

# BIEG WIKINGA - 5 KM

B4SPORT

**Wydarzenie:** BIEG WIKINGA  
**Organizator:** Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.  
**Data:** 2022-09-25  
**Miejsce:** Wolin  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	FILIPOWSKI Dariusz	179	FEHLAU RUN TEAM	M50-59	1		00:17:33.65		3:30	17.1 (100%)
2	BRYKCZYŃSKI Filip	165	RAZ SZCZECIN	M16-20	1		00:17:50.70	+00:00:17 (1.6%)	3:34	16.8 (98.2%)
3	ŁUKASZEWSKI Sebastian	214	STARGARDZKI KLUB LEKKOATLETYCZNY	M40-49	1		00:17:56.30	+00:00:22 (2.1%)	3:35	16.7 (97.7%)
4	HOŁUB Kamil	47	MLUKS TRZEBIATÓW	M40-49	2		00:18:31.80	+00:00:58 (5.2%)	3:42	16.2 (94.7%)
5	KOŁUCKI Arkadiusz	202	12BZ	M30-39	1		00:18:55.10	+00:01:21 (7.2%)	3:47	15.9 (93.0%)
6	GAŁWIACZEK Oliwier	182		M16-20	2	Tak	00:19:07.00	+00:01:33 (8.1%)	3:49	15.7 (91.8%)
7	WESOŁOWSKI Marcin	264		M30-39	2		00:19:57.55	+00:02:23 (12.0%)	3:59	15 (87.7%)
8	HARŁUKOWICZ Krzysztof	273		M40-49	3	Tak	00:20:08.00	+00:02:34 (12.8%)	4:01	14.9 (87.1%)
9	POKORSKI Daniel	239	RAZ SZCZECIN	M16-20	3		00:20:10.05	+00:02:36 (12.9%)	4:02	14.9 (87.1%)
10	DZHUKHAN Andrii	177		M30-39	3		00:20:16.20	+00:02:42 (13.4%)	4:03	14.8 (86.5%)
11	ILCEWICZ Wojciech	192		M30-39	4		00:20:20.00	+00:02:46 (13.6%)	4:04	14.8 (86.5%)
12	SAJDŁOWSKI Dariusz	250		M40-49	4		00:20:44.80	+00:03:11 (15.4%)	4:08	14.5 (84.8%)
13	PASZKIEWICZ Grzegorz	234		M40-49	5		00:20:45.25	+00:03:11 (15.4%)	4:09	14.5 (84.8%)
14	WOŹNIAKOWSKI Kacper	269		M21-29	1		00:21:07.55	+00:03:33 (16.9%)	4:13	14.2 (83.0%)
15	KRYNICKA Magdalena	207		K21-29	1		00:21:17.70	+00:03:44 (17.5%)	4:15	14.1 (82.5%)
16	KOSOŃ Jarosław	203	MARATON DO PRACY	M60-69	1	Tak	00:21:33.55	+00:03:59 (18.5%)	4:18	13.9 (81.3%)
17	HETMAŃSKI Arkadiusz	190	LOVELASY	M40-49	6		00:21:50.05	+00:04:16 (19.6%)	4:22	13.7 (80.1%)
18	WOJCIECHOWSKI Krzysztof	267		M50-59	2		00:21:56.45	+00:04:22 (20.0%)	4:23	13.7 (80.1%)
19	MUSIAŁ Bartłomiej	229	UKS AKTYWNI WYSOKA KAMIEŃSKA	M30-39	5		00:21:58.50	+00:04:24 (20.1%)	4:23	13.7 (80.1%)
20	HAWRYŁAK Marcin	189	14 ZBOT/142 BLP	M50-59	3		00:22:06.20	+00:04:32 (20.6%)	4:25	13.6 (79.5%)
21	NAWROCKI Piotr	231	KB PIONIER SZCZECIN	M50-59	4		00:22:06.25	+00:04:32 (20.6%)	4:25	13.6 (79.5%)
22	BARAŃSKI Bogusław	9	MLUKS TRZEBIATÓW	M60-69	2		00:23:03.65	+00:05:30 (23.8%)	4:36	13 (76.0%)
23	DUSZKIEWICZ Dominika	176	BIEGACZE ŚWINOUJŚCIE	K30-39	1		00:23:05.35	+00:05:31 (23.9%)	4:37	13 (76.0%)
24	DRESZER Monika	175		K30-39	2		00:23:13.20	+00:05:39 (24.4%)	4:38	12.9 (75.4%)
25	MASŁYK Michał	225		M30-39	6		00:23:21.65	+00:05:48 (24.8%)	4:40	12.8 (74.9%)
26	PROBOLA Grzegorz	243	GRYFUS SZCZECIN	M40-49	7		00:23:24.40	+00:05:50 (25.0%)	4:40	12.8 (74.9%)
27	SMOLIŃSKI Robert	255		M30-39	7		00:23:28.45	+00:05:54 (25.2%)	4:41	12.8 (74.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto		Tempo min/km	Tempo km/h
							5km	Różn		
28	<b>MAZURSKI Paweł</b>	<b>227</b>		M30-39	8		<b>00:23:30.40</b>	+00:05:56 (25.3%)	4:42	12.8 (74.9%)
29	<b>ZACHARSKI Jerzy</b>	<b>270</b>	FABRYKA NORDICA TRZCIANKA	M60-69	3		<b>00:23:42.80</b>	+00:06:09 (25.9%)	4:44	12.7 (74.3%)
30	<b>GANCARCZYK Michał</b>	<b>183</b>		M21-29	2		<b>00:23:44.70</b>	+00:06:11 (26.0%)	4:44	12.6 (73.7%)
31	<b>KALETA Paweł</b>	<b>67</b>		M30-39	9		<b>00:24:06.25</b>	+00:06:32 (27.1%)	4:49	12.4 (72.5%)
32	<b>PIOTROWSKI Andrzej</b>	<b>237</b>	PAUZA ŁADZIN	M30-39	10	Tak	<b>00:24:12.25</b>	+00:06:38 (27.4%)	4:50	12.4 (72.5%)
33	<b>LEWAŃCZYK Łukasz</b>	<b>211</b>		M40-49	8		<b>00:24:19.80</b>	+00:06:46 (27.8%)	4:51	12.3 (71.9%)
34	<b>SUCHARSKA Ryszarda</b>	<b>258</b>		K30-39	3		<b>00:24:26.00</b>	+00:06:52 (28.1%)	4:53	12.3 (71.9%)
35	<b>KOSZLAK Adrian</b>	<b>204</b>		M30-39	11		<b>00:24:31.60</b>	+00:06:57 (28.4%)	4:54	12.2 (71.3%)
36	<b>GRYMUŁA Marek</b>	<b>187</b>		M50-59	5		<b>00:24:34.25</b>	+00:07:00 (28.5%)	4:54	12.2 (71.3%)
37	<b>MASŁYK Dariusz</b>	<b>224</b>		M50-59	6		<b>00:24:56.65</b>	+00:07:23 (29.6%)	4:59	12 (70.2%)
38	<b>KŁACZKIEWICZ Alicja</b>	<b>201</b>	WY-BIEGANI SZCZECIN	K30-39	4		<b>00:25:08.20</b>	+00:07:34 (30.1%)	5:01	11.9 (69.6%)
39	<b>GAJEWSKI Bartosz</b>	<b>181</b>		M30-39	12		<b>00:25:11.70</b>	+00:07:38 (30.3%)	5:02	11.9 (69.6%)
40	<b>CHOJNACKA Maria</b>	<b>168</b>		K30-39	5		<b>00:25:12.10</b>	+00:07:38 (30.3%)	5:02	11.9 (69.6%)
41	<b>CHADAŚ Maryna</b>	<b>167</b>	BROWARY TEAM	K30-39	6		<b>00:25:37.20</b>	+00:08:03 (31.5%)	5:07	11.7 (68.4%)
42	<b>RUDZEWICZ Mariusz</b>	<b>248</b>		M30-39	13		<b>00:25:48.10</b>	+00:08:14 (31.9%)	5:09	11.6 (67.8%)
43	<b>CZERWIŃSKI Dariusz</b>	<b>172</b>	LOVELASY	M50-59	7		<b>00:26:05.20</b>	+00:08:31 (32.7%)	5:13	11.5 (67.3%)
44	<b>BRACIK Justyna</b>	<b>164</b>		K40-49	1		<b>00:26:05.45</b>	+00:08:31 (32.7%)	5:13	11.5 (67.3%)
45	<b>MAZUREK Tomasz</b>	<b>226</b>		M40-49	9		<b>00:26:17.60</b>	+00:08:43 (33.2%)	5:15	11.4 (66.7%)
46	<b>TRYCZYK Agnieszka</b>	<b>133</b>	RAZ SZCZECIN	K40-49	2		<b>00:26:29.95</b>	+00:08:56 (33.7%)	5:17	11.3 (66.1%)
47	<b>SZYMCZAK Sandra</b>	<b>261</b>		K30-39	7	Tak	<b>00:26:58.00</b>	+00:09:24 (34.9%)	5:23	11.1 (64.9%)
48	<b>GRZEGORZ Grzegorz</b>	<b>188</b>		M40-49	10		<b>00:26:58.55</b>	+00:09:24 (34.9%)	5:23	11.1 (64.9%)
49	<b>WEISS Sebastian</b>	<b>272</b>		M30-39	14		<b>00:27:01.40</b>	+00:09:27 (35.0%)	5:24	11.1 (64.9%)
50	<b>GROCHOLSKA Agnieszka</b>	<b>186</b>		K40-49	3	Tak	<b>00:27:11.45</b>	+00:09:37 (35.4%)	5:26	11 (64.3%)
51	<b>KUPNIEWSKA Aleksandra</b>	<b>208</b>	LOVELASY	K40-49	4		<b>00:27:33.35</b>	+00:09:59 (36.3%)	5:30	10.9 (63.7%)
52	<b>DEMKOWICZ Ewelina</b>	<b>174</b>		K30-39	8	Tak	<b>00:27:38.50</b>	+00:10:04 (36.5%)	5:31	10.9 (63.7%)
53	<b>JĘDRAK Mirosław</b>	<b>197</b>		M60-69	4		<b>00:27:39.45</b>	+00:10:05 (36.5%)	5:31	10.8 (63.2%)
54	<b>POGORZELSKA Sylwia</b>	<b>238</b>	WIECZORNE BIEGANIE W SZCZECINIE	K40-49	5		<b>00:27:45.20</b>	+00:10:11 (36.7%)	5:33	10.8 (63.2%)
55	<b>JURCZYK Paulina</b>	<b>199</b>		K30-39	9		<b>00:27:46.00</b>	+00:10:12 (36.8%)	5:33	10.8 (63.2%)
56	<b>KĘSKA Katarzyna</b>	<b>200</b>	LOVELASY	K50-59	1		<b>00:27:51.35</b>	+00:10:17 (37.0%)	5:34	10.8 (63.2%)
57	<b>SMOLARCZYK Marcin</b>	<b>254</b>		M40-49	11		<b>00:28:03.75</b>	+00:10:30 (37.4%)	5:36	10.7 (62.6%)
58	<b>JAŚKIEWICZ Katarzyna</b>	<b>195</b>	RAZ SZCZECIN	K40-49	6		<b>00:28:04.90</b>	+00:10:31 (37.5%)	5:36	10.7 (62.6%)
59	<b>MIKULSKA GAWLE Karina</b>	<b>91</b>	UNITY LINE	K40-49	7		<b>00:28:13.50</b>	+00:10:39 (37.8%)	5:38	10.6 (62.0%)
60	<b>KOŚCIOW Mariusz</b>	<b>205</b>	RAZ SZCZECIN	M60-69	5		<b>00:28:28.05</b>	+00:10:54 (38.3%)	5:41	10.5 (61.4%)
61	<b>STACHOWICZ-HAWRYLAK Sylwia</b>	<b>256</b>	ZACHPOMORSKIE CENTRUM ONKOLOGII	K50-59	2		<b>00:28:50.45</b>	+00:11:16 (39.1%)	5:46	10.4 (60.8%)
62	<b>DZIEMIDOWICZ Adam</b>	<b>274</b>		M50-59	8		<b>00:28:51.60</b>	+00:11:17 (39.2%)	5:46	10.4 (60.8%)
63	<b>STERNA Ewelina</b>	<b>275</b>		K40-49	8		<b>00:28:53.45</b>	+00:11:19 (39.2%)	5:46	10.4 (60.8%)
64	<b>CIEŚLAK Małgorzata</b>	<b>170</b>	RAZ SZCZECIN	K40-49	9		<b>00:28:57.60</b>	+00:11:23 (39.4%)	5:47	10.4 (60.8%)
65	<b>SAJDŁOWSKA Aldona</b>	<b>249</b>		K40-49	10		<b>00:29:12.55</b>	+00:11:38 (39.9%)	5:50	10.3 (60.2%)
66	<b>STOCKER Ania</b>	<b>257</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	11		<b>00:29:15.15</b>	+00:11:41 (40.0%)	5:51	10.3 (60.2%)
67	<b>ORLON Barbara</b>	<b>232</b>	BIEG KORCZAKA	K50-59	3		<b>00:29:15.50</b>	+00:11:41 (40.0%)	5:51	10.3 (60.2%)
68	<b>PIĄTEK Katarzyna</b>	<b>236</b>	CIEPŁE KLUCHY	K30-39	10		<b>00:29:18.90</b>	+00:11:45 (40.1%)	5:51	10.2 (59.6%)
69	<b>CIEŚLIK Józef</b>	<b>276</b>		M60-69	6	Tak	<b>00:29:22.85</b>	+00:11:49 (40.2%)	5:52	10.2 (59.6%)
70	<b>GONTARZ Katarzyna</b>	<b>184</b>		K21-29	2		<b>00:29:29.95</b>	+00:11:56 (40.5%)	5:53	10.2 (59.6%)
71	<b>TERAN Ana</b>	<b>263</b>		K40-49	12		<b>00:29:38.05</b>	+00:12:04 (40.7%)	5:55	10.1 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
72	<b>PAWELEC Paweł</b>	<b>235</b>		M30-39	15		<b>00:30:14.40</b>	+00:12:40 (41.9%)	6:02	9.9 (57.9%)
73	<b>HYŻOWIECKI Emil</b>	<b>191</b>		M30-39	16	Tak	<b>00:30:18.00</b>	+00:12:44 (42.0%)	6:03	9.9 (57.9%)
74	<b>JACYNA Mirosław</b>	<b>193</b>	TRIGYM SZCZECIN	M50-59	9		<b>00:30:27.60</b>	+00:12:53 (42.3%)	6:05	9.9 (57.9%)
75	<b>MAJZNER Urszula</b>	<b>218</b>		K50-59	4		<b>00:30:28.65</b>	+00:12:55 (42.4%)	6:05	9.8 (57.3%)
76	<b>MASŁOWSKA Barbara</b>	<b>223</b>		K40-49	13		<b>00:30:36.65</b>	+00:13:03 (42.6%)	6:07	9.8 (57.3%)
77	<b>NAWROCKA-JUREK Dorota</b>	<b>230</b>		K30-39	11		<b>00:31:18.10</b>	+00:13:44 (43.9%)	6:15	9.6 (56.1%)
78	<b>MAŁKOWSKA Edyta</b>	<b>222</b>		K30-39	12		<b>00:31:20.75</b>	+00:13:47 (44.0%)	6:16	9.6 (56.1%)
79	<b>MAJZNER Emir</b>	<b>219</b>		M50-59	10		<b>00:31:23.20</b>	+00:13:49 (44.1%)	6:16	9.6 (56.1%)
80	<b>DADAS Marta</b>	<b>173</b>		K30-39	13	Tak	<b>00:31:29.45</b>	+00:13:55 (44.2%)	6:17	9.5 (55.6%)
81	<b>KOŚCIOW Dorota</b>	<b>206</b>	RAZ SZCZECIN	K60-69	1		<b>00:31:33.40</b>	+00:13:59 (44.4%)	6:18	9.5 (55.6%)
82	<b>BŁACHNIO Dorota</b>	<b>162</b>	RAZ SZCZECIN	K50-59	5		<b>00:31:33.55</b>	+00:13:59 (44.4%)	6:18	9.5 (55.6%)
83	<b>MAJOS Małgorzata</b>	<b>216</b>	RAZ SZCZECIN	K50-59	6		<b>00:31:34.15</b>	+00:14:00 (44.4%)	6:18	9.5 (55.6%)
84	<b>GABERT Beata</b>	<b>180</b>	RAZ SZCZECIN	K50-59	7		<b>00:31:34.35</b>	+00:14:00 (44.4%)	6:18	9.5 (55.6%)
85	<b>PRAWDA Iwona</b>	<b>242</b>		K40-49	14		<b>00:31:38.40</b>	+00:14:04 (44.5%)	6:19	9.5 (55.6%)
86	<b>SURUDO Amelia</b>	<b>259</b>	BIEGACZE ŚWINOUJŚCIE	K16-20	1		<b>00:31:49.25</b>	+00:14:15 (44.8%)	6:21	9.4 (55.0%)
87	<b>SIKORSKA Honorata</b>	<b>252</b>		K50-59	8		<b>00:32:38.60</b>	+00:15:04 (46.2%)	6:31	9.2 (53.8%)
88	<b>PROBOLA Monika</b>	<b>244</b>		K40-49	15		<b>00:33:03.85</b>	+00:15:30 (46.9%)	6:36	9.1 (53.2%)
89	<b>JARCZEWSKA Renata</b>	<b>194</b>		K50-59	9		<b>00:33:42.75</b>	+00:16:09 (47.9%)	6:44	8.9 (52.0%)
90	<b>ZBIGNIEW Kurek</b>	<b>271</b>	CEKIN	M70+	1		<b>00:33:51.30</b>	+00:16:17 (48.1%)	6:46	8.9 (52.0%)
91	<b>KUREK Jadwiga</b>	<b>209</b>	CEKIN	K60-69	2		<b>00:33:52.30</b>	+00:16:18 (48.2%)	6:46	8.9 (52.0%)
92	<b>PRZYŁUSKA Mirosława</b>	<b>245</b>	RAZ SZCZECIN	K70+	1		<b>00:33:53.30</b>	+00:16:19 (48.2%)	6:46	8.9 (52.0%)
93	<b>SAMOLEJ Monika</b>	<b>251</b>		K40-49	16		<b>00:34:40.20</b>	+00:17:06 (49.3%)	6:56	8.7 (50.9%)
94	<b>LUBITZ André</b>	<b>213</b>	BIEGACZE ŚWINOUJŚCIE	M50-59	11		<b>00:34:43.00</b>	+00:17:09 (49.4%)	6:56	8.6 (50.3%)
95	<b>PUTRESZA Marcin</b>	<b>246</b>		M40-49	12		<b>00:34:52.55</b>	+00:17:18 (49.6%)	6:58	8.6 (50.3%)
96	<b>BZDAWKA Joanna</b>	<b>166</b>		K40-49	17		<b>00:35:56.05</b>	+00:18:22 (51.1%)	7:11	8.3 (48.5%)
97	<b>OTOCKA Agnieszka</b>	<b>233</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	18		<b>00:35:57.50</b>	+00:18:23 (51.2%)	7:11	8.3 (48.5%)
98	<b>DZIUBA Bogdan</b>	<b>178</b>	BIEGACZE ŚWINOUJŚCIE	M60-69	7		<b>00:36:20.05</b>	+00:18:46 (51.7%)	7:16	8.3 (48.5%)
99	<b>WITCZAK-SPERKA Mariola</b>	<b>266</b>	RAZ SZCZECIN	K60-69	3		<b>00:36:29.20</b>	+00:18:55 (51.9%)	7:17	8.2 (48.0%)
100	<b>CZAJA Magdalena</b>	<b>171</b>		K30-39	14	Tak	<b>00:38:05.20</b>	+00:20:31 (53.9%)	7:37	7.9 (46.2%)
101	<b>SZULC Monika</b>	<b>260</b>	RAZ SZCZECIN	K40-49	19		<b>00:39:47.05</b>	+00:22:13 (55.9%)	7:57	7.5 (43.9%)
102	<b>BODNAR Zbigniew</b>	<b>163</b>	EXTREME WOLF	M70+	2		<b>00:40:24.65</b>	+00:22:51 (56.5%)	8:04	7.4 (43.3%)
103	<b>CHWIEJ Agata</b>	<b>169</b>	BIEGACZE ŚWINOUJŚCIE	K40-49	20		<b>00:41:08.60</b>	+00:23:34 (57.3%)	8:13	7.3 (42.7%)
104	<b>TARNOWSKA Alicja</b>	<b>262</b>		K30-39	15	Tak	<b>00:44:10.50</b>	+00:26:36 (60.2%)	8:50	6.8 (39.8%)
105	<b>ROLIŃSKA Olga</b>	<b>247</b>		K21-29	3	Tak	<b>00:44:12.65</b>	+00:26:39 (60.3%)	8:50	6.8 (39.8%)
106	<b>MIERZICKA Dorota</b>	<b>228</b>		K60-69	4	Tak	<b>00:55:55.05</b>	+00:38:21 (68.6%)	11:11	5.4 (31.6%)

Znaleziono 106 wynik(ów)