



BIEG ULTRA TRAIL - 68 KM

B4SPORT

Event: Dolnośląski Festiwal Biegów Górskich
Organiser: Fundacja MARATONY GÓRSKIE
Date: 2023-07-13
Place: Łądek-Zdrój
Distance: 68 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Classification: Senior II K - 30

Place	Participant	Number	Club	Category	MCat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Net time 68km	Czas brutto 68km	Gap	Pace min/km	Pace km/h
1	MIKEŠOVÁ Jana	4339	SALMING CZ	Senior II K - 30	1	01:05:21	02:42:14		05:13:06	06:25:56	07:35:10.50	07:35:13.50		6:41	9 (100%)
2	ADAMCZYK Iweta	4372	ANALITYK BIEGOWY	Senior II K - 30	2	01:09:42	02:55:11	04:06:09	05:47:14	07:09:18	08:22:17.75	08:22:44.15	+00:47:30 (9.5%)	7:23	8.1 (90.0%)
3	RUTKOWSKA Elżbieta	4097	RUNPASSION.PL TEAM	Senior II K - 30	3	01:17:50	03:14:38	04:32:33	06:15:39	07:53:13	09:21:01.85	09:21:32.55	+01:46:19 (18.9%)	8:15	7.3 (81.1%)
4	SZULTK Magdalena	4170		Senior II K - 30	4	01:10:27	03:19:31	04:38:46	06:24:24	08:00:15	09:27:11.45	09:27:14.50	+01:52:01 (19.7%)	8:20	7.2 (80.0%)
5	STACHOWICZ- ZADROŻNA Kinga	4373		Senior II K - 30	5	01:17:05	03:23:58	04:48:53	06:45:08	08:32:25	10:02:21.80	10:02:23.95	+02:27:10 (24.4%)	8:51	6.8 (75.6%)
6	KARPIŃSKA Barbara	4308	RUNNERS TEAM NYSA	Senior II K - 30	6	01:22:23	03:42:23	05:08:19	07:08:21	08:51:56	10:25:10.45	10:25:17.75	+02:50:04 (27.2%)	9:11	6.5 (72.2%)
7	SIEMIĄTKOWSKA Katarzyna	4139	RADOSNE GRZYBKI	Senior II K - 30	7	01:16:49	03:20:36	04:48:35	06:59:28	08:53:46	10:31:41.10	10:32:26.25	+02:57:12 (28.0%)	9:17	6.5 (72.2%)
8	RYBARCZYK Ilona	4346	KOŁO BIEGA	Senior II K - 30	8	01:19:31		05:00:43	07:06:35	08:57:56	10:35:27.70	10:35:35.90	+03:00:22 (28.4%)	9:20	6.4 (71.1%)
9	SZYMAŃSKA Agata	4327		Senior II K - 30	9	01:25:57	03:37:07	05:02:27	07:07:50	08:57:39	10:36:43.05	10:37:23.60	+03:02:10 (28.6%)	9:21	6.4 (71.1%)
10	MATYSIK Marta	4021	WYZNAWCY BRONKA LIBIĄŻ	Senior II K - 30	10	01:19:29	03:37:05	05:01:48	07:15:31	09:17:52	11:10:17.75	11:10:25.95	+03:35:12 (32.1%)	9:51	6.1 (67.8%)
11	JURGA Anna	4195	SPEED FEET '16/OKFIR ŚMIGIEL	Senior II K - 30	11	01:28:56	03:59:05	05:30:16	07:45:40	09:44:39	11:27:21.50	11:28:08.10	+03:52:54 (33.8%)	10:06	5.9 (65.6%)
12	TOL Monika	4126	MAFIA TEAM LUBLINIEC	Senior II K - 30	12	01:33:05	04:08:43	05:46:01	08:06:48	10:08:25	11:50:37.90	11:51:42.10	+04:16:28 (36.0%)	10:27	5.7 (63.3%)
13	BIGAJ Justyna	4048	RUN GLORIA	Senior II K - 30	13	01:32:46	04:10:31	05:43:45	07:59:19	10:08:51	12:07:05.95	12:07:14.80	+04:32:01 (37.4%)	10:41	5.6 (62.2%)
13	MIKŁASZ- ZAKRZEWSKA Aleksandra	4255	ADIDASRUNNERSPOZNAN	Senior II K - 30	13	01:32:44	04:10:31	05:43:45	07:59:20	10:09:06	12:07:05.80	12:07:14.80	+04:32:01 (37.4%)	10:41	5.6 (62.2%)
15	LEBODA Katarzyna	4067	WILD DOGS TEAM	Senior II K - 30	15	01:30:10	03:52:41	05:22:08	07:48:16	10:15:18	12:14:31.80	12:15:55.50	+04:40:42 (38.1%)	10:48	5.6 (62.2%)

Place	Participant	Number	Club	Category	MCat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Net time 68km	Czas brutto 68km	Gap	Pace min/km	Pace km/h
16	CIEŚLAR Kasia	4060		Senior II K - 30	16	01:40:10	04:08:16	05:43:05	08:07:17	10:19:58	12:20:59.60	12:22:15.20	+04:47:01 (38.7%)	10:53	5.5 (61.1%)
17	WIŚNIEWSKA Anna	4151		Senior II K - 30	17	01:35:27	04:06:29	05:44:04	08:13:34	10:43:03	12:43:01.15	12:44:40.05	+05:09:26 (40.5%)	11:13	5.3 (58.9%)
18	BINKOWSKA Marta	4015	ŚWIERCZEWO RUN	Senior II K - 30	18	01:46:03	04:46:07	06:55:55			13:12:38.35	13:14:19.10	+05:39:05 (42.7%)	11:39	5.1 (56.7%)
19	RUDAWSKA Karolina	4054		Senior II K - 30	19	01:45:57	04:35:35	06:21:19	09:04:01	11:20:23	13:30:16.20	13:31:45.15	+05:56:31 (43.9%)	11:54	5 (55.6%)
20	ŚMIGIEL Magdalena	4161		Senior II K - 30	20	01:32:47	04:10:31	05:52:04	08:54:20	11:25:20	13:37:02.95	13:37:12.00	+06:01:58 (44.3%)	12:00	5 (55.6%)
21	ZDEBIK Katarzyna	4305		Senior II K - 30	21	01:32:49	04:10:38	05:52:02	08:53:45	11:25:19	13:37:02.60	13:37:12.10	+06:01:58 (44.3%)	12:00	5 (55.6%)
22	KOSSOK-ZAWADA Marta	4162	CAŁA OLEŚNICA BIEGA	Senior II K - 30	22	01:36:01	04:38:06	06:33:07	09:19:57	11:28:56	13:51:40.00	13:51:57.70	+06:16:44 (45.3%)	12:13	4.9 (54.4%)
	CZABAN Katarzyna	4252	KULAM SIĘ JAK GUMIKLYJZY	Senior II K - 30		01:43:00 DNF	04:38:41 DNF	06:39:20 DNF	09:27:06 DNF	DNF	DNF	DNF		-	- (0.0%)
	KALIŃSKA Dorota	4321		Senior II K - 30		01:45:01 DNF	04:45:38 DNF	07:15:10 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BAROSZ Natalia Paulina	4347		Senior II K - 30		01:10:23 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Total 25 results.