

# BIEG WIKINGA - 10 KM

B4SPORT

**Wydarzenie:** BIEG WIKINGA  
**Organizator:** Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.  
**Data:** 2021-09-26  
**Miejsce:** Wolin  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Lap 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	ZACZKO Jacek	115	CHYBA NIE DAM RADY	M40-49	1		00:18:13	<b>00:37:09.35</b>		3:42	16.2 (100%)
2	GIBA Jacek	40	MKL MARATON ŚWINOUJŚCIE	M50-59	1		00:19:02	<b>00:38:38.35</b>	+00:01:29 (3.8%)	3:51	15.5 (95.7%)
3	WASILEWSKI Andrzej	109		M40-49	2		00:19:33	<b>00:38:44.45</b>	+00:01:35 (4.1%)	3:52	15.5 (95.7%)
4	ŁUCZKO Grzegorz	59	NATURAL BORN RUNNERS TEAM	M30-39	1		00:19:11	<b>00:38:56.40</b>	+00:01:47 (4.6%)	3:53	15.4 (95.1%)
5	DERDA Robert	29	TT SZCZECIN	M40-49	3		00:19:15	<b>00:39:39.70</b>	+00:02:30 (6.3%)	3:57	15.1 (93.2%)
6	SZLACHTA Jakub	104		M30-39	2		00:19:22	<b>00:40:29.30</b>	+00:03:19 (8.2%)	4:02	14.8 (91.4%)
7	ZIELINSKI Sławomir	120	HUSARIA	M40-49	4		00:19:48	<b>00:41:32.70</b>	+00:04:23 (10.6%)	4:09	14.4 (88.9%)
8	WOLIŃSKI Andrzej	113		M50-59	2	Tak	00:20:57	<b>00:43:06.95</b>	+00:05:57 (13.8%)	4:18	13.9 (85.8%)
9	JASIUCHNA Marek	44	JASIUCHNA TEAM	M30-39	3		00:21:29	<b>00:43:50.30</b>	+00:06:40 (15.2%)	4:23	13.7 (84.6%)
10	KOWALSKI Zdzisław	52	KB KAMIEŃ POMORSKI	M50-59	3		00:21:29	<b>00:43:58.05</b>	+00:06:48 (15.5%)	4:23	13.6 (84.0%)
11	PIETRAS Marcin	85		M40-49	5		00:21:57	<b>00:44:05.70</b>	+00:06:56 (15.7%)	4:24	13.6 (84.0%)
12	ZAWADZKI Mateusz	119		M30-39	4		00:22:00	<b>00:44:30.85</b>	+00:07:21 (16.5%)	4:27	13.5 (83.3%)
13	BARAŃSKI Bogusław	7	MLUKS TRZEBIATÓW	M60+	1		00:21:49	<b>00:44:31.60</b>	+00:07:22 (16.6%)	4:27	13.5 (83.3%)
14	BOROWSKA Karolina	14	MONIA GYM	K30-39	1		00:21:48	<b>00:44:46.75</b>	+00:07:37 (17.0%)	4:28	13.4 (82.7%)
15	GAWLE Łukasz	39	UNITY LINE	M30-39	5		00:21:38	<b>00:44:53.70</b>	+00:07:44 (17.2%)	4:29	13.4 (82.7%)
16	WOLIŃSKA Emilia	112		K50-59	1	Tak	00:22:05	<b>00:45:13.20</b>	+00:08:03 (17.8%)	4:31	13.3 (82.1%)
17	REJDAK Marcin	90		M40-49	6		00:22:29	<b>00:45:31.65</b>	+00:08:22 (18.4%)	4:33	13.2 (81.5%)
18	BANASZCZAK Bartek	5		M16-29	1	Tak	00:22:13	<b>00:45:33.00</b>	+00:08:23 (18.4%)	4:33	13.2 (81.5%)
19	DZIERZKOWSKA Aleksandra	35		K50-59	2		00:22:33	<b>00:45:46.80</b>	+00:08:37 (18.8%)	4:34	13.1 (80.9%)
20	MAJKA Dariusz	62	ŚWINOUJŚCIE	M30-39	6		00:22:41	<b>00:45:54.25</b>	+00:08:44 (19.1%)	4:35	13.1 (80.9%)
21	ZAJĄC Maciej	116		M30-39	7		00:22:40	<b>00:46:05.65</b>	+00:08:56 (19.4%)	4:36	13 (80.2%)
22	DZHUHAN Andrii	33		M30-39	8		00:21:32	<b>00:46:22.20</b>	+00:09:12 (19.9%)	4:38	12.9 (79.6%)
23	NAWROCKI Piotr	72	KB PIONIER SZCZECIN	M50-59	4		00:22:29	<b>00:46:23.10</b>	+00:09:13 (19.9%)	4:38	12.9 (79.6%)
24	BRZAŃKAŁA Waldemar	17	KB KAMIEŃ POMORSKI	M50-59	5		00:22:00	<b>00:46:38.95</b>	+00:09:29 (20.4%)	4:39	12.9 (79.6%)
25	MAĆKOWIAK Piotr	61		M30-39	9		00:22:37	<b>00:47:02.00</b>	+00:09:52 (21.0%)	4:42	12.8 (79.0%)
26	ROMAŃSKA Karolina	91	BIEGACZE ŚWINOUJŚCIE	K30-39	2		00:22:48	<b>00:47:02.20</b>	+00:09:52 (21.0%)	4:42	12.8 (79.0%)
27	NIEWIADA Marek	73		M40-49	7		00:23:18	<b>00:47:14.95</b>	+00:10:05 (21.4%)	4:43	12.7 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Lap	Czas	Różn	Tempo	Tempo
							5km	netto 10km		min/km	km/h
28	<b>ANIELSKA Anna</b>	<b>2</b>		K30-39	3		00:22:42	<b>00:47:17.75</b>	+00:10:08 (21.4%)	4:43	12.7 (78.4%)
29	<b>KOWALSKA Dorota</b>	<b>51</b>	KB KAMIEŃ POMORSKI	K50-59	3		00:23:09	<b>00:47:23.20</b>	+00:10:13 (21.6%)	4:44	12.7 (78.4%)
30	<b>MYŚLEWSKI Janusz</b>	<b>71</b>		M40-49	8		00:22:52	<b>00:47:48.45</b>	+00:10:39 (22.3%)	4:46	12.6 (77.8%)
31	<b>OLEJNIK Przemek</b>	<b>76</b>	NIEZRZESZONY	M50-59	6		00:22:53	<b>00:47:58.25</b>	+00:10:48 (22.5%)	4:47	12.5 (77.2%)
32	<b>JELONEK Michał</b>	<b>45</b>		M40-49	9		00:22:50	<b>00:47:58.45</b>	+00:10:49 (22.6%)	4:47	12.5 (77.2%)
33	<b>KALETA Paweł</b>	<b>47</b>		M30-39	10		00:24:49	<b>00:48:12.00</b>	+00:11:02 (22.9%)	4:49	12.4 (76.5%)
34	<b>BORKOWSKI Aleksander</b>	<b>13</b>	MKL- MARATON	M60+	2		00:23:52	<b>00:48:33.20</b>	+00:11:23 (23.5%)	4:51	12.4 (76.5%)
35	<b>KAZIMIERSKA Żaneta</b>	<b>128</b>		K40-49	1	Tak	00:23:54	<b>00:48:43.45</b>	+00:11:34 (23.7%)	4:52	12.3 (75.9%)
36	<b>JUDKIEWICZ Piotr</b>	<b>46</b>		M40-49	10	Tak	00:23:16	<b>00:48:48.25</b>	+00:11:38 (23.9%)	4:52	12.3 (75.9%)
37	<b>RZEMIENIECKA-GRUDZIEN Joanna</b>	<b>92</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	2		00:24:00	<b>00:48:55.80</b>	+00:11:46 (24.1%)	4:53	12.3 (75.9%)
38	<b>WOJCIECHOWSKI Roman</b>	<b>111</b>		M50-59	7		00:24:04	<b>00:49:19.50</b>	+00:12:10 (24.7%)	4:55	12.2 (75.3%)
39	<b>BIELAN Artur</b>	<b>11</b>		M40-49	11		00:23:54	<b>00:49:41.95</b>	+00:12:32 (25.2%)	4:58	12.1 (74.7%)
40	<b>NOWAK Radosław</b>	<b>74</b>		M40-49	12		00:23:39	<b>00:49:48.45</b>	+00:12:39 (25.4%)	4:58	12 (74.1%)
41	<b>PYREK Rafał</b>	<b>87</b>	RUN FOR FUN BEZRZECZE	M40-49	13		00:23:49	<b>00:50:25.60</b>	+00:13:16 (26.3%)	5:02	11.9 (73.5%)
42	<b>ZIÓŁKOWSKI Rafał</b>	<b>121</b>	BIEGACZE ŚWINOUJŚCIE	M30-39	11		00:23:47	<b>00:50:26.60</b>	+00:13:17 (26.3%)	5:02	11.9 (73.5%)
43	<b>STĘPNIAK Grzegorz</b>	<b>101</b>	K. B. KAMIEŃ POMORSKI	M40-49	14		00:25:30	<b>00:50:52.65</b>	+00:13:43 (27.0%)	5:05	11.8 (72.8%)
44	<b>PACZYŃSKA Joanna</b>	<b>82</b>		K30-39	4		00:24:20	<b>00:51:34.45</b>	+00:14:25 (28.0%)	5:09	11.6 (71.6%)
45	<b>CHADAŚ Jarosław</b>	<b>22</b>		M30-39	12		00:24:37	<b>00:51:56.90</b>	+00:14:47 (28.5%)	5:11	11.6 (71.6%)
46	<b>CHOWAŃSKI Bartosz</b>	<b>23</b>	CJS TŁUMACZENIA / LIPIAŃSKI BIEG PARTYZANTA	M40-49	15		00:25:58	<b>00:51:57.00</b>	+00:14:47 (28.5%)	5:11	11.5 (71.0%)
47	<b>SKOCZYLAS Patryk</b>	<b>97</b>		M16-29	2		00:25:12	<b>00:52:24.05</b>	+00:15:14 (29.1%)	5:14	11.5 (71.0%)
48	<b>BZDAWKA Rafał</b>	<b>21</b>	BIEGACZE ŚWINOUJŚCIE	M40-49	16		00:26:15	<b>00:52:40.70</b>	+00:15:31 (29.5%)	5:16	11.4 (70.4%)
49	<b>ZAMARA Zbigniew</b>	<b>118</b>		M30-39	13		00:23:20	<b>00:52:54.70</b>	+00:15:45 (29.8%)	5:17	11.3 (69.8%)
50	<b>BANASZKIEWICZ Rafał</b>	<b>6</b>		M40-49	17		00:25:44	<b>00:52:55.25</b>	+00:15:45 (29.8%)	5:17	11.3 (69.8%)
51	<b>WRÓBEL Tomasz</b>	<b>127</b>		M40-49	18		00:26:10	<b>00:53:23.85</b>	+00:16:14 (30.4%)	5:20	11.2 (69.1%)
52	<b>MORDAK Andrzej</b>	<b>67</b>	BIEGACZE ŚWINOUJŚCIE	M50-59	8		00:26:41	<b>00:54:07.95</b>	+00:16:58 (31.4%)	5:24	11.1 (68.5%)
53	<b>GANCARCZYK Michał</b>	<b>38</b>		M16-29	3		00:24:44	<b>00:54:09.95</b>	+00:17:00 (31.4%)	5:24	11.1 (68.5%)
54	<b>OSOBNIAK Ryszard</b>	<b>79</b>		M60+	3		00:26:54	<b>00:54:19.30</b>	+00:17:09 (31.6%)	5:25	11 (67.9%)
55	<b>KRÓLAK Beata</b>	<b>55</b>	SP8 POLICE	K50-59	4		00:26:31	<b>00:54:29.25</b>	+00:17:19 (31.8%)	5:26	11 (67.9%)
56	<b>KILJAN Grzegorz</b>	<b>125</b>		M50-59	9		00:26:43	<b>00:54:41.15</b>	+00:17:31 (32.1%)	5:28	11 (67.9%)
57	<b>DRZEWIECKI Arkadiusz</b>	<b>32</b>	BIEGACZE ŚWINOUJŚCIE	M50-59	10		00:26:55	<b>00:54:46.90</b>	+00:17:37 (32.2%)	5:28	11 (67.9%)
58	<b>DRZEWIECKA Agnieszka</b>	<b>31</b>	BIEGACZE ŚWINOUJŚCIE	K50-59	5		00:26:55	<b>00:54:47.30</b>	+00:17:37 (32.2%)	5:28	11 (67.9%)
59	<b>MURAWSKA Monika</b>	<b>68</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	3		00:26:51	<b>00:54:54.75</b>	+00:17:45 (32.3%)	5:29	10.9 (67.3%)
60	<b>MUSIAŁ Dariusz</b>	<b>70</b>		M40-49	19		00:26:52	<b>00:55:05.75</b>	+00:17:56 (32.6%)	5:30	10.9 (67.3%)
61	<b>SZEWczyk Magdalena</b>	<b>103</b>	MONIA GYM	K30-39	5		00:27:16	<b>00:55:12.35</b>	+00:18:03 (32.7%)	5:31	10.9 (67.3%)
62	<b>OLSZYK Tadeusz</b>	<b>77</b>	MKL MARATON	M60+	4		00:27:12	<b>00:55:15.70</b>	+00:18:06 (32.8%)	5:31	10.9 (67.3%)
63	<b>MURAWSKI Arkadiusz</b>	<b>69</b>		M16-29	4		00:26:49	<b>00:55:28.35</b>	+00:18:19 (33.0%)	5:32	10.8 (66.7%)
64	<b>RAJCHEL Marcin</b>	<b>89</b>		M30-39	14		00:27:09	<b>00:56:00.00</b>	+00:18:50 (33.7%)	5:36	10.7 (66.0%)
65	<b>APERLIŃSKI Adam</b>	<b>4</b>		M40-49	20		00:27:10	<b>00:56:03.50</b>	+00:18:54 (33.7%)	5:36	10.7 (66.0%)
66	<b>APERLIŃSKA Patrycja</b>	<b>3</b>		K40-49	4		00:27:11	<b>00:56:03.65</b>	+00:18:54 (33.7%)	5:36	10.7 (66.0%)
67	<b>ORŁOWSKI Bolesław</b>	<b>78</b>	ENDORFINA NOWOGARD	M60+	5		00:27:37	<b>00:56:14.90</b>	+00:19:05 (33.9%)	5:37	10.7 (66.0%)
68	<b>NOWAK-PIASECKA Dorota</b>	<b>75</b>	FIT KETTLEBELL	K30-39	6		00:27:23	<b>00:56:18.50</b>	+00:19:09 (34.0%)	5:37	10.7 (66.0%)
69	<b>FIRLIK Mirosław</b>	<b>37</b>	KB KAMIEN POMORSKI	M50-59	11		00:27:25	<b>00:56:29.50</b>	+00:19:20 (34.2%)	5:38	10.6 (65.4%)
70	<b>SOJKA Krzysztof</b>	<b>100</b>	BIEGACZE ŚWINOUJŚCIE	M30-39	15		00:26:22	<b>00:57:10.15</b>	+00:20:00 (35.0%)	5:43	10.5 (64.8%)
71	<b>SIKORSKA Anna</b>	<b>96</b>		K40-49	5		00:27:25	<b>00:57:11.45</b>	+00:20:02 (35.0%)	5:43	10.5 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Lap	Czas	Różn	Tempo min/km	Tempo km/h
							5km	netto 10km			
72	<b>CIEMNA Joanna</b>	<b>25</b>		K40-49	6	Tak	00:27:37	<b>00:57:31.15</b>	+00:20:21 (35.4%)	5:45	10.4 (64.2%)
73	<b>GUZ Krzysztof</b>	<b>42</b>		M40-49	21		00:27:19	<b>00:58:03.70</b>	+00:20:54 (36.0%)	5:48	10.3 (63.6%)
74	<b>KĘSKA Katarzyna</b>	<b>48</b>		K40-49	7		00:28:09	<b>00:58:13.00</b>	+00:21:03 (36.2%)	5:49	10.3 (63.6%)
75	<b>ŻUREK Marta</b>	<b>84</b>		K30-39	7		00:29:19	<b>00:58:28.35</b>	+00:21:19 (36.5%)	5:50	10.3 (63.6%)
76	<b>KOŁYSZKO Piotr</b>	<b>49</b>	BIEGACZE ŚWINOUJŚCIE	M30-39	16		00:28:16	<b>00:59:13.35</b>	+00:22:04 (37.3%)	5:55	10.1 (62.3%)
77	<b>KWIATKOWSKI Zygmunt</b>	<b>126</b>		M60+	6		00:29:27	<b>00:59:26.60</b>	+00:22:17 (37.5%)	5:56	10.1 (62.3%)
78	<b>PACIOREK Wioletta</b>	<b>81</b>	MORSY ROSKILDE	K40-49	8		00:28:51	<b>01:00:15.95</b>	+00:23:06 (38.3%)	6:01	10 (61.7%)
79	<b>SĘKOWSKA Magdalena</b>	<b>95</b>		K50-59	6		00:29:29	<b>01:00:34.40</b>	+00:23:25 (38.7%)	6:03	9.9 (61.1%)
80	<b>DEBERNY Mariusz</b>	<b>27</b>		M40-49	22		00:28:52	<b>01:00:34.80</b>	+00:23:25 (38.7%)	6:03	9.9 (61.1%)
81	<b>SZUMIŃSKA Irena</b>	<b>105</b>	ORANGE POLSKA	K60+	1		00:29:47	<b>01:01:07.10</b>	+00:23:57 (39.2%)	6:06	9.8 (60.5%)
82	<b>DEMKOWICZ Ireneusz</b>	<b>28</b>	WEGAS	M50-59	12	Tak	00:28:53	<b>01:01:19.70</b>	+00:24:10 (39.4%)	6:07	9.8 (60.5%)
83	<b>GAWLE MIKULSKA Karina</b>	<b>124</b>		K40-49	9		00:30:00	<b>01:02:16.20</b>	+00:25:06 (40.3%)	6:13	9.6 (59.3%)
84	<b>BEDNARZ Katarzyna</b>	<b>10</b>		K40-49	10		00:30:11	<b>01:02:20.60</b>	+00:25:11 (40.4%)	6:14	9.6 (59.3%)
85	<b>WRÓBLEWSKA Anna</b>	<b>114</b>	KLUB BIEGACZA KAMIEŃ POMORSKI	K30-39	8		00:30:07	<b>01:02:57.50</b>	+00:25:48 (41.0%)	6:17	9.5 (58.6%)
86	<b>GMIŃSKA Natalia</b>	<b>41</b>		K30-39	9		00:31:03	<b>01:03:27.00</b>	+00:26:17 (41.4%)	6:20	9.5 (58.6%)
87	<b>SEMEZH Ira</b>	<b>94</b>	WEGAS	K30-39	10	Tak	00:30:32	<b>01:03:36.25</b>	+00:26:26 (41.6%)	6:21	9.4 (58.0%)
88	<b>MISTELSKI Karol</b>	<b>66</b>		M16-29	5		00:29:51	<b>01:03:37.65</b>	+00:26:28 (41.6%)	6:21	9.4 (58.0%)
89	<b>WASILEWICZ Kazimierz</b>	<b>108</b>	KURKA WODNA	M60+	7		00:29:51	<b>01:03:45.00</b>	+00:26:35 (41.7%)	6:22	9.4 (58.0%)
90	<b>CICHY Beata</b>	<b>24</b>		K16-29	1		00:30:50	<b>01:03:52.80</b>	+00:26:43 (41.8%)	6:23	9.4 (58.0%)
91	<b>DOMALEWSKA Teresa</b>	<b>30</b>	BIEGACZE SWINOUJSCIE	K60+	2		00:28:56	<b>01:04:24.20</b>	+00:27:14 (42.3%)	6:26	9.3 (57.4%)
92	<b>BURY Jacek</b>	<b>19</b>	WYLUZOWANI BIEGACZE	M50-59	13		00:30:50	<b>01:04:30.85</b>	+00:27:21 (42.4%)	6:27	9.3 (57.4%)
93	<b>ZALEWSKI Mariusz</b>	<b>117</b>	FIZJOTERAPIA DZIECIĘCA D. ZALEWSKI	M50-59	14		00:30:51	<b>01:04:32.60</b>	+00:27:23 (42.4%)	6:27	9.3 (57.4%)
94	<b>BURY Marianna</b>	<b>18</b>	WYLUZOWANI BIEGACZE	K40-49	11		00:30:53	<b>01:04:32.85</b>	+00:27:23 (42.4%)	6:27	9.3 (57.4%)
95	<b>AMERNIK Katarzyna</b>	<b>1</b>	SZCZYPTA SZCZECINA	K40-49	12		00:31:28	<b>01:04:47.05</b>	+00:27:37 (42.6%)	6:28	9.3 (57.4%)
96	<b>MASŁOWSKA Barbara</b>	<b>65</b>		K40-49	13		00:30:32	<b>01:04:59.50</b>	+00:27:50 (42.8%)	6:29	9.2 (56.8%)
97	<b>MALINOWSKA Magdalena</b>	<b>64</b>	MORSY ROSKILDE	K30-39	11		00:30:01	<b>01:05:24.80</b>	+00:28:15 (43.2%)	6:32	9.2 (56.8%)
98	<b>SAWIŃSKA Anna</b>	<b>93</b>	NORDICANIA TEAM	K40-49	14		00:31:25	<b>01:05:33.05</b>	+00:28:23 (43.3%)	6:33	9.2 (56.8%)
99	<b>SZCZEPANOWSKI Andrzej</b>	<b>102</b>		M40-49	23		00:31:24	<b>01:05:33.35</b>	+00:28:24 (43.3%)	6:33	9.2 (56.8%)
100	<b>CIEMNA Regina</b>	<b>26</b>		K60+	3		00:31:56	<b>01:05:53.80</b>	+00:28:44 (43.6%)	6:35	9.1 (56.2%)
101	<b>JASIUCHNA Aleksandra</b>	<b>43</b>	JASIUCHNA TEAM	K30-39	12		00:31:16	<b>01:06:19.60</b>	+00:29:10 (44.0%)	6:37	9 (55.6%)
102	<b>WENTA Julia</b>	<b>110</b>		K30-39	13		00:31:17	<b>01:06:20.00</b>	+00:29:10 (44.0%)	6:38	9 (55.6%)
103	<b>ŁUKASZEWICZ Hanna</b>	<b>60</b>		K30-39	14		00:31:28	<b>01:07:27.05</b>	+00:30:17 (44.9%)	6:44	8.9 (54.9%)
104	<b>ELBIŃSKA-KRAWCZUK Monika</b>	<b>36</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	15		00:33:02	<b>01:08:22.20</b>	+00:31:12 (45.7%)	6:50	8.8 (54.3%)
105	<b>KRAWCZUK Amelia</b>	<b>53</b>	BIEGACZE ŚWINOUJŚCIE	K16-29	2		00:33:03	<b>01:08:22.80</b>	+00:31:13 (45.7%)	6:50	8.8 (54.3%)
106	<b>PRAWDA Iwona</b>	<b>86</b>	WIECZORNE BIEGANIE	K40-49	16		00:32:06	<b>01:09:09.60</b>	+00:32:00 (46.3%)	6:54	8.7 (53.7%)
107	<b>SOCZÓWKA Agnieszka</b>	<b>99</b>	TERMINATORUN	K30-39	15		00:32:02	<b>01:09:10.80</b>	+00:32:01 (46.3%)	6:55	8.7 (53.7%)
108	<b>SOCZÓWKA Roman</b>	<b>98</b>		M50-59	15		00:31:34	<b>01:09:11.05</b>	+00:32:01 (46.3%)	6:55	8.7 (53.7%)
109	<b>BŁĄŻEJEWSKA-JANNASZ Kamila</b>	<b>12</b>		K30-39	16		00:35:41	<b>01:12:27.55</b>	+00:35:18 (48.7%)	7:14	8.3 (51.2%)
110	<b>BZDAWKA Joanna</b>	<b>20</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	17		00:34:50	<b>01:14:16.45</b>	+00:37:07 (50.0%)	7:25	8.1 (50.0%)
111	<b>OTOCKA Agnieszka</b>	<b>80</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	18		00:34:52	<b>01:14:16.80</b>	+00:37:07 (50.0%)	7:25	8.1 (50.0%)
112	<b>ŚWISTAK Grzegorz</b>	<b>107</b>		M50-59	16		00:35:54	<b>01:15:04.50</b>	+00:37:55 (50.5%)	7:30	8 (49.4%)
113	<b>LUBITZ André</b>	<b>58</b>	LAUFMÜTZEN - USEDOM	M50-59	17		00:36:00	<b>01:17:55.65</b>	+00:40:46 (52.3%)	7:47	7.7 (47.5%)
114	<b>BOŚKO Paulina</b>	<b>15</b>		K30-39	17		00:42:11	<b>01:25:32.25</b>	+00:48:22 (56.6%)	8:33	7 (43.2%)
115	<b>KRÓL Magdalena</b>	<b>54</b>		K30-39	18		00:42:12	<b>01:25:32.75</b>	+00:48:23 (56.6%)	8:33	7 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Lap 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
116	<b>BĄCZYK Adam</b>	<b>9</b>	MONIA GYM	M40-49	24						(0.0%)
	<b>PYZIK Waldemar</b>	<b>88</b>		M60+			DNF	<b>DNF</b>	-	-	(0.0%)

Znaleziono 117 wynik(ów)