

Wydarzenie: BIEG WIKINGA - WOLIN 2019
Organizator: Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.
Data: 2019-09-29
Miejsce: Wolin
Dystans: 10 km

Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Lap 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	PIOTROWSKA Marta	206		K30-39	1		00:22:07	00:44:50.55		4:29	13.4 (100%)
2	SOCHACKA Marta	241		K30-39	2		00:22:48	00:45:49.30	+00:00:58 (2.1%)	4:34	13.1 (97.8%)
3	WOROBIEJ Monika	282		K30-39	3	Tak	00:22:49	00:46:36.90	+00:01:46 (3.8%)	4:39	12.9 (96.3%)
4	ROMAŃSKA Karolina	221	BIEGACZE ŚWINOUJŚCIE	K30-39	4		00:23:12	00:47:29.85	+00:02:39 (5.6%)	4:45	12.6 (94.0%)
5	DUSZKIEWICZ Dominika	64	BIEGACZE ŚWINOUJŚCIE	K30-39	5		00:24:26	00:49:56.70	+00:05:06 (10.2%)	4:59	12 (89.6%)
6	BARRA Marzena	8		K30-39	6		00:25:35	00:51:26.50	+00:06:35 (12.8%)	5:08	11.7 (87.3%)
7	BATOROWICZ Mariola	12		K30-39	7	Tak	00:26:36	00:52:37.80	+00:07:47 (14.8%)	5:15	11.4 (85.1%)
8	GRYMUŁA Agnieszka	91		K30-39	8		00:26:14	00:53:26.40	+00:08:35 (16.1%)	5:20	11.2 (83.6%)
9	CZYŻEWSKA Mirosława	46	WKURW_TEAM	K30-39	9		00:25:51	00:53:27.95	+00:08:37 (16.1%)	5:20	11.2 (83.6%)
10	KOLSKA Lena	125		K30-39	10		00:26:30	00:54:48.10	+00:09:57 (18.2%)	5:28	10.9 (81.3%)
11	ZUSEL Karolina	299		K30-39	11		00:27:18	00:55:12.00	+00:10:21 (18.8%)	5:31	10.9 (81.3%)
12	RZEMIENIECKA-GRUDZIEN Joanna	227		K30-39	12		00:26:46	00:55:14.70	+00:10:24 (18.8%)	5:31	10.9 (81.3%)
13	DEMKOWICZ Ewelina	51		K30-39	13	Tak	00:27:54	00:56:11.30	+00:11:20 (20.2%)	5:37	10.7 (79.9%)
14	NOWICKA Wioleta	190	MONIA GYM	K30-39	14		00:28:15	00:56:23.65	+00:11:33 (20.5%)	5:38	10.6 (79.1%)
15	MATULA Magdalena	170		K30-39	15		00:28:24	00:57:00.15	+00:12:09 (21.3%)	5:42	10.5 (78.4%)
16	BARANOWSKA Agnieszka	6	IAI TEAM	K30-39	16		00:27:57	00:57:55.95	+00:13:05 (22.6%)	5:47	10.4 (77.6%)
16	POGORZELSKA Sylwia	207	WIECZORNE BIEGANIE W SZCZECINIE	K30-39	16		00:28:40	00:57:55.95	+00:13:05 (22.6%)	5:47	10.4 (77.6%)
18	ŁUKASZEWICZ Hanna	158		K30-39	18		00:29:01	00:58:43.95	+00:13:53 (23.6%)	5:52	10.2 (76.1%)
19	PIĄTKOWSKA Izabela	202		K30-39	19		00:29:10	00:58:55.55	+00:14:05 (23.9%)	5:53	10.2 (76.1%)
20	BUGAŁA Milena	31		K30-39	20	Tak	00:29:49	01:00:08.95	+00:15:18 (25.4%)	6:00	10 (74.6%)
21	MIKULSKA- GAWLE Karina	176		K30-39	21		00:29:59	01:00:24.40	+00:15:33 (25.8%)	6:02	9.9 (73.9%)
22	KAZANOWSKA Monika	121	NATURAL BORN RUNNERS TEAM	K30-39	22	Tak	00:30:02	01:02:09.75	+00:17:19 (27.9%)	6:13	9.7 (72.4%)
23	PEŁKA Agata	200		K30-39	23		00:30:42	01:03:44.15	+00:18:53 (29.6%)	6:22	9.4 (70.1%)
24	WIERASZKA Małgorzata	274		K30-39	24		00:30:35	01:03:46.40	+00:18:55 (29.7%)	6:22	9.4 (70.1%)
25	GADOWSKA Aleksandra	73		K30-39	25		00:30:36	01:04:47.15	+00:19:56 (30.8%)	6:28	9.3 (69.4%)
26	NAWROCKA Dorota	185		K30-39	26		00:31:51	01:06:05.05	+00:21:14 (32.1%)	6:36	9.1 (67.9%)
27	KŁONOWSKA Monika	124	KB HERMES GRYFINO	K30-39	27		00:31:44	01:07:08.95	+00:22:18 (33.2%)	6:42	8.9 (66.4%)

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28	DZIEMIDOWICZ Jadwiga	65	WEGAS	K30-39	28	Tak	00:32:34	01:07:22.90	+00:22:32 (33.4%)	6:44	8.9 (66.4%)
29	KAMIŃSKA Dagmara	112		K30-39	29		00:32:31	01:07:56.30	+00:23:05 (34.0%)	6:47	8.8 (65.7%)
30	KAMIŃSKA Iwona	111		K30-39	30		00:32:31	01:07:56.50	+00:23:05 (34.0%)	6:47	8.8 (65.7%)
31	KORBUSZEWSKA Milena	130		K30-39	31		00:33:35	01:10:23.05	+00:25:32 (36.3%)	7:02	8.5 (63.4%)
32	CHWIEJ Agata	39	BIEGACZE ŚWINOUJŚCIE	K30-39	32		00:36:00	01:12:56.65	+00:28:06 (38.5%)	7:17	8.2 (61.2%)
33	KUJAWSKA-SZCZEPAŃSKA Karolina	143		K30-39	33		00:38:12	01:16:25.05	+00:31:34 (41.3%)	7:38	7.9 (59.0%)

Znaleziono 33 wynik(ów)