



BIEG WEGAŃSKI 21 KM

B4SPORT

Wydarzenie: Bieg Wegański
Organizator: Fundacja Run Vegan
Data: 2019-05-19
Miejsce: Warszawa
Dystans: 21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 7km	Start_All 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	LITWINIUK Hanna	868		K30-49	1	00:00:02	00:33:22	01:06:32	01:39:36.95	01:39:39.90		4:44	12.6 (100%)
2	GRABOŚ Nina	834		K30-49	2	00:00:15	00:33:23	01:08:20	01:43:09.60	01:43:24.75	+00:03:32 (3.4%)	4:54	12.2 (96.8%)
3	WINKOWSKA-STRUZIK Magdalena	925	DUKLANOWSKI TEAM / ADIDAS RUNNERS WARSAW	K30-49	3	00:00:04	00:33:44	01:08:23	01:43:10.25	01:43:15.15	+00:03:33 (3.4%)	4:54	12.2 (96.8%)
4	WASIK Marta	921		K30-49	4	00:00:04	00:34:51	01:10:24	01:46:32.60	01:46:36.70	+00:06:55 (6.5%)	5:04	11.8 (93.7%)
5	GALA Kamila	831	NAPRZÓD MŁOCINY	K30-49	5	00:00:06	00:37:08	01:13:47	01:50:40.75	01:50:47.05	+00:11:03 (10.0%)	5:16	11.4 (90.5%)
6	DI MICHELE Alessia	820	A.S.D. VEGAN POWER TIME	K30-49	6	00:00:05	00:37:45	01:16:00	01:53:52.95	01:53:58.05	+00:14:16 (12.5%)	5:25	11.1 (88.1%)
7	BRZozowska Joanna	811	AZS ZADYSZKA	K1-29	1	00:00:05	00:37:25	01:15:21	01:54:39.95	01:54:45.70	+00:15:03 (13.1%)	5:27	11 (87.3%)
8	ZAJĄC Dorota	930		K50+	1	00:00:07	00:37:22	01:15:53	01:55:05.85	01:55:13.65	+00:15:28 (13.5%)	5:28	10.9 (86.5%)
9	IDRYJAN Karolina	840		K30-49	7	00:00:15	00:37:29	01:15:54	01:56:29.15	01:56:44.60	+00:16:52 (14.5%)	5:32	10.8 (85.7%)
10	RACZYŃSKA Magdalena	893	VEGE RUNNERS	K1-29	2	00:00:05	00:37:41	01:16:49	01:57:27.25	01:57:32.30	+00:17:50 (15.2%)	5:35	10.7 (84.9%)
11	GRZYWACZ Natalia	839		K30-49	8	00:00:08	00:39:36	01:18:34	01:57:45.50	01:57:54.40	+00:18:08 (15.4%)	5:36	10.7 (84.9%)
12	STEFANIUK Marzena	903		K30-49	9	00:00:04	00:38:43	01:18:02	01:57:48.65	01:57:53.30	+00:18:11 (15.4%)	5:36	10.7 (84.9%)
13	ORLI Serena	881	VEGAN POWER TEAM	K30-49	10	00:00:04	00:39:38	01:18:41	01:58:23.65	01:58:28.25	+00:18:46 (15.9%)	5:38	10.6 (84.1%)
14	GALEWICZ Ewa	832	GĄBIN BIEGA	K1-29	3	00:00:12	00:39:31	01:19:11	01:59:06.45	01:59:19.40	+00:19:29 (16.4%)	5:40	10.6 (84.1%)
15	WAGNER Jolanta	920		K50+	2	00:00:07	00:39:40	01:19:15	01:59:24.65	01:59:32.55	+00:19:47 (16.6%)	5:41	10.6 (84.1%)

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16	POSUNIAK Karolina	891		K1-29	4	00:00:08	00:41:12	01:22:03	02:00:40.45	02:00:49.40	+00:21:03 (17.5%)	5:44	10.4 (82.5%)
17	GOŁASZEWSKA Ewa	833		K1-29	5	00:00:09	00:39:19	01:19:19	02:00:40.75	02:00:50.10	+00:21:03 (17.5%)	5:44	10.4 (82.5%)
18	RĄB Agnieszka	895		K30-49	11	00:00:11	00:39:55	01:20:40	02:02:26.20	02:02:37.30	+00:22:49 (18.6%)	5:49	10.3 (81.7%)
19	KRÓLAK Magda	864	TENPO PRYMA SORT	K30-49	12	00:00:06	00:39:42	01:20:49	02:02:49.30	02:02:55.60	+00:23:12 (18.9%)	5:50	10.3 (81.7%)
20	JANOWSKA Katarzyna	843	YOUNG4EVER	K30-49	13	00:00:05	00:40:41	01:22:55	02:03:27.15	02:03:33.00	+00:23:50 (19.3%)	5:52	10.2 (81.0%)
21	ZAWALSKA Izabela	931		K30-49	14	00:00:12	00:41:13	01:22:05	02:03:46.65	02:03:59.25	+00:24:09 (19.5%)	5:53	10.2 (81.0%)
22	KROPIAK Katarzyna	863	VEGE RUNNERS	K30-49	15	00:00:08	00:40:28	01:22:00	02:04:40.00	02:04:48.05	+00:25:03 (20.1%)	5:56	10.1 (80.2%)
23	JAWOROWICZ Dobrochna	845	KS PEGAZ	K30-49	16	00:00:09	00:40:19	01:21:59	02:04:56.50	02:05:06.15	+00:25:19 (20.3%)	5:57	10.1 (80.2%)
24	KOPERSKA Anna Maria	857		K30-49	17	00:00:13	00:41:53	01:24:30	02:09:27.25	02:09:41.20	+00:29:50 (23.0%)	6:09	9.7 (77.0%)
25	ANDREJCZUK Magdalena	800		K30-49	18	00:00:16	00:39:31	01:23:15	02:13:02.00	02:13:18.10	+00:33:25 (25.1%)	6:20	9.5 (75.4%)
26	KUBÓW Magdalena	866		K1-29	6	00:00:08	00:42:06	01:26:50	02:13:14.45	02:13:22.85	+00:33:37 (25.2%)	6:20	9.5 (75.4%)
27	ROMANOWSKA Beata	896	RUN VEGAN TEAM	K50+	3	00:00:07	00:41:55	01:26:10	02:13:17.95	02:13:25.60	+00:33:41 (25.3%)	6:20	9.5 (75.4%)
28	DOBOSZ Aneta	822	WŚCIEKŁE PIĘŚCI WĘŻA	K30-49	19	00:00:14	00:43:11	01:27:29	02:14:27.05	02:14:41.90	+00:34:50 (25.9%)	6:24	9.4 (74.6%)
29	DZIKOŃ Małgorzata	828	BIAŁOSTOCKA SEKTA BIEGACZY	K30-49	20	00:00:09	00:43:55	01:29:05	02:14:55.80	02:15:05.35	+00:35:18 (26.2%)	6:25	9.3 (73.8%)
30	WOJCIECHOWSKA Ewa	927	BOLESŁAW	K30-49	21	00:00:09	00:42:41	01:28:52	02:15:26.45	02:15:35.65	+00:35:49 (26.5%)	6:26	9.3 (73.8%)
31	KARESKA Ana	851	NRC - NIKE + RUN CLUB SKOPJE	K30-49	22	00:00:08	00:42:37	01:27:04	02:15:48.45	02:15:56.70	+00:36:11 (26.6%)	6:28	9.3 (73.8%)
32	GROCHOWSKA Joanna	835	BIEGAMY Z OCHOTĄ	K50+	4	00:00:17	00:44:15	01:29:43	02:16:21.05	02:16:38.70	+00:36:44 (26.9%)	6:29	9.2 (73.0%)
33	STRZELECKA Izabela	905		K30-49	23	00:00:11	00:43:03	01:29:15	02:17:08.05	02:17:19.75	+00:37:31 (27.4%)	6:31	9.2 (73.0%)
34	RYBAK Anna	897		K30-49	24	00:00:12	00:42:26	01:28:29	02:17:28.75	02:17:41.05	+00:37:51 (27.5%)	6:32	9.2 (73.0%)
35	BRYŚ Magdalena	810		K1-29	7	00:00:06	00:42:21	01:29:21	02:19:15.75	02:19:21.75	+00:39:38 (28.5%)	6:37	9 (71.4%)
36	SZMIGIEL Joanna	913		K30-49	25	00:00:04	00:42:23	01:29:24	02:19:17.50	02:19:21.70	+00:39:40 (28.5%)	6:37	9 (71.4%)
37	CYBUL Izabela	816		K1-29	8	00:00:14	00:45:29	01:30:13	02:20:12.75	02:20:27.70	+00:40:35 (29.0%)	6:40	9 (71.4%)
38	KUBIAK Marta	865		K30-49	26	00:00:11	00:46:05	01:31:54	02:20:21.40	02:20:33.10	+00:40:44 (29.0%)	6:41	9 (71.4%)

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39	MACHNIO Iwona	869		K30-49	27	00:00:11	00:46:05	01:31:51	02:20:22.90	02:20:34.45	+00:40:45 (29.0%)	6:41	9 (71.4%)
40	KOZIOŁ Ewa	860		Biegi z psem Kobiety	1	00:00:16	00:43:44	01:29:38	02:20:41.00	02:20:57.05	+00:41:04 (29.2%)	6:41	9 (71.4%)
41	JÓŹWIK Barbara	847		K50+	5	00:00:09	00:46:36	01:36:44	02:29:39.50	02:29:48.70	+00:50:02 (33.4%)	7:07	8.4 (66.7%)
42	KĄKOL Agata	855		K1-29	9	00:00:04	00:48:00	01:38:12	02:30:58.00	02:31:02.90	+00:51:21 (34.0%)	7:11	8.3 (65.9%)
43	KĄKOL Dorota	854		K50+	6	00:00:05	00:47:59	01:38:12	02:30:59.45	02:31:04.55	+00:51:22 (34.0%)	7:11	8.3 (65.9%)
44	WIDALSKA Marta	922	BIEGI GRODZISK MAZOWIECKI	K30-49	28	00:00:13	00:51:05	01:46:09	02:44:05.00	02:44:18.00	+01:04:28 (39.3%)	7:48	7.7 (61.1%)
45	WYSOCKA Aleksandra	929		K30-49	29	00:00:10	00:50:15	01:45:55	02:46:29.90	02:46:40.25	+01:06:52 (40.2%)	7:55	7.6 (60.3%)
46	KASIEKSKA Ewa Katarzyna	852	WKB META LUBLINIEC	K50+	7	00:00:17	00:56:24	01:55:26	02:49:49.85	02:50:07.80	+01:10:12 (41.3%)	8:05	7.4 (58.7%)

Znaleziono 46 wynik(ów)