

BIEG ULTRA TRAIL - 68 KM

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2018-07-19
Miejsce: Łądek-Zdrój
Dystans: 68 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIET

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 10km | D1 24km | B1 34km | B2 46km | A15 56km | Czas netto 68km | Czas brutto 68km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|---------------------------------|------------------|------|------------|------------|------------|------------|-------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 1 | SOLIŃSKA Katarzyna | 339 | CISOWIANKA TEAM | Senior I K - 20 | 1 | 01:00:02 | 02:17:05 | 03:25:07 | 04:46:58 | 06:01:05 | 07:08:22.20 | 07:08:28.05 | | 6:17 | 9.5 (100%) |
| 2 | BIENIECKA Anna | 442 | OTK RZEŹNIK | Senior II K - 30 | 1 | 01:07:21 | 02:36:16 | 03:53:15 | 05:31:57 | 06:54:58 | 08:16:20.80 | 08:16:26.60 | +01:07:58 (13.7%) | 7:17 | 8.2 (86.3%) |
| 3 | BAŁYS Katarzyna | 426 | HRT | Senior II K - 30 | 2 | 01:07:49 | 02:39:22 | 03:56:15 | 05:32:48 | 07:04:32 | 08:28:09.05 | 08:28:17.60 | +01:19:49 (15.7%) | 7:28 | 8 (84.2%) |
| 4 | KACZMAREK Magdalena | 51 | STREFA PSYCHOLOGII SPORTU | Senior II K - 30 | 3 | 01:12:05 | 02:41:55 | 04:01:21 | 05:47:14 | 07:12:29 | 08:34:04.00 | 08:34:16.60 | +01:25:48 (16.7%) | 7:33 | 7.9 (83.2%) |
| 5 | ZYCH Katarzyna | 8 | - | Senior II K - 30 | 4 | 01:11:58 | 02:50:20 | 04:13:22 | 05:53:48 | 07:21:17 | 08:43:24.70 | 08:43:31.15 | +01:35:03 (18.2%) | 7:41 | 7.8 (82.1%) |
| 6 | KOMISARCZYK Anna | 385 | WIECZORNE BIEGANIE W SZCZECINIE | Senior II K - 30 | 5 | 01:13:30 | 02:45:56 | 04:05:17 | 05:48:09 | 07:25:35 | 08:43:46.40 | 08:44:01.00 | +01:35:32 (18.2%) | 7:42 | 7.8 (82.1%) |
| 7 | DZIUBAŁA Karolina | 185 | HUSARIA RACE TEAM | Senior I K - 20 | 2 | 01:20:06 | 02:56:53 | 04:19:38 | 06:06:22 | 07:32:03 | 08:55:19.05 | 08:55:48.40 | +01:47:20 (20.0%) | 7:52 | 7.6 (80.0%) |
| 8 | SZULTK Magdalena | 2 | | Senior I K - 20 | 3 | 01:13:21 | 02:48:11 | 04:09:42 | 05:56:55 | 07:31:55 | 09:06:23.30 | 09:06:46.10 | +01:58:18 (21.6%) | 8:02 | 7.5 (78.9%) |
| 9 | BRZĄKAŁA Katarzyna | 49 | | Senior I K - 20 | 4 | 01:08:36 | 02:42:57 | 04:09:33 | 05:58:04 | 07:35:03 | 09:08:11.85 | 09:08:24.25 | +01:59:56 (21.9%) | 8:03 | 7.4 (77.9%) |
| 10 | DETLAFF Patrycja | 361 | DREAM RUN | Senior II K - 30 | 6 | 01:10:40 | 02:44:58 | 04:09:13 | 05:58:34 | 07:37:11 | 09:16:14.15 | 09:16:24.25 | +02:07:56 (23.0%) | 8:10 | 7.3 (76.8%) |
| 11 | TUCHOŁKA Marta | 341 | POCO LOCO ADVENTURE TEAM | Senior II K - 30 | 7 | 01:14:57 | 02:55:22 | 04:27:26 | 06:15:03 | 07:51:13 | 09:17:25.05 | 09:17:32.45 | +02:09:04 (23.2%) | 8:11 | 7.3 (76.8%) |
| 12 | HARKIEWICZ Wiola | 174 | NARAMOWICE BIEGAJĄ | Senior II K - 30 | 8 | 01:18:20 | 03:00:53 | 04:25:41 | 06:19:52 | 07:56:11 | 09:31:18.10 | 09:31:48.45 | +02:23:20 (25.1%) | 8:24 | 7.1 (74.7%) |
| 13 | PIECUCH Karolina | 198 | LACHOTEAM/SKLEP BIEGACZA | Senior II K - 30 | 9 | 01:15:23 | 02:58:31 | 04:30:37 | 06:21:54 | 07:56:45 | 09:33:19.55 | 09:33:53.40 | +02:25:25 (25.3%) | 8:25 | 7.1 (74.7%) |
| 14 | WÓJCIK Małgorzata | 436 | | Masters K - 40 | 1 | 01:17:39 | 03:02:32 | 04:35:09 | 06:27:49 | 08:02:46 | 09:35:07.70 | 09:35:34.60 | +02:27:06 (25.6%) | 8:27 | 7.1 (74.7%) |
| 15 | ŚMIAŁKOWSKA Jolanta | 377 | | Weteran K - 50 | 1 | 01:13:26 | 02:54:15 | 04:20:22 | 06:16:51 | 08:08:34 | 09:44:44.55 | 09:44:58.60 | +02:36:30 (26.8%) | 8:35 | 7 (73.7%) |
| 16 | MASALSKA-PAWLAK Agata | 211 | CHATA BIEGACZA K34 ZAKOPANE | Senior II K - 30 | 10 | 01:16:16 | 02:55:56 | 04:21:40 | 06:18:40 | 08:09:49 | 09:48:13.80 | 09:49:29.80 | +02:41:01 (27.3%) | 8:39 | 6.9 (72.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | D1 | B1 | B2 | A15 | Czas netto | Czas brutto | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------------|------------|--|------------------|------|----------|----------|----------|----------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 24km | 34km | 46km | 56km | 68km | 68km | | | |
| 17 | RASAŁA Karolina | 292 | BIEGIEM PO MARZENIA TEAM/ CAŁA OLEŚNICA BIEG | Senior I K - 20 | 5 | 01:21:01 | 02:59:17 | 04:26:07 | 06:20:32 | 08:05:25 | 09:49:47.50 | 09:50:40.95 | +02:42:12 (27.5%) | 8:40 | 6.9 (72.6%) |
| 18 | LENKOWSKA Adrianna | 266 | U-LOCK | Senior I K - 20 | 6 | 01:21:37 | 03:08:53 | 04:44:04 | 06:34:12 | 08:16:53 | 09:52:27.05 | 09:52:55.10 | +02:44:27 (27.7%) | 8:42 | 6.9 (72.6%) |
| 19 | KUK Urszula | 370 | 1977 | Masters K - 40 | 2 | 01:19:04 | 02:59:10 | 05:05:56 | 06:45:57 | 08:27:04 | 09:55:35.00 | 09:56:38.90 | +02:48:10 (28.2%) | 8:45 | 6.9 (72.6%) |
| 20 | OLSCHIMKE-MARMUROWICZ Barbara | 74 | NIGHT RUNNERS ŚLĄSK | Masters K - 40 | 3 | 01:20:24 | 03:05:29 | 04:37:29 | 06:34:59 | 08:22:03 | 09:56:15.25 | 09:56:50.70 | +02:48:22 (28.2%) | 8:46 | 6.8 (71.6%) |
| 21 | GRELA Kinga | 348 | COSTA KLINY TEAM | Senior II K - 30 | 11 | 01:24:44 | 03:11:50 | 04:41:35 | 06:37:03 | 08:21:03 | 09:56:52.35 | 09:57:28.30 | +02:49:00 (28.3%) | 8:46 | 6.8 (71.6%) |
| 22 | GAWINKOWSKA Klaudia | 82 | W POGONI ZA DUCHEM | Senior I K - 20 | 7 | 01:18:59 | 03:07:55 | 04:40:48 | 06:40:29 | 08:24:37 | 09:57:30.20 | 09:57:52.25 | +02:49:24 (28.3%) | 8:47 | 6.8 (71.6%) |
| 23 | GARWOL Justyna | 38 | OPOLE BIEGA | Senior II K - 30 | 12 | 01:20:50 | 03:08:47 | 04:41:34 | 06:39:45 | 08:22:36 | 10:04:31.30 | 10:04:32.30 | +02:56:04 (29.1%) | 8:53 | 6.7 (70.5%) |
| 24 | PIASECKA Monika | 440 | DREAM RUN | Masters K - 40 | 4 | 01:22:20 | 03:08:34 | 04:42:44 | 06:48:29 | 08:37:55 | 10:10:04.05 | 10:10:14.40 | +03:01:46 (29.8%) | 8:58 | 6.7 (70.5%) |
| 25 | KONSTANTY Katarzyna | 346 | - | Masters K - 40 | 5 | 01:22:45 | 03:14:40 | 04:51:48 | 06:53:42 | 08:39:27 | 10:15:33.70 | 10:16:06.10 | +03:07:38 (30.5%) | 9:03 | 6.6 (69.5%) |
| 26 | FALKOWSKA Sandra | 139 | MOTIV HOME TEAM/NIGHT RUNNERS | Senior II K - 30 | 13 | 01:12:51 | 02:54:07 | 04:25:13 | 06:39:20 | 08:27:19 | 10:17:13.05 | 10:17:37.70 | +03:09:09 (30.6%) | 9:04 | 6.6 (69.5%) |
| 27 | GĘBKA Małgorzata | 334 | BAD - BIEGNĘ ALE DOKĄD | Senior II K - 30 | 14 | 01:21:21 | 03:12:59 | 04:46:52 | 06:51:36 | 08:42:09 | 10:25:10.50 | 10:25:52.55 | +03:17:24 (31.5%) | 9:11 | 6.5 (68.4%) |
| 28 | PERZ Marzenna | 218 | NKB CHYŻY NOWY TOMYSŁ | Weteran K - 50 | 2 | 01:31:55 | 03:26:24 | 05:00:38 | 07:05:05 | 08:52:15 | 10:33:20.00 | 10:34:21.95 | +03:25:53 (32.5%) | 9:18 | 6.4 (67.4%) |
| 29 | STĘPIEŃ Magdalena | 91 | GRODZISKI KLUB BIEGACZA | Senior II K - 30 | 15 | 01:25:13 | 03:14:58 | 04:56:19 | 07:05:16 | 08:52:36 | 10:40:13.95 | 10:41:03.85 | +03:32:35 (33.2%) | 9:24 | 6.4 (67.4%) |
| 30 | BORUSIŃSKA Aleksandra | 419 | AML SŁUPSK | Senior II K - 30 | 16 | 01:21:10 | 03:10:39 | 04:50:04 | 07:01:45 | 08:57:41 | 10:42:22.65 | 10:42:27.30 | +03:33:59 (33.3%) | 9:26 | 6.4 (67.4%) |
| 31 | GŁOWACKA Edyta | 308 | | Senior II K - 30 | 17 | 01:18:32 | 03:02:07 | 04:42:20 | 06:56:14 | 08:52:21 | 10:42:27.20 | 10:43:05.80 | +03:34:37 (33.4%) | 9:26 | 6.4 (67.4%) |
| 32 | PRZYBYLSKA Katarzyna | 272 | | Senior I K - 20 | 8 | 01:28:43 | 03:19:17 | 04:58:30 | 07:08:13 | 08:57:18 | 10:52:29.55 | 10:53:04.95 | +03:44:36 (34.4%) | 9:35 | 6.3 (66.3%) |
| 33 | ŁAMPIKA Kinga | 148 | NIGHT RUNNERS WROCŁAW | Senior II K - 30 | 18 | 01:17:27 | 03:06:32 | 04:45:53 | 07:02:51 | 08:55:31 | 10:56:53.65 | 10:57:19.80 | +03:48:51 (34.8%) | 9:39 | 6.2 (65.3%) |
| 34 | BUDA Marzena | 354 | | Senior I K - 20 | 9 | 01:23:19 | 03:16:55 | 05:01:50 | 07:23:39 | 09:18:24 | 10:57:31.90 | 10:58:12.35 | +03:49:44 (34.9%) | 9:40 | 6.2 (65.3%) |
| 35 | KWIECIEŃ - LIPIŃSKA Kamila | 296 | TIGERS TEAM | Masters K - 40 | 6 | 01:26:20 | 03:24:25 | 05:04:25 | 07:13:55 | 09:10:09 | 10:57:56.35 | 10:58:14.00 | +03:49:45 (34.9%) | 9:40 | 6.2 (65.3%) |
| 36 | SUSMARSKA Ewa | 16 | MUAY RUNNING TEAM | Senior I K - 20 | 10 | 01:26:41 | 03:19:32 | 04:54:13 | 07:06:44 | 09:07:57 | 11:02:47.45 | 11:03:13.75 | +03:54:45 (35.4%) | 9:44 | 6.2 (65.3%) |
| 37 | POMAGRUK Katarzyna | 251 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ. | Senior II K - 30 | 19 | 01:25:05 | 03:18:54 | 05:06:29 | 07:23:03 | 09:22:50 | 11:08:19.30 | 11:08:55.30 | +04:00:27 (35.9%) | 9:49 | 6.1 (64.2%) |
| 38 | LEGENDZIEWICZ Iga | 329 | | Senior II K - 30 | 20 | 01:24:55 | 03:14:45 | 04:52:35 | 07:06:33 | 09:03:28 | 11:09:11.95 | 11:09:41.85 | +04:01:13 (36.0%) | 9:50 | 6.1 (64.2%) |
| 39 | SILSKA Sylwia | 223 | | Masters K - 40 | 7 | 01:28:49 | 03:20:15 | 05:00:57 | 07:17:38 | 09:26:45 | 11:15:43.95 | 11:16:23.95 | +04:07:55 (36.7%) | 9:56 | 6 (63.2%) |
| 40 | OLESIŃSKA Martyna | 224 | W POGONI ZA DUCHEM | Senior I K - 20 | 11 | 01:26:58 | 03:28:34 | 05:13:08 | 07:28:49 | 09:25:45 | 11:17:01.20 | 11:17:24.45 | +04:08:56 (36.7%) | 9:57 | 6 (63.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | D1 | B1 | B2 | A15 | Czas netto | Czas brutto | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------|----------------------------------|------------------|------|----------|----------|----------|----------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 24km | 34km | 46km | 56km | 68km | 68km | | | |
| 41 | VON OSSOWSKA Aleksandra | 106 | TJ! | Senior II K - 30 | 21 | 01:28:50 | 03:25:45 | 05:11:03 | 07:28:06 | 09:25:14 | 11:25:13.70 | 11:26:02.95 | +04:17:34 (37.5%) | 10:04 | 6 (63.2%) |
| 42 | KICINSKA Dorota | 136 | ROZBIEGANY RAWICZ | Senior II K - 30 | 22 | 01:22:18 | 03:18:01 | 05:02:40 | 07:25:07 | 09:26:12 | 11:29:27.60 | 11:29:45.20 | +04:21:17 (37.9%) | 10:08 | 5.9 (62.1%) |
| 43 | WOSZCZAK Jolanta | 202 | STRZELINSKI KLUB BIEGACZA GRANIT | Weteran K - 50 | 3 | 01:30:37 | 03:34:12 | 05:19:41 | 07:38:14 | 09:41:42 | 11:30:23.65 | 11:30:37.90 | +04:22:09 (38.0%) | 10:09 | 5.9 (62.1%) |
| 44 | MULARCZYK Marta | 323 | WKURW_TEAM | Senior I K - 20 | 12 | 01:32:22 | 03:36:43 | 05:22:30 | 07:43:58 | 09:41:19 | 11:30:02.30 | 11:30:47.25 | +04:22:19 (38.0%) | 10:08 | 5.9 (62.1%) |
| 45 | ŻRÓDLEWSKA Anna | 376 | | Senior II K - 30 | 23 | 01:39:09 | 03:53:16 | 05:38:32 | 07:47:55 | 09:45:45 | 11:35:43.85 | 11:36:21.05 | +04:27:53 (38.5%) | 10:13 | 5.9 (62.1%) |
| 46 | RADZIWOŃ Anna | 181 | GRUPA NIENACHALNIE HEROICZNA | Masters K - 40 | 8 | 01:29:28 | 03:37:55 | 05:23:45 | 07:44:54 | 09:45:08 | 11:36:08.15 | 11:36:33.90 | +04:28:05 (38.5%) | 10:14 | 5.9 (62.1%) |
| 47 | WŁODARSKA Magdalena | 448 | | Masters K - 40 | 9 | 01:26:58 | 03:27:59 | 05:19:40 | 07:44:38 | 09:48:47 | 11:41:10.50 | 11:41:32.40 | +04:33:04 (38.9%) | 10:18 | 5.8 (61.1%) |
| 48 | KRZEWIŃSKA Małgorzata | 127 | TKKF KOSZALIN | Weteran K - 50 | 4 | 01:29:51 | 03:30:42 | 05:29:29 | 08:02:08 | 10:06:31 | 11:47:17.65 | 11:47:31.90 | +04:39:03 (39.4%) | 10:24 | 5.8 (61.1%) |
| 49 | STROIŃSKA Iwona | 36 | C&C SPORTS TEAM | Masters K - 40 | 10 | 01:28:28 | 03:40:37 | 05:28:42 | 08:01:23 | 10:02:12 | 11:47:05.90 | 11:47:33.60 | +04:39:05 (39.4%) | 10:23 | 5.8 (61.1%) |
| 50 | KOZIOŁ Katarzyna | 287 | KORFF TEAM | Masters K - 40 | 11 | 01:25:17 | 03:26:20 | 05:21:09 | 07:51:07 | 09:56:50 | 11:54:06.20 | 11:54:41.35 | +04:46:13 (40.0%) | 10:30 | 5.7 (60.0%) |
| 51 | PIASECKA Jadwiga | 286 | KORFF TEAM | Masters K - 40 | 12 | 01:25:20 | 03:26:25 | 05:21:14 | 07:51:09 | 09:56:49 | 11:54:10.30 | 11:54:45.00 | +04:46:16 (40.1%) | 10:30 | 5.7 (60.0%) |
| 52 | SOKOŁOWSKA Adriana | 70 | VEGE RUNNERS | Senior II K - 30 | 24 | 01:33:55 | 03:49:57 | 05:42:02 | 08:12:04 | 10:18:07 | 11:56:44.05 | 11:56:52.15 | +04:48:24 (40.2%) | 10:32 | 5.7 (60.0%) |
| 53 | ZARCZUK Aleksandra | 421 | GORSKIEWYZWANIA.WORDPRESS.COM | Senior I K - 20 | 13 | 01:28:49 | 03:26:41 | 05:13:05 | 07:53:13 | 10:04:01 | 11:58:01.95 | 11:58:44.75 | +04:50:16 (40.4%) | 10:33 | 5.7 (60.0%) |
| 54 | LISIK Justyna | 154 | PORANNY PATROL | Senior II K - 30 | 25 | 01:36:29 | 03:40:17 | 05:32:53 | 08:01:58 | 10:09:30 | 12:01:30.90 | 12:01:58.30 | +04:53:30 (40.7%) | 10:36 | 5.7 (60.0%) |
| 55 | ZAKRZEWSKA Katarzyna | 78 | MARCINSWIERTTEAM | Masters K - 40 | 13 | 01:31:18 | 03:36:44 | 05:39:00 | 08:08:36 | 10:12:49 | 12:05:32.40 | 12:05:38.10 | +04:57:10 (41.0%) | 10:40 | 5.6 (58.9%) |
| 56 | WYLEGAŁA Izabela | 34 | PCH_RUN | Senior II K - 30 | 26 | 01:33:52 | 03:49:58 | 05:42:03 | 08:12:03 | 10:18:06 | 12:09:57.25 | 12:10:06.60 | +05:01:38 (41.3%) | 10:44 | 5.6 (58.9%) |
| 57 | WYKA Angelika | 83 | PCH_RUN | Senior II K - 30 | 27 | 01:33:53 | 03:49:53 | 05:42:02 | 08:12:05 | 10:18:07 | 12:09:58.70 | 12:10:07.00 | +05:01:38 (41.3%) | 10:44 | 5.6 (58.9%) |
| 58 | LEHMANN Karolina | 193 | WKURW_TEAM | Senior II K - 30 | 28 | 01:31:54 | 03:43:43 | 05:50:05 | 08:21:10 | 10:21:28 | 12:11:51.70 | 12:12:37.75 | +05:04:09 (41.5%) | 10:45 | 5.6 (58.9%) |
| 59 | KŁOSOWICZ Monika | 231 | | Senior I K - 20 | 14 | 01:22:21 | 03:23:56 | 05:20:04 | 07:52:12 | 10:06:22 | 12:13:26.40 | 12:13:43.90 | +05:05:15 (41.6%) | 10:47 | 5.6 (58.9%) |
| 59 | GLAPIAK-PRZYTUŁA Agnieszka | 58 | | Senior II K - 30 | 29 | 01:28:37 | 03:34:04 | 05:27:33 | 07:56:06 | 10:06:43 | 12:13:24.45 | 12:13:43.90 | +05:05:15 (41.6%) | 10:47 | 5.6 (58.9%) |
| 61 | PIWOWSKA Magda | 241 | | Senior II K - 30 | 30 | 01:28:59 | 03:50:02 | 05:42:56 | 08:10:21 | 10:13:48 | 12:21:59.70 | 12:22:28.15 | +05:14:00 (42.3%) | 10:54 | 5.5 (57.9%) |
| 62 | MAŚLANKIEWICZ Katarzyna | 11 | | Masters K - 40 | 14 | 01:34:35 | 03:40:31 | 05:39:07 | 08:19:39 | 10:23:50 | 12:25:28.70 | 12:26:20.25 | +05:17:52 (42.6%) | 10:57 | 5.5 (57.9%) |
| 63 | GMAJ Karolina | 153 | | Senior II K - 30 | 31 | 01:28:58 | 03:42:55 | 05:42:58 | 08:10:23 | 10:13:48 | 12:26:00.45 | 12:26:28.15 | +05:18:00 (42.6%) | 10:58 | 5.5 (57.9%) |
| 64 | MAŚLANKA Klaudia | 90 | WIECZORNE BIEGANIE W SZCZECINIE | Senior I K - 20 | 15 | 01:27:28 | 03:29:08 | 05:18:18 | 07:52:55 | 10:06:52 | 12:27:00.25 | 12:27:14.60 | +05:18:46 (42.7%) | 10:59 | 5.5 (57.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 | D1 | B1 | B2 | A15 | Czas | | Różn | Tempo min/km | Tempo km/h |
|---|--|------------|-----------------------|------------------|------|--------------|--------------|--------------|--------------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | 10km | 24km | 34km | 46km | 56km | netto 68km | brutto 68km | | | |
| 65 | GĄSIOROWSKA Dorota | 18 | ŚNIĘTY SUM | Masters K - 40 | 15 | 01:37:46 | 03:50:07 | 05:44:29 | 08:20:33 | 10:20:51 | 12:27:21.90 | 12:27:49.35 | +05:19:21 (42.7%) | 10:59 | 5.5 (57.9%) |
| 66 | PISKORZ Daria | 128 | DRUŻYNA SZPIKU SITECH | Masters K - 40 | 16 | 01:32:49 | 03:37:30 | 05:27:18 | 07:58:50 | 10:09:39 | 12:27:05.75 | 12:28:00.50 | +05:19:32 (42.7%) | 10:59 | 5.5 (57.9%) |
| 67 | NIEDŹWIECKA Katarzyna | 444 | | Masters K - 40 | 17 | 01:35:04 | 03:46:00 | 05:34:24 | 08:04:25 | 10:16:30 | 12:32:29.40 | 12:32:50.80 | +05:24:22 (43.1%) | 11:03 | 5.4 (56.8%) |
| 68 | JABŁOŃSKA Agnieszka | 142 | AGB NYGUS | Masters K - 40 | 18 | 01:21:10 | 03:14:39 | 04:55:38 | 07:32:52 | 10:16:31 | 12:34:28.60 | 12:34:56.95 | +05:26:28 (43.2%) | 11:05 | 5.4 (56.8%) |
| 69 | BALUK Iwona | 399 | BOREK-CHEŁM | Weteran K - 50 | 5 | 01:38:07 | 03:58:02 | 05:47:43 | 08:25:08 | 10:37:16 | 12:35:00.30 | 12:35:25.65 | +05:26:57 (43.3%) | 11:06 | 5.4 (56.8%) |
| 70 | GAŁACKA Joanna | 172 | | Masters K - 40 | 19 | 01:33:27 | 03:45:45 | 05:40:08 | 08:25:17 | 10:24:04 | 12:37:39.70 | 12:38:21.75 | +05:29:53 (43.5%) | 11:08 | 5.4 (56.8%) |
| 71 | KOTLIICKA Beata | 234 | FUDU&CO.SPORT TEAM | Masters K - 40 | 20 | 01:39:06 | 03:59:25 | 05:52:18 | 08:30:27 | 10:31:02 | 12:38:37.30 | 12:39:20.05 | +05:30:52 (43.6%) | 11:09 | 5.4 (56.8%) |
| 72 | CEBULA-SOŁTYSIAK Ewelina | 41 | | Masters K - 40 | 21 | 01:34:46 | 03:57:53 | 06:09:13 | 08:46:43 | 10:51:08 | 12:39:59.85 | 12:40:06.15 | +05:31:38 (43.6%) | 11:10 | 5.4 (56.8%) |
| 73 | KUKLA-KOWALSKA Alicja | 351 | BIEGAM BO NIE LUBIĘ | Masters K - 40 | 22 | 01:37:08 | 03:57:43 | 05:58:56 | 08:30:49 | 10:35:57 | 12:42:03.95 | 12:42:51.50 | +05:34:23 (43.8%) | 11:12 | 5.4 (56.8%) |
| 74 | PAWELCZYK Adriana | 29 | WIOCHA BIEGA | Masters K - 40 | 23 | 01:31:04 | 03:41:30 | 05:39:44 | 08:23:06 | 10:36:22 | 12:44:01.80 | 12:44:22.15 | +05:35:54 (43.9%) | 11:14 | 5.3 (55.8%) |
| 75 | BRYKSA Iwona | 384 | | Weteran K - 50 | 6 | 01:37:23 | 03:57:38 | 05:51:46 | 08:43:19 | 10:52:25 | 12:44:00.75 | 12:44:38.85 | +05:36:10 (44.0%) | 11:14 | 5.3 (55.8%) |
| 76 | RYCHŁOWSKA Magdalena | 134 | | Masters K - 40 | 24 | 01:24:38 | 03:30:22 | 05:28:08 | 08:12:28 | 10:21:18 | 12:48:17.00 | 12:48:54.05 | +05:40:26 (44.3%) | 11:17 | 5.3 (55.8%) |
| 77 | PIETRZAK Monika | 192 | | Masters K - 40 | 25 | 01:36:30 | 03:59:13 | 05:53:02 | 08:32:22 | 10:38:23 | 12:49:08.25 | 12:49:20.05 | +05:40:52 (44.3%) | 11:18 | 5.3 (55.8%) |
| Przekroczony limit czasu: 13:00:00 | | | | | | | | | | | | | | | |
| 78 | JAKÓBCZYK Bożena | 404 | | Senior II K - 30 | 32 | 01:35:48 | 03:51:23 | 05:52:32 | 08:38:43 | 10:59:19 | 13:03:58.65 | 13:04:32.45 | +05:56:04 (45.4%) | 11:31 | 5.2 (54.7%) |
| 79 | KALLAS-LIPSKA Anetta | 112 | AXA RUNNING TEAM | Masters K - 40 | 26 | 01:38:02 | 03:53:22 | 05:59:04 | 08:39:54 | 10:53:47 | 13:22:22.50 | 13:23:00.00 | +06:14:31 (46.6%) | 11:47 | 5.1 (53.7%) |
| 80 | BORUSZEWSKA Magdalena | 135 | KOŁO BIEGA | Masters K - 40 | 27 | 01:34:47 | 03:50:36 | 05:52:20 | 08:48:08 | 11:23:08 | 13:50:21.95 | 13:50:38.45 | +06:42:10 (48.4%) | 12:12 | 4.9 (51.6%) |
| 81 | KAŁWA Anna | 147 | | Senior II K - 30 | 33 | 01:44:35 | 04:10:53 | 06:16:54 | 09:00:13 | 11:21:27 | 14:04:17.30 | 14:06:02.05 | +06:57:34 (49.4%) | 12:24 | 4.8 (50.5%) |
| 82 | SPALIŃSKA-PIETRULIŃSKA Wiktoria | 84 | SPARTANIE DZIECIOM | Senior II K - 30 | 34 | 01:41:32 | 04:10:23 | 06:17:15 | 09:00:58 | 11:22:09 | 14:05:02.85 | 14:06:02.15 | +06:57:34 (49.4%) | 12:25 | 4.8 (50.5%) |
| 83 | SPALIŃSKA Kamila | 222 | | Masters K - 40 | 28 | 01:41:29 | 04:10:19 | 06:15:29 | 09:00:58 | 11:28:27 | 14:05:05.75 | 14:06:05.60 | +06:57:37 (49.4%) | 12:25 | 4.8 (50.5%) |
| 84 | SZELER Joanna | 189 | BIEGAJĄCA Z PSAMI | Masters K - 40 | 29 | | 04:28:00 | 06:54:55 | | 13:07:51 | 15:51:24.30 | 15:52:05.50 | +08:43:37 (55.0%) | 13:59 | 4.3 (45.3%) |
| | JANKOWSKA Małgorzata | 44 | | Senior II K - 30 | | 01:34:06 DNF | 03:59:04 DNF | 06:14:59 DNF | 09:15:34 DNF | DNF | DNF | DNF | - | - | (0.0%) |
| | ZAJĄC Monika | 64 | | Masters K - 40 | | 01:42:39 DNF | 04:11:15 DNF | 06:18:13 DNF | 09:15:36 DNF | DNF | DNF | DNF | - | - | (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | A1 10km | D1 24km | B1 34km | B2 46km | A15 56km | Czas netto 68km | Czas brutto 68km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|------------|--------------------|--------------------|------|-----------------|-----------------|-----------------|-----------------|-------------|-----------------------|------------------------|------|-----------------|---------------|
| | CUPIAŁ Mariola | 46 | W POGONI ZA DUCHEM | Weteran K - 50 | | 01:47:52 DNF | 04:18:55 DNF | 06:41:01 DNF | 09:38:29 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | WRZESZCZ Edyta | 86 | BIEGAJĄC Z WILKAMI | Masters K - 40 | | 01:24:30 DNF | 03:20:03 DNF | 05:00:44 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | LECH Agnieszka | 166 | BEZ GRANIC | Masters K - 40 | | 01:37:21 DNF | 04:16:59 DNF | 06:43:39 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | JURCZAK Karolina | 150 | | Senior I K - 20 | | 01:20:54 DNF | 03:28:15 DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 90 wynik(ów)