

Wydarzenie: BIEG WIKINGA
Organizator: Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.
Data: 2022-09-25
Miejsce: Wolin
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SZAMOTULSKI Henryk	413	EKSPEDYCJA NORDIC TEAM SZCZECIN	M40-49	1		00:29:09.85		5:49	10.3 (100%)
2	DOŁĘGOWSKI Marek	322		M50-59	1	Tak	00:32:25.90	+00:03:16 (10.1%)	6:29	9.3 (90.3%)
3	MASŁYK Małgorzata	371		K50-59	1		00:33:48.30	+00:04:38 (13.7%)	6:45	8.9 (86.4%)
4	RUDAWSKI Maciej	397	MARSZ PO ZDROWIE	M30-39	1		00:34:31.85	+00:05:22 (15.5%)	6:54	8.7 (84.5%)
5	CIEMNY Tadeusz	314		M70+	1		00:34:35.55	+00:05:25 (15.7%)	6:55	8.7 (84.5%)
6	MAŃKA Marian	369		M50-59	2		00:34:42.60	+00:05:32 (16.0%)	6:56	8.6 (83.5%)
7	CHADAŚ Jarosław	309		M30-39	2		00:34:51.05	+00:05:41 (16.3%)	6:58	8.6 (83.5%)
8	OLEJNIK Marzena	435		K50-59	2		00:35:53.75	+00:06:43 (18.8%)	7:10	8.4 (81.6%)
9	MISIUK Marta	381	LOVELASY	K30-39	1		00:36:03.95	+00:06:54 (19.1%)	7:12	8.3 (80.6%)
10	DAJLID Martyna	319		K16-20	1	Tak	00:36:26.90	+00:07:17 (20.0%)	7:17	8.2 (79.6%)
11	WIERCHANOWSKI Bogdan	424		M60-69	1		00:36:34.55	+00:07:24 (20.3%)	7:18	8.2 (79.6%)
12	PARCHIMOWICZ Janusz	391		M60-69	2		00:36:38.80	+00:07:28 (20.4%)	7:19	8.2 (79.6%)
13	MISIEWICZ Bożena	380		K60-69	1		00:36:40.85	+00:07:31 (20.5%)	7:20	8.2 (79.6%)
14	MICHALSKA Anna	375		K40-49	1	Tak	00:36:48.35	+00:07:38 (20.8%)	7:21	8.2 (79.6%)
15	MAZUREK Maciej	373		M40-49	2		00:37:34.40	+00:08:24 (22.4%)	7:30	8 (77.7%)
16	GÓRSKA Agnieszka	334		K40-49	2		00:37:56.75	+00:08:46 (23.1%)	7:35	7.9 (76.7%)
17	MARTYNA Ewa	370		K60-69	2		00:38:44.25	+00:09:34 (24.7%)	7:44	7.7 (74.8%)
18	GŁADZIK Anna	440		K40-49	3		00:39:06.95	+00:09:57 (25.4%)	7:49	7.7 (74.8%)
19	LEDZION Robert	361		M50-59	3		00:39:08.55	+00:09:58 (25.5%)	7:49	7.7 (74.8%)
20	ŁAZOWSKA Edyta	363	KOMPAS TEAM	K40-49	4		00:39:27.40	+00:10:17 (26.1%)	7:53	7.6 (73.8%)
21	GRALAK Jacek	335		M40-49	3		00:39:29.75	+00:10:19 (26.2%)	7:53	7.6 (73.8%)
22	DEMKOWICZ Edyta	321	WEGAS	K50-59	3	Tak	00:39:56.50	+00:10:46 (27.0%)	7:59	7.5 (72.8%)
23	MUSZKIET-SOBAŃSKA Agnieszka	386	MUFFINKOWE MORSY	K40-49	5		00:40:04.20	+00:10:54 (27.2%)	8:00	7.5 (72.8%)
24	KUBISIAK Damian	357		M40-49	4	Tak	00:40:06.05	+00:10:56 (27.3%)	8:01	7.5 (72.8%)
25	WASILEWICZ Kazimierz	421		M70+	2		00:40:12.55	+00:11:02 (27.5%)	8:02	7.5 (72.8%)
26	ZACHARSKA Barbara	429	FABRYKA NORDICA TRZCIANKA	K50-59	4		00:40:12.95	+00:11:03 (27.5%)	8:02	7.5 (72.8%)
27	SZYDŁOWSKA-JAROSZ Agnieszka	415	POBIEROWO BIEGA	K50-59	5		00:40:23.95	+00:11:14 (27.8%)	8:04	7.4 (71.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
28	BARYŁA Dorota	304		K50-59	6	Tak	00:40:24.50	+00:11:14 (27.8%)	8:04	7.4 (71.8%)
29	MISZTAL Krystyna	383		K60-69	3	Tak	00:40:26.00	+00:11:16 (27.9%)	8:05	7.4 (71.8%)
30	JUDKIEWICZ Halina	348		K50-59	7	Tak	00:40:29.50	+00:11:19 (28.0%)	8:05	7.4 (71.8%)
31	SZCZEBLEWSKA Katarzyna	414		K40-49	6	Tak	00:40:37.60	+00:11:27 (28.2%)	8:07	7.4 (71.8%)
32	STRAŻYŃSKI Paweł	409		M30-39	3	Tak	00:40:41.95	+00:11:32 (28.3%)	8:08	7.4 (71.8%)
33	MACKOWSKA Izabela	441		K40-49	7		00:41:08.00	+00:11:58 (29.1%)	8:13	7.3 (70.9%)
34	RADZIK Katarzyna	395		K50-59	8		00:41:26.75	+00:12:16 (29.6%)	8:17	7.2 (69.9%)
35	GASIŃSKA-KOŁYSZKO Ewa	331		K30-39	2		00:41:38.10	+00:12:28 (30.0%)	8:19	7.2 (69.9%)
36	MATWIEJCZUK Agnieszka	372	FURTYMKA TEAM	K40-49	8		00:41:38.30	+00:12:28 (30.0%)	8:19	7.2 (69.9%)
37	MACIEJEWSKI Zenon	366	SJSNŚ	M60-69	3		00:41:38.75	+00:12:28 (30.0%)	8:19	7.2 (69.9%)
38	WOLF Irena	428		K50-59	9		00:41:49.40	+00:12:39 (30.3%)	8:21	7.2 (69.9%)
39	KRAJEWSKA Beata	354	BIEGACZE ŚWINOUJŚCIE	K40-49	9		00:41:57.50	+00:12:47 (30.5%)	8:23	7.2 (69.9%)
40	DZIEMIDOWICZ Jadwiga	326		K40-49	10	Tak	00:42:00.55	+00:12:50 (30.6%)	8:24	7.1 (68.9%)
41	DZIEMIDOWICZ Arkadiusz	327		M40-49	5	Tak	00:42:13.15	+00:13:03 (30.9%)	8:26	7.1 (68.9%)
42	FUTYMA Karolina	330	FUTYMKA TEAM	K30-39	3		00:42:20.70	+00:13:10 (31.1%)	8:28	7.1 (68.9%)
43	GRZYBOWSKA Ewa	337		K50-59	10	Tak	00:42:22.85	+00:13:13 (31.2%)	8:28	7.1 (68.9%)
44	FALEŃSKI Rafał	328		M40-49	6		00:42:23.35	+00:13:13 (31.2%)	8:28	7.1 (68.9%)
45	BIAŁEK Magdalena	305		K40-49	11	Tak	00:42:25.35	+00:13:15 (31.3%)	8:29	7.1 (68.9%)
46	MIĘTKIEWICZ Monika	376		K21-29	1	Tak	00:42:27.90	+00:13:18 (31.3%)	8:29	7.1 (68.9%)
47	WOJTYSIAK Dorota	427		K30-39	4	Tak	00:42:28.10	+00:13:18 (31.3%)	8:29	7.1 (68.9%)
48	ARSZELEWSKA Ewelina	302		K30-39	5	Tak	00:42:28.55	+00:13:18 (31.3%)	8:29	7.1 (68.9%)
49	STASIAK Iwona	407		K60-69	4		00:42:30.45	+00:13:20 (31.4%)	8:30	7.1 (68.9%)
50	MIKLAS Aleksandra	377	WALKING WARRIORS	K30-39	6		00:42:33.75	+00:13:23 (31.5%)	8:30	7.1 (68.9%)
51	HYŻOWIECKA Martyna	340		K30-39	7	Tak	00:42:45.40	+00:13:35 (31.8%)	8:33	7 (68.0%)
52	STUDZIŃSKA Dorota	410		K30-39	8	Tak	00:42:45.85	+00:13:36 (31.8%)	8:33	7 (68.0%)
53	RUSINOWICZ Małgorzata	398		K30-39	9	Tak	00:42:46.15	+00:13:36 (31.8%)	8:33	7 (68.0%)
54	PUTRESZA Ewa	394		K40-49	12		00:42:46.95	+00:13:37 (31.8%)	8:33	7 (68.0%)
55	ZDZIEBŁO Magdalena	432		K40-49	13		00:42:58.80	+00:13:48 (32.1%)	8:35	7 (68.0%)
56	TARNOWSKI Dariusz	419		M60-69	4	Tak	00:43:00.05	+00:13:50 (32.2%)	8:36	7 (68.0%)
57	JAMROŻEK Julita	342		K30-39	10	Tak	00:43:09.20	+00:13:59 (32.4%)	8:37	7 (68.0%)
58	KARPS Mirosław	436		M40-49	7		00:43:11.50	+00:14:01 (32.5%)	8:38	6.9 (67.0%)
59	ZUŻEWICZ Małgorzata	434		K40-49	14	Tak	00:43:17.70	+00:14:07 (32.6%)	8:39	6.9 (67.0%)
59	DWORNIK Orlena	325		K21-29	2		00:43:17.70	+00:14:07 (32.6%)	8:39	6.9 (67.0%)
61	SAJEWICZ Piotr	402	WALKING WARRIORS	M40-49	8		00:43:20.85	+00:14:11 (32.7%)	8:40	6.9 (67.0%)
62	SAJEWICZ Marta	400	WALKING WARRIORS	K40-49	15		00:43:21.15	+00:14:11 (32.7%)	8:40	6.9 (67.0%)
63	KARPIS Joanna	350		K30-39	11		00:43:22.55	+00:14:12 (32.8%)	8:40	6.9 (67.0%)
64	ZAJĄC Bożena	430	LEGENDARY POWER SZEWC	K60-69	5		00:43:31.10	+00:14:21 (33.0%)	8:42	6.9 (67.0%)
65	PACEK Małgorzata	389	KOMPAS TEAM	K40-49	16		00:43:33.10	+00:14:23 (33.0%)	8:42	6.9 (67.0%)
66	JAMROŻEK Paweł	343		M30-39	4	Tak	00:43:38.35	+00:14:28 (33.2%)	8:43	6.9 (67.0%)
67	KARBOWSKI Łukasz	349		M30-39	5		00:43:40.95	+00:14:31 (33.2%)	8:44	6.9 (67.0%)
68	MIKOŁAJCZYK Marlena	378	ENDORFINA NOWOGARD	K40-49	17		00:43:42.10	+00:14:32 (33.3%)	8:44	6.9 (67.0%)
69	JĘDRUCH Beata	346		K40-49	18		00:43:51.70	+00:14:41 (33.5%)	8:46	6.8 (66.0%)
70	MACIEJEWSKA Grażyna Maria	364	STARGARD JA SIĘ NIE ŚCIGAM	K60-69	6		00:44:10.20	+00:15:00 (34.0%)	8:50	6.8 (66.0%)
71	NOWAK Aneta	388		K40-49	19		00:44:26.85	+00:15:17 (34.4%)	8:53	6.8 (66.0%)

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							5km	Różn		
72	SAJEWICZ Magdaloena	401	WALKING WARRIORS	K30-39	12		00:44:27.40	+00:15:17 (34.4%)	8:53	6.7 (65.0%)
73	RAICHENBACH Agnieszka	396	WB TEAM ŻARNOWO	K30-39	13		00:44:30.70	+00:15:20 (34.5%)	8:54	6.7 (65.0%)
74	TAŁAJKOWSKA Ania	417		K30-39	14	Tak	00:44:31.20	+00:15:21 (34.5%)	8:54	6.7 (65.0%)
75	TARNOWSKA Maria	418		K60-69	7	Tak	00:44:55.15	+00:15:45 (35.1%)	8:59	6.7 (65.0%)
76	WENTA Julia	423		K30-39	15		00:44:56.20	+00:15:46 (35.1%)	8:59	6.7 (65.0%)
77	KOSTKIEWICZ Iwona	352		K40-49	20		00:45:19.60	+00:16:09 (35.7%)	9:03	6.6 (64.1%)
78	JĘDRZEJEWSKA Katarzyna	347		K40-49	21		00:45:24.85	+00:16:15 (35.8%)	9:04	6.6 (64.1%)
79	PANCIUCHIN Wioleta	390		K50-59	11	Tak	00:45:36.70	+00:16:26 (36.1%)	9:07	6.6 (64.1%)
80	JANOWSKA-PASZKOWSKA Joanna	345		K30-39	16		00:45:39.05	+00:16:29 (36.1%)	9:07	6.6 (64.1%)
81	FIREK Monika	329		K30-39	17	Tak	00:45:39.60	+00:16:29 (36.1%)	9:07	6.6 (64.1%)
82	JABLONSKI Romuald	341		M70+	3	Tak	00:45:44.65	+00:16:34 (36.2%)	9:08	6.6 (64.1%)
83	LITWINIAK Izabela	362	FUTYMKA TEAM	K40-49	22		00:46:02.05	+00:16:52 (36.6%)	9:12	6.5 (63.1%)
84	CIEŚLAK Adam	317	LEGENDARY POWER SZEWC	M60-69	5		00:46:03.30	+00:16:53 (36.7%)	9:12	6.5 (63.1%)
85	CIEŚLAK Helena	316	LEGENDARY POWER SZEWC	K50-59	12		00:46:05.05	+00:16:55 (36.7%)	9:13	6.5 (63.1%)
86	CEBEREK-PŁOTCZYK Marcelina	308		K60-69	8		00:46:16.15	+00:17:06 (37.0%)	9:15	6.5 (63.1%)
87	KUBISIAK Marta	358		K30-39	18	Tak	00:46:44.10	+00:17:34 (37.6%)	9:20	6.4 (62.1%)
88	CIELUCH Bogusława	313		K50-59	13		00:47:23.90	+00:18:14 (38.5%)	9:28	6.3 (61.2%)
89	POL Henryk	393		M60-69	6		00:47:24.65	+00:18:14 (38.5%)	9:28	6.3 (61.2%)
90	MISZTAL Jan	384		M70+	4	Tak	00:47:34.55	+00:18:24 (38.7%)	9:30	6.3 (61.2%)
91	JANECKA Renata	344		K50-59	14	Tak	00:47:34.70	+00:18:24 (38.7%)	9:30	6.3 (61.2%)
92	WOJTOWICZ Sylwia	426		K40-49	23	Tak	00:47:36.15	+00:18:26 (38.7%)	9:31	6.3 (61.2%)
93	KRZYŻANOWSKI Mariusz	355		M50-59	4		00:47:43.00	+00:18:33 (38.9%)	9:32	6.3 (61.2%)
94	HALICKA Dagmara	338	MANUALREHA	K30-39	19	Tak	00:47:47.70	+00:18:37 (39.0%)	9:33	6.3 (61.2%)
95	HALICKI Łukasz	339	MANUALREHA	M30-39	6	Tak	00:47:48.30	+00:18:38 (39.0%)	9:33	6.3 (61.2%)
96	SZAŁAŃSKA Ilona	412		K40-49	24		00:47:48.90	+00:18:39 (39.0%)	9:33	6.3 (61.2%)
97	CHORZEPA Zofia	312		K60-69	9		00:47:51.60	+00:18:41 (39.1%)	9:34	6.3 (61.2%)
98	SAJEWICZ Bożena	403	WALKING WARRIORS	K60-69	10		00:48:23.40	+00:19:13 (39.7%)	9:40	6.2 (60.2%)
99	WIŚNIEWSKA Elżbieta	425		K50-59	15		00:48:40.45	+00:19:30 (40.1%)	9:44	6.2 (60.2%)
100	ŚLĘZAK Anita	416		K40-49	25		00:49:25.35	+00:20:15 (41.0%)	9:53	6.1 (59.2%)
101	TARWID Bożena	420		K50-59	16		00:49:25.65	+00:20:15 (41.0%)	9:53	6.1 (59.2%)
102	GEBKA-ZYLA Magdalena	332		K40-49	26		00:49:26.10	+00:20:16 (41.0%)	9:53	6.1 (59.2%)
103	MICHALAK Monika	374	FUTYMKA TEAM	K40-49	27		00:50:02.75	+00:20:52 (41.7%)	10:00	6 (58.3%)
104	LEDZION Dagmara	360		K40-49	28		00:50:06.40	+00:20:56 (41.8%)	10:01	6 (58.3%)
105	ZELEK Grażyna	433		K70+	1	Tak	00:50:22.85	+00:21:13 (42.1%)	10:04	6 (58.3%)
106	BILIŃSKA Krystyna	306		K60-69	11	Tak	00:50:26.25	+00:21:16 (42.2%)	10:05	5.9 (57.3%)
107	MAJZNER Mariusz	367		M21-29	1		00:51:36.75	+00:22:26 (43.5%)	10:19	5.8 (56.3%)
108	MAJZNER Mirosława	368		K40-49	29		00:51:37.60	+00:22:27 (43.5%)	10:19	5.8 (56.3%)
109	CIESIELSKA Aga	315		K50-59	17		00:52:07.75	+00:22:57 (44.1%)	10:25	5.8 (56.3%)
110	AGATOWSKA Joanna	301		K50-59	18		00:52:09.35	+00:22:59 (44.1%)	10:25	5.8 (56.3%)
111	BARYŁA Piotr	303		M50-59	5	Tak	00:52:14.45	+00:23:04 (44.2%)	10:26	5.7 (55.3%)
112	STEFANIAK Marcin	437		M60-69	7		00:52:43.65	+00:23:33 (44.7%)	10:32	5.7 (55.3%)
113	ZALEWSKA Joanna	431		K50-59	19		00:52:45.00	+00:23:35 (44.7%)	10:33	5.7 (55.3%)
114	DUDZINSKA Zofia	324		K60-69	12		00:52:47.55	+00:23:37 (44.8%)	10:33	5.7 (55.3%)
115	BOJKO Krystyna	307		K60-69	13		00:52:53.55	+00:23:43 (44.9%)	10:34	5.7 (55.3%)

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116	STEFANIAK Ela	408	ATOMÓWKI	K50-59	20		00:53:17.75	+00:24:07 (45.3%)	10:39	5.6 (54.4%)
117	CHARÓW Katarzyna	310	ATOMÓWKI	K40-49	30	Tak	00:53:18.00	+00:24:08 (45.3%)	10:39	5.6 (54.4%)
118	KULIKOWSKI Michał	359		M60-69	8		00:55:24.10	+00:26:14 (47.4%)	11:04	5.4 (52.4%)
119	SZAJA Beata	411	ATOMÓWKI	K50-59	21		01:03:27.65	+00:34:17 (54.0%)	12:41	4.7 (45.6%)
120	MACIEJEWSKI Henryk	438		M70+	5		01:04:15.65	+00:35:05 (54.6%)	12:51	4.7 (45.6%)
121	MACIEJEWSKA Grażyna Teresa	365	S K M	K60-69	14		01:04:16.10	+00:35:06 (54.6%)	12:51	4.7 (45.6%)

Znaleziono 121 wynik(ów)