

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

BIEG WIKINGA - WOLIN 2019
Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.
2019-09-29
Wolin
5 km



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	OKRZESIK-FRĄCKOWIAK Izabela	474	KS METRACO POLKOWICE	K50-59	1		00:34:01.40		6:48	8.8 (100%)
2	MASŁYK Małgorzata	466		K50-59	2		00:34:24.60	+00:00:22 (1.1%)	6:53	8.7 (98.9%)
3	ZIÓŁKOWSKA Sylwia	515		K40-49	1		00:35:04.90	+00:01:02 (3.0%)	7:00	8.6 (97.7%)
4	STACHOWICZ-HAWRYLAK Sylwia	493	ZACHODNIOPOM.CENTRUM ONKOLOGII	K40-49	2		00:35:12.05	+00:01:10 (3.3%)	7:02	8.5 (96.6%)
5	KAMIŃSKA Magdalena	444		K30-39	1		00:36:20.85	+00:02:18 (6.3%)	7:16	8.3 (94.3%)
6	GÓRSKA Agnieszka	427	NORDICOWELOVE POLICE	K40-49	3		00:37:07.50	+00:03:06 (8.3%)	7:25	8.1 (92.0%)
7	MAJEWSKA Lidia Ewa	463		K50-59	3		00:37:23.05	+00:03:20 (8.9%)	7:28	8 (90.9%)
8	KUPNIEWSKA Aleksandra	455	KOMPAS TEAM	K30-39	2		00:37:27.35	+00:03:25 (9.2%)	7:29	8 (90.9%)
9	WOŹNIEWSKA Grażyna	509	NORDICOWELOVE POLICE	K50-59	4		00:37:51.85	+00:03:50 (10.1%)	7:34	7.9 (89.8%)
10	KAZIMIERSKA Żaneta	447		K40-49	4	Tak	00:38:24.75	+00:04:25 (11.5%)	7:41	7.8 (88.6%)
11	GRZYBOWSKA Ewa	430		K50-59	5	Tak	00:38:26.95	+00:04:25 (11.5%)	7:41	7.8 (88.6%)
12	MARTYNA Ewa	464		K60+	1		00:38:33.05	+00:04:32 (11.7%)	7:42	7.8 (88.6%)
13	JANKOWSKA Renata	438		K40-49	5		00:38:54.30	+00:04:52 (12.5%)	7:46	7.7 (87.5%)
14	OLEJNIK Marzena	475		K50-59	6		00:38:48.95	+00:04:53 (12.6%)	7:45	7.7 (87.5%)
15	MISIEWICZ Bożena	469		K50-59	7		00:39:00.55	+00:04:58 (12.7%)	7:48	7.7 (87.5%)
16	PODHAJNA Agnieszka	480		K40-49	6		00:39:45.15	+00:05:48 (14.6%)	7:57	7.5 (85.2%)
17	CHABINKA Ewa	412	KLUB MORSÓW KURKA WODNA	K40-49	7		00:39:58.30	+00:05:57 (14.9%)	7:59	7.5 (85.2%)
18	SEŃ Agata	490		K30-39	3		00:40:33.65	+00:06:38 (16.3%)	8:06	7.4 (84.1%)
19	RUBAJ - FIEDZIUSZKO Anna	484		K30-39	4		00:40:43.55	+00:06:42 (16.5%)	8:08	7.4 (84.1%)
20	DAMAS Edyta	417	ZA-BIEGANE BABECZKI	K40-49	8		00:41:05.65	+00:07:05 (17.2%)	8:13	7.3 (83.0%)
21	MIKOŁAJCZYK Marlena	468	ZA-BIEGANE BABECZKI NOWOGARD	K40-49	9		00:41:05.25	+00:07:05 (17.2%)	8:13	7.3 (83.0%)
22	CEBEREK-PŁOTCZYK Marcelina	411		K60+	2		00:41:14.15	+00:07:15 (17.6%)	8:15	7.3 (83.0%)
23	PODZIELNA Aleksandra	481		K30-39	5		00:41:28.90	+00:07:32 (18.1%)	8:17	7.2 (81.8%)
24	BIELECKA Monika	406	TUPTUP TEAM	K40-49	10		00:41:40.10	+00:07:40 (18.4%)	8:20	7.2 (81.8%)
25	BIELAŃSKA Dorota	404	PACZOCZIKEJKOS	K50-59	8		00:41:42.70	+00:07:41 (18.4%)	8:20	7.2 (81.8%)
26	STASIAK Iwona	519		K60+	3		00:41:54.00	+00:07:55 (18.9%)	8:22	7.2 (81.8%)
27	JABLONSKA Danusia	434	PACZOCZIKEJKOS	K60+	4		00:42:00.60	+00:07:58 (19.0%)	8:24	7.1 (80.7%)

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							netto	Różn		
28	CZAJKOWSKA Irena	520		K60+	5		00:42:20.60	+00:08:21 (19.7%)	8:28	7.1 (80.7%)
29	NOWAK Aneta	471	NORDICOWELOVE	K40-49	11		00:42:40.20	+00:08:40 (20.3%)	8:32	7 (79.5%)
30	JASIŃSKA Renata	442		K50-59	9	Tak	00:42:50.45	+00:08:52 (20.7%)	8:34	7 (79.5%)
31	SAPA Stefania	488	BYDGOSKIE ŻÓŁWIE	K50-59	10		00:42:49.10	+00:08:52 (20.7%)	8:33	7 (79.5%)
32	MACIEJEWSKA Grażyna	461	STARGARD JA SIĘ NIE ŚCIGAM	K60+	6		00:42:55.85	+00:08:55 (20.8%)	8:35	7 (79.5%)
33	WOLSKA Maria	507	ARIELKA TEAM	K30-39	6		00:43:02.45	+00:09:02 (21.0%)	8:36	7 (79.5%)
34	BURNAT-SZCZĘSNA Aneta	410	BIEGACZE ŚWINOUJŚCIE	K40-49	12		00:43:12.00	+00:09:15 (21.4%)	8:38	6.9 (78.4%)
35	BORZĘCKA Jolanta	409		K50-59	11	Tak	00:43:15.60	+00:09:16 (21.4%)	8:39	6.9 (78.4%)
36	HOŁOTA Iwona	432		K50-59	12		00:43:12.55	+00:09:16 (21.4%)	8:38	6.9 (78.4%)
37	MACIEJEWSKA Alicja	460		K40-49	13	Tak	00:43:17.15	+00:09:17 (21.4%)	8:39	6.9 (78.4%)
38	KALINOWSKA Agnieszka	443	KS UZNAM ŚWINOUJŚCIE	K40-49	14		00:43:16.70	+00:09:21 (21.6%)	8:39	6.9 (78.4%)
39	KASPRZAK Monika	446		K30-39	7	Tak	00:43:24.70	+00:09:30 (21.8%)	8:41	6.9 (78.4%)
40	POPIOŁEK Joanna	482		K30-39	8		00:43:31.25	+00:09:34 (21.9%)	8:42	6.9 (78.4%)
41	SZALEWSKA Beata	497	NIEZRZESZONA	K30-39	9		00:43:29.35	+00:09:36 (22.0%)	8:41	6.9 (78.4%)
41	LIPIŃSKA Małgorzata	456	NIEZRZESZONA	K30-39	9		00:43:29.15	+00:09:36 (22.0%)	8:41	6.9 (78.4%)
43	BARYŁA Dorota	402		K50-59	13	Tak	00:43:36.60	+00:09:44 (22.2%)	8:43	6.9 (78.4%)
44	DROZDEK Joanna	419	KOMPAS TEAM	K40-49	15		00:43:51.70	+00:10:01 (22.7%)	8:46	6.8 (77.3%)
45	MASLOWSKA Alina	465		K60+	7	Tak	00:44:18.80	+00:10:20 (23.3%)	8:51	6.8 (77.3%)
46	HUSIAK Adriana	433		K50-59	14		00:44:29.35	+00:10:29 (23.5%)	8:54	6.7 (76.1%)
47	ZUSEL Grażyna	516		K60+	8		00:44:31.40	+00:10:30 (23.6%)	8:54	6.7 (76.1%)
48	BILARD Joanna	408	BIKERS ŚWINOUJŚCIE	K50-59	15		00:44:39.10	+00:10:43 (24.0%)	8:55	6.7 (76.1%)
49	BAŚCIKOWSKA Katarzyna	403		K40-49	16		00:44:40.30	+00:10:45 (24.0%)	8:56	6.7 (76.1%)
50	ZELEK Grażyna	511		K60+	9	Tak	00:45:04.90	+00:11:04 (24.5%)	9:00	6.7 (76.1%)
51	PAŚ Monika	477		K30-39	11	Tak	00:45:34.05	+00:11:36 (25.4%)	9:06	6.6 (75.0%)
52	MACIEJEWSKA Lusja	517		K30-39	12	Tak	00:45:34.75	+00:11:36 (25.4%)	9:07	6.6 (75.0%)
53	TRZNADEL Ludmila	503	NIEZRZESZONA	K60+	10		00:45:37.60	+00:11:45 (25.6%)	9:07	6.6 (75.0%)
54	GŁOGOWSKA Renata	426		K40-49	17	Tak	00:45:53.55	+00:11:56 (25.9%)	9:10	6.5 (73.9%)
55	STANIK Agnieszka	494		K40-49	18	Tak	00:45:53.15	+00:11:56 (26.0%)	9:10	6.5 (73.9%)
56	WOJTOWICZ Sylwia	506		K40-49	19	Tak	00:46:10.80	+00:12:16 (26.5%)	9:14	6.5 (73.9%)
57	TARNOWSKA Maria	500		K60+	11	Tak	00:46:10.75	+00:12:16 (26.5%)	9:14	6.5 (73.9%)
58	WOŹNIAK Agnieszka	508		K40-49	20	Tak	00:46:20.25	+00:12:22 (26.7%)	9:16	6.5 (73.9%)
59	ZALEWSKA Joanna	510	FIZJOTERAPIA DZIECIĘCA D. ZALEWSKI	K40-49	21		00:46:22.45	+00:12:24 (26.7%)	9:16	6.5 (73.9%)
60	SZAMBELAN Elzbieta	499		K60+	12	Tak	00:46:30.80	+00:12:32 (26.9%)	9:18	6.4 (72.7%)
61	NOWICKA Krystyna	473		K60+	13	Tak	00:46:33.75	+00:12:36 (27.0%)	9:18	6.4 (72.7%)
62	ZIEMGOWSKA Kariokka	513		K40-49	22	Tak	00:46:42.55	+00:12:49 (27.4%)	9:20	6.4 (72.7%)
63	AGATOWSKA Joanna	400		K40-49	23		00:46:47.05	+00:12:52 (27.4%)	9:21	6.4 (72.7%)
64	CIESIELSKA Agnieszka	416		K40-49	24		00:46:47.20	+00:12:52 (27.4%)	9:21	6.4 (72.7%)
65	JANKOWSKA Ilona	437		K18-29	1		00:46:50.05	+00:12:59 (27.6%)	9:22	6.4 (72.7%)
66	KUBISIAK Marta	454		K30-39	13	Tak	00:46:55.15	+00:13:01 (27.7%)	9:23	6.4 (72.7%)
66	SZAŁAŃSKA Ilona	498		K30-39	13		00:46:54.35	+00:13:01 (27.7%)	9:22	6.4 (72.7%)
68	GROCHOLSKA Agnieszka	428		K40-49	25	Tak	00:47:04.40	+00:13:06 (27.8%)	9:25	6.4 (72.7%)
69	GROCHOLSKA Urszula	429		K60+	14	Tak	00:47:04.65	+00:13:06 (27.8%)	9:25	6.4 (72.7%)
70	KONIECZNA Irena	451		K60+	15		00:48:26.65	+00:14:26 (29.8%)	9:41	6.2 (70.5%)
71	ZIMNICKA Joanna	514		K40-49	26		00:48:41.45	+00:14:48 (30.3%)	9:44	6.2 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
72	TOMCZAK Teresa	501		K50-59	16	Tak	00:49:11.75	+00:15:21 (31.1%)	9:50	6.1 (69.3%)
73	KLIMKOWSKA Małgorzata	449		K40-49	27	Tak	00:50:14.40	+00:16:20 (32.4%)	10:02	6 (68.2%)
74	ŁUŻNA Danuta	459		K50-59	17	Tak	00:50:20.85	+00:16:21 (32.5%)	10:04	6 (68.2%)
75	ŁUKASZEWICZ Maria	458		K50-59	18	Tak	00:50:18.25	+00:16:22 (32.5%)	10:03	6 (68.2%)
76	JANECKA Renata	436		K50-59	19	Tak	00:50:24.90	+00:16:36 (32.8%)	10:05	6 (68.2%)
77	PLATO Anna	479		K60+	16	Tak	00:50:24.75	+00:16:36 (32.8%)	10:05	6 (68.2%)
78	JARZĄB Anna	441		K60+	17		00:51:16.75	+00:17:19 (33.7%)	10:15	5.8 (65.9%)
79	GAŁUSZKA Agnieszka	422		K30-39	15		00:53:43.65	+00:19:53 (36.9%)	10:44	5.6 (63.6%)
80	CHARÓW Katarzyna	413		K30-39	16	Tak	00:54:46.60	+00:20:57 (38.1%)	10:57	5.5 (62.5%)
81	STEFANIAK Ela	495		K50-59	20		00:54:47.45	+00:20:57 (38.1%)	10:57	5.5 (62.5%)

Znaleziono 81 wynik(ów)