

Wydarzenie: BIEG URSYNOWA
Organizator: Urząd Dzielnicy Warszawa - Ursynów
Data: 2022-09-18
Miejsce: Warszawa
Dystans: 5 km

Klasyfikacja: K 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BERNARDELLI Iwona	1322	KLUB SPORTOWY PREFBET-SONAROL	K 30	1	00:00:01	00:08:06	00:16:43.85	00:16:45.05		3:20	17.9 (100%)
2	KALBARCZYK Adriana	1503	DUCLA ACADEMY WARSZAWA	K 30	2	00:00:04	00:09:13	00:18:40.70	00:18:45.20	+00:01:56 (10.4%)	3:44	16.1 (89.9%)
3	TOMCZAK Joanna	1136		K 30	3	00:00:04	00:09:44	00:19:33.20	00:19:37.75	+00:02:49 (14.4%)	3:54	15.3 (85.5%)
4	PSZENICZNA Joanna	903	VEGE RUNNERS	K 30	4	00:00:11	00:09:46	00:19:40.70	00:19:51.75	+00:02:56 (15.0%)	3:56	15.3 (85.5%)
5	RADKOWSKA Małgorzata	1311	WARNER BROS. DISCOVERY	K 30	5	00:00:13	00:09:46	00:20:25.25	00:20:38.35	+00:03:41 (18.1%)	4:05	14.7 (82.1%)
6	KIBITLEWSKA Emilia	444		K 30	6	00:00:14	00:10:03	00:20:30.15	00:20:44.75	+00:03:46 (18.4%)	4:06	14.6 (81.6%)
7	VEREMCHUK Yuliia	1171	BIEGAM BO LUBIE	K 30	7	00:00:05	00:10:05	00:20:35.35	00:20:40.65	+00:03:51 (18.7%)	4:07	14.6 (81.6%)
8	LISZKA Karolina	616	KAZIKI	K 30	8	00:00:11	00:10:01	00:20:43.80	00:20:55.40	+00:03:59 (19.3%)	4:08	14.5 (81.0%)
9	SŁOMCZYŃSKA Karolina	996	BEMA 2 M. 53	K 30	9	00:00:13	00:10:12	00:20:46.75	00:21:00.10	+00:04:02 (19.5%)	4:09	14.4 (80.4%)
10	PRUSAKIEWICZ Katarzyna	895		K 30	10	00:00:15	00:10:29	00:20:59.30	00:21:14.30	+00:04:15 (20.3%)	4:11	14.3 (79.9%)
11	BARTNIAK Daria	41	NO LIMITS TRAIL TEAM	K 30	11	00:00:28	00:10:27	00:20:59.45	00:21:27.55	+00:04:15 (20.3%)	4:11	14.3 (79.9%)
12	ROMAN Anna	928		K 30	12	00:00:23	00:10:20	00:21:05.65	00:21:29.20	+00:04:21 (20.7%)	4:13	14.2 (79.3%)
13	KWIECIŃSKA Małgorzata	594	BRAVEHEARTS LEGIONOWO	K 30	13	00:00:25	00:10:36	00:21:20.05	00:21:45.10	+00:04:36 (21.6%)	4:16	14.1 (78.8%)
14	GŁODOWSKA Marta	282	ŻÓRAWSKI TEAM	K 30	14	00:00:18	00:10:41	00:21:28.90	00:21:47.75	+00:04:45 (22.1%)	4:17	14 (78.2%)
15	CIECHAROWSKA Justyna	142		K 30	15	00:00:29	00:10:41	00:21:43.15	00:22:13.10	+00:04:59 (23.0%)	4:20	13.8 (77.1%)

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16	MAŃKOWSKA Anna	674	KRISS COACHING	K 30	16	00:00:33	00:11:05	00:22:23.95	00:22:57.65	+00:05:40 (25.3%)	4:28	13.4 (74.9%)
17	GRZELAK Aneta	327		K 30	17	00:00:33	00:11:08	00:22:35.70	00:23:09.40	+00:05:51 (26.0%)	4:31	13.3 (74.3%)
18	MERCIK Marta	1544		K 30	18	00:00:36	00:11:09	00:22:51.50	00:23:28.25	+00:06:07 (26.8%)	4:34	13.1 (73.2%)
19	SAMOCIUK Karolina	959	POWER TRAINING	K 30	19	00:00:36	00:11:26	00:23:26.80	00:24:03.55	+00:06:42 (28.6%)	4:41	12.8 (71.5%)
20	ŁOZOWSKA Magdalena	639	#ZALINIAMETYTEAM	K 30	20	00:00:36	00:11:36	00:23:29.70	00:24:06.65	+00:06:45 (28.8%)	4:41	12.8 (71.5%)
21	GÓŹDŹ Wanda	303	AMATORSKA GRUPA BIEGOWA OKS START OTWOCK	K 30	21	00:01:08	00:12:01	00:23:38.15	00:24:46.30	+00:06:54 (29.2%)	4:43	12.7 (70.9%)
22	MIKOSZA Anna	720		K 30	22	00:01:08	00:11:59	00:23:38.85	00:24:47.45	+00:06:55 (29.2%)	4:43	12.7 (70.9%)
23	CHRZANOWSKA Olga	137	TRIZARZA	K 30	23	00:00:49	00:11:48	00:23:44.55	00:24:34.45	+00:07:00 (29.5%)	4:44	12.6 (70.4%)
24	SHAUKUN Anastasiya	966	CLUB ANONYMOUS RUNNERS N.A. CABALO BLANKO	K 30	24	00:00:41	00:11:38	00:23:45.95	00:24:27.05	+00:07:02 (29.6%)	4:45	12.6 (70.4%)
25	SIWCZAK Agnieszka	979	WKURW_TEAM	K 30	25	00:01:07	00:11:53	00:23:55.10	00:25:02.15	+00:07:11 (30.1%)	4:47	12.5 (69.8%)
26	KROPIAK Katarzyna	553	VEGE RUNNERS	K 30	26	00:00:49	00:11:48	00:23:56.80	00:24:46.10	+00:07:12 (30.1%)	4:47	12.5 (69.8%)
27	TUKA Anna	1464		K 30	27	00:00:36	00:12:00	00:24:08.75	00:24:44.95	+00:07:24 (30.7%)	4:49	12.4 (69.3%)
28	WIEWIURA Agnieszka	1199	GÓRA BIEGA	K 30	28	00:00:14	00:11:58	00:24:31.45	00:24:45.80	+00:07:47 (31.8%)	4:54	12.2 (68.2%)
29	KARPIŃSKA Monika	427		K 30	29	00:00:36	00:11:58	00:24:31.60	00:25:08.55	+00:07:47 (31.8%)	4:54	12.2 (68.2%)
30	SZWAD Martyna	1568	GAPMONT RUNNING TEAM	K 30	30	00:01:06	00:12:22	00:24:47.40	00:25:54.30	+00:08:03 (32.5%)	4:57	12.1 (67.6%)
31	KLIMEK Marta	459	M&M RUNNING TEAM	K 30	31	00:00:49	00:12:15	00:25:08.55	00:25:57.80	+00:08:24 (33.5%)	5:01	11.9 (66.5%)
32	FLOREK Małgorzata	250		K 30	32	00:01:03	00:12:24	00:25:12.20	00:26:15.20	+00:08:28 (33.6%)	5:02	11.9 (66.5%)
33	LEWANDOWSKA Paulina	610		K 30	33	00:00:59	00:12:31	00:25:27.40	00:26:26.50	+00:08:43 (34.3%)	5:05	11.8 (65.9%)
34	SKELTON-WITKOWSKA Sarah	983	VEGE RUNNERS	K 30	34	00:00:49	00:12:24	00:25:28.60	00:26:18.40	+00:08:44 (34.3%)	5:05	11.8 (65.9%)
35	ŁASZCZYCH Małgorzata	627		K 30	35	00:00:46	00:12:20	00:25:32.00	00:26:18.50	+00:08:48 (34.5%)	5:06	11.7 (65.4%)
36	JABLONSKA Katarzyna	364		K 30	36	00:00:50	00:12:42	00:25:39.35	00:26:29.75	+00:08:55 (34.8%)	5:07	11.7 (65.4%)
37	ĆWIEK Karolina	173		K 30	37	00:00:59	00:12:16	00:25:42.75	00:26:41.90	+00:08:58 (34.9%)	5:08	11.7 (65.4%)
38	MAZUREK Maria	701		K 30	38	00:01:12	00:12:34	00:25:48.95	00:27:01.55	+00:09:05 (35.2%)	5:09	11.6 (64.8%)

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39	KANTARSKA-BRYŁA Marta	419		K 30	39	00:01:14	00:13:19	00:25:57.90	00:27:12.65	+00:09:14 (35.6%)	5:11	11.6 (64.8%)
40	CHARKO Elżbieta	122	GÓRA BIEGA	K 30	40	00:01:01	00:12:43	00:25:59.80	00:27:01.05	+00:09:15 (35.6%)	5:11	11.5 (64.2%)
41	GUZIK Justyna	333		K 30	41	00:01:19	00:12:49	00:26:10.55	00:27:30.15	+00:09:26 (36.1%)	5:14	11.5 (64.2%)
42	CHELEWSKA Dorota	125		K 30	42	00:01:39	00:12:58	00:26:16.00	00:27:55.10	+00:09:32 (36.3%)	5:15	11.4 (63.7%)
43	KRASUSKA Aneta	547		K 30	43	00:01:11	00:12:59	00:26:16.60	00:27:28.10	+00:09:32 (36.3%)	5:15	11.4 (63.7%)
44	ŚWIDERSKA Joanna	1112	WSPARCIETRENINGOWE.PL	K 30	44	00:01:02	00:12:56	00:26:20.90	00:27:23.70	+00:09:37 (36.5%)	5:16	11.4 (63.7%)
45	MULIK Karolina	748	RAZEM TRENUJEMY SPORT	K 30	45	00:01:25	00:13:10	00:26:24.70	00:27:50.55	+00:09:40 (36.7%)	5:16	11.4 (63.7%)
46	ŻABOKLICKA Marta	1296		K 30	46	00:01:35	00:13:21	00:26:29.90	00:28:05.05	+00:09:46 (36.9%)	5:17	11.3 (63.1%)
47	CZERESNIEWSKA Anna	163		K 30	47	00:00:58	00:12:49	00:26:37.95	00:27:36.60	+00:09:54 (37.2%)	5:19	11.3 (63.1%)
48	HALL Amelia	1350		K 30	48	00:01:34	00:13:16	00:26:41.40	00:28:16.05	+00:09:57 (37.3%)	5:20	11.2 (62.6%)
49	DRACHAL Agata	202		K 30	49	00:01:21	00:13:17	00:26:43.40	00:28:05.30	+00:09:59 (37.4%)	5:20	11.2 (62.6%)
50	KUBASZCZYK Agnieszka	574		K 30	50	00:01:09	00:13:10	00:26:54.35	00:28:03.45	+00:10:10 (37.8%)	5:22	11.2 (62.6%)
51	RYNKOWSKA Maja	947		K 30	51	00:01:03	00:13:14	00:26:57.95	00:28:01.80	+00:10:14 (38.0%)	5:23	11.1 (62.0%)
52	KOCIK Joanna	476		K 30	52	00:01:06	00:12:58	00:27:00.80	00:28:06.90	+00:10:16 (38.1%)	5:24	11.1 (62.0%)
53	KOŁOWIECKA-WILKOS Angela	482	WIEWIÓRKA&BOBER	K 30	53	00:01:45	00:14:20	00:27:20.55	00:29:05.55	+00:10:36 (38.8%)	5:28	11 (61.5%)
54	DŁUGOSZ Marta	190		K 30	54	00:01:37	00:13:47	00:27:27.00	00:29:04.20	+00:10:43 (39.0%)	5:29	10.9 (60.9%)
55	SIERZYCKA Katarzyna	974		K 30	55	00:01:32	00:13:49	00:27:33.85	00:29:06.00	+00:10:50 (39.3%)	5:30	10.9 (60.9%)
56	MAŁEK-MARCZUK Hanna	668		K 30	56	00:01:19	00:13:37	00:27:37.15	00:28:56.30	+00:10:53 (39.4%)	5:31	10.9 (60.9%)
57	SMOLARCZYK Klaudia	999	1	K 30	57	00:01:28	00:13:33	00:27:42.10	00:29:10.50	+00:10:58 (39.6%)	5:32	10.8 (60.3%)
58	ROMANOWSKA Ewa	929	JB WARSAW	K 30	58	00:01:19	00:13:19	00:27:42.60	00:29:02.50	+00:10:58 (39.6%)	5:32	10.8 (60.3%)
59	ROSENBAUM Olga	930		K 30	59	00:01:54	00:13:51	00:27:53.00	00:29:47.15	+00:11:09 (40.0%)	5:34	10.8 (60.3%)
60	NEY-FOGIEL Beata	763		K 30	60	00:01:41	00:14:09	00:27:54.60	00:29:35.60	+00:11:10 (40.1%)	5:34	10.8 (60.3%)
61	KOWALCZYK Marta	523		K 30	61	00:01:05	00:13:50	00:27:57.50	00:29:02.95	+00:11:13 (40.2%)	5:35	10.7 (59.8%)

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62	CHARMUSZKO Monika	124		K 30	62	00:01:49	00:14:04	00:27:57.80	00:29:47.30	+00:11:13 (40.2%)	5:35	10.7 (59.8%)
63	GIEDYK Marta	1577		K 30	63	00:01:45	00:13:59	00:28:04.60	00:29:50.45	+00:11:20 (40.4%)	5:36	10.7 (59.8%)
64	ZEGAR Weronika	1282		K 30	64	00:01:45	00:13:59	00:28:05.95	00:29:51.55	+00:11:22 (40.5%)	5:37	10.7 (59.8%)
65	SZULC Anna	1081		K 30	65	00:01:37	00:14:09	00:28:12.85	00:29:50.45	+00:11:29 (40.7%)	5:38	10.6 (59.2%)
66	SZCZESIAK Anna	1352		K 30	66	00:00:09	00:13:24	00:28:28.40	00:28:38.30	+00:11:44 (41.2%)	5:41	10.5 (58.7%)
67	PYRKA Agnieszka	907		K 30	67	00:01:45	00:14:22	00:28:36.65	00:30:22.30	+00:11:52 (41.5%)	5:43	10.5 (58.7%)
68	KAMIŃSKA Agnieszka	413		K 30	68	00:02:01	00:14:11	00:28:38.25	00:30:39.70	+00:11:54 (41.6%)	5:43	10.5 (58.7%)
69	CZARNECKA Katarzyna	159		K 30	69	00:01:23	00:13:57	00:28:39.75	00:30:02.95	+00:11:55 (41.6%)	5:43	10.5 (58.7%)
70	ŚCIBOROWSKA Martyna	1104		K 30	70	00:00:24	00:13:43	00:28:42.80	00:29:06.95	+00:11:58 (41.7%)	5:44	10.5 (58.7%)
71	BERDYŃSKA Karolina	54		K 30	71	00:02:09	00:14:38	00:28:54.60	00:31:03.65	+00:12:10 (42.1%)	5:46	10.4 (58.1%)
72	SZYMCZAK Agnieszka	1358		K 30	72	00:01:15	00:14:11	00:28:58.30	00:30:14.10	+00:12:14 (42.3%)	5:47	10.4 (58.1%)
73	WOŹNIAK Klaudia	1242		K 30	73	00:01:25		00:29:04.90	00:30:30.05	+00:12:21 (42.5%)	5:48	10.3 (57.5%)
74	DĘBIŃSKA Patrycja	188		K 30	74	00:01:48	00:14:16	00:29:05.10	00:30:53.70	+00:12:21 (42.5%)	5:49	10.3 (57.5%)
75	OLESEK Joanna	794		K 30	75	00:01:31	00:13:52	00:29:07.55	00:30:39.15	+00:12:23 (42.6%)	5:49	10.3 (57.5%)
76	LECHOWICZ Katarzyna	600		K 30	76	00:01:40	00:14:31	00:29:10.95	00:30:51.55	+00:12:27 (42.7%)	5:50	10.3 (57.5%)
77	MYJAK Sylwia	749	NATIONALE-NEDERLANDEN RUNNING TEAM	K 30	77	00:01:29	00:14:22	00:29:18.25	00:30:47.85	+00:12:34 (42.9%)	5:51	10.2 (57.0%)
78	BUDEK Ewa	106		K 30	78	00:01:38	00:14:32	00:29:19.60	00:30:58.35	+00:12:35 (43.0%)	5:51	10.2 (57.0%)
79	CZERWIŃSKA-BLOK Iwona	167		K 30	79	00:01:39	00:14:33	00:29:22.20	00:31:01.75	+00:12:38 (43.0%)	5:52	10.2 (57.0%)
80	CZUCHAJ Milena	169		K 30	80	00:01:29	00:14:20	00:29:25.75	00:30:55.30	+00:12:41 (43.1%)	5:53	10.2 (57.0%)
81	RĘKAWEK Gabriela	922		K 30	81	00:01:51	00:14:28	00:29:38.95	00:31:30.15	+00:12:55 (43.6%)	5:55	10.1 (56.4%)
82	LEBIODA Eliza	599		K 30	82	00:02:01	00:14:48	00:29:46.00	00:31:47.70	+00:13:02 (43.8%)	5:57	10.1 (56.4%)
83	RADOMYSKA Wiola	912	KAZIKI	K 30	83	00:02:09	00:14:23	00:29:47.25	00:31:56.60	+00:13:03 (43.8%)	5:57	10.1 (56.4%)
84	SZYMANEK Aleksandra	1087		K 30	84	00:02:17	00:14:56	00:29:49.90	00:32:07.10	+00:13:06 (43.9%)	5:57	10.1 (56.4%)

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85	ŁAKOMSKA Beata	623	TEAM ZABIEGANE DNI	K 30	85	00:01:34	00:14:21	00:30:05.50	00:31:40.40	+00:13:21 (44.4%)	6:01	10 (55.9%)
86	ŚMIERZYŃSKA Dorota	1384		K 30	86	00:01:15	00:14:40	00:30:13.60	00:31:28.80	+00:13:29 (44.6%)	6:02	9.9 (55.3%)
87	KĘSICKA Arletta	443		K 30	87	00:01:46	00:14:54	00:30:20.55	00:32:07.25	+00:13:36 (44.9%)	6:04	9.9 (55.3%)
88	BOCHYŃSKA SZACKA Dagmara	73		K 30	88	00:01:34	00:15:00	00:30:26.80	00:32:00.95	+00:13:42 (45.0%)	6:05	9.9 (55.3%)
89	JANCZARSKA Wiktoria	372		K 30	89	00:02:00	00:14:42	00:30:46.20	00:32:47.00	+00:14:02 (45.6%)	6:09	9.8 (54.7%)
90	ORZEŁ Monika	805		K 30	90	00:01:41	00:14:52	00:30:58.80	00:32:40.60	+00:14:14 (46.0%)	6:11	9.7 (54.2%)
91	BOROWA Magdalena	82		K 30	91	00:01:36	00:14:51	00:30:59.00	00:32:35.00	+00:14:15 (46.0%)	6:11	9.7 (54.2%)
92	TRYBULEC Justyna	1149		K 30	92	00:00:39	00:15:02	00:31:04.90	00:31:44.10	+00:14:21 (46.2%)	6:12	9.7 (54.2%)
93	WIŚNIEWSKA-DUDA Anna	1211		K 30	93	00:00:39	00:15:29	00:31:22.60	00:32:02.40	+00:14:38 (46.7%)	6:16	9.6 (53.6%)
94	GROCHOWINA Anna	309		K 30	94	00:01:06	00:15:22	00:31:23.60	00:32:30.30	+00:14:39 (46.7%)	6:16	9.6 (53.6%)
95	POŁO Maria	880		K 30	95	00:01:07	00:15:31	00:31:39.55	00:32:47.20	+00:14:55 (47.2%)	6:19	9.5 (53.1%)
96	OŁOWSKA Paulina	798		K 30	96	00:01:33	00:15:02	00:31:40.35	00:33:13.90	+00:14:56 (47.2%)	6:20	9.5 (53.1%)
97	NASIEROWSKA Martyna	760		K 30	97	00:01:49	00:15:35	00:32:02.20	00:33:51.95	+00:15:18 (47.8%)	6:24	9.4 (52.5%)
98	SYNOWCZYK Agnieszka	1050		K 30	98	00:00:44	00:16:01	00:32:07.60	00:32:51.60	+00:15:23 (47.9%)	6:25	9.3 (52.0%)
99	MRÓZ Joanna	742		K 30	99	00:01:56	00:15:53	00:32:08.45	00:34:04.50	+00:15:24 (47.9%)	6:25	9.3 (52.0%)
100	KOZDROŃ Paulina	1534		K 30	100	00:01:48	00:15:58	00:32:23.40	00:34:12.25	+00:15:39 (48.3%)	6:28	9.3 (52.0%)
101	WITEK Dagmara	1578		K 30	101	00:01:59	00:16:17	00:32:26.55	00:34:25.60	+00:15:42 (48.4%)	6:29	9.2 (51.4%)
102	WÓJCICKA Agnieszka	1569		K 30	102	00:00:06	00:15:51	00:32:55.25	00:33:01.90	+00:16:11 (49.2%)	6:35	9.1 (50.8%)
103	SAJEWSKA Karolina	955	WATAHA ŁĄCZY NAS BIEGANIE	K 30	103	00:01:04	00:15:47	00:32:55.80	00:34:00.10	+00:16:11 (49.2%)	6:35	9.1 (50.8%)
104	VALIIEVA Aliia	1170		K 30	104	00:00:06	00:15:37	00:33:02.00	00:33:08.75	+00:16:18 (49.4%)	6:36	9.1 (50.8%)
105	KRZYŻEWSKA Karolina	570	PZU SPORT TEAM	K 30	105	00:01:06	00:16:00	00:33:06.50	00:34:12.90	+00:16:22 (49.5%)	6:37	9.1 (50.8%)
106	DALKIEWICZ Marta	1320		K 30	106	00:01:52	00:16:08	00:33:16.15	00:35:08.55	+00:16:32 (49.7%)	6:39	9 (50.3%)
107	MICHALSKA Martyna	712		K 30	107	00:01:46	00:15:54	00:33:23.70	00:35:10.00	+00:16:39 (49.9%)	6:40	9 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
108	TRUMIŃSKA Marcela	1148		K 30	108	00:01:43	00:15:53	00:33:31.70	00:35:14.90	+00:16:47 (50.1%)	6:42	9 (50.3%)
109	WINIARZ Natalia	1208		K 30	109	00:01:40	00:15:07	00:33:36.50	00:35:16.55	+00:16:52 (50.2%)	6:43	8.9 (49.7%)
110	MAJCHRZAK Anna	661		K 30	110	00:02:07	00:17:27	00:33:38.75	00:35:46.55	+00:16:54 (50.3%)	6:43	8.9 (49.7%)
111	BAKALAROVA Michaela	32		K 30	111	00:00:55	00:15:57	00:33:50.50	00:34:45.90	+00:17:06 (50.6%)	6:46	8.9 (49.7%)
112	SOLAREK Kinga	1019		K 30	112	00:02:07	00:17:27	00:33:52.60	00:36:00.40	+00:17:08 (50.6%)	6:46	8.9 (49.7%)
113	BIEROZA Anna	1472		K 30	113	00:00:37	00:16:47	00:34:05.55	00:34:43.10	+00:17:21 (50.9%)	6:49	8.8 (49.2%)
114	YILDIRIM CZUPRYN Derya	1410		K 30	114	00:00:37	00:16:42	00:34:05.70	00:34:43.00	+00:17:21 (50.9%)	6:49	8.8 (49.2%)
115	JABLONSKA-SOBIECH Aneta	1435		K 30	115	00:00:37	00:16:42	00:34:05.80	00:34:43.10	+00:17:21 (50.9%)	6:49	8.8 (49.2%)
116	PIOTROWSKA Gabriela	858		K 30	116	00:01:00	00:16:39	00:34:06.60	00:35:06.80	+00:17:22 (51.0%)	6:49	8.8 (49.2%)
117	DZIWOŃ Anna	230		K 30	117	00:01:37	00:15:21	00:34:08.65	00:35:46.35	+00:17:24 (51.0%)	6:49	8.8 (49.2%)
117	SZELIGA Zofia	1068		K 30	118	00:01:58	00:16:35	00:34:08.65	00:36:07.35	+00:17:24 (51.0%)	6:49	8.8 (49.2%)
119	ROBACZEWSKA Marta	923		K 30	119	00:02:22	00:17:10	00:34:09.20	00:36:31.25	+00:17:25 (51.0%)	6:49	8.8 (49.2%)
120	FRAĆZAK Magdalena	253		K 30	120	00:02:09	00:16:54	00:34:11.10	00:36:20.25	+00:17:27 (51.1%)	6:50	8.8 (49.2%)
121	KANIOWSKA Karolina	1575		K 30	121	00:01:11	00:17:05	00:34:14.40	00:35:26.20	+00:17:30 (51.1%)	6:50	8.8 (49.2%)
122	FRYDRYCH Katarzyna	256		K 30	122	00:02:12	00:17:16	00:34:30.70	00:36:43.55	+00:17:46 (51.5%)	6:54	8.7 (48.6%)
123	ŁUCZYŃSKA Karolina	645		K 30	123	00:01:59	00:16:38	00:34:31.85	00:36:31.15	+00:17:48 (51.5%)	6:54	8.7 (48.6%)
124	BORKOWSKA Michalina	80		K 30	124	00:01:57	00:16:39	00:34:35.90	00:36:32.90	+00:17:52 (51.6%)	6:55	8.7 (48.6%)
125	SICIŃSKA Iwona	967		K 30	125	00:02:01	00:16:26	00:34:41.60	00:36:43.35	+00:17:57 (51.8%)	6:56	8.6 (48.0%)
126	ZARZYKA Antonina	1273		K 30	126	00:02:23	00:18:13	00:34:49.20	00:37:12.40	+00:18:05 (52.0%)	6:57	8.6 (48.0%)
127	WYLON Izabela	1254		K 30	127	00:01:58	00:17:59	00:34:53.30	00:36:51.30	+00:18:09 (52.0%)	6:58	8.6 (48.0%)
128	GĄTOWSKA Agnieszka	276		K 30	128	00:01:58	00:16:26	00:34:54.55	00:36:53.50	+00:18:10 (52.1%)	6:58	8.6 (48.0%)
129	KARPIŃSKA Justyna	428		K 30	129	00:02:10	00:17:17	00:35:19.60	00:37:30.15	+00:18:35 (52.6%)	7:03	8.5 (47.5%)
130	SZMIGIEL Izabela	1074		K 30	130	00:02:08	00:17:27	00:35:20.30	00:37:28.40	+00:18:36 (52.7%)	7:04	8.5 (47.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
131	TRETER Magdalena	1507		K 30	131	00:01:50	00:17:13	00:35:33.30	00:37:23.40	+00:18:49 (52.9%)	7:06	8.4 (46.9%)
132	GAWRYOLEK - OSIŃSKA Maja	274		K 30	132	00:02:23	00:18:15	00:35:38.50	00:38:01.90	+00:18:54 (53.1%)	7:07	8.4 (46.9%)
133	KARKOS Magdalena	425		K 30	133	00:02:10	00:17:18	00:35:41.55	00:37:51.95	+00:18:57 (53.1%)	7:08	8.4 (46.9%)
134	WICHTOWSKA Karolina	1514		K 30	134	00:00:16	00:17:27	00:36:25.10	00:36:41.70	+00:19:41 (54.1%)	7:17	8.2 (45.8%)
135	NIEDZIELA Kamila	767		K 30	135	00:00:54	00:17:27	00:36:48.65	00:37:42.85	+00:20:04 (54.5%)	7:21	8.2 (45.8%)
136	SZCZEPANIEC Anna	1062		K 30	136	00:02:13	00:18:04	00:36:54.10	00:39:07.85	+00:20:10 (54.7%)	7:22	8.1 (45.3%)
137	PLUTA Monika	871		K 30	137	00:02:24	00:18:14	00:37:42.75	00:40:07.50	+00:20:58 (55.6%)	7:32	8 (44.7%)
138	JURCZAK Karolina	401		K 30	138	00:02:28	00:18:46	00:38:20.40	00:40:48.40	+00:21:36 (56.4%)	7:40	7.8 (43.6%)
139	KOBYŁECKA Sylwia	473	TEAM ZABIEGANEDNI	K 30	139	00:01:15	00:20:17	00:41:55.90	00:43:11.40	+00:25:12 (60.1%)	8:23	7.2 (40.2%)
140	BARANOWSKA Ewelina	35		K 30	140	00:02:12	00:19:46	00:41:58.20	00:44:10.40	+00:25:14 (60.1%)	8:23	7.1 (39.7%)
141	SAMORDAK Katarzyna	960		K 30	141	00:00:04	00:21:40	00:43:54.30	00:43:59.20	+00:27:10 (61.9%)	8:46	6.8 (38.0%)
142	GRZECHNIK Justyna	324		K 30	142	00:00:05	00:21:41	00:44:20.20	00:44:25.70	+00:27:36 (62.3%)	8:52	6.8 (38.0%)

Znaleziono 142 wynik(ów)