



**Wydarzenie:** Bieg Walentynkowy  
**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2023-02-18  
**Miejsce:** Koszalin  
**Dystans:** 5 km

## BIEG WALENTYNKOWY

B4SPORT



Klasyfikacja: Premia K - 1 km

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 1.6km	Start_Premii 2.3km	Lap 3.3km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KONKEL Agnieszka	39		Premia K - 1 km	1	00:05:54	00:08:54	00:13:02	<b>00:20:08.55</b>	+00:00:00 (-359,900.0%)	4:01	14.9 (100%)
2	MRÓWKA Katarzyna	65	KAMIENNOGÓRSKA GRUPA BIEGOWA	Premia K - 1 km	2	00:06:17	00:09:23	00:13:37	<b>00:21:00.80</b>	+00:00:05 (-352,228.3%)	4:12	14.3 (96.0%)
3	GUDANIEC Katarzyna	25		Premia K - 1 km	3	00:06:24	00:09:37	00:14:03	<b>00:21:49.20</b>	+00:00:17 (-335,602.2%)	4:21	13.8 (92.6%)
4	MAZIEC Beata	59	BIEGOLAS/TKKF KOSZALIN	Premia K - 1 km	4	00:06:45	00:10:03	00:14:34	<b>00:22:10.80</b>	+00:00:23 (-329,346.5%)	4:26	13.5 (90.6%)
5	DRULIK-HOŁUB Marta	14		Premia K - 1 km	9	00:07:28	00:11:08	00:15:44	<b>00:24:19.80</b>	+00:00:27 (-324,024.2%)	4:51	12.3 (82.6%)
6	KRZEWIŃSKA Małgorzata	46	TKKF KOSZALIN	Premia K - 1 km	5	00:07:01	00:10:24	00:15:04	<b>00:22:59.25</b>	+00:00:31 (-318,814.1%)	4:35	13.1 (87.9%)
7	FEDORCZAK Joanna	16	BIEGOLAS KOSZALIN	Premia K - 1 km	6	00:07:01	00:10:38	00:15:30	<b>00:23:51.20</b>	+00:00:44 (-305,496.4%)	4:46	12.6 (84.6%)
8	RYBAK Daria	85		Premia K - 1 km	7	00:07:13	00:10:42	00:15:37	<b>00:24:11.75</b>	+00:00:46 (-302,903.6%)	4:50	12.4 (83.2%)
9	GIEDROWICZ Aleksandra	23		Premia K - 1 km	8	00:07:09	00:10:41	00:15:40	<b>00:24:13.25</b>	+00:00:50 (-298,745.2%)	4:50	12.4 (83.2%)
10	DRABKOWSKA Agnieszka	13	CUDAK ♥	Premia K - 1 km	12	00:07:22	00:11:01	00:16:02	<b>00:25:02.60</b>	+00:00:53 (-295,921.2%)	5:00	12 (80.5%)
11	ADAMOWICZ Kinga	2		Premia K - 1 km	10	00:07:10	00:10:49	00:15:51	<b>00:24:38.20</b>	+00:00:54 (-294,943.0%)	4:55	12.2 (81.9%)
12	KOLIGAT Anna	38		Premia K - 1 km	13	00:07:37	00:11:21	00:16:32	<b>00:25:24.40</b>	+00:01:02 (-287,482.5%)	5:04	11.8 (79.2%)
13	FOLTYNIEWICZ Grażyna	19		Premia K - 1 km	11	00:07:20	00:10:57	00:16:11	<b>00:24:54.95</b>	+00:01:05 (-284,367.1%)	4:58	12 (80.5%)
14	KUROWSKA Olga	51	SHELTIES RACE	Premia K - 1 km	14	00:07:44	00:11:32	00:16:47	<b>00:25:41.60</b>	+00:01:07 (-283,148.7%)	5:08	11.7 (78.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 1.6km	Start_Premii 2.3km	Lap 3.3km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
15	<b>TOBER-REKSA Edyta</b>	<b>98</b>		Premia K - 1 km	15	00:08:14	00:12:07	00:17:26	<b>00:26:28.15</b>	+00:01:11 (- 279,774.6%)	5:17	11.3 (75.8%)
16	<b>BARTON Krystyna</b>	<b>4</b>	PRZECHLEWO	Premia K - 1 km	17	00:07:44	00:11:32	00:16:53	<b>00:26:34.80</b>	+00:01:13 (- 277,684.7%)	5:18	11.3 (75.8%)
17	<b>FLIS Anna</b>	<b>17</b>		Premia K - 1 km	19	00:08:21	00:12:15	00:17:38	<b>00:26:57.30</b>	+00:01:14 (- 276,694.3%)	5:23	11.1 (74.5%)
18	<b>PAWŁOWSKA Urszula</b>	<b>71</b>		Premia K - 1 km	18	00:08:06	00:12:05	00:17:28	<b>00:26:41.70</b>	+00:01:15 (- 276,180.4%)	5:20	11.2 (75.2%)
19	<b>GANNON Julia</b>	<b>21</b>	KAMIEŃ RYMAŃSKI	Premia K - 1 km	16	00:08:16	00:12:00	00:17:28	<b>00:26:34.65</b>	+00:01:19 (- 272,219.7%)	5:18	11.3 (75.8%)
20	<b>PEŁKA Iwona</b>	<b>72</b>		Premia K - 1 km	22	00:08:31	00:12:37	00:18:17	<b>00:28:02.35</b>	+00:01:31 (- 262,720.1%)	5:36	10.7 (71.8%)
21	<b>WOLF Beata</b>	<b>106</b>	TKKF KOSZALIN	Premia K - 1 km	24	00:08:52	00:13:07	00:18:57	<b>00:28:36.90</b>	+00:01:41 (- 255,022.2%)	5:43	10.5 (70.5%)
22	<b>KUKLIŃSKA Beata</b>	<b>49</b>	DREAM TEAM	Premia K - 1 km	23	00:08:31	00:12:58	00:18:48	<b>00:28:30.95</b>	+00:01:42 (- 254,912.9%)	5:42	10.5 (70.5%)
23	<b>KANIEWSKA Anetta</b>	<b>30</b>		Premia K - 1 km	25	00:08:27	00:12:43	00:18:37	<b>00:28:47.55</b>	+00:01:45 (- 252,210.3%)	5:45	10.4 (69.8%)
24	<b>MIŁEK Emilia</b>	<b>64</b>	KAMIEŃ RYMAŃSKI	Premia K - 1 km	21	00:09:16	00:13:13	00:19:08	<b>00:27:58.65</b>	+00:01:46 (- 251,499.3%)	5:35	10.7 (71.8%)
25	<b>SUDER-MAKSYMOWICZ Monika</b>	<b>93</b>		Premia K - 1 km	26	00:08:57	00:13:13	00:19:10	<b>00:29:18.20</b>	+00:01:49 (- 249,739.1%)	5:51	10.2 (68.5%)
26	<b>BEDNARZ Katarzyna</b>	<b>5</b>		Premia K - 1 km	27	00:09:00	00:13:24	00:19:22	<b>00:29:37.05</b>	+00:01:49 (- 249,669.2%)	5:55	10.1 (67.8%)
27	<b>MAKSYLEWICZ Daniela</b>	<b>55</b>		Premia K - 1 km	33	00:08:52	00:13:34	00:19:43		+00:02:00 (- 242,146.6%)	5:58	10 (67.1%)
28	<b>MALISZEWSKA Natalia</b>	<b>62</b>	KAMIEŃ RYMAŃSKI	Premia K - 1 km	20	00:07:58	00:12:21	00:18:37	<b>00:27:58.50</b>	+00:02:08 (- 237,126.0%)	5:35	10.7 (71.8%)
29	<b>STĘPIEŃ Karolina</b>	<b>92</b>		Premia K - 1 km	28	00:09:08	00:13:47	00:20:22	<b>00:31:33.70</b>	+00:02:27 (- 225,782.4%)	6:18	9.5 (63.8%)
30	<b>ADAMEK Kamila</b>	<b>1</b>		Premia K - 1 km	29	00:09:43	00:14:33	00:21:18	<b>00:32:53.00</b>	+00:02:37 (- 220,126.9%)	6:34	9.1 (61.1%)
31	<b>ZENGOTA Dominika</b>	<b>109</b>	KAMIEŃ RYMAŃSKI	Premia K - 1 km	30	00:10:21	00:15:11	00:22:00	<b>00:33:37.65</b>	+00:02:41 (- 217,922.0%)	6:43	8.9 (59.7%)
32	<b>WALKOWIAK Daria</b>	<b>100</b>		Premia K - 1 km	31	00:09:32	00:15:22	00:22:33	<b>00:34:36.85</b>	+00:03:03 (- 206,950.1%)	6:55	8.7 (58.4%)
33	<b>KRZYSZTOFIK Katarzyna</b>	<b>47</b>		Premia K - 1 km	32	00:09:32	00:15:22	00:22:33	<b>00:34:38.05</b>	+00:03:03 (- 206,854.1%)	6:55	8.7 (58.4%)

Znaleziono 33 wynik(ów)