



Organizator: ZOS Koszalin
Data: 2016-08-28
Miejsce: Koszalin
Dystans: 6 km

BIEG WAKACYJNY 6 KM

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2km	Start_All 4km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	BEDNARZ Paweł	32	MODEST MAN KOSZALI(N)ACŁAW	M30-39	1	00:00:07	00:07:09	00:14:51	00:22:45.10	00:22:52.65		3:47	15.8 (100%)
2	KĘPKA Adrian	73		M18-29	1	00:00:07	00:07:42	00:15:56	00:24:12.00	00:24:19.95	+00:01:26 (6.0%)	4:02	14.9 (94.3%)
3	BARAŃSKI Przemysław	85	KM PSP SZCZECIN/ MLUKS TRZEBIATÓW	M18-29	2	00:00:07	00:07:54	00:16:37	00:24:55.55	00:25:03.15	+00:02:10 (8.7%)	4:09	14.4 (91.1%)
4	KOZAK Arkadiusz	24	TKKF KOSZALIN	M40-49	1	00:00:07	00:07:42	00:15:56	00:25:00.35	00:25:08.00	+00:02:15 (9.0%)	4:10	14.4 (91.1%)
5	SKIERKA Grzegorz	5	MKS ŚWIĘC SŁAWNO	M30-39	2	00:00:08	00:08:16	00:17:26	00:26:24.30	00:26:32.75	+00:03:39 (13.8%)	4:24	13.6 (86.1%)
6	BIEDRZYCKI Adam	6	OSP STARY BOREK	M30-39	3	00:00:08	00:08:41	00:17:47	00:27:05.00	00:27:13.95	+00:04:19 (16.0%)	4:30	13.3 (84.2%)
7	MOSEK Radosław	30		M30-39	4	00:00:08	00:08:46	00:18:08	00:27:45.15	00:27:53.90	+00:05:00 (18.0%)	4:37	13 (82.3%)
8	KONKEL Agnieszka	76		K30-39	1	00:00:08	00:09:00	00:18:33	00:28:06.40	00:28:15.35	+00:05:21 (19.1%)	4:41	12.8 (81.0%)
9	SZAMREJ Wojciech	66		M50-59	1	00:00:08	00:08:52	00:18:34	00:28:22.80	00:28:31.20	+00:05:37 (19.8%)	4:43	12.7 (80.4%)
10	DZIADOWIEC Marek	62		M18-29	3	00:00:09	00:09:30	00:19:17	00:28:41.90	00:28:51.85	+00:05:56 (20.7%)	4:47	12.5 (79.1%)
11	ŻYLICZ Paweł	36	STOPA SŁUPSK	M18-29	4	00:00:07	00:09:00	00:18:52	00:28:51.00	00:28:58.95	+00:06:05 (21.1%)	4:48	12.5 (79.1%)
12	RACZYŃSKI Kazimierz	33	PASIEKAZPASJA.PL	M40-49	2	00:00:10	00:09:19	00:19:15	00:29:14.75	00:29:25.20	+00:06:29 (22.2%)	4:52	12.3 (77.8%)
13	FRONTCZAK Izabela	72	TKKF KOSZALIN	K18-29	1	00:00:08	00:08:55	00:18:53	00:29:26.15	00:29:34.25	+00:06:41 (22.7%)	4:54	12.2 (77.2%)
14	IWANIEC Dariusz	8	TKKF KOSZALIN	M40-49	3	00:00:08	00:09:11	00:19:11	00:29:31.55	00:29:40.15	+00:06:46 (22.9%)	4:55	12.2 (77.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2km	Start_All 4km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
15	SKOWYRSKI Janusz	34	TKKF KOSZALIN / ROWERIA KOSZALIN	M50-59	2	00:00:10	00:09:25	00:19:45	00:30:00.15	00:30:10.15	+00:07:15 (24.2%)	5:00	12 (75.9%)
16	RUTKOWSKI Ryszard	60	RUTKOWSCY TEAM	M50-59	3	00:00:08	00:09:33	00:19:54	00:30:21.60	00:30:30.20	+00:07:36 (25.1%)	5:03	11.9 (75.3%)
17	SZABLA Ewelina	53		K30-39	2	00:00:09	00:09:33	00:19:52	00:30:29.10	00:30:38.55	+00:07:44 (25.4%)	5:04	11.8 (74.7%)
18	WILKOWSKI Krzysztof	82		M30-39	5	00:00:09	00:09:42	00:20:18	00:30:57.40	00:31:07.25	+00:08:12 (26.5%)	5:09	11.6 (73.4%)
19	ROGOŻA Ireneusz	78	BIEGNIJMY.PL	M40-49	4	00:00:11	00:09:51	00:20:35	00:31:24.90	00:31:36.10	+00:08:39 (27.6%)	5:14	11.5 (72.8%)
20	KONKEL Łukasz	77		M30-39	6	00:00:09	00:09:31	00:20:17	00:32:01.15	00:32:10.80	+00:09:16 (28.9%)	5:20	11.2 (70.9%)
21	RASZPLA Radek	83		M40-49	5	00:00:09	00:09:56	00:21:25	00:32:30.30	00:32:39.95	+00:09:45 (30.0%)	5:25	11.1 (70.3%)
22	KOPCZEWSKI Dariusz	26		M50-59	4	00:00:10	00:09:40	00:20:49	00:32:46.95	00:32:57.75	+00:10:01 (30.6%)	5:27	11 (69.6%)
23	JANUSZEWSKI Jacek	48	17 WOG	M50-59	5	00:00:10	00:10:06	00:21:31	00:33:15.65	00:33:25.65	+00:10:30 (31.6%)	5:32	10.8 (68.4%)
24	KOWALCZYK Piotr	86		M30-39	7	00:00:10	00:10:12	00:21:35	00:33:16.90	00:33:27.05	+00:10:31 (31.6%)	5:32	10.8 (68.4%)
25	GRABOWSKA-LESISZ Aneta	79		K30-39	3	00:00:08	00:10:15	00:21:36	00:33:30.80	00:33:39.70	+00:10:45 (32.1%)	5:35	10.7 (67.7%)
26	ROMBALSKA Julia	35		K18-29	2	00:00:08	00:10:22	00:22:12	00:34:17.35	00:34:25.75	+00:11:32 (33.6%)	5:42	10.5 (66.5%)
27	SZAMREJ Piotr	67		M18-29	5	00:00:09	00:10:10	00:22:02	00:34:21.00	00:34:30.15	+00:11:35 (33.8%)	5:43	10.5 (66.5%)
28	KARNICKI Zygmunt	23	TKKF KOSZALIN	M60+	1	00:00:09	00:10:47	00:22:37	00:34:29.25	00:34:38.40	+00:11:44 (34.0%)	5:44	10.4 (65.8%)
29	SOBALA Anna	63		K18-29	3	00:00:09	00:10:12	00:22:15	00:34:31.20	00:34:40.55	+00:11:46 (34.1%)	5:45	10.4 (65.8%)
30	KUPREWICZ Grzegorz	54	JW1223	M30-39	8	00:00:11	00:10:32	00:23:18	00:36:43.25	00:36:54.25	+00:13:58 (38.0%)	6:07	9.8 (62.0%)
	WEBER Paweł	84		M30-39		DNF	00:08:43 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 31 wynik(ów)