

Wydarzenie: BIEG WIKINGA - WOLIN 2019
Organizator: Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.
Data: 2019-09-29
Miejsce: Wolin
Dystans: 10 km



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Lap 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	WOLIŃSKA Emilia	280		K40-49	1	Tak	00:22:26	00:45:42.45		4:34	13.1 (100%)
2	SIDORKIEWICZ Anna	231		K40-49	2		00:23:32	00:48:23.35	+00:02:40 (5.5%)	4:50	12.4 (94.7%)
3	PRUSS Kasia	213	WKURW TEAM	K40-49	3		00:24:53	00:49:43.45	+00:04:01 (8.1%)	4:58	12.1 (92.4%)
4	SZYMAŃSKA Monika	260		K40-49	4		00:25:14	00:50:50.15	+00:05:07 (10.1%)	5:05	11.8 (90.1%)
5	HELLSTROM Ania	302		K40-49	5		00:25:41	00:51:30.20	+00:05:47 (11.3%)	5:09	11.7 (89.3%)
6	MURAWSKA Monika	181	BIEGACZE ŚWINOUJŚCIE	K40-49	6		00:25:37	00:52:14.15	+00:06:31 (12.5%)	5:13	11.5 (87.8%)
7	WIĄCEK Anna	273	KOBIECE BIEGANIE	K40-49	7		00:26:29	00:52:41.10	+00:06:58 (13.2%)	5:16	11.4 (87.0%)
8	WYDRA Ilona	289		K40-49	8		00:26:20	00:52:43.60	+00:07:01 (13.3%)	5:16	11.4 (87.0%)
9	GÓRSKA Anna	86	BIEGACZE ŚWINOUJŚCIE	K40-49	9		00:26:25	00:52:48.50	+00:07:06 (13.4%)	5:16	11.4 (87.0%)
10	TERAN Ana	266		K40-49	10		00:25:49	00:52:50.90	+00:07:08 (13.5%)	5:17	11.4 (87.0%)
11	ŚLIWIŃSKA Małgorzata	263	8.FOW	K40-49	11		00:26:46	00:54:22.70	+00:08:40 (15.9%)	5:26	11 (84.0%)
12	KUCHARCZYK Małgorzata	141		K40-49	12	Tak	00:27:32	00:55:18.55	+00:09:36 (17.4%)	5:31	10.8 (82.4%)
13	LEWANDOWSKA Agnieszka	152		K40-49	13		00:27:41	00:55:21.65	+00:09:39 (17.4%)	5:32	10.8 (82.4%)
14	BĄCZYK Monika	13	MONIA GYM	K40-49	14		00:28:14	00:56:23.35	+00:10:40 (18.9%)	5:38	10.6 (80.9%)
15	SIKORSKA Anna	233		K40-49	15		00:27:18	00:57:27.40	+00:11:44 (20.4%)	5:44	10.4 (79.4%)
16	SOBKOWIAK Magda	240		K40-49	16		00:28:29	00:57:30.80	+00:11:48 (20.5%)	5:45	10.4 (79.4%)
17	MASŁOWSKA Barbara	167		K40-49	17		00:28:29	00:57:47.20	+00:12:04 (20.9%)	5:46	10.4 (79.4%)
18	CZERNIACHOWSKA Ewelina	44		K40-49	18		00:28:06	00:57:47.95	+00:12:05 (20.9%)	5:46	10.4 (79.4%)
19	BURY Marianna	33	WYLUZOWANI BIEGACZE	K40-49	19		00:29:38	00:58:35.60	+00:12:53 (22.0%)	5:51	10.2 (77.9%)
20	SUSZA Małgorzata	248		K40-49	20		00:28:56	00:58:52.25	+00:13:09 (22.4%)	5:53	10.2 (77.9%)
21	STROJNA Dorota	245	ŚRUNDUNIA SZCZECIN	K40-49	21		00:29:09	00:58:55.25	+00:13:12 (22.4%)	5:53	10.2 (77.9%)
22	JAWORSKA Izabela	105		K40-49	22		00:29:37	00:59:04.40	+00:13:21 (22.6%)	5:54	10.2 (77.9%)
23	DRZEWIECKA Agnieszka	62	BIEGACZE ŚWINOUJŚCIE	K40-49	23		00:30:05	01:00:10.60	+00:14:28 (24.0%)	6:01	10 (76.3%)
24	WOSZCZYK Renata	283		K40-49	24		00:30:19	01:01:16.90	+00:15:34 (25.4%)	6:07	9.8 (74.8%)
25	JÓZWICKA Aneta	107		K40-49	25		00:30:19	01:01:17.05	+00:15:34 (25.4%)	6:07	9.8 (74.8%)
26	ELBIŃSKA-KRAWCZUK Monika	68	BIEGACZE ŚWINOUJŚCIE	K40-49	26		00:30:36	01:01:27.10	+00:15:44 (25.6%)	6:08	9.8 (74.8%)
27	ŚLUSARZ Iwona	264		K40-49	27		00:30:12	01:02:10.45	+00:16:28 (26.5%)	6:13	9.6 (73.3%)

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28	AMERNIK Katarzyna	3		K40-49	28		00:31:33	01:03:36.65	+00:17:54 (28.1%)	6:21	9.4 (71.8%)
29	BARSZCZEWSKA Małgorzata	9	BIEGACZE ŚWINOUJŚCIE	K40-49	29		00:31:28	01:06:23.25	+00:20:40 (31.2%)	6:38	9 (68.7%)
30	BZDAWKA Joanna	36	BIEGACZE ŚWINOUJŚCIE	K40-49	30		00:32:53	01:06:25.35	+00:20:42 (31.2%)	6:38	9 (68.7%)
31	DEMKOWICZ Edyta	54	WEGAS	K40-49	31	Tak	00:32:23	01:07:06.15	+00:21:23 (31.9%)	6:42	8.9 (67.9%)
32	HEDRYCH Wioletta	98		K40-49	32		00:33:00	01:07:47.25	+00:22:04 (32.6%)	6:46	8.8 (67.2%)
33	SZPULAK Ewelina	257		K40-49	33		00:37:03	01:18:17.80	+00:32:35 (41.6%)	7:49	7.7 (58.8%)

Znaleziono 33 wynik(ów)