

Wydarzenie: BIEG URSYNOWA
Organizator: Urząd Dzielnicy Warszawa - Ursynów
Data: 2022-09-18
Miejsce: Warszawa
Dystans: 5 km

Klasyfikacja: K 50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	NIEDZIÓŁKA Małgorzata	1498		K 50	1	00:00:51	00:11:48	00:23:55.85	00:24:47.65		4:47	12.5 (100%)
2	RZYMOWSKA Krystyna	953		K 50	2	00:00:53	00:12:24	00:24:24.75	00:25:17.80	+00:00:28 (2.0%)	4:52	12.3 (98.4%)
3	KUKLA Elżbieta	584	PWC RUNNING TEAM	K 50	3	00:01:02	00:12:31	00:25:21.20	00:26:24.00	+00:01:25 (5.6%)	5:04	11.8 (94.4%)
4	PARTYKA Agnieszka	824	PGE ENERGETIC RUNNING	K 50	4	00:01:09	00:12:35	00:25:22.65	00:26:32.35	+00:01:26 (5.7%)	5:04	11.8 (94.4%)
5	SOCHACKA Elżbieta	1012	GÓRA BIEGA	K 50	5	00:00:31	00:12:46	00:25:46.30	00:26:18.10	+00:01:50 (7.1%)	5:09	11.6 (92.8%)
6	CYGAN Anna	157	WILD ULTRA WARRIORS	K 50	6	00:00:00	00:13:55	00:26:13.80	00:26:13.80	+00:02:17 (8.8%)	5:14	11.4 (91.2%)
7	LEWANDOWSKA Joanna	611		K 50	7	00:01:31	00:13:06	00:26:24.40	00:27:55.80	+00:02:28 (9.4%)	5:16	11.4 (91.2%)
8	KURZACZ Katarzyna	588	12TRI.PL	K 50	8	00:01:18	00:13:12	00:26:27.40	00:27:45.50	+00:02:31 (9.5%)	5:17	11.3 (90.4%)
9	SIERZPUTOWSKA Ewa	973	GUNS&ROSES RUN TEAM	K 50	9	00:01:07	00:13:01	00:26:45.45	00:27:52.65	+00:02:49 (10.6%)	5:21	11.2 (89.6%)
10	KONKOWSKA Joanna	492		K 50	10	00:01:31	00:13:16	00:26:53.10	00:28:24.20	+00:02:57 (11.0%)	5:22	11.2 (89.6%)
11	HAWRYLUK-STASIAK Ewa	340	BIEGUNI 2022	K 50	11	00:01:16	00:13:07	00:27:06.00	00:28:22.90	+00:03:10 (11.7%)	5:25	11.1 (88.8%)
12	FICOŃ Monika	244		K 50	12	00:01:02	00:13:23	00:27:25.40	00:28:27.40	+00:03:29 (12.7%)	5:29	10.9 (87.2%)
13	JĘDRZEJCZAK Anna	1343		K 50	13	00:01:18	00:13:32	00:27:37.50	00:28:56.25	+00:03:41 (13.4%)	5:31	10.9 (87.2%)
14	LIPKA-ZALEWSKA Grażyna	1329		K 50	14	00:02:02	00:14:21	00:28:13.70	00:30:16.00	+00:04:17 (15.2%)	5:38	10.6 (84.8%)
15	DZIEDZIC Ewa	225	TEAM ZABIEGANEDNI	K 50	15	00:00:56	00:13:59	00:28:16.95	00:29:13.80	+00:04:21 (15.4%)	5:39	10.6 (84.8%)
16	TOMASZEWSKA Mariola	1132	BIEGAM DLA SIEBIE	K 50	16	00:01:04	00:14:32	00:28:39.15	00:29:44.05	+00:04:43 (16.5%)	5:43	10.5 (84.0%)
17	KLOPOCKA Anna	461		K 50	17	00:01:52	00:14:38	00:29:15.30	00:31:08.25	+00:05:19 (18.2%)	5:51	10.3 (82.4%)
18	KORONA Tatiana	500	OBIEGUWKA	K 50	18	00:01:45	00:14:30	00:29:37.25	00:31:22.50	+00:05:41 (19.2%)	5:55	10.1 (80.8%)
19	ZARODA Grażyna	1271		K 50	19	00:00:37	00:14:18	00:29:39.60	00:30:17.35	+00:05:43 (19.3%)	5:55	10.1 (80.8%)
20	WYSOWSKA Jagoda	1585		K 50	20	00:01:49	00:15:16	00:29:56.65	00:31:45.85	+00:06:00 (20.1%)	5:59	10 (80.0%)
21	KEMPISTY Anna	1487	12TRI.PL	K 50	21	00:01:32	00:14:44	00:30:01.10	00:31:33.55	+00:06:05 (20.3%)	6:00	10 (80.0%)
22	WIŚNIEWSKA Katarzyna	1210	INDYWIDUALISTKA	K 50	22	00:00:23	00:15:17	00:31:54.90	00:32:17.95	+00:07:59 (25.0%)	6:22	9.4 (75.2%)
23	DRZEWIECKA Anna	1390	SMSM	K 50	23	00:01:49	00:15:55	00:32:42.25	00:34:31.70	+00:08:46 (26.8%)	6:32	9.2 (73.6%)
24	BUCZEK Bogumiła	103		K 50	24	00:02:11	00:16:23	00:32:47.40	00:34:58.45	+00:08:51 (27.0%)	6:33	9.2 (73.6%)
25	MICHAŁEK Dorota	713	BORKOWSKI TEAM	K 50	25	00:02:21	00:16:08	00:32:56.40	00:35:17.55	+00:09:00 (27.4%)	6:35	9.1 (72.8%)
26	OLCZAK Urszula	789	UMCS BIEGA	K 50	26	00:02:09	00:16:07	00:33:02.70	00:35:12.35	+00:09:06 (27.6%)	6:36	9.1 (72.8%)
27	KOCHMAN Iwona	475	VEGE RUNNERS	K 50	27	00:01:41	00:16:22	00:33:04.85	00:34:46.25	+00:09:09 (27.7%)	6:36	9.1 (72.8%)
28	ŁOCHOWSKA Agnieszka	633		K 50	28	00:00:00		00:33:27.90	00:33:27.90	+00:09:32 (28.5%)	6:41	9 (72.0%)
29	SAKOWICZ Magdalena	957		K 50	29	00:00:54	00:15:58	00:33:50.45	00:34:45.25	+00:09:54 (29.3%)	6:46	8.9 (71.2%)

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30	GROCHOWSKA Joanna	310	BIEGAMY Z OCHOTĄ	K 50	30	00:02:07	00:17:18	00:34:57.95	00:37:05.45	+00:11:02 (31.6%)	6:59	8.6 (68.8%)
31	BAUER Beata	49	BRAK	K 50	31	00:00:26	00:17:09	00:35:13.55	00:35:40.10	+00:11:17 (32.1%)	7:02	8.5 (68.0%)
32	SARNOWSKA Iwona	962	DRUŻYNA PAULINY	K 50	32	00:02:23	00:17:22	00:35:27.85	00:37:51.30	+00:11:32 (32.5%)	7:05	8.5 (68.0%)
33	KILKOWSKA Joanna	454		K 50	33	00:01:53	00:17:35	00:36:43.70	00:38:36.95	+00:12:47 (34.8%)	7:20	8.2 (65.6%)

Znaleziono 33 wynik(ów)