11:46:44.20	11:46:44.20	+03:17:37 (28.0%)	10:23	5.8 (72.5%)
23	KOLEJ Monika	4120	DZIKIE DZIKI GORZOW	Masters K - 40	23	00:00:20	01:28:47	03:58:29	05:39:56	07:58:38	09:59:18	11:48:04.95	11:48:04.95	+03:18:58 (28.1%)	10:24	5.8 (72.5%)
24	HELWICH Agnieszka	4085		Masters K - 40	24	00:00:26	01:28:16	04:12:37	05:55:26	08:20:12	10:19:43	12:02:11.85	12:02:11.85	+03:33:05 (29.5%)	10:37	5.6 (70.0%)
25	CYMBORSKA Jolanta	4134		Masters K - 40	25	00:00:17	01:34:21	04:16:39	05:53:41	08:19:49	10:28:51	12:04:29.25	12:04:29.25	+03:35:22 (29.7%)	10:39	5.6 (70.0%)
26	SOSZYŃSKA Katarzyna	4301	ULTRA WAY TEAM	Masters K - 40	26	00:00:04	01:29:56	04:04:37	05:50:38	08:19:44	10:27:52	12:20:42.95	12:20:42.95	+03:51:36 (31.3%)	10:53	5.5 (68.8%)
27	KACZMAREK Magdalena	4062		Masters K - 40	27	00:00:54	01:34:07	04:13:38	06:00:13	08:36:17	10:27:34	12:21:28.50	12:21:28.50	+03:52:22 (31.3%)	10:54	5.5 (68.8%)
28	HAUSMAN Magdalena	4009	PARKRUN GRUDZIĄDZ	Masters K - 40	28	00:00:11	01:32:13	04:14:21	06:02:14	08:28:26	10:27:29	12:31:08.20	12:31:08.20	+04:02:01 (32.2%)	11:02	5.4 (67.5%)
29	BURLIGA Marzena	4038	BP RUNNING TEAM GLIWICE	Masters K - 40	29	00:00:12	01:35:45	04:27:59	06:11:22	08:47:15	10:30:33	12:33:00.25	12:33:00.25	+04:03:53 (32.4%)	11:04	5.4 (67.5%)
30	CZOSZYK- KAWALA Olga	4201	ŚWIERCZEWO RUN	Masters K - 40	30	00:00:51	01:40:42	04:26:59	06:16:21	08:50:22	10:49:26	12:38:55.10	12:38:55.10	+04:09:48 (32.9%)	11:09	5.4 (67.5%)
31	JERCZYŃSKA Beata	4225		Masters K - 40	31	00:00:40	01:38:51	04:30:34	06:25:23	08:54:23	10:52:38	12:43:59.25	12:43:59.25	+04:14:52 (33.4%)	11:14	5.3 (66.3%)
32	PIOTROWSKA Anna	4108		Masters K - 40	32	00:00:56	01:40:03	04:16:24	06:13:52	08:51:11	11:08:08	12:51:23.45	12:51:23.45	+04:22:17 (34.0%)	11:20	5.3 (66.3%)
	JAGODZIŃSKA Paulina	4036	ZABIEGANI MIELEC/ WKURW_TEAM	Masters K - 40		00:00:18 DNF	01:38:32 DNF	04:20:40 DNF	06:16:46 DNF	09:11:24 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GAJ-JURCZYK Renata	4046	STAN UMYSŁU LEWIN BIEGA	Masters K - 40		00:01:03 DNF	01:48:43 DNF	04:52:38 DNF	06:39:29 DNF	09:32:53 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PIETRZAK Anna	4233		Masters K - 40		00:00:39 DNF	01:41:20 DNF	04:38:23 DNF	06:39:18 DNF	09:35:01 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	RZECZYŃSKA Anna	4121	BBL GORZÓW WIELKOPOLSKI	Masters K - 40		00:00:09 DNF	02:06:46 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)