



BIEG WEGAŃSKI 10 KM

B4SPORT

Wydarzenie: 11 Wirtualny Bieg Wegański
Organizator: Fundacja Run Vegan
Data: 2020-05-17
Miejsce: Warszawa
Dystans: 10 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BRZOSKA Małgorzata	13	BRACTWO BIEGOWE BGK	K30-49	1	00:00:00	00:43:14.00	00:43:14.00		4:19	13.9 (100%)
2	PLUSZKA Adam	83	VEGE RUNNERS	M30-49	1	00:00:00	00:46:54.00	00:46:54.00	+00:03:40 (7.8%)	4:41	12.8 (92.1%)
3	MOGIŁKO Natalia	69		K30-49	2	00:00:00	00:48:17.00	00:48:17.00	+00:05:03 (10.5%)	4:49	12.4 (89.2%)
4	BENNEWICZ Jakub	7		M30-49	2	00:00:00	00:49:02.00	00:49:02.00	+00:05:48 (11.8%)	4:54	12.2 (87.8%)
5	CIEŚLAK Przemysław	17	VEGE RUNNERS	M30-49	3	00:00:00	00:50:17.00	00:50:17.00	+00:07:03 (14.0%)	5:01	11.9 (85.6%)
6	MODRZEJEWSKI Piotr	68	MODIWI SPORT GROUP	M1-29	1	00:00:00	00:50:36.00	00:50:36.00	+00:07:22 (14.6%)	5:03	11.9 (85.6%)
7	JÓŻWIK Grzegorz	36		M30-49	4	00:00:00	00:51:52.00	00:51:52.00	+00:08:38 (16.6%)	5:11	11.6 (83.5%)
8	BANKOWSKI Bartłomiej	3	VEGE RUNNERS	M30-49	5	00:00:00	00:51:57.00	00:51:57.00	+00:08:43 (16.8%)	5:11	11.5 (82.7%)
9	Ó PROINSIAS Keith	77		M30-49	6	00:00:00	00:52:10.00	00:52:10.00	+00:08:56 (17.1%)	5:13	11.5 (82.7%)
10	DOZA Boris Stefan	22	MONASTIC	M50+	1	00:00:00	00:52:26.00	00:52:26.00	+00:09:12 (17.5%)	5:14	11.4 (82.0%)
11	KUROPATWIŃSKI Tomasz	54		M30-49	7	00:00:00	00:53:29.00	00:53:29.00	+00:10:15 (19.2%)	5:20	11.2 (80.6%)
12	ŁUKASIK Karina	63	RUNBAZYLRUN	K30-49	3	00:00:00	00:54:15.00	00:54:15.00	+00:11:01 (20.3%)	5:25	11.1 (79.9%)
12	STAŃSKA Joanna	99		K30-49	3	00:00:00	00:54:15.00	00:54:15.00	+00:11:01 (20.3%)	5:25	11.1 (79.9%)
14	FESOŁOWICZ Sławomir	24		M30-49	8	00:00:00	00:54:52.00	00:54:52.00	+00:11:38 (21.2%)	5:29	10.9 (78.4%)
15	GAGLIARDI Alfredo	25	VEGAN POWER TEAM	M30-49	9	00:00:00	00:55:17.00	00:55:17.00	+00:12:03 (21.8%)	5:31	10.9 (78.4%)
16	BĄK Martyna	6		K1-29	1	00:00:00	00:55:44.00	00:55:44.00	+00:12:30 (22.4%)	5:34	10.8 (77.7%)
17	GROSS Radek	31	VEGE RUNNERS	M30-49	10	00:00:00	00:55:54.00	00:55:54.00	+00:12:40 (22.7%)	5:35	10.7 (77.0%)
18	SZCZĘSNY Paweł	106		M30-49	11	00:00:00	00:56:03.00	00:56:03.00	+00:12:49 (22.9%)	5:36	10.7 (77.0%)
19	KUBIAK Sławomir	52		M30-49	12	00:00:00	00:56:07.00	00:56:07.00	+00:12:53 (23.0%)	5:36	10.7 (77.0%)
20	SKOWROŃSKI Marcin	96	VEGE RUNNERS	M30-49	13	00:00:00	00:56:21.00	00:56:21.00	+00:13:07 (23.3%)	5:38	10.6 (76.3%)
21	ŚWIĄTKOWSKI-OKOŃSKI Marek	108	FUJITSU RUNNING TEAM	M30-49	14	00:00:00	00:57:21.00	00:57:21.00	+00:14:07 (24.6%)	5:44	10.5 (75.5%)
22	MAZUR Ewa	65		K30-49	5	00:00:00	00:58:39.00	00:58:39.00	+00:15:25 (26.3%)	5:51	10.2 (73.4%)
23	DOBOSZ Piotr	19	WŚCIEKŁE PIĘŚCI WĘŻA	M30-49	15	00:00:00	00:58:53.00	00:58:53.00	+00:15:39 (26.6%)	5:53	10.2 (73.4%)
24	HAWĘŁKA Michał	34	OTWARTE KLATKI	M1-29	2	00:00:00	00:59:14.00	00:59:14.00	+00:16:00 (27.0%)	5:55	10.1 (72.7%)
25	KOWALCZYK Anna	50	DOGOŃ GRODZISK MAZOWIECKI	K30-49	6	00:00:00	00:59:57.00	00:59:57.00	+00:16:43 (27.9%)	5:59	10 (71.9%)
26	STĘPIEŃ Teresa	100		K50+	1	00:00:00	01:00:00.00	01:00:00.00	+00:16:46 (27.9%)	6:00	10 (71.9%)
27	KĘPKA Agnieszka	41		K30-49	7	00:00:00	01:00:07.00	01:00:07.00	+00:16:53 (28.1%)	6:00	10 (71.9%)
28	BATOR Zbigniew	5		M50+	2	00:00:00	01:00:32.00	01:00:32.00	+00:17:18 (28.6%)	6:03	9.9 (71.2%)
29	PAWELEC Krystyna	78	DOGOŃ GRODZISK MAZOWIECKI	K50+	2	00:00:00	01:00:58.00	01:00:58.00	+00:17:44 (29.1%)	6:05	9.8 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
30	POPIELSKI Błażej	86		M30-49	16	00:00:00	01:01:07.00	01:01:07.00	+00:17:53 (29.3%)	6:06	9.8 (70.5%)
31	GROCHOWSKA Joanna	30	BIEGAMY Z OCHOTĄ	K50+	3	00:00:00	01:02:18.00	01:02:18.00	+00:19:04 (30.6%)	6:13	9.6 (69.1%)
32	DOBOSZ Aneta	20	WŚCIEKŁE PIĘŚCI WĘŻA	K30-49	8	00:00:00	01:02:26.00	01:02:26.00	+00:19:12 (30.8%)	6:14	9.6 (69.1%)
33	SIWEK Sylwia	95		K1-29	2	00:00:00	01:02:38.00	01:02:38.00	+00:19:24 (31.0%)	6:15	9.6 (69.1%)
34	POTONIEC Katarzyna	87		K30-49	9	00:00:00	01:02:53.00	01:02:53.00	+00:19:39 (31.2%)	6:17	9.5 (68.3%)
35	SZOSTAKOWSKI Jarosław	107		M50+	3	00:00:00	01:04:14.00	01:04:14.00	+00:21:00 (32.7%)	6:25	9.3 (66.9%)
36	STOLARCZUK Marek	102	AMSTO	M50+	4	00:00:00	01:05:20.00	01:05:20.00	+00:22:06 (33.8%)	6:32	9.2 (66.2%)
37	KOWALCZYK Bogdan	49		M50+	5	00:00:00	01:05:25.00	01:05:25.00	+00:22:11 (33.9%)	6:32	9.2 (66.2%)
38	BARDADYN Ula	4	WARSZAWSKI KLUB ROGATEGO MORSA	K30-49	10	00:00:00	01:05:26.00	01:05:26.00	+00:22:12 (33.9%)	6:32	9.2 (66.2%)
39	KWIATKOWSKA Marta	55		K1-29	3	00:00:00	01:06:07.00	01:06:07.00	+00:22:53 (34.6%)	6:36	9.1 (65.5%)
40	PIERAŃSKI Adam	80	VEGE RUNNERS	M50+	6	00:00:00	01:06:24.00	01:06:24.00	+00:23:10 (34.9%)	6:38	9 (64.7%)
41	ŁAPIŃSKI Paweł	59	VEGE RUNNERS	M30-49	17	00:00:00	01:07:00.00	01:07:00.00	+00:23:46 (35.5%)	6:42	9 (64.7%)
42	MYŚLIBORSKA Olga	71		K30-49	11	00:00:00	01:07:45.00	01:07:45.00	+00:24:31 (36.2%)	6:46	8.9 (64.0%)
43	SILSKA Magdalena	455		K30-49	12	00:00:00	01:08:00.00	01:08:00.00	+00:24:46 (36.4%)	13:36	4.4 (31.7%)
44	GRZYB Kasia	32	VEGE RUNNERS	K1-29	4	00:00:00	01:08:40.00	01:08:40.00	+00:25:26 (37.0%)	6:52	8.7 (62.6%)
45	BURDA Katarzyna	14	BOSKIE BORÓWKI	K30-49	13	00:00:00	01:11:28.00	01:11:28.00	+00:28:14 (39.5%)	7:08	8.4 (60.4%)
46	WIDALSKA Marta	111	DOGOŃ GRODZISK MAZOWIECKI	K30-49	14	00:00:00	01:12:19.00	01:12:19.00	+00:29:05 (40.2%)	7:13	8.3 (59.7%)
47	ZAKRZEWSKI Piotr	113		M30-49	18	00:00:00	01:13:29.00	01:13:29.00	+00:30:15 (41.2%)	7:20	8.2 (59.0%)
48	ZAWALSKA Izabela	114		K30-49	15	00:00:00	01:14:31.00	01:14:31.00	+00:31:17 (42.0%)	7:27	8.1 (58.3%)
49	OKOŃSKA-ŚWIĄTKOWSKA Lidia	75		K30-49	16	00:00:00	01:18:27.00	01:18:27.00	+00:35:13 (44.9%)	7:50	7.6 (54.7%)
50	LEBUDA Ewa	57		K30-49	17	00:00:00	01:20:01.00	01:20:01.00	+00:36:47 (46.0%)	8:00	7.5 (54.0%)
51	SILSKI Rafał	124		M30-49	19	00:00:00	01:27:00.00	01:27:00.00	+00:43:46 (50.3%)	8:42	6.9 (49.6%)
52	MARZEWSKA Alicja	123		K50+	4	00:00:00	02:16:41.00	02:16:41.00	+01:33:27 (68.4%)	13:40	4.4 (31.7%)

Znaleziono 52 wynik(ów)