



BIEG ULTRA TRAIL - 68 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2021-07-15
Miejsce: Łądek-Zdrój
Dystans: 68 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
1	WILK Maciej	4191	RAMBO 3	Masters M - 40	1	00:53:10	02:20:27	03:19:20	04:42:15	05:56:03	06:58:44.10		6:09	9.7 (100%)
2	KITA Michał	4391	PĘDZĄCY W MIEJSCU	Masters M - 40	2	01:00:05	02:39:12	03:41:35	05:06:26	06:22:41	07:34:07.45	+00:35:23 (7.8%)	6:40	9 (92.8%)
3	PERYKASZA Paweł	4436	GRUPALUKTRANS.PL	Masters M - 40	3	01:01:28	02:41:26	03:45:36	05:16:47	06:34:13	07:40:43.10	+00:41:59 (9.1%)	6:46	8.9 (91.8%)
4	CZUWAJ Andrzej	4301	ZADYSZKA OŚWIĘCIM	Masters M - 40	4	01:04:53	02:46:45	03:52:03	05:28:53	06:51:01	08:08:26.35	+01:09:42 (14.3%)	7:10	8.4 (86.6%)
5	DROZD Michał	4274	GRUSZKA Z JEDNYM SKRZYDŁEM	Masters M - 40	5	01:04:07	02:44:55	03:50:13	05:23:24	06:51:24	08:12:59.30	+01:14:15 (15.1%)	7:14	8.3 (85.6%)
6	FUKS Jarosław	4083		Masters M - 40	6	01:03:40	02:49:12	03:56:28	05:30:49	06:49:06	08:25:19.15	+01:26:35 (17.1%)	7:25	8.1 (83.5%)
7	WOJTKOWIAK Stefan	4021	PIĄTKOWO NA BIEGOWO	Masters M - 40	7	01:10:04	02:59:27	04:11:17	05:46:10	07:11:06	08:27:24.65	+01:28:40 (17.5%)	7:27	8 (82.5%)
8	JERMAK Kamil	4212	BOHAR PALETY RUN & TRAVEL ZIELONA GÓRA	Masters M - 40	8	01:06:15	02:51:10	03:58:38	05:43:14	07:17:17	08:30:46.35	+01:32:02 (18.0%)	7:30	8 (82.5%)
9	ŻYŁKA Paweł	4411		Masters M - 40	9	01:19:40	03:21:30	04:36:50	06:17:13	07:46:20	09:03:27.55	+02:04:43 (23.0%)	7:59	7.5 (77.3%)
10	LASOCKI Marcin	4092	12TRI.PL / TEAM ZABIEGANEDNI	Masters M - 40	10	01:06:04	02:59:10	04:14:43	05:59:00	07:40:41	09:08:14.80	+02:09:30 (23.6%)	8:03	7.4 (76.3%)
11	JASZKIEWICZ Adrian	4065	LESZNO NO LIMITS RUNNERS	Masters M - 40	11	01:08:22	03:00:19	04:15:41	06:04:33	07:46:31	09:12:17.95	+02:13:33 (24.2%)	8:07	7.4 (76.3%)
12	ROGÓRZ Piotr	4456		Masters M - 40	12	01:02:44	02:45:49	03:58:11	05:50:22	07:43:46	09:13:05.10	+02:14:21 (24.3%)	8:08	7.4 (76.3%)
13	WANDEL Piotr	4020	PRO-RUN WROCŁAW	Masters M - 40	13	01:09:42	03:07:38	04:25:27	06:18:42	07:49:34	09:13:37.75	+02:14:53 (24.4%)	8:08	7.4 (76.3%)
14	GRODZKI Tomasz	4162	ULTRAS DARŁOWO	Masters M - 40	14	01:13:27	03:10:42	04:25:11	06:11:50	07:46:50	09:16:40.45	+02:17:56 (24.8%)	8:11	7.3 (75.3%)
15	ROSZCZYK Karol	4188		Masters M - 40	15	01:12:17	03:10:50	04:24:40	06:09:42	07:49:24	09:18:12.70	+02:19:28 (25.0%)	8:12	7.3 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas							Tempo min/km	Tempo km/h
						A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	netto 68km	Różn		
16	KRÓL Marcin	4448		Masters M - 40	16	01:19:59	03:16:47	04:30:59	06:14:40	07:47:07	09:18:20.00	+02:19:35 (25.0%)	8:12	7.3 (75.3%)
17	MIERZWA Sławomir	4284	140MINUT.PL	Masters M - 40	17	01:17:39	03:14:24	04:31:04	06:19:39	07:53:58	09:21:26.75	+02:22:42 (25.4%)	8:15	7.3 (75.3%)
18	BASTRZYK Tomasz	4190		Masters M - 40	18	01:11:48	03:10:03	04:22:50	06:11:44	07:56:18	09:27:20.75	+02:28:36 (26.2%)	8:20	7.2 (74.2%)
19	WOJCIECHOWSKI Dariusz	4388	KRAKOWIAK ULTRA TEAM / I-SPORT	Masters M - 40	19	01:14:46	03:20:18	04:40:26	06:32:08	08:10:12	09:30:23.80	+02:31:39 (26.6%)	8:23	7.2 (74.2%)
20	PYSZYNSKI Mariusz	4431	TRI POWER	Masters M - 40	20	01:15:30	03:21:34	04:39:00	06:26:51	08:05:39	09:31:53.55	+02:33:09 (26.8%)	8:24	7.1 (73.2%)
21	WYSMOLINSKI Rafał	4369		Masters M - 40	21	01:18:31	03:22:27	04:42:49	06:31:51	08:06:59	09:32:30.10	+02:33:46 (26.9%)	8:25	7.1 (73.2%)
22	MORAWSKI Filip	4336	KRAKOWIAKULTRATEAM	Masters M - 40	22	01:14:41	03:16:54	04:37:19	06:31:31	08:09:55	09:36:13.65	+02:37:29 (27.3%)	8:28	7.1 (73.2%)
23	RATYMIRSKI Wojtek	4302	#SOBASTEAM	Masters M - 40	23	01:10:39	03:09:19	04:30:32	06:31:04	08:15:15	09:42:23.60	+02:43:39 (28.1%)	8:33	7 (72.2%)
24	GARUS Łukasz	4311		Masters M - 40	24	01:12:24	03:19:00	04:39:16	06:33:52	08:17:22	09:48:42.05	+02:49:57 (28.9%)	8:39	6.9 (71.1%)
25	DYRAGA Marcin	4364	SAINT-GOBAIN SQUAD	Masters M - 40	25	01:17:14	03:22:17	04:40:40	06:31:34	08:17:49	09:55:23.70	+02:56:39 (29.7%)	8:45	6.9 (71.1%)
26	KŁODA Dariusz	4121	DRUŻYNA SZPIKU	Masters M - 40	26	01:18:59	03:26:08	04:38:17	06:36:51	08:24:27	09:57:20.95	+02:58:36 (29.9%)	8:47	6.8 (70.1%)
27	PAŻUCHA Wojciech	4013	NAPĘDZANY PIEROGAMI	Masters M - 40	27	01:14:48	03:20:20	04:40:29	06:33:58	08:24:03	09:57:31.65	+02:58:47 (29.9%)	8:47	6.8 (70.1%)
28	PRUTA Rafal	4184	FATBOYS SPRINT	Masters M - 40	28	01:12:14	03:09:14	04:30:00	06:34:09	08:17:33	09:57:39.15	+02:58:55 (29.9%)	8:47	6.8 (70.1%)
29	NOWICKI Zbigniew	4401	TRIAMIGOS	Masters M - 40	29	01:20:55	03:30:44	04:51:29	06:46:00	08:29:47	09:58:53.85	+03:00:09 (30.1%)	8:48	6.8 (70.1%)
30	JAGNIĄTKOWSKI Jacek	4359	TEAM KURORT ŁĄDEK ZDRÓJ	Masters M - 40	30	01:08:34	03:05:20	04:25:31	06:32:54	08:16:40	10:04:26.70	+03:05:42 (30.7%)	8:53	6.8 (70.1%)
31	WOJDA Bartosz	4300		Masters M - 40	31	01:13:19	03:19:25	04:40:34	06:41:02	08:26:12	10:04:54.55	+03:06:10 (30.8%)	8:53	6.7 (69.1%)
32	ŻAKOWSKI Karol	4292	PORT RELAKS CREW	Masters M - 40	32	01:13:59	03:11:31	04:29:55	06:29:27	08:23:36	10:05:07.60	+03:06:23 (30.8%)	8:53	6.7 (69.1%)
33	SZUBA Teofil	4433	MARATOŃCZYK SZCZECIN	Masters M - 40	33	01:18:02	03:28:31	04:48:25	06:43:43	08:35:37	10:08:36.85	+03:09:52 (31.2%)	8:57	6.7 (69.1%)
34	KOWALCZYK Adam	4464	STS BIEGATON	Masters M - 40	34	01:17:04	03:27:16	04:49:13	06:43:56	08:34:53	10:10:29.80	+03:11:45 (31.4%)	8:58	6.7 (69.1%)
35	SYREK Rafał	4295		Masters M - 40	35	01:04:50	03:02:18	04:23:38	06:35:16	08:24:45	10:14:29.10	+03:15:45 (31.9%)	9:02	6.6 (68.0%)
36	SKÓRA Wojciech	4422		Masters M - 40	36	01:21:01	03:35:22	05:01:56	07:03:19	08:42:30	10:15:48.80	+03:17:04 (32.0%)	9:03	6.6 (68.0%)
37	ODIJA Leszek	4446		Masters M - 40	37	01:19:34	03:37:00	04:59:43	07:00:42	08:41:50	10:18:57.65	+03:20:13 (32.3%)	9:06	6.6 (68.0%)
38	KOZIOŁ Andrzej	4131		Masters M - 40	38	01:20:37	03:24:48	04:44:49	06:42:02	08:42:56	10:22:13.40	+03:23:29 (32.7%)	9:09	6.6 (68.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Różn	Tempo min/km	Tempo km/h	
						A1 10km	D1 24km	B1 34km	B2 46km	A15 57km				netto 68km
39	PURA Robert	4453		Masters M - 40	39	01:15:39	03:20:16	04:45:42	06:48:40	08:50:36	10:29:28.80	+03:30:44 (33.5%)	9:15	6.5 (67.0%)
40	JURZYSTA Grzegorz	4476		Masters M - 40	40	01:21:31	03:44:00	05:07:21	07:11:02	08:53:48	10:33:20.10	+03:34:36 (33.9%)	9:18	6.4 (66.0%)
41	OSZCZĘDA Krzysztof	4335		Masters M - 40	41	01:22:57	03:41:17	05:07:51	07:10:33	09:03:13	10:36:17.70	+03:37:33 (34.2%)	9:21	6.4 (66.0%)
42	CHUDY Piotr	4211		Masters M - 40	42	01:22:03	03:36:55	04:59:47	06:58:32	09:01:09	10:38:00.55	+03:39:16 (34.4%)	9:22	6.4 (66.0%)
43	KOCIK Marcin	4317	FATBOYS SPRINT	Masters M - 40	43	01:16:34	03:29:58	04:55:58	07:00:59	08:54:32	10:38:35.35	+03:39:51 (34.4%)	9:23	6.4 (66.0%)
44	JACKOWIAK Szymon	4041	RUNNER'S POWER	Masters M - 40	44	01:25:21	03:44:43	05:12:58	07:14:11	09:06:39	10:42:45.70	+03:44:01 (34.9%)	9:27	6.3 (64.9%)
45	IGNASZEWSKI Krzysztof	4196	RUNNER'S POWER	Masters M - 40	45	01:24:58	03:45:04	05:12:51	07:14:13	09:06:43	10:42:46.30	+03:44:02 (34.9%)	9:27	6.3 (64.9%)
46	SAŁAMACHA Jarosław	4200		Masters M - 40	46	01:24:09	03:46:16	05:10:47	07:12:00	09:08:55	10:44:55.80	+03:46:11 (35.1%)	9:29	6.3 (64.9%)
47	PUCHNIARZ Artur	4427		Masters M - 40	47	01:22:21	03:33:36	04:55:02	07:03:59	09:03:00	10:47:48.70	+03:49:04 (35.4%)	9:31	6.3 (64.9%)
48	SZYSZKA Konrad	4019	SZYSZKI TEAM	Masters M - 40	48	01:18:12	03:25:55	04:53:22	07:03:30	09:01:45	10:48:28.00	+03:49:43 (35.4%)	9:32	6.3 (64.9%)
49	NOWAK Krzysztof	4282		Masters M - 40	49	01:21:55	03:44:38	05:21:09	07:19:07	09:13:01	10:49:51.40	+03:51:07 (35.6%)	9:33	6.3 (64.9%)
50	JADZIEWICZ Jakub	4469	PRORUNNING PROMOTIO	Masters M - 40	50	01:16:58	03:28:00	04:57:59	07:09:04	09:02:40	10:52:04.25	+03:53:20 (35.8%)	9:35	6.3 (64.9%)
51	BUDZYŃSKI Przemysław	4275	BUDZYŃSCY TEAM	Masters M - 40	51	01:23:32	03:44:07	05:12:40	07:15:41	09:14:31	10:53:26.90	+03:54:42 (35.9%)	9:36	6.2 (63.9%)
52	KAWECKI Marek	4299	DRUŻYNA KONOPIELKI	Masters M - 40	52	01:11:45	03:28:34	04:53:57	07:03:26	09:02:20	10:57:30.00	+03:58:45 (36.3%)	9:40	6.2 (63.9%)
53	GARCZYŃSKI Darek	4140		Masters M - 40	53	01:22:38	03:42:30	05:11:29	07:14:53	09:19:28	10:57:37.75	+03:58:53 (36.3%)	9:40	6.2 (63.9%)
54	SOWIŃSKI Mariusz	4406	KB SOBÓTKA	Masters M - 40	54	01:29:51	03:52:20	05:21:26	07:30:15	09:19:30	10:58:31.00	+03:59:46 (36.4%)	9:41	6.2 (63.9%)
55	KAMIŃSKI Marek	4037		Masters M - 40	55	01:27:49	03:44:14	05:14:29	07:23:17	09:18:10	10:59:22.50	+04:00:38 (36.5%)	9:41	6.2 (63.9%)
56	STELMACH Krzysztof	4375		Masters M - 40	56	01:27:05	03:49:48	05:24:01	07:32:23	09:18:59	11:03:18.50	+04:04:34 (36.9%)	9:45	6.2 (63.9%)
57	KOWACZEK Marek	4120	OKIEM WILKA	Masters M - 40	57	01:25:51	03:54:55	05:25:05	07:36:21	09:22:51	11:05:39.45	+04:06:55 (37.1%)	9:47	6.1 (62.9%)
58	FRASZCZYŃSKI Norbert	4048	KS WINO	Masters M - 40	58	01:22:39	04:04:46	05:26:38	07:25:40	09:27:39	11:08:54.50	+04:10:10 (37.4%)	9:50	6.1 (62.9%)
59	PIETRZAK Sławomir	4403		Masters M - 40	59	01:22:50	03:45:10	05:18:32	07:31:53	09:23:35	11:11:08.70	+04:12:24 (37.6%)	9:52	6.1 (62.9%)
60	DRZAŚCZ Marek	4287	CROSSELITE	Masters M - 40	60	01:19:42	03:42:58	05:17:40	07:33:49	09:34:17	11:13:54.65	+04:15:10 (37.9%)	9:54	6.1 (62.9%)
61	STROCZYŃSKI Paweł	4354	TYSKIE SINICE	Masters M - 40	61	01:21:40	03:48:40	05:18:14	07:29:48	09:29:15	11:14:25.60	+04:15:41 (37.9%)	9:55	6 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Różn	Tempo min/km	Tempo km/h	
						A1 10km	D1 24km	B1 34km	B2 46km	A15 57km				netto 68km
62	IRA Brett	4373	DTB	Masters M - 40	62	01:23:40	03:35:38	05:01:18	07:13:03	09:18:05	11:14:58.80	+04:16:14 (38.0%)	9:55	6 (61.9%)
63	SAMOLAK Maciek	4054		Masters M - 40	63	01:29:26	04:07:44	05:35:22	07:55:12	09:48:08	11:20:18.55	+04:21:34 (38.4%)	10:00	6 (61.9%)
64	ŁYŻWA Piotr	4393	SUPADUPAFLY	Masters M - 40	64	01:22:49	03:51:22	05:20:29	07:44:44	09:46:57	11:23:52.95	+04:25:08 (38.8%)	10:03	6 (61.9%)
65	CHEĆIŃSKI Łukasz	4035		Masters M - 40	65	01:22:05	03:39:51	05:10:31	07:23:24	09:20:57	11:26:36.35	+04:27:52 (39.0%)	10:05	5.9 (60.8%)
66	STEFANOWICZ Adam	4258	WM TRISELF KRAKÓW	Masters M - 40	66	01:13:13	03:26:25	04:55:19	07:07:17	09:23:19	11:26:55.30	+04:28:11 (39.0%)	10:06	5.9 (60.8%)
67	STRONIEWSKI Jacek	4467	NRP	Masters M - 40	67	01:20:01	03:47:10	05:22:37	07:37:06	09:40:28	11:32:17.15	+04:33:33 (39.5%)	10:10	5.9 (60.8%)
68	AMBROZIAK Rafał	4415	ULTRA KUTNO	Masters M - 40	68	01:30:43	03:56:49	05:25:05	07:42:15	09:45:29	11:33:28.05	+04:34:43 (39.6%)	10:11	5.9 (60.8%)
69	MONIAKOWSKI Adam	4309	BUTTONS TEAM	Masters M - 40	69	01:26:15	03:49:27	05:23:57	07:36:45	09:41:06	11:33:45.20	+04:35:01 (39.6%)	10:12	5.9 (60.8%)
70	SURDAKCI Jerzy	4210	DRUŻYNA SZPIKU	Masters M - 40	70	01:26:19	04:01:06	05:34:55	07:53:01	09:51:37	11:36:55.75	+04:38:11 (39.9%)	10:14	5.9 (60.8%)
71	SKRZYPIŃSKI Arkadiusz	4100	PSI PATROL	Masters M - 40	71	01:26:20	03:56:56	05:28:48	07:47:49	09:48:42	11:37:54.70	+04:39:10 (40.0%)	10:15	5.8 (59.8%)
72	GÓRECKI Marcin	4420	W I R	Masters M - 40	72	01:25:18	03:59:51	05:34:58	08:01:22	10:04:58	11:40:01.70	+04:41:17 (40.2%)	10:17	5.8 (59.8%)
73	ŁOAZA Krzysztof	4031	NIGHT RUNNERS PYSKOWICE	Masters M - 40	73	01:21:31	03:44:31	05:16:52	07:38:22	09:46:19	11:40:47.00	+04:42:02 (40.2%)	10:18	5.8 (59.8%)
74	BAUGARTNER Marcin	4289	KLUBSILESIA.PL	Masters M - 40	74	01:29:27	03:56:14	05:27:07	07:43:27	09:51:34	11:44:37.50	+04:45:53 (40.6%)	10:21	5.8 (59.8%)
75	GRYZ Jacek	4152		Masters M - 40	75	01:30:46	04:08:08	05:42:29	08:00:57	09:57:42	11:46:24.80	+04:47:40 (40.7%)	10:23	5.8 (59.8%)
76	SZCZUREK Mariusz	4337	PZU SPORT TEAM	Masters M - 40	76	01:26:44	03:59:17	05:34:07	07:51:57	09:52:24	11:46:29.25	+04:47:45 (40.7%)	10:23	5.8 (59.8%)
77	KIERZEK Artur	4407	BIEGACZE KOSMOSU	Masters M - 40	77	01:29:00	04:01:52	05:39:50	07:54:50	09:49:43	11:48:02.75	+04:49:18 (40.9%)	10:24	5.8 (59.8%)
78	UHLIR Marek	4107	RAL 3015	Masters M - 40	78	01:27:17	03:56:37	05:26:05	07:40:33	09:44:33	11:48:51.30	+04:50:07 (40.9%)	10:25	5.8 (59.8%)
79	PIASKOWSKI Artur	4278		Masters M - 40	79	01:29:08	04:06:49	05:39:19	07:56:21	09:59:59	11:51:48.95	+04:53:04 (41.2%)	10:28	5.7 (58.8%)
80	MROCZEK Andrzej	4332		Masters M - 40	80	01:24:45	03:49:49	05:21:21	07:45:34	09:56:26	11:53:55.40	+04:55:11 (41.3%)	10:29	5.7 (58.8%)
81	KOSZAREK Andrzej	4348		Masters M - 40	81	01:31:28	03:59:18	05:34:02	07:54:36	10:05:03	11:55:34.40	+04:56:50 (41.5%)	10:31	5.7 (58.8%)
82	WIERZCHOŃ Michał	4163	MR. DOC	Masters M - 40	82	01:27:51	04:03:12	05:40:04	08:00:56	10:11:56	11:55:42.50	+04:56:58 (41.5%)	10:31	5.7 (58.8%)
83	KURZACZ Orfeusz	4310	4RUN TEAM PILA	Masters M - 40	83	01:22:45	03:43:56	05:18:37	07:43:18	09:57:33	11:56:13.30	+04:57:29 (41.5%)	10:31	5.7 (58.8%)
84	KUCZYŃSKI Grzegorz	4243	BIAŁYSTOK BIEGA TEAM	Masters M - 40	84	01:28:46	04:04:19	05:32:10	08:01:40	10:15:39	11:57:53.70	+04:59:09 (41.7%)	10:33	5.7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Różn	Tempo min/km	Tempo km/h	
						A1 10km	D1 24km	B1 34km	B2 46km	A15 57km				netto 68km
85	MŁODZIKOWSKI Rafał	4238	SŁYNNI KENIJCZYCY	Masters M - 40	85	01:31:16	04:15:37	05:54:55	08:13:56	10:14:44	11:59:19.40	+05:00:35 (41.8%)	10:34	5.7 (58.8%)
86	RADWANSKI Tomasz	4443	ORION	Masters M - 40	86	01:25:19	03:59:51	05:35:10	08:00:32	10:04:53	12:00:18.60	+05:01:34 (41.9%)	10:35	5.7 (58.8%)
87	REWERS Dariusz	4150	ULTRA WAY TEAM	Masters M - 40	87	01:20:53	03:43:17	05:17:33	07:35:53	10:09:07	12:04:53.10	+05:06:09 (42.2%)	10:39	5.6 (57.7%)
88	RADOMSKI Grzegorz	4286	MOKRE RUN	Masters M - 40	88	01:16:20	03:38:19	05:11:00	07:46:20	10:04:01	12:09:28.75	+05:10:44 (42.6%)	10:43	5.6 (57.7%)
89	FILIPIAK Sebastian	4067	EKIPA LIPA	Masters M - 40	89	01:25:41	03:49:30	05:24:16	07:50:38	09:53:49	12:09:44.80	+05:11:00 (42.6%)	10:43	5.6 (57.7%)
90	KOKOSZKA Marcin	4059	1ON1 TEAM	Masters M - 40	90	01:29:23	04:14:20	05:54:37	08:13:30	10:22:27	12:12:05.30	+05:13:21 (42.8%)	10:45	5.6 (57.7%)
91	LUTYŃSKI Zbigniew	4203		Masters M - 40	91	01:28:05	03:59:17	05:44:04	08:13:57	10:25:39	12:14:03.15	+05:15:19 (43.0%)	10:47	5.6 (57.7%)
92	SZYPULSKI Dariusz	4187	SKS CHMIELOWICE	Masters M - 40	92	01:22:25	03:57:38	05:37:38	08:01:20	10:34:57	12:15:29.40	+05:16:45 (43.1%)	10:48	5.5 (56.7%)
93	ROLIŃSKI Radosław	4216		Masters M - 40	93	01:27:48	04:02:08	05:44:26	08:16:39	10:22:20	12:17:46.00	+05:19:01 (43.2%)	10:50	5.5 (56.7%)
94	NOWOSŁAWSKI Krzysztof	4293	IRRACJONALNIE MASZERUJĄCY	Masters M - 40	94	01:26:42	04:04:04	05:46:50	08:16:43	10:22:25	12:20:10.60	+05:21:26 (43.4%)	10:53	5.5 (56.7%)
95	POPŁAWSKI Krzysiek	4127	PWPW S.A.	Masters M - 40	95	01:24:40	03:55:34	05:35:47	08:06:53	10:12:30	12:22:38.95	+05:23:54 (43.6%)	10:55	5.5 (56.7%)
96	PYTEL Roman	4185	IZBICKO W BIEGU	Masters M - 40	96	01:22:25	03:57:43	05:37:22	08:02:04	10:35:19	12:33:01.75	+05:34:17 (44.4%)	11:04	5.4 (55.7%)
97	SZMANIA Jakub	4149	HKT AZYMUT	Masters M - 40	97	01:33:21	04:19:40	06:01:15	08:37:45	10:46:59	12:37:36.95	+05:38:52 (44.7%)	11:08	5.4 (55.7%)
98	URBANIK Radoslaw	4463		Masters M - 40	98	01:34:07	04:18:07	06:01:14	08:35:10	10:43:51	12:37:45.50	+05:39:01 (44.7%)	11:08	5.4 (55.7%)
99	ZATAJ Igor	4116	KB MANIAC /CHARTY CHARTOWO	Masters M - 40	99	01:30:59	04:13:10	05:54:16	08:36:33	10:45:07	12:42:51.95	+05:44:07 (45.1%)	11:13	5.3 (54.6%)
100	KANDORA Piotr	4234	MIECHOWICKA GRUPA BIEGOWA	Masters M - 40	100	01:31:38	04:12:00	05:58:37	08:41:49	11:04:23	12:50:50.70	+05:52:06 (45.7%)	11:20	5.3 (54.6%)
101	DĘBEK Piotr	4290	ŚWIDNICKA GRUPA BIEGOWA	Masters M - 40	101	01:36:01	04:24:55	06:07:22	08:39:01	10:58:20	12:54:13.35	+05:55:29 (45.9%)	11:23	5.3 (54.6%)
102	PIGŁA Michał	4273	SPORTOWY KAŻMIERZ	Masters M - 40	102	01:29:05	04:25:41	06:08:57	08:52:30	10:58:29	12:55:52.80	+05:57:08 (46.0%)	11:24	5.3 (54.6%)
103	KOTWICA Andrzej	4070	SMOLECKA ZADYSZKA	Masters M - 40	103	01:22:19	03:59:07	05:32:28	08:22:16	10:57:18	13:00:41.10	+06:01:57 (46.4%)	11:28	5.2 (53.6%)
104	KOŚCIELNIAK Marek	4472	MUAY RUNNING TEAM	Masters M - 40	104	01:40:45	04:39:55	06:24:01	09:05:30	11:14:12	13:01:20.85	+06:02:36 (46.4%)	11:29	5.2 (53.6%)
105	PLEWA Piotr	4321	4 RUN TEAM PIŁA	Masters M - 40	105	01:31:02	04:13:39	05:57:12	08:45:03	11:12:27	13:08:21.90	+06:09:37 (46.9%)	11:35	5.2 (53.6%)
106	PURA Paweł	4484		Masters M - 40	106	01:30:08	04:12:55	05:58:40	08:47:34	11:24:55	13:34:09.15	+06:35:25 (48.6%)	11:58	5 (51.5%)
107	SIKORSKI Grzegorz	4110		Masters M - 40	107	01:34:50	04:18:36	06:16:11	09:00:59	11:17:50	13:35:49.85	+06:37:05 (48.7%)	11:59	5 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Różn	Tempo min/km	Tempo km/h	
						A1 10km	D1 24km	B1 34km	B2 46km	A15 57km				netto 68km
108	SOBCZAK Tomasz	4386	REBORN TEAM GNIEZNO	Masters M - 40	108	01:35:57	04:27:48	06:15:17	09:01:00	11:22:17	13:37:50.00	+06:39:05 (48.8%)	12:01	5 (51.5%)
109	GARBACZ Marek	4308	LEŚNE DZIADY	Masters M - 40	109	01:30:37	04:24:53	06:10:11	09:11:27	11:27:38	14:02:16.25	+07:03:32 (50.3%)	12:23	4.8 (49.5%)
110	STRZELECKI Krzysztof	4312		Masters M - 40	110	01:30:34	04:24:54	06:07:57	09:11:59	11:32:19	14:02:17.90	+07:03:33 (50.3%)	12:23	4.8 (49.5%)
111	WÓJCIK Łukasz	4113	CYTRYNOWE CURRY???	Masters M - 40	111	01:38:14	04:47:56	06:42:56	09:49:30	12:07:40	14:18:27.95	+07:19:43 (51.2%)	12:37	4.8 (49.5%)
Przekroczony limit czasu: 14:30:00														
112	SZCZUKA Leszek	4288	CROSSELITE	Masters M - 40	112	01:23:07	04:01:45	05:49:52	09:22:38	12:01:18	14:38:12.65	+07:39:28 (52.3%)	12:54	4.6 (47.4%)
113	SCHLAPPA Sebastian	4090	IZBICKO W BIEGU	Masters M - 40	113	01:40:26	04:49:48	06:39:30	09:49:11	12:42:02	14:40:46.45	+07:42:02 (52.5%)	12:57	4.6 (47.4%)
	STASIK Aleksander	4063		Masters M - 40		01:23:44 DNF	03:48:45 DNF	05:21:09 DNF	07:45:12 DNF	DNF	DNF		-	- (0.0%)
	BRONOWICKI Jarosław	4424	DRUŻYNA SZPIKU ŻÓŁW I ZAJĄC	Masters M - 40		01:16:16 DNF	03:28:09 DNF	05:01:27 DNF	07:52:28 DNF	DNF	DNF		-	- (0.0%)
	ZDYB Grzegorz	4018		Masters M - 40		01:31:49 DNF	04:19:41 DNF	06:08:39 DNF	08:48:06 DNF	DNF	DNF		-	- (0.0%)
	ADAMOCHA Mariusz	4334		Masters M - 40		01:17:30 DNF	03:26:34 DNF	05:07:14 DNF	DNF	DNF	DNF		-	- (0.0%)
	ROŚLICKI Jarosław	4168	UBEZPIECZENIA DLA AKTYWNYCH/OBORYGENI	Masters M - 40		01:18:56 DNF	03:42:35 DNF	05:21:20 DNF	DNF	DNF	DNF		-	- (0.0%)
	BLAJCHERT Adam	4171	RUNNING 5	Masters M - 40		01:36:01 DNF	04:24:04 DNF	06:09:01 DNF	DNF	DNF	DNF		-	- (0.0%)
	KORNACKI Piotr	4294		Masters M - 40		01:27:48 DNF	04:23:00 DNF	06:22:04 DNF	DNF	DNF	DNF		-	- (0.0%)
	BOULANGE Piotr	4313	12TRI	Masters M - 40		01:31:41 DNF	04:25:41 DNF	06:33:34 DNF	DNF	DNF	DNF		-	- (0.0%)
	PIETRAKOWSKI Grzegorz	4440		Masters M - 40		01:39:24 DNF	04:37:08 DNF	06:37:47 DNF	DNF	DNF	DNF		-	- (0.0%)
	JANKOWSKI Tom	4118	WIECZORNE BIEGANIE W SZCZECINIE/QCE	Masters M - 40		01:39:55 DNF	04:38:17 DNF	06:38:34 DNF	DNF	DNF	DNF		-	- (0.0%)
	KLINOWSKI Mirosław	4186		Masters M - 40		01:47:11 DNF	04:52:18 DNF	06:49:29 DNF	DNF	DNF	DNF		-	- (0.0%)
	ŁACHAN Patryk	4144	WKURW_TEAM	Masters M - 40		01:41:15 DNF	05:14:21 DNF	08:12:33 DNF	DNF	DNF	DNF		-	- (0.0%)
	PIOTROWSKI Dominik	4023	CHLEB DOMINIKA	Masters M - 40		01:06:31 DNF	03:32:35 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ANTOSZCZUK Arkadiusz	4164	ULTRACK	Masters M - 40		01:23:31 DNF	03:39:32 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GORZKOWSKI Tomasz	4117		Masters M - 40		01:19:05 DNF	03:46:34 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)