

BIEG ULTRA TRAIL - 68 KM

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2019-07-18
Miejsce: Łądek-Zdrój
Dystans: 68 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIET

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
1	BAROSZ Natalia	4371	MARCINŚWIERCTEAM/SPRINTEMDOULTRA	Senior II K - 30	1	01:09:30	02:41:01	04:00:31	05:43:09	07:03:52	08:26:29.80	08:26:35.40		7:26	8.1 (100%)
2	WOSZEK Marzena	4084	STRUSIE	Masters K - 40	1	01:07:36	02:38:06	03:53:07	05:42:38	07:14:54	08:44:09.10	08:44:18.70	+00:17:43 (3.4%)	7:42	7.8 (96.3%)
3	GUZERA Justyna	4341		Senior II K - 30	2	01:08:52	02:41:39	04:05:13	05:59:15	07:23:41	08:46:18.40	08:47:25.80	+00:20:50 (4.0%)	7:44	7.8 (96.3%)
4	STRASZKO Monika	4144		Masters K - 40	2	01:09:55	02:44:34	04:07:36	05:54:59	07:22:44	08:48:48.80	08:48:54.45	+00:22:19 (4.2%)	7:46	7.7 (95.1%)
5	KUK Urszula	4339		Masters K - 40	3	01:16:57	02:52:44	04:15:19	06:05:33	07:28:56	08:54:03.75	08:54:50.30	+00:28:14 (5.3%)	7:51	7.6 (93.8%)
6	PRZYBYLSKA Katarzyna	4202		Senior I K - 20	1	01:17:13	02:53:37	04:10:41	05:59:23	07:31:47	09:06:21.80	09:06:47.90	+00:40:12 (7.4%)	8:02	7.5 (92.6%)
7	KUBACKA Anna	4317		Senior II K - 30	3	01:07:35	02:39:10	04:05:01	05:57:34	07:32:56	09:08:28.25	09:08:37.15	+00:42:01 (7.7%)	8:03	7.4 (91.4%)
8	SZULTK Magdalena	4021		Senior I K - 20	2	01:07:50	02:42:45	04:08:43	06:04:20	07:35:59	09:11:34.70	09:11:42.55	+00:45:07 (8.2%)	8:06	7.4 (91.4%)
9	BOCHEŃSKA Aleksandra	4407	PRO RUN WROCŁAW	Masters K - 40	4	01:18:27	03:00:23	04:27:35	06:15:35	07:44:11	09:11:41.60	09:12:11.40	+00:45:36 (8.3%)	8:06	7.4 (91.4%)
10	MACZKA Martyna	4348		Senior II K - 30	4	01:15:16	02:52:25	04:15:49	06:08:21	07:43:29	09:24:45.40	09:24:55.80	+00:58:20 (10.3%)	8:18	7.2 (88.9%)
11	ŚMIGIELSKA Danuta	4094	CZERWONAK BIEGA	Senior I K - 20	3	01:14:25	02:53:58	04:20:58	06:14:21	07:49:10	09:25:32.70	09:25:42.80	+00:59:07 (10.5%)	8:19	7.2 (88.9%)
12	JABŁOŃSKA Sylwia	4380	SBG PODBIEG	Senior II K - 30	5	01:12:15	02:51:57	04:20:01	06:18:48	07:53:22	09:34:30.25	09:35:20.85	+01:08:45 (12.0%)	8:26	7.1 (87.7%)
13	STĘPIEŃ Kamila	4196		Senior II K - 30	6	01:18:09	03:01:52	04:28:38	06:30:04	08:06:42	09:41:41.40	09:42:09.05	+01:15:33 (13.0%)	8:33	7 (86.4%)
14	JĘDRASZEK Alicja	4408		Masters K - 40	5	01:21:49	03:07:40	04:37:49	06:33:00	08:10:20	09:44:38.80	09:45:56.05	+01:19:20 (13.5%)	8:35	7 (86.4%)
15	SZLOSER Anna	4134	MONTE KAZURA TEAM	Senior II K - 30	7	01:14:33	03:07:03	04:36:36	06:30:58	08:16:04	09:59:35.25	09:59:41.70	+01:33:06 (15.5%)	8:49	6.8 (84.0%)
16	PLEWA Sylwia	4241		Masters K - 40	6	01:20:06	03:04:52	04:47:57	06:44:49	08:21:40	09:58:25.85	09:59:45.40	+01:33:10 (15.5%)	8:48	6.8 (84.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	D1	B1	B2	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	24km	34km	46km	57km	68km	68km			
17	GILEWICZ-RACHOWSKA Jagoda	4221	DGR KANCELARIA RADCÓW PRAWNYCH	Senior II K - 30	8	01:18:48	03:05:04	04:34:36	06:43:29	08:29:23	10:09:56.75	10:10:09.90	+01:43:34 (17.0%)	8:58	6.7 (82.7%)
18	PERZ Marzenna	4299		Weteran K - 50	1	01:32:37	03:27:53	05:02:23	07:03:19	08:41:10	10:13:21.30	10:14:24.50	+01:47:49 (17.5%)	9:01	6.7 (82.7%)
19	KUŁAKOWSKA Monika	4064		Senior II K - 30	9	01:23:45	03:13:33	04:48:53	06:59:05	08:34:55	10:15:31.30	10:15:53.65	+01:49:18 (17.7%)	9:03	6.6 (81.5%)
20	POGORZELSKA Katarzyna	4370		Senior II K - 30	10	01:19:23	03:01:30	04:35:35	06:49:46	08:29:36	10:17:37.35	10:18:06.10	+01:51:30 (18.0%)	9:04	6.6 (81.5%)
21	WARZECHA Teresa	4323	TIGERS PRUDNIK/ RUNNERS TEAM NYSA	Weteran K - 50	2	01:20:36	03:05:25	04:49:06	06:55:36	08:36:53	10:18:11.90	10:19:01.45	+01:52:26 (18.2%)	9:05	6.6 (81.5%)
22	NOWAK Dorota	4136	WIECZORNE BIEGANIE W SZCZECINIE	Senior II K - 30	11	01:30:46	03:25:43	05:02:30	07:00:04	08:43:20	10:18:39.50	10:19:43.10	+01:53:07 (18.3%)	9:05	6.6 (81.5%)
23	RATAJCZAK Joanna	4311	PIATKOWO NA BIEGOWO	Masters K - 40	7	01:22:33	03:12:08	04:50:17	07:01:27	08:40:13	10:24:39.25	10:25:20.85	+01:58:45 (19.0%)	9:11	6.5 (80.2%)
24	WOJTKOWIAK Renata	4118	PIĄTKOWO NA BIEGOWO	Masters K - 40	8	01:23:14	03:19:21	04:51:42	07:01:28	08:41:29	10:24:40.00	10:25:20.95	+01:58:45 (19.0%)	9:11	6.5 (80.2%)
25	HADZICKA Sylwia	4230	VEGE RUNNERS	Senior II K - 30	12	01:19:52	03:07:23	04:50:17	07:01:20	08:48:58	10:25:48.20	10:26:28.35	+01:59:52 (19.1%)	9:12	6.5 (80.2%)
26	DUDZIŃSKA Aleksandra	4126	RUN BYDGOSZCZ	Weteran K - 50	3	01:29:43	03:16:47	04:51:20	07:07:07	08:47:13	10:34:57.40	10:35:55.65	+02:09:20 (20.3%)	9:20	6.4 (79.0%)
27	TATARCZYK Patrycja	4001	SBRT WARSZAWA	Senior I K - 20	4	01:23:54	03:15:12	04:51:50	07:03:15	08:49:39	10:36:11.70	10:36:43.35	+02:10:07 (20.4%)	9:21	6.4 (79.0%)
28	LEBODA Katarzyna	4387	WILD DOGS TEAM	Senior II K - 30	13	01:21:20	03:10:09	04:51:01	07:09:04	08:59:51	10:48:57.85	10:50:17.55	+02:23:42 (22.1%)	9:32	6.3 (77.8%)
29	MROTEK Katarzyna	4061	ON THE MOVE	Senior II K - 30	14	01:23:17	03:14:00	04:55:02	07:19:26	09:00:31	10:49:25.30	10:50:21.00	+02:23:45 (22.1%)	9:33	6.3 (77.8%)
30	DŁUGOSZ-SAWICKA Marta	4290		Senior II K - 30	15	01:23:17	03:14:05	04:55:01	07:19:26	09:00:29	10:49:24.90	10:50:21.15	+02:23:45 (22.1%)	9:33	6.3 (77.8%)
31	SILSKA Sylwia	4178		Masters K - 40	9	01:30:42	03:24:24	05:05:36	07:22:42	09:07:56	10:49:37.80	10:50:44.15	+02:24:08 (22.2%)	9:33	6.3 (77.8%)
32	RADZIWOŃ Anna	4091	GRUPA NIENACHALNIE HEROICZNA	Masters K - 40	10	01:25:20	03:23:14	05:06:09	07:22:28	09:06:02	10:50:40.85	10:51:15.55	+02:24:40 (22.2%)	9:34	6.3 (77.8%)
33	WYRWAS-ZYGARŁOWSKA Izabela	4240	KOBIETY BIEGAJĄ	Senior II K - 30	16	01:21:33	03:16:45	05:03:06	07:24:59	09:09:51	10:51:21.40	10:51:41.40	+02:25:06 (22.3%)	9:34	6.3 (77.8%)
34	MOSKAL Izabella	4160	TKKF MPK POZNAŃ	Masters K - 40	11	01:25:38	03:17:22	04:56:34	07:17:20	09:05:55	10:55:35.70	10:56:04.65	+02:29:29 (22.8%)	9:38	6.2 (76.5%)
35	JANASIK Aleksandra	4394		Masters K - 40	12	01:17:52	03:09:37	04:55:03	07:17:00	09:05:43	10:55:18.40	10:56:06.10	+02:29:30 (22.8%)	9:38	6.2 (76.5%)
36	WASZYK Anita	4398	MUAY RUNNING TEAM	Senior II K - 30	17	01:25:37	03:22:36	05:05:14	07:15:38	09:03:22	10:55:48.60	10:56:15.90	+02:29:40 (22.8%)	9:38	6.2 (76.5%)
37	WILK Wiktoria	4105	WILKI	Senior II K - 30	18	01:26:27	03:26:39	05:09:29	07:25:47	09:11:36	11:02:00.90	11:03:15.40	+02:36:40 (23.6%)	9:44	6.2 (76.5%)
38	KARKOWSKA Wiesława	4332	GIMNA TARNOWO PODGÓRNE	Weteran K - 50	4	01:27:44	03:26:26	05:11:00	07:29:31	09:23:45	11:04:21.05	11:04:40.10	+02:38:04 (23.8%)	9:46	6.1 (75.3%)
39	KOZŁOWSKA Karolina	4171		Masters K - 40	13	01:23:48	03:17:03	04:59:36	07:18:01	09:08:33	11:06:52.50	11:07:51.50	+02:41:16 (24.1%)	9:48	6.1 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	D1	B1	B2	A15	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						10km	24km	34km	46km	57km	68km	68km			
40	ŚNIEGOCKA Magdalena	4104	TARNOWO PODGÓRNE BIEGA	Masters K - 40	14	01:30:49	03:34:22	05:18:33	07:34:45	09:26:28	11:17:49.00	11:18:07.75	+02:51:32 (25.3%)	9:58	6 (74.1%)
41	BLICHARSKA Marta	4278	WIECZORNE BIEGANIE W SZCZECINIE	Senior II K - 30	19	01:21:26	03:15:58	04:56:41	07:26:06	09:27:39	11:28:25.20	11:29:10.95	+03:02:35 (26.5%)	10:07	5.9 (72.8%)
42	ODWAŻNY Magdalena	4003	ODWAŻNYTEAM.PL	Masters K - 40	15	01:23:15	03:21:58	05:09:08	07:37:24	09:31:32	11:31:31.25	11:32:11.75	+03:05:36 (26.8%)	10:10	5.9 (72.8%)
43	SUT Iwona	4073	KS GŁÓWNO W BIEGU	Masters K - 40	16	01:23:03	03:20:46	05:10:16	07:36:52	09:39:00	11:32:21.75	11:32:40.90	+03:06:05 (26.9%)	10:10	5.9 (72.8%)
44	SZNAJDER Joanna	4246		Masters K - 40	17	01:23:09	03:18:55	05:05:47	07:35:47	09:34:22	11:34:29.55	11:35:01.50	+03:08:26 (27.1%)	10:12	5.9 (72.8%)
45	KUCIŃSKA Magdalena	4011	BASSET ROLLING TEAM	Senior II K - 30	20	01:28:27	03:25:07	05:09:20	07:37:14	09:37:31	11:42:18.10	11:42:45.70	+03:16:10 (27.9%)	10:19	5.8 (71.6%)
46	BAGIŃSKA Paulina	4190		Senior II K - 30	21	01:32:06	03:28:49	05:16:21	07:48:17	09:49:08	11:45:57.75	11:47:11.75	+03:20:36 (28.4%)	10:22	5.8 (71.6%)
47	REMLEIN Katarzyna	4400		Senior II K - 30	22	01:34:06	03:40:44	05:26:34	07:48:16	09:46:08	11:47:11.15	11:47:21.85	+03:20:46 (28.4%)	10:23	5.8 (71.6%)
48	SOBAŃSKA Paulina	4119	TARNOWO PODGÓRNE BIEGA	Senior II K - 30	23	01:34:13	03:47:38	05:37:43	08:01:28	09:58:59	11:47:18.75	11:47:37.45	+03:21:02 (28.4%)	10:24	5.8 (71.6%)
49	GADAMSKA-KABATA Paulina	4051	WKURW_TEAM	Senior II K - 30	24	01:26:47	03:33:14	05:22:59	07:44:56	09:50:47	11:47:18.30	11:47:44.05	+03:21:08 (28.4%)	10:24	5.8 (71.6%)
50	BIELEŃ Agnieszka	4395	MUAY RUNNING TEAM	Senior II K - 30	25	01:27:20	03:34:27	05:24:59	08:01:04	09:59:02	11:51:50.70	11:52:18.35	+03:25:42 (28.9%)	10:28	5.7 (70.4%)
51	OLIVEIRA Magdalena	4236		Senior II K - 30	26	01:31:14	03:39:19	05:33:00	08:06:20	09:56:27	11:51:19.85	11:52:23.95	+03:25:48 (28.9%)	10:27	5.7 (70.4%)
52	MILER Urszula	4213	KOLARSKO-BIEGOWY KLUB SPORTOWY RADOMSKO	Masters K - 40	18	01:31:26	03:40:36	05:33:03	08:07:03	09:56:29	11:51:20.65	11:52:24.40	+03:25:49 (28.9%)	10:27	5.7 (70.4%)
53	KOTYSZ Katarzyna	4233	BBL OPOLE	Weteran K - 50	5	01:33:38	03:47:08	05:37:04	08:25:49	10:10:38	11:55:30.55	11:56:23.95	+03:29:48 (29.3%)	10:31	5.7 (70.4%)
54	STALA-KONDRAKIEWICZ Katarzyna	4133	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	27	01:29:50	03:34:47	05:21:31	07:53:15	09:52:13	11:55:59.40	11:56:56.35	+03:30:20 (29.3%)	10:31	5.7 (70.4%)
55	PISULA Paulina	4264	KLUCZBORSKA GRUPA BIEGOWA	Senior II K - 30	28	01:26:56	03:30:03	05:20:12	07:56:03		12:01:11.15	12:02:05.70	+03:35:30 (29.8%)	10:36	5.7 (70.4%)
56	PIECH Marzena	4147	BOOT CAMP JAWORZNO ☐☐	Senior II K - 30	29	01:23:00	03:21:16	05:06:10	07:47:43	09:47:49	12:04:02.45	12:04:34.15	+03:37:58 (30.1%)	10:38	5.6 (69.1%)
57	ŻELAZOWSKA Ola	4049	PRO-RUN WROCŁAW	Senior II K - 30	30	01:23:13	03:15:42	05:09:05	08:10:22	09:58:04	12:07:48.00	12:08:28.70	+03:41:53 (30.5%)	10:42	5.6 (69.1%)
58	KOCHMAŃSKA Marta	4255		Senior II K - 30	31	01:27:48	03:37:09	05:48:34	08:22:37	10:24:38	12:16:18.30	12:17:05.50	+03:50:30 (31.3%)	10:49	5.5 (67.9%)
59	SOBKOWIAK Ewa	4356	100 MARATHON CLUB POLAND	Weteran K - 50	6	01:32:16	03:34:40	05:36:39	08:21:45	10:19:04	12:17:39.10	12:18:41.80	+03:52:06 (31.4%)	10:50	5.5 (67.9%)
60	WOJTCZAK Małgorzata	4174		Masters K - 40	19	01:34:09	03:47:04	05:54:19	08:34:23	10:25:49	12:20:26.35	12:21:13.55	+03:54:38 (31.7%)	10:53	5.5 (67.9%)
61	FRIEZE Tatiana	4293	DROGA DO ULTRA	Masters K - 40	20	01:26:56	03:45:53	05:40:05	08:27:03	10:22:29	12:25:31.20	12:25:43.30	+03:59:07 (32.1%)	10:57	5.5 (67.9%)
62	DOWNAR-ZAPOLSKA Rita	4220	MOM&DAUGHTER RUN	Masters K - 40	21	01:33:30	03:46:26	05:43:50	08:25:29	10:25:28	12:26:07.90	12:26:36.65	+04:00:01 (32.1%)	10:58	5.5 (67.9%)
63	PIETRZAK Monika	4224		Masters K - 40	22	01:33:59	03:44:34	05:33:31	08:11:16	10:13:41	12:28:05.50	12:28:22.10	+04:01:46 (32.3%)	11:00	5.5 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
64	WAŚCIŃSKA Edyta	4188	PĘDZI - PARA	Masters K - 40	23	01:37:48	03:49:44	05:50:31	08:24:17	10:29:39	12:29:01.55	12:30:12.50	+04:03:37 (32.5%)	11:00	5.4 (66.7%)
65	ZABOROWSKA Halina	4273	MARATOŃCZYK DĘBICA	Weteran K - 50	7	01:36:14	03:51:32	05:44:05	08:18:55	10:25:29	12:31:07.30	12:31:34.90	+04:04:59 (32.6%)	11:02	5.4 (66.7%)
66	WOJDAT Katarzyna	4194	DREAM RUN	Senior II K - 30	32	01:28:01	03:34:09	05:30:59	08:22:26	10:41:55	12:32:55.10	12:33:32.55	+04:06:57 (32.8%)	11:04	5.4 (66.7%)
67	KACZMAREK Magdalena	4052	NEST TEAM	Masters K - 40	24	01:39:25	03:51:31	05:50:07	08:33:58	10:29:04	12:33:44.55	12:34:11.80	+04:07:36 (32.8%)	11:05	5.4 (66.7%)
68	SKOLIMOWSKA Katarzyna	4350		Masters K - 40	25	01:39:36	04:01:18	05:59:17	08:33:43	10:30:44	12:37:29.80	12:37:38.80	+04:11:03 (33.1%)	11:08	5.4 (66.7%)
69	KOPKA Elżbieta	4028	AGB TORFY	Masters K - 40	26	01:32:31	03:43:35	05:35:39	08:13:42	10:17:51	12:38:41.55	12:39:04.30	+04:12:28 (33.3%)	11:09	5.4 (66.7%)
70	DOBROWOLSKA Grażyna	4391	MARATOŃCZYK DĘBICA	Masters K - 40	27	01:39:37	04:01:18	05:57:35	08:32:59	10:42:10	12:42:25.60	12:42:53.75	+04:16:18 (33.6%)	11:12	5.4 (66.7%)
71	GRĘZEL-GAWRON Jolanta	4023	RABBITTEAM	Masters K - 40	28	01:34:07	03:57:15	05:53:13	08:32:34	10:32:50	12:48:25.10	12:49:13.40	+04:22:38 (34.1%)	11:18	5.3 (65.4%)
72	WITKOWSKA Jolanta	4305	ŻIMBAKI	Masters K - 40	29	01:39:38	03:56:24	06:02:11	08:44:49	10:48:01	12:50:43.75	12:51:05.15	+04:24:29 (34.3%)	11:20	5.3 (65.4%)
Przekroczony limit czasu: 13:00:00															
73	GRZELCZAK Barbara	4201		Senior II K - 30	33	01:39:30	04:00:51	05:58:12	08:45:49	10:53:03	12:59:30.85	13:00:48.90	+04:34:13 (35.1%)	11:27	5.2 (64.2%)
	CHRZAN Magdalena	4004		Senior I K - 20		01:47:45 DNF	04:00:42 DNF	05:52:08 DNF	08:45:55 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	JEDYNAK-DOROSZ Izabela	4268	KB MANIAC	Masters K - 40		01:41:57 DNF	04:07:04 DNF	06:08:49 DNF	08:51:00 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PETRYNA Jagoda	4414		Senior II K - 30		01:09:50 DNF	02:42:25 DNF	04:00:39 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	HOLONA Izabela	4140	LUXTORPEDA	Masters K - 40		01:41:42 DNF	04:22:21 DNF	06:46:58 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MENŻYK Urszula	4137	LUXTORPEDA CZERWIONKA	Weteran K - 50		01:51:41 DNF	04:30:03 DNF	07:12:10 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	JABŁOŃSKA Agnieszka	4096	AGB NYGUS	Masters K - 40		01:27:24 DNF	04:06:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WŁODARSKA Magdalena	4376	1977	Masters K - 40		01:52:51 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DUNIKOWSKA Olga Małgorzata	4013		Senior I K - 20		02:06:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 81 wynik(ów)