

**Wydarzenie:** BIEG WIKINGA - WOLIN 2019  
**Organizator:** Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.  
**Data:** 2019-09-29  
**Miejsce:** Wolin  
**Dystans:** 10 km

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Lap 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>ROMEJ-VASYLENKO Justyna</b>	<b>222</b>	MKL SZCZECIN	K18-29	1		00:21:19	<b>00:42:46.90</b>		4:16	14 (100%)
2	<b>PIOTROWSKA Marta</b>	<b>206</b>		K30-39	1		00:22:07	<b>00:44:50.55</b>	+00:02:03 (4.6%)	4:29	13.4 (95.7%)
3	<b>WOLIŃSKA Emilia</b>	<b>280</b>		K40-49	1	Tak	00:22:26	<b>00:45:42.45</b>	+00:02:55 (6.4%)	4:34	13.1 (93.6%)
4	<b>SOCHACKA Marta</b>	<b>241</b>		K30-39	2		00:22:48	<b>00:45:49.30</b>	+00:03:02 (6.6%)	4:34	13.1 (93.6%)
5	<b>KOWALSKA Dorota</b>	<b>134</b>	KLUB BIEGACZA KAMIEŃ POMORSKI	K50-59	1		00:22:33	<b>00:46:11.70</b>	+00:03:24 (7.4%)	4:37	13 (92.9%)
6	<b>WOROBIEJ Monika</b>	<b>282</b>		K30-39	3	Tak	00:22:49	<b>00:46:36.90</b>	+00:03:50 (8.2%)	4:39	12.9 (92.1%)
7	<b>ROMAŃSKA Karolina</b>	<b>221</b>	BIEGACZE ŚWINOUJŚCIE	K30-39	4		00:23:12	<b>00:47:29.85</b>	+00:04:42 (9.9%)	4:45	12.6 (90.0%)
8	<b>SIDORKIEWICZ Anna</b>	<b>231</b>		K40-49	2		00:23:32	<b>00:48:23.35</b>	+00:05:36 (11.6%)	4:50	12.4 (88.6%)
9	<b>PRUSS Kasia</b>	<b>213</b>	WKURW TEAM	K40-49	3		00:24:53	<b>00:49:43.45</b>	+00:06:56 (14.0%)	4:58	12.1 (86.4%)
10	<b>DUSZKIEWICZ Dominika</b>	<b>64</b>	BIEGACZE ŚWINOUJŚCIE	K30-39	5		00:24:26	<b>00:49:56.70</b>	+00:07:09 (14.3%)	4:59	12 (85.7%)
11	<b>SZYMAŃSKA Monika</b>	<b>260</b>		K40-49	4		00:25:14	<b>00:50:50.15</b>	+00:08:03 (15.8%)	5:05	11.8 (84.3%)
12	<b>BARRA Marzena</b>	<b>8</b>		K30-39	6		00:25:35	<b>00:51:26.50</b>	+00:08:39 (16.8%)	5:08	11.7 (83.6%)
13	<b>HELLSTROM Ania</b>	<b>302</b>		K40-49	5		00:25:41	<b>00:51:30.20</b>	+00:08:43 (16.9%)	5:09	11.7 (83.6%)
14	<b>DOMALEWSKA Teresa</b>	<b>58</b>	KSUZNAM	K60+	1		00:25:38	<b>00:51:57.55</b>	+00:09:10 (17.7%)	5:11	11.5 (82.1%)
15	<b>MURAWSKA Monika</b>	<b>181</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	6		00:25:37	<b>00:52:14.15</b>	+00:09:27 (18.1%)	5:13	11.5 (82.1%)
16	<b>BATOROWICZ Mariola</b>	<b>12</b>		K30-39	7	Tak	00:26:36	<b>00:52:37.80</b>	+00:09:50 (18.7%)	5:15	11.4 (81.4%)
17	<b>WIĄCEK Anna</b>	<b>273</b>	KOBIECE BIEGANIE	K40-49	7		00:26:29	<b>00:52:41.10</b>	+00:09:54 (18.8%)	5:16	11.4 (81.4%)
18	<b>WYDRA Ilona</b>	<b>289</b>		K40-49	8		00:26:20	<b>00:52:43.60</b>	+00:09:56 (18.9%)	5:16	11.4 (81.4%)
19	<b>GÓRSKA Anna</b>	<b>86</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	9		00:26:25	<b>00:52:48.50</b>	+00:10:01 (19.0%)	5:16	11.4 (81.4%)
20	<b>TERAN Ana</b>	<b>266</b>		K40-49	10		00:25:49	<b>00:52:50.90</b>	+00:10:04 (19.0%)	5:17	11.4 (81.4%)
21	<b>KASPROWICZ Katarzyna</b>	<b>120</b>		K18-29	2		00:26:12	<b>00:52:54.00</b>	+00:10:07 (19.1%)	5:17	11.3 (80.7%)
22	<b>DREWNIAK Ewa</b>	<b>310</b>		K18-29	3		00:27:21	<b>00:53:24.30</b>	+00:10:37 (19.9%)	5:20	11.2 (80.0%)
23	<b>GRYMUŁA Agnieszka</b>	<b>91</b>		K30-39	8		00:26:14	<b>00:53:26.40</b>	+00:10:39 (19.9%)	5:20	11.2 (80.0%)
24	<b>CZYŻEWSKA Mirosława</b>	<b>46</b>	WKURW_TEAM	K30-39	9		00:25:51	<b>00:53:27.95</b>	+00:10:41 (20.0%)	5:20	11.2 (80.0%)
25	<b>JABŁONSKA Elzbieta</b>	<b>100</b>	BIEGACZE ŚWINOUJŚCIE	K50-59	2		00:26:26	<b>00:53:34.00</b>	+00:10:47 (20.1%)	5:21	11.2 (80.0%)
26	<b>ŚLIWIŃSKA Małgorzata</b>	<b>263</b>	8.FOW	K40-49	11		00:26:46	<b>00:54:22.70</b>	+00:11:35 (21.3%)	5:26	11 (78.6%)
27	<b>KOLSKA Lena</b>	<b>125</b>		K30-39	10		00:26:30	<b>00:54:48.10</b>	+00:12:01 (21.9%)	5:28	10.9 (77.9%)

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28	ZUSEL Karolina	299		K30-39	11		00:27:18	<b>00:55:12.00</b>	+00:12:25 (22.5%)	5:31	10.9 (77.9%)
29	RZEMIENIECKA-GRUDZIEN Joanna	227		K30-39	12		00:26:46	<b>00:55:14.70</b>	+00:12:27 (22.6%)	5:31	10.9 (77.9%)
30	KUCHARCZYK Małgorzata	141		K40-49	12	Tak	00:27:32	<b>00:55:18.55</b>	+00:12:31 (22.6%)	5:31	10.8 (77.1%)
31	LEWANDOWSKA Agnieszka	152		K40-49	13		00:27:41	<b>00:55:21.65</b>	+00:12:34 (22.7%)	5:32	10.8 (77.1%)
32	DEMKOWICZ Ewelina	51		K30-39	13	Tak	00:27:54	<b>00:56:11.30</b>	+00:13:24 (23.9%)	5:37	10.7 (76.4%)
33	BĄCZYK Monika	13	MONIA GYM	K40-49	14		00:28:14	<b>00:56:23.35</b>	+00:13:36 (24.1%)	5:38	10.6 (75.7%)
34	NOWICKA Wioleta	190	MONIA GYM	K30-39	14		00:28:15	<b>00:56:23.65</b>	+00:13:36 (24.1%)	5:38	10.6 (75.7%)
35	KOŁDA Halina	126	PCH_RUN	K50-59	3		00:28:11	<b>00:56:46.80</b>	+00:13:59 (24.7%)	5:40	10.6 (75.7%)
36	MATULA Magdalena	170		K30-39	15		00:28:24	<b>00:57:00.15</b>	+00:14:13 (24.9%)	5:42	10.5 (75.0%)
37	SIKORSKA Anna	233		K40-49	15		00:27:18	<b>00:57:27.40</b>	+00:14:40 (25.5%)	5:44	10.4 (74.3%)
38	SOBKOWIAK Magda	240		K40-49	16		00:28:29	<b>00:57:30.80</b>	+00:14:43 (25.6%)	5:45	10.4 (74.3%)
39	MASŁOWSKA Barbara	167		K40-49	17		00:28:29	<b>00:57:47.20</b>	+00:15:00 (26.0%)	5:46	10.4 (74.3%)
40	CZERNIACHOWSKA Ewelina	44		K40-49	18		00:28:06	<b>00:57:47.95</b>	+00:15:01 (26.0%)	5:46	10.4 (74.3%)
41	BARANOWSKA Agnieszka	6	IAI TEAM	K30-39	16		00:27:57	<b>00:57:55.95</b>	+00:15:09 (26.2%)	5:47	10.4 (74.3%)
41	POGORZELSKA Sylwia	207	WIECZORNE BIEGANIE W SZCZECINIE	K30-39	16		00:28:40	<b>00:57:55.95</b>	+00:15:09 (26.2%)	5:47	10.4 (74.3%)
43	SEMEZH Ira	229		K18-29	4	Tak	00:27:29	<b>00:58:21.85</b>	+00:15:34 (26.7%)	5:50	10.3 (73.6%)
44	BURY Marianna	33	WYLUZOWANI BIEGACZE	K40-49	19		00:29:38	<b>00:58:35.60</b>	+00:15:48 (27.0%)	5:51	10.2 (72.9%)
45	ŁUKASZEWICZ Hanna	158		K30-39	18		00:29:01	<b>00:58:43.95</b>	+00:15:57 (27.2%)	5:52	10.2 (72.9%)
46	SUSZA Małgorzata	248		K40-49	20		00:28:56	<b>00:58:52.25</b>	+00:16:05 (27.3%)	5:53	10.2 (72.9%)
47	SKARŻYŃSKA Anna	235		K18-29	5		00:29:09	<b>00:58:52.80</b>	+00:16:05 (27.3%)	5:53	10.2 (72.9%)
48	STROJNA Dorota	245	ŚRUNDUNIA SZCZECIN	K40-49	21		00:29:09	<b>00:58:55.25</b>	+00:16:08 (27.4%)	5:53	10.2 (72.9%)
49	PIĄTKOWSKA Izabela	202		K30-39	19		00:29:10	<b>00:58:55.55</b>	+00:16:08 (27.4%)	5:53	10.2 (72.9%)
50	JAWORSKA Izabela	105		K40-49	22		00:29:37	<b>00:59:04.40</b>	+00:16:17 (27.6%)	5:54	10.2 (72.9%)
51	CIEMNA Regina	40		K60+	2		00:29:14	<b>00:59:38.25</b>	+00:16:51 (28.3%)	5:57	10.1 (72.1%)
52	MORAWIECKA Magdalena	180		K18-29	6		00:30:02	<b>01:00:07.20</b>	+00:17:20 (28.8%)	6:00	10 (71.4%)
53	BUGAŁA Milena	31		K30-39	20	Tak	00:29:49	<b>01:00:08.95</b>	+00:17:22 (28.9%)	6:00	10 (71.4%)
54	DRZEWIECKA Agnieszka	62	BIEGACZE ŚWINOUJŚCIE	K40-49	23		00:30:05	<b>01:00:10.60</b>	+00:17:23 (28.9%)	6:01	10 (71.4%)
55	MIKULSKA- GAWLE Karina	176		K30-39	21		00:29:59	<b>01:00:24.40</b>	+00:17:37 (29.2%)	6:02	9.9 (70.7%)
56	WOSZCZYK Renata	283		K40-49	24		00:30:19	<b>01:01:16.90</b>	+00:18:30 (30.2%)	6:07	9.8 (70.0%)
57	JÓZWICKA Aneta	107		K40-49	25		00:30:19	<b>01:01:17.05</b>	+00:18:30 (30.2%)	6:07	9.8 (70.0%)
58	MISZTAL Krystyna	179		K60+	3	Tak	00:30:10	<b>01:01:18.15</b>	+00:18:31 (30.2%)	6:07	9.8 (70.0%)
59	ELBIŃSKA-KRAWCZUK Monika	68	BIEGACZE ŚWINOUJŚCIE	K40-49	26		00:30:36	<b>01:01:27.10</b>	+00:18:40 (30.4%)	6:08	9.8 (70.0%)
60	MICHALSKA Agnieszka	172		K50-59	4		00:30:05	<b>01:01:28.25</b>	+00:18:41 (30.4%)	6:08	9.8 (70.0%)
61	KAZANOWSKA Monika	121	NATURAL BORN RUNNERS TEAM	K30-39	22	Tak	00:30:02	<b>01:02:09.75</b>	+00:19:22 (31.2%)	6:13	9.7 (69.3%)
62	ŚLUSARZ Iwona	264		K40-49	27		00:30:12	<b>01:02:10.45</b>	+00:19:23 (31.2%)	6:13	9.6 (68.6%)
63	JANKOWSKA Emilia	103		K18-29	7		00:31:31	<b>01:03:01.65</b>	+00:20:14 (32.1%)	6:18	9.5 (67.9%)
64	SZCZEPAŃSKA Aleksandra	253		K18-29	8		00:30:52	<b>01:03:29.90</b>	+00:20:43 (32.6%)	6:21	9.4 (67.1%)
65	AMERNIK Katarzyna	3		K40-49	28		00:31:33	<b>01:03:36.65</b>	+00:20:49 (32.7%)	6:21	9.4 (67.1%)
66	PEŁKA Agata	200		K30-39	23		00:30:42	<b>01:03:44.15</b>	+00:20:57 (32.9%)	6:22	9.4 (67.1%)
67	WIERASZKA Małgorzata	274		K30-39	24		00:30:35	<b>01:03:46.40</b>	+00:20:59 (32.9%)	6:22	9.4 (67.1%)
68	SMOLIKAVA Aliaksandra	238		K18-29	9	Tak	00:30:41	<b>01:04:06.35</b>	+00:21:19 (33.3%)	6:24	9.4 (67.1%)
69	GADOWSKA Aleksandra	73		K30-39	25		00:30:36	<b>01:04:47.15</b>	+00:22:00 (34.0%)	6:28	9.3 (66.4%)
70	BERNACKA Renata	17	KB HERMES GRYFINO	K50-59	5		00:31:44	<b>01:05:29.15</b>	+00:22:42 (34.7%)	6:32	9.2 (65.7%)
71	NAWROCKA Dorota	185		K30-39	26		00:31:51	<b>01:06:05.05</b>	+00:23:18 (35.3%)	6:36	9.1 (65.0%)

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72	<b>BIELAWSKA Katarzyna</b>	<b>21</b>		K18-29	10		00:31:07	<b>01:06:15.90</b>	+00:23:29 (35.4%)	6:37	9.1 (65.0%)
73	<b>BARSZCZEWSKA Małgorzata</b>	<b>9</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	29		00:31:28	<b>01:06:23.25</b>	+00:23:36 (35.6%)	6:38	9 (64.3%)
74	<b>BZDAWKA Joanna</b>	<b>36</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	30		00:32:53	<b>01:06:25.35</b>	+00:23:38 (35.6%)	6:38	9 (64.3%)
75	<b>DEMKOWICZ Edyta</b>	<b>54</b>	WEGAS	K40-49	31	Tak	00:32:23	<b>01:07:06.15</b>	+00:24:19 (36.2%)	6:42	8.9 (63.6%)
76	<b>KŁONOWSKA Monika</b>	<b>124</b>	KB HERMES GRYFINO	K30-39	27		00:31:44	<b>01:07:08.95</b>	+00:24:22 (36.3%)	6:42	8.9 (63.6%)
77	<b>DZIEMIDOWICZ Jadwiga</b>	<b>65</b>	WEGAS	K30-39	28	Tak	00:32:34	<b>01:07:22.90</b>	+00:24:36 (36.5%)	6:44	8.9 (63.6%)
78	<b>HEDRYCH Wioletta</b>	<b>98</b>		K40-49	32		00:33:00	<b>01:07:47.25</b>	+00:25:00 (36.9%)	6:46	8.8 (62.9%)
79	<b>KAMIŃSKA Dagmara</b>	<b>112</b>		K30-39	29		00:32:31	<b>01:07:56.30</b>	+00:25:09 (37.0%)	6:47	8.8 (62.9%)
80	<b>KAMIŃSKA Iwona</b>	<b>111</b>		K30-39	30		00:32:31	<b>01:07:56.50</b>	+00:25:09 (37.0%)	6:47	8.8 (62.9%)
81	<b>GENDA Jadwiga</b>	<b>79</b>	TIME55	K60+	4		00:32:39	<b>01:09:15.45</b>	+00:26:28 (38.2%)	6:55	8.7 (62.1%)
82	<b>LASKOWSKA Paulina</b>	<b>147</b>		K18-29	11	Tak	00:31:59	<b>01:09:33.65</b>	+00:26:46 (38.5%)	6:57	8.6 (61.4%)
83	<b>KORBUSZEWSKA Milena</b>	<b>130</b>		K30-39	31		00:33:35	<b>01:10:23.05</b>	+00:27:36 (39.2%)	7:02	8.5 (60.7%)
84	<b>CIEŚLIK Ewa</b>	<b>42</b>		K50-59	6	Tak	00:33:58	<b>01:12:02.20</b>	+00:29:15 (40.6%)	7:12	8.3 (59.3%)
85	<b>LIPIŃSKA Sylwia</b>	<b>153</b>		K18-29	12		00:35:33	<b>01:12:33.60</b>	+00:29:46 (41.0%)	7:15	8.3 (59.3%)
86	<b>CHWIEJ Agata</b>	<b>39</b>	BIEGACZE ŚWINOUJŚCIE	K30-39	32		00:36:00	<b>01:12:56.65</b>	+00:30:09 (41.4%)	7:17	8.2 (58.6%)
87	<b>GRYTA Janina</b>	<b>92</b>		K50-59	7		00:36:01	<b>01:12:57.60</b>	+00:30:10 (41.4%)	7:17	8.2 (58.6%)
88	<b>WOJCIECHOWSKA Aleksandra</b>	<b>275</b>		K50-59	8		00:37:17	<b>01:15:37.40</b>	+00:32:50 (43.4%)	7:33	7.9 (56.4%)
89	<b>KUJAWSKA-SZCZEPAŃSKA Karolina</b>	<b>143</b>		K30-39	33		00:38:12	<b>01:16:25.05</b>	+00:33:38 (44.0%)	7:38	7.9 (56.4%)
90	<b>DACZKOWSKA Henryka</b>	<b>48</b>		K18-29	13		00:38:13	<b>01:16:50.55</b>	+00:34:03 (44.3%)	7:41	7.8 (55.7%)
91	<b>SZPULAK Ewelina</b>	<b>257</b>		K40-49	33		00:37:03	<b>01:18:17.80</b>	+00:35:30 (45.4%)	7:49	7.7 (55.0%)
92	<b>ŁUKASZEWICZ Katarzyna</b>	<b>159</b>		K50-59	9	Tak	00:39:10	<b>01:22:35.25</b>	+00:39:48 (48.2%)	8:15	7.3 (52.1%)

Znaleziono 92 wynik(ów)