

**Wydarzenie:** BIEG WIKINGA  
**Organizator:** Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.  
**Data:** 2022-09-25  
**Miejsce:** Wolin  
**Dystans:** 5 km

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>FILIPOWSKI Dariusz</b>	<b>179</b>	FEHLAU RUN TEAM	M50-59	1		<b>00:17:33.65</b>		3:30	17.1 (100%)
2	<b>BRYKCZYŃSKI Filip</b>	<b>165</b>	RAZ SZCZECIN	M16-20	1		<b>00:17:50.70</b>	+00:00:17 (1.6%)	3:34	16.8 (98.2%)
3	<b>ŁUKASZEWSKI Sebastian</b>	<b>214</b>	STARGARDZKI KLUB LEKKOATLETYCZNY	M40-49	1		<b>00:17:56.30</b>	+00:00:22 (2.1%)	3:35	16.7 (97.7%)
4	<b>HOŁUB Kamil</b>	<b>47</b>	MLUKS TRZEBIATÓW	M40-49	2		<b>00:18:31.80</b>	+00:00:58 (5.2%)	3:42	16.2 (94.7%)
5	<b>KOŁUCKI Arkadiusz</b>	<b>202</b>	12BZ	M30-39	1		<b>00:18:55.10</b>	+00:01:21 (7.2%)	3:47	15.9 (93.0%)
6	<b>GAŁWIACZEK Oliwier</b>	<b>182</b>		M16-20	2	Tak	<b>00:19:07.00</b>	+00:01:33 (8.1%)	3:49	15.7 (91.8%)
7	<b>WESOŁOWSKI Marcin</b>	<b>264</b>		M30-39	2		<b>00:19:57.55</b>	+00:02:23 (12.0%)	3:59	15 (87.7%)
8	<b>HARŁUKOWICZ Krzysztof</b>	<b>273</b>		M40-49	3	Tak	<b>00:20:08.00</b>	+00:02:34 (12.8%)	4:01	14.9 (87.1%)
9	<b>POKORSKI Daniel</b>	<b>239</b>	RAZ SZCZECIN	M16-20	3		<b>00:20:10.05</b>	+00:02:36 (12.9%)	4:02	14.9 (87.1%)
10	<b>DZHUHAN Andrii</b>	<b>177</b>		M30-39	3		<b>00:20:16.20</b>	+00:02:42 (13.4%)	4:03	14.8 (86.5%)
11	<b>ILCEWICZ Wojciech</b>	<b>192</b>		M30-39	4		<b>00:20:20.00</b>	+00:02:46 (13.6%)	4:04	14.8 (86.5%)
12	<b>SAJDŁOWSKI Dariusz</b>	<b>250</b>		M40-49	4		<b>00:20:44.80</b>	+00:03:11 (15.4%)	4:08	14.5 (84.8%)
13	<b>PASZKIEWICZ Grzegorz</b>	<b>234</b>		M40-49	5		<b>00:20:45.25</b>	+00:03:11 (15.4%)	4:09	14.5 (84.8%)
14	<b>WOŹNIAKOWSKI Kacper</b>	<b>269</b>		M21-29	1		<b>00:21:07.55</b>	+00:03:33 (16.9%)	4:13	14.2 (83.0%)
15	<b>KOSOŃ Jarosław</b>	<b>203</b>	MARATON DO PRACY	M60-69	1	Tak	<b>00:21:33.55</b>	+00:03:59 (18.5%)	4:18	13.9 (81.3%)
16	<b>HETMAŃSKI Arkadiusz</b>	<b>190</b>	LOVELASY	M40-49	6		<b>00:21:50.05</b>	+00:04:16 (19.6%)	4:22	13.7 (80.1%)
17	<b>WOJCIECHOWSKI Krzysztof</b>	<b>267</b>		M50-59	2		<b>00:21:56.45</b>	+00:04:22 (20.0%)	4:23	13.7 (80.1%)
18	<b>MUSIAŁ Bartłomiej</b>	<b>229</b>	UKS AKTYWNI WYSOKA KAMIEŃSKA	M30-39	5		<b>00:21:58.50</b>	+00:04:24 (20.1%)	4:23	13.7 (80.1%)
19	<b>HAWRYLAK Marcin</b>	<b>189</b>	14 ZBOT/142 BLP	M50-59	3		<b>00:22:06.20</b>	+00:04:32 (20.6%)	4:25	13.6 (79.5%)
20	<b>NAWROCKI Piotr</b>	<b>231</b>	KB PIONIER SZCZECIN	M50-59	4		<b>00:22:06.25</b>	+00:04:32 (20.6%)	4:25	13.6 (79.5%)
21	<b>BARAŃSKI Bogusław</b>	<b>9</b>	MLUKS TRZEBIATÓW	M60-69	2		<b>00:23:03.65</b>	+00:05:30 (23.8%)	4:36	13 (76.0%)
22	<b>MASŁYK Michał</b>	<b>225</b>		M30-39	6		<b>00:23:21.65</b>	+00:05:48 (24.8%)	4:40	12.8 (74.9%)
23	<b>PROBOLA Grzegorz</b>	<b>243</b>	GRYFUS SZCZECIN	M40-49	7		<b>00:23:24.40</b>	+00:05:50 (25.0%)	4:40	12.8 (74.9%)
24	<b>SMOLIŃSKI Robert</b>	<b>255</b>		M30-39	7		<b>00:23:28.45</b>	+00:05:54 (25.2%)	4:41	12.8 (74.9%)
25	<b>MAZURSKI Paweł</b>	<b>227</b>		M30-39	8		<b>00:23:30.40</b>	+00:05:56 (25.3%)	4:42	12.8 (74.9%)
26	<b>ZACHARSKI Jerzy</b>	<b>270</b>	FABRYKA NORDICA TRZCIANKA	M60-69	3		<b>00:23:42.80</b>	+00:06:09 (25.9%)	4:44	12.7 (74.3%)
27	<b>GANCARCZYK Michał</b>	<b>183</b>		M21-29	2		<b>00:23:44.70</b>	+00:06:11 (26.0%)	4:44	12.6 (73.7%)

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28	<b>KALETA Paweł</b>	<b>67</b>		M30-39	9		<b>00:24:06.25</b>	+00:06:32 (27.1%)	4:49	12.4 (72.5%)
29	<b>PIOTROWSKI Andrzej</b>	<b>237</b>	PAUZA ŁADZIN	M30-39	10	Tak	<b>00:24:12.25</b>	+00:06:38 (27.4%)	4:50	12.4 (72.5%)
30	<b>LEWAŃCZYK Łukasz</b>	<b>211</b>		M40-49	8		<b>00:24:19.80</b>	+00:06:46 (27.8%)	4:51	12.3 (71.9%)
31	<b>KOSZLAK Adrian</b>	<b>204</b>		M30-39	11		<b>00:24:31.60</b>	+00:06:57 (28.4%)	4:54	12.2 (71.3%)
32	<b>GRYMUŁA Marek</b>	<b>187</b>		M50-59	5		<b>00:24:34.25</b>	+00:07:00 (28.5%)	4:54	12.2 (71.3%)
33	<b>MASŁYK Dariusz</b>	<b>224</b>		M50-59	6		<b>00:24:56.65</b>	+00:07:23 (29.6%)	4:59	12 (70.2%)
34	<b>GAJEWSKI Bartosz</b>	<b>181</b>		M30-39	12		<b>00:25:11.70</b>	+00:07:38 (30.3%)	5:02	11.9 (69.6%)
35	<b>RUDZEWICZ Mariusz</b>	<b>248</b>		M30-39	13		<b>00:25:48.10</b>	+00:08:14 (31.9%)	5:09	11.6 (67.8%)
36	<b>CZERWIŃSKI Dariusz</b>	<b>172</b>	LOVELASY	M50-59	7		<b>00:26:05.20</b>	+00:08:31 (32.7%)	5:13	11.5 (67.3%)
37	<b>MAZUREK Tomasz</b>	<b>226</b>		M40-49	9		<b>00:26:17.60</b>	+00:08:43 (33.2%)	5:15	11.4 (66.7%)
38	<b>GRZEGORZ Grzegorz</b>	<b>188</b>		M40-49	10		<b>00:26:58.55</b>	+00:09:24 (34.9%)	5:23	11.1 (64.9%)
39	<b>WEISS Sebastian</b>	<b>272</b>		M30-39	14		<b>00:27:01.40</b>	+00:09:27 (35.0%)	5:24	11.1 (64.9%)
40	<b>JĘDRAK Mirosław</b>	<b>197</b>		M60-69	4		<b>00:27:39.45</b>	+00:10:05 (36.5%)	5:31	10.8 (63.2%)
41	<b>SMOLARCZYK Marcin</b>	<b>254</b>		M40-49	11		<b>00:28:03.75</b>	+00:10:30 (37.4%)	5:36	10.7 (62.6%)
42	<b>KOŚCIOW Mariusz</b>	<b>205</b>	RAZ SZCZECIN	M60-69	5		<b>00:28:28.05</b>	+00:10:54 (38.3%)	5:41	10.5 (61.4%)
43	<b>DZIEMIDOWICZ Adam</b>	<b>274</b>		M50-59	8		<b>00:28:51.60</b>	+00:11:17 (39.2%)	5:46	10.4 (60.8%)
44	<b>CIEŚLIK Józef</b>	<b>276</b>		M60-69	6	Tak	<b>00:29:22.85</b>	+00:11:49 (40.2%)	5:52	10.2 (59.6%)
45	<b>PAWELEC Paweł</b>	<b>235</b>		M30-39	15		<b>00:30:14.40</b>	+00:12:40 (41.9%)	6:02	9.9 (57.9%)
46	<b>HYŻOWIECKI Emil</b>	<b>191</b>		M30-39	16	Tak	<b>00:30:18.00</b>	+00:12:44 (42.0%)	6:03	9.9 (57.9%)
47	<b>JACYNA Mirosław</b>	<b>193</b>	TRIGYM SZCZECIN	M50-59	9		<b>00:30:27.60</b>	+00:12:53 (42.3%)	6:05	9.9 (57.9%)
48	<b>MAJZNER Emir</b>	<b>219</b>		M50-59	10		<b>00:31:23.20</b>	+00:13:49 (44.1%)	6:16	9.6 (56.1%)
49	<b>ZBIGNIEW Kurek</b>	<b>271</b>	CEKIN	M70+	1		<b>00:33:51.30</b>	+00:16:17 (48.1%)	6:46	8.9 (52.0%)
50	<b>LUBITZ André</b>	<b>213</b>	BIEGACZE ŚWINOUJŚCIE	M50-59	11		<b>00:34:43.00</b>	+00:17:09 (49.4%)	6:56	8.6 (50.3%)
51	<b>PUTRESZA Marcin</b>	<b>246</b>		M40-49	12		<b>00:34:52.55</b>	+00:17:18 (49.6%)	6:58	8.6 (50.3%)
52	<b>DZIUBA Bogdan</b>	<b>178</b>	BIEGACZE ŚWINOUJŚCIE	M60-69	7		<b>00:36:20.05</b>	+00:18:46 (51.7%)	7:16	8.3 (48.5%)
53	<b>BODNAR Zbigniew</b>	<b>163</b>	EXTREME WOLF	M70+	2		<b>00:40:24.65</b>	+00:22:51 (56.5%)	8:04	7.4 (43.3%)

Znaleziono 53 wynik(ów)