



# BIEG ULTRA TRAIL - 68 KM

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2022-07-14  
Łądek-Zdrój  
68 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN

Punkt pomiarowy: 10,0 km

| Msc | Zawodnik            | Numer | Klub                                 | Kategoria        | Start Łądek<br>0.01km | A1<br>10km   |
|-----|---------------------|-------|--------------------------------------|------------------|-----------------------|--------------|
| 1   | MASIAREK Maciej     | 4270  |                                      | Senior I M - 20  | 00:00:03              | 00:51:34     |
| 2   | GLUSNEVS Didzis     | 4362  |                                      | Senior II M - 30 | 00:00:04              | 00:51:37     |
| 3   | JAROWICZ Jakub      | 4091  |                                      | Senior II M - 30 | 00:00:05              | 00:56:05     |
| 4   | PILARSKI Tomasz     | 4382  | IZERY BOGATYNIA                      | Masters M - 40   | 00:00:03              | 00:56:08     |
| 5   | DYBEK Paweł         | 4414  | SALOMON SUUNTO TEAM                  | Masters M - 40   | 00:00:04              | 00:56:19     |
| 6   | PITUCH Grzegorz     | 4140  | KS WYSOKA                            | Masters M - 40   | 00:00:03              | 00:56:20     |
|     | TERZONI Christian   | 4117  | PRZEDWOJEWSKI TEAM                   | Masters M - 40   | 00:00:02 DNF          | 00:57:00 DNF |
| 8   | GOC Paweł           | 4254  | RMT                                  | Senior II M - 30 | 00:00:03              | 00:57:14     |
| 9   | MAZUREK Marcin      | 4379  | FEHLAU RUN TEAM                      | Masters M - 40   | 00:00:05              | 00:57:18     |
|     | BRZĄKAŁSKI Krzysiek | 4052  | PRZEDWOJEWSKI TEAM                   | Senior II M - 30 | DNF                   | 00:57:28 DNF |
| 11  | JANKOWSKI Grzegorz  | 4073  | KGHM ZG RUN                          | Weteran I M - 50 | 00:00:02              | 00:57:34     |
| 12  | ŚCIESZKA Wojciech   | 4252  | 13 ELT KRAKÓW-BALICE                 | Masters M - 40   | 00:00:04              | 00:58:08     |
| 13  | OSTROWSKI Grzegorz  | 4317  |                                      | Masters M - 40   | 00:00:07              | 00:58:12     |
| 14  | TRULIS Modris       | 4399  | SUPERVARONI                          | Senior II M - 30 | 00:00:05              | 00:58:22     |
| 15  | URBAŃCZYK Grzegorz  | 4365  | FOR RUN TEAM & ADRUNALINE            | Senior II M - 30 | 00:00:04              | 00:58:22     |
| 16  | RYCHTER Karol       | 4418  | THE TYCHTERS                         | Masters M - 40   | 00:00:10              | 00:58:54     |
| 17  | JAKOWSKI Mateusz    | 4095  |                                      | Senior I M - 20  | 00:00:07              | 00:59:04     |
| 18  | WARWAS Radosław     | 4387  |                                      | Masters M - 40   | 00:00:05              | 00:59:29     |
| 19  | MALICKI Grzegorz    | 4310  | ORANGE POLSKA                        | Masters M - 40   | 00:00:03              | 00:59:54     |
| 20  | SZYMURA Wojciech    | 4189  | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | Masters M - 40   | 00:00:05              | 01:00:16     |
| 21  | BAKALARZ Emil       | 4274  |                                      | Senior II M - 30 | 00:00:02              | 01:00:27     |
| 22  | NARWOJSZ Arkadiusz  | 4159  |                                      | Masters M - 40   | 00:00:06              | 01:00:29     |
| 23  | RUDZIŃSKI Jacek     | 4081  | KB HERMES GRYFINO                    | Weteran I M - 50 | 00:00:34              | 01:00:35     |
| 24  | MAJCHER Piotr       | 4186  | BW BIEGACZE WYMIATACZE               | Weteran I M - 50 | 00:00:04              | 01:00:44     |
| 25  | CIESIELSKI Michał   | 4328  | ADIDAS RUNNERS WARSAW                | Senior II M - 30 | 00:00:14              | 01:00:44     |
| 26  | SOCHA Seweryn       | 4286  | SII RUNNING TEAM                     | Senior II M - 30 | 00:00:29              | 01:00:47     |
| 27  | WYLEŻAŁEK Alina     | 4327  |                                      | Senior II K - 30 | 00:00:05              | 01:00:52     |
| 28  | MERKWA Wojciech     | 4325  | ZIOMKI                               | Senior II M - 30 | 00:00:07              | 01:00:54     |
| 29  | KOCOUREK Martin     | 4411  | RUNCAT                               | Masters M - 40   | 00:00:35              | 01:02:46     |
| 30  | WILK Jacek          | 4397  |                                      | Weteran I M - 50 | 00:00:09              | 01:03:14     |

| Msc | Zawodnik                           | Numer       | Klub                              | Kategoria        | Start Łądek<br>0.01km | A1<br>10km   |
|-----|------------------------------------|-------------|-----------------------------------|------------------|-----------------------|--------------|
| 31  | <b>GAŁUSZKA Filip</b>              | <b>4112</b> | KOKOSZKA36TEAM                    | Senior II M - 30 | 00:00:35              | 01:03:52     |
| 32  | <b>MALEC Artur</b>                 | <b>4096</b> |                                   | Masters M - 40   | 00:00:04              | 01:04:05     |
|     | <b>KLEINSCHMIDT Łukasz</b>         | <b>4086</b> | KRIS TRANS MAŁYSZKA               | Masters M - 40   | 00:00:06 DNF          | 01:04:29 DNF |
| 34  | <b>ŠALIGA Jan</b>                  | <b>4410</b> | ŠÁLARUN                           | Senior II M - 30 | 00:00:36              | 01:04:34     |
| 35  | <b>CHWEDCZUK Robert</b>            | <b>4232</b> | ŻÓRAWSKI TEAM                     | Senior II M - 30 | 00:00:15              | 01:04:36     |
| 36  | <b>JASZKIEWICZ Adrian</b>          | <b>4292</b> | LESZNO LIMITS RUNNERS             | Masters M - 40   | 00:00:14              | 01:04:53     |
| 37  | <b>WATROS Eryk</b>                 | <b>4212</b> | 31 BAZA LOTNICTWA TAKTYCZNEGO     | Senior II M - 30 | 00:00:08              | 01:04:55     |
| 38  | <b>POPIEL Andrzej</b>              | <b>4194</b> | POPSMART.PL                       | Senior II M - 30 | 00:00:15              | 01:05:05     |
| 39  | <b>SZARAPANOWSKI Marcin</b>        | <b>4202</b> | ULTRA DIABŁY TEAM LUBRZA          | Masters M - 40   | 00:00:09              | 01:05:07     |
| 40  | <b>PARZONKA Sylwester</b>          | <b>4165</b> | KS GEPARD KEPNO                   | Weteran I M - 50 | 00:00:14              | 01:05:08     |
| 41  | <b>CZOSNOWSKI Krzysztof</b>        | <b>4029</b> | KB HERMES GRYFINO                 | Masters M - 40   | 00:00:34              | 01:05:33     |
| 42  | <b>STAROŃ Norbert</b>              | <b>4016</b> | DZG RUNNERS                       | Masters M - 40   | 00:00:06              | 01:05:58     |
| 43  | <b>JEZIERSKI Tomasz</b>            | <b>4183</b> | SUPADUPAFLY                       | Masters M - 40   | 00:00:02              | 01:06:49     |
| 44  | <b>VOITIUK Dmytro</b>              | <b>4346</b> | SUPADUPAFLY                       | Senior II M - 30 | 00:00:02              | 01:06:52     |
| 45  | <b>MOSZKOWICZ Pawel Moszkowicz</b> | <b>4406</b> | NAVIGATOR                         | Weteran I M - 50 | 00:00:44              | 01:06:55     |
| 46  | <b>WOŹNIAK Jerzy</b>               | <b>4246</b> | #ZALINIAMETYTEAM                  | Senior II M - 30 | 00:00:32              | 01:06:59     |
| 47  | <b>JĘDRZEJKO Dominik</b>           | <b>4054</b> | BIEGAM SOBIE                      | Senior II M - 30 | 00:00:03              | 01:07:00     |
| 48  | <b>PIWOWOŃSKI Paweł</b>            | <b>4132</b> |                                   | Masters M - 40   | 00:00:31              | 01:07:05     |
| 49  | <b>SOLIŃSKI Olaf</b>               | <b>4392</b> |                                   | Senior I M - 20  | 00:00:43              | 01:07:19     |
| 50  | <b>JAKUBCZAK Konrad</b>            | <b>4037</b> | DEBEŚCIAK                         | Masters M - 40   | 00:00:11              | 01:07:29     |
| 51  | <b>ZILGALVIS Matiss</b>            | <b>4347</b> | SUPERVARONI                       | Masters M - 40   | 00:00:10              | 01:07:36     |
| 52  | <b>DOBROWOLSKI Krzysztof</b>       | <b>4100</b> | DZG RUNNERS                       | Senior II M - 30 | 00:00:06              | 01:07:47     |
| 53  | <b>MIKOŁAJCZYK Krzysztof</b>       | <b>4097</b> |                                   | Masters M - 40   | 00:00:12              | 01:08:12     |
| 54  | <b>DZIOB Grzegorz</b>              | <b>4173</b> | NIEPOŁOMICE BIEGAJĄ               | Senior II M - 30 | 00:00:22              | 01:08:13     |
|     | <b>GRUSZKA Aleksandra</b>          | <b>4291</b> |                                   | Senior II K - 30 | 00:00:07 DNF          | 01:08:59 DNF |
| 56  | <b>HAMPEL Karolina</b>             | <b>4110</b> | LUCKY LUKI                        | Senior I K - 20  | 00:00:32              | 01:09:03     |
| 57  | <b>BARANOWSKI Jacek</b>            | <b>4375</b> | JACEKBIEGA RUNNING TEAM           | Masters M - 40   | 00:00:10              | 01:09:11     |
| 58  | <b>LIS Paweł</b>                   | <b>4357</b> | CENTRUM FORMY 58-100 ŚWIDNICA     | Masters M - 40   | 00:00:28              | 01:09:14     |
|     | <b>JERMAK Kamil</b>                | <b>4105</b> |                                   | Masters M - 40   | 00:00:07 DNF          | 01:09:25 DNF |
| 60  | <b>HEJZNER Arkadiusz</b>           | <b>4217</b> |                                   | Senior II M - 30 | 00:00:14              | 01:09:27     |
| 61  | <b>BOGUCKA Emilia</b>              | <b>4380</b> | WLKP MOUNTAINS ULTRA              | Masters K - 40   | 00:00:15              | 01:09:28     |
| 62  | <b>KRAWCZYK Karol</b>              | <b>4373</b> | LENIWY INACZEJ                    | Senior II M - 30 | 00:00:37              | 01:09:45     |
|     | <b>PROSZAK Sebastian</b>           | <b>4245</b> | TEAM KURORT ŁĄDEK-ZDRÓJ           | Weteran I M - 50 | 00:00:06 DNF          | 01:10:15 DNF |
| 64  | <b>STASIW Przemysław</b>           | <b>4407</b> | ULTRA TRAIL FANATICS              | Senior II M - 30 | 00:00:18              | 01:10:16     |
| 65  | <b>CAPUTA Wojciech</b>             | <b>4409</b> |                                   | Masters M - 40   | 00:00:12              | 01:10:17     |
| 66  | <b>KOWALCZYK Adam</b>              | <b>4369</b> | STS BIEGATON - SEKCJA GÓRSKA      | Weteran I M - 50 | 00:00:27              | 01:10:18     |
| 67  | <b>SCHÜTZ Michał</b>               | <b>4253</b> |                                   | Masters M - 40   | 00:00:12              | 01:10:24     |
| 68  | <b>JANCZ Tomasz</b>                | <b>4214</b> |                                   | Weteran I M - 50 | 00:00:48              | 01:11:07     |
| 69  | <b>WAWRZYNIAK Małgorzata</b>       | <b>4236</b> | #BIEGIEMWLAS                      | Masters K - 40   | 00:00:11              | 01:11:12     |
| 70  | <b>ROZNIERSKA Dagmara</b>          | <b>4152</b> | KB SOBÓTKA                        | Senior II K - 30 | 00:00:01              | 01:11:13     |
| 71  | <b>GOLCZAK Krzysztof</b>           | <b>4011</b> | TEAM KGB                          | Masters M - 40   | 00:00:17              | 01:11:23     |
| 72  | <b>JAWORSKA Magdalena</b>          | <b>4018</b> | GB WIELKOPOLSCY BIEGACZE/TEAM KGB | Masters K - 40   | 00:00:18              | 01:11:24     |
| 73  | <b>JOŃCZYK Rafał</b>               | <b>4415</b> | JACEKBIEGA RUNNING TEAM           | Masters M - 40   | 00:00:31              | 01:11:36     |
| 74  | <b>URBANIK Łukasz</b>              | <b>4284</b> | SZAKALE BAŁUT ŁÓDŹ                | Masters M - 40   | 00:00:16              | 01:11:44     |
| 75  | <b>WITKE-ORLIKOWSKA Marta</b>      | <b>4184</b> |                                   | Senior II K - 30 | 00:00:13              | 01:11:47     |

| Msc | Zawodnik                 | Numer | Klub                          | Kategoria        | Start Łądek<br>0.01km | A1<br>10km   |
|-----|--------------------------|-------|-------------------------------|------------------|-----------------------|--------------|
| 76  | KOŚCIELNIAK Wioletta     | 4377  | RUNNERS TEAM NYSA             | Masters K - 40   | 00:00:22              | 01:11:54     |
| 77  | KOMAR Krystian           | 4192  | KOMARKI                       | Senior II M - 30 | 00:00:09              | 01:12:07     |
| 78  | MAZUREK Łukasz           | 4027  | DZG RUNNERS                   | Masters M - 40   | 00:00:05              | 01:12:08     |
| 79  | NECKAR Michał            | 4071  | HWBC                          | Masters M - 40   | 00:00:19              | 01:12:11     |
| 80  | KURACH Paweł             | 4298  | SII RUNNING TEAM              | Senior II M - 30 | 00:00:30              | 01:12:15     |
| 81  | SALAMON Paweł            | 4039  | KOPEĆ TEAM                    | Masters M - 40   | 00:00:10              | 01:12:31     |
| 82  | ZIEMBA Michał            | 4326  | ZIOMKI                        | Senior II M - 30 | 00:00:08              | 01:12:40     |
| 83  | MUS Paweł                | 4162  | MASATEAM                      | Senior II M - 30 | 00:00:08              | 01:12:50     |
| 84  | BUDZOWSKI Radosław       | 4116  | ROZBIEGANE DOBCZYCE           | Senior I M - 20  | 00:00:20              | 01:12:51     |
| 85  | SAJAK Kamil              | 4098  | ROZBIEGANE DOBCZYCE           | Senior II M - 30 | 00:00:19              | 01:12:52     |
| 86  | MRÓWKA Michał            | 4002  | OBOZY GÓRSKIE                 | Senior II M - 30 | 00:00:05              | 01:12:57     |
| 87  | PIKOS Patryk             | 4136  |                               | Senior II M - 30 | 00:00:14              | 01:12:58     |
| 88  | KONDYCKI Adam            | 4030  | DZG RUNNERS                   | Masters M - 40   | 00:00:06              | 01:12:59     |
| 89  | LUBAŃSKI Mateusz         | 4166  | KS BARYCZ MILICZ              | Senior II M - 30 | 00:00:18              | 01:13:06     |
| 90  | ZIEBA Tomek              | 4386  | JACEKBIEGA RUNNING TEAM       | Masters M - 40   | 00:00:10              | 01:13:15     |
| 91  | NOWAK Krzysztof          | 4316  |                               | Masters M - 40   | 00:00:16              | 01:13:15     |
| 92  | MENDYK Maciej            | 4168  |                               | Masters M - 40   | 00:00:19              | 01:13:15     |
| 93  | BRONCZAK Tomasz          | 4055  |                               | Masters M - 40   | 00:00:17              | 01:13:17     |
| 94  | JANUSZ Jakub             | 4126  |                               | Senior II M - 30 | 00:00:17              | 01:13:21     |
| 95  | MARUCHA Tomasz           | 4277  | DRUŻYNA Ż                     | Senior II M - 30 | 00:00:53              | 01:13:34     |
| 96  | MRÓZ Agata               | 4025  | AFRO FIT WATAHA               | Senior II K - 30 | 00:00:20              | 01:13:50     |
| 97  | SOWIŃSKA-JANECZEK Joanna | 4013  | KB MARATON TUREK              | Senior II K - 30 | 00:00:08              | 01:13:56     |
| 98  | POLEK Ewa                | 4241  | BW BIEGACZE WYMIATACZE        | Senior II K - 30 | 00:00:08              | 01:13:57     |
| 99  | GRABOŚ Nina              | 4314  |                               | Masters K - 40   | 00:00:16              | 01:14:02     |
| 100 | GRZYBEK Sławomir         | 4106  | BARTOSZ GORCZYCA RUNNING TEAM | Senior II M - 30 | 00:00:03              | 01:14:05     |
| 101 | BURA Krystian            | 4122  | #BIEGAJLESZNO                 | Senior II M - 30 | 00:00:11              | 01:14:38     |
| 102 | WOJTAL Marcin            | 4280  | #BIEGAJLESZNO                 | Masters M - 40   | 00:00:11              | 01:14:39     |
| 103 | JODŁOWSKI Marek          | 4114  | BBL KROSNO ODRZANSKIE         | Masters M - 40   | 00:00:01              | 01:14:41     |
| 104 | WÓJCIK Michał            | 4157  | GRUPA SUDECKA GOPR            | Senior II M - 30 | 00:00:11              | 01:14:46     |
| 105 | GROBOSZ Jan              | 4312  |                               | Senior II M - 30 | 00:00:21              | 01:15:03     |
| 106 | WOJCIECHOWSKA Maria      | 4367  | JACEKBIEGA RUNNING TEAM       | Senior II K - 30 | 00:00:24              | 01:15:41     |
| 107 | MAKOWSKA Olga            | 4368  | JACEKBIEGA RUNNING TEAM       | Senior II K - 30 | 00:00:01              | 01:15:44     |
|     | WIERZBIŃSKA Karolina     | 4366  | JACEKBIEGA RUNNING TEAM       | Senior II K - 30 | 00:00:23 DNF          | 01:15:45 DNF |
| 109 | CANDER Piotr             | 4374  |                               | Masters M - 40   | 00:00:14              | 01:16:01     |
| 110 | NAWROT Marek             | 4278  | BIEG Z CHRYSTUSEM!            | Senior II M - 30 | 00:00:25              | 01:16:03     |
| 111 | SZANDAŁA Jacek           | 4092  | CAŁA OLEŚNICA BIEGA           | Masters M - 40   | 00:00:07              | 01:16:07     |
| 112 | ŁUKASIEWICZ Ewa          | 4111  | OLAWS ZŁOTORYJA               | Weteran K - 50   | 00:00:29              | 01:16:08     |
| 113 | KUREK Michał             | 4343  |                               | Senior II M - 30 | 00:00:27              | 01:16:09     |
| 114 | MATUSZEWSKI Łukasz       | 4028  | BIEGOWY WARIAT RUNNING TEAM   | Senior II M - 30 | 00:00:04              | 01:16:11     |
| 115 | WOŹNIAK Paweł            | 4339  | W POGONI ZA DUCHEM            | Masters M - 40   | 00:00:50              | 01:16:12     |
|     | GARUS Łukasz             | 4264  | EUROCASH                      | Masters M - 40   | 00:00:04 DNF          | 01:16:12 DNF |
| 117 | DOMAGAŁA Grażyna         | 4303  |                               | Senior II K - 30 | 00:00:15              | 01:16:14     |
| 118 | BOSY Hubert              | 4417  | DRUŻYNA SZPIKU                | Masters M - 40   | 00:00:09              | 01:16:18     |
| 119 | GRADZIK Inga             | 4370  |                               | Senior I K - 20  | 00:00:28              | 01:16:21     |
| 120 | NASIADKA Michał          | 4249  |                               | Senior I M - 20  | 00:00:22              | 01:16:22     |

| Msc | Zawodnik                 | Numer | Klub                                    | Kategoria        | Start Łądek<br>0.01km | A1<br>10km |
|-----|--------------------------|-------|-----------------------------------------|------------------|-----------------------|------------|
| 121 | SKOKOWSKI Maciej         | 4144  |                                         | Masters M - 40   | 00:00:11              | 01:16:26   |
| 122 | CHMAJ Jerzy              | 4248  |                                         | Weteran I M - 50 | 00:00:15              | 01:16:27   |
| 123 | STASIAK Łukasz           | 4076  | LEŚNE DZIKI PRZYJACIELSKA GRUPA BIEGOWA | Masters M - 40   | 00:00:09              | 01:16:30   |
| 124 | SZULC Krzysztof          | 4393  | ALBATROSY                               | Weteran I M - 50 | 00:00:31              | 01:16:30   |
| 125 | KUDŁA Joanna             | 4223  | KUDŁATE MAKARONY                        | Senior II K - 30 | 00:00:20              | 01:16:31   |
| 126 | KUŁAGA Sebastian         | 4371  | MIRAZ RACE TEAM                         | Senior II M - 30 | 00:00:34              | 01:16:33   |
| 127 | WOJCIECHOWSKA Aleksandra | 4297  |                                         | Senior II K - 30 | 00:00:20              | 01:16:42   |
| 128 | FLAGA Iwona              | 4205  | LOS PANTALONES ROJOS                    | Masters K - 40   | 00:00:08              | 01:16:43   |
| 129 | JAMRÓZ Wojciech          | 4229  | KW GLIWICE                              | Masters M - 40   | 00:00:22              | 01:16:45   |
| 130 | ŻUKOWSKI Karol           | 4321  |                                         | Senior II M - 30 | 00:00:27              | 01:16:46   |
| 131 | WOŁKOWYCKI Paweł         | 4403  | BIEGAM Z KAJĄ                           | Senior II M - 30 | 00:00:37              | 01:16:52   |
| 132 | WAWRZYNIAK Damian        | 4104  |                                         | Senior I M - 20  | 00:00:35              | 01:16:53   |
| 133 | URBAŃSKI Michał          | 4282  | ŁĄDEK-ZDRÓJ RUNNERS                     | Senior II M - 30 | 00:00:06              | 01:17:19   |
| 134 | LANGE Paweł              | 4137  | ALSTOM KATOWICE                         | Senior II M - 30 | 00:00:24              | 01:17:20   |
| 135 | SYPIEWSKI Krystian       | 4139  | ZBGB                                    | Masters M - 40   | 00:00:19              | 01:17:34   |
| 136 | JÓZEFIAK Beata           | 4330  |                                         | Senior II K - 30 | 00:00:32              | 01:17:34   |
| 137 | SZKÓDLIŃSKI Bartosz      | 4118  | ODDYCHAJSWOBODNIE.PL                    | Masters M - 40   | 00:00:27              | 01:17:36   |
| 138 | GŁADYKOWSKI Łukasz       | 4187  | PGB SPORTOWA PACZKA                     | Masters M - 40   | 00:00:13              | 01:17:37   |
| 139 | KARNICKA Iwona           | 4019  | DZG RUNNERS                             | Masters K - 40   | 00:00:05              | 01:17:49   |
| 140 | TRZECIAK Andrzej         | 4323  | PURA VIDA TEAM                          | Masters M - 40   | 00:00:32              | 01:17:49   |
| 141 | HENECZKOWSKI Łukasz      | 4094  | BORN TO RUN                             | Masters M - 40   | 00:01:02              | 01:17:53   |
| 142 | KOTRA Jacek              | 4383  | POLA&GAJA TEAM                          | Masters M - 40   | 00:00:24              | 01:17:55   |
| 143 | KARLIK Łukasz            | 4281  | ES TEAM                                 | Senior II M - 30 | 00:00:28              | 01:17:56   |
| 144 | GARCZYŃSKI Darek         | 4150  |                                         | Weteran I M - 50 | 00:01:02              | 01:17:58   |
| 145 | HACUŚ Jacek              | 4059  |                                         | Senior II M - 30 | 00:00:09              | 01:18:07   |
| 146 | CHRAPLEWSKA Karolina     | 4342  |                                         | Masters K - 40   | 00:00:18              | 01:18:08   |
| 147 | PRZYBYTKOWSKI Adam       | 4308  | NIE ZRZESZONY                           | Weteran I M - 50 | 00:00:27              | 01:18:15   |
| 148 | KUK Urszula              | 4174  |                                         | Masters K - 40   | 00:00:58              | 01:18:16   |
| 149 | KUROWSKI Aleksander      | 4089  |                                         | Masters M - 40   | 00:00:19              | 01:18:44   |
| 150 | PFITZENREUTER Justin     | 4258  |                                         | Senior II M - 30 | 00:00:29              | 01:19:03   |
| 151 | KRYCH Paweł              | 4051  | MARATOŃCZYK POZNAŃ                      | Masters M - 40   | 00:00:41              | 01:19:08   |
| 152 | SOBCZYK Grzesiu          | 4167  | WIELUŃ BIEGA                            | Senior II M - 30 | 00:00:09              | 01:19:25   |
| 153 | LIS Sebastian            | 4044  | KB DĘBIEC                               | Senior II M - 30 | 00:00:35              | 01:19:33   |
| 154 | WYSMOLIŃSKI Piotr        | 4302  |                                         | Weteran I M - 50 | 00:00:26              | 01:19:41   |
| 155 | RUDNICKI Krzysztof       | 4306  |                                         | Senior II M - 30 | 00:00:53              | 01:19:42   |
| 156 | JANIK Beata              | 4156  | RUNDOMSKO                               | Senior II K - 30 | 00:00:13              | 01:19:43   |
| 157 | ANTKOWIAK Michał         | 4178  | MUAY RUNNING TEAM                       | Senior II M - 30 | 00:00:33              | 01:19:49   |
| 158 | SKŁADANOWSKA Beata       | 4263  | EUROCASH                                | Senior II K - 30 | 00:00:04              | 01:19:49   |
| 159 | ANTKOWIAK Monika         | 4177  | MUAY RUNNING TEAM                       | Senior II K - 30 | 00:00:33              | 01:19:50   |
| 160 | KARCZYŃSKA Eliza         | 4050  | MARATOŃCZYK POZNAŃ                      | Senior II K - 30 | 00:00:41              | 01:19:55   |
| 161 | CIEMBOROWICZ Karol       | 4354  | #KFD                                    | Senior II M - 30 | 00:00:41              | 01:19:56   |
| 162 | KRZEPKOWSKI Radosław     | 4049  | ADIDAS RUNNERS WARSAW                   | Masters M - 40   | 00:01:04              | 01:20:05   |
| 163 | KASPROWSKI Michał        | 4309  | ZDOBYWCY GÓRSKICH SZCZYTÓW              | Senior II M - 30 | 00:00:55              | 01:20:38   |
| 164 | JABKOWSKI Łukasz         | 4007  | KHG GROUP                               | Senior I M - 20  | 00:00:33              | 01:20:44   |
| 165 | IWASZKOWSKI Andrzej      | 4053  |                                         | Weteran I M - 50 | 00:00:52              | 01:21:13   |

| Msc | Zawodnik                  | Numer | Klub                            | Kategoria        | Start Łądek<br>0.01km | A1<br>10km |
|-----|---------------------------|-------|---------------------------------|------------------|-----------------------|------------|
| 166 | KÓZKA Przemio             | 4208  | NBR TEAM                        | Masters M - 40   | 00:00:40              | 01:21:18   |
| 167 | ŁAPIŃSKI Adam             | 4179  | AIKIRUNNERS                     | Weteran I M - 50 | 00:00:40              | 01:21:25   |
| 168 | POGORZELSKI Mariusz       | 4269  | HARDCOROWE WYCHYLYLYBYMY        | Masters M - 40   | 00:00:34              | 01:21:26   |
| 169 | GOŁĘBIEWSKA Katarzyna     | 4421  | COMFORT ZONE                    | Masters K - 40   | 00:00:29              | 01:21:27   |
| 170 | BASIAK Michał             | 4265  |                                 | Senior II M - 30 | 00:00:34              | 01:21:27   |
| 171 | KACZMAREK Mirosław        | 4372  | RUNNER'S POWER ŚREM             | Senior II M - 30 | 00:00:25              | 01:21:28   |
| 172 | DUDA Dariusz              | 4080  | MIRAZ RACE TEAM                 | Senior II M - 30 | 00:00:38              | 01:21:30   |
| 173 | NIŻEWSKI Paweł            | 4405  | KRAKOWIAK ULTRA TEAM            | Masters M - 40   | 00:00:40              | 01:21:31   |
| 174 | BOROWIK Łukasz            | 4014  | CAŁA OLEŚNICA BIEGA             | Masters M - 40   | 00:00:28              | 01:21:32   |
| 175 | LEWANDOWSKI Rafał         | 4090  | SPC                             | Masters M - 40   | 00:00:48              | 01:21:34   |
| 176 | WYSMOLIŃSKI Rafał         | 4296  |                                 | Masters M - 40   | 00:00:37              | 01:21:40   |
| 177 | ZAŁUSKA-LIPA Agnieszka    | 4355  |                                 | Masters K - 40   | 00:00:34              | 01:21:40   |
| 178 | KANIEWSKA Agnieszka       | 4416  |                                 | Masters K - 40   | 00:00:13              | 01:21:52   |
| 179 | POPRAWA Przemysław        | 4391  | PIOMAT TEAM                     | Masters M - 40   | 00:00:31              | 01:21:53   |
| 180 | BARAN Dariusz             | 4332  | RUSZAMY DĄBROWĘ                 | Masters M - 40   | 00:00:49              | 01:21:54   |
| 181 | CHOJKA-BARTOSZKO Karolina | 4084  |                                 | Masters K - 40   | 00:00:26              | 01:21:55   |
| 182 | FALBA Karol               | 4404  |                                 | Masters M - 40   | 00:00:20              | 01:21:56   |
| 183 | PATROŃSKI Adam            | 4180  | ŻARŁOKI                         | Senior I M - 20  | 00:00:30              | 01:21:58   |
| 184 | ANSONS Karlis             | 4193  | SUPERVARONI                     | Senior II M - 30 | 00:00:07              | 01:22:19   |
| 185 | ŁESKE Jan                 | 4017  | ZA LINIĄ METY                   | Masters M - 40   | 00:00:08              | 01:22:28   |
| 186 | BOROWCZYK Marcin          | 4340  | ULTRASİ                         | Masters M - 40   | 00:00:37              | 01:22:29   |
| 187 | DEMBY Michał              | 4290  |                                 | Senior II M - 30 | 00:00:20              | 01:22:34   |
| 188 | PAWŁOWSKI Paweł           | 4155  |                                 | Senior II M - 30 | 00:01:04              | 01:22:36   |
| 189 | PILARSKI Tomasz           | 4289  |                                 | Masters M - 40   | 00:00:42              | 01:22:47   |
| 190 | CZESNY Bartosz            | 4043  | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | Senior I M - 20  | 00:00:18              | 01:22:49   |
| 191 | GACHOWSKI Łukasz          | 4078  |                                 | Masters M - 40   | 00:00:55              | 01:22:51   |
| 192 | RUTKOWSKI Mateusz         | 4022  | WAKACYJNA DEMOLKA               | Senior II M - 30 | 00:00:55              | 01:22:52   |
| 193 | CHOCIAJ Daniel            | 4058  | ENDORFINY WĄSOSZ                | Masters M - 40   | 00:00:45              | 01:22:53   |
| 194 | HŁASKO Anna               | 4313  |                                 | Senior I K - 20  | 00:00:35              | 01:23:08   |
| 195 | JABŁOŃSKI Jakub           | 4198  | PRO366                          | Masters M - 40   | 00:00:41              | 01:23:15   |
| 196 | KANIEWSKI Michał          | 4244  | ORANGE POLSKA                   | Masters M - 40   | 00:00:36              | 01:23:30   |
| 197 | FRAŃSKI Łukasz            | 4222  | NKB CHYŻY NOWY TOMYŚL           | Masters M - 40   | 00:00:31              | 01:23:33   |
| 198 | GAWCZYŃSKI Marcel         | 4257  |                                 | Senior II M - 30 | 00:00:38              | 01:23:43   |
| 199 | BOMBA Alina               | 4363  |                                 | Senior II K - 30 | 00:00:15              | 01:23:46   |
| 200 | KALETA Leszek             | 4074  |                                 | Senior II M - 30 | 00:00:33              | 01:23:50   |
| 201 | JANUSZEK Witold           | 4191  | LUBIĘ BIEGAĆ                    | Weteran I M - 50 | 00:01:06              | 01:24:42   |
| 202 | PIELATOWSKI Adam          | 4127  | DIRTY SPARROWS                  | Senior II M - 30 | 00:01:00              | 01:24:53   |
| 203 | CISZEWSKI Maciej          | 4307  | SAINT-GOBAIN SQUAD              | Weteran I M - 50 | 00:00:29              | 01:25:10   |
| 204 | GIERADA Mateusz           | 4072  |                                 | Senior II M - 30 | 00:00:36              | 01:25:13   |
| 205 | CHYLIŃSKI Łukasz          | 4004  | CLOCKWORK DRUID                 | Senior II M - 30 | 00:00:21              | 01:25:20   |
| 206 | SOBANIA Tomasz            | 4268  | PIAST GLIWICE                   | Senior I M - 20  | 00:00:14              | 01:25:23   |
| 207 | PLEWA Piotr               | 4356  | 4 RUN TEAM PIŁA                 | Masters M - 40   | 00:00:25              | 01:25:23   |
| 208 | IWANЕК Przemysław         | 4001  | BHU                             | Senior II M - 30 | 00:00:42              | 01:25:32   |
| 209 | MELON Krzysztof           | 4398  |                                 | Senior II M - 30 | 00:00:59              | 01:25:33   |
| 210 | NIEZNAJ Beata             | 4056  | ZABIEGANI MIELEC                | Senior II K - 30 | 00:00:18              | 01:25:36   |

| Msc | Zawodnik                   | Numer | Klub                      | Kategoria         | Start Łądek<br>0.01km | A1<br>10km   |
|-----|----------------------------|-------|---------------------------|-------------------|-----------------------|--------------|
| 211 | KROCZYŃSKA Kinga           | 4320  |                           | Masters K - 40    | 00:00:15              | 01:25:36     |
| 212 | FORMA Paulina              | 4333  |                           | Senior II K - 30  | 00:00:51              | 01:25:37     |
| 213 | KURZACZ Orfeusz            | 4304  | 4RUN TEAM PIŁA            | Weteran I M - 50  | 00:00:25              | 01:25:37     |
| 214 | KUBECZAK Debora            | 4364  |                           | Senior II K - 30  | 00:00:41              | 01:25:39     |
| 215 | KUŚ Jakub                  | 4324  |                           | Senior II M - 30  | 00:00:45              | 01:25:40     |
| 216 | KUSTRA Klaudia             | 4119  |                           | Senior II K - 30  | 00:00:13              | 01:25:50     |
| 217 | ANTKOWICZ Marcin           | 4088  | PROZAC TEAM NYSA          | Masters M - 40    | 00:00:13              | 01:25:51     |
| 218 | JASTRZAB-STANDERSKA Joanna | 4412  |                           | Masters K - 40    | 00:00:27              | 01:25:55     |
| 219 | CHOŁOTA Marek              | 4287  |                           | Masters M - 40    | 00:00:27              | 01:25:56     |
| 220 | GREGROWSKI Krzysztof       | 4381  | PODGÓRZ TORUŃ             | Masters M - 40    | 00:00:48              | 01:25:58     |
| 221 | WOJTYCZKA Katarzyna        | 4228  | GÓRAL Z MAZUR RUNNIG TEAM | Senior II K - 30  | 00:00:20              | 01:26:01     |
|     | PODLECKI Wojciech          | 4143  | ROKIETNICA BIEGA          | Senior II M - 30  | 00:00:46 DNF          | 01:26:02 DNF |
| 223 | SYNOWIEC Dawid             | 4218  |                           | Senior I M - 20   | 00:00:47              | 01:26:19     |
| 224 | KWIECIŃSKA Małgorzata      | 4394  | BRAVEHEARTS LEGIONOWO     | Senior II K - 30  | 00:00:34              | 01:26:21     |
| 225 | PASTERNAK Daniel           | 4338  |                           | Senior I M - 20   | 00:00:01              | 01:26:21     |
| 226 | BŁASZCZYK Luiza            | 4129  |                           | Senior I K - 20   | 00:00:24              | 01:26:22     |
| 227 | KAWIK-BARTOSIK Anna        | 4041  |                           | Senior II K - 30  | 00:00:44              | 01:26:37     |
| 228 | SUCHODOLA Piotr            | 4401  |                           | Masters M - 40    | 00:00:39              | 01:26:39     |
|     | KARAŚ Marek                | 4242  | PODGÓRZ TORUŃ             | Weteran II M - 60 | 00:00:48 DNF          | 01:26:41 DNF |
| 230 | SZAFRANIEC Monika          | 4334  |                           | Senior II K - 30  | 00:00:51              | 01:26:55     |
| 231 | DWORNIK Małgorzata         | 4188  | WARCZĄCE SZPRYCHY         | Senior II K - 30  | 00:00:23              | 01:27:00     |
| 232 | JASICKI Krzysztof          | 4378  | RUNHOGS TYCHY             | Masters M - 40    | 00:00:42              | 01:27:02     |
| 233 | GÓRECKI Marcin             | 4250  | WIR                       | Masters M - 40    | 00:01:07              | 01:27:03     |
| 234 | MASŁOWSKI Robert           | 4171  | ANTON TEAM                | Masters M - 40    | 00:00:29              | 01:27:04     |
| 235 | KLAWIKOWSKI Mateusz        | 4348  | JACEK BIEGA RUNNINGTEAM   | Senior I M - 20   | 00:00:27              | 01:27:05     |
| 236 | RADWANSKI Tomasz           | 4267  | PIECHOTĄ PO SCHODACH      | Masters M - 40    | 00:01:08              | 01:27:06     |
| 237 | SKROBAŃSKA Katarzyna       | 4200  | SKROBKITEAM               | Masters K - 40    | 00:00:19              | 01:27:07     |
| 238 | GERUS Wiesław              | 4390  |                           | Weteran I M - 50  | 00:00:54              | 01:27:20     |
| 239 | ALBIGOWSKA Magdalena       | 4388  | POZYTYWNIE_ROZBIEGANA     | Senior II K - 30  | 00:00:17              | 01:27:27     |
| 240 | KRAWIEC Dominik            | 4123  |                           | Senior II M - 30  | 00:00:35              | 01:27:28     |
| 241 | LISIECKI Tomasz            | 4060  |                           | Senior II M - 30  | 00:00:53              | 01:27:29     |
| 242 | FARION Marzena             | 4061  | THE FARIONS               | Masters K - 40    | 00:00:41              | 01:27:29     |
| 243 | TOMCZAK Rafał              | 4169  |                           | Masters M - 40    | 00:00:25              | 01:27:32     |
| 244 | WACHNIENKO Błażej          | 4021  | ŚLĘZAK TEAM               | Senior II M - 30  | 00:00:32              | 01:27:33     |
| 245 | SOCHAJ Anna                | 4170  | FUKUNDA                   | Senior II K - 30  | 00:00:33              | 01:27:34     |
| 246 | KRECHOWIEC Marcin          | 4131  |                           | Masters M - 40    | 00:00:50              | 01:27:37     |
| 247 | DUDA Marcin                | 4420  |                           | Masters M - 40    | 00:00:56              | 01:27:40     |
| 248 | MORAWSKI Maciej            | 4331  | GULO GULO CLUB POLAND     | Senior II M - 30  | 00:00:42              | 01:27:47     |
| 249 | PAKUŁA Włodzimierz         | 4151  |                           | Masters M - 40    | 00:00:33              | 01:27:59     |
| 250 | SADOWSKI Marek             | 4181  | MUKS SZOK BOJANOWO        | Weteran I M - 50  | 00:01:01              | 01:28:07     |
| 251 | HELWICH Agnieszka          | 4085  |                           | Masters K - 40    | 00:00:26              | 01:28:16     |
| 252 | BUDYCH-GÓRZNA Magdalena    | 4396  | GO! GOWARZEWO             | Masters K - 40    | 00:00:49              | 01:28:18     |
| 253 | WOJNAROWSKI Damian         | 4149  | KS LENIWIEC               | Senior I M - 20   | 00:00:43              | 01:28:21     |
| 254 | SEREK Roman                | 4109  | SUPADUPAFLY               | Masters M - 40    | 00:00:44              | 01:28:29     |
| 255 | BŁASZKIEWICZ Klaudia       | 4335  | #ZALINIAMETY              | Senior II K - 30  | 00:00:49              | 01:28:31     |

| Msc | Zawodnik                    | Numer       | Klub                             | Kategoria         | Start Łądek<br>0.01km | A1<br>10km   |
|-----|-----------------------------|-------------|----------------------------------|-------------------|-----------------------|--------------|
| 256 | <b>GWOŹDZIEWICZ Tomasz</b>  | <b>4337</b> |                                  | Masters M - 40    | 00:00:23              | 01:28:31     |
| 257 | <b>LEBODA Katarzyna</b>     | <b>4315</b> | WILD DOGS TEAM                   | Senior II K - 30  | 00:00:57              | 01:28:35     |
| 258 | <b>CZECH Dariusz</b>        | <b>4227</b> | W POGONI ZA DUCHEM               | Weteran I M - 50  | 00:00:48              | 01:28:40     |
| 259 | <b>CHOMISZCZAK Bogdan</b>   | <b>4147</b> | POZYTYWNIIE ZABIEGANI SANOK      | Weteran I M - 50  | 00:00:36              | 01:28:45     |
| 260 | <b>KOLEJ Monika</b>         | <b>4120</b> | DZIKIE DZIKI GORZOW              | Masters K - 40    | 00:00:20              | 01:28:47     |
| 261 | <b>MROZIK Mariusz</b>       | <b>4146</b> |                                  | Masters M - 40    | 00:00:21              | 01:28:48     |
| 262 | <b>STONOGA Tomasz</b>       | <b>4349</b> | KITE TEAM                        | Masters M - 40    | 00:00:44              | 01:28:50     |
| 263 | <b>MASEWICZ Grzegorz</b>    | <b>4042</b> | KB ZOFANNA GORZÓW WIELKOPOLSKI   | Masters M - 40    | 00:01:14              | 01:28:51     |
| 264 | <b>OLESIŃSKA Martyna</b>    | <b>4220</b> | W POGONI ZA DUCHEM               | Senior II K - 30  | 00:00:49              | 01:28:51     |
| 265 | <b>SZAJEK Arkadiusz</b>     | <b>4385</b> | ARVATO S.C. REP                  | Senior II M - 30  | 00:01:08              | 01:28:56     |
| 266 | <b>KOLASA Andrzej</b>       | <b>4154</b> | KLUB J.SŁOWACKIEGO               | Weteran II M - 60 | 00:00:03              | 01:29:01     |
| 267 | <b>PODHAJNY Piotr</b>       | <b>4160</b> | ROZBIEGANI CHOJNÓW               | Masters M - 40    | 00:00:38              | 01:29:10     |
| 268 | <b>NAJDUK Daniel</b>        | <b>4034</b> | ROZBIEGANI CHOJNÓW               | Senior II M - 30  | 00:00:39              | 01:29:11     |
| 269 | <b>WOŹNIAK Andrzej</b>      | <b>4010</b> |                                  | Weteran I M - 50  | 00:00:42              | 01:29:21     |
|     | <b>RYCHŁOWSKI Ryszard</b>   | <b>4020</b> |                                  | Weteran I M - 50  | 00:00:25 DNF          | 01:29:24 DNF |
| 271 | <b>ZAŁUSKI Piotr</b>        | <b>4175</b> | PECNA TEAM                       | Masters M - 40    | 00:00:37              | 01:29:25     |
| 272 | <b>KAŻMIERCZAK Adam</b>     | <b>4005</b> |                                  | Senior II M - 30  | 00:01:01              | 01:29:29     |
| 273 | <b>RAKOWSKA Natalia</b>     | <b>4350</b> | FOREST GANG BYDGOSZCZ            | Senior I K - 20   | 00:01:06              | 01:29:41     |
| 274 | <b>BEDARCZYK Bogusław</b>   | <b>4360</b> | PRO-RUN WROCŁAW                  | Weteran I M - 50  | 00:01:12              | 01:29:47     |
| 275 | <b>SOSZYŃSKA Katarzyna</b>  | <b>4301</b> | ULTRA WAY TEAM                   | Masters K - 40    | 00:00:04              | 01:29:56     |
| 276 | <b>ZAŁUSKI Dominik</b>      | <b>4176</b> | PECNA TEAM                       | Senior I M - 20   | 00:00:38              | 01:29:59     |
| 277 | <b>SŁOWIK Roman</b>         | <b>4235</b> | ORLEN RUNNING TEAM               | Weteran I M - 50  | 00:01:00              | 01:30:14     |
| 278 | <b>SERAFIN Michał</b>       | <b>4087</b> | HWBC                             | Masters M - 40    | 00:00:19              | 01:30:18     |
|     | <b>PODSADNY Bartosz</b>     | <b>4203</b> |                                  | Senior II M - 30  | 00:00:33 DNF          | 01:30:25 DNF |
| 280 | <b>MISTUR Szymon</b>        | <b>4023</b> |                                  | Senior II M - 30  | 00:00:23              | 01:30:28     |
| 281 | <b>CHORAŻY Izabela</b>      | <b>4209</b> |                                  | Senior II K - 30  | 00:00:46              | 01:30:35     |
| 282 | <b>DOMINIAK Bartosz</b>     | <b>4012</b> |                                  | Masters M - 40    | 00:00:53              | 01:30:48     |
|     | <b>PELC Tomasz</b>          | <b>4145</b> | DTR BIEGA / MARIO TEAM           | Senior II M - 30  | 00:00:47 DNF          | 01:31:10 DNF |
| 284 | <b>BAR Aleksandra</b>       | <b>4376</b> | GMINA STRZELCE OPOLSKIE          | Masters K - 40    | 00:00:30              | 01:31:31     |
| 285 | <b>CHOLEWIŃSKI Rafał</b>    | <b>4182</b> | SUPADUPAFLY                      | Senior II M - 30  | 00:00:43              | 01:31:37     |
| 286 | <b>KOCHAŃSKI Tomasz</b>     | <b>4033</b> | PARKRUN GRUDZIĄDZ                | Senior II M - 30  | 00:00:11              | 01:32:12     |
| 287 | <b>HAUSMAN Magdalena</b>    | <b>4009</b> | PARKRUN GRUDZIĄDZ                | Masters K - 40    | 00:00:11              | 01:32:13     |
| 288 | <b>ANACZKOWSKI Mirosław</b> | <b>4295</b> | ZANTYR SZTUM                     | Weteran II M - 60 | 00:00:26              | 01:32:22     |
| 289 | <b>CZERWIŃSKI Łukasz</b>    | <b>4040</b> | RAFFLES EUROPEJSKI WARSAW        | Masters M - 40    | 00:00:58              | 01:32:33     |
| 290 | <b>KOSTRZEWSKI Maciej</b>   | <b>4003</b> | AAM RUNNING TEAM                 | Senior II M - 30  | 00:00:47              | 01:32:37     |
| 291 | <b>OLCZYK Andrzej</b>       | <b>4015</b> |                                  | Weteran I M - 50  | 00:00:45              | 01:32:38     |
| 292 | <b>MIKLAS Jarek</b>         | <b>4026</b> | OFF ROAD RUNNERS BENEFIT SYSTEMS | Senior II M - 30  | 00:01:11              | 01:32:38     |
| 293 | <b>KOPCZYŃSKI Paweł</b>     | <b>4329</b> |                                  | Masters M - 40    | 00:01:14              | 01:32:55     |
| 294 | <b>RYŚNIK Błażej</b>        | <b>4260</b> |                                  | Senior II M - 30  | 00:00:52              | 01:33:24     |
| 295 | <b>SKORNIAK Katarzyna</b>   | <b>4413</b> | WOLNE ŚLIMAKI                    | Senior II K - 30  | 00:00:52              | 01:33:39     |
| 296 | <b>ROZNERSKI Łukasz</b>     | <b>4153</b> | KB SOBÓTKA                       | Senior II M - 30  | 00:00:30              | 01:34:04     |
| 297 | <b>TURLEJ Dariusz</b>       | <b>4204</b> | BEZ KONDYCJI                     | Weteran II M - 60 | 00:01:05              | 01:34:06     |
| 298 | <b>KACZMAREK Magdalena</b>  | <b>4062</b> |                                  | Masters K - 40    | 00:00:54              | 01:34:07     |
| 299 | <b>LEDNICKI Michał</b>      | <b>4384</b> | ARVATO S.C. REP                  | Masters M - 40    | 00:01:09              | 01:34:09     |
| 300 | <b>MAŁEK Paweł</b>          | <b>4148</b> | PGB SPORTOWAPACZKA               | Weteran I M - 50  | 00:00:51              | 01:34:14     |

| Msc | Zawodnik                  | Numer | Klub                         | Kategoria         | Start Łądek<br>0.01km | A1<br>10km   |
|-----|---------------------------|-------|------------------------------|-------------------|-----------------------|--------------|
| 301 | MUSIAŁ Paweł              | 4133  | BIEGAJĄCY WARIACI BEZ GACI   | Masters M - 40    | 00:00:01              | 01:34:20     |
| 302 | NOSKI Mariusz             | 4402  |                              | Masters M - 40    | 00:00:55              | 01:34:21     |
| 303 | CYMBORSKA Jolanta         | 4134  |                              | Masters K - 40    | 00:00:17              | 01:34:21     |
| 304 | ZAWADA Maciej             | 4251  | KLUCZBORSKA GRUPA BIEGOWA    | Masters M - 40    | 00:00:54              | 01:34:23     |
| 305 | RYNG Jakub                | 4195  | KLUCZBORSKA GRUPA BIEGOWA    | Masters M - 40    | 00:00:56              | 01:34:26     |
| 306 | SZWARC Grzegorz           | 4196  | ARVATO S.C. REP              | Senior II M - 30  | 00:01:09              | 01:34:28     |
| 307 | JUNIK Łukasz              | 4031  | MOCNA GRUPA CEZARA           | Senior II M - 30  | 00:00:56              | 01:34:30     |
| 308 | FROŃ Kamila               | 4008  |                              | Senior II K - 30  | 00:00:28              | 01:34:32     |
| 309 | GLINA-KRAWCZYK Małgorzata | 4213  | GÓRYLASZY                    | Masters K - 40    | 00:00:57              | 01:34:33     |
| 310 | MITEK Dorota              | 4293  | KBSUKCES ŻMIGRÓD             | Weteran K - 50    | 00:00:31              | 01:34:38     |
| 311 | MITEK Andrzej             | 4247  | KB SUKCES ŻMIGRÓD            | Weteran I M - 50  | 00:00:31              | 01:34:39     |
| 312 | JOWSA Paweł               | 4066  |                              | Senior II M - 30  | 00:01:05              | 01:34:40     |
| 313 | ZDUNEK Mariusz            | 4283  | ROXY                         | Masters M - 40    | 00:00:58              | 01:34:40     |
| 314 | SOLAREWICZ Andrzej        | 4216  | KGB KLUCZBORK                | Masters M - 40    | 00:00:56              | 01:34:41     |
| 315 | FOGT Monika               | 4262  |                              | Masters K - 40    | 00:00:52              | 01:34:42     |
| 316 | SIEROCIN Agata            | 4035  |                              | Senior II K - 30  | 00:00:51              | 01:34:42     |
| 317 | ZIĘTEK Katarzyna          | 4045  |                              | Senior II K - 30  | 00:00:52              | 01:34:43     |
| 318 | GIŻEWSKI Grzegorz         | 4158  |                              | Masters M - 40    | 00:00:32              | 01:34:48     |
| 319 | JAKUBIAK Anna             | 4070  | RAZ SZCZECIN                 | Weteran K - 50    | 00:00:39              | 01:34:51     |
|     | HRYCAJ Mariusz            | 4065  | REBELLION OF FREE RUNNERS    | Masters M - 40    | 00:00:47 DNF          | 01:35:02 DNF |
| 321 | HERDZINA Wojciech         | 4057  | MIRAZ RACE TEAM              | Masters M - 40    | 00:00:41              | 01:35:06     |
| 322 | NEUMANN Beata             | 4115  | CENTRUM ŁĄKOWA 1             | Weteran K - 50    | 00:00:23              | 01:35:12     |
| 323 | PODBIELSKA Gosia          | 4161  | OSPRO OCR TEAM               | Senior II K - 30  | 00:01:16              | 01:35:29     |
| 324 | BURLIGA Marzena           | 4038  | BP RUNNING TEAM GLIWICE      | Masters K - 40    | 00:00:12              | 01:35:45     |
| 325 | BURLIGA Mariusz           | 4099  | STALLENTIS ACTIVE TEAM       | Masters M - 40    | 00:00:12              | 01:35:46     |
| 326 | WIŚNIEWSKI Tomasz         | 4211  | METAL CHERRY                 | Masters M - 40    | 00:00:50              | 01:35:48     |
| 327 | MASZKOWSKI Piotr          | 4215  | OBORYGENI                    | Masters M - 40    | 00:01:05              | 01:36:00     |
| 328 | BOKSA Małgorzata          | 4351  | NIEZRZESZONA                 | Weteran II K - 60 | 00:00:24              | 01:36:06     |
| 329 | CEBO Agnieszka            | 4077  | MIRAZ RACE TEAM              | Senior II K - 30  | 00:00:40              | 01:36:13     |
| 330 | CHOMICZ Andrzej           | 4261  | NADAKTYWNI NOWE MIASTECZKO   | Senior II M - 30  | 00:01:00              | 01:36:18     |
| 331 | GORCZYCA Łukasz           | 4239  | NADAKTYWNI NOWE MIASTECZKO   | Masters M - 40    | 00:00:59              | 01:36:18     |
| 332 | SUCHOCKI Grzegorz         | 4238  | NADAKTYWNI NOWE MIASTECZKO   | Weteran I M - 50  | 00:01:01              | 01:36:19     |
| 333 | MOREVA Daria              | 4322  | TRAIL RUNNING SCHOOL         | Senior II K - 30  | 00:00:35              | 01:36:34     |
| 334 | SKWIERCZYŃSKI Sylwester   | 4224  |                              | Senior I M - 20   | 00:00:46              | 01:36:38     |
| 335 | GIBALSKA Marzena          | 4221  | OBORYGENI                    | Masters K - 40    | 00:01:05              | 01:37:12     |
| 336 | HEJNA Łukasz              | 4389  |                              | Masters M - 40    | 00:00:38              | 01:37:15     |
| 337 | DANOWSKI Jakub            | 4273  |                              | Senior II M - 30  | 00:00:45              | 01:37:24     |
| 338 | JERCZYŃSKI Tomasz         | 4240  | NOWOCZESNA                   | Masters M - 40    | 00:00:40              | 01:37:34     |
| 339 | DOMAGAŁA Konrad           | 4219  | KLUCZBORSKA GRUPA BIEGOWA    | Senior II M - 30  | 00:00:57              | 01:37:40     |
| 340 | GOSPODAREK Łukasz         | 4102  | DRUŻYNA STASIA               | Masters M - 40    | 00:01:03              | 01:37:56     |
| 341 | PIETRAKOWSKI Grzegorz     | 4352  |                              | Masters M - 40    | 00:01:02              | 01:38:21     |
| 342 | STRONIKOWSKI Wojciech     | 4190  | DRUŻYNA STASIA               | Senior II M - 30  | 00:01:03              | 01:38:22     |
|     | JAGODZIŃSKA Paulina       | 4036  | ZABIEGANI MIELEC/ WKURW_TEAM | Masters K - 40    | 00:00:18 DNF          | 01:38:32 DNF |
| 344 | BUSS Jakub                | 4069  | KUDOWIANKA RUN               | Weteran I M - 50  | 00:01:11              | 01:38:50     |
| 345 | JERCZYŃSKA Beata          | 4225  |                              | Masters K - 40    | 00:00:40              | 01:38:51     |



| Msc | Zawodnik               | Numer | Klub                         | Kategoria         | Start Łądek<br>0.01km | A1<br>10km   |
|-----|------------------------|-------|------------------------------|-------------------|-----------------------|--------------|
| 346 | JERCZYŃSKI Radosław    | 4226  |                              | Masters M - 40    | 00:00:41              | 01:38:55     |
| 347 | KOŚCIELNIAK Marek      | 4163  | MUAY RUNNING TEAM            | Masters M - 40    | 00:00:53              | 01:39:43     |
| 348 | HOJDA Mariusz          | 4419  | COOL GUYS CAPITAL            | Masters M - 40    | 00:01:15              | 01:39:51     |
| 349 | KOS Wojciech           | 4124  | PARKRUN KALISZ               | Weteran I M - 50  | 00:00:58              | 01:39:53     |
| 350 | KRAWCZYK Mirosław      | 4101  | MJ METAL OŚWIĘCIM            | Weteran II M - 60 | 00:01:04              | 01:39:59     |
| 351 | MILEWSKI Andrzej       | 4107  | #TEAMKALDUN/#SRO-BIKE-TEAM   | Senior II M - 30  | 00:00:57              | 01:40:02     |
| 351 | PIOTROWSKA Anna        | 4108  |                              | Masters K - 40    | 00:00:56              | 01:40:03     |
| 353 | CZOSZYK-KAWALA Olga    | 4201  | ŚWIERCZEWO RUN               | Masters K - 40    | 00:00:51              | 01:40:42     |
| 354 | PRZYBYSZEWSKA Dominika | 4199  | ŚWIERCZEWO RUN               | Senior II K - 30  | 00:00:52              | 01:40:42     |
| 355 | PALUSZKIEWICZ Rafał    | 4141  | SPP TEAM / ŚWIERCZEWO RUN    | Masters M - 40    | 00:00:51              | 01:40:43     |
| 356 | OCIEPA Dariusz         | 4142  |                              | Masters M - 40    | 00:01:10              | 01:41:19     |
|     | PIETRZAK Anna          | 4233  |                              | Masters K - 40    | 00:00:39 DNF          | 01:41:20 DNF |
|     | CHOJNOWSKA Dominika    | 4047  |                              | Senior I K - 20   | 00:01:09 DNF          | 01:41:21 DNF |
|     | GILEWSKI Bartłomiej    | 4079  |                              | Senior II M - 30  | 00:01:13 DNF          | 01:41:21 DNF |
| 360 | MURASOVAITE Viktorija  | 4300  |                              | Senior II K - 30  | 00:01:10              | 01:41:30     |
| 361 | LAJTER Jerzy           | 4172  | 4 RUN TEAM PIŁA              | Weteran II M - 60 | 00:01:04              | 01:41:30     |
| 362 | DA COSTA Kamila        | 4299  |                              | Senior I K - 20   | 00:01:10              | 01:41:31     |
|     | KOZERA Kamil           | 4103  | HARPAGAN SOSNOWIEC           | Senior II M - 30  | 00:00:56 DNF          | 01:41:43 DNF |
| 364 | JANKOWSKI Tom          | 4083  | QCE                          | Masters M - 40    | 00:00:46              | 01:41:56     |
| 365 | WIELICZKO Rafał        | 4067  | ZONE RUNNERS                 | Senior II M - 30  | 00:00:55              | 01:42:01     |
| 366 | WIELICZKO Dagmara      | 4068  | ZONE RUNNERS                 | Senior II K - 30  | 00:00:55              | 01:42:09     |
|     | OWCZARZAK Daria        | 4311  |                              | Senior II K - 30  | 00:01:06 DNF          | 01:42:19 DNF |
| 368 | DEKLEY Stephen         | 4305  |                              | Weteran I M - 50  | 00:01:10              | 01:42:30     |
| 369 | DĄBROWSKI Artur        | 4400  |                              | Senior II M - 30  | 00:00:47              | 01:47:45     |
|     | GAJ-JURCZYK Renata     | 4046  | STAN UMYSŁU LEWIN BIEGA      | Masters K - 40    | 00:01:03 DNF          | 01:48:43 DNF |
|     | MAŁGORZATA Modelska    | 4341  | AZS AWF MASTERS              | Senior II K - 30  | 00:00:21 DNF          | 01:51:01 DNF |
|     | CHOJNOWSKA Barbara     | 4075  |                              | Weteran K - 50    | 00:01:09 DNF          | 01:53:14 DNF |
|     | WASILKOWSKI Jerzy      | 4135  | CYSTIC FIBROSIS RUNNING TEAM | Weteran I M - 50  | 00:00:16 DNF          | 01:54:07 DNF |
|     | SZAŁAJSKA Monika       | 4006  |                              | Senior I K - 20   | 00:01:03 DNF          | 01:54:10 DNF |
| 375 | ŻRÓDLEWSKA Anna        | 4271  |                              | Senior II K - 30  | 00:00:59              | 01:55:51     |
| 376 | SZCZEBICKI Bartłomiej  | 4197  |                              | Masters M - 40    | 00:01:00              | 01:55:51     |
|     | RURKA Grzegorz         | 4138  | SAMBIEGAM                    | Weteran I M - 50  | 00:01:07 DNF          | 02:04:02 DNF |
|     | TOMASZEWSKI Mariusz    | 4210  |                              | Masters M - 40    | 00:00:01 DNF          | 02:06:45 DNF |
|     | RZECZYŃSKA Anna        | 4121  | BBL GORZÓW WIELKOPOLSKI      | Masters K - 40    | 00:00:09 DNF          | 02:06:46 DNF |
|     | KLINOWSKI Mirosław     | 4259  |                              | Masters M - 40    | 00:01:01 DNF          | 02:06:46 DNF |
| DNC | CZACHOWSKI Michał      | 4353  | SEGMENT 25 M5                | Weteran I M - 50  | 05:03:06              |              |
| DNC | HANGIEL Urszula        | 4336  | ŻWAWE ŻÓŁWIE                 | Senior II K - 30  | 05:03:06              |              |
| 383 | CHYLIŃSKI Sławomir     | 4237  | NADAKTYWNI NOWE MIASTECZKO   | Weteran I M - 50  | 00:00:01              |              |

Znaleziono 383 wynik(ów)