



## BIEG WALENTYNKOWY 5 KM

B4SPORT

**Organiser:** Rada Osiedla Jamno - Łabusz, Koszalińskie  
Towarzystwo Krzewienia Kultury Fizycznej  
**Date:** 2019-02-10  
**Place:** Koszalin  
**Distance:** 5 km



Classification: K-50

| Place | Participant                   | Number     | Club               | Category | MCat | Net time 5km       | Gap               | Pace min/km | Pace km/h   |
|-------|-------------------------------|------------|--------------------|----------|------|--------------------|-------------------|-------------|-------------|
| 1     | <b>BORUC Barbara</b>          | <b>13</b>  | PARKRUN SZCZECINEK | K-50     | 1    | <b>00:26:22.56</b> |                   | 5:16        | 11.4 (100%) |
| 2     | <b>KOZŁOWIECKA Małgorzata</b> | <b>232</b> |                    | K-50     | 2    | <b>00:30:54.71</b> | +00:04:32 (14.7%) | 6:11        | 9.7 (85.1%) |
| 3     | <b>BUDZYŃSKA Elżbieta</b>     | <b>240</b> |                    | K-50     | 3    | <b>00:30:57.19</b> | +00:04:34 (14.8%) | 6:11        | 9.7 (85.1%) |
| 4     | <b>PEŁKA Iwona</b>            | <b>149</b> |                    | K-50     | 4    | <b>00:31:19.58</b> | +00:04:57 (15.8%) | 6:16        | 9.6 (84.2%) |

Total 4 results.