

BIEG ULTRA TRAIL - 68 KM

B4SPORT
INTELEKTUJĄCE ZAWODY SPORTOWE

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Stowarzyszenie TKKF Kompas
Data: 2017-07-20
Miejsce: Łądek Zdrój
Dystans: 68 km

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INTELEKTUJĄCE ZAWODY SPORTOWE

Klasyfikacja: OPEN KOBIEC

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 56km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
1	JAROSZ Anna	4030		Senior I K - 20	1	01:10:22	02:38:57	03:49:45	05:15:03	06:35:19	07:50:58.60	07:51:14.45		6:55	8.7 (100%)
2	MACHUL Ewa	4260	DREAM RUN	Senior II K - 30	1	01:08:36	02:38:54	04:03:35	05:41:20	07:14:51	08:32:01.40	08:32:06.15	+00:40:51 (8.0%)	7:31	8 (92.0%)
3	TITZ KOZA Julita	4184		Senior II K - 30	2	01:14:03	02:49:54	04:15:59	05:54:56		08:56:20.95	08:56:28.30	+01:05:13 (12.2%)	7:53	7.6 (87.4%)
4	BIERNACKA Edyta	4097	FUNFIT	Senior II K - 30	3	01:15:41	02:57:58	04:27:45	06:07:16	07:40:21	09:05:07.45	09:05:23.00	+01:14:08 (13.6%)	8:01	7.5 (86.2%)
5	NOWAK Katarzyna	4165	TKKF HADES MIKOŁÓW	Senior II K - 30	4	01:15:19	02:54:35	04:25:38	06:07:26	07:48:14	09:10:21.15	09:10:52.60	+01:19:38 (14.5%)	8:05	7.4 (85.1%)
6	STABLA Katarzyna	4026	LUXTORPEDA CZERWIONKA	Masters K - 40	1	01:17:06	02:59:48	04:37:49	06:22:57	07:59:44	09:26:55.55	09:27:16.10	+01:36:01 (16.9%)	8:20	7.2 (82.8%)
7	CHRZAŚCIK Anna	4251	PŁOMYK OLKUSZ HARMONIA FITNESS	Senior II K - 30	5	01:15:25	02:56:21	04:27:44	06:14:53	07:58:30	09:31:03.65	09:31:09.70	+01:39:55 (17.5%)	8:23	7.1 (81.6%)
8	GOLDMAN Agata	4141		Senior II K - 30	6	01:15:35	02:54:09	04:23:22	06:07:39	07:55:11	09:34:42.70	09:35:08.15	+01:43:53 (18.1%)	8:27	7.1 (81.6%)
9	MATYJASEK Paulina	4137		Senior II K - 30	7	01:21:22	03:12:19	04:42:01	06:27:42	08:11:06	09:37:09.20	09:37:14.70	+01:46:00 (18.4%)	8:29	7.1 (81.6%)
10	ZAPADKA Elżbieta	4244	MARCINŚWIERCTEAM	Senior II K - 30	8	01:22:27	03:06:54	04:41:09	06:28:33	08:14:59	09:47:56.05	09:48:07.80	+01:56:53 (19.9%)	8:38	6.9 (79.3%)
11	KRYM Katarzyna	4062	MATNER RUNNING TEAM/NIGHT RUNNERS WROCŁAW	Masters K - 40	2	01:24:03	03:04:22	04:34:02	06:17:48	08:04:01	09:59:09.60	09:59:23.50	+02:08:09 (21.4%)	8:48	6.8 (78.2%)
12	NAUDZIUNAS Agnieszka	4067	NATURAL BORN RUNNERS	Senior II K - 30	9	01:27:00	03:20:58	04:59:43	06:38:45	08:28:23	10:06:15.25	10:06:37.50	+02:15:23 (22.3%)	8:54	6.7 (77.0%)
13	MARCINIAK Izabela	4101	KOBIETY BIEGAJĄ	Senior I K - 20	2	01:24:04	03:15:12	04:56:30	06:48:31	08:38:01	10:11:23.75	10:11:55.80	+02:20:41 (23.0%)	8:59	6.7 (77.0%)
14	PALACZ Anna	4156	PRO-RUN WROCŁAW	Senior I K - 20	3	01:34:18	03:30:50	05:09:05	06:58:22	08:39:32	10:13:47.35	10:14:09.40	+02:22:54 (23.3%)	9:01	6.6 (75.9%)
15	PĘDZIK Renata	4185	NYSA BIEGA	Masters K - 40	3	01:21:22	03:12:10	04:56:18	06:47:34	08:38:05	10:15:21.55	10:15:30.35	+02:24:15 (23.4%)	9:02	6.6 (75.9%)
16	MASALSKA-PAWLAK Agata	4021		Senior II K - 30	10	01:25:27	03:18:54	04:59:22	06:52:09	08:39:45	10:18:09.70	10:18:22.55	+02:27:08 (23.8%)	9:05	6.6 (75.9%)
17	OLSCHIMKE-MARMUROWICZ Barbara	4041	NIGHT RUNNERS ŚLĄSK	Masters K - 40	4	01:29:55	03:24:48	05:02:24	06:53:25	08:43:36	10:22:43.90	10:23:11.95	+02:31:57 (24.4%)	9:09	6.6 (75.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						A1 10km	D1 24km	B1 34km	B2 46km	A15 56km	68km	68km			
18	KRAWCZYŃSKA Anna	4208		Senior I K - 20	4	01:26:46	03:20:37	05:20:50	07:08:31	08:54:07	10:25:15.00	10:25:34.50	+02:34:20 (24.7%)	9:11	6.5 (74.7%)
19	ŁYSIAK Sylwia	4130	ROZBIEGANY RAWICZ	Masters K - 40	5	01:21:24	03:12:51	04:56:36	06:52:51	08:45:52	10:25:23.35	10:25:37.05	+02:34:22 (24.7%)	9:11	6.5 (74.7%)
20	GRAMZA Katarzyna	4024	EUFORIABIEGACZA.PL	Senior II K - 30	11	01:21:15	03:11:11	04:56:37	06:52:36	08:46:10	10:25:24.65	10:25:38.85	+02:34:24 (24.7%)	9:11	6.5 (74.7%)
21	WOŻNA Magdalena	4153	STOWARZYSZENIE NOWE GRANICE	Masters K - 40	6	01:27:16	03:26:26	05:09:39	07:06:45	08:54:33	10:26:18.65	10:26:38.65	+02:35:24 (24.8%)	9:12	6.5 (74.7%)
22	CHWAŁOWSKA Agnieszka	4015	FUDU&CO. SPORT TEAM	Senior II K - 30	12	01:28:35	03:27:35	05:10:18	07:04:34	08:53:08	10:32:33.50	10:32:49.10	+02:41:34 (25.5%)	9:18	6.4 (73.6%)
23	ŚWIATOWIEC Anna	4102	I LOVE MY ROTTWEILER	Masters K - 40	7	01:30:01	03:24:24	05:15:10	07:13:13	09:00:42	10:34:15.05	10:34:43.95	+02:43:29 (25.8%)	9:19	6.4 (73.6%)
24	KLATKA Arleta	4010	BBL TOMASZÓW MAZOWIECKI	Masters K - 40	8	01:22:03	03:19:16	05:02:33	06:59:15	08:56:09	10:46:45.40	10:46:56.10	+02:55:41 (27.2%)	9:30	6.3 (72.4%)
25	KUCNER Monika	4072	ALBERTS SP Z O.O.	Masters K - 40	9	01:29:53	03:29:14	05:15:04	07:15:39	09:08:45	10:51:22.55	10:51:52.45	+03:00:38 (27.7%)	9:34	6.3 (72.4%)
26	NĄCKIEWICZ Justyna	4019		Masters K - 40	10	01:31:04	03:37:18	05:30:02	07:25:45	09:16:41	10:59:05.20	10:59:11.20	+03:07:56 (28.5%)	9:41	6.2 (71.3%)
27	STEFAŃCZYK Monika	4138	LES FEMMES COURANT DANS LES FORETS	Senior II K - 30	13	01:30:40	03:24:56	05:08:03	07:03:55	09:06:29	10:54:54.35	11:03:37.05	+03:12:22 (29.0%)	9:37	6.2 (71.3%)
28	SILSKA Sylwia	4146		Masters K - 40	11	01:25:53	03:20:21	05:18:31	07:14:47	09:16:01	11:04:48.90	11:04:59.10	+03:13:44 (29.1%)	9:46	6.1 (70.1%)
29	ROGALA Anna	4105		Senior I K - 20	5	01:34:15	03:40:52	05:33:55	07:32:37	09:28:30	11:07:15.20	11:07:45.50	+03:16:31 (29.4%)	9:48	6.1 (70.1%)
30	FOŁĘGA Justyna	4100		Senior II K - 30	14	01:21:15	03:11:48	05:02:50	06:57:10	09:11:36	11:09:39.10	11:10:03.30	+03:18:48 (29.7%)	9:50	6.1 (70.1%)
31	MARCINKIEWICZ Marta	4014	MATNER RUNNING TEAM	Masters K - 40	12	01:34:28	03:39:56	05:29:52	07:29:26	09:27:23	11:11:06.20	11:11:21.50	+03:20:07 (29.8%)	9:52	6.1 (70.1%)
32	KRZEMIŃSKA Aleksandra	4149	KW OPOLE	Senior II K - 30	15	01:27:44	03:23:02	05:12:07	07:13:32	09:19:58	11:15:30.95	11:15:47.15	+03:24:32 (30.3%)	9:56	6 (69.0%)
33	MIZERA Joanna	4002	SUTTON RUNNERS	Senior II K - 30	16	01:26:40	03:27:36	05:17:56	07:23:47	09:22:42	11:15:27.50	11:15:56.30	+03:24:41 (30.3%)	9:56	6 (69.0%)
34	MORAWSKA Anna	4060		Weteran II K - 60	1	01:30:45	03:34:42	05:25:04	07:28:02	09:28:56	11:20:39.40	11:21:04.40	+03:29:49 (30.8%)	10:00	6 (69.0%)
35	LENKOWSKA Adrianna	4187	BIEGAM BO NIE LUBIE	Senior I K - 20	6	01:25:50	03:19:38	04:56:36	07:02:24	09:11:47	11:21:50.80	11:22:20.70	+03:31:06 (30.9%)	10:01	6 (69.0%)
36	PERZ Marzenna	4178	NKB CHYŻY NOWY TOMYŚL	Masters K - 40	13	01:34:46	03:42:08	05:23:05	07:29:40	09:27:14	11:22:18.15	11:22:27.90	+03:31:13 (31.0%)	10:02	6 (69.0%)
37	GORCZYCA Aneta	4151		Senior II K - 30	17	01:30:02	03:31:46	05:22:50	07:38:13	09:38:53	11:31:54.75	11:32:19.25	+03:41:04 (31.9%)	10:10	5.9 (67.8%)
38	STAFIEJ Anna	4150		Masters K - 40	14	01:30:00	03:31:44	05:22:49	07:38:12	09:38:55	11:31:54.40	11:32:19.50	+03:41:05 (31.9%)	10:10	5.9 (67.8%)
39	WIĘCKOWSKA Marta	4134	MLB	Senior II K - 30	18	01:26:56	03:27:04	05:24:50	07:23:36	09:27:05	11:32:10.10	11:32:41.40	+03:41:26 (32.0%)	10:10	5.9 (67.8%)
40	CZESKA Karolina	4027	MOSINA BIEGA	Senior I K - 20	7	01:28:54	03:29:22	05:26:48	07:27:20	09:36:48	11:33:56.45	11:34:20.95	+03:43:06 (32.1%)	10:12	5.9 (67.8%)
41	WAGNER Ewa	4034		Senior II K - 30	19	01:29:23	03:34:09	05:25:07	07:32:37	09:36:37	11:34:34.10	11:34:59.25	+03:43:44 (32.2%)	10:12	5.9 (67.8%)
42	WALCZYŃSKA Karolina	4144		Senior II K - 30	20	01:38:59	03:51:40	05:45:17	07:51:26	09:52:34	11:36:43.25	11:37:09.50	+03:45:55 (32.4%)	10:14	5.9 (67.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 56km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
43	KRYZA Agnieszka	4037	ŻYCIE JEST PIĘKNE	Senior II K - 30	21	01:27:33	03:35:43	05:43:36	07:49:22	09:49:59	11:42:11.60	11:42:38.90	+03:51:24 (32.9%)	10:19	5.8 (66.7%)
44	SIKORSKA Agnieszka	4107		Masters K - 40	15	01:31:34	03:35:14	05:30:19	07:38:56	09:43:22	11:42:37.35	11:42:51.05	+03:51:36 (33.0%)	10:19	5.8 (66.7%)
45	MACHOWSKA Joanna	4209	BEZ GRANIC	Senior II K - 30	22	01:28:09	03:31:50	05:28:16	07:40:26	09:51:50	11:44:42.85	11:45:06.40	+03:53:51 (33.2%)	10:21	5.8 (66.7%)
46	BRZEZOWSKA Beata	4205	POLSKA BIEGA	Weteran K - 50	1	01:35:17	03:40:21	05:45:10	07:41:57	09:54:40	11:49:41.75	11:50:15.15	+03:59:00 (33.7%)	10:26	5.7 (65.5%)
47	STROIŃSKA Iwona	4277		Masters K - 40	16	01:31:35	03:42:37	05:44:33	07:52:35	10:12:06	12:17:26.25	12:17:48.30	+04:26:33 (36.1%)	10:50	5.5 (63.2%)
48	GEZELA Joanna	4054	EUFORIABIEGACZA.PL	Masters K - 40	17	01:40:45	04:05:18	06:15:56	08:34:43		13:12:07.45	13:12:21.45	+05:21:07 (40.5%)	11:38	5.2 (59.8%)
	KURAS- SMOLNIK Magdalena	4071	SIERADZBIEGA.PL	Senior II K - 30		01:37:25	03:49:29	05:56:09	08:09:08	10:21:53			-	-	- (0.0%)
	KAMINSKA Karolina	4136	SHELL KRAKÓW / LES FAMES COURANT DANS LES FORETS	Senior II K - 30		01:24:37 DNF	03:30:07 DNF	05:30:43 DNF	07:42:26 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GALLARDO Lina	4269		Masters K - 40		01:22:38 DNF	03:40:53 DNF	05:28:52 DNF	07:49:30 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DŁUGOSZ Agata	4246	BIEGAM Z PASJA/NESSI TEAM	Senior II K - 30		01:20:37 DNF	03:51:36 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KONKIEWICZ Katarzyna	4229	GRODZISKI KLUB BIEGACZA	Masters K - 40		01:47:21 DNF	04:15:44 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 53 wynik(ów)