



BIEG WALENTYNKOWY 5 KM

B4SPORT

Organizator: Rada Osiedla Jamno - Łabusz, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-02-10
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KONKEL Agnieszka	89		K-30	1	00:20:11.80		4:02	14.9 (100%)
2	CHORAŻY Karolina	22	LEO-TEAM	K-30	2	00:20:49.26	+00:00:37 (3.0%)	4:09	14.4 (96.6%)
3	HAŁKA Justyna	58		K-30	3	00:22:25.88	+00:02:14 (10.0%)	4:29	13.4 (89.9%)
4	AGAPOW Emilia	1		K-30	4	00:22:54.89	+00:02:43 (11.9%)	4:34	13.1 (87.9%)
5	STANKIEWICZ Lucyna	181		K-30	5	00:22:56.62	+00:02:44 (12.0%)	4:35	13.1 (87.9%)
6	ZAGALSKA Paulina	221		K-30	6	00:23:06.79	+00:02:54 (12.6%)	4:37	13 (87.2%)
7	KĘSIK Agnieszka	233	ŚWIAT PŁYTEK U KRYSPIŃ	K-30	7	00:23:12.14	+00:03:00 (13.0%)	4:38	12.9 (86.6%)
8	BORYS Justyna	14	JEDWABIŚCI	K-30	8	00:23:32.57	+00:03:20 (14.2%)	4:42	12.7 (85.2%)
9	KUBIAK Monika	101		K-30	9	00:24:34.52	+00:04:22 (17.8%)	4:55	12.2 (81.9%)
10	PACAN Mira	140	ŚWIAT PŁYTEK U KRYSPIŃ	K-30	10	00:25:07.49	+00:04:55 (19.6%)	5:01	11.9 (79.9%)
11	KOLIGAT Anna	87		K-30	11	00:25:49.88	+00:05:38 (21.8%)	5:10	11.6 (77.9%)
12	CHILLA Danuta	18		K-30	12	00:26:14.18	+00:06:02 (23.0%)	5:14	11.4 (76.5%)
13	SAŁAJ Angelika	170	METALCORP TEAM	K-30	13	00:26:22.98	+00:06:11 (23.4%)	5:16	11.4 (76.5%)
14	HAŁAJKO Magdalena	57	HAISENBERG TEAM	K-30	14	00:26:33.47	+00:06:21 (24.0%)	5:18	11.3 (75.8%)
15	HELAK Małgorzata	61		K-30	15	00:26:49.67	+00:06:37 (24.7%)	5:22	11.2 (75.2%)
16	WĄSOWICZ Anna	205		K-30	16	00:26:55.10	+00:06:43 (25.0%)	5:23	11.1 (74.5%)
17	ROMANOWICZ Monika	163	ZABIEGANE :)	K-30	17	00:27:03.42	+00:06:51 (25.4%)	5:24	11.1 (74.5%)
18	SUCHODOLSKA Aleksandra	186		K-30	18	00:27:04.02	+00:06:52 (25.4%)	5:24	11.1 (74.5%)
19	JEUWŁA Agata	70		K-30	19	00:27:23.93	+00:07:12 (26.3%)	5:28	10.9 (73.2%)
20	KNUT-POTOCZNIK Gabriela	86		K-30	20	00:27:44.71	+00:07:32 (27.2%)	5:33	10.8 (72.5%)
21	MALINOWSKA-BURDA Aleksandra	113		K-30	21	00:27:49.65	+00:07:37 (27.4%)	5:34	10.8 (72.5%)
22	DORAWA-ZIOMEK Anna	40		K-30	22	00:27:54.92	+00:07:43 (27.7%)	5:35	10.7 (71.8%)
23	KILJAN Sylwia	83		K-30	23	00:27:59.76	+00:07:47 (27.9%)	5:36	10.7 (71.8%)
24	MONGIAŁO Aleksandra	125	FAST FEET K-LIN	K-30	24	00:27:59.96	+00:07:48 (27.9%)	5:36	10.7 (71.8%)
25	PRZEDNÓWEK Mariola	157	CZARNE BIEGA	K-30	25	00:28:13.74	+00:08:01 (28.5%)	5:38	10.6 (71.1%)
26	DEPTUŁA-BILL Bożena	34		K-30	26	00:28:29.72	+00:08:17 (29.1%)	5:42	10.5 (70.5%)
27	DUDA Róża	239	BEST BEAST	K-30	27	00:28:48.80	+00:08:37 (29.9%)	5:45	10.4 (69.8%)

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28	OGRODOWCZYK Jagoda	133		K-30	28	00:28:57.31	+00:08:45 (30.2%)	5:47	10.4 (69.8%)
29	PŁOTKA Emilia	154		K-30	29	00:29:07.54	+00:08:55 (30.7%)	5:49	10.3 (69.1%)
30	ZAKOŚCIELNA Katarzyna	222	ZABIEGANE :)	K-30	30	00:29:29.35	+00:09:17 (31.5%)	5:53	10.2 (68.5%)
31	MICHALCZYK Małgorzata	118	JW1223	K-30	31	00:30:16.62	+00:10:04 (33.3%)	6:03	9.9 (66.4%)
32	SAWICZ- WERS Urszula	216		K-30	32	00:30:50.96	+00:10:39 (34.5%)	6:10	9.7 (65.1%)
33	MOLENDĄ Anna	123		K-30	33	00:31:01.92	+00:10:50 (34.9%)	6:12	9.7 (65.1%)
34	PRZYBYSZ Joanna	159	ROZBIEGANY NIEMICA	K-30	34	00:32:28.67	+00:12:16 (37.8%)	6:29	9.2 (61.7%)
35	STANCZEWSKA Karolina	180		K-30	35	00:35:38.91	+00:15:27 (43.3%)	7:07	8.4 (56.4%)
36	SZULC Martyna	194	SZULC RUNNERS TEAM	K-30	36	00:35:41.70	+00:15:29 (43.4%)	7:08	8.4 (56.4%)

Znaleziono 36 wynik(ów)