



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2021-07-15  
Łądek-Zdrój  
68 km

## BIEG ULTRA TRAIL - 68 KM

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Weteran I M - 50

| Msc | Zawodnik              | Numer | Klub                      | Kategoria        | Mkat | A1<br>10km | D1<br>24km | B1<br>34km | B2<br>46km | A15<br>57km | Czas<br>netto<br>68km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|---------------------------|------------------|------|------------|------------|------------|------------|-------------|-----------------------|----------------------|-----------------|----------------|
| 1   | NIEZGÓDKA Tomasz      | 4477  | ZĄŁOGA GÓRSKA             | Weteran I M - 50 | 1    | 01:10:04   | 03:02:52   | 04:11:20   | 05:46:43   | 07:12:36    | 08:22:02.05           |                      | 7:22            | 8.1<br>(100%)  |
| 2   | WILK Jacek            | 4458  |                           | Weteran I M - 50 | 2    | 01:09:50   | 03:02:33   | 04:12:46   | 05:51:20   | 07:15:21    | 08:31:01.70           | +00:08:59<br>(1.8%)  | 7:30            | 8<br>(98.8%)   |
| 3   | ŚCISŁO Przemysław     | 4261  |                           | Weteran I M - 50 | 3    | 01:07:37   | 03:02:53   | 04:14:02   | 05:58:14   | 07:34:48    | 09:06:00.30           | +00:43:58<br>(8.1%)  | 8:01            | 7.5<br>(92.6%) |
| 4   | PARZONKA Sylwester    | 4225  | KS GEPART KĘPNO           | Weteran I M - 50 | 4    | 01:18:31   | 03:19:17   | 04:35:38   | 06:20:22   | 07:51:22    | 09:14:30.20           | +00:52:28<br>(9.5%)  | 8:09            | 7.4<br>(91.4%) |
| 5   | TYLIŃSKI Arkadiusz    | 4172  | LESZ NO LIMITS RUNNERS    | Weteran I M - 50 | 5    | 01:16:07   | 03:19:03   | 04:36:57   | 06:27:50   | 08:05:03    | 09:31:46.20           | +01:09:44<br>(12.2%) | 8:24            | 7.1<br>(87.7%) |
| 6   | SKWIERAWSKI Grzegorz  | 4036  |                           | Weteran I M - 50 | 6    | 01:20:15   | 03:29:54   | 04:46:40   | 06:38:12   | 08:23:26    | 09:56:14.15           | +01:34:12<br>(15.8%) | 8:46            | 6.8<br>(84.0%) |
| 7   | TRYK Sebastian        | 4280  |                           | Weteran I M - 50 | 7    | 01:15:20   | 03:20:25   | 04:43:57   | 06:42:24   | 08:31:53    | 10:09:29.60           | +01:47:27<br>(17.6%) | 8:57            | 6.7<br>(82.7%) |
| 8   | DOROSZ Marek          | 4434  | KB MANIAC POZNAŃ          | Weteran I M - 50 | 8    | 01:18:04   | 03:33:04   | 04:58:55   | 06:58:30   | 08:39:30    | 10:10:02.60           | +01:48:00<br>(17.7%) | 8:58            | 6.7<br>(82.7%) |
| 9   | BROK Jacek            | 4111  |                           | Weteran I M - 50 | 9    | 01:18:39   | 03:26:55   | 04:52:11   | 06:53:25   | 08:45:43    | 10:19:27.70           | +01:57:25<br>(19.0%) | 9:06            | 6.6<br>(81.5%) |
| 10  | GIBALSKI Tomasz       | 4377  | OBORYGENI                 | Weteran I M - 50 | 10   | 01:18:58   | 03:27:39   | 04:52:49   | 06:55:16   | 08:40:50    | 10:28:16.90           | +02:06:14<br>(20.1%) | 9:14            | 6.5<br>(80.2%) |
| 11  | KWAŚNIEWSKI Krzysztof | 4257  | TRENER FOREST             | Weteran I M - 50 | 11   | 01:21:25   | 03:48:40   | 05:15:36   | 07:27:18   | 09:29:16    | 11:08:14.75           | +02:46:12<br>(24.9%) | 9:49            | 6.1<br>(75.3%) |
| 12  | KRUCZEK Mirosław      | 4106  | LEWIN BIEGA               | Weteran I M - 50 | 12   | 01:23:27   | 03:45:02   | 05:15:43   | 07:32:02   | 09:31:32    | 11:22:08.40           | +03:00:06<br>(26.4%) | 10:01           | 6<br>(74.1%)   |
| 13  | CHROMINSKI Grzegorz   | 4408  | BIEGACZE KOSMOSU          | Weteran I M - 50 | 13   | 01:25:39   | 03:49:20   | 05:20:07   | 07:35:16   | 09:42:10    | 11:24:05.75           | +03:02:03<br>(26.6%) | 10:03           | 6<br>(74.1%)   |
| 14  | ZIÓŁEK Mirosław       | 4353  | STAY INSANE/BANDA GRUDNIA | Weteran I M - 50 | 14   | 01:22:39   | 03:50:18   | 05:28:03   | 07:44:32   | 09:48:00    | 11:36:21.50           | +03:14:19<br>(27.9%) | 10:14           | 5.9<br>(72.8%) |
| 15  | GRYGORUK Cezary       | 4158  |                           | Weteran I M - 50 | 15   | 01:24:09   | 04:05:41   | 05:45:31   | 08:17:26   | 10:32:30    | 12:31:02.00           | +04:08:59<br>(33.2%) | 11:02           | 5.4<br>(66.7%) |

| Msc                                | Zawodnik             | Numer | Klub                  | Kategoria        | Mkat | A1<br>10km      | D1<br>24km      | B1<br>34km      | B2<br>46km | A15<br>57km | Czas<br>netto<br>68km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|------------------------------------|----------------------|-------|-----------------------|------------------|------|-----------------|-----------------|-----------------|------------|-------------|-----------------------|----------------------|-----------------|----------------|
| 16                                 | ZAKRZEWSKI Marek     | 4459  | EKOBIEGI              | Weteran I M - 50 | 16   | 01:23:15        | 03:51:48        | 05:44:23        | 08:17:11   | 10:41:32    | 12:37:59.10           | +04:15:57<br>(33.8%) | 11:08           | 5.4<br>(66.7%) |
| 17                                 | ŁUCZKÓW Andrzej      | 4167  | FIRMA ŁUCZKÓW         | Weteran I M - 50 | 17   | 01:28:11        | 04:14:58        | 06:01:41        | 08:37:53   | 10:51:43    | 12:50:33.05           | +04:28:31<br>(34.8%) | 11:19           | 5.3<br>(65.4%) |
| 18                                 | LOBA Damian          | 4470  | ŚWIERCZEWO RUN        | Weteran I M - 50 | 18   | 01:40:42        | 04:40:26        | 06:24:06        | 09:05:31   | 11:14:17    | 13:01:21.35           | +04:39:19<br>(35.7%) | 11:29           | 5.2<br>(64.2%) |
| 19                                 | DARSKI Rafał         | 4227  | RECAMIERE             | Weteran I M - 50 | 19   | 01:27:02        | 04:18:06        | 06:11:33        | 09:02:23   | 11:06:04    | 13:16:47.65           | +04:54:45<br>(37.0%) | 11:43           | 5.1<br>(63.0%) |
| 20                                 | BURY Marek           | 4201  |                       | Weteran I M - 50 | 20   | 01:37:19        | 04:29:23        | 06:13:43        | 09:05:09   | 11:25:33    | 13:22:20.05           | +05:00:18<br>(37.4%) | 11:47           | 5.1<br>(63.0%) |
| 21                                 | LUPA Mirosław        | 4009  | LUPUSTEAM             | Weteran I M - 50 | 21   | 01:38:35        | 04:38:42        | 06:35:07        | 09:20:47   | 11:39:52    | 13:41:39.65           | +05:19:37<br>(38.9%) | 12:04           | 5<br>(61.7%)   |
| 22                                 | PYTLARZ Waldemar     | 4153  | RUNNING 5             | Weteran I M - 50 | 22   | 01:53:58        | 05:07:43        | 07:08:14        | 09:38:23   | 11:40:12    | 13:49:27.65           | +05:27:25<br>(39.5%) | 12:11           | 4.9<br>(60.5%) |
| Przekroczony limit czasu: 14:30:00 |                      |       |                       |                  |      |                 |                 |                 |            |             |                       |                      |                 |                |
| 23                                 | RURKA Grzegorz       | 4445  | SAMBIEGAM             | Weteran I M - 50 | 23   | 01:38:29        | 04:38:29        | 06:45:04        |            | 13:09:22    | 15:15:17.75           | +06:53:15<br>(45.2%) | 13:27           | 4.5<br>(55.6%) |
| 24                                 | WARA-WĄSOWSKI Maciej | 4340  |                       | Weteran I M - 50 | 24   | 01:39:15        | 04:47:01        | 07:00:05        | 10:06:01   | 13:33:09    | 15:45:37.30           | +07:23:35<br>(46.9%) | 13:54           | 4.3<br>(53.1%) |
|                                    | WOLAŃSKI Witosław    | 4416  | KASZUBSKA PONIEWIERKA | Weteran I M - 50 |      | 01:22:30<br>DNF | 03:48:39<br>DNF | 05:34:55<br>DNF | DNF        | DNF         | DNF                   |                      | -               | -<br>(0.0%)    |
|                                    | BANKIEWICZ Damian    | 4271  | ASSECO ACTIVE TEAM    | Weteran I M - 50 |      | 01:21:25<br>DNF | DNF             | DNF             | DNF        | DNF         | DNF                   |                      | -               | -<br>(0.0%)    |

Znaleziono 26 wynik(ów)