

BIEG ULTRA TRAIL - 68 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Stowarzyszenie TKKF Kompas
Data: 2017-07-20
Miejsce: Łądek Zdrój
Dystans: 68 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 56km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
1	MACHUL Ewa	4260	DREAM RUN	Senior II K - 30	1	01:08:36	02:38:54	04:03:35	05:41:20	07:14:51	08:32:01.40	08:32:06.15		7:31	8 (100%)
2	TITZ KOZA Julita	4184		Senior II K - 30	2	01:14:03	02:49:54	04:15:59	05:54:56		08:56:20.95	08:56:28.30	+00:24:22 (4.5%)	7:53	7.6 (95.0%)
3	BIERNACKA Edyta	4097	FUNFIT	Senior II K - 30	3	01:15:41	02:57:58	04:27:45	06:07:16	07:40:21	09:05:07.45	09:05:23.00	+00:33:16 (6.1%)	8:01	7.5 (93.8%)
4	NOWAK Katarzyna	4165	TKKF HADES MIKOŁÓW	Senior II K - 30	4	01:15:19	02:54:35	04:25:38	06:07:26	07:48:14	09:10:21.15	09:10:52.60	+00:38:46 (7.0%)	8:05	7.4 (92.5%)
5	CHRZAŚCIK Anna	4251	PŁOMYK OLKUSZ HARMONIA FITNESS	Senior II K - 30	5	01:15:25	02:56:21	04:27:44	06:14:53	07:58:30	09:31:03.65	09:31:09.70	+00:59:03 (10.3%)	8:23	7.1 (88.8%)
6	GOLDMAN Agata	4141		Senior II K - 30	6	01:15:35	02:54:09	04:23:22	06:07:39	07:55:11	09:34:42.70	09:35:08.15	+01:03:02 (11.0%)	8:27	7.1 (88.8%)
7	MATYJASEK Paulina	4137		Senior II K - 30	7	01:21:22	03:12:19	04:42:01	06:27:42	08:11:06	09:37:09.20	09:37:14.70	+01:05:08 (11.3%)	8:29	7.1 (88.8%)
8	ZAPADKA Elżbieta	4244	MARCINŚWIERCTEAM	Senior II K - 30	8	01:22:27	03:06:54	04:41:09	06:28:33	08:14:59	09:47:56.05	09:48:07.80	+01:16:01 (12.9%)	8:38	6.9 (86.3%)
9	NAUDZIUNAS Agnieszka	4067	NATURAL BORN RUNNERS	Senior II K - 30	9	01:27:00	03:20:58	04:59:43	06:38:45	08:28:23	10:06:15.25	10:06:37.50	+01:34:31 (15.6%)	8:54	6.7 (83.8%)
10	MASALSKA- PAWLAK Agata	4021		Senior II K - 30	10	01:25:27	03:18:54	04:59:22	06:52:09	08:39:45	10:18:09.70	10:18:22.55	+01:46:16 (17.2%)	9:05	6.6 (82.5%)
11	GRAMZA Katarzyna	4024	EUFORIABIEGACZA.PL	Senior II K - 30	11	01:21:15	03:11:11	04:56:37	06:52:36	08:46:10	10:25:24.65	10:25:38.85	+01:53:32 (18.1%)	9:11	6.5 (81.3%)
12	CHWAŁOWSKA Agnieszka	4015	FUDU&CO. SPORT TEAM	Senior II K - 30	12	01:28:35	03:27:35	05:10:18	07:04:34	08:53:08	10:32:33.50	10:32:49.10	+02:00:42 (19.1%)	9:18	6.4 (80.0%)
13	STEFAŃCZYK Monika	4138	LES FEMMES COURANT DANS LES FORETS	Senior II K - 30	13	01:30:40	03:24:56	05:08:03	07:03:55	09:06:29	10:54:54.35	11:03:37.05	+02:31:30 (22.8%)	9:37	6.2 (77.5%)
14	FOŁĘGA Justyna	4100		Senior II K - 30	14	01:21:15	03:11:48	05:02:50	06:57:10	09:11:36	11:09:39.10	11:10:03.30	+02:37:57 (23.6%)	9:50	6.1 (76.3%)
15	KRZEMIŃSKA Aleksandra	4149	KW OPOLE	Senior II K - 30	15	01:27:44	03:23:02	05:12:07	07:13:32	09:19:58	11:15:30.95	11:15:47.15	+02:43:41 (24.2%)	9:56	6 (75.0%)
16	MIZERA Joanna	4002	SUTTON RUNNERS	Senior II K - 30	16	01:26:40	03:27:36	05:17:56	07:23:47	09:22:42	11:15:27.50	11:15:56.30	+02:43:50 (24.2%)	9:56	6 (75.0%)
17	GORCZYCA Aneta	4151		Senior II K - 30	17	01:30:02	03:31:46	05:22:50	07:38:13	09:38:53	11:31:54.75	11:32:19.25	+03:00:13 (26.0%)	10:10	5.9 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 56km	Czas netto 68km	Czas brutto 68km	Różn	Tempo min/km	Tempo km/h
18	WIĘCKOWSKA Marta	4134	MLB	Senior II K - 30	18	01:26:56	03:27:04	05:24:50	07:23:36	09:27:05	11:32:10.10	11:32:41.40	+03:00:35 (26.1%)	10:10	5.9 (73.8%)
19	WAGNER Ewa	4034		Senior II K - 30	19	01:29:23	03:34:09	05:25:07	07:32:37	09:36:37	11:34:34.10	11:34:59.25	+03:02:53 (26.3%)	10:12	5.9 (73.8%)
20	WALCZYŃSKA Karolina	4144		Senior II K - 30	20	01:38:59	03:51:40	05:45:17	07:51:26	09:52:34	11:36:43.25	11:37:09.50	+03:05:03 (26.5%)	10:14	5.9 (73.8%)
21	KRYZA Agnieszka	4037	ŻYCIE JEST PIĘKNE	Senior II K - 30	21	01:27:33	03:35:43	05:43:36	07:49:22	09:49:59	11:42:11.60	11:42:38.90	+03:10:32 (27.1%)	10:19	5.8 (72.5%)
22	MACHOWSKA Joanna	4209	BEZ GRANIC	Senior II K - 30	22	01:28:09	03:31:50	05:28:16	07:40:26	09:51:50	11:44:42.85	11:45:06.40	+03:13:00 (27.4%)	10:21	5.8 (72.5%)
	KURAS- SMOLNIK Magdalena	4071	SIERADZBIEGA.PL	Senior II K - 30		01:37:25	03:49:29	05:56:09	08:09:08	10:21:53				-	- (0.0%)
	KAMINSKA Karolina	4136	SHELL KRAKÓW / LES FAMES COURANT DANS LES FORETS	Senior II K - 30		01:24:37 DNF	03:30:07 DNF	05:30:43 DNF	07:42:26 DNF	DNF	DNF	DNF		-	- (0.0%)
	DŁUGOSZ Agata	4246	BIEGAM Z PASJĄ/NESSI TEAM	Senior II K - 30		01:20:37 DNF	03:51:36 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 25 wynik(ów)