



BIEG ULTRA TRAIL - 68 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2023-07-13
Łądek-Zdrój
68 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Masters K - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
1	JAKUBIEC Aleksandra	4159	MAMY TO /NAVIMART RUN	Masters K - 40	1	01:10:11	02:55:47	04:05:31	05:43:42	07:03:58	08:20:51.30	08:20:59.40		7:21	8.1 (100%)
2	JAWORSKA Magdalena	4037	GB WLKP.BIEGACZE/THWBT	Masters K - 40	2	01:15:11	03:14:49		06:10:15	07:46:20	09:05:38.20	09:05:59.00	+00:44:59 (8.2%)	8:01	7.5 (92.6%)
3	LEŚNIAK Karolina	4371	FUNTRI	Masters K - 40	3	01:21:00	03:21:59	04:38:10	06:27:33	08:19:12	09:46:08.40	09:47:03.35	+01:26:03 (14.7%)	8:37	7 (86.4%)
4	WOJTKOWIAK Renata	4103	PIĄTKOWO NA BIEGOWO	Masters K - 40	4	01:20:58	03:25:44	04:50:31	06:53:04	08:43:26	10:26:54.55	10:28:07.50	+02:07:08 (20.2%)	9:13	6.5 (80.2%)
5	KUK Urszula	4316		Masters K - 40	5	01:26:28	03:39:52	05:05:51	07:03:14	08:57:46	10:35:28.25	10:35:39.10	+02:14:39 (21.2%)	9:20	6.4 (79.0%)
6	ROSZAK-SURKÓW Sylwia	4163	PARKRUN JEZIORO SWARZĘDZKIE	Masters K - 40	6	01:27:42	03:37:34	05:11:11	07:16:50	09:13:45	10:47:55.35	10:48:38.05	+02:27:38 (22.8%)	9:31	6.3 (77.8%)
7	KAJDAS Małgorzata	4029		Masters K - 40	7	01:24:16	03:31:30	04:59:24	07:12:45	09:15:15	10:58:22.95	10:58:52.20	+02:37:52 (24.0%)	9:40	6.2 (76.5%)
8	KRZESZEWSKA Dorota	4310		Masters K - 40	8	01:26:50	03:47:07	05:22:29	07:37:17	09:28:17	11:12:32.40	11:13:12.95	+02:52:13 (25.6%)	9:53	6.1 (75.3%)
9	KOZAK Ewa	4116	KOZAKI	Masters K - 40	9	01:29:14	03:55:34		07:35:37	09:31:18	11:13:29.80	11:14:04.30	+02:53:04 (25.7%)	9:54	6.1 (75.3%)
10	RABIEGA Monika	4078	#BIEGAJLESZNO	Masters K - 40	10	01:28:27	03:55:38	05:28:16	07:45:25	09:39:29	11:22:41.00	11:22:45.00	+03:01:45 (26.6%)	10:02	6 (74.1%)
11	FRAĆKOWIAK Ewelina	4287		Masters K - 40	11	01:34:31	04:04:29	05:38:50	07:56:15	09:53:23	11:41:08.75	11:41:32.70	+03:20:33 (28.6%)	10:18	5.8 (71.6%)
12	OLĘDZKA Emilia	4329	REMBERTÓW TEAM	Masters K - 40	12	01:30:35	03:54:33	05:29:22	07:48:42	09:55:18	11:44:03.65	11:45:12.70	+03:24:13 (29.0%)	10:21	5.8 (71.6%)
13	BATOR Monika	4090		Masters K - 40	13	01:26:15	03:53:20	05:30:19	07:49:48	10:03:28	11:52:54.65	11:53:24.45	+03:32:25 (29.8%)	10:29	5.7 (70.4%)
14	SZEJKA Katarzyna	4141		Masters K - 40	14	01:39:41	04:14:57	05:47:02	08:04:16	10:15:16	12:21:38.90	12:23:01.70	+04:02:02 (32.6%)	10:54	5.5 (67.9%)
15	KOCZOROWSKA Anna	4115	TEAM ZABIEGANEDNI	Masters K - 40	15	01:32:39	04:10:45	05:47:44	08:26:31	10:43:50	12:42:39.15	12:43:17.85	+04:22:18 (34.4%)	11:12	5.3 (65.4%)

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						A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	68km	68km			
16	ADAMUS Katarzyna	4055	ULTRA BESKID SPORT	Masters K - 40	16	01:47:35	04:40:18	06:25:04	08:51:26	10:56:37	12:52:42.60	12:53:58.55	+04:32:59 (35.3%)	11:21	5.3 (65.4%)
17	LACH Agnieszka	4260	MOCNA GRUPA CEZARA	Masters K - 40	17	01:35:32	04:19:28	06:08:54	08:44:30	11:01:46	12:54:15.75	12:54:47.80	+04:33:48 (35.3%)	11:23	5.3 (65.4%)
18	FIK-KIONA Joanna	4146	KB SZAMOTUŁY	Masters K - 40	18	01:38:37	04:22:10	05:59:23	08:38:00	11:00:43	12:54:28.60	12:55:27.85	+04:34:28 (35.4%)	11:23	5.3 (65.4%)
19	KRAJEWSKA Agata	4336	RIO GRAPPLING CLUB OŁAWA	Masters K - 40	19	01:36:50	04:06:57	05:52:25	08:31:07	11:00:28	13:09:30.50	13:10:47.70	+04:49:48 (36.6%)	11:36	5.2 (64.2%)
20	ROSIŃSKA Agnieszka	4152	ŚWIERCZEWO RUN	Masters K - 40	20	01:46:42	04:48:34	06:56:03			13:12:38.00	13:14:17.55	+04:53:18 (36.9%)	11:39	5.1 (63.0%)
21	KOSTRZYŃSKA Ewa	4120	KB SZAMOTUŁY	Masters K - 40	21	01:43:12	04:30:37	06:18:41	09:02:26	11:14:43	13:15:55.60	13:16:55.20	+04:55:55 (37.1%)	11:42	5.1 (63.0%)
22	PAWLIK Katarzyna	4277		Masters K - 40	22	01:37:39	04:17:09	05:55:53	08:32:54	11:03:05	13:18:30.65	13:19:21.65	+04:58:22 (37.3%)	11:44	5.1 (63.0%)
23	TOMASZEWSKA Ewa	4213	STOWARZYSZENIE BIEG OPOLSKI	Masters K - 40	23	01:37:39	04:17:09	05:55:56	08:32:48		13:18:31.15	13:19:21.80	+04:58:22 (37.3%)	11:44	5.1 (63.0%)
24	BERNAS-KUJAWIŃSKA Magdalena	4284	HERCOG RUNNING TEAM	Masters K - 40	24	01:37:58	04:27:47	06:26:03	09:02:31	11:16:50	13:28:39.10	13:28:44.45	+05:07:45 (38.1%)	11:53	5 (61.7%)
25	GUZEK Agnieszka	4332		Masters K - 40	25	01:38:08	04:17:06	06:02:58	08:43:53	11:14:18	13:28:11.45	13:29:22.05	+05:08:22 (38.1%)	11:53	5 (61.7%)
26	SOBAŃSKA Paulina	4169	TARNOWO PODGÓRNE BIEGA	Masters K - 40	26	01:43:13		06:22:57	09:10:29	11:29:08	13:36:21.65	13:36:58.85	+05:15:59 (38.7%)	12:00	5 (61.7%)
27	DUBIEL Monika	4192	KUNA W AGREŚCIE	Masters K - 40	27	01:41:01	04:25:30	06:09:56	08:48:35	11:03:33	13:40:52.90	13:41:58.55	+05:20:59 (39.1%)	12:04	5 (61.7%)
28	DRAJERCZAK Marlena	4154	M&M BIEGAMY RAZEM	Masters K - 40	28	01:45:09	04:39:55	06:31:28	09:21:19	11:27:56	13:50:09.05	13:51:50.65	+05:30:51 (39.8%)	12:12	4.9 (60.5%)
29	LEWICKA Magdalena	4083	CAŁA OLEŚNICA BIEGA	Masters K - 40	29	01:36:00	04:38:02	06:33:07	09:20:05	11:29:00	13:51:40.30	13:51:57.85	+05:30:58 (39.8%)	12:13	4.9 (60.5%)
29	HADUŁA Justyna	4269		Masters K - 40	29	01:35:59	04:38:01	06:33:03	09:19:55	11:28:59	13:51:39.90	13:51:57.85	+05:30:58 (39.8%)	12:13	4.9 (60.5%)
31	HANGIEL Urszula	4275	ŻWAWĘ ŻÓŁWIE	Masters K - 40	31	01:45:33	04:46:39	06:47:00	09:33:36	11:47:37	13:51:55.35	13:53:30.85	+05:32:31 (39.9%)	12:14	4.9 (60.5%)
	HAŁUPKA Aldona	4160	PARKRUN JEZIORO SWARZĘDZKIE	Masters K - 40		01:27:16 DNF	03:46:02 DNF	05:26:27 DNF	08:40:14 DNF	DNF	DNF	DNF		-	- (0.0%)
	GAWĘDZKA Aneta	4158	OBORYGENI	Masters K - 40		02:01:01 DNF	04:50:46 DNF	06:57:06 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KORYBUT-BARSKA Anna	4044		Masters K - 40		01:46:24 DNF	04:46:50 DNF	07:05:47 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SZCZEPANIAK Marta	4051		Masters K - 40		01:46:24 DNF	04:46:58 DNF	07:05:47 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KUŹNIAK Justyna	4361	KB SZAMOTUŁY	Masters K - 40		01:54:17 DNF	04:56:30 DNF	07:09:16 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WINIECKA Ewa	4005	PARKRUN SŁODOWO WŁOCŁAWEK	Masters K - 40		01:46:34 DNF	04:48:49 DNF	07:11:04 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KRZEMPEK Bogusława	4145	ULTRA BESKID SPORT	Masters K - 40		01:47:38 DNF	04:40:54 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

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	URACZ Beata	4270	BARTOSZ GORCZYCA TEAM	Masters K - 40		01:11:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KORNACKA Monika	4244	AKTYWNI KRZYŻ	Masters K - 40		01:52:46 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 40 wynik(ów)