



BIEG WEGAŃSKI 10 KM

B4SPORT

Wydarzenie: 13. Bieg Wegański
Organizator: Fundacja Run Vegan
Data: 2022-06-04
Miejsce: Warszawa
Dystans: 10 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: M50+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MAZUR Marek	122		M50+	1	00:20:36	00:42:07.70	00:42:11.00		4:12	14.2 (100%)
2	GRZYBOWSKI Mariusz	55		M50+	2	00:21:33	00:44:23.95	00:44:27.45	+00:02:16 (5.1%)	4:26	13.5 (95.1%)
3	OLSZAK Zenon	140	OŻARÓW BIEGA	M50+	3	00:23:16	00:46:28.65	00:46:33.00	+00:04:22 (9.4%)	4:38	12.9 (90.8%)
4	JAKUBOWSKI Dariusz	65	BIEGAM SOBIE	M50+	4	00:22:55	00:46:42.45	00:46:47.90	+00:04:36 (9.9%)	4:40	12.8 (90.1%)
5	TELEŚNICKI Grzegorz	206	BBL_GROTY	M50+	5	00:23:56	00:47:45.95	00:47:56.75	+00:05:45 (12.0%)	4:46	12.6 (88.7%)
6	STEPOWICZ Marek	191	VEGE RUNNERS	M50+	6	00:23:41	00:48:26.30	00:48:33.85	+00:06:22 (13.1%)	4:50	12.4 (87.3%)
7	KACPROWSKI Tadeusz	73		M50+	7	00:25:11	00:52:41.60	00:52:59.30	+00:10:48 (20.4%)	5:16	11.4 (80.3%)
8	MAMAJ Adam	114	WARSZAWABIEGA	M50+	8	00:26:24	00:53:33.75	00:53:44.85	+00:11:33 (21.5%)	5:21	11.2 (78.9%)
9	KISZCZYC Artur	84		M50+	9	00:26:02	00:53:48.30	00:54:01.95	+00:11:50 (21.9%)	5:22	11.2 (78.9%)
10	HEBA Grzegorz	58		M50+	10	00:28:14	00:56:53.15	00:57:09.30	+00:14:58 (26.2%)	5:41	10.5 (73.9%)
11	MAJER Krzysztof	111		M50+	11	00:27:34	00:57:29.25	00:57:42.80	+00:15:31 (26.9%)	5:44	10.4 (73.2%)
12	CZAPSKI Piotr	24		M50+	12	00:27:58	00:58:12.40	00:58:21.55	+00:16:10 (27.7%)	5:49	10.3 (72.5%)
13	TAUSZYŃSKI Tomasz	205		M50+	13	00:29:45	00:58:58.65	00:59:08.80	+00:16:57 (28.7%)	5:53	10.2 (71.8%)
14	BOBROWSKI Marcin	17		M50+	14	00:30:45	00:59:48.35	01:00:07.50	+00:17:56 (29.8%)	5:58	10 (70.4%)
15	JUDEK Krzysztof	72		M50+	15	00:29:01	01:00:23.35	01:00:38.85	+00:18:27 (30.4%)	6:02	9.9 (69.7%)
16	WIECHA Marcin	215		M50+	16	00:29:46	01:01:19.45	01:01:30.00	+00:19:19 (31.4%)	6:07	9.8 (69.0%)
17	OSIŃSKI Stanisław	141		M50+	17	00:30:12	01:01:45.30	01:01:58.60	+00:19:47 (31.9%)	6:10	9.7 (68.3%)
18	JABŁONOWSKI Janusz	61	RĄCZE ŚLIMAKI	M50+	18	00:32:35	01:07:58.55	01:08:20.20	+00:26:09 (38.3%)	6:47	8.8 (62.0%)
19	WYKRĘT Krzysztof	226		M50+	19	00:31:31	01:08:11.65	01:08:28.55	+00:26:17 (38.4%)	6:49	8.8 (62.0%)
20	BIERNACKI Adam	15		M50+	20	00:34:42	01:12:02.00	01:12:13.55	+00:30:02 (41.6%)	7:12	8.3 (58.5%)
21	SZOSTAKOWSKI Jarosław	200	BIEGAMY Z OCHOTĄ	M50+	21	00:38:58	01:21:46.10	01:22:12.30	+00:40:01 (48.7%)	8:10	7.3 (51.4%)
22	CZECHOWSKI Jerzy	26	MZA - WARSZAWA	M50+	22	00:42:35	01:26:31.70	01:26:52.40	+00:44:41 (51.4%)	8:39	6.9 (48.6%)
23	BIELECKI Jacek	12		M50+	23	00:29:21			+00:09:02	5:52	10.2 (71.8%)
24	MALER Władysław	113	NEW BALANCE RUN CLUB	M50+	24	00:32:57			+00:12:27	6:35	9.1 (64.1%)
25	FAŁATOWICZ Ryszard	38		M50+	25	00:35:47			+00:15:28	7:09	8.4 (59.2%)

Znaleziono 25 wynik(ów)