



BIEG WEGAŃSKI 21 KM

B4SPORT

Wydarzenie: Bieg Wegański
Organizator: Fundacja Run Vegan
Data: 2019-05-19
Miejsce: Warszawa
Dystans: 21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 7km	Start_All 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	RYNKIEWICZ Jarosław	899		M30-49	1	00:00:03	00:29:59	00:59:30	01:29:13.65	01:29:16.90		4:14	14.1 (100%)
2	DI MANNO Antonio	819	VEGAN POWER TEAM	M30-49	2	00:00:03	00:29:58	01:00:05	01:30:22.60	01:30:25.95	+00:01:08 (1.3%)	4:18	13.9 (98.6%)
3	NGUYEN HA Piotr	877	ANG SPÓŁDZIELNIA	M30-49	3	00:00:02	00:29:58	01:00:03	01:30:31.55	01:30:34.50	+00:01:17 (1.4%)	4:18	13.9 (98.6%)
4	VASHKEVICH Vital	919	KUŹNIA TRIATHLONU	M30-49	4	00:00:03	00:31:02	01:02:07	01:32:48.50	01:32:51.70	+00:03:34 (3.9%)	4:25	13.6 (96.5%)
5	SWORSKI Roman	907	VEGAN & VEGE RUNNERS / KASTYO	M30-49	5	00:00:02	00:29:58	01:00:31	01:34:17.55	01:34:19.70	+00:05:03 (5.4%)	4:29	13.4 (95.0%)
6	STRZELECKI Paweł	906		M30-49	6	00:00:11	00:32:15	01:04:55	01:37:01.75	01:37:13.55	+00:07:48 (8.0%)	4:37	13 (92.2%)
7	PELATI Fabrizio	886	VEGAN PAWER TEAM	M30-49	7	00:00:02	00:32:15	01:05:02	01:38:11.70	01:38:14.50	+00:08:58 (9.1%)	4:40	12.8 (90.8%)
8	SZCZEPKOWSKI Przemysław	911		M30-49	8	00:00:03	00:30:45	01:04:11	01:38:16.80	01:38:20.25	+00:09:03 (9.2%)	4:40	12.8 (90.8%)
9	NACZAS Łukasz	875		M30-49	9	00:00:05	00:33:31	01:06:47	01:39:36.60	01:39:41.90	+00:10:22 (10.4%)	4:44	12.7 (90.1%)
10	JAWOROWICZ Tomasz	844	KS PEGAZ	M30-49	10	00:00:04	00:31:43	01:06:21	01:41:04.75	01:41:09.40	+00:11:51 (11.7%)	4:48	12.5 (88.7%)
11	PANKOWSKI Grzegorz	885	KOSI MAZAKI TEAM	M30-49	11	00:00:03	00:33:38	01:07:16	01:41:16.95	01:41:20.30	+00:12:03 (11.9%)	4:49	12.4 (87.9%)
12	BIEL Łukasz	806	VEGE RUNNERS	M30-49	12	00:00:06	00:34:23	01:08:16	01:42:02.75	01:42:09.70	+00:12:49 (12.6%)	4:51	12.3 (87.2%)
13	ZIOLKOWSKI Marek	933	VEGAN RUNNERS	M30-49	13	00:00:03	00:32:19	01:06:55	01:42:11.80	01:42:15.30	+00:12:58 (12.7%)	4:52	12.3 (87.2%)
14	GRZEGORCZYK Maciej	837		M30-49	14	00:00:05	00:34:10	01:08:50	01:44:03.45	01:44:09.20	+00:14:49 (14.3%)	4:57	12.1 (85.8%)
15	BAŃKOWSKI Bartłomiej	802	VEGE RUNNERS	M30-49	15	00:00:06	00:34:30	01:08:55	01:44:08.95	01:44:15.40	+00:14:55 (14.3%)	4:57	12.1 (85.8%)

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16	TOBOTA Maciej	917		M30-49	16	00:00:04	00:33:53	01:09:25	01:45:25.95	01:45:30.00	+00:16:12 (15.4%)	5:01	12 (85.1%)
17	SOKALSKI Grzegorz	969		M30-49	17	00:00:05	00:34:20	01:09:46	01:45:41.70	01:45:46.90	+00:16:28 (15.6%)	5:01	11.9 (84.4%)
18	STEPOWICZ Marek	904	VEGE RUNNERS	M30-49	18	00:00:05	00:34:49	01:11:01	01:47:40.55	01:47:46.15	+00:18:26 (17.1%)	5:07	11.7 (83.0%)
19	KORYCKI Karol	858		M30-49	19	00:00:10	00:33:10	01:09:52	01:48:48.95	01:48:59.80	+00:19:35 (18.0%)	5:10	11.6 (82.3%)
20	TKACZYK Szymon	916		M30-49	20	00:00:09	00:34:24	01:11:18	01:49:17.40	01:49:26.75	+00:20:03 (18.4%)	5:12	11.5 (81.6%)
21	SIENKIEWICZ Grzegorz	900		M30-49	21	00:00:13	00:36:43	01:12:48	01:50:27.15	01:50:41.10	+00:21:13 (19.2%)	5:15	11.4 (80.9%)
22	KRASUSKI Łukasz	862		M30-49	22	00:00:13	00:35:35	01:11:33	01:51:48.85	01:52:02.60	+00:22:35 (20.2%)	5:19	11.3 (80.1%)
23	RYDZ Marcin	898		M30-49	23	00:00:11	00:38:23	01:15:33	01:55:06.00	01:55:17.25	+00:25:52 (22.5%)	5:28	10.9 (77.3%)
24	BIRSKI Piotr	809		M30-49	24	00:00:04	00:36:39	01:15:05	01:56:47.80	01:56:52.10	+00:27:34 (23.6%)	5:33	10.8 (76.6%)
25	JURCZUK Sławomir	849		M30-49	25	00:00:05	00:37:02	01:16:33	01:57:22.00	01:57:27.75	+00:28:08 (24.0%)	5:35	10.7 (75.9%)
26	MANEK Tomasz	871		M30-49	26	00:00:08	00:39:10	01:18:46	01:57:26.00	01:57:34.60	+00:28:12 (24.0%)	5:35	10.7 (75.9%)
27	KOZIARA Maciek	859	SKLEP BIEGACZA RUNNING TEAM	M30-49	27	00:00:06	00:38:52	01:18:25	01:57:46.05	01:57:52.60	+00:28:32 (24.2%)	5:36	10.7 (75.9%)
28	DWORAKOWSKI Adam	827		M30-49	28	00:00:10	00:39:47	01:19:03	01:59:26.20	01:59:36.35	+00:30:12 (25.3%)	5:41	10.5 (74.5%)
29	SYPNIEWSKI Tomasz	908	EMO OI!	M30-49	29	00:00:16	00:36:36	01:17:22	02:00:47.50	02:01:03.55	+00:31:33 (26.1%)	5:45	10.4 (73.8%)
30	WRONOWSKI Dariusz	928		M30-49	30	00:00:07	00:38:26	01:18:22	02:01:43.05	02:01:50.30	+00:32:29 (26.7%)	5:47	10.4 (73.8%)
31	PTASIŃSKI Piotr	892		M30-49	31	00:00:14	00:38:10	01:19:08	02:02:01.20	02:02:16.10	+00:32:47 (26.9%)	5:48	10.3 (73.0%)
32	OZIĘBŁO Marcin	883	WULKANY MIŁOŚCI	M30-49	32	00:00:10	00:41:10	01:21:38	02:03:22.65	02:03:33.45	+00:34:09 (27.7%)	5:52	10.2 (72.3%)
33	WILK Konrad	924	TY	M30-49	33	00:00:12	00:41:44	01:23:08	02:04:33.45	02:04:45.95	+00:35:19 (28.4%)	5:55	10.1 (71.6%)
34	PERZYŃSKI Michał	887	VEGE RUNNERS	M30-49	34	00:00:06	00:39:36	01:22:10	02:05:07.55	02:05:14.50	+00:35:53 (28.7%)	5:57	10.1 (71.6%)
35	RĄB Łukasz	894		M30-49	35	00:00:10	00:40:26	01:23:49	02:06:27.95	02:06:38.90	+00:37:14 (29.4%)	6:01	10 (70.9%)
36	KRALCZYŃSKI Łukasz	861	SPELEOKLUB WARSZAWSKI	M30-49	36	00:00:11	00:38:58	01:21:29	02:06:33.25	02:06:44.95	+00:37:19 (29.5%)	6:01	10 (70.9%)
37	DUDKO Mikalai	826	JACEKBIEGA RUNNING TEAM	M30-49	37	00:00:12	00:44:25	01:26:43	02:06:52.20	02:07:04.65	+00:37:38 (29.7%)	6:02	9.9 (70.2%)
38	JANKOWSKI Mateusz	842	VEGE RUNNERS	M30-49	38	00:00:07	00:39:40	01:22:09	02:06:58.60	02:07:05.60	+00:37:44 (29.7%)	6:02	9.9 (70.2%)

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39	JESIOŁOWSKI Robert	846		M30-49	39	00:00:07	00:38:51	01:21:31	02:07:06.80	02:07:14.55	+00:37:53 (29.8%)	6:03	9.9 (70.2%)
40	MALISZEWSKI Konrad	870		M30-49	40	00:00:02	00:39:37	01:24:37	02:07:10.00	02:07:12.00	+00:37:56 (29.8%)	6:03	9.9 (70.2%)
41	DOBOSZ Piotr	823	WŚCIEKŁE PIĘŚCI WĘŻA	M30-49	41	00:00:13	00:42:14	01:26:42	02:10:48.70	02:11:02.05	+00:41:35 (31.8%)	6:13	9.6 (68.1%)
42	PŁOTAST Marek	890	DZIKIE ŻYCIE RUN TEAM	M30-49	42	00:00:16	00:41:47	01:25:00	02:11:56.70	02:12:12.80	+00:42:43 (32.4%)	6:16	9.6 (68.1%)
43	WODZYŃSKI Robert	935		M30-49	43	00:00:09	00:42:39	01:28:50	02:15:18.40	02:15:27.95	+00:46:04 (34.1%)	6:26	9.3 (66.0%)
44	KAŻMIERCZAK Patryk	853	KOALA RUNNING TEAM	M30-49	44	00:00:15	00:45:07	01:30:17	02:16:34.60	02:16:50.00	+00:47:20 (34.7%)	6:30	9.2 (65.2%)
45	SZELAĞ Michał	912		M30-49	45	00:00:10	00:40:09	01:25:36	02:17:43.55	02:17:53.90	+00:48:29 (35.2%)	6:33	9.1 (64.5%)
46	CHOROMAŃSKI Paweł	940		M30-49	46	00:00:19	00:48:02	01:32:31	02:24:48.25	02:25:08.00	+00:55:34 (38.4%)	6:53	8.7 (61.7%)
47	PALTIAN Piotr	884	SĄ WOLNIEJSI	M30-49	47	00:00:14	00:41:39	01:26:17	02:25:03.60	02:25:17.75	+00:55:49 (38.5%)	6:54	8.7 (61.7%)
48	BUCKI Bartosz	812		M30-49	48	00:00:17	00:44:52	01:32:20	02:29:17.10	02:29:34.35	+01:00:03 (40.2%)	7:06	8.4 (59.6%)
49	PLUTA Daniel	889		M30-49	49	00:00:20	00:56:22	01:55:22	02:49:47.05	02:50:07.75	+01:20:33 (47.4%)	8:05	7.4 (52.5%)
50	WODZIŃSKI Michał	926		M30-49	50	00:00:03	00:40:17				+00:10:18	5:45	10.4 (73.8%)

Znaleziono 50 wynik(ów)